

Lin



Connecting the Bluegrass Pride Community



Transgender Activist
Marisa Richmond

November 19, 5:30 P.M.

UK William T. Young Library Auditorium

November 2015, Vol. 37 No. 11

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The Pride Community Services Organization seeks to educate, enhance, and empower the community about sexual minority and gender expansive issues.

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That's What I'm Talkin' About



By Helena Handbasket

It has always been so fun writing this little monthly article because I get to choose the topic each month. Whatever I want to talk about is what I write about. This month I am more excited than ever.

Folks... when I see talent, I just have to share. I was fortunate enough to attend the official Kentucky movie premiere of *PRIDE* at the Kentucky Theater that was presented by JustFundKY. What I did not expect was what I saw before the show started.

A young man with a banjo named Sam Gleaves was brought in to sing before the movie. He was accompanied on fiddle by Deborah Payne. I must admit, being the social butterfly that I am, I was only half focused on the music at first. You see, I was raised listening to bluegrass music and, while I appreciate the genre, I don't seek it out to listen to. But then he was introduced and he began to sing an original composition called *Ain't We Brothers*. Suddenly, this sweet voice started to sing. To tell you that

his performance and the words to his song took me someplace I never expected to go is an understatement. I sat in the theater astonished by the words in the verse, "I was born here just the same as you, another time, another day. I'm sure the good Lord took His time, made each of us just this way. I walked beside you step by step and it never crossed my mind that I would grow up one of the different kind." Okay, I'll admit it. At this point I was already in tears but then the first lines of the chorus began... "First things first, I'm a blue collar man with scars on my knuckles, dust on my hands. Probably wouldn't have ever known, I've got a man waitin' on me at home." Well, that was just it. I was crying like a fool. For me it was as if he was singing right to me.

You see, being raised by a loving, country, slightly dysfunctional family listening to that type of music was all I knew as a kid. But then I grew up and those songs didn't apply to my life. Suddenly, I was hearing familiar rhythms and

instruments but this time with words that I identified with. These words were scraping off layers of self-hatred and identity issues. These words and this music made sense to me. I just sat there wiping my eyes, thankful that the lights went out quickly and the movie began.

So who is Sam Gleaves? Sam was born and raised in Wythe County in southwest Virginia. He performs innovative mountain music with a sense of history and plays many instruments including the banjo, guitar, fiddle, autoharp, and dulcimer. His performances combine traditional Appalachian ballads, dance tunes, original songs, and the stories that surround the music. Sam earned a degree in Folklore from Berea College and has performed throughout the east coast of the U.S. and internationally in Ireland and Japan. He writes new songs in the Appalachian tradition, telling stories about love, the home place, working people, and present social issues in the mountains.

After the movie we stood outside
Continued On Next Page

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as we always do at an event such as this. Hugging and chatting with those we know and those we meet. Then Sam and his friends walked out. I knew I risked coming across like a fool but my heart was leading me over to tell him what his song meant to me. So... as I stood there in front of him telling him how I was touched by his offering, I know I looked like some sort of crazy fan – because, right on cue, the tears started again and I could barely tell him what I wanted to say. Now, many of you know me and although I can be tenderhearted, I don't cry at the drop of a hat. Anyway, I asked if the song was on iTunes yet

because I just had to get a copy of it. He said it wasn't yet (you can pre-order it now but it becomes available November 13th). He then reached in his bag and handed me a copy of his CD. What a sweetheart! I knew this young man possessed a sensitivity that was special. He must, to have written the words I had just heard. I believe he sensed how much this song had touched me and was inspired to give me the CD. I've been listening to it ever since, and when I tell you that the song I mentioned before was great, wait until you hear *Two Virginia Boys* or *Golden Rule*. Such talent! Such a gift! For Sam's bio information and other information check out his



website, www.SamGleaves.com.

Also, join us on November 18 for his CD Release Party at Apollo Pizza, Richmond, KY.

Do yourselves a favor, people, and buy this CD. You won't be sorry. Sam Gleaves... you'll be hearing that name much more, I'm sure, and Helena will be proud to say, "I knew him when..."



Mendy J Daniels
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Licensed Psychologist

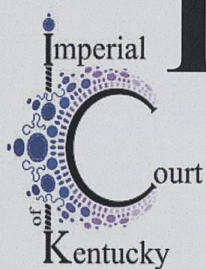
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Imperial Court Of Kentucky News

By H.M.I.M. Empress XXXIV of
the Imperial Court of Kentucky
Kali Dupree

The holiday season is steadily approaching. It is a time of caring, being with friends and family, celebrating, and giving. Our community right here in Lexington, Kentucky, never ceases to be amazing with its generosity and beautiful hearts.

Recently, the dowager monarchs of the Imperial Court of Kentucky, Emperor XXXIII Tim "Papaw" Logsdon and Empress XXXIII Christina Puse, hosted "Feeding Our Youth." This event raised funds, as well as donations of non perishable food items to make sure more than 20 families, through

Movable Feast, are able to have an amazing Thanksgiving dinner.

I know that this community will keep up the goodwill and the support of those in need. On December 6, at Crossings Lexington, at 8:30 p.m., I hope to see as many people as possible out to support for "AVOL's Kid's Christmas." Please come out and lend your support to make sure that these children have the best Christmas possible.

Now before we get into the holidays full force and stuff ourselves with turkey and stuffing, there are some fun and exciting events to keep in mind. At Crossings



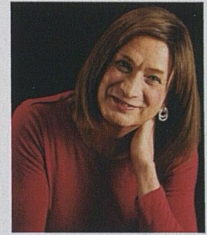
Lexington on November 11 at 8:30 p.m., the Imperial Court will be hosting "Divas of Hazzard." A fun and campy event, where all the entertainers can let out their inner Country Comedy DIVA.

On November 15, Crossings Lexington will host one of my favorite events, "Turnabout." The Ladies of Reign XXXIV will get a well-deserved break for the evening as the male line and past Emperors will put on a drag show to end all drag shows. You do not want to miss this!

Lexington, keep up the amazing work! Happy Holidays!



TransKyAdvocate



By Tuesday G Meadows

Transgender Day Of Remembrance 2015

“Bob Dylan didn’t have this to sing about, you know it feels good to be alive... Right here, right now, there is no other place I want to be... watching the world wake up from history.” *Right Here, Right Now*, Jesus Jones

Here it is November, and time for another Transgender Day of Remembrance. The observance is an annual event held on November 20 to mark the transphobic violence against our community. We take this day once a year to count our dead and bemoan the fact that really nothing gets done to prevent the senseless murders of transgender people.

Those who don’t know me personally, have never heard me speak, or haven’t read much of my writing may not know that I do not wait until just once a year to talk about this subject. I try to point out the injustice and violence against our community any time that I have a platform. It has been a bad year for violence against the transgender community, with the murders of 25 transgender people in the U.S. This is a historic high number and this still may not be counting all of the victims because of misgendering by police. Again this year, most of the violence was against transgender women

of color.

Society may be evolving for the G, L, and B, with marriage equality now law, but that has not done much to help the discrimination against the T. Even though mass media has given us more visibility, that has not equaled less violence. So now many know the definition of transgender, but the understanding of what it really means is still a foreign concept to the masses. Plus many of the public’s attitudes toward the transgender community are still pretty harsh. Media outlets like Fox News fan the flames of hate against us with scare tactics and fake stories.

Society’s acceptance of transgender individuals in certain spaces has not changed at all, in such areas as sports, politics, and most religions. There are still others with a murky agenda against us or those who remain willfully ignorant. Suicide continues to be a consequence of the non-acceptance by society (which

may be termed societal murder).

We are still fighting for fair housing, employment, access to public restrooms, and – dare I say – acceptance of all transgender individuals that fall within our umbrella. There are still 38 states that have no protections for transgender individuals. This is just unacceptable.

Many of us are aware of the great “conservative push-back” that is happening now toward the larger LGBTQ community. I fear it may get worse over the next couple of election cycles, as some conservatives have used transgender people for their fearmongering and as an easy target of their hateful policies. How long the “push-back” will last and how we get past it, I have no idea. However, I believe that those voices are reactionary and will find themselves on the wrong side of history. We have all endured bad elected officials and their agendas, and yet progress continues in spite of them, even if it is sometimes at a glacier’s pace. I vote because I hope.

Despite the obstacles and the sad remembrances, we keep fighting. We keep fighting to tell those young transgender people that they are accepted, that suicide is not the answer, and that their lives matter. One day, we will see a change, but only if we push for it now through all of the hard times. You may write me at tmeadows828@gmail.com or follow me on twitter at Tuesday Meadows @trishgigi. Now Tuesday is gone with the wind.





Be Proud

Be Tested

Know your Status – Get Tested!

AVOL 859-225-3000

Lexington-Fayette County Health Department 859-288-2437

Moveable Feast 859-252-2867

Happy Being Healthy

Staying Healthy While Sedentary

By Angel Algarin



As a student with a part time job, as busy as I am with everything going on in my life, I find that most of my tasks are done sitting down. I'm talking about sitting through 2-hour classes, doing homework, writing papers, and once that's all said and done I just want to relax to "watch Netflix and chill." I've found some ideas to make sedentary actions a little more active from an article on Forbes.com.

1. Wooden Leg- While seated, extend one leg out straight in front of you and hold it for 2 seconds. Then raise it up as high as you can, and hold it again for two seconds. Repeat with each leg 15 times.

2. Sitting Spinal Stretch- This enhances both flexibility and muscle strength. Sit tall in your chair, and stretch your arms toward the ceiling. Put your left hand on the desk, grab the back of the chair with your right hand and twist to the right. Hold for 10 seconds. Release and raise your arms toward the ceiling again. Then repeat the twist going the other way. Hold for 10 seconds.

3. Invisible Chair Sit- Nolan Palmer Smith suggests these squats from the chair as a strengthening exercise. They work best if you lower your seat as far as it will go. Stand in front of your chair with your feet a hip's width apart. Place your hands on your hips and lower your butt until it's just above the seat. Then sit down as slowly

as possible. Do 20 repetitions. To make it harder, reach your hands overhead as if you were holding a beach ball. If you're really feeling steady, try it on one leg.

4. Shoulder Spin- A good move for flexibility. Sit tall in your chair and reach your left hand behind your back, between your shoulder blades, palm out. Then reach your right hand up toward the ceiling, bend it down, and try to touch your left hand. If you can reach it, great: Hold for 10 seconds. If not, grab onto your shirt and keep practicing. Switch arms and repeat.

Not only are these easy ways to do a little activity while at work or while studying, they also can keep you refreshed so you stay at your best throughout the day!



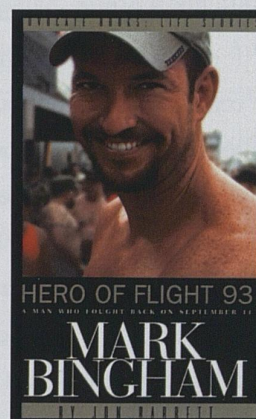
Around The Library:

Hero of Flight 93: Mark Bingham, Written by Jon Barrett

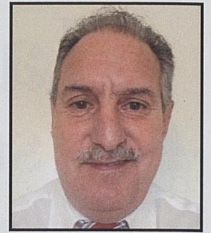
Reviewed by Kamryn Wies

Mark Bingham was one of the four passengers on Flight 93 who helped take over the cockpit from the terrorists and bring down the plane. This book combines 29 heart-wrenching quotes from Mark Bingham's voicemail on September 11, 2001, with stories of who he was as a man. He was a brave, competitive man who

strove to excel at everything. He had a history of protecting those who needed it, including stopping two muggings, one at gunpoint. Mark being gay had nothing to do with his actions, but this story reminds us that heroism knows no sexuality. It can be found in our Adult Nonfiction section under BIO B for Biography.



Estate Planning Basics For Same-Sex Couples - Part 4



By Michael T. Palermo
Attorney At Law

This series began in August, and readers are encouraged to check out the past issues, which are available by scrolling down the LinQ Magazine tab on the Pride Community Services Organization's new website at pcsoky.org. We've looked at methods of non-probate property transfers, Wills, and Prenuptial Agreements. This month, let's focus on another important estate planning tool: the Durable Power of Attorney (DPOA).

Although the document generally is five or ten boring pages long, the concept is quite simple, and most people are generally familiar with it. A DPOA is a document in which one person, the principal, authorizes an attorney-in-fact to act on his or her behalf. The attorney-in-fact generally is not a lawyer, however. Since the law regards the attorney-in-fact as the principal's Agent, that's the term we'll use here.

You should have a DPOA if and only if there is someone trustworthy beyond any doubt to handle the power and responsibility it entails. Quite often that would be your committed partner or spouse, but anyone can serve. The scope of the power granted to your Agent can be narrow—pertaining only to the purchase or sale of a house, for example—or it can be nearly boundless.

Whatever your Agent does, he or she has a high legal duty to act only in your best

interests. Recognize, however, that the FBI won't be keeping tabs on your Agent. The bottom line is that your Agent will be in a position to create a mess—or even rob you blind. That's why trust is so important.

People's primary purpose in preparing a DPOA is to allow the Agent to manage their affairs in case of disability. That's why there is generally a long list of specific authorities granted to the Agent. Specificity is very important because you want your financial institution(s), for example, to feel comfortable relying on the document and following the Agent's instructions. Keep in mind that financial institutions fear liability if you later claim that they improperly honored a poorly drafted Power of Attorney. For that reason, I always expressly name each of the principal's banks, brokerages, retirement accounts, etc.

The Durable Power of Attorney takes its name from the fact that it "keeps on ticking, even if you take a licking." It must clearly state that it is to remain valid from the date of signing throughout any disability you might suffer. (Of course, one must not be under any mental disability when signing a DPOA.)

People have often told me they want a Power of Attorney just in case "anything happens to me," but not until then. They don't feel comfortable giving someone authority to make decisions for them while they are


capable of acting for themselves.

I always talk them out of that approach, because, as a practical matter, it's best not to burden the Agent with the additional responsibility of having to prove to the bank, for example, that you are truly not capable of acting for yourself. And after all, I ask, "if you're uncomfortable granting authority to your chosen Agent now, while you're able to watch for any misdeeds, will you feel better about them if you're stuck in the hospital?" Again, complete trust is the key. If it's not there, you've got the wrong Agent.

Note that a DPOA becomes invalid upon the principal's death, so it is no substitute for a Will. But for many, a good DPOA, when coupled with an advance medical directive, is a fine (and much less expensive) alternative to the Living Trust in planning for disability.

We'll get to Trusts in a later article. See you next month.

Mike is a general practice lawyer in Lexington and author of the 2005 book, *The AARP Crash Course in Estate Planning*. For more information and advice on estate planning, he can be reached through the PCSO Pride Center.

This article is presented for informational purposes only and not for the purpose of providing legal advice. You should contact your attorney to obtain advice with respect to any particular issue or problem. 

Healthy Holiday Cooking With A Twist



By Chef Ranada West-Riley

It's that time of year again. Swearing you're not going to gain weight over the holidays, yet can't wait to dive into the pumpkin pie, or the extra cheesy hashbrown casserole, or the homemade rolls with extra butter. Well, never fear. There are some great ways to cut calories yet still pack an incredibly tasty punch with one of these dishes that will go over well at any holiday gathering.

Light Scalloped Potatoes With Chiles

- 1 medium poblano chile pepper, halved and seeded
- 2 tbs. unsalted butter
- 1/2 small onion, thinly sliced
- 2 cloves garlic, thinly sliced
- 2 tsp. chopped fresh thyme
- 2 pounds Yukon Gold potatoes, peeled and sliced 1/8 inch thick
- 2 1/2 cups low-sodium chicken broth salt and pepper to taste
- 1/4 cups grated parmesan cheese
- Put the poblano cut-side down on a baking sheet and broil until the skin is browned in spots, about 5 minutes. Peel the skin off the poblano under cold running water, then chop into

small pieces.

- Preheat the oven to 400 ° F. Butter a 2-quart baking dish. Saute the onion, garlic, and thyme until soft. Add the potatoes, chicken broth, 1 1/2 teaspoons salt, and pepper to taste and bring to a boil. Reduce the heat to medium and cook, stirring gently, until the potatoes are tender, 10 to 12 minutes.

- Arrange half of the potato-broth mixture in the prepared baking dish in an even layer. Sprinkle with half each of the roasted poblano and parmesan. Repeat with the remaining potato-broth mixture, poblano, and parmesan. Bake until bubbly and slightly golden, about 35 minutes. Let stand 15 minutes before serving.

Green Beans With Sherry Mushrooms

- 4 cups water
- 3/4 tsp. salt
- 2 pounds green beans, trimmed
- 1 1/2 tbs. canola oil
- 1 1/2 cups sliced onion
- 1 (4-oz) package fresh crimini mushrooms
- 1/3 cup dry sherry

- 1 1/2 tsp. chopped fresh thyme leaves

- 1 1/2 tbs. all-purpose flour
- 3 tbs. whipped cream cheese
- 1 1/2 cups unsalted chicken stock
- 1/3 cup French-fried onions

- Bring 4 cups water to a boil in a large straight-sided skillet. Add 1/2 teaspoon salt and green beans. Reduce heat to medium; cook 6 minutes or until tender. Drain beans; rinse with cold water. Drain and set aside. Wipe skillet clean and dry with paper towels; return skillet to medium-high heat. Add oil to pan; swirl to coat. Add sliced onion; saute 5 minutes or until lightly browned, stirring occasionally. Add mushrooms; saute 3 minutes or until mushrooms brown, stirring occasionally. Add sherry and thyme; sprinkle with remaining 1/4 teaspoon salt. Bring to a boil; cook until liquid almost evaporates. Stir in flour; cook 30 seconds, stirring constantly. Add cream cheese; stir until cheese melts. Stir in stock; bring to a boil, stirring constantly. Cook 2 minutes or until slightly thick. Remove from heat. Add beans; toss to coat. Sprinkle with crushed onions.



HONORS BANQUET 2015

Bluegrass Black Pride

HONOREES



Joan Brannon



John Moses



Carol Taylor-Shim



John Bentley



Djuan Treat



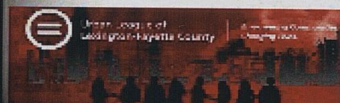
November 14, 2015 6pm-10pm

Four Points by Sheraton Lexington

1938 Stanton Way, Lexington, KY

Tickets: \$25.00 in Advance

*Contact Mark Johnson at (859) 699-3839 or
EbonyWellness of Bluegrass Black Pride at
Ebonywellness2015@gmail.com*



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Coach's Corner



For Coach's Corner this month, we highlight Josh Mers, the coach of our Bourbon Bats Softball team.

Why did you get involved with the sports league? I got involved with softball because it offered an opportunity to be outdoors with great people, to be competitive, but still have fun in a team atmosphere.

What has been your favorite moment



so far? My favorite moment would be the first win during our first season as a team.

It was a few games into our first season, and it was awesome to see the team getting better each week, watching as each player found greater confidence and became better players, and then we got that first win.

How can people get more information about the Bourbon Bats softball league?

We're always looking for additional players for upcoming seasons. We currently play Sunday evenings at Woodland Park.

Contact info for the team: email bourbonbats@gmail.com and on Facebook at: www.facebook.com/bourbonbats

The Lexington Gay Sports Commission is a non-profit 501(c)3 that supports the

acceptance, visibility, and participation of

members of the LGBT community in professional, amateur, and recreational athletic programs without regard to race, gender, orientation or age. The Lexington Gay Sports Commission creates and promotes programs that educate members of the LGBT community about the sports and recreational resources available to them. Although the Lexington Gay Sports Commission serves the interests of the LGBT community, all persons are welcome in the true spirit of humanity and sportsmanship. www.facebook.com/LexingtonGaySportsLeagues



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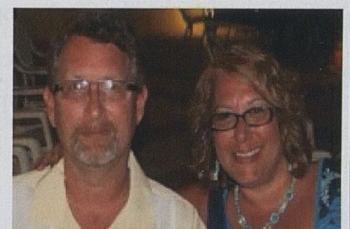
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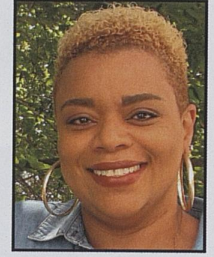
Jim is the coffee guy and Ellie is an artist. Together they are living the dream of sharing beautiful art, and fabulous coffee & food with everyone. The inventory is hand made by over 100 artists, near and far. 98% of the items are made right here in Kentucky. All coffee and tea is Fair Trade, Organic. Local goods are used whenever possible.



Rest In Power?

No. LIVE IN POWER!

By Carol Taylor-Shim, MSW



“Rest in Power.” Those three words seem to be used more than ever, at an unacceptable rate. Since the beginning of 2015, more than twenty trans women of color have lost their lives. By the end of this year, who knows what the number will be. On November 20th of each year, we gather to remember those we’ve lost. But this year feels different. There are far too many people to lift up in remembrance. One is too many, and more than 20 is a national epidemic. People are being struck down in their prime simply for existing. While we celebrate Catilyn Jenner for her living an authentic life, we mourn woman of color who are doing the same but dying because of it. In honor of Transgender Day of Remembrance, the University of Kentucky Office of LGBTQ* Resources, in collaboration with the UK Violence Intervention and Prevention Center (VIP), is hosting Marisa Richmond, nationally recognized transgender activist and the first openly transgender person to win an election in Tennessee. Ms. Richmond will be sharing her perspective as a trans woman of color so that our community can learn and grow toward being more inclusive and affirming of trans identified people. This free event on Thursday, November 19, will start at 5:30 p.m. at the William T. Library Auditorium. The community is welcome to attend.

When asked about the connection between increased visibility of trans identities and the increase in gender-based homicides of trans women of color, Marisa says, “I don’t view any increase in risk. The increased visibility is leading to increased understanding. There is also better reporting of the violence and that may be why we are seeing increased numbers.” We need to acknowledge that the risk has always been there, we just haven’t been paying enough attention. Many people don’t understand the pressure trans identified people live with on a daily basis. Whether it is discrimination in housing and employment, state policing of their bodies, or rejection from their families, transgender people are simply trying to exist in a world that refuses to see them. Going to the bathroom is a risk. Going through TSA checks is a risk. Finding affirming medical care is challenging. Now add race on top of that. Trans women of color are at the greatest risk for experiencing gender-based violence. Studies estimate more than 50% of trans women will experience some sort of interpersonal violence in their lifetime. Their very survival is a revolutionary act. Familial rejection is one thing that can set a trans woman of color on a path that could inevitably lead to someone making the choice to violently end her life. Marisa speaks to the importance of family acceptance in the lives of transgender people: “There are

still many trans people of color who are rejected by their own families. That has to stop.” Truer words have never been spoken.

For those of us who are cisgender, we have a host of obligations to the trans community. We must use the privilege afforded us to speak truth in spaces where trans people are not represented. We have to use OUR voices more. We must question systems that contribute to the disparate treatment of trans women of color. We must call it out when people whitewash trans women of color out of the history books. Stonewall movie, anyone? Trans women of color are busy surviving day-to-day. It’s hard to speak when you’re literally fighting for your life, your existence, your humanity. That’s why we must speak to their truth when they are silenced. It is because of this that I challenge YOU to work at being an aspiring accomplice to the trans community, most pointedly to trans women of color. What are YOU going to do to protect trans women of color? What are YOU going to do to make it so all transgender, gender non-conforming, genderqueer, and non-binary identified people LIVE? If your answer is “nothing,” you are part of the problem. No more “Rest in Power.” We must stand shoulder to shoulder with the trans community, screaming, “LIVE IN POWER! LIVE IN POWER! LIVE IN POWER!”





Lexington PRIDE

▪ F E S T I V A L ▪

By Katherine Wilkie Kennedy
2016 Lexington Pride Festival Chair

How far do you plan in advance? If you are like most of the population, you have outlines of major events—like a vacation—and leave the details to the last minute. What if you had to make firm decisions about every minute of your first day of vacation 10 months in advance? For example, what color socks will you be wearing? This is the job of Pride Planning!

Insurance to city approvals to entertainment scheduling all have to happen months in advance to adequately market our festival. And in addition to spreading the word about the actual day of Pride,

we have over 20 events planned between now and then that also need their own planning and marketing. This means we have to abide by strict timelines to ensure we have reviewed and approved the intricacies of each event.

There are a few things the LexPrideFest Committee likes to keep predictable. Over the past 8 years, we have discovered many things that contribute directly to the success of the Festival. In 2016, we will still be located in the Downtown Courthouse Plazas, follow the same general entertainment format with a headliner at the end of the day, and will still feature local talent

and spirits. We also anticipate many return vendors from years past.

While we wish we could give more information regarding new components to the Festival for 2016, we cannot. We have, however, realized a few things in the few meetings we have had for this year:

1. Mobile technology dominates communication, and the LexPrideFest needs to be available as a mobile application.
2. National sponsors can help bring nationally recognized entertainers to Lexington.
3. Square footage expansion could help us not have to turn away vendors.

We think 2016 is going to be even BIGGER year than last year's event, with 35,000 estimated in attendance. If you would like to get in on the action, we are always looking for committee members and are in particular need for persons with graphic design experience. Our meetings are the second to last Thursday of every month at the PCSO, at 189 Waller Avenue, and are always open to the public.

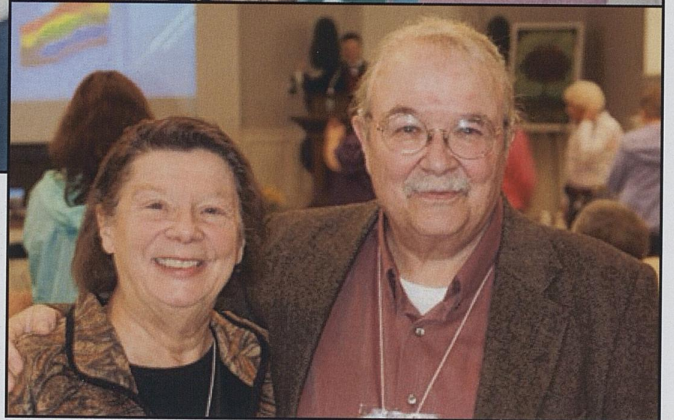




**SENIOR PRIDE INITIATIVE
GROWING OLDER - GROWING BOLDER**

TOP - Left to Right:
Michael Shaver, Mike Brevis, Marjorie Demaille, Bob Smart, Bob Morgan, Kay Garner, Pat Ritz & JoAnne Wheeler Bland.

RIGHT - Left to Right:
Kay Garner & Edwin Hackney.



FAYETTE GALLERY

NEW LOCATION!

French Quarter Square, 2573 Richmond Rd., Lexington, KY

859-272-7111

Mon-Sat: 10a to 6p

Sun by appointment

GRAND OPENING SPECIALS!!

All of November and December.

- Proud Supporters of Kentucky Artists!*
- Oils, Acrylics, Watercolors, pastels, Photography*
- Full Service Framing with 5,000+ Frame Options*
- Same Day Framing Available*
- A Rainbow of mat colors, fabrics & textures*
- Professional Installation & Delivery*
- Shadowboxes*
- Jerseys*
- Canvas Stretching*

PFLAG Central Kentucky

Tuesday, November 10 • 6:30 to 8:30 p.m.

St. Michael's Episcopal Church

2025 Bellefonte Drive • Lexington, KY

The Face of Fairness in the Workplace

Learn what an open and inclusive work environment looks like from an employer and employee perspective. LexMark embraces diversity, which they believe is vital to their workforce reaching its fullest potential. Representatives from LexMark will provide information about their policies, support initiatives, and advocacy regarding gay, lesbian, and transgender employees and the LGBTQ community as a whole.

Our presentation and Q&A takes place the first hour, followed by our confidential support group meeting.

We welcome LGBTQ persons, their family members, friends and allies, and all who share our vision of acceptance, respect, and equality.



Clinton M. Nowicke, M.S.

Licensed Psychological Associate



lgbtaffirmative@gmail.com

(859) 982-9453

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**COME TOGETHER KENTUCKY
MURRAY STATE UNIVERSITY**

TOP - Left to Right:
Chris Hartman (Fairness Campaign), Jody Coffe-Randall (Murray State University), Chad Hundley (PCSO), Jacob Boyd (PCSO) & Chad Stratton (Kentucky Commission on Human Rights).

LEFT - Left to Right:
Carly Lehwald (ABC Family's *Becoming Us*), Chad Hundley (PCSO) & Alexandra Meadows (Norse Violence Prevention Center).

RIGHT - Left to Right:
Chad Hundley (PCSO) & Jacob Boyd (PCSO) tabling at Come Together Kentucky.



GAY/STRAIGHT ALLIANCE

Volunteer Advisors Needed

To listen to teens, ages 14-19, every Tuesday night at the
PCSO Pride Center • 6:30 p.m. - 8:30 p.m.

No skills needed other than an open heart, desire to listen, relate, support, and love.
These students come from Fayette County and various surrounding counties.

**This group has been ongoing for almost 14 years
It is vital for the youth of our community.**

Please consider this opportunity to make a difference.
If interested contact: Mary Crone (859) 221-4396 or Mead Overbeck Medha1@aol.com



November Calendar & Telephone Directory

All meetings are hosted at the PCSO Pride Center unless noted with *

Sunday, November 1

6:30 p.m. Team Lex Volleyball*

Monday, November 2

6:30 p.m. Lexington Rainbow
Bowling League Night*

Tuesday, November 3

Election Day*

Wednesday, November 4

5:00 p.m. Richmond's Alphabet
Soup Support Group*
"Heart To Heart"
LGBT Discussion Group

Thursday, November 5

6:30 p.m. PCSO Board Meeting
7:30 p.m. H.E.A.L. HIV Support Group*

Saturday, November 7

7:30 p.m. TransKentucky Meeting

Sunday, November 8

6:00 p.m. Imperial Court Meeting
6:30 p.m. Team Lex Volleyball*

Monday, November 9

6:30 p.m. Lexington Rainbow
Bowling League Night*

Tuesday, November 10

6:30 p.m. PFLAG Meeting*

Wednesday, November 11

5:00 p.m. Richmond's Alphabet
Soup Support Group*
"Heart To Heart"
LGBT Discussion Group

Thursday, November 12

7:00 p.m. LexPrideFest Sponsorship
Sub-Committee Meeting
7:30 p.m. H.E.A.L. HIV Support Group*

Saturday, November 14

6:00 p.m. Bluegrass Black
Pride Honors Banquet*
9:00 p.m. Kentucky Bourbon
Bears Board Meeting*

Sunday, November 15

6:30 p.m. Team Lex Volleyball*

Monday, November 16

6:30 p.m. Lexington Rainbow
Bowling League Night*

Wednesday, November 18

5:00 p.m. Richmond's Alphabet
Soup Support Group*
"Heart To Heart"
LGBT Discussion Group

Thursday, November 19

5:30 p.m. UK Transgender
Day of Remembrance Event*
6:30 p.m. PCSO Board Work Session
7:30 p.m. H.E.A.L. HIV Support Group*

Friday, November 20

Editorial Deadline for LinQ Magazine
Transgender Day of Remembrance*
9:30 p.m. PCSO Good
Giving Guide Kickoff*
7:00 p.m. Senior's Bistro (Potluck)

Saturday, November 21

PCSO Working Concessions
at UK Football Game*

Sunday, November 22

6:00 p.m. Imperial Court Meeting
6:30 p.m. Team Lex Volleyball*

Monday, November 23

6:30 p.m. Lexington Rainbow
Bowling League Night*

Wednesday, November 25

5:00 p.m. Richmond's Alphabet
Soup Support Group*
"Heart To Heart"
Thanksgiving Potluck

Thursday, November 26

6:30 p.m. LexPrideFest
Committee Meeting
7:30 p.m. H.E.A.L. HIV Support Group*

Saturday, November 28

PCSO Working Concessions
at UK Football Game*

Sunday, November 29

6:30 p.m. Team Lex Volleyball*

Monday, November 30

6:30 p.m. Lexington Rainbow
Bowling League Night*

Tuesday, December 1

World AIDS Day*

Community and Social Groups

24-Hour Crisis Line	1-800-929-8000
24-Hour Teen Crisis Line	1-800-999-9999
Alcoholics Anonymous	859-967-9960
Arbor Youth Services	859-254-2501
AA/Alcoholic Teens	859-277-1877
Council for Peace and Justice	859-488-1448
"Heart to Heart" Discussion Group	859-253-3233
Fairness of Louisville	502-893-0788
Gay-Straight Alliance, Teens	859-221-4396
PCSO Pride Center	859-253-3233
Imperial Court of Kentucky	859-619-7521
International Gay Bowling	859-539-3058
KY Survivors Area of Narcotics Anonymous	859-253-4673
Lexington Fair Housing Council	1-866-438-8617
Lexington Fairness	859-951-8565
Lexington Human Rights	859-252-4931
Lexington Pride Festival	859-253-3233
National Suicide Prevention Lifeline	1-800-273-8255
PFLAG Central Kentucky, Inc.	859-338-4393
PFLAG Louisville	502-223-1323
SisterSound	859-806-0243
Social Services, Lexington	211

Community and Social Groups

Speaker's Bureau	859-266-5904
TransKentucky	cassiemt@yahoo.com
Transgender Youth Family Allies	1-888-462-8932
Trevor Lifeline 24/7	1-866-488-7386
United Way	859-313-5465

College Student Groups

Berea College ACE	859-958-3633
BCTC Gay-Straight Alliance	859-246-6365
Centre College BGLA	859-238-5332
EKU Alphabet Center	859-622-5041
EKU Pride Alliance	859-622-1027
Morehead State University	606-783-2071
TUnity (Transy)	859-445-3822
UK Gay-Straight Alliance	859-257-8701
UK OutSource	859-323-3312

Don't see your group's events or
contact information?
Email it to editor@pcsoky.org and
we will add you to our calendar!

HIV/STD Testing, Services & Information

AIDS Volunteers of Lexington (AVOL)	859-225-3000
Health Department, Fayette County	859-288-2437
Health Department, Woodford County	859-873-4541
HIV/AIDS Legal Project	502-584-1254
Moveable Feast	859-252-2867
Northern KY Region	859-341-4264
UK Adolescent Medicine	859-323-5643

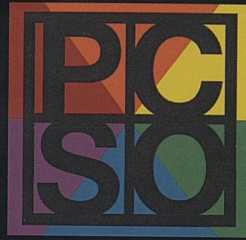
Religious Groups

Ahava Center for Spiritual Living	859-373-8910
Bluegrass United Church of Christ	859-233-0208
Embrace Fellowship	859-358-0580
Faith Lutheran Church	859-266-7621
First Presbyterian Church	859-252-1919
Hunter Presbyterian Church	859-277-5126
Lex Friends, Quakers	859-254-3319
Maxwell Street Presbyterian Church	859-255-1075
St. Martha's Episcopal Church	859-271-7641
Unitarian Universalist Church	859-223-1448
Woodland Christian Church	859-266-3416

The

2015

PRIDE
COMMUNITY



SERVICES
ORGANIZATION

GOODGIVING

GUIDE — Challenge —

Kickoff Party!

CROSSINGS
Lexington
117 N. LIMESTONE
859.233.7266

Friday, November 20

Show Starts At 9:30 P.M.

Help the PCSO raise money to support
YOUR Pride Center!

From November 13 - December 31 Visit
www.pcsoky.org/goodgiving