



SIXTY-SEVENTH ANNUAL REPORT



DR. GERTRUDE ISAACS



US ISSN 0016-2116

## Table of Contents

FNS Remembers Dr. Gertrude Isaacs - <i>Barb Gibson</i>	1
FNS Remembers Mr. Gaylord Donnelley - <i>Barb Gibson</i>	2
Employees of our Organization - <i>Barb Gibson</i>	3
FNS Remembers Mr. Joseph Coleman Carter - <i>Barb Gibson</i>	4
Notes from the School - <i>Judith Treistman</i>	5
My Experience as a Courier - <i>Damonica Huff - Susie Quinlan</i>	7
Local Spotlight - <i>Barb Gibson</i>	11
Courier News - <i>Susie Hudgins</i>	12
"Hell for Sartin" - <i>Barb Gibson</i>	13
Field Notes - <i>Susie Hudgins</i>	14
Annual Report - <i>Barb Gibson</i>	16
In Memoriam - <i>Barb Gibson</i>	35
In Honor Of - <i>Barb Gibson</i>	36
Urgent Needs - <i>Barb Gibson</i>	Inside back cover

**COVER:** Dr. Gertrude Isaacs, former Dean of the Frontier School of Midwifery and Family Nursing

---

---

FRONTIER NURSING SERVICE QUARTERLY BULLETIN

US ISSN 0016-2116

Published at the end of each quarter by the Frontier Nursing Service, Inc.

Wendover, Kentucky 41775

Subscription Price \$5.00 a Year

Editor's Office, Wendover, Kentucky 41775

---

VOLUME 68

NUMBER 1

Summer 1992

Second-class postage paid at Wendover, KY 41775 and at additional mailing offices.

POSTMASTER: Send address changes to Frontier Nursing Service, Wendover, KY 41775.

Copyright 1986, Frontier Nursing Service, Inc.

\*Spec. Coll. 8/93 CSK



### FNS Remembers Dr. Gertrude Isaacs

*Our symphathy goes to the family of Dr. Gertrude Isaacs who passed away on July 25, 1992.*

Trudy first heard of the Frontier Nursing Service while working at a hospital in Kansas in 1947. A patient of hers, an elderly man, was reading the book *Nurses on Horseback* and said to her "this is what you should be doing. Go to Kentucky and become a Nurse on Horseback." Trudy read the book and decided that was exactly what she wanted to do. She came to FNS in 1947 as an RN and entered the Frontier School of Midwifery, graduating as a midwife in October 1948.

Trudy was born in Lubbock, TX. She obtained her RN training in 1946 from the Misericordia Hospital, Winnipeg, Canada and after taking her midwifery training at FNS, she received her B.S. (Public Health Nursing Certificate) in 1953 at the University of Minnesota. In 1956 she received her M.P.H. (Program in Mental Health Public Health Nursing) from the University of Minnesota. In 1963 she attended the Boston University for her D.N.Sc. (Clinical Psychiatric Nursing). She was the first RN to receive a Doctorate in Nursing in the United States. In 1963, she attended Harvard School of Public Health for Post Doctoral study in Community Mental Health.

Trudy worked in many different places and had a wide range of experience. After leaving the FNS in 1950, she was staff nurse at the Navajo Medical Center, Fort Defiance, AZ. In 1951, she was clinic nurse at the Groves Clinic, St. John, KS. Also, in 1951 she was staff nurse at the Scotts Bluff County Health Department in Gering, NB. In 1953, she was a public health nurse at the Scotts Bluff County Health Department. In 1957, she was an instructor in Maternal Child Care at the University of Miami, Coral Gables, FL. In 1958, she was the assistant professor in Public Health Nursing at Barry College, Miami, FL. Also, in 1958, she was an instructor in Public Health Nursing at the University of Miami, Coral Gables, FL. In 1959, she was a clinical nurse therapist in the Doctoral Program at the Massachusetts Mental Health Center. In 1962, she was a mental health consultant with the Visiting Nurses Association and the Post Doctoral Program at the Boston Health Department. In 1963, she was a public health nurse consultant at the National Institute of Health in Washington, DC. In 1966, she was a training specialist chief in Special Areas Psychiatric Nursing at the National Institute of Nursing in Washington. In 1969, she came back to the Frontier Nursing Service as the Education and Research Director for the Frontier School of



Midwifery and Family Nursing. She retired in 1977 due to illness.

Trudy was a member of the American Nurse's Association, the American Public Health Association, the American College of Nurse-Midwives and the National League for Nursing. Trudy also wrote several papers and publications. For information on her research, you may contact the Frontier School of Midwifery and Family Nursing at Hyden.

Trudy helped in obtaining grants for the Frontier School of Midwifery and Family Nursing. She and Dr. W.B. Rogers Beasley were instrumental in getting the Family Nursing Program started. Trudy has done great things for the Frontier Nursing Service and we will always remember her. -Barb Gibson



### FNS Remembers Mr. Gaylord Donnelley

Gaylord Donnelley died April 19, 1992 at his home in South Carolina. He was originally from Libertyville, IL.

Mr. Donnelley started working in 1932 for R. R. Donnelley and Sons Printing Company, a company his grandfather founded in 1864 and grew to be one of the world's largest commercial printers. He was elected company president in 1952 and board chairman in 1964. When he retired in 1975, he was named chairman of the executive committee.

He was elected president of Ducks Unlimited in 1975 and had been involved with the organization since 1938. Mr. Donnelley was a widely respected wildlife conservationist and philanthropist. He dedicated his life to many worthy causes. He made significant strides in the protection of the environment, the promotion of quality education and the support of charitable institutions. His personal contributions alone have made possible the conservation management of countless thousands of acres for waterfowl and other wildlife. He was also personally involved with a variety of conservation organizations and projects in his home state of IL and in the ACE Basin of SC where his Ashepoo Plantation is located. Up until his death, Mr. Donnelley provided leadership in the launching of the ACE Basin effort, aimed at protecting some 350,000 acres of important wildlife habitat.

Mr. Donnelley and his wife, Dorothy, has been friends of Miss Kate Ireland and supporters of the Frontier Nursing Service for many years. -Barb Gibson



### Employees of our Organization



*Drucilla Howard*



*Nancy Williams*

Drucilla Howard started working at the Frontier Nursing Service April 28, 1968 in the Business Office of the old hospital. Later, she became the night supervisor and then worked as the In-patient Data Control Clerk at Mary Breckinridge Hospital.

Drucilla is a native of Leslie County, delivered by a midwife, and was married to Claybern Howard who is now deceased. She lives on Hurricane Creek at Hyden, KY and has four children, two living, Margaret Howard and Deanna Caldwell and two deceased, Bobby Ray Johnson and Joyce Ann Howard. She has seven grandchildren, four boys and three girls.

Drucilla says she loves FNS and enjoys her job. She likes to travel during her spare time. We appreciate Drucilla's dedication.



Nancy Williams started working for the Frontier Nursing Service at Wendover December 1, 1964 in the records department. She kept the records for all of the districts, midwifery service, and the hospital. She worked closely with Helen Browne, Agnes Lewis, Betty Lester, Anna Mae January, Lucille Hodges and Peggy Elmore. Mrs. Breckinridge was bedridden at the time she worked at Wendover and died shortly afterwards so Nancy didn't get to spend a lot of time with her. She worked at



Wendover for twelve years and was transferred to the old hospital. She now works at the Mary Breckinridge Hospital.

Nancy has been married to Harold Williams for 24 years. They live on Hurts Creek at Hyden, KY. During her spare time, Nancy says she enjoys fishing in their new fish and ski boat. She also enjoys baby sitting her nephew, James Michael Stidham, who is the "pride of her life".

Nancy says she loves FNS and feels that she has dedicated many years of service to this organization. We appreciate Nancy's loyalty.

*-Barb Gibson*



### FNS Remembers Mr. Joseph Coleman Carter

Joseph Carter passed away June 26, 1992. He was a courier at FNS in the 30's, a committee member in 1966 and an honorary trustee in 1989. His mother was a first cousin of Mary Breckinridge. Before becoming a courier he helped cousin Mary Breckinridge discover the territory of the Frontier Nursing Service and has been a supporter of FNS since 1941.

Mr. Carter lived in Versailles, KY and worked on the Manhattan Project as a nuclear engineer. After graduating with a master's degree from Columbia University, he worked at the Army's Manhattan Engineer District in New York City in 1942. In 1946, Mr. Carter went to work at the War Department's research station at Oak Ridge, TN and helped develop the Navy's first nuclear-powered submarine--the U.S.S. Nautilus. In 1950, he took a position at the University of Chicago's Argonne National Laboratory and worked in research and design for non-military uses of the atom including developing nuclear reactors for the production of electricity. Mr. Carter retired from Argonne in 1978 and became an associate professor of engineering at the University of KY.

Mr. Carter was also a member of the Naval Academy Alumni Association and the American Association of Nuclear Scientist.

*-Barb Gibson*



### Notes from the School

We are just back from the Berea College where ONE HUNDRED FOURTEEN new students attended the FSMFN's "Midwifery Bound" ..our orientation to the nurse midwifery education program. Students stayed in the dormitories of our "sister" college and came to Hyden where they had tea at Wendover and were greeted by Deanna Severance and Dr. Anne Wasson. Here at the School we gave the students a royal welcome and toured them through the facilities. We were able to show them Mardi Cottage, the original site of the Midwifery School, which we are presently renovating to give us expanded classroom and office space.

When I come into the office each morning, my habit is to look at the Electronic Bulletin Board and read any messages that may have been left for me during the night by students and faculty. Upon returning from Midwifery Bound I found this message from a new student addressed to all the students already in the program:

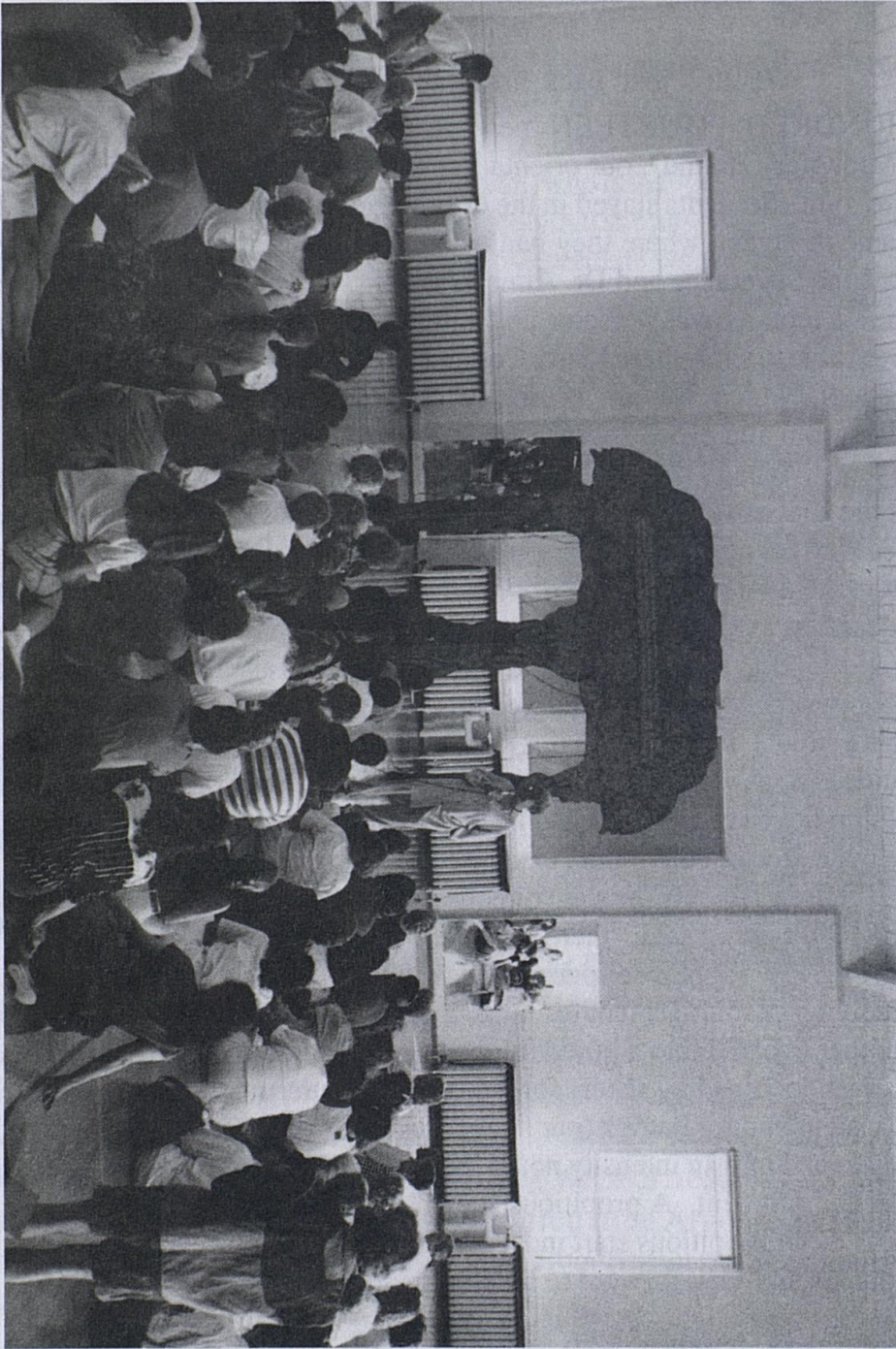
"Just wanted to let you courageous souls ahead of us know that your new classmates are charged up and ready to go! I'd like to tell you folks how I found Midwifery Bound....There was some grumbling among us, as we were all stressed out, but by the end of the orientation I felt relieved of anxieties and knew what was expected of us. I also felt an even greater conviction, expressed by many of my classmates, that I had chosen not only the right direction, but the right path to get there. As one in my group said, "there's nowhere else I need to be!"

"We applauded one another walking under the Banyan Tree and receiving encouragement to "make a difference". The clapping for one another evolved into a powerful rhythmic drum of feet and hands....the crescendo joined by cheers for the Ugandan nurse midwives who came to visit us and for Patrick (our new male classmate). The beat of our feet quickened into an intensity not to be believed in the unity of our energy and commitment. A propitious start!!"

A propitious start indeed. We at the School welcome the new students and look forward to helping them realize their dreams!

*-Judith Treistman*





*New CNEP Class-Midwifery Bound!*



### My Experience as a Courier

*Damonica Huff is 19 years old and was born in Leslie County. Her father is the principal at one of the local elementary schools and her mother is principal at the Leslie County Vocational School. FNS is proud to have Damonica, a Leslie Countian, to volunteer as a courier.*

*-Barb Gibson*

We often take for granted what we see and are exposed to every day here in the mountains. This is the way I viewed Frontier Nursing Service and Leslie County before becoming a Courier. I have been a lifelong resident of Leslie County and a patient of the FNS. I had traveled to the hospital, passed by the clinics, and even visited Wendover a few times. I just really never realized the impact FNS has had on my life and all of Leslie County.

I made a career decision early in my life to become a doctor and return to serve the mountain people. However, I was not sure which field of medicine I would choose. As a high school senior, I enrolled in the Leslie County Vocational School Health Services Program to assist me in making that career choice. The Health Services Program gave me the opportunity to work in all areas of the hospital and nursing home and certified me as a nursing assistant. I was also given the opportunity to work a summer with a surgeon and a pediatrician. These are the two areas in which I'm most interested. This is when I decided to become a courier.

Through the courier program I have gained experience in many different areas. I worked with physicians and nurses in the various clinics, I've tutored elementary summer school students, I made courier rounds to outpost clinics, I've served dinner at Wendover and made many lifelong friends through both my work and with the other couriers. When I began the program, I was not sure how a Leslie County student would measure up to those from such areas as Washington, New Hampshire, Virginia, Indiana, Iowa and Seattle. I now realize that there was no reason to feel intimidated by them and I truly enjoyed showing them some Appalachian culture and telling them about the people here. I too learned to appreciate Leslie County, the hospitality of the people, and the beauty of the area.

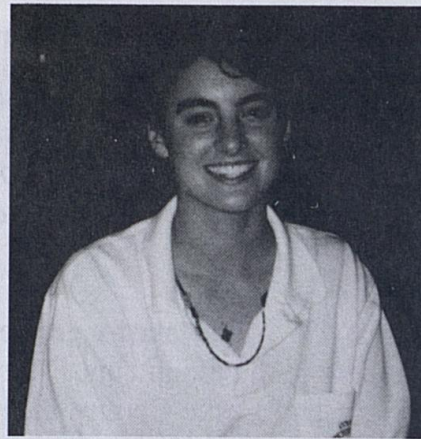
Being the first Leslie County person in a long time to be a courier has been a great experience, one that I would strongly recommend others to pursue.

*-Damonica Huff*





*Damonica Huff*



*Susie Quinlan*

### My Experience as a Courier

*Susie Quinlan is a dynamic young lady with a great personality. I asked her to try and put into words for me her experience as a Courier and this is her summary.*

*-Barb Gibson*

-----

Humm.... I am supposed to summarize my experience as a courier with the Frontier Nursing Service. This is certainly an impossible task. To summarize my stay would minimize all of the wonderful things that I had an opportunity to do and the people I had a chance to meet. I can, however, share my reflections of FNS which I am still fantasizing about.

With the Frontier Nursing Service, couriers are encouraged to individualize their experiences by exploring avenues in health care, education, and social services. There are many options to choose from and new ideas are always welcome. When these factors are combined with a receptive community, a vast array of rich educational and heartfelt experiences are created.

-----

Among the patients I visited on the home health rounds, it is probably the "Day Boys" who are most celebrated by the couriers. The term "differently-abled" describes these three gentlemen. They have



each managed to overcome the barriers of being deaf, mute, and intellectually disabled to create their own sign language. Those who spend a lot of time with the "Days" are fluent, but this wasn't something I learned in school, and at first, it had me baffled. Unfortunately, I never became fluent in my signing, but here are a few things I learned how to say:

"Nice shave!"

"You sure are handsome."

"My muscles are bigger than yours."

"The dog is going to bite you."

"If you let me bathe you, we'll go for a ride in the car."

On my visits to the "Days" I accompanied Home Health Aide, Mae Bowling, who demonstrated a skillful blend of professionalism and humanitarianism. Mae not only provides health care, but she also supports her patients on a personal level. She encouraged me to do the same. It is my understanding that Mary Breckinridge held this quality in high esteem. I feel very strongly that she would have been very fond of Mae, as are the patients and myself.



"You mean you're not getting paid to be here?", my "Little Sister" realized with a dumbfounded expression. Being placed in a foster home after being labeled as a troublemaker and an emotionally disturbed child, she found it hard to believe that I would come to visit her simply because I wanted to. The dumbfounded expression had to make room for a warm smile. Apparently, this was a new experience for her.

Friday afternoons quickly became special time that we both looked forward to. She spoke glibly of her idol, Michael Jordan, and his many conquests. She told me about the time she dove into the river to save a drowning puppy. We shopped and shopped and shopped, a favorite past time of typical teenagers. Our time together always managed to slip away from us.

I never saw the side of this "troubled" girl that had brought her an onslaught of negative labels and caused her authority figures much frustration. As her "Big Sister", I only saw a thirteen year old struggling with the reality of her past, her present, and a questionable future. I saw a girl who relished the company of someone who enjoyed being with her.



-----

A knot rose up in my throat, my face flushed, warm tears welled up in my eyes and spilled down my face. This was the last time I'd see Alabam before I had to go back to Maryland. I didn't want to budge from her couch. This is where I'd spent some of my favorite Kentucky evenings. Alabam, a cherished friend of the couriers, always kept an open invitation for us to come up the holler to join her for sewing or just to chat. Before this night, the only tears I'd shed at Alabam's were those that emerged when I laughed too hard. Alabam made me a beautiful handmade quilt which now decorates my bed. She says there's love in every stitch. All of those stitches make for a lot of love. That's the way Alabam is.

-----

She beamed as she told me how proud her family is. She'd made it through sixty-some years without knowing how to read. Bravely, she decided to take on the challenge. Now I had the privilege of tutoring her.

Prior to coming to FNS, I'd heard about vast numbers of people who were illiterate in the United States. The numbers were always shocking. It wasn't until I met this woman, however, that I realized what it means to be unable to read functionally.

In the last two years, she had several couriers tutor her. In that time, she found that she was able to read and write letters to special friends. She worked on her letters tenaciously. Each one she wrote was uniquely dedicated to its recipient. Her son had framed the first letter that she wrote to him and had it hanging over his bed. It's no wonder that they're all so proud.

Upon leaving FNS, it was difficult for me to accept that I would no longer be able to tutor this vibrant woman. But now it's my turn to receive her gifts in my mailbox.

-----

As a child, I used to lie on the floor of the station wagon during car trips and look for shapes in the billowy clouds that drifted across the sky. I used to see fish, dragons, and turtles diving into the massive floating cotton balls, the possibilities were endless. Today's sky is crisp, blue, and full of those same billowy clouds, but I'm fantasizing about something different. Today my mind is entertained with reflections of my time spent in Kentucky with the Frontier Nursing Service, where the opportunities are endless.

-Susie Quinlan



### Local Spotlight - Hyden Manor Nursing Home



*Hyden Manor-Melissa Sparks*



*Patient, Gracie Lewis*

During 1984 Freddie Lewis had some family members in nursing homes in other counties and realized the need for a nursing home in Hyden. He then started the building process and applied for a "certificate of need" which took some time. Finally in October 1988, the certificate was awarded and the nursing home opened. It is an 83 bed facility and has 100% occupancy with a waiting list of about 40 people at all times. The home is privately owned by Mr. Lewis, his wife Eulene, and their two daughters, Cheryl and Melissa. Mr. Lewis also owns the Letcher Manor Nursing Home at Whitesburg, KY and is in the process of building the Martin County Health Care Home at Inez, KY. The nursing home provides three levels of care, Skilled, Intermediate, and Personal.

I talked with Ms. Melissa Sparks, daughter of Mr. Lewis, and she told me that just last week the nursing home was rated as "superior" by the State Board of Licensure.

I also talked with one of the patients, Gracie Lewis, who became sick two years ago and realized that she couldn't live alone anymore and came to Hyden Manor. She has two daughters who were sick at that time and were unable to give her the care that she needed. Gracie has a really nice private room with some of her own things from home and she told me that she loves it at the nursing home. She said that everyone is so nice and good to her, and the staff feels like family. We are proud to have this nursing home to serve our families in the town of Hyden.

*-Barb Gibson*



### Courier News

Since this is the Annual Report, I have taken a moment to reflect over the past year. The number of hours of service given in the nine general areas certainly tells the story. In most areas the figures are fairly close. Though we did not spend as much time in the Hospital or Clinics, there was a dramatic increase in hours given to the Literacy Program from 687 hours last year to 2,626 hours this year!! So many of the parents and teachers have expressed their thanks and each and every courier was deeply saddened to have to leave their classes.

It has been a wonderful year for me. I have met some of the most dynamic young adults and though our paths may not cross again, I will always remember them, their fun-filled spirit and their dedication to FNS and Leslie County. Greetings came our way this year from all over:

**Dorothy Trefts:** 78, was married this fall in New York to Daniel J. McEvoy.

**Sarah Bayes:** Summer 91, says Hi to everyone from England.

**Jennifer Dundas:** Spring 90, starred in the TV program "In the Shadow of Love." This was a documentary geared for a teenage audience and addressed the issue of AIDS in the teenage population.

**Katie Pakos:** Summer 91, graduated from Bowdoin this spring and is going to Mongolia this fall on a Watson Fellowship to study the changes in their health care system.

**Beth Small:** Spring 91, also graduated from Bowdoin in the spring and headed across the country with friends. She's busy applying to Medical Schools.

**Kristin Erickson:** Fall and Winter 91-92, has been working on a farm in PA and seems to be happy as a clam, planting and weeding.

**Sky Blackiston:** Fall and Winter 91-92, worked at Pine Mountain Settlement School after leaving here and was going to work on an organic vegetable farm in New Hampshire the last we heard.

**Anna Ives:** Spring 92, headed to New England and is waitressing in South Dartmouth, MA. She writes that

**Josh Kantrawitz:** Spring 92, is traveling around Spain and trying to speak Spanish. **Todd Russell:**

Winter and Spring 92, finally made it back to Texas and is still sorting out his junk! **Lizzy Brown:** Spring 92, is working at a day care center in Vermont and loving it. **Luke DiGirilamo:** Spring 92, floats down to Dartmouth every so often.

-Susie Hudgins



### "Hell for Sartin" Clinic



*Church group from Marion, IN*

About 5:30 on Monday evening, July the 13th, the van pulled up with two chauffeurs and ten excited boys and girls varying between the ages of four and eighteen. This was the group we were expecting from the First Methodist Church in Marion, IN.

Susie Hudgins, Courier Coordinator, has been friends with Mrs. Betsy Doepken for 42 years, so when Betsy called and asked if the Frontier Nursing Service had any kind of project for a group of kids to do, Susie of course thought of something. The old FNS "Hell for Sartin" clinic needed repairs so this became their designated project.

Betsy is the Director of Lay Ministry at their church in Marion, and Ms. Lesia Anderson is their Director of Christian Education. The group does a mission project each year. They have done work with an Indian Reservation in New Mexico along with other projects in different states. Three months ago these kids started selling barbecue chicken to raise the money to come to Hyden. Along with some donations from people in their church they raised enough money to pay their expenses. The kids are: Beth Anderson 12, David Anderson 10, Christina Anderson 4, Corey Boxell 15, Manuel Aguilar 14, Peter Duckwall 14, Holly Fager 14, Katie Fennolore 12, Curtis Best 18 and Erica York 15.

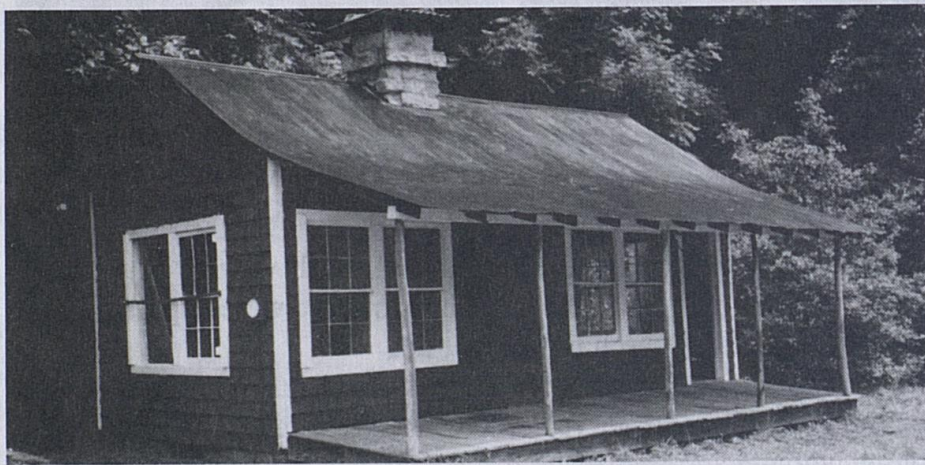
The "Hell for Sartin" clinic was built in the early 30's by the Frontier Nursing Service. The original color of the clinic was green with a red roof. Susie did her best to find the same color but it turns out the roof now is a very bright red. It definitely "catches" your eye.

Betsy Doepken says that she feels you don't have to go a thousand miles away to do mission work. She believes we should start



teaching kids in their earlier years how to give of themselves to benefit those in need. Betsy says the children are already making plans to raise money for our Christmas program that we have each year at FNS and one of the kids promised Susie that she will return as a courier as soon as she is old enough. The kids had a great time and we enjoyed having them at Wendover. We truly appreciate the work they did for us and the work they plan to do for others.

*-Barb Gibson*



*"Hell for Sartin" Clinic*

### Field Notes

It seemed that summer appeared almost overnight and Wendover was simmering in the heat and humidity along with all the rain. Between the downpours we were barely able to keep the lawns mowed and the flower garden grew more weeds than anything else. Of course, it did not help to have such neophyte gardeners (myself, along with the couriers) tending the flowers as we had to wonder what to keep and what to pull! However, with a lot of luck, we still have flowers of the right sort.

Our first project this season was repairing the cisterns. We didn't see much of J.G. and Jr. during this period as they had to not only repair the cracks but replaster the insides. The ground was so saturated that we had to wait a while to do the plastering because the water was leaking in from the outside. Finally we were able to finish the job and repair the roofs, so now we are all set for many a year to come. Meanwhile, we have repaired the garden steps down from the Big House



and accomplished lots of rainy day odd jobs. As soon as the logs arrive, we will rebuild the road between the Garden Shed and the path to the Big House. This will be quite an undertaking and we can only hope the weather dries up.

During this time we have had numerous overnight guests, luncheons, tours, and visitors from abroad. In May, we were honored to have three healthcare professionals from Senegal visit with us for four days to research FNS. This was the first time Senegal has sent anyone overseas. May also was the time for the annual Old Timers dinner. Everyone had a fun filled evening and per usual, Cassie performed miracles in the kitchen. June came along with the National Board of Governors members for their meeting. With an almost full house of couriers it was a trick finding bed space but it all worked out and no one slept on the floor! July brought us nine members of the high school youth group from the First Methodist Church in Marion, IN (see article). We also had a wonderful day touring around the incoming class of midwives and ended with Tea for 150! It was great to renew friendships with so many instructors and to meet new students.

This summer we were fortunate to be invited to participate in an Elderhostle Retreat held at the Red Bird Mission. Barb Gibson and I spent two mornings showing our films and discussing the FNS model of healthcare. We had a delightful time and hope to participate in the program again next year. We also presented FNS at four elementary schools in Clay County and then toured Wendover with the students.

In thinking back over this past year, it amazes me how much has been accomplished here. I could only wish that each and every one of our readers could come and enjoy Wendover as it is today and will be in the years to come.

*-Susie Hudgins*



We recently received the 1991 Annual Report of the Nature Conservancy-Kentucky Chapter. Their mission is to preserve plants, animals, and natural communities that represent the diversity of life on Earth by protecting the lands and water they need to survive. One of the Land Projects in 1991 included MARY BRECKINRIDGE MEMORIAL PRESERVE-a gift by Kate Ireland of 132 acres in Leslie County and marks the formation of what is hoped to become a 1,000 acre preserve in honor of Mary Breckinridge, founder of the Frontier Nursing Service.



**SIXTY-SEVENTH ANNUAL REPORT  
of the  
FRONTIER NURSING SERVICE, INC.  
for the Fiscal Year  
May 1, 1991 to April 30, 1992**

**PREFACE**

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field operations of the Frontier Nursing Service, Incorporated.

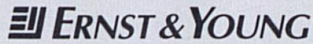
We have, as in previous years, divided our report into two sections. One section is about money, and one is about work.

**I**

**FISCAL REPORT**

The figures that follow are taken from the Balance Sheet, the Exhibits and Schedules of the Audit for the fiscal year which ended April 30, 1992.





■ Bank One Plaza  
Suite 8A  
200 W. Vine Street  
Lexington, Kentucky 40507-9953

■ Phone: 606 253 3200  
Fax: 606 254 4544

### Report of Independent Auditors

Board of Governors  
FNS, Inc.

We have audited the accompanying combined balance sheets of FNS, Inc. and affiliates (as listed in Note 1) as of April 30, 1992 and 1991, and the related combined statements of revenue and expenses, changes in fund balances and cash flows for the years then ended. These financial statements are the responsibility of FNS, Inc.'s management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the combined financial position of FNS, Inc. and affiliates at April 30, 1992 and 1991, and the combined results of their operations, changes in their fund balances and their cash flows for the years then ended in conformity with generally accepted accounting principles.

*Ernst & Young*

June 26, 1992



## FNS, Inc.

## Combined Balance Sheets

	April 30	
	1992	1991
<b>Assets</b>		
General Funds		
Current assets:		
Cash and short-term investments	\$ 623,960	\$ 445,249
Accounts receivable--patients--less allowances for uncollectible accounts of \$688,000 in 1992 and \$834,000 in 1991.	1,033,422	1,183,878
Accounts receivable--students tuition	1,067,826	
Inventories	122,070	121,027
Prepaid expenses and other current assets	171,630	428,962
Total current assets	<u>3,018,908</u>	<u>2,179,116</u>
Property and equipment:		
Land	135,163	135,163
Buildings	3,518,607	3,494,280
Equipment	4,096,360	3,893,130
	<u>7,750,130</u>	<u>7,522,573</u>
Less accumulated depreciation	5,170,137	4,755,746
	<u>2,579,993</u>	<u>2,766,827</u>
Assets whose use is limited	8,663,461	7,462,840
Total general fund assets	<u>\$14,262,362</u>	<u>\$ 12,408,783</u>
Restricted Funds		
Endowments:		
Cash and investments	\$1,496,550	\$1,272,192
Student loan receivables	81,257	105,524
Total restricted fund assets	<u>\$1,577,807</u>	<u>\$1,377,716</u>



	April 30	
	1992	1991
<b>Liabilities and fund balances</b>		
General Funds		
Current liabilities:		
Accounts payable	\$ 845,917	\$ 583,393
Accrued salaries and withholdings	156,214	199,983
Accrued vacation expense	267,470	169,687
Deferred tuition - students	964,387	
Unexpended special purpose funds	412,365	247,068
Payable to third-party programs	346,262	392,014
Other current liabilities	161,287	150,549
Total current liabilities	<u>3,153,902</u>	<u>1,742,694</u>
Fund Balance	11,108,460	10,666,089
Commitments and Contingencies		
Total general fund liabilities and fund balances	<u>\$ 14,262,362</u>	<u>\$ 12,408,783</u>
Restricted Funds		
Fund Balance	<u>\$ 1,577,807</u>	<u>\$1,377,716</u>
Total restricted fund balances	<u>\$ 1,577,807</u>	<u>\$1,377,716</u>

See accompanying notes.



## FNS, Inc.

## Combined Statements of Revenue and Expenses

	Year ended April 30	
	1992	1991
Net patient service revenue	\$7,803,815	\$ 6,859,503
Education revenues:		
Tuition and educational fees	1,169,106	251,404
Federal grants	81,600	249,844
	<u>1,250,706</u>	<u>501,248</u>
Other revenue	1,076,122	627,593
Unrestricted donations	657,263	1,318,857
Total revenue	<u>10,787,906</u>	<u>9,307,201</u>
Expenses:		
Salaries and wages	5,951,031	4,254,971
Fringe benefits	922,773	720,775
Medical services, supplies and other expenses	3,309,119	2,785,900
Facility costs	1,126,776	1,000,114
Provision for bad debts	347,994	775,227
Total expenses	<u>11,657,693</u>	<u>9,536,987</u>
Loss from operations	(869,787)	(229,786)
Nonoperating gains:		
Investment income	711,107	604,965
Gain on sale of investments	554,569	146,694
	<u>1,265,676</u>	<u>751,659</u>
Excess of revenue and gains over expenses	<u>\$ 395,889</u>	<u>\$ 521,873</u>

See accompanying notes.



FNS, Inc.

Combined Statements of Changes in Fund Balances

	General Funds	Restricted Funds
Balances at April 30, 1990	\$ 10,081,715	\$ 1,358,558
Excess of revenue and gains over expenses	521,873	
Restricted contributions used for purchase of property and equipment	62,501	
Contributions restricted for specific purpose		27,300
Loss on sale of endowment fund investments		(16,552)
Restricted endowment fund revenue		1,486
Decrease in net unrealized loss on noncurrent marketable equity securities		6,924
Balances at April 30, 1991	<u>10,666,089</u>	<u>1,377,716</u>
Excess of revenue and gains over expenses	395,889	
Restricted contributions used for purchase of property and equipment	46,482	
Contributions restricted for specific purpose		125,507
Gain on sale of endowment fund investments		52,623
Restricted endowment fund revenue		21,961
Balances at April 30, 1992	<u>\$ 11,108,460</u>	<u>\$ 1,577,807</u>

See accompanying notes.



## FNS, Inc.

## Combined Statements of Cash Flows—General Funds

	Year ended April 30	
	1992	1991
<b>Cash flow from operating activities and gains</b>		
Revenue and gains in excess of expenses	\$ 395,889	\$ 521,873
Adjustments to reconcile revenue and gains in excess of expenses to net cash provided by operating activities and gains		
Provision for bad debts	347,994	775,227
Depreciation	414,391	399,046
Accounts receivable—patients	(197,538)	(936,637)
Accounts receivable—students tuition	(1,067,826)	—
Other assets	256,289	(242,141)
Accounts payable	262,524	104,459
Payable to third party programs	(45,752)	356,377
Deferred tuition - students	964,387	—
Other	230,049	26,314
Net cash provided by operating activities and gains	<u>1,560,407</u>	<u>1,004,518</u>
<b>Cash flows from investing activities</b>		
Purchases of property and equipment	(227,557)	(284,722)
Restricted contributions	46,482	62,501
Cash invested in assets whose use is limited	(1,200,621)	(554,661)
Net cash used by investing activities	<u>(1,381,696)</u>	<u>(776,882)</u>
Net increase in cash and cash equivalents	178,711	227,636
Cash and cash equivalents at beginning of year	445,249	217,613
Cash and cash equivalents at end of year	<u>\$ 623,960</u>	<u>\$ 445,249</u>

See accompanying notes.



## FNS, Inc.

## Notes to Combined Financial Statements

April 30, 1992

**1. Organization and Summary of Accounting Policies****Organization**

FNS, Inc. (the Service) was organized in 1925 as a nonprofit charitable organization. The Service's original purpose was to provide needed health services in the Appalachian area. During its early years, the Service was the only provider of health services in the area and it remains the largest provider of health services in Leslie County and the portion of surrounding counties comprising its service area. In 1939, the Service established a midwifery school. The Service currently operates an accredited midwifery and family nursing school, a home health agency, a hospital, and provides primary care services through the Hyden Clinic, the Kate Ireland Women's Health Care Center, and District Nursing Clinics. The Service has historically been dependent on charitable contributions to fund a significant portion of the costs of services and programs.

**Principles of Combination**

The Service consists of the following nonprofit entities:

FNS, Inc. - Parent holding company of the Service.

Mary Breckinridge Healthcare, Inc. - Entity responsible for operating the hospital, home health agency and clinics.

Frontier School of Midwifery and Family Nursing (formerly Frontier Nursing Health and Education, Inc.) - Entity responsible for operating the midwifery and family nursing school.

Frontier Nursing Service Foundation, Inc. - Entity responsible for maintaining the investment portfolio of the Service.

FNS Real Estate, Inc. - Entity responsible for holding and managing the real estate and fixed assets owned by the Service.

The combined financial statements include the accounts and transactions of the above entities. Significant intercompany transactions and accounts have been eliminated in combination.

**AICPA Audit Guide**

In 1992, the Service adopted the provisions of the American Institute of Certified Public Accountants Audit and Accounting Guide, *Audits of Providers of Health Care Services*. Accordingly, certain reclassifications were made to 1991 balances to conform to the 1992 presentation.



## FNS, Inc.

## Notes to Combined Financial Statements (continued)

**1. Organization and Summary of Significant Accounting Policies (continued)****Cash and Short-term Investments**

Cash and short-term investments consist of cash and highly liquid investments having a maturity at the date of acquisition of 90 days or less, excluding amounts whose use is limited by board designation.

**Inventories**

Inventories, principally medical supplies, are stated at cost (first-in, first-out method) which is not in excess of market.

**Property and Equipment**

Property and equipment is stated at cost, or fair market value at date of donation for items donated to the Service. Depreciation has been computed on the straight-line method over the estimated useful lives of the respective assets.

**Investments**

Investments in marketable equity securities are stated in the financial statements at the lower of their aggregate cost or market value. Investments, other than equity securities, are stated in the financial statements at cost, or if donated, at fair market value at the date of donation. Gain or loss from sale of investments is the difference between proceeds received and the carrying value of the investment sold.

**Assets Whose Use is Limited**

Unrestricted resources which are designated by the Service for special uses are reported as assets whose use is limited. The Board of Governors has designated the following funds to accumulate monies for the indicated purposes.

The Consolidated Fund accumulates funds for such operating and general purposes as the Board may determine.

The Depreciation Fund accumulates funds for replacement, expansion or improvements of the Service's facilities.

The Education Fund includes all donations specified by the donor for this fund and unrestricted legacies and bequests received from May 1981 through April 1985. It accumulates funds until such time as they are needed for the operation of the educational programs.

The Kate Ireland Women's Health Care Center Fund accumulates funds until such time as they are needed for the operation of the Kate Ireland Women's Health Care Center.



## FNS, Inc.

## Notes to Combined Financial Statements (continued)

**1. Organization and Summary of Significant Accounting Policies (continued)**

The David D. Knox Fund accumulates funds for such uses as the Board may determine, except that no amounts are to be expended from such fund through 1994.

The Mary Breckinridge Chair Fund provides income to fund the salary of a faculty member of the midwifery and family nursing school.

Income from the principal portion of the Consolidated Fund is to be used to subsidize care for indigent patients unless such income is specifically designated by the Board for other uses. Income from the Depreciation, Education, Kate Ireland Women's Health Care Center, MBH Chair and David D. Knox Funds is retained with the funds until expended for the designated purposes.

**Restricted Funds**

Restricted funds represent endowments, the principal of which cannot be expended. Income from such endowments is available for operating purposes and is reported as revenue when earned in accordance with the donor's instructions.

Resources restricted by donors for additions to property are recorded as increases to the general fund balance when expended for the purposes intended. Resources restricted by donors for specific operating purposes are credited to revenue when expended for the purposes intended.

**Accounts Receivable - Students and Deferred Tuition - Students**

The Service provides a midwifery training program to eligible students. The program generally takes 18 to 24 months to complete. The tuition for the midwifery program, which is comprised of four major levels, is presently \$12,000. The midwifery students agree to pay a certain amount of the tuition prior to beginning each course level. The Service's policy is to recognize tuition revenue as the students progress through the applicable course level.

**Statement of Revenue and Expenses of General Funds**

For purposes of presentation, transactions deemed by management to be ongoing, major or central to the provision of health care services are reported as revenue and expenses. Peripheral or incidental transactions are reported as gains and losses.

**Charity Care**

The Service provides care to patients who meet certain criteria under its charity care policy, without charge or at amounts less than its established rates. Because the Service does not pursue collection of amounts determined to qualify as charity care, they are not reported as revenue. Charges foregone based on established rates for charity care, determined at or near the time of service rendered by the Service were approximately \$224,000 and \$393,000 in 1992 and 1991, respectively.



## FNS, Inc.

## Notes to Combined Financial Statements (continued)

**1. Organization and Summary of Significant Accounting Policies (continued)****Net Patient Service Revenue**

Net patient service revenue is reported at the established net realizable amounts from patients, third-party payors, and others for services rendered, including estimated retroactive adjustments under reimbursable agreements with third-party payors. Retroactive adjustments are accrued on an estimated basis in the period the related services are rendered and adjusted in future periods as final settlements are determined. Net patient service rendered consists of the following:

	<b>Year ended April 30</b>	
	<b>1992</b>	<b>1991</b>
Gross patient service revenue	<b>\$ 10,078,241</b>	\$8,993,468
Less charity and contractual adjustments	<b>2,274,426</b>	2,133,965
Net patient service revenue	<b><u>\$7,803,815</u></b>	<b><u>\$6,859,503</u></b>

**Unrestricted Donations and Grants**

Donations and grants which are not restricted by donors are reported as operating revenue. Bequests under wills are recorded when received by the Service.

**Tax Status**

The Service has received a determination from the Internal Revenue Service (IRS) that each of the nonprofit entities qualifies as tax-exempt under applicable Internal Revenue Code (IRC) sections.

**2. Medicare and Medicaid Programs**

The Service participates in the Medicare and Medicaid Programs. Approximately 29% and 27%, respectively, of the Service's net patient service revenue are derived from services to patients covered by these Programs.



## FNS, Inc.

## Notes to Combined Financial Statements (continued)

**2. Medicare and Medicaid Programs (continued)****Medicare**

Medicare payments for inpatient services (excluding capital costs) are made based upon the patient's diagnosis (DRG), irrespective of cost. The diagnosis upon which payment is based is subject to review by Program representatives. The Program reimburses the Hospital for capital costs, as defined, and certain outpatient services including rural health clinics and home health agency services based upon cost. Such reimbursable costs are determined from annual cost reports filed with the Program, which are subject to audit by the Program. Effective May 1, 1992, the Program began reimbursing the Service for capital costs based upon a prospectively determined rate based upon the DRG. Provision has been made for the estimated effect of audits by the Program.

**Medicaid**

The Medicaid Program reimburses the Hospital on a prospectively determined rate per patient day for inpatient services and on the basis of cost for outpatient services including rural health clinics and home health agency services.

On July 1, 1990, the Commonwealth of Kentucky implemented the Hospital Indigent Care Assurance Program (HICAP). Under HICAP, the Hospital is assessed a tax based upon a percentage of its inpatient operating expenses and receives a benefit payment based upon its Medicaid patient days. The statements of revenue and expenses for the years ended April 30, 1992 and 1991 include a net benefit under HICAP of approximately \$710,000 and \$350,000, respectively, which is reported with other revenue in the Combined Statements of Revenue and Expense. The Federal Government has passed legislation that would discontinue HICAP in its present form effective July 1, 1993 for Kentucky hospitals. Additionally, the Commonwealth of Kentucky is considering limiting future benefit payments under HICAP.

Although management expects such regulations and legislative activity to limit future payments under HICAP, it is not possible at this time to determine the full impact of the regulations and legislative activity.



## FNS, Inc.

## Notes to Combined Financial Statements (continued)

**3. Investments**

The carrying value and approximate market value of investments at April 30, 1992 and 1991 are summarized as follows:

	1992		1991	
	Carrying Value	Market	Carrying Value	Market
Investments recorded in:				
Assets whose use is limited:				
Consolidated Fund:				
Cash	\$ 460,281	\$ 460,281	\$ 268,363	\$ 268,363
U.S. Government obligations	598,656	626,750	401,875	425,748
Corporate bonds	990,458	1,028,190	1,012,048	1,027,888
Common stocks	2,206,241	2,624,811	1,779,702	2,302,955
Due to Restricted Funds	(160,667)	(160,667)	(186,405)	(186,405)
	<u>4,094,969</u>	<u>4,579,365</u>	<u>3,275,583</u>	<u>3,838,549</u>
Depreciation Fund:				
Cash	1,182	1,182	21,332	21,332
	<u>1,182</u>	<u>1,182</u>	<u>21,332</u>	<u>21,332</u>
Education Fund:				
Cash	415,864	415,864	147,721	147,721
Common Trust Fund - Fixed Income	1,935,556	1,995,587	1,004,688	1,064,370
Common stocks	710,218	758,524	1,623,659	1,652,386
	<u>3,061,638</u>	<u>3,169,975</u>	<u>2,776,068</u>	<u>2,864,477</u>



FNS, Inc.

Notes to Combined Financial Statements (continued)

3. Investments (continued)

	1992		1991	
	Carrying Value	Market	Carrying Value	Market
Kate Ireland Women's Health Care Center Fund:				
Cash	\$ 16,974	\$ 16,974	\$ 10,243	\$ 10,243
Common Trust Fund	453,069	476,879	445,850	453,148
	<u>470,043</u>	<u>493,853</u>	<u>456,093</u>	<u>463,391</u>
David D. Knox Fund:				
Cash Management Fund	37,488	37,488	418,414	418,414
Common Stock	420,197	443,951		
	<u>457,685</u>	<u>481,439</u>	<u>418,414</u>	<u>418,414</u>
Mary Breckinridge Chair Fund:				
Cash	31,348	31,348	13,000	13,000
Common Trust Fund	546,596	571,811	502,350	532,185
	<u>577,944</u>	<u>603,159</u>	<u>515,350</u>	<u>545,185</u>
Total assets whose use is limited	<u>\$ 8,663,461</u>	<u>\$ 9,328,973</u>	<u>\$ 7,462,840</u>	<u>\$ 8,151,348</u>
	1992		1991	
	Carrying Value	Market	Carrying Value	Market
Restricted Funds:				
Cash	\$ 65,026	\$ 65,026		
Cash due from General Funds			\$ 20,453	\$ 20,453
U.S. Government obligations	110,113	114,919	133,884	148,066
Investments in common trust funds	1,160,744	1,418,191	931,450	1,059,778
	<u>1,335,883</u>	<u>1,598,136</u>	<u>1,085,787</u>	<u>1,228,297</u>
Due from assets whose use is limited--General Funds	160,667	160,667	186,405	186,405
Total investment of restricted funds	<u>\$ 1,496,550</u>	<u>\$ 1,758,803</u>	<u>\$ 1,272,192</u>	<u>\$ 1,414,702</u>
Total investments:				
Assets whose use is limited	\$ 8,663,461	\$ 9,328,973	\$ 7,462,840	\$ 8,151,348
Restricted funds	1,496,550	1,758,803	1,272,192	1,414,702
	<u>\$ 10,160,011</u>	<u>\$ 11,087,776</u>	<u>\$ 8,735,032</u>	<u>\$ 9,566,050</u>



## FNS, Inc.

## Notes to Combined Financial Statements (continued)

**3. Investments (continued)**

FNS, Inc. is also the income beneficiary of certain trust funds which are not administered or controlled by the Service. Accordingly, such funds are not included in the balance sheets at April 30, 1992 and 1991. Income received from such funds which is included with investment income was \$49,599 and \$56,548 for the years ended April 30, 1992 and 1991, respectively.

**4. Retirement Plans**

The Frontier Nursing Service, Inc. Capital Accumulation Plan (Plan), a non-contributory defined contribution retirement plan, covers substantially all Service employees. Employer contributions are determined by the Board of Governors annually and are allocated among Plan participants on the basis of eligible employees' salaries. The Service recorded expense of \$52,000 and \$73,000 related to the retirement plan for the years ended April 30, 1992 and 1991, respectively.

**5. Commitments and Contingencies**

The Service insures for medical malpractice losses through claims-made policies, and records reserves for deductibles for potential claims, based on their best estimates. In the opinion of management, such insurance and estimated reserves for deductibles are adequate to cover significant losses, if any. Should the claims-made policies not be renewed or replaced with equivalent insurance, claims based upon occurrences during their terms but reported subsequently will be uninsured. The Service intends to continue carrying such insurance.

Liabilities for incurred but not reported losses at April 30, 1992 are not determinable; however, in management's opinion such liabilities, if any, will not have a material adverse impact on the Service's financial statements. Accordingly, no provision for adverse loss contingencies has been made in the accompanying financial statements.



**II**  
**REPORT OF OPERATIONS**

**Comparative Analysis of service Provided on the Two Fiscal  
Years 1991 and 1992**

**HOSPITAL**

	<b>FY</b> <b>Ending</b> <b>4-30-91</b>	<b>FY</b> <b>Ending</b> <b>4-30-92</b>
<b>ALL PATIENTS (Excluding Newborns):</b>		
Percent of Occupancy	27.4	33.0
<b>Patient Days-Total</b>	<b>4,239</b>	<b>5,549</b>
Medical-Surgical Unit	3,299	4,232
Obstetrical Unit	695	624
Skilled Beds	245	693
<b>Admissions-Total</b>	<b>1,090</b>	<b>1,178</b>
Medical-Surgical Unit	690	878
Obstetrical Unit	364	300
Average Daily Census	11.6	13.3
Average Length of Stay	3.8	4.4
<b>NEWBORNS</b>		
Percent of Occupancy	20.1	12.2
Patient Days-Total	504	448
Admissions-Total	300	239
Average Daily Census	1.4	1.2
Average Length of Stay	1.7	1.9
<b>DELIVERIES-TOTAL</b>	<b>300</b>	<b>238</b>
<b>OPERATIONS-TOTAL</b>	<b>321</b>	<b>333</b>
Major	88	78
Minor	259	256
In-Patient	137	166
Out-Patient	184	167
ENT	0	0
C-Sections	51	51
<b>DEATHS-TOTAL</b>	<b>22</b>	<b>43</b>
Institutional (over 48 hours)	16	20
Institutional (under 48 hours)	5	4
Non-Institutional (OPD/ER)	6	19
<b>X-RAYS-TOTAL</b>	<b>7,870</b>	<b>8,706</b>
In-Patient	622	871
Out-Patient	7,141	7,741



	1991	1992
<b>ECHO-TOTAL</b>	<b>107</b>	<b>94</b>
In-Patient	44	30
Out-Patient	63	64
<b>LAB PROCEDURES-TOTAL</b>	<b>86,238</b>	<b>112,405</b>
In-Patient	18,150	28,311
Out-Patient	42,805	53,373
Referred In	25,283	30,721
Referred Out (not in total)	4,775	7,047
<b>PHYSICAL THERAPY-TOTAL</b>	<b>3,028</b>	<b>7,133</b>
In-Patient Treatments	154	1,434
Out-Patient Treatments	2,874	5,699
Days of Operation	256	256
<b>ELECTROCARDIOGRAMS-TOTAL</b>	<b>2,526</b>	<b>2,564</b>
In-Patient	465	695
Out-Patient	1,904	1,869
<b>RESPIRATORY THERAPY-TOTAL</b>	<b>20,476</b>	<b>31,068</b>
In-Patient	18,170	28,220
Out-Patient	2,306	2,848
<b>HOME HEALTH- TOTAL</b>	<b>11,686</b>	<b>16,162</b>
<b>EMERGENCY ROOM VISITS-TOTAL</b>	<b>7,554</b>	<b>8,802</b>
Average Visits Per Day	20.7	24.0
Days of Operation	365	366
<b>ADMITTED THOUGH EMERGENCY ROOM-TOTAL</b>	<b>433</b>	<b>579</b>
<b>HYDEN CLINIC VISITS-TOTAL</b>	<b>14,600</b>	<b>16,716</b>
Average Visits Per Day	57.0	65.3
Days of Operation	256	256
<b>OB/GYN CLINIC-TOTAL</b>	<b>5,062</b>	<b>4,117</b>
Average Visits Per Day	19.8	16.0
Days of Operation	256	256
<b>DISTRICT CLINICS-TOTAL</b>	<b>14,687</b>	<b>16,976</b>
<b>BEECHFORK CLINIC</b>	<b>3,029</b>	<b>4,681</b>
Average Visits Per Day	11.8	18.2
Days of Operation	256	256
<b>COMMUNITY HEALTH CENTER</b>	<b>3,004</b>	<b>3,844</b>
Average Visits Per Day	11.7	16.1
Days of Operation	256	238



	1991	1992
<b>PINE MOUNTAIN CLINIC</b>	<b>1,898</b>	<b>2,238</b>
Average Visits Per Day	7.4	9.5
Days of Operation	256	235
<b>WOOTON CLINIC</b>	<b>6,656</b>	<b>6,213</b>
Average Visits Per Day	26.0	28.6
Days of Operation	256	217

**COURIER AND VOLUNTEER HOURS REPORT  
MAY 1, 1991 TO APRIL 30, 1992**

<u>Areas Served</u>	<u>Hours</u>
Clinics	344
Hospital	253
Home Health	1,157
Development/PR	332
Community	344
Transportation/Rounds	918
Kate Ireland Women's Clinic	337
Literacy Program	2,626
Wendover	1,148
Total number of hours worked	7,459
Total number of couriers	32



### SIXTY-SEVEN YEAR TOTALS-SELECTED DATA

Each year for many years, the Annual Report issue of the Quarterly Bulletin provided cumulative totals of patients registered, maternity cases delivered, and other information of historical interest. As a result of changes in record keeping procedures several years ago, some of this information was reclassified and accounted for differently. It became impossible to develop the data in exactly the same form in which it had been presented for many years.

However, because there continues to be interest in these figures, we now reconstruct the essential information necessary to cover FNS' sixty-seven years of operation. These figures should not be understood as audit totals. They are reasonably close approximations as of the close of the fiscal years that ended April 30, 1992.

Patients registered from the beginning in 1925	115,168
Children (estimated)	56,420
Adults (estimated)	59,243
Maternity cases delivered	23,455
Maternity deaths (9 puerperal, 2 cardiac)	11
Number of days of occupancy in FNS hospitals (including old Hyden Hospital, which opened in June 1928, and Mary Breckinridge Hospital, which opened in February 1975)	532,455

\* Figures exclude newborn.

	Total Contributions	
	YTD 1990-91	YTD 1991-92
Non-Restricted	406,598.23	435,371.12
Restricted	169,466.78	156,702.00
Derby Benefits	<u>33,700.00</u>	<u>32,987.25</u>
Total	609,765.01	625,060.37

#### Special Thanks to our Committees

Committee Benefits	
Boston	11,388.50
Philadelphia	6,000.00
Washington	<u>15,598.75</u>
Total	32,987.25

Also special thanks to: Daughters of Colonial Wars 11,094.83



**IN MEMORIAM**

*These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.*

**Brian Matthew Sizemore**

Parents are Jackie and Bobby Sizemore of Hyden. Jackie has worked at the Mary Breckinridge Hospital for 11 years.

**Charlie Maggard**

The husband of Jean Maggard, Operating Room Tech at the Mary Breckinridge Hospital.

**Tammy Davidson**

Daughter of Grace Davidson who formerly worked in the Business Office at the Mary Breckinridge Hospital.

**Dr. Gertrude Isaacs**

Former Dean of the Frontier School of Midwifery and Family Nursing.

**Gaylord Donnelley**

President of "Ducks Unlimited" and long term supporter of FNS.

**Joseph Coleman Carter**

A Nuclear Engineer, a committee member, honorary trustee and supporter of the FNS.

**Memorial Gifts**

We wish to express our deep appreciation to these friends who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service:

**Patty Lloyd**

Mr. Edward Elmer Turner

**Cynthia T. Beatty Ludlow**

Laura Beatty Anthony

**Joseph Coleman Carter, III**

Shirley and Jim Shilson

Mrs. John H. Kerr, Jr.

Mrs. Job D. Turner, Jr.

Nancy Field Harris

Sarah Carter Stanfill

Rufus Lisle

Mr. and Mrs. Don L. Bruce

Mr. and Mrs. Wm. D. Fishback, Sr.

Mr. and Mrs. Charles Kelly

Mr. and Mrs. Theodore R. Tauchert

Miss Kate Ireland



Betty E. Borries  
 Mr. R.W.P. Johnston  
**Ellery Sedgwick**  
 George V. Gardner  
**Jane Gallun**  
 Dora B. Trumbull  
**Mary Gellathy Walker**  
 A. E. Walker, Jr.  
**Drucilla M. Ramey**  
 Arte Mishie Ramey  
**Florence B. W. Hollister**  
 Peggy Patterson Wiggin

Mrs. Henry Porter  
 Ellen P. Coakley  
 Ellen W. Lovejoy  
 Caroline Lee Herter  
 Peter and Nancy Winslow  
 Blair McElroy  
 Mrs. Diane Coburn  
**Dr. Gertrude Isaacs**  
 Miss Jane Leigh Powell

### IN HONOR OF

From time to time, we receive donations "In Honor Of" individuals who have made an impact on the lives of others. We wish to express our appreciation to them.

**Laura and John Hayford**  
 Christine and Jonathan Gold  
**Kate Ireland**  
 Kathy and Mike Griggs  
**Peter Graham Kucea and**  
**Alexander Breckinridge Kucea**  
 Susan Graham and Jon Kucea



**FNS, INC.**

Director/Chief Executive Officer: Deanna Severance, BSN, MS

**FNS, INC. (the parent)**  
 Chief Operating Officer:  
 David Southern, BS, MBA  
 Administrative Assistant: Virginia Roberts  
 Plant Operations: R. C. Osborne, Supervisor  
 Administrative Assistant: Juanetta Morgan  
 Risk Management: Connie Napier

**Medical Staff:**  
 Albino Nunez, Emergency Medicine  
 Karen Baucom, Board Certified OB/GYN  
 Roy Varghese, Internal Medicine  
 Hector Ortiz, Pediatrician  
 Salim Bakali, Internal Medicine  
 Marek Kacki, Nephrologist

**Accounting/Fiscal Services:**  
 Chief Financial Officer:  
 R. Clark Myers, BS, MBA  
 Data Processing: Alice Stidham  
 Purchasing: Nannie Hornsby

**Hyden Clinic:**  
 Kathie Cook, RN, CFNP

**Development Office:**  
 Development Secretary: Mae Irvin  
 Community Relations Specialist: Barb Gibson

**Kate Ireland Women's HealthCare Center:**  
 Elizabeth A. MacMillan, RN, AA, CFNM  
 Kathleen Isaac, RN, AD, CFNM

**Human Resources:**  
 Manager: Eva Morgan

**Home Health Agency:**  
 Margaret Jones, RN, Director  
 Carolyn Myers, RN  
 Stephenie Webb, RN  
 Clara Jefferis, RN, BSN, CFNP  
 Sonya Burkhart, RN  
 Stephanie Webb, RN

**Wendover, Courler and Volunteer Program:**  
 Manager: Susie Hudgins

**Beechfork Clinic:**  
 Sr. Sonia Miley, FNP

**FRONTIER NURSING SERVICE, INC.**  
 (the foundation)  
 President: Deanna Severance, BSN, MS

**Pine Mountain Clinic:**  
 Gerturde Morgan, FNP

**FNS REAL ESTATE, INC.**  
 President: Deanna Severance, BSN, MS

**Wooton Clinic:**  
 Dr. George Mills

**FRONTIER SCHOOL OF MIDWIFERY  
 AND FAMILY NURSING**  
 Judith Treistman, Ph.D, CNM  
 Debra Browning, RN, MSN, CFNP  
 Family Nurse Instructor

**Community Health Center:**  
 Linda Stephens, FNP

**MARY BRECKINRIDGE HEALTHCARE, INC.**  
 Interim Administrator: R. Clark Myers, BS, MBA

**District Clinic Manager:**  
 Sharon Koser, FNP

**Coordinators and Department Heads:**  
 Business Office: A. Ray Branaman, Director  
 Dietician: Linda Campbell, RD  
 Emergency Services: Linda Craft, RN  
 Food Service/Housekeeping: William L. Peavley  
 Laboratory: Tammy Collett, MLT/ASCP-HEW  
 Medical Records: Mallie Noble, ART  
 Operating Room: Lena Bishop, RN  
 Quality Assurance: Betty H. Couch, ART  
 Radiology: Glen Hammons, RT  
 Respiratory Therapy: Peggy Lewis  
 Social Work: Ruth Ann Dome, BSW

**Nursing Staff:**  
 Glenna Combs, RN, Director of Nursing  
 Med/Surg: Ricky Messer, RN, Head Nurse  
 OB: Sabrina Lewis, RN, Head Nurse

Frontier Nursing Service, Wendover, Kentucky 41775, 606-672-2317  
 Mary Breckinridge Healthcare, Hyden, Kentucky 41749, 606-672-2901  
 Frontier School of Midwifery and Family Nursing, Hyden, Kentucky 41749, 606-672-2312



FNS, INC  
(the parent)  
**BOARD OF GOVERNORS**  
National Chairman

Miss Jane Leigh Powell, Glen Cove, NY

**Vice-Chairmen**

William W. Hall, Jr., Lexington, KY  
Dr. Patience H. White, Bethesda, MD

**Treasurer**

Mr. John E. Foley, Lexington, KY

**Assistant Treasurer**

Mrs. Nancy Hines, Jackson, KY

**Secretary**

Mrs. Kate Sedgwick, Washington, DC

Mr. R.B. Campbell, Jr., Lexington, KY  
Mr. C.V. Cooper, Jr., Hazard, KY  
Mr. William W. Hall, Jr., Lexington, KY  
Dr. G. Edward Hughes, Hazard, KY

Miss Kate Ireland, Tallahassee, FL  
Mr. James C. Klotter, Lexington, KY  
Mr. Kenneth J. Tuggle, Louisville, KY  
Dr. Anne A. Wasson, Warner, NH

**Honorary Chairman**

Mrs. Jefferson Patterson, Washington, DC

**Honorary Members**

Mrs. John Harris Clay, Louisville, KY  
Mr. Homer L. Drew, Lexington, KY  
Dr. Willis D. Weatherford, Black Mountain, NC

**AUDITORS**

Ernst & Young, Lexington, KY

**TRUSTEES**

Mrs. Steven L. Beshear, Lexington, KY  
Edward T. Breathitt, Washington, DC  
Ms. Linda Breathitt, Washington, DC  
Dr. John C. Breckinridge, Golden, CO  
Ms. Ina H. Brown, Goshen, KY  
Mrs. Juan Cameron, Washington, DC  
Dr. Wallace Campbell, Pippa Passes, KY  
Ms. Carlyle Carter, Neenham, MA  
Mrs. Charles M. Chapin, III, Oldwick, NJ  
Dr. Holly Cheever, Voorheesville, NY  
Mrs. Charles S. Cheston, Jr., Topsfield, MA  
Mrs. James T. Christie, Louisville, KY  
Mrs. G. Norton Clay, Paris, KY  
Mrs. Thomas McCormick Davis, Washington, DC  
Mrs. John E. Dawson, Dover, MA  
Mrs. John J. Dete, West Liberty, OH  
Mr. Joseph C. Donnelly, Jr., Medfield, MA  
Mrs. Edward R. Dumesnil, Jr., Louisville, KY  
Mrs. Peter R. Ehrlich, Bedford, NY  
Mrs. David K. Ford, Pepper Pike, OH  
Mrs. Preston Fortney, Jr., Covington, KY  
Mrs. Robert S. Gawthrop, Jr., West Chester, PA  
Mrs. Jerome R. Grady, Cleveland, OH  
Mrs. Laman Gray, Jr., Louisville, KY  
Dr. John W. Greene, Jr., Lexington, KY  
Mr. Dwight Hendrix, Hyden, KY

Dr. Horace F. Henriques, III, Hanover, NH  
Mrs. John H. Hodge, Devon, PA  
Miss Caroline F. Holdship, Sewickley, PA  
Mr. Frank B. Hower, Jr., Louisville, KY  
Mrs. William L. Hudgins, Hampton, VA, President,  
National Society of DCW's  
Mrs. Sarah Hughes, Hazard, KY  
Mrs. Kenneth C. A. Isaacs, Walpole, MA  
Mrs. Brereton C. Jones, Midway, KY  
Governor Brereton C. Jones, Midway, KY  
Mrs. E. Donald Jones, Bellefontaine, OH  
Mrs. Clinton W. Kelly, III, Bethesda, MD  
Mr. Harold Kemper, Jr., Hyden, KY  
Mr. James G. Kenan, III, Lexington, KY  
Mr. John H. Kerr, Jr., Lexington, KY  
Mrs. Robert A. Lawrence, Westwood, MA  
Mrs. Henry Ledford, Big Creek, KY  
Mrs. Theodore R. P. Martin, St. Louis, MO  
Mr. Robert T. Mayes, Lexington, KY  
Mrs. John O. McKinstry, III, Lexington, KY  
Mrs. Joan Lambert McPhee, Potomac, MD  
Mrs. Tia D. Moir, Wellesley, MA  
Mrs. Eddie J. Moore, Hyden, KY  
Mrs. E. Townsend Moore, Darling, PA  
Mr. Wade Mountz, Louisville, KY  
Judge Renee Muncy, Hyden, KY



**Trustees (Continued)**

Dr. Wayne Myers, Hazard, KY  
 Mr. Spencer Noe, Lexington, KY  
 Mrs. Frank O. Brien, Jr., Boston, MA  
 Ms. Carrie Morgan Parker, Great Falls, VA  
 Mrs. Arthur Perry, Jr., Concord, MA  
 Mrs. Charles S. Potter, Chicago, IL  
 Mrs. John Richardson, Washington, DC  
 Mrs. George L. Robb, Westwood, MA  
 Mrs. Georgia Hart Rodes, Lexington, KY  
 Mrs. James Rose, Lexington, KY  
 Mr. W. L. Rouse, Jr., Lexington, KY  
 Mrs. William M. Schreiber, Louisville, KY  
 Mrs. Alfred R. Shands, III, Louisville, KY  
 Mrs. Molly B. Sizemore, Hyden, KY  
 Mr. Albert P. Smith, Jr., Lexington, KY

**Honorary Trustees**

Mr. Brooke Alexander, New York, NY  
 Mrs. Charles W. Allen, Jr., Glenview, KY  
 Mr. Richard T. Baker, Cleveland, OH  
 Mrs. Richard M. Bean, Lexington, KY  
 Mrs. Ralph E. Becker, Washington, DC  
 Mrs. Homer A. Biggerstaff, Berea, KY  
 Dr. Peter P. Bosomworth, Lexington, KY  
 Mr. R.B. Campbell, Hyden, KY  
 Mrs. R.B. Campbell, Hyden, KY  
 Mr. Joseph C. Carter, Versailles, KY  
 Mrs. Robert W. Estill, Raleigh, NC  
 Mrs. George E. Evans, Jr., Lexington, KY  
 Mrs. Edward N. Farmer, Hyden, KY  
 Mrs. Rex Farmer, Corbin, KY  
 Mrs. John L. Grandin, Jr., Chestnut Hill, MA  
 Dr. Charles E. Hagyard, Lexington, KY  
 Mrs. Paul Church Harper, Lake Bluff, IL  
 Mrs. Richard Higgins, Dedham, MA  
 Mrs. Charles H. Hodges, Jr., Birmingham, MI  
 Dr. James B. Holloway, Jr., Lexington, KY  
 Mrs. James B. Holloway, Jr., Lexington, KY

**National Nursing Council**

Ms. Mary Ellen Amato, Lexington, KY  
 Dr. Frances C. Dalme, Little, AR  
 Ms. Muriel Dayhoff, Columbia, MO  
 Mrs. Albert T. Ernst, Kerkiomenville, PA  
 Dr. Foyce Fitzpatrick, Cleveland, OH  
 Dr. Loretta C. Ford, Rochester, NY  
 Miss E. Jane Furnas, Phoenix, AZ  
 Miss Louise Griggs, Lexington, KY  
 Mrs. Elinor Hammond, Louisville, KY  
 Mrs. E. L. Hebbeler, Lexington, KY  
 Dr. O. Marie Henry, Rockville, MD  
 Mrs. Betty Huff, Hyden, KY  
 Ms. Phyliss J. Long, W. Lebanon, NH  
 Dr. Marion E. McKenna, Niceville, FL  
 Dr. Beulah E. Miller, Lakewood, NJ

Mrs. Joseph M. Smith, Dedham, MA  
 Mrs. Austin L. Smithers, Greenwich, CT  
 Mrs. Marjorie Stagg, Lexington, KY  
 Mrs. Burgess P. Standley, Medfield, MA  
 Mrs. Robert N. Steck, Washington, DC  
 Dr. John B. Stephenson, Berea, KY  
 Mrs. James W. Stites, Jr., Glenview, KY  
 Dr. W. Grady Stumbo, Hindman, KY  
 Mrs. Mary H.D. Swift, Washington, DC  
 Mrs. Paul J. Vignos, Jr., Chagrin Falls, OH  
 Mr. Elmer Whitaker, Lexington, KY  
 Mr. Galen J. White, Jr., Louisville, KY  
 Mrs. Pendleton P. White, Dover, MA  
 Mrs. Dudley H. Willis, Sherborn, MA  
 Dr. Emory Wilson, Lexington, KY  
 Mr. George Wooton, Hyden, KY

Mrs. Gilbert W. Humphrey, Miccosukee, FL  
 Mr. R.W.P. Johnston, Lexington, KY  
 Mrs. E. Felix Kroman, Washington, DC  
 Miss Agnes Lewis, Maryville, TN  
 Mrs. Marion E.S. Lewis, Matamoras, PA  
 Mrs. R. McAllister Lloyd, Gwynedd, PA  
 Mrs. Robert F. Muhlhauser, Glendale, OH  
 Mrs. Samuel E. Neel, McLean, VA  
 Mrs. Hal H. Newell, Potomac, MD  
 Mrs. Lawrence B. Olds, Washington, DC  
 Mrs. Samuel H. Ordway, New York, NY  
 Mr. Ralph Peters, London, KY  
 Mrs. James N. Rawleigh, Jr., Prospect, KY  
 Mrs. E. H. Scott Rumley, Birmingham, MI  
 Mrs. John Sherwin, Willoughby, OH  
 Mrs. Ernest R. von Starck, Haverford, PA  
 Miss Margaret Watkins, Grosse Pointe, MI  
 Mrs. Erskine P. Wilder, Barrington, IL  
 Mr. Ralph B. Williams, Chestnut Hill, MA  
 Miss Barbara Wriston, New York, NY  
 Mr. William T. Young, Lexington, KY

Miss Mary Lee Mills, Watha, NC  
 Ms. Barbaraz Nichols, Madison, WI  
 Miss Evelyn M. Peck, Columbia, MO  
 Mrs. Elaine Pendleton, Falls, PA  
 Dr. Marjorie Ramphal, W. Nyack, NY  
 Miss Christine Schenk, Cleveland, OH  
 Dr. Elizabeth Shapre, Atlanta, GA  
 Dr. Lillie M. Shortridge, Pleasantville, NY  
 Miss Marion Strachan, Bloomfield, CT  
 Dr. Helen Tirpak, New York, NY  
 Miss Elsie M. Warner, Philadelphia, PA  
 Ms. Joyce Wiechmann, Sylacauga, AL  
 Dr. Carolyn A. Williams, Lexington, KY  
 Mrs. Elsie Maier Wilson, Gainesville, FL  
 Ms. Cora Newell-Winthrow, Lexington, KY



## FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of... dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

## HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

**Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.**

Gifts of stock should be sent to:  
FRONTIER NURSING SERVICE  
Mr. John Foley, Assistant Treasurer  
First Security National Bank & Trust Co.  
One First Security Plaza  
Lexington, Kentucky 40507



## URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Because of your generosity, we sometimes receive more gifts for a particular item than we need. In those instances, your gift will be applied toward another urgent need listed below. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

Medical Surgical:	Estimated Cost
Mattresses	4,000
New Patient Call System	16,000
Bed Scale	4,000
<b>Emergency Room:</b>	
Patient Stretcher with Radiology Capacity	4,500
<b>Maternity:</b>	
Electronic Fetal Monitor	12,000
Automatic Infant Scale	2,200
<b>Operating Room:</b>	
4 Metz Scissors (7 in.)	140
First Temp Ear Monitor	600
Button Electrode	99
Biopsy Forcep	581
Panavein Telescope	2,498
<b>Laboratory:</b>	
Centrifuge	500
Microscope	1,800
Computer	1,800
<b>Hyden Clinic:</b>	
Wheel Chair	400
Two Manikins (Adult and Child, for CPR Certification)	1,600
Propac Cardiac Monitor	4,200
<b>Home Health Agency:</b>	
4 Oscopes	800
7 Hairdryers	140
7 Electric Razors	140
<b>Community Health Clinic:</b>	
2 Cassette Recorders for Dictation	50
<b>Beech Fork Clinic:</b>	
VCR for Patient Health Education	250
<b>Kate Ireland Women's Clinic:</b>	
1 Set Steel Shelves for Teaching Material	225
<b>Wendover-Big House:</b>	
Treated Lumber For Fire Escape	300
<b>Wendover Promotion and Development Office:</b>	
1 Laser Printer	950
<b>Wendover-Human Relations:</b>	
TV/VCR Combination for In-Service	400
<b>Frontier School of Midwifery and Family Nursing:</b>	
Lighting Units	765
Shelving	300
Carpeting	718

\*  
610.7343  
F9287  
V. 68  
Summer 1992  
No. 1  
C.2



## FRONTIER NURSING SERVICE, INC.

### Its motto:

“He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young.”

Isaiah 40:11

### Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the  
Frontier Nursing Service, Article III  
as amended June 8, 1984