

FNS FRONTIER NURSING SERVICE

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Cover: Wendover's new wooden fence before the March 4, 1997 flood almost totally destroyed it (see page 14). *Photo by Barb Gibson*

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The Frontier Nursing Service

Hi! If you have never been introduced to the Frontier Nursing Service we would like to take this opportunity to brief you on the history and the on-going work of the Service. We encourage you to share this Bulletin with a friend.

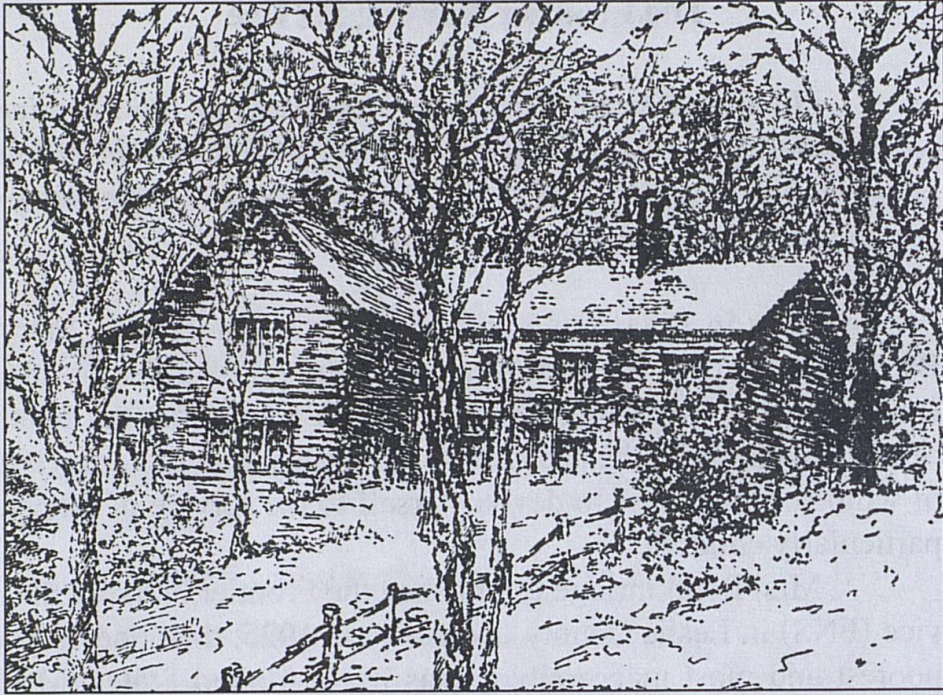
Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, then one of the poorest and most inaccessible areas in the United States. Mrs. Breckinridge introduced the first nurse-midwives in this country. Riding their horses up mountains and across streams in blizzard, fog or flood, the FNS nurses brought modern healthcare to families throughout an area of 700 square miles.

Until her death in 1965, Mary Breckinridge was the driving force behind the work of the Service whose influence today extends far beyond eastern Kentucky. Through the Frontier School of Midwifery and Family Nursing hundreds of nurses have been trained and this important concept of family healthcare has been carried throughout the world.

Today the FNS is organized as a parent holding company for Mary Breckinridge Healthcare Inc., home health agency, four outpost clinics, one primary care clinic in the hospital, Kate Ireland Women's Healthcare Clinic and for the Frontier School of Midwifery and Family Nursing - the largest midwifery program in the United States.

Remarkably, the purpose and philosophy of the FNS has remained constant since 1925. -Deanna Severance, CEO



The Big House - Home of Mary Breckinridge, Wendover, KY



Mary Breckinridge - Founder of the FNS

Report of Operations

The following is a condensed Report of Operations for the year 1996 ending in September. Detailed statistics are printed in each September issue of the *Quarterly Bulletin*.

Patient days	5,797
Deliveries	174
Operations	742
X-rays	12,674
CT scans	996
Mammograms	330
Physical Therapy	6,800
Home Health visits	34,038
Hyden Clinic visits	22,419
Kate Ireland Women's visits	4,035
Emergency Room	8,918
Beechfork Clinic	4,389
Community Health Center	3,663
Wooton Clinic	2,103
Courier volunteer hours	4,171
Number of Couriers	16
Nursing and other volunteer hours	2,952
Number of other volunteers	19
Patients registered since 1925	256,620
Maternity cases delivered since 1925	24,274
Maternity deaths since 1925 (9 puerperal, 2 cardiac)	11
Total number of graduates since School began	980
Total number of CNEP students enrolled at this time	339
Total contributions:	1,078,714.00

Beyond the Mountains

"For you there's rosemary and rue; these keep seeming and savour all winter long." Shakespeare The Passionate Pilgrim.

As I write to you, spring is almost upon us. This winter has been very mild in these Kentucky mountains compared to the last three years. Even so, we will all be glad for the changing of the season.

Keeneland Foundation

December 16, 1996, Dr. Anne Wasson and I were honored to be guests at Keeneland to receive a generous gift from the Foundation to be used to build handicapped ramps at Mardi Cottage Classroom and the Haggin Dormitory. Many thanks to Mr. Bill Greeley, CEO of Keeneland and to the other members of the Foundation for their continuing support of the FNS work!



Deanna Severance and Mr. Bill Greeley from Keeneland



Handicapped ramp at Mardi Cottage

News from the Board of Governors

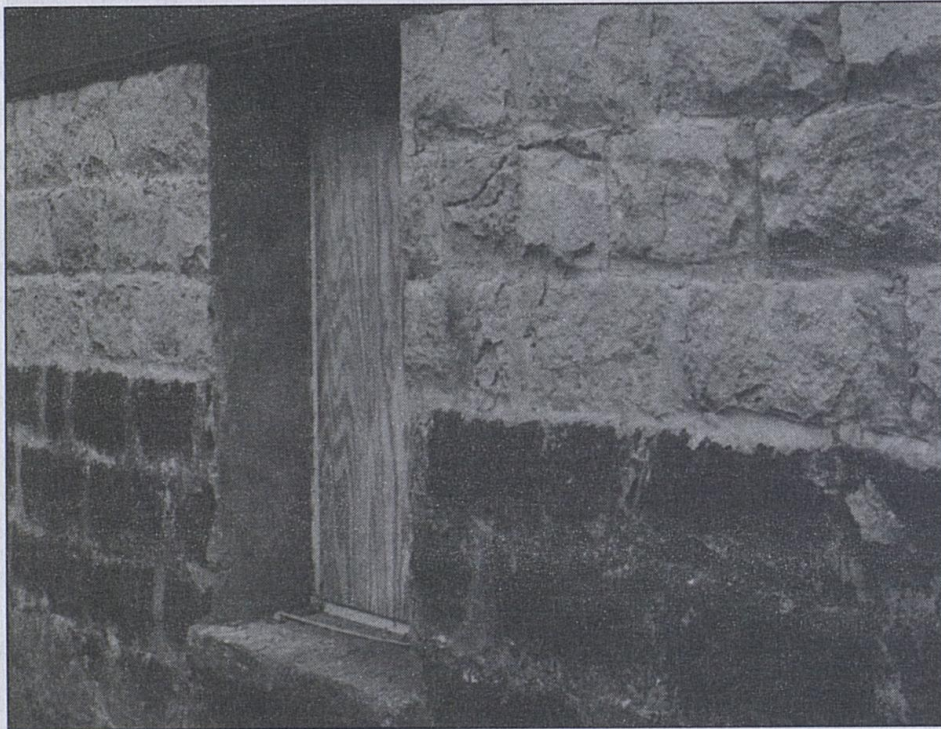
The Board of Governors met in Lexington January 24 and 25, 1997, in the new offices of the Frontier School of Midwifery and Family Nursing. As the Frontier School of Midwifery and Family Nursing (FSMFN) Community-Based Nurse-Midwifery Education Program (CNEP) begins the conversion of paper modules to multimedia text which can be used over the Internet, the Board has reviewed the issue of ownership of intellectual property and identified policies which support the FNS product ownership.

Mary Breckinridge Healthcare (MBHC) continues to improve services and financially is stronger than ever. The Board continues to explore the trends in the state and national healthcare arena. Although the Board is not aggressively pursuing the sale of the healthcare system at this time, they continue to be concerned about reimbursement changes in the Medicare and Medicaid programs which would make it impossible for the FNS to support a small 40 bed hospital, rural clinics and home health agency. Therefore, our local Senator Robert Stivers and State Representative Barbara Colter have scheduled a meeting to discuss issues vital to the operation of MBHC with John Morse, Secretary of the

Cabinet of Health Services and the FNS Board on February 27 in the State Capital, Frankfort, Kentucky. I will let our readers know the information the Board receives in the next *Quarterly Bulletin*.

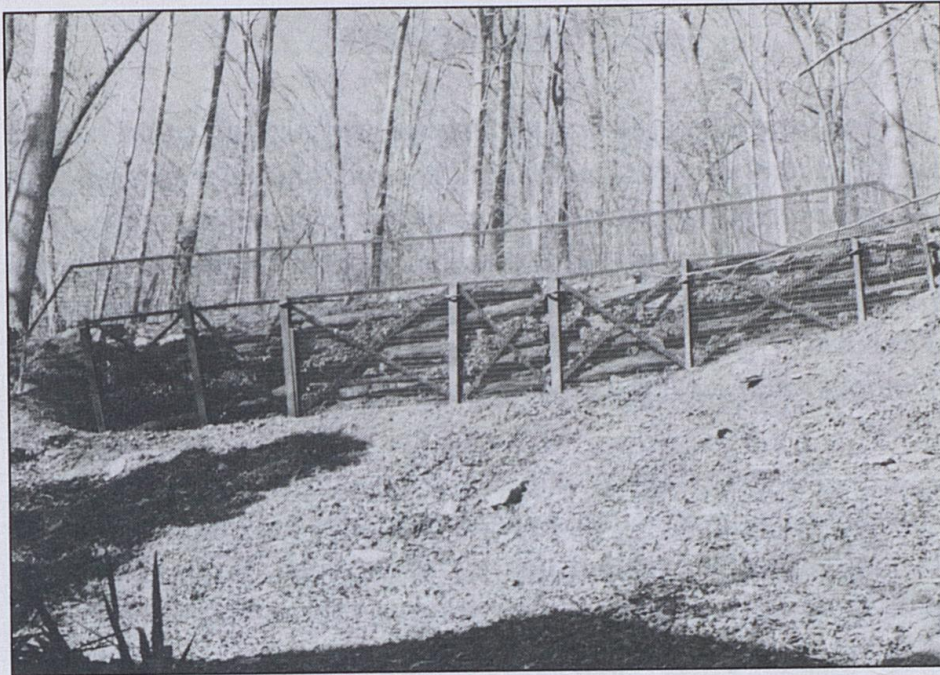
Wendover Grounds Improvement

Thanks to our friends and supporters many improvements to the property and grounds continue to be made at the FNS. In the fall, a rock worked loose from the retaining wall built in the 1940's behind the Garden House and crashed through a basement window. Luckily, no one was in the basement and no injuries resulted. The wall is made of timbers supporting rocks which stabilize the mountain.



Rock crashed through Garden House basement window

Thanks to Kate Ireland and the *Parker Poe Foundation* we were able to repair the wall. A local welder was contracted and new steel now stands in front of the original timbers and is anchored. This fits into the environment and solved the problem!



New steel retaining wall

New Computer System - MBHC

The mainframe computer system at Mary Breckinridge Hospital was 20 years old and had been upgraded as much as possible. Two years ago we were notified that the system would not be supported after December, 1996. In the fall of 1996, MBHC purchased a new system from Lowe's Computer Services, Inc. in Louisville, Kentucky. The Board and Administration decided that a loan would be appropriate for this expensive investment. The Leslie County Judge Executive Onzie Sizemore and Leslie County Magistrates Billy Sizemore, William Lewis, James Boggs and Ruie Caldwell graciously passed a motion allowing the FNS to use the County's low interest bond money for this purpose. From all of us at the FNS a big "thank you!" to our Judge and Magistrates and to George Stump at Fifth Third Bank for this financing.

-Deanna Severance, CEO

Wendover News

Susie Hudgins has undergone surgery for colon cancer but we all feel very fortunate that the cancer had not spread. She will be taking some chemotherapy as a preventive measure. That will take up to six months to complete. I cannot write Field Notes like Susie, but I'll try to update you on what's happening at Wendover. If you would like to send a card to Susie, send it to Wendover and we'll get it to her.

The past three months have brought us very little snow, some freezing temperatures which lasted for only a few days and then summer-like weather the rest of the time. Some days have really felt like summer and I'm writing this during the second week of February. I passed by Dr. Anne's office recently and saw Dr. Anne, Christine, the housekeeper, and Karen, Courier Coordinator, totally engrossed in looking at flower/plant catalogues. They're ready to start "gardening".

Maintenance projects that have been finished are: remodeling of the "grab house" to be used as a fireproof room for storage of files; the wooden fence along the road in front of Wendover; the Garden House has been completely repainted inside; the Barn (Accounting Offices) will be repainted; the Big House will have it's inside colors changed soon; and the blacksmith shop has a new concrete floor so that Carl Severance can begin making FNS horseshoes.

We've had a couple of tours, two Level III dinners and Karen Thomisee (Courier Coordinator) spoke about the history of FNS to the Kentucky Association of Nursing Students in Lexington.

We miss Susie very much and hopefully, she will be back in time for the next Field Notes.

-Barb Gibson

Courier Program Update

The winter is flying by and still not much snow! Here in Leslie County we have been blessed by intervals of spring weather amidst the winter cold, or all four seasons in a day, as some say.

Couriers continue to expand the involvement of the Program in the community.

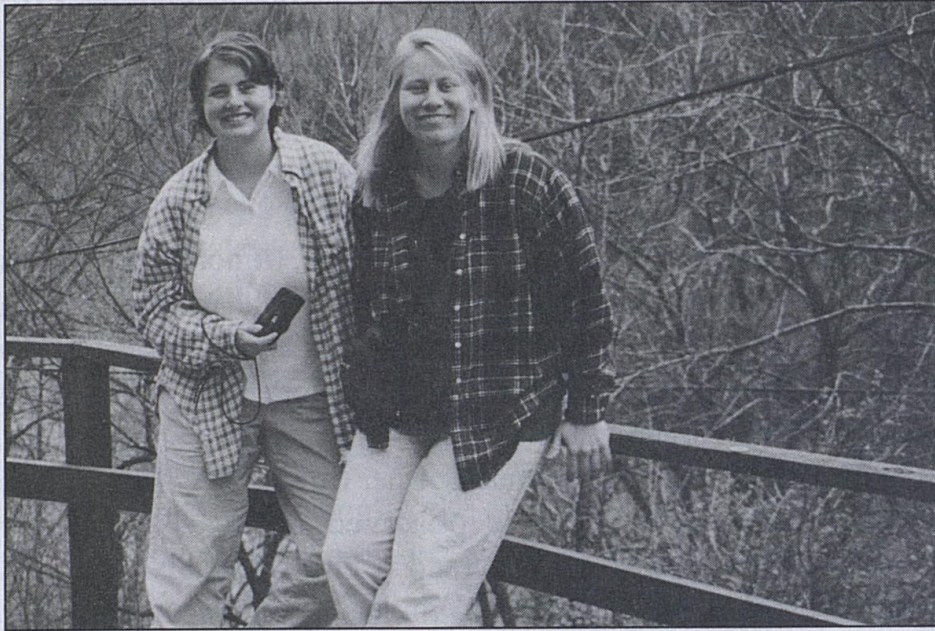
Two Couriers have come and gone since the last *Quarterly Bulletin*; we always hate to say good-bye, but the Garden House is resounding again with the voices of our spring group.

Amy Dorn came to us from Chicago, Illinois where she is a graduate of Northwestern University. Amy, who majored in film studies, is interested in midwifery and women's health. Amy has volunteer experience as a nurse's aide and worked for a non-profit women's health organization in New York City. During her stay at Wendover, Amy dedicated much of her time to the Kate Ireland Women's Center where she observed and assisted Betsy MacMillan, CNM, both in clinic and at births. She also attended classes with the CNEP Nurse-Midwifery students during their stay in Hyden. Amy was able to continue pursuing her interest in documentary film and video by visiting "Appalshop", a media initiative located in Whitesburg, Kentucky that focuses on Appalachian culture. Amy has returned home to Chicago where she will continue taking medical prerequisite classes and pursuing her interest in women's health care.

Autumn Blais is from New Hampshire but is currently living in New Lebanon, New York. Autumn has volunteered in numerous capacities, including with urban restoration in Boston, a food bank and Planned Parenthood. Autumn has also completed the Massachusetts Midwifery Alliance midwifery course. Like Amy, Autumn was able to spend time with Betsy and in the CNEP classes. She also shadowed nutritionists at Mary Breckinridge Hospital, Leslie County Public Health Department and Appalachian Regional Hospital in Hazard. Autumn has returned to New York to continue her interest in women's health care and farming.

Current Couriers

The new spring arrivals have turned the upstairs of the Garden House into a craft workshop with quilt making, scarf knitting and plans for woodworking. They have also spent their days in many facets of the community with energy to spare! Let me introduce you:



Heather Randall and Katy Kropf

Heather Randall is from New Jersey, though she has lived in Washington, DC and Florida. Heather has a strong interest in education and has jumped right into the community through her work with the Leslie County Middle School, Child Health Educator Jody Baker and the Adult Learning Center. She is also assisting our friends Cinda Morgan and Edith Wooton. Heather is currently pursuing a liberal arts degree through the Adult Degree Program at Vermont College. Because the program operates largely through correspondence, she is able to pursue volunteer opportunities while in school. After leaving Wendover, Heather plans to spend the summer in Death Valley, California where she has been accepted as a Living History Tour Guide through the Student Conservation Association.



Beth Muzzy delivering paper to recycling center

Katy Kropf, is from Ohio and graduated from Grinnell College in Iowa. Katy has volunteered in oncology at a children's hospital, with Habitat for Humanity, and with domestic violence and homeless issues. She has also traveled in Kenya and recently returned from Guatemala! Katy will be applying to medical school and during her stay here she hopes to strengthen her skills and understanding of practicing medicine in rural, low income communities. She has become involved in Stinnett Elementary School, HIV Aids education and Area Health Education Center.

Beth Muzzy comes to us from Massachusetts. Beth, who has a strong interest in women's health care, is actively pursuing an interest in midwifery through reading and attending conferences. She is also a Massachusetts EMT. Since arriving at Wendover, Beth has been working with Betsy, with whom she has attended numerous births, as well as training to be an advocate for the Rape Crisis Center and an educator for AVOL - Appalachia (AIDS Volunteers in Appalachia).



Margaret Sawyer working on a wooden stool

Margaret Sawyer is a native of Shaker Heights, Ohio but is currently attending Yale University in New Haven, Connecticut. At school, Margaret is very active in community service and urban policy, including tutoring elementary children and working with Yale Hunger and Homelessness Action Project. Margaret is interested in pursuing a career as a doctor and hopes to gain better insight into the field during her time with FNS. She would like to work with a wide spectrum of healthcare professionals including doctors, nurse-practitioners, home health nurses and midwives. Margaret also plans to volunteer as a teacher's assistant for the fourth grade at Stinnett Elementary School.

Former Couriers

Bronwen Berlekamp ('96) is home in California, surviving the flood. Bronwen kept smiles on everyone's faces at Wendover's with her sweet notes. She sent us a picture of her not-so-successful circle pie and a copy of the recipe. One look at the recipe explained the problem; in Cassie's rush to write down the recipe before Bronwen left town she left out milk! Bronwen is currently taking prerequisite classes in the evenings for nursing and has applied to be an elementary school teacher's assistant.

Tolly Johnson ('96) is living in Hopkinsville, Kentucky where she has taken a job as a Mental Health Technician at a psychiatric hospital. Tolly does group therapy sessions with patients.

Sarah Kennedy ('96) returned to New York City but is planning to move to San Francisco in May. She hopes to enter the nurse-midwifery program at UCSF. Sarah writes "I miss everyone there a lot - having breakfast with Marilyn and afternoon coffee with Cassie . . . I can still hear Jana (PA) dictating in my head sometimes. It's a very special place . . ." Couldn't agree more! We have not heard from Eric Wiesner since he returned home, also to New York City, but Sarah writes that he is working as a chef.

Kate Layman ('95) is in Florida hard at work on her nursing prerequisites. She writes, ". . . CNEP has been popping up a lot lately. The more I look back, the more valuable my experiences there seems." Kate is beginning work as a birthing coach.

Sarah Bacon ('93) is in Washington, DC studying art history with a little bit of evolutionary biology, modern English literature, old testament and legal studies mixed in . . . wow! She is planning to spend a semester in Paris studying at a french university and living with a french family with the goal to be "proficient so I can talk about art in the most romantic language of all."

Cornelia Hamilton ('67) writes that she spent five days in Bermuda, "a lovely island with all the formality of England." Dr. Hamilton works as a pathologist at Saint Francis Hospital in Connecticut.

Patience White ('67) sent us a wonderful note of a family vacation spent traveling in the west and ending with a white water rafting trip down the Colorado through the Grand Canyon. Dr. White was named Associate Dean for Faculty Affairs at the George Washington University Schools of Medicine and Public Health. She will continue seeing patients and doing clinical research as Chair of Pediatric Rheumatology and the Adolescent Employment Readiness Center at Children's National Medical Center.

Mardi Perry, ('38) and her husband Arthur, served as wonderful hosts to me while in the Boston area. Mrs. Perry (Mardi Bemis) reminisced fondly about Mary Breckinridge, FNS nurses and her time at Wendover. Mrs. Perry remains active in the Frontier Nursing Service through the Boston Committee. I thoroughly enjoyed my visit (and the Perry's fresh maple syrup from their farm). Thank you Mardi!



This is the result of heavy rain at Wendover on March 3, 1997. Our beautiful wooden fence recently built was almost completely destroyed.



Notes from FSMFN/CNEP

In the last FSMFN/CNEP Notes, Susan Stone our Acting Program Director described the reorganization of the School's administrative team. Since that time the three new Regional Directors, Marcia Hanks (Idaho), Mickey Gillmor (Georgia) and Paula Rose (Connecticut) were oriented



to their new positions and our Lexington office during the first week of January. Marcia is a CNEP graduate from class one and has been a preceptor and Regional Clinical Coordinator for many years. Both Mickey Gillmor and Paula Rose have been Regional Clinical Coordinators prior to taking on their new director roles.

During the January meeting all administrative and regional directors worked tirelessly to become oriented to their new roles and to build a "team". Under the direction of Jackie Morrill, Director of Student Affairs, the meeting was well-organized with much accomplished. Both Penny Armstrong, CNM, MSN and Winnie Thompson, CNM, MSN, assisted as past Clinical Directors in the orientation to the clinical piece of these new positions.

Steven Poekert, our BBS Systems Operator, was on hand to assist with readying the laptop computers and their data bases so the necessary communication links would all be in place before the week-long meeting ended. Deanna Severance, President of the Frontier School of Midwifery and Family Nursing, was also present to lend support and encouragement as the teamwork commenced. Although much work was accomplished, the new office was also filled with laughter and the quiet conversation of dedicated midwives at work.

One of the goals coming out of many previous planning committee meetings is to consider moving our curriculum to a computer-based training format. Susan Stone and I traveled to the Teletraining Institute in Oklahoma for a workshop this past month. There we met with a great many people from all over the world

who are teaching at-a-distance from postal workers and army personnel to faculty from other schools. It was nice to talk with people who have either already done this or who are planning it and compare notes. We also have been speaking with a company based in Lexington, Kentucky who will lend technical support and training centrally. The first week in March, a group of faculty will be attending a multimedia conference to learn yet more about the many changes occurring in this technology as it relates to education.

Two new course faculty have been added to the CNEP. Lisa Kane Low, CNM, MSN, is from Michigan and is now Course Coordinator of our Intrapartum course. Lisa has been a midwife for over ten years, is a very active member of the American College of Nurse Midwives and currently is a doctoral student in the Ph.D program at the University of Michigan. Lisa's love of teaching and midwifery is evident as she has quickly and easily oriented to her new role with the CNEP. She also had the opportunity to visit Wendover for the first time at our fall faculty meeting and, like most midwives, left Kentucky feeling inspired.

Joani Slager, CNM, MSN, who has been a preceptor of the CNEP for over five years and is a Service Director in Kalamazoo, Michigan is now faculty in the Intrapartum course. Joani graduated in the second CNEP class and has stayed very involved and committed both to midwifery and the women and children she cares for. She is also involved in educating students and is active at the national level. Joani now is director of one of the largest midwifery services in Michigan and the service itself is staffed primarily by CNEP graduates! Refer to the "CNEP in Michigan" article for more.

In March we look forward to welcoming Class 19 at Midwifery Bound. This class numbers 36 and are from all over the United States. This group is already active and "talking" a great deal in the midwifery forum on the Banyan Tree BBS.

So, not even two months into the year and we have become a very tight team, traveled much, learned even more and enthusiastically look forward to welcoming our newest class of midwifery students!

-Kerri Schuilling, Education Director

CNEP in Michigan

Joan (Joani) Slager, CNEP graduate, was working at the Battle Creek Family Health Service in Battle Creek, Michigan, when Administrators from The Bronson Women's Service in Kalamazoo, Michigan asked her to assist in establishing a Women's Service staffed with nurse-midwives. The Service had been closed due to physicians resigning. The Service was formerly an OB/GYN clinic for indigent patients staffed by physicians. Ms. Slager, along with CNEP students Ruth Hope, Diana Tyler and Patti Zull, began work at the Bronson Women's Service.

The Service has now grown to employ nine nurse-midwives: Charlene Holland, from California, is the only non-CNEP recruit; Susan Imase, CNEP Preceptor, New Mexico, has been at the Clinic for two years; Gail Lennan, Kalamozoo, Michigan, is the newest midwife and a new CNEP graduate; Mary Alice Martin, Ohio, is one of CNEP's first preceptors; Barbara Rudell, Kalamazoo, Michigan, is a CNEP graduate; Diana Tyler, is from



Back Row: Penny Waltman, Gail Lennan, Susan Imanse and Barbara Rudell. Front Row: Diana Tyler, Mary Alice Martin, Charlene Howland, Joanie Slager and Patti Zull

Leonida, Michigan, and is a CNEP graduate; Penny Waltman, Rockford, Michigan, is a CNEP graduate and a CNEP faculty member and Patti Zull, Battle Creek, Michigan, is a CNEP graduate.

The staff at Bronson Women's Service sees an average of 1,500 patients per month and delivers an average of 50 babies per month. Ms. Slager, CNEP Class II graduate of 1991, became the Director of the Program in 1995. Maureen Chrzanowski, one of CNEP's original preceptors, helped establish the Service and was Director until 1995.

Ms. Slager earned her BSN at Nazareth College in Kalamazoo, Michigan, and previously worked in a neonatal intensive care unit and in family planning and infectious diseases at the County Health Department in Kalamazoo County. Ms. Slager first heard of CNEP when she attended a conference and met Kerri Schuiling, CNEP graduate, former faculty member and now Acting Education Director of CNEP.



CNEP . . . continuously growing . . .

-Barb Gibson

Miscellaneous

Kenneth J. Tuggle, Lawyer at Brown, Todd & Heyburn, Louisville, Kentucky, and Frontier Nursing Service Board member, is also President of the Pacific Century Institute, Inc., This non-profit corporation is dedicated to improving understanding and communication among the peoples of the Pacific Rim - in particular among government officials, scholars and business men and women.

The Pacific Century Institute Inc., (PCII) hopes to facilitate these improvements in communication by: a) serving as a center for advanced research to enhance our understanding of change in the Pacific Region; and b) serving as an institutional infrastructure for private networking and scholarly exchange in the Region by disseminating research results, hosting seminars, workshops and symposia.

At a conference held in Seoul, Korea Mr. Tuggle gave his welcoming remarks on the behalf of PCII.

The prologue of the 1931 silent film, *The Forgotten Frontier* by Marvin Breckinridge Patterson was recently inducted into the Library of Congress National Film Registry. Each year, the Library adds 25 films judged to be "culturally, historically or aesthetically significant." Other films inducted this year include *The Deer Hunter*, *The Graduate* and *M*A*S*H**.

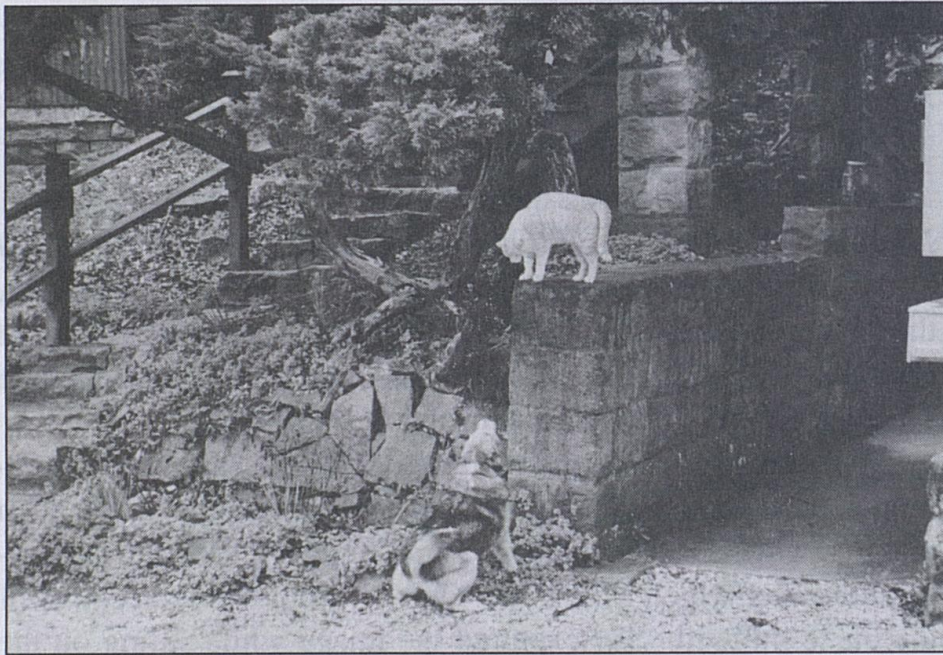
The film was selected because of the innovative techniques used by Mrs. Patterson and for the quality of her film making. One scene depicts a nurse-midwife crossing a rain-swollen river which Mrs. Patterson shot from the perspective of the nurse-midwife. She captured the image while sitting on the back of her horse, holding the reins in her teeth and her hand-cranked camera lifted above her head to keep it out of the water.

We received news from **Ms. Beth Hadley**, Washington, DC, who recently resigned from the FNS Board of Governors. She wrote . . . "Work has been very busy with the enactment of the Kassebaum - Kennedy Act reforming the private health insurance

market. The work is interesting and the people nice and for the most part I enjoy my job. I miss FNS and hope all is going well. I had nice letters from Leigh Powell, Dr. Anne, Bob Johnson and Bill Hall in response to my resignation. Their writing meant much to me".

Dr. Anne Wasson has spent most of the winter knitting sweaters for the Wendover Gift Shop. During spring house cleaning, if anyone has "**left-over**" yarn that you want to throw out, please send it to Dr. Anne at Wendover. She would really appreciate it.

Trish, the Wendover Dog, is not very appreciative of **Peach**, the new arrival donated by Carl and Deanna Severance. We hope their relationship improves.



Memories of FNS

Every time I get a letter from the Frontier Nursing Service, my mind goes back to September of 1941 when I presented myself at the Clinic door of your Hyden Hospital looking for a job.

In our school library we had Mary Breckinridge's book, "Nurses on Horseback", which I had found most interesting. I needed a change in my life so I packed my uniforms and papers and took off for the nearest Greyhound Bus Station.

I stayed overnight at the Grand Hotel in Hazard and caught the bus into Hyden the next morning. Some kind person gave me a ride up to the Hospital. I walked in, presented my papers and asked if they needed a nurse.

I must have an honest face because they interviewed me, checked my credentials and then called Wendover. Two couriers in an open Ford touring car gave me a ride to Wendover.

I was interviewed by Miss Buck and I think she had a conference with Mrs. Breckinridge. I was hired and there began a most interesting experience.

I saw medical cases I had never seen before: rattlesnake bites, round worm, children with malnutrition and bad burns from standing too near the fireplace, gunshot wounds and one leg fracture that developed into gas gangrene from the patient laying outdoors for three days before help arrived.

All this in the nine bed ward and glassed in porch. Men, women, and children in the same room. We had wooden orange crates as bedside tables. In spite of this, our technique was excellent, no cross infections!

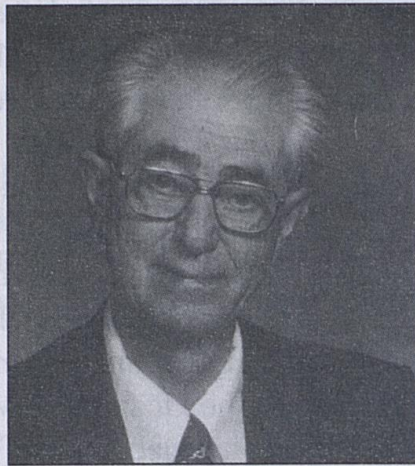
I was most impressed by the midwives. I rode with nurses a few times on their visits to outlying patients and had the experience of working in a tonsil clinic with 50 surgeries all done in the same day.

I'm 84, have been married for 60 years and life has been full and interesting but perhaps the highlight was the six months spent with the Frontier Nursing Service in Hyden, Kentucky.

-Alice Pierce Crawford, Greenfield, MA

FNS Remembers George C. Bauer

George and Isabelle Bauer made at least 50 trips to Wendover to deliver clothing, towels, soap, etc., to the Frontier Nursing Service. Isabelle would always call a few days ahead and Susie Hudgins (Wendover Manager) would tell us that Isabelle and George were coming. They would drive for many hours from Paxton, Illinois, arrive at Wendover, have a cup of tea and say hello to everyone while the car was being unloaded. Soon afterwards, they said good-bye and started on their way back to Illinois. We miss their visits since George passed away. We're looking forward to Isabelle visiting us again. Below is excerpts from "A tribute to our Dad" written by Isabelle and his children.



... "God never makes mistakes. I know this. I believe this. I must look up from whence my help comes. George and I had 48 wonderful years together. George loved that farm we lived on. It was his life, his love and his work. George was forgiving. I'm so glad for I made many mistakes. George was an honest man. I am very crushed to lose him, but I am also happy, because now George is in his new Beautiful Home".

... "I have always heard that everyone is born and that everyone dies, and it's how you use the time in between that counts. My dad never wasted any of his time; he lived every moment to the fullest. He was very proud of his country and very proud of his military service. He enlisted in the Navy October 1, 1942. I know it comes as no surprise to anyone that knew him that he was working at the Cissna Park Bank one day, and was in the Navy the very next day. He never wasted a moment of his life.

... Christmas will be quite different for us this year. Dad received his Christmas present a little early. God gave him a heavenly home. How heartwarming... to be home for Christmas".

FNS Remembers Philip Vaughan

Dr. Philip Alfred Vaughan, San Marino, California died September 3, 1996. Dr. Vaughan was a Professor of Physical Chemistry at Rutgers University for 18 years then returned to Pasadena, California to work with his father at Vemco Corporation.

Dr. and Mrs. Vaughan visited the FNS during September, 1995. Mrs. Vaughan wrote the following letter after Dr. Vaughan's death.

... We had an absolutely wonderful visit with you all at the Big House in September. You took us around the facilities at Wendover and Hyden and George Wooton was kind enough to drive us through the open coal mine on top of a mountain. I was impressed by the dignity of a mountain man standing at the top of the road which descended to his house; by the busy and happy office workers at the Garden House and by the unhurried, sure pace of Marilyn Hoskins, the Wendover cook. We loved the enthusiasm of staff members Christine Collins, Junior Phipps, Jerry Adams, Curly Bowling and Bandit, the dog. We were honored to be included in a dinner at the famous "dog trot" table with Kate Ireland, Jane Leigh Powell, Dr. Anne Wasson, the beautiful Deanna Severance and Ken Tuggle. Dan Eldridge, Courier-in-residence was present at lunch too.

As I walked through the leaves and across the narrow mountain path, I thought this was a dream come true. Oh, to be young enough to be a Courier!

After returning to Pasadena we celebrated our 50th wedding anniversary. Then, I planned a trip to Ireland for Phil and me. His grandfather emigrated from Ballyshannon, County Donegal in 1874.

Shortly after our return Phil had his annual physical. He died 12 days later from cancer of the liver. It's still hard to believe and our cat still waits outside every evening waiting for him to come home.

Mrs. Betty Vaughan

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.

Mr. George Bauer, Paxton, Illinois, died December 8, 1996. Mr. Bauer and his wife Isabelle drove many times from Illinois to Wendover to deliver carloads of "Grab" to the FNS. Mr. Bauer was a dedicated supporter and a wonderful friend to us at Wendover.

Dr. Phillip Alfred Vaughan, San Marino, California died September 3, 1996 in Pasadena. Dr. Vaughan and his wife Betty visited the FNS during September 1995 (see memorial note). Dr. Vaughan was a friend and supporter of the Frontier Nursing Service.

Mrs. Dorothea Chase, Dover, Massachusetts died during November 1996. Mrs. Chase was a Courier at the FNS in 1935 and a member of the FNS Boston Committee. She was a friend and supporter of the Frontier Nursing Service.

Memorial Gifts

We wish to express our deep appreciation to these friends who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service.

Edna C. Rockstroh

Stephen D. Rockstroh

Diane Sault

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FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

" I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Life Insurance.** You may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

FRONTIER NURSING SERVICE
Mr. William Hall, Treasurer
Fifth Third Bank
269 West Main Street
Lexington, Kentucky 40507

STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

Staff Opportunities: Family Nurse Practitioners, Registered Nurses, and Physicians. For current information or to apply for a position, contact Department of Human Resources, Wendover, KY 41775 (phone 606-672-2317).

Courier Program: This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a minimum of 8 weeks and would like to be exposed to the work of the Frontier Nursing Service. For current information, write or call Courier Coordinator/Courier Program, FNS, Inc., Wendover, Kentucky 41775 (phone 672-2317).

Nursing Volunteer Program: This is a program that has been recently designed to meet the needs of nurses and nursing students who only have a short length of time in which to come to FNS and gain experience. In this program if accepted, there is no required amount of time. For current information, write or call Director of Nursing, Mary Breckinridge Healthcare, Inc., Hyden, Kentucky 41749 (phone 606-672-3162).

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Because of your generosity, we sometimes receive more gifts for a particular item than we need. In those instances, your gift will be applied toward another urgent need listed below. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

Beechfork Clinic:	Cost
Large Blood Pressure Cuff	900
New Linoleum	50
FSMFN:	
Floor Tile for Haggin Kitchen	400
Home Health:	
(2) Infant Scales	400
(20) Digital Thermometers	200
(10) Adult Scales	250
(10) Blood Pressure Cuffs	250
Operating Room:	
Stretcher	2,500
Education Materials	500
Wendover:	
Renovation of Courier quarters in Barn	800

WE THANK YOU
FOR YOUR PARTICIPATION



The Frontier Nursing Service
Wendover, Kentucky 41775

Loose Item

Please send me more information about:

- The FNS Courier and Volunteer programs.
- Visiting and Touring the FNS.
- Books and other literature concerning FNS.
- Change of address.

As an interested friend, my subscription of \$5.00 a year is enclosed.

- New
- Renewal

As a supporter, you will receive the *Frontier Nursing Service Quarterly Bulletin* unless you request otherwise.

Enclosed is my gift of \$ _____



Mary Breckinridge's home at Wendover.
Historic Landmark - Restored in 1981.

Name

Address

City

State

Phone () _____

Zip

Your Gift is
Tax Deductible

Loose Item

FRONTIER NURSING SERVICE, INC.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the
Frontier Nursing Service, Article III
as amended June 8, 1984