

UNIVERSITY OF KENTUCKY COLLEGE OF NURSING

Opportunities

Opportunities
OPPORTUNITIES/Fall 2011
OPPORTUNITIES Opportunities

Celebrating a
Legacy
OF CARE

UK College of Nursing Hall of Fame:

CELEBRATING A
Legacy of Care



Celebrating OUR Alumni



Dean Jane Kirschling, Dr. Marcia Dake (first dean of the college) and Dr. Carolyn Williams (immediate past dean)

In reflection, one of the pleasures of serving as dean of the University of Kentucky College of Nursing is to learn of the **amazing work** that our alumni do every day. For many of our alumni, this means making a difference within the Commonwealth of Kentucky.

Others are impacting the health of people in the U.S. and globally. And each alumni contributes in a unique way, grounded by professional values that were shaped while an undergraduate or graduate nursing student at UK.

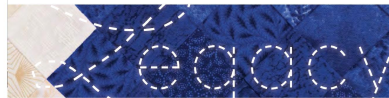
Many of our graduates work within health care teams that care for hospitalized patients and their families, and others work in communities. We also are very proud of our graduates who are advanced practice nurses and nurse scientists, as well as those who hold nursing leadership positions within health care. The College of Nursing also has a long tradition of preparing the next generation of nursing faculty. The articles in this issue of Opportunities showcase what it means to be a UK nurse and the many possibilities for shaping one's professional career.

Celebrating our 50th anniversary this past year, and in 2011-2012 celebrating 25 years of PhD education and 10 years of DNP education, provides a wonderful lens with which to view the rich legacy of the College of Nursing and the substantive contributions of current and past faculty and staff. The leadership of deans Marcia Dake, Marion McKenna and Carolyn Williams was instrumental in the college's success thus far and laid the groundwork for even more success in the years to come. Congratulations to everyone on reaching these milestones and thank you for your unwavering commitment to truly making a difference.

As you read this issue of Opportunities, my hope is that you will feel equally proud of what is happening in the College of Nursing. Thank you for being our partners in bettering the lives of people in Kentucky and throughout the world by striving for excellence in professional nursing practice.

Jane Marie Kirschling

Jane Marie Kirschling, DNS, RN, FAAN
Dean and Professor



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New Pavilion at UK Chandler Hospital

DESIGNED FOR HIGHEST LEVEL OF ADVANCED MEDICINE

Two Patient Care Floors, Public Spaces Dedicated in Public Ceremony

The new 12-story patient care pavilion at UK Albert B. Chandler Hospital was dedicated and unveiled to the public in May 2011, marking a major milestone for UK HealthCare and the University of Kentucky.

Two patient care floors with 128 intensive care and acute care beds began serving patients in May. Also opening were the atrium, chapel, surgical waiting room and a 305-seat auditorium.

"Health care is about people taking care of people, and not bricks and mortar," UK Executive Vice President for Health Affairs Dr. Michael Karpf said. "If we are going to be an academic medical center comparable to the best in the country, we have to have the facilities to support the people we recruit. This hospital puts us on that level."

Along with providing advanced subspecialty patient care, the new facility also represents continued expansion of health care-related job opportunities in Central Kentucky. The number of full-time employees at UK HealthCare, including UK A.B. Chandler Hospital, Kentucky Children's Hospital, UK Good Samaritan Hospital and the UK College of Medicine, has increased by more than 2,100 people in the past seven years.

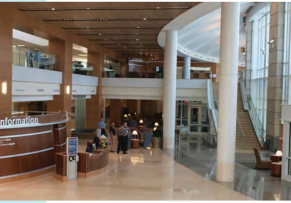
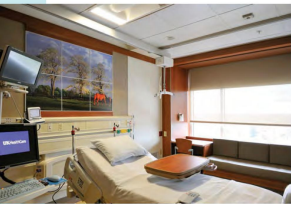
The pavilion incorporates art, music and landscaping. In addition, the chapel features walls decorated with art glass inspired by spring in Kentucky, a health education center that also serves as a gallery for a Kentucky folk art collection and surgical waiting areas that showcase artwork of some of Kentucky's most renowned artists.

"These features help make it an empathetic building, and the glass and the light are absolutely spectacular," Karpf said. "People can walk in and say, 'I can relax here for a second. I can get my thoughts together before I have to go deal with all the complexities that I'll have to worry about when I get up on the floor to see my loved one or my friend.'"

Scheduled to be completed in phases over the next 10 years, the new facility will eventually replace the original UK A.B. Chandler Hospital and is paramount in the plan to become a premier regional medical center concentrating on cancer, trauma, neurosciences, organ transplantation and pediatric subspecialties.

The next phase of construction for the pavilion is underway and is set to open in early 2012 with the addition of eight state-of-the-art operating rooms in addition to one of the country's largest hybrid operating rooms that combines the most advanced and high-quality imaging technology with surgical operative capabilities.

"We hope the people of this state are reassured and proud to have a world-class hospital and a world-class health care team ready to meet their needs and those of their loved ones," Karpf said.



FUNDED RESEARCH

Grants awarded

GRANT
PRODUCTIVITY

Helping Others Toward Positive Emotions in People with Heart Failure

Assistant Professors Elizabeth Tovar and Rebecca Dekker received a \$20,000 UK Faculty Research Support Grant for their study, "Helping Others Toward Positive Emotions in People with Heart Failure." The goals of this project are to compare levels of salivary cortisol, B-type natriuretic peptide (BNP), C-reactive protein (CRP), and interleukin-6 at baseline between patients with and without depressive symptoms and to compare salivary levels of BNP, CRP, and IL-6 with serum levels of these biomarkers to determine the degree of correlation between salivary and serum values.

Freedom from Exposure to Radon and Secondhand Smoke in the Home (FRESH)

Ellen Hahn, professor, and Sarah Kerssman, lecturer, received \$6,100 from the Markey Cancer Center for their research titled, "Freedom from Exposure to Radon and Secondhand Smoke in the Home (FRESH)." The major goal of this project is to pilot a home testing program for secondhand smoke and radon exposure.

The Cancer Treatment Side-Effect Index: A Pilot Study of Efficacy

PhD candidate Celestine Gochette, Professor Dorothy Brockopp, and Judith Schreiber (PhD 2007) were awarded a \$2,500 grant from the Daisy Foundation for their study, "The Cancer Treatment Side-Effect Index: A Pilot Study of Efficacy."

An Unblinded, Parallel-Groups Randomized Controlled Trial Evaluating an Education Program for Patients with Newly Diagnosed Rheumatoid Arthritis

Assistant Professor Elizabeth Salt received \$5,000 from the Center for Clinical and Translational Science for her study, "An Unblinded, Parallel-Groups Randomized Controlled Trial Evaluating an Education Program for Patients with Newly Diagnosed Rheumatoid Arthritis." Quality treatment of patients with rheumatoid arthritis (RA), a prevalent rheumatologic condition, includes patient education. Yet, there are conflicting reports on the short- and long-term effects of education programs on arthritis self-efficacy, coping, health behaviors, disease activity, knowledge, functional status and self-management in patients with RA. A publicly available, newly developed education program for recently diagnosed patients with RA has not been formally evaluated. The research question is: Is the Just Diagnosed (Vance, James, Young, & West, 2009) program more effective at improving arthritis self-efficacy, knowledge about RA and RA treatments, medication adherence and disease activity than standard care? Ninety patients with recently diagnosed RA (45 in the intervention group and 45 in the standard care group) will be enrolled.

Nurse Researcher INTERNATIONAL Hall of Fame

DEBRA MOSER



Karen Morin, DSN, RN, ANEP, 2009-2011 STTI president; Debra Moser, DNSc, RN, FAAN; and Patricia Thompson, EdD, RN, FAAN, STTI chief executive officer

Debra Moser, DNSc, RN, FAAN, professor and Linda C. Gill Chair in Nursing, was inducted into the Sigma Theta Tau International (STTI) Nurse Researcher Hall of Fame in July 2011.

This prestigious honor recognizes STTI members who are nationally and/or internationally recognized for research and scholarship that has had a positive influence on the nursing profession and the people it serves.

Moser's program of research focuses on an enhancing outcomes of people with, or at risk for, cardiovascular disease through improvement of psychological well-being, quality of life and self-management. She is internationally renowned for her collaborative research with faculty and students. Her ability to mentor and role model for students, faculty and practicing nurses was also recognized via this award.

Moser has authored or co-authored more than 200 journal articles, three books and more than 20 book chapters. She serves as co-editor of the Journal of Cardiovascular Nursing.

AWARDS CONGRATULATIONS

Recipient List

2010-2011 College of Nursing Student Awards

Carolyn A. Williams Award for Outstanding PhD Graduate, UK College of Nursing (2010)
RECIPIENT: Rebecca Dekker

First place poster, student division, for "Quality Improvement, Clinician Attitudes, and Referrals to Tobacco Treatment Counseling Programs," American Public Health Association (2010)
RECIPIENT: Karma Cassidy

Young Investigator Award, Brain-Heart Summit Annual Meeting (2010)
RECIPIENT: Kyoung Suk Lee

Eureka (undergraduate research and creativity) grant, Office of Undergraduate Research (2011)
RECIPIENT: Ashlei Hardin

Non-service Dissertation Year Fellowship, UK Graduate School (2011-2012)
RECIPIENT: Kyoung Suk Lee

2011 College of Nursing Scholarship Showcase Awards

Best Undergraduate Student Poster for "Initiating Change in the Emergency Department"
RECIPIENT: Amy Coleman

Best Undergraduate Student Presentation for "Pre-Hospital and Emergency Department Knowledge of Evidence-Based Ischemic Stroke Care"
RECIPIENT: Laura Traynelis

Best Graduate Student Poster for "Low Levels of Depressive Symptoms Predict the Combined Outcome of Good Health-Related Quality of Life and No Cardiac Events in Patients with Heart Failure"
RECIPIENT: Kyoung Suk Lee

Best Graduate Student Presentation for "An Intervention to Promote Compliance with a Tobacco-Free Campus Policy"
RECIPIENT: Amanda Fallin

2010-2011 College of Nursing Annual Award Recipients

Dean's Recognition Award
RECIPIENT: Kathy Wagner

Employee of the Year Award
RECIPIENT: Mary Gregory

Excellence in Clinical Practice Award
RECIPIENT: Audrey Darville

Excellence in Graduate Clinical Precepting Award
RECIPIENT: Samantha Todd (Saint Joseph Health System)

Excellence in Graduate Teaching Award
RECIPIENT: Dorothy Brockopp

Excellence in Part-Time Teaching Award
RECIPIENT: E. Allen Sizemore

Excellence in Research/Scholarship Award
RECIPIENT: Kristin Ashford

Excellence in Undergraduate Precepting Award
RECIPIENT: Rachel Scott (Saint Joseph East)

Excellence in Undergraduate Unit/Agency Award
RECIPIENT: UK Good Samaritan Hospital, 5 Main

Globe L. Bertram Award
RECIPIENT: Phil Hampton

Louise J. Zeeger Award
RECIPIENT: Wanda Lovitz

Teaching Excellence in Support of Professional Nursing
RECIPIENT: Paul Kearney, Jr. (UK College of Medicine)

2010-2011 Other College of Nursing Special Distinctions

UK College of Nursing for Exceptional Army Nurse ROTC Support at the 2nd Annual Bold Warrior Brigade Nurse Symposium in San Antonio (2010)

2010-2011 Other Faculty and Staff Awards

Book of the Year Award for "High Acuity Nursing" (5th ed.), American Journal of Nursing (2010)
CO-RECIPIENTS: Kathy Wagner and Melanie Hardin-Pierce

Distinguished Visiting Scholar, Massachusetts General Hospital, Boston (2010)
RECIPIENT: Debra Moser

Fayette County Substance Abuse Prevention Hall of Fame, Mayor's Alliance (2010)
RECIPIENT: Carol Riker

First place poster, education category, for "A Community Mental Health Clinical Project to Promote Mental Health, Engage Undergraduate Students and Serve the Community," American Psychiatric Nurses Association (2010)

CO-RECIPIENTS: Ruth (Topsy) Staten, Joanne Matthews, Leslie Beebe, Betty Cheves, and Jeanne Rohr

First place poster, research category, for "Diabetes Knowledge and Caregiving Experiences Among Family Members of People with Schizophrenia and Diabetes Mellitus," American Psychiatric Nurses Association (2010)

CO-RECIPIENT: Peggy El-Mallakh

Great Teacher Award, UK Alumni Association (2010)
RECIPIENT: Darlene Welsh

Inducted as a Fellow, American Academy of Nursing (2010)
RECIPIENT: Patricia B. Howard

Inducted into Researcher Hall of Fame, Sigma Theta Tau International Honor Society of Nursing (2010)
RECIPIENT: Eileen Hahn

Kentucky Nurse Researcher of the Year, Kentucky Nurses Association (2010)
RECIPIENT: Kristin Ashford

Nurse of the Year Award, Kentucky Nurses Association (2010)
CO-RECIPIENT: Jane Kirschling

Outstanding Early Career in Post-Secondary Education Award, Kentucky Academy of Science (2010)
RECIPIENT: Kristin Ashford

Outstanding Staff Award, University of Kentucky (2010)
CO-RECIPIENT: Kathy Begley

Research Article of the Year for "The Effects of Depressive Symptoms and Anxiety on Quality of Life in Patients with Heart Failure and Their Spouses: Testing Dyadic Dynamics Using the Actor-Partner Interdependence Model," American Heart Association, Council on Cardiovascular Nursing (2010)
RECIPIENT: Misook Chung

State Award for Excellence, American Association of Nurse Practitioners (2010)
RECIPIENT: Debra Moser

Teachers Who Made a Difference Award, UK College of Education (2010)
RECIPIENT: Julia Hall

Honorary Doctorate in Public Service, University of Portland (Oregon) (2011)
RECIPIENT: Carolyn Williams

Inducted into Delta Omega, National Honor Society for Public Health (2011)
RECIPIENT: Deborah Reed

Mentor Recognition Award, UK Center for Clinical and Translational Science (2011)
RECIPIENT: Susan Frazier

Provost's Award for Outstanding Teaching, UK Provost's Office (2011)
RECIPIENT: Lynn Kelso

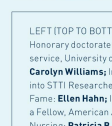
Provost's Distinguished Service Professor, UK Provost's Office (2011)
RECIPIENT: Deborah Reed

Provost's Public Scholar Award, UK Provost's Office (2011)
RECIPIENT: Marcia Stanhope

State Award for Excellence, American Association of Nurse Practitioners (2011)
RECIPIENTS: Jane Kirschling and Suzanne Prevost

Teachers Who Made a Difference Award, UK College of Education (2011)
RECIPIENTS: Karen Butler, Gina Lowry and Mary Jayne Miller

Award Recipient GALLERY



LEFT (TOP TO BOTTOM): Honorary doctorate in public service, University of Portland; **Carolyn Williams**; Inducted into STTI Researcher Hall of Fame; **Eileen Hahn**; Inducted as a Fellow, American Academy of Nursing; **Patricia B. Howard**; Great Teacher Award, UK Alumni Association; **Darlene Welsh**

TOP: **Dean Jane Kirschling** and Employee of the Year Award winner; **Mary Gregory**
BOTTOM: Provost's Award for Outstanding Teaching, UK Provost's Office; **Lynn Kelso**; Provost's Public Scholar Award, UK Provost's Office; **Marcia Stanhope**; Provost's Distinguished Service Professor, UK Provost's Office; **Deborah Reed**

2011



Martha Biddle, PhD, RN, APRN, CCNS

Martha Biddle received her undergraduate degree in nursing from Thomas More

College in Edgewood, Ky. She received both her master's degree and Doctor of Philosophy in Nursing from UK, where the focus of her doctoral studies was the role of dietary antioxidants in patients with heart failure.

Dr. Biddle is an assistant professor and coordinator for the Clinical Nurse Specialist Track in the Doctor of Nursing Practice Program. For the past five years, she has served as the director of operations for the RICH Heart Program, a collaborative group of investigators with multiple NIH and HRSA funded projects.

Dr. Biddle is also a certified clinical nurse specialist practicing in the cardiology clinic at UK HealthCare.



Cathy Catlett, MSN, RN

Cathy Catlett received a BSN from Eastern Kentucky University and her MSN from

McKendree University. Her nursing career began at UK Albert B. Chandler Hospital in the intensive care unit, and she worked at Baptist Hospital East in Louisville, Ky., for more than 20 years in a variety of positions. She formerly taught at the University of Colorado College of Nursing as an instructor specializing in simulation, while maintaining a clinical practice at the University of Colorado Hospital.

Mrs. Catlett is currently a lecturer in the undergraduate program.



Stephanie Fugate, MSN, RN, APRN

Stephanie Fugate received a BS in biology and BSN and MSN degrees from the University of Kentucky. She is

certified as an acute care nurse practitioner.

Mrs. Fugate worked for UK HealthCare while completing her nurse practitioner program. After graduation, she worked at the Cleveland Clinic Foundation in the cardiothoracic intensive care units. After returning to Lexington, she has worked with the nephrology group at UK HealthCare and with the hospitalist group at Central Baptist Hospital.

Mrs. Fugate has worked with the College of Nursing in a variety of instructional positions and is currently a full-time faculty and course coordinator of the senior high acuity course. She also works with new graduate nurses in the BSN Residency Program at UK HealthCare.



Carol Haurikyo, BSN, RN

Carol Haurikyo received a BS in biology from York College of Pennsylvania and in 2009 graduated

from the Second Degree BSN Option at UK. After graduation she worked with oncology patients at Kentucky Children's Hospital. In 2011, she joined the College of Nursing faculty to teach physical assessment skills and patient simulations to first-semester sophomore students.



Chizimuzo (Zim) Okoli, PhD, RN, MPH

Okoli earned his undergraduate degrees in nursing and philosophy, as well as a Master of

Science in Public Health, a Master of Science in Nursing and a Doctor of Philosophy in Nursing, all from UK. In 2008, he completed a Canadian Institute of Health Research (CIHR) postdoctoral traineeship in tobacco research at the University of British Columbia. In 2010, he completed a CIHR postdoctoral fellowship in gender, mental health and addictions, also through the University of British Columbia.

Dr. Okoli is an assistant professor in the College of Nursing and directs the Tobacco Treatment and Prevention Division of the Tobacco Policy Research Program.



Nora Warshawsky, PhD, RN

Nora Warshawsky received her BSN from the University of Pittsburgh, a

Master of Public Administration from Troy University, a Master of Science in Nursing from the University of Hawaii, and a PhD in nursing from the University of North Carolina at Chapel Hill.

Prior to joining UK, Dr. Warshawsky taught in the undergraduate and graduate programs at the University of North Carolina at Chapel Hill and Duke University schools of nursing. She has more than 25 years of experience in health care organizations, primarily in nursing leadership and quality management roles.

At UK, Dr. Warshawsky teaches health care systems courses in the DNP Program. She holds a joint appointment with UK HealthCare as well. In her practice role, she collaborates with clinical nursing leaders to strengthen the quality of the nurse work environment. Her research interest is the role of the nurse manager in creating positive nurse work environments that support quality patient outcomes.

PROMOTIONS



Melanie Hardin-Pierce, DNP, RN, APRN-BC, ACNP

Melanie Hardin-Pierce is now coordinator of the Acute Care

Nurse Practitioner Track in the DNP Program.

Dr. Hardin-Pierce is a 2006 graduate of the UK College of Nursing DNP Program. She has an extensive background in adult critical care. Her research interests include improving outcomes in the mechanically ventilated adult critically ill patient population, prevention of ventilator-associated pneumonia and positional therapy as an adjunct treatment for acute respiratory distress syndrome. She has written numerous textbook chapters in the area of high acuity nursing and is a co-editor of an award-winning, nationally recognized critical care textbook, "High Acuity Nursing" (5th edition).

She is an acute care nurse practitioner at Central Baptist Hospital in Lexington and also is involved in research in the adult critical care services division at UK Albert B. Chandler Hospital.



Jennifer Cowley, MSN, RN

Jennifer Cowley has been promoted to senior lecturer in the undergraduate program. She has worked in

a variety of acute care settings and has nearly 25 years' experience as a clinical instructor and lecturer. She co-initiated, co-coordinated and taught in the undergraduate pathopharmacology course for five years. She is currently coordinator, lecturer and clinical instructor in the adult med-surgical course.

She was awarded the 2010 Provost's Outstanding Teaching Award and the College of Nursing's Louise J. Zegeer Award in 2010.



Sherry Warden, PhD, RN

Sherry Warden, an associate professor in the graduate program, retired in June 2011. She is a three-time UK

graduate, where she earned her BSN and MSN degrees from the College of Nursing and a PhD in educational psychology from the College of Education.

Dr. Warden's interests include psychosocial issues in the management of pain, spirituality, healing and alternative/complementary medicine. While on the college faculty, she served on numerous committees, including chair of the Master's Program Committee, the Code of Conduct Committee, Mentoring Committee and the DNP Program Committee (task force to develop the MSN/DNP Program).

She was a member of the American Association of Clinical Nurse Specialists, the American Nurses Association, the International Association for the Study of Pain, the American Holistic Nurses Association and UK's Delta Psi chapter of Sigma Theta Tau International among other organizations.

DEVELOPMENT



Aimee Baston

Aimee Baston joined the College of Nursing in August 2011 as director for alumni and development. She has worked at the University of Kentucky since 1998, where she began with the annual giving program in Central Development. Her most recent position was with Kentucky Children's Hospital where she managed the annual giving program, worked with corporations through the Children's Miracle Network and solicited major gifts. She was awarded the 2010 Terry B. Mobley Development Professional Achievement Award. A UK alumna, she received a BA in communications from the College of Communications and Information Studies.

WRITTEN BY:
Robin Roenker
PHOTOGRAPHS BY:
Lee Thomas

2011
UNIVERSITY OF KENTUCKY
COLLEGE OF NURSING HALL OF FAME
**Celebrating a
5000
OF CARE**

Celebrating its past, and with an eye toward its future, the University of Kentucky College of Nursing celebrated the accomplishments of its more than 5,000 alumni across five decades at its 50th Anniversary Gala and 2011 Hall of Fame Induction Ceremony in May.

Dr. Marce Dike, the College's founding dean, and Dr. Carolyn Williams, the College's third dean, joined Dean Jane Stramling to host the gala event. This evening was dedicated to the memory of Dr. Marion McKenna, the College's second dean, who served from 1971 through 1984.

Specially honored that night were the five distinguished alumni selected as members of the second cohort to be inducted into the College of Nursing's Hall of Fame: **Dr. Melissa Avery, Dr. Marla De Jong, Dr. Vicki Hines-Martin, Dr. Tonda Hughes and Dr. Juliann Sebastian.** These alumni join previous inductees Mrs. Nancy Dickenson-Hazard, Dr. Sue Hegevary, Dr. Alice Herman, Dr. Cynda Rushton, and Dr. Elizabeth "Betsy" Weiner—all of whom were part of the College's initial Hall of Fame induction ceremony in 2007.

Opportunities asked the new honorees to share their thoughts on their UK education—how it shaped them and prepared them for their future careers. And with a focus on the notion of legacies—and the ways knowledge is passed and shared from one generation to the next—we asked the inductees to identify mentors at UK who had encouraged them along their career paths and those who they, in turn, have had a chance to mentor.

Their responses speak to the rich give-and-take that happens within nursing as teachers and students, mentors and protégés come together to learn, to advance their mutual understanding of the field, and to improve the quality of health for their communities and the world at large.





melissa **AVERY** | PhD, CNM, FACNM, FAAN |

BS NORTHERN ILLINOIS UNIVERSITY | MSN (1982) UNIVERSITY OF KENTUCKY | PhD UNIVERSITY OF MINNESOTA

A native of Illinois, Dr. Melissa Avery is professor and chair, Child and Family Health Cooperative Unit at the University of Minnesota School of Nursing. She directed the University of Minnesota nurse-midwifery program from 1994-2010, making substantial contributions to midwifery education, leadership and practice. She is a leader in Web-based distance learning midwifery and nursing education programs, and her current research examines the role of exercise and diet in prevention of gestational diabetes in the American Indian population.

1 Q: Did you always know you wanted to go into nursing?
A: I didn't, actually. My mother had been a teacher, and in high school, I thought that I might like to be an English teacher. I loved reading and writing. But I had an aunt who was a nurse. She worked in a physician's office and pretty much ran the whole place. Her leadership in that office was an inspiration to me. And somewhere along the line, later in high school, I started thinking about nursing as a career.

2 Q: Why did you choose the University of Kentucky College of Nursing for graduate school?
A: What was so appealing about Kentucky's program was the requirement to complete a secondary emphasis either in administration or education. And of course I had always wanted to be a teacher, so the education emphasis appealed to me. Betty Bear, Marilyn Musacchio, and Marjorie Durton were the midwifery faculty then. They were wonderful; UK had a fabulous program.

3 Q: What educational experiences at UK particularly shaped your career?
A: During the early 1980s, women weren't really encouraged to exercise during pregnancy. But many of us believed it was safe for otherwise healthy women to do so. A midwifery classmate and I did a small exercise and pregnancy project while we were at UK that examined women who were exercising during pregnancy to try to determine if exercise was associated with a difference in their length of labor. So I had the chance to put into practice my long-term interest in exercise during pregnancy—which has led to my current work focusing on exercise as an intervention for gestational diabetes within the American Indian population. It really began while I was at UK.

4 Q: Which UK professors do you consider as mentors? In what ways were they influential?
A: Betty Bear was very inspirational. She was the head of our midwifery program, and I have stayed in touch with her all of these years. Betty studied the history of midwifery in this country; it really is fascinating. During the program, she took our midwifery class to visit the Frontier Nursing Service near Hyden, Ky., the birthplace of modern nurse midwifery, where Mary Breckinridge started it all. To us, that was like walking on hallowed ground. Also, during my time as a student, Betty was vice president of the American College of Nurse-Midwives (ACNM), our national organization. And that involvement influenced my own interest. It helped set me on a path of getting involved and feeling part of this larger organization and profession.
Dr. Juanita Fleming was also a wonderful professor. She taught the research course, and I loved her style. People used to talk about how fast she talked! But I could always keep up with her.

reflections from **A MENTEE**
SUSAN SKINNER, MS, RN, CNM
A NURSE-MIDWIFE WITH THE MAYO CLINIC IN MINNESOTA AND FORMER GRADUATE STUDENT
"Melissa was a wonderful role model. As my faculty advisor, she made herself available to me days and night while I finished my studies. I will never forget the emails and numerous phone calls back and forth and Melissa's undying editing support to assist me in the completion of a project. I was worthy, she was not!"
"I have always been impressed by Melissa's wonderful ability to be direct with people when there is a conflict. She is a great role model for direct communication—always honest and to the point. Further, her love for research and midwifery is contagious."
"She helped birth my career as a midwife! We remain in touch, and she continues to inspire me every time we get together or talk."



reflections from **A MENTOR**
BETTY BEAR, PhD, RN, CNM, FACNM, FAAN
PROFESSOR EMERITUS, UNIVERSITY OF SOUTH CAROLINA (MUSC) COLLEGE OF NURSING AND PAST PRESIDENT OF ACNM
"Melissa was an exceptional student. She pursued a knowledge base about nurse-midwifery with enthusiasm and dedication. We had many informal chats about the issues at hand and how she could go about being involved with the American College of Nurse-Midwives (ACNM) and teaching. Melissa helped 'pioneer' the use of a new clinical site and was always sharing experiences with her classmates."

marla **DE JONG** | PhD, RN, CCNS, Colonel |

BS GRAND VIEW COLLEGE | MS UNIVERSITY OF MARYLAND | PhD (2005) UNIVERSITY OF KENTUCKY

Dr. Marla De Jong was recently appointed dean of the United States Air Force School of Aerospace Medicine at Wright-Patterson Air Force Base. Previously she served as executive director of the TriService Nursing Research Program, Uniformed Services University of the Health Sciences, Bethesda, Md. During her military career, she has served in various clinical, leadership and research roles. For 10 months in 2006-2007, she was deployed as program manager for the Joint Theater Trauma System in Iraq. Dr. De Jong's work has informed and shaped military and civilian nursing clinical practice, the delivery of health care, nursing education and management, and health policy.



1 Q: How has the Air Force shaped your nursing career?
A: I've been a nurse for nearly 23 years and an active duty Air Force officer for more than 22. I joined the Air Force because I sought a nursing career, not a nursing job. I've had opportunities to provide patient care, teach, lead and mentor, and I have served in many capacities—medical/surgical and ICU clinical nurse, infection control officer, clinical nurse specialist, nurse manager, program manager, executive director and nurse scientist. The opportunities for Air Force nurses are endless.

2 Q: Why did you choose the University of Kentucky College of Nursing for graduate school?
A: I was selected for an education assignment in which the Air Force sponsored me for full-time doctoral education. I contacted many colleges of nursing to learn about their PhD programs. And I selected UK because during conversations with faculty, current and former students, and staff during my campus visit, I was very impressed with the program. In addition, I specifically wanted to work with Dr. Debra Moser since we had similar interests in cardiovascular nursing.

3 Q: Which UK professors do you consider as mentors? In what ways were they influential?
A: Through incredible mentors like Dr. Moser, Dr. Lynne Hall, Dr. Terry Lennie, Dr. Mary DeLeter, and Dr. David Randall, I learned about team-based research, grantsmanship, program management and writing, data-based publications. I apply this knowledge to my work on a daily basis.
Dr. Moser and I worked together on nearly a daily basis and I had a fantastic opportunity to learn from a distinguished nurse scientist. That exposure, and the privilege, quite frankly, to participate in her research team taught me so much about how to conduct my own research and direct a research program.

reflections from **A MENTEE**
CANDY WILSON, PhD, APRN, Lt. Col. USAF
DIRECTOR OF NURSING RESEARCH, WILFORD HALL MEDICAL CENTER, WOMEN'S HEALTH NURSE PRACTITIONER
"Col. De Jong's reputation provides an honored legacy to the college because she is a hands-on, forward-thinking military nursing leader who leads nurses from the front."
"As a military officer junior to her, over the past 10 years she mentored me through many Air Force and nursing decisions. Once I decided to pursue a nursing doctorate, Col. De Jong devoted her time to provide many mentoring sessions and numerous tips for writing an Air Force scholarship application. Her comments on my application were right on target and were essential for a successful selection. Since my graduation, she continues to help me adapt to the military nurse scientist role through countless career advice sessions. Col. De Jong personifies the U.S. Air Force core values: "Integrity first, Service before self, and Excellence in all we do."

reflections from **A MENTOR**
DEBRA MOSER, DNSc, RN, FAAN
PROFESSOR AND LINDA C. GILL CHAIR IN NURSING, UK COLLEGE OF NURSING, CO-DIRECTOR, RICH HEART PROGRAM, AND DIRECTOR, UK CENTER FOR BIOBEHAVIORAL RESEARCH IN SELF-MANAGEMENT OF CARDIOPULMONARY DISEASE
"Working with Marla was a major highlight of my career. I am quite sure that I gained more from our working together than she did. It is such a pleasure to work with a student who is supremely committed to learning everything she can and to working as a member of a team for the good of everyone involved."



vicki HINES-MARTIN | [PhD, RN, CNS, FAAN]

BSN AND MAEd SPALDING UNIVERSITY | MSN UNIVERSITY OF CINCINNATI | PhD (1994) UNIVERSITY OF KENTUCKY

Dr. Vicki Hines-Martin is a professor and the director of the Office of Disparities and Community Engagement at the University of Louisville School of Nursing and the faculty scholar in the University's Office of Community Engagement. The first African American to graduate with a PhD from the UK College of Nursing, her clinical practice, teaching and research activities have focused on health disparities and diversity with an emphasis on mental health, low-income and African-American populations. She founded the KYANNA Black Nurses Association (Ky. Chapter of the National Black Nurses Association), which is in its 23rd year.

reflections from A MENTOR

GRETCHEN LAGODNA, PhD
UK FACULTY EMERITA

"From Vicki's first days as a doctoral student, I always saw her as my colleague whose ideas I valued and incorporated into my own teaching and practice. The completion of her doctoral studies required perseverance and both personal and professional sacrifices, serving as an example for all those whose careers she has subsequently influenced."

1 Q: Did you always know you wanted to go into nursing?
A: I actually didn't always know I wanted to go into nursing. I knew a lady who was a nurse, Ms. Annie Blackshear. She was a friend of my grandmother, and she was kind of my first mentor. During my sophomore year of college, she took me to a few nursing association meetings, and we talked about nursing. And I thought, "I could do this."

2 Q: Why did you choose the University of Kentucky College of Nursing for graduate school?
A: I actually started out at UK as an undergraduate but ended up going back home to Louisville to finish my BSN at Spalding. Louisville's home for me, most of my family is here, and that's a big pull. But I came back to UK for the graduate program. I wanted to stay in the area, and UK's College of Nursing has an excellent reputation.

3 Q: Which UK professors do you consider as mentors? In what ways were they influential?
A: Dr. Gretchen LaGodna and Dr. Melva Jo Hendrix were co-chairs for my dissertation committee, and they were great mentors. Right off the bat, they were the people who said, "You can do this." That meant so much to me, particularly when I first arrived and was feeling a little hesitant, wondering whether I was smart enough to be there. Dr. Carolyn Williams and Dr. Juanita Fleming were also so supportive. My dissertation looked at African-American caregivers of people with severe and persistent mental illness. Dr. LaGodna and Dr. Hendrix both had long-standing reputations for their research and advocacy for people with severe and persistent mental illness, and they helped me get a better understanding of how to do research with that population and their families.

I also had a strong connection with Dr. Juanita Fleming, the only African-American faculty person I encountered during my doctoral program at UK. She was so supportive of me and role-modeled excellence in academics.

reflections from A MENTEE

VIVIANNE GRIFFITHS, MSN, RN, APRN
ADULT NURSE PRACTITIONER FOR LOUISVILLE METRO PUBLIC HEALTH AND WELLNESS TUBERCULOSIS CLINIC AND PARK DUVALLE COMMUNITY HEALTH CENTER

"During my regional education to become a nurse practitioner, Vicki mentored me by guiding me in scholarly writing, critiquing my work and stimulating me to think as a nurse researcher. I am honored to be able to express the joy and confidence I have in my difficult work because Vicki stood by me and led me to believe, "I can do this."

tonda HUGHES | [PhD, RN, FAAN]

ASN AND BSN EASTERN KENTUCKY UNIVERSITY | MSN (1981) UNIVERSITY OF KENTUCKY | PhD UNIVERSITY OF ILLINOIS AT CHICAGO

Dr. Tonda Hughes is professor and department head of Health Systems Science at the University of Illinois at Chicago (UIC) College of Nursing. She is adjunct professor in the UIC School of Public Health, director of research for the UIC National Center of Excellence in Women's Health, and co-director of the UIC building interdisciplinary research centers in Women's Health program. An internationally renowned researcher on women's mental health and substance abuse, Dr. Hughes' work on risk and protective factors for heavy drinking among sexual minority women has been funded since 1999 by the National Institutes of Health.



reflections from A MENTOR

GRETCHEN LAGODNA, PhD
UK FACULTY EMERITA

"I have always seen Tonda as a woman of courage, and one way that has been demonstrated is her willingness to move in new and uncharted directions. She never rests on her well-earned laurels but rather keeps pushing the boundaries in her extraordinary program of research. I'm so proud to have been a part of her early career."

1 Q: Did you always know you wanted to go into nursing?
A: I'd always been interested in the sciences and the ways the body and mind worked. But to be honest, I didn't have enough confidence in myself as a high school graduate to go into nursing. Instead I went to Morehead and was taking physical education and recreational leadership classes, but that wasn't very satisfying. So I gathered my confidence and applied to an associate degree program in nursing at Eastern Kentucky University.

2 Q: Why did you choose the University of Kentucky College of Nursing for graduate school?
A: I had gotten into teaching at EKV and really liked it. I'd learned about a National Institutes of Health traineeship in rural community mental health at UK, and even though I'd not worked previously in psychiatric or mental health, I thought the opportunity—which included getting to go back to Eastern Kentucky, where I'm from, and actually live and work in the community—would serve me well. While I was in the program, I lived with a family in Louisa, Ky., two days a week for the biggest part of two semesters. It ended up being a very eye-opening experience to see my home region from that different perspective.

3 Q: Which UK professors do you consider as mentors? In what ways were they influential?
A: Dr. Melva Jo Hendrix was wonderful, but Dr. Gretchen LaGodna, who was the co-director of the rural community mental health program, was my primary mentor. The spark of belief in myself and my potential that my parents first kindled when I was younger was fully ignited during my graduate work at UK. Not only did I gain the needed clinical and research skills to go on for my PhD, I also gained a huge amount of confidence in myself and my ability to succeed. I owe so much of my current success to Gretchen's support and mentoring.

4 Q: What educational experiences at UK particularly shaped your career?
A: My master's program at UK and the traineeship in rural community mental health was the first step in changing the whole direction and focus of my career. The biggest asset of my time at UK was the perspective of Gretchen and Jo. Which their mentorship, I'd say I almost got a minor in women's health. We learned a lot about feminist theory and women's empowerment. A lot of my work in Louisa was with depressed women and young women who'd been victimized. And that gave me a whole different perspective. I became a feminist during that time. It entirely changed my world view.

Also, I was able to be part of the development of a program called Nurses Assisting Nurses (NAN), which came about after Gretchen and Jo were approached by the Kentucky Board of Nursing to develop a program to help address the fact that so many nurses were being fired because of drug or alcohol use. And that, essentially, got me started on the women and substance abuse research track that I'm still working on today.

reflections from A MENTOR

ANGELA BARRON McBRIDE, PhD, RN, FAAN
DISTINGUISHED PROFESSOR-UNIVERSITY DEAN EMERITA, INDIANA UNIVERSITY SCHOOL OF NURSING WHO MENTORED DR. HINES-MARTIN ON A KO1 GRANT FOLLOWING GRADUATION

"I admire the scholarly work of Vicki Hines-Martin because she is one of the few nurses in the country to focus her research on how accessible mental health services are to minority populations, particularly African-American men. Inquiry aimed at understanding their experience is methodologically complicated, and not for the faint of heart. And it is because she has so much heart that Dr. Hines-Martin has tackled such an important practice-research agenda."

reflections from A MENTEE

GIA (MUND) MARTIN, PhD, RN, MPH
ASSISTANT PROFESSOR, UK COLLEGE OF NURSING

"My first role as a full-time educator was at the University of Louisville School of Nursing. Dr. Hines-Martin was always available to talk, to listen and to encourage. Just as importantly, Dr. Hines-Martin had a way of reframing any problem to highlight what was truly important: sharing knowledge with students and supporting them to develop lifelong learning skills that would enable them to be the best practitioners possible."

reflections from A MENTEE

FRANCES ARANDA, PhD, MPH, MS
POSTDOCTORAL RESEARCH FELLOW (NIJAAA), UNIVERSITY OF ILLINOIS AT CHICAGO

"Dr. Tonda Hughes has been a great role model of a successful woman in academia. I worked with Tonda for 10 years and saw first-hand how to be a successful researcher. As my primary postdoctoral mentor, Tonda is now teaching me how to publish manuscripts, submit applications and abstracts to various professional organizations, and apply for research funding. If I am half as successful as her, I would consider myself to be very fortunate."



juliann SEBASTIAN | PhD, RN, FAAN |

BSN, MSN, PhD IN BUSINESS ADMINISTRATION, UNIVERSITY OF KENTUCKY (1974, 1977, 1994)

Dr. Juliann Sebastian began a new role as dean of the University of Nebraska Medical Center College of Nursing in October 2011. She previously served as dean and professor at the University of Missouri-St. Louis College of Nursing, a position she held since 2006. Before that, she had held both faculty and administrative positions in the UK College of Nursing. She was in the inaugural cohort of the Robert Wood Johnson Nurse Executive Fellowship Program. She has presented widely and written about care delivery systems, underserved populations, academic nursing practice and practice doctoral education.

1 Q: Did you always know you wanted to go into nursing?

A: I came to UK as an undergraduate to study nursing. I had some experience in high school with candy stripping, just enough to test the waters and be in a hospital environment to get a sense of whether or not it would be something I'd enjoy. I dabbled with some other possibilities for majors, but I always kept coming back to nursing. Nursing is tremendously challenging—it requires real focus and real dedication to think things through and to understand the scientific principles of what's going on, as well as the humanistic aspects of caring for your patients. I knew that nursing was something that made a real difference.

2 Q: How did your education at UK shape your approach to nursing?

A: When I enrolled in the BSN Program, the college had in place an integrated curriculum, which meant that we didn't have courses with traditional names or traditional areas of focus. The courses were organized around conceptual threads that reflected inner people had. And then we would talk about those issues in whatever clinical environment we were working in. The curriculum was designed to teach us to think beyond what was obvious. In nursing, you have to think broadly, and UK did a wonderful job of preparing students for that.

3 Q: Which UK professors do you consider as mentors? In what ways were they influential?

A: There were many. One person that I worked closely with when I was a faculty member at UK was former dean Dr. Carolyn Williams. I've been so impressed by Carolyn's vision and her unique and original way of thinking about opportunities. In 1996 I accepted the role as assistant dean for advanced practice nursing at UK, and our entire administrative team had such good teamwork and good camaraderie. Carolyn provided excellent advice and challenged each of us. She taught us to think about things, not from a microscopic one-person perspective, but from the broader perspective of—both within and outside of nursing—what would be good for health and nursing over the long term. That's one of the important messages I learned from her.

4 Q: What was the most valuable lesson you gained from your time at UK?

A: The UK College of Nursing is an exceptionally good at helping students think themselves as leaders, and asking them to own the responsibility that entails. There was no fortunate enough, I have good preparation, then you need to be committed to making health care better for people.



reflections from A MENTEE

STEVEN TALBERT, PhD, RN, ASSISTANT PROFESSOR OF NURSING, UNIVERSITY OF CENTRAL FLORIDA

"With Dr. Sebastian as my dissertation chair, I was pushed to think about how my experiences and passions fit into the bigger world of health care. She connected me to some amazing people in economics and health policy and guided me as I explored a new, diverse world of ideas and opportunities. Her guidance helped my dissertation win a university award for excellence—a great honor for both the College of Nursing and me.

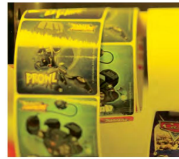
Perhaps the best example of her mentoring was that she silently and patiently stood behind me while I grieved the loss of four co-workers. I was a flight nurse for the University of Kentucky Air Medical Service at the time. One of our helicopters crashed into a mountain, killing everyone on board—my friends. Dr. Sebastian gave me time to grieve and heal. Eventually, we moved forward, and with her support and guidance, I was able to complete my work."

reflections from A MENTOR CAROLYN WILLIAMS, PhD, RN, FAAN PROFESSOR AND DEAN EMERITA, UK COLLEGE OF NURSING "Working with Julie Sebastian was consistently a pleasure. She is a unique person who has the wonderful combination of intellectual ability and curiosity, interpersonal strengths, and interpersonal warmth and effectiveness. In addition, over the 27 years I have known and worked with her, she has always displayed genuine enthusiasm for her work in the college and for her chosen profession. It is no surprise that her remarkable talents have been noticed by many throughout the country."

pieces of advice TO RECENT GRADUATES BE CONFIDENT Continue to take courses Collaborate with professionals from a variety of health care disciplines Consider everyone to be a colleague, respect and appreciate their knowledge and contribution as well as what you can learn from them Embrace life-long learning Launch and pursue a nursing career rather than a nursing job Mentor and be mentored Stay connected Look for solutions, not problems Get involved beyond your primary employment, in your community, in your profession's association, in state or national policy work, etc. Stay bilingual Self-identify ways to improve your sphere of influence as a nurse leader with humility to the patients who contribute to the practice, and to delivery of health care, and to nursing education and management of health policy



A TYPICAL DAY for nurse practitioner Carol Martin, MSN, RN, PNP, is anything but. “You never know what you’ll see, what you’ll do or what’s coming up next,” she laughs, talking about her role as a primary care provider at the UK HealthCare Family Care Center on Red Mile Place. Five nurse practitioners and a group of residents from the UK College of Medicine see as many as 1,000 pediatric patients a month at the clinic with the majority of those visits conducted by nurse practitioners. “Most days, it’s a combination of well-child checks, sick visits and follow-up visits, plus managing labs, making phone calls to parents and checking on patients to see how they’re doing. It just depends on the day!”



Ms. Martin, lead nurse practitioner at the clinic, began at the Family Care Center when it first opened in 1989. After working in the center’s parenting program as a nurse, she went back to UK’s College of Nursing for her MSN and pediatric nurse practitioner (PNP) certification in 1997 and began seeing patients at the clinic. After a few years’ hiatus, Ms. Martin returned to the clinic five years ago in the lead nurse practitioner role. She says the chance to work with pediatric patients in close relationship with other nurse practitioners made it an easy call. “This is truly a collaborative practice,” she says. “We respect each other professionally, we know each other’s strengths and we consult with each other often. Everyone’s goal is to provide the best pediatric health care possible.”

“What’s most impressive about the Family Care Center practice is the comprehensive nature of the nursing care,” says Suzanne Prevost, PhD, RN, COI, associate dean for practice and engagement for the College of Nursing. “Nurse practitioners serve as the coordinators of care for patients and their families with many of the patients coming from very complex, sociocultural situations in addition to the physical health care needs they have.”

Carrie Gordy, MSN, RN, APRN, is an assistant professor for the College of Nursing where she teaches normal growth and development, acute care pediatrics and high acuity pediatrics in the undergraduate program. She and several other nurse practitioners at the clinic, including Ms. Martin, precept College of Nursing graduate students in hands-on clinical experiences at the site.

Mrs. Gordy herself has been practicing at the clinic since 1993 and sees patients one day a week. Afternoons are generally spent seeing sick visits, while most of her morning is devoted to well-child checks. “We spend a good portion of those visits on what we call anticipatory guidance,” says Mrs. Gordy. “We let parents know what they can expect their child to do developmentally between now and the next visit and discuss with them some of the key components of safety, nutrition and what we need to be focusing on right now at this time in the child’s life.”

Mrs. Gordy and the other nurse practitioners bring a wealth of experience to students about the day-to-day role of a pediatric nurse practitioner. “One of my own mentors used to say that, particularly with adolescents, whatever

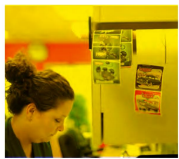
their presenting complaint is, you can be sure that’s not the reason they are there. You need to be able to delve into it and discover the real reason they sought you out so you can help with that.” Mrs. Gordy says she tells her students all the time: “Follow your instincts. When you have that feeling that something is not right, you need to listen to it.”

The role of the primary care provider in a practice with a diverse population is not without its challenges. In the clinic’s early days, the majority of patients were Caucasian and African-American children and teen mothers who were attending school at the Family Care Center. “You have to remember that many of our parents are under the age of 18, so we do see some of the parents as well as their children at the clinic,” says Mrs. Gordy.

In recent years, an explosion in the area’s Hispanic population has created a new set of challenges, in both language and culture. Two on-site interpreters are a big help. “They’re fantastic,” says Ms. Martin. “But they serve the entire center and are stretched pretty thin.” As for the cultural differences, the nurse practitioner’s role involves a bit of translating, too. It’s not uncommon for folk remedies, unusual food choices and even normal courtship and dating habits to become part of the conversation during a patient visit.

“Children live in the context of their family,” says Ms. Martin. “We need to know and understand the family dynamic because it’s all connected to the overall health and well-being of the child.” She recalls a recent well-child check and the inexperienced young mother who appeared to be having some issues with her toddler’s toilet training. Ms. Martin was able to reassure the irritated parent that her son’s behavior was normal and gave her some tips on managing his frustration as well as her own.

“If people have never seen or been taught what normal behavior in a child looks like or how to correct unwanted behavior, they’re not sure what to do,” says Ms. Martin. “Maybe they resort to what they do know—yelling or screaming maybe. If we can teach them other ways, better ways, their whole lives might be a little different.” Ms. Martin and Mrs. Gordy both say that patient education is perhaps the most important part of their job.



**a holistic approach
TO SERVICES THAT SERVE
THE COMMUNITY**

Nursing has always seen health care through a holistic lens, a patient-centered view that takes the entire person into account. Imagine a community taking that same holistic approach and designing a place where families in need could tap into a whole network of helping services and initiatives—from GED programs, career skills training and a state-funded preschool to quality medical and dental services for infants, children and teens.

You'd have a place like the Family Care Center on the west side of Lexington, a unique and innovative relationship between the city and community partners to provide targeted programs that meet the needs of underserved parents, families and children in the Lexington community. The Family Care Center practice, established in 1989, was staffed by UK HealthCare pediatricians and pediatric and family nurse practitioners from the start. The practice is also home to the UK College of Medicine's unique triple-board residency program where resident physicians spend five years giving continuity care in preparation for board certification in general pediatrics, and adult and child psychiatry. In 2009, the Family Care Center practice was acquired by UK HealthCare as a satellite of the UK Polk-Dalton Clinic. Today, the Family Care Center practice sees more than 1,000 infants, children and teens a month with 75 percent of the primary care provided by nurse practitioners.

Building family relationships, advocating for patients, educating parents, addressing a child's primary health care needs—all takes time. At part of UK HealthCare, the practice benefits greatly from the considerable medical resources available for labs, consults and support. But perhaps the greatest advantage of the relationship is this time. "I have felt so blessed over the years to work for an institution like UK where they allow me the time to devote to patient care and patient education," says Mrs. Gordy. When a child with a respiratory infection comes in, for example, she says it's important to take the time to teach parents about what they can expect later on that night so they'll know what is normal and what might not be. In the long run, it's an approach that saves health care dollars, too. When quality health care isn't accessible, parents may not seek regular, preventive care for their children or end up using emergency departments for routine primary care interventions.

The greatest reward is patient success. "In care for an infant all the way up through adolescence, to see what a difficult life they've had and what a difficult family they've come from, and then to see them succeed and go off to college, it's the best thing in the world," says Mrs. Gordy. "There are just no words to explain how wonderful that feels."

"I HAVE WORKED with nurse practitioners as clinical partners for almost 20 years, both in private practice and at the university. I can say unequivocally that they have enhanced the overall care of my patients. My experience here at UK has led me to personally feel the team of nurse practitioners working at the Family Care Center is responsible for the success of that clinic and the satisfaction expressed by the families using the center."

Carmel Wallace, MD, FAAP
INTERIM CHAIR, DEPARTMENT OF PEDIATRICS
UNIVERSITY OF KENTUCKY
DEPARTMENT OF PEDIATRICS

2011 INDUCTEES

Juniors

- Kelsey Albrektson
- Kari Amon
- Rawn Bartlett
- Kaitlin Diefenderfer
- Jennifer DiSessa
- Charlotte Hale
- Ashley Jeanmougin
- Tiffany Kelly
- Kristyn Mickley
- Kevin Pinto
- Kristina Robertson

Seniors

- Erin Byrd
- Wendy Eimaking
- Shelley Evans
- Rebecca Moore
- Jeanette Sanders
- Amy Thomas
- Alexandra Witter

Graduate Students

- Angela Ballard
- Cecilia Baxter
- Sarah Campbell
- Michele Dahlenburg
- Robin East
- Amanda Green
- Cindra Green
- Natarose Srihakin

Nurse Leaders

- Kathleen Adams
- Pennella Allison
- Jennifer Erena
- Sara Farmer
- Andrea Finchum
- Muna Hammash
- Phyllis Griggs

2011-2012 Delta Psi Executive Board Officers

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18591 806-1538

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VICE PRESIDENT
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Jenna Hatcher-Keller, PhD, RN
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**HONOR
SOCIETY**

**Delta Psi Chapter
Sigma Theta Tau INTERNATIONAL**

2010-2011 was a busy year for Delta Psi as we continued to encourage nursing students and professional nurses to become involved in this important organization for collaboration and mentoring.

To foster networking among members from different nursing realms, the annual program of events began with the fall scholarship meeting in October 2010 at the UK College of Nursing. Martha Biddle, PhD, RN, APRN, CCNS, shared her dissertation research titled, "Lycopene and Inflammation in Patients with Heart Failure." Dr. Biddle was a 2009 Delta Psi Research Award recipient and was a member of the RICH Heart Program.

Our annual Christmas dinner and silent auction were celebrated at the Hilary J. Boone Center on campus in December 2010. Prior to dinner we held a retirement reception for Dr. Erla Mowbray, a past president of the Delta Psi Chapter.

In February 2011, the resurrected spring member business meeting was held at the Shriner's Hospital for Children in Lexington. Dr. Ellen Hahn, a 2010 STTI Outstanding Researcher Hall of Fame inductee and director of the College of Nursing's Clean Indoor Air Partnership, shared her nursing history titled, "My Journey in Nursing Leadership for Health Policy Change."

The year ended with the 34th Annual Induction Dinner and Ceremony held in April 2011 at the Central Baptist Hospital Education Center. Kathy Hager, DNP, RN, APRN, FNP-BC, CDE, from the Bellarmine Lansing School of Nursing in Louisville was our keynote speaker. She addressed all with her presentation, "Measuring Your Wingspan, the Wind Beneath Your Wings, and the Distance You Can Fly..."

Member involvement helps maintain opportunities available for the chapter. Our fundraising committee held a very lucrative silent auction in December that raised \$1200 for our chapter scholarships. Our newly formed community service committee collected donations for the Bluegrass Domestic Violence Center and for Surgery on Sunday. The Scholarship and Award Committee gave out \$4130 in awards between the fall and spring applications. Our chapter also took part in sponsoring students and faculty from Mexico to attend the Sigma Theta Tau International (STTI) Leadership Conference held in the fall.

Our website has been redesigned and will be updated as needed.

Dr. Debra Moser was inducted into the STTI Nurse Researcher Hall of Fame in 2011. Several Delta Psi members were recognized in October by STTI at its 41st Biennial Convention. Dr. Dorothy Brockopp was honored with the STTI Evidence-Based Practice Award for 2011 and Dr. Diana Weaver received the STTI Daniel J. Pesut Spirit of Renewal Award for 2011. Dr. Suzanne Prevost will serve as president of STTI for the next biennium.

Membership is given to deserving undergraduate and graduate students, and professional nurse leaders. This year we inducted 18 undergraduate students, eight graduate students and seven nurse leaders. Delta Psi is always open for nurses who want to join and learn how they can enhance their own learning and network with other nurses who share the same vision of enhancing the profession. Please feel free to contact any of the executive board officers for more information.



THE UK COLLEGE OF NURSING PhD PROGRAM:

Celebrating 25 years

In 1986 the University of Kentucky College of Nursing introduced the first PhD nursing program in Kentucky, one of only six in the southern region and 38 nationwide. Over the years, the program has produced 98 PhD nursing graduates, many of whom are active in leading-edge research on new and emerging issues in care and care management and serve on nursing faculties at top universities nationwide, including the University of Kentucky College of Nursing. Since 1987, faculty-led research has played a significant role in helping the University of Kentucky in its quest to become a Top-20 public research university.

Where in the World ARE OUR PHD GRADS?

52% stayed in Kentucky

the furthest distance away from Lexington, Ky.
8,849 miles

18 STATES
5 COUNTRIES



KENTUCKY

- Dr. Deborah Armstrong
- Dr. Kristin Ashford
- Dr. Brooke Bentley
- Dr. Martha Biddle
- Dr. Linda Cain
- Dr. Karma Cassidy
- Dr. Misook Chung
- Dr. Alison Connell
- Dr. Donna Corley
- Dr. Sherill Cronin
- Dr. Judi Daniels
- Dr. Mary DeLetter
- Dr. Rebecca Dekker
- Dr. Peggy El-Mallakh
- Dr. Debra Hall
- Dr. Frances Hardin-Fanning
- Dr. Pamela Farley
- Dr. Muna Hammash
- Dr. Jenna Hatcher
- Dr. Carla Hermann
- Dr. Vicki Hines-Martin
- Dr. Patricia B. Howard
- Dr. Patricia K. Howard
- Dr. Muna Hammash
- Dr. Carol Ireson
- Dr. Lynne Jensen
- Dr. Connie Lamb
- Dr. Theresa Loan
- Dr. Regina Lowry
- Dr. Jihan Mahmoud
- Dr. Rosalie Mainous
- Dr. Susan Matthews
- Dr. Carrie McCoy
- Dr. Russell McGuire
- Dr. Jan Odom-Forren
- Dr. Zim Okoli
- Dr. Evelyn Parrish
- Dr. Deborah Reed
- Dr. Stanley Lee Ridner
- Dr. Gwen Rinker
- Dr. Patricia Ryan
- Dr. Leslie Scott
- Dr. Said Abu Salem
- Dr. Elizabeth Salt
- Dr. Judy Schreiber
- Dr. Suzette Sewell-Scheuermann
- Dr. Karen Sexton
- Dr. Mary Rado Simpson
- Dr. D. Scott Treadway
- Dr. Cathie Velotta
- Dr. Linda Wray
- Dr. Nancy York

IN MEMORY
Dr. Pam Farley
Dr. Janet Gross

USA

- ALABAMA**
Dr. Karen Heaton
Dr. Amy Yoder Spurlock
- ALASKA**
Dr. Faye Reilly
- ARKANSAS**
Dr. Seongkum Theo
- CALIFORNIA**
Dr. Amanda Fallin
- FLORIDA**
Dr. Steve Talbert
Dr. Cheryl Hoyt Zambroski
- GEORGIA**
Dr. Barbara Kiernan
- IDAHO**
Dr. Usama Saleh
- INDIANA**
Dr. Janet Carpenter
Dr. Theresa Kessler

KENTUCKY

- MARYLAND**
Dr. Karen Johnson
Dr. Paul Lewis
- MICHIGAN**
Dr. Cynthia McCurren
- NEW JERSEY**
Dr. Sarah Kelly
- NEW MEXICO**
Dr. Mark Parshatt
- NORTH CAROLINA**
Dr. Donald Kautz
Dr. Eun Jin Lee
Dr. Kay Price
Dr. Jia-Rong Wu

OHIO

- Dr. Fawwaz Al Atoul
- Dr. Maria De Jong
- Dr. Gail Moddemann

SOUTH CAROLINA

- Dr. Mary Beth McDowell

TENNESSEE

- Dr. Susan Adams
- Dr. Leslie Higgins
- Dr. Sandra Huddleston
- Dr. Lora Humphrey-Beebe
- Dr. Melanie Lutenbacher
- Dr. Geri Reeves
- Dr. Mavis Schorn

- WEST VIRGINIA**
Dr. Lou Ann Hartley
Dr. Barbara Nunley
Dr. Sandra Prunty

INTERNATIONAL

JORDAN

- Dr. Mona Abed
- Dr. Esam Al Khasib
- Dr. Hanan Al-Modallal
- Dr. Amani Khalil

OMAN

- Dr. Mohannad Abu Ruz

SWITZERLAND

- Dr. Susan Pope

THAILAND

- Dr. Kanok-on Chaowiang
- Dr. Sukjai Charoensuk
- Dr. Sopen Kunsrikoaw Chunuan
- Dr. Lukawee Piyanditkul

Since its inception, the PhD Program has prepared 98 graduates who provide leadership as faculty, researchers and administrators for numerous schools of nursing across the U.S. and in other countries. Graduates are using their knowledge to educate the next generation of nurses and to improve health outcomes of people around the world. They are truly making a difference! —Lynne Hall, associate dean for research and scholarship

OVER THE years 1986-2011

The PhD provides our students with the wisdom to understand which questions to ask to improve health, and the knowledge and skills to conduct the research to answer those questions. Nurses have always provided care to individuals to improve health outcomes; the PhD allows our graduates to do this at a higher level that can affect the lives of thousands of people.
—Terry Lennie, associate dean for PhD studies

LEADERSHIP Through the years
Margaret Grier 1986-96
Lynne Hall 1996-2006
Terry Lennie 2006-present

1985 Board of Trustees approves PhD Program

1986 Four doctoral students enroll; six more join in fall 1987

1992 FIRST PHD GRADUATES

2007 First BSN-PhD Option students were admitted

2011/25 years!

22

RESEARCH

WRITTEN BY:
Sue Fay

PHOTOGRAPHS BY:
various



An Early Passion for RESEARCH

A New Generation of Nurse Scientists Enters the Field

Call it a fever, a passion, a calling. Once the decision to become a nurse scientist takes hold, there's no turning back.



"I'd never even considered a career in nursing research when I began nursing school—wasn't even familiar with it as a path," says Amanda Fallin, PhD, RN.

For Dr. Fallin, the path became clear almost immediately. In 2005, during her sophomore year at UK, she was invited to participate in the College of Nursing's award-winning Undergraduate Research

Intern Option. The experience gave the 20-year-old BSN student an unforgettable, firsthand look at the rigors of nursing science and its critical role in today's evidence-based practice. Dr. Fallin recalls searching—and participating—in faculty seminars, going through the painstaking process of designing proposals, reviewing literature, interviewing target populations, analyzing data, and presenting and publishing findings.

And that was just the beginning. As a research intern, she was afforded experiences rare for an undergraduate nursing student, including the opportunity to accompany faculty members to major nursing conferences and seminars. Dr. Fallin remembers listening as her UK mentors and other nurse scientists from around the country talked about the results of their pioneering work.

"Everything I was seeing, everything I was doing was just really exciting," she says. "I knew this was what I wanted to do."

Terry Lennie, PhD, RN, FAHA, FAAN, is associate dean for PhD studies at the college. He believes initiatives like UK's Research Intern Option, which won the American Academy of Colleges of Nursing's 2009 Innovations in Nursing Award, is helping more and more students catch the research bug early, channeling them later into PhD programs that will prepare them to fill the growing national need for nurse scientists and nursing faculty. The college's accelerated BSN-PhD Option is designed to help ones that need. Dr. Lennie says ideally BSN-PhD students will come in together as a small cohort, giving the students an additional built-in support system as they make the transition to graduate studies.



"It's pretty rare that another discipline will say, well, you need to get 25 years of experience before you pursue a PhD. That's ridiculous. I knew what I wanted and I knew I wanted to go straight through with my education. I was met with nothing but support from UK faculty, though I did meet with some criticism and questions from some of the staff nurses that I worked with and even some nurse administrators who were out there on the front lines, not in academia, who didn't understand the need for continuing education. I'm glad I went straight to a post-doc fellowship because now I feel like I'm well-equipped to go back into academia, not only to teach, but to create a program of research that will make a difference."

—Dr. Kelli Stidham Hall

"Our PhD Program is intentionally small," he says, noting that the program generally admits 10 PhD students each year. "We want each student to work closely with a primary mentor and we want the faculty to have the time it takes to develop and grow that relationship."

Director of the National Institute of Nursing Research (www.ninr.nih.gov), Patricia Grady, PhD, RN, FAAN, says programs like UK's accelerated BSN-PhD are of vital importance.

"We have a history of nurses working their way to doctorates but the average age of the graduates remains at 47," says Dr. Grady. "The issue isn't about the age. It's about the years someone will have in a career to accomplish what must get done in order for us to improve the evidence base for practice. The University of Kentucky College of Nursing is to be congratulated on their efforts in this direction."

In 2007, after completing her BSN studies, Dr. Fallin entered the college's MSN Program. In 2009, she became one of the first four students accepted into the newly launched BSN-PhD Option. Along the way, she continued to hone her research skills as a graduate research assistant under faculty mentor and tobacco policy expert Ellen Hahn, PhD, RN. Dr. Fallin's participation in nationally funded research studies on tobacco prevention and smoke-free policy included a role as community advisor and assistant on a number of major studies spearheaded by Dr. Hahn.

"Working with Dr. Hahn was an amazing experience," says Dr. Fallin. "She's so respected, so connected and so very, very knowledgeable." In 2010, while finishing her PhD coursework and a dissertation centered on interventions related to the implementation of smoke-free policy, she joined the Kentucky Center for Smoke-Free Policy as a staff associate.

"UK is a great place for nursing education and especially in tobacco control policy," says Dr. Fallin who became the college's first BSN-PhD graduate last spring. In July, she began a prestigious post-doctoral fellowship at the University of California San Francisco where she's working as part of an interdisciplinary team at the Center for Tobacco Control Research and Education. After that, Dr. Fallin says she'd like to join the nursing faculty at a research-intensive university and continue pursuing her research interests in tobacco control policy adoption and implementation.

"Being a nurse scientist is very rewarding," she says. "It's exciting to feel you can answer a question and move the science forward and have an impact in the practice world." The good news is, at age 26, Dr. Fallin has many more productive years ahead of her to do just that.

Princeton University's first post-doctoral nurse research associate is 30-year-old Kelli Stidham Hall, PhD, RN, APRN. Dr. Hall, who received her BSN and MSN degrees at UK says she, too, "caught the research bug" as an undergraduate research intern.

"I had no clue I had an interest in research," she says. "A friend of mine was one of the first interns in the program. She was having such a positive experience and learning so much and was applying it even at the bachelor's level. I approached Dr. Patricia Burkhardt (associate dean for undergraduate studies) and told her I wanted this kind of experience. She was so positive, so welcoming. She was such an excellent role model for me, very organized, very on top of things."

Dr. Hall's research interest in adolescent reproductive health eventually led her to Columbia University for her PhD where she studied under one of the field's leading

nurse researchers in women's health. Dr. Hall says Dr. Burkhardt encouraged her to find the right mentor for her PhD research interests and helped her weigh the options. It's that level of interest and attention that distinguishes the UK faculty, says Dr. Hall.

"I have to tell one story about Dr. Burkhardt. I think about this every single day. She was so enthusiastic about her research, she kept a notepad by her bed at night and would wake up, if not every night, then close to it, and write down research ideas for her next big grant or project. I do that now! I actually have a notepad by my bed and even one in my purse. She was so right! The ideas just pop into your head and you have to take advantage of them. I think this speaks to Dr. Burkhardt's academic inquisitiveness. She's passionate about what she does and she's constantly thinking about issues, even in her sleep."

Dr. Hall and Dr. Fallin both appreciate the pivotal role college faculty members, past and present, have played in the development of nursing science as a discipline nationwide. Says Dr. Hall, who still has all of her UK nursing books on her desk at Princeton, including the seminal work on nursing science, *Fundamentals of Nursing Research*, co-authored by the college's own Dorothy Brockopp, PhD, RN, "They really fought the fight to establish nursing science as its own entity and a respected approach to research. I have so much respect for Dr. Burkhardt, Dr. Brockopp, Dr. Lynne Hall (associate dean for research and scholarship) and the other leaders who were there when I was. They were the ones who paved the way to give me the secure base I have now in nursing research. They helped put nurse research on the agenda."

MILITARY
NURSING:

**NO OTHER
OPPORTUNITY
LIKE IT**



IN A CAREER FIELD
oriented toward *servicing others*,
it is not surprising to find
SO MANY NURSES
with an interest
in *military service*.



In the ten years since the events of September 11, 2001,
the military footprint around the world has vastly expanded touching
the careers of many UK College of Nursing alumni and faculty as well as
impacting the training of its ROTC undergraduates.

There are a myriad of opportunities for nurses via a military career and
the College of Nursing works with military personnel at every stage of
their careers to optimize the educational opportunities afforded by being
both in the armed services and students in the College of Nursing.

Nursing senior and Army ROTC cadet Jennifer Graehler found nursing and the Army almost at the same time. The Lexington, Ky., native came to UK on a Governor's School for the Arts scholarship. Originally a math education major, Ms. Graehler switched in pre-nursing because "...it combines both the technical aspect of the sciences with a hands-on, interpersonal approach we get with our patients."

While coming to that decision, she also was taking an ROTC class for a social science credit and getting up for morning physical training time (twice a week) to "discover what ROTC was all about and whether the Army was the right choice for my career." When it became clear that nursing was her calling, Ms. Graehler said that the Army seemed like the perfect fit to make it happen.

The military has a need for BSN-prepared nursing personnel and offers them benefits they do not extend to other ROTC cadets. At UK, the Army and Air Force ROTC programs offer very attractive scholarship packages that in some cases include a full scholarship, including books, room and board. The Army covers the costs of the NCLEX-RN review course and exams, buys their equipment and uniforms, pays their transportation insurance and administration fees, and guarantees them a nursing position in the military following graduation.

While in nursing school, the UK ROTC programs work closely with the College of Nursing. "The collaborative relationship between the Army and Air Force ROTC programs originally started because there was a shortage of nurses in the military, and because we've been so selective and taken them under the wing of a dedicated advisor, there has been a significant increase in those coming out of nursing school and ROTC faculty advisor and Assistant Professor Fran Hardin-Fanning, PhD, RN, College of Nursing.

Since becoming ROTC faculty advisor more than three years ago, Dr. Hardin-Fanning describes her role as an advocate and liaison for ROTC nursing students as they navigate the time pressures of ROTC and nursing school. She works with them to override their schedules, gives them opportunities to turn their ROTC Nurse Summer Training Program (NSTP) at military hospitals into independent study credits, and studies calmly in their mailboxes on special occasions to sweeten their full schedules.

And the schedule is very full. Ms. Graehler's typical day finds her out of bed in time for 6 a.m. physical training with her fellow cadets, followed by a day packed with nursing classes, ROTC classes and leadership labs, and then off to the library to study "...and you fall asleep, which is preferably earlier rather than later because it's up again at 5 a.m. the next day," described Ms. Graehler.

Her undergraduate schedule has little time built in for football games and parties, but ROTC affords her short-term goals that make the rigorous schedule manageable. With her sights set on traveling internationally for her NSTP, offered to ROTC nursing students following their junior year, she makes a point to keep her GPA high and works hard to make out her ROTC physical training tests. All that work paid off when she spent July and August 2011 at Landstuhl Regional Medical Center in Landstuhl, Germany for her NSTP.

"I worked there providing medical care to soldiers who were transported from Iraq and Afghanistan after being wounded, to be stabilized in Landstuhl," said Ms. Graehler of her experience. "It was a fantastic opportunity to travel and do something that I love and am passionate about."

Many other active duty and reserve military personnel take advantage of the benefits offered by their respective branches when it comes to earning their advanced nursing degrees. Retired Commander Brad Briscoe, MSN, RN, APRN, CNS, CEN, U.S. Navy Nurse Corps, initially entered the U.S. Naval Reserve shortly after high school in 1985. He received tuition assistance and GI Bill benefits while attending nursing school at the University of Louisville. After his undergraduate program, CDR Briscoe went on to active service in 1991. Then, in 2000, the Navy paid his way back to school, at the University of Kentucky where he obtained

an MSN, specializing as an adult clinical nurse specialist and acute care nurse practitioner. CDR Briscoe is currently working on his Doctor of Nursing Practice at the College of Nursing and expects to graduate in summer 2013.

While the educational opportunities are great, most military nurses focus on the diversity of experiences afforded them. In the case of Captain Debra Hall, PhD, RN, CCRN, U.S. Navy, director of nursing research, staff development and practice improvement, UK HealthCare, it was the desire for a challenge in her nursing career that led her to the military. "I wanted to continue to be a nurse, but I wanted to look at using it in a different context," explained CAPT Hall.

As a Navy reservist, CAPT Hall experienced nursing in the context of operational field exercises in how to handle the aftermath of a natural disaster, led a Navy medical humanitarian trip to South America, and spent the last two weeks of April 2011 familiarizing herself with small arms.

"Not too many nurses do that," said CAPT Hall.

Currently, CAPT Hall is experiencing nursing in the context of a military operation as she is now on a tour of duty in Afghanistan. This is her first tour after almost 17 years as an officer and reservist.

Many military nurses also are provided learning experiences much earlier in their careers than they would experience in the civilian world. One of Dr. Hardin-Fanning's ROTC students, who was receiving independent study credits for her NSTP internship, wrote about how she had intubated a patient "...and I thought 'I'm a registered nurse and I've never intubated a patient!'" recalled Dr. Hardin-Fanning.

When Assistant Professor and U.S. Army Reserve Colonel Kathryn Moore, DNP, RN, CCRN, CEN, ACNP-BC, ANP-BC, GNP-BC, U.S. Army Nurse Corps, served as assistant chief nurse with the 10th Combat Support Hospital in Baghdad in 2005 and 2006, nearly 80 percent of her nursing staff had graduated from nursing school that May. Yet by the time they left, most had taken and passed either the Certified Emergency Nursing Examination or the Critical Care Nurse Examination.

"That gave these nurses the opportunity to go home with something very tangible,"

SAID COL MOORE, WHO TAUGHT THE REVIEW CLASSES for both exams in the mornings between shifts when the hospital caseload was lightest. "After a year in theater, they had the board certification they needed to be eligible to get their specialty and get some additional pay. It was very 'Here are your classes... here is your exam... DUCK AND COVER!'"

COL Moore herself joined the Army after working for several years as a physical education instructor and school nurse and wanted to find a way to pay for her BSN. Now 22 years, three degrees and five deployments later, "...it's really turned out to be one of the best things I ever did," said COL Moore. "I have loved every minute of it. And there's a whole lot of opportunity that still awaits me."

One of the benefits of early and diverse experiences is it gives young nurses the opportunity to practice the leadership skills drilled into them. As a new RN, CDR Briscoe remembers being put on night shift and placed in charge of other medical professionals on his floor. "You really receive a unique opportunity to lead people from different walks of life, experience different cultures, and are faced with challenges that you wouldn't experience in the civilian setting," said CDR Briscoe. "You will be put in unique environments where you're going to be asked to produce and given an opportunity to excel. I certainly appreciate every opportunity that I've gotten since coming into the Navy in 1985."

With outstanding opportunities in education, experience and leadership, the nurses of the U.S. Armed Forces are equipped to make a positive impact both at home and abroad. From undergraduate ROTC students to military officers with years of service, the College of Nursing does its part to equip each of them with the academic and clinical skills needed to help military nurses do their part to serve our country.

"We've been very successful."

SO SUCCESSFUL IN FACT THAT IN 2010, Exceptional Army one of the top nursing efforts in collaborating supporting the education of



CDR Brad Briscoe, MSN, RN, APRN, CNS, CEN, U.S. Navy Nurse Corps



CAPT Debra Hall, PhD, RN, CCRN, U.S. Navy



(left) COL Kathryn Moore, DNP, RN, CCRN, CEN, ACNP-BC, ANP-BC, GNP-BC, U.S. Army Reserve



WRITTEN BY
Sue FayPHOTOGRAPHS BY
Lee Thomas

EXECUTIVE DECISION:

The DNP Nurse Leader

“Nursing has definitely earned a seat at the table.”

COLLEEN SWARTZ, DNP, MBA, RN, NEA-BC
Chief Nurse Executive, UK HealthCare



THE UK COLLEGE OF NURSING DNP: CELEBRATING A DECADE OF GROWTH

In 2001, the college launched the groundbreaking Doctor of Nursing Practice (DNP), the model for practice doctorates in nursing programs around the country. UK faculty members past and present played a major role in defining DNP guidelines and education requirements, and many of them continue to be high profile advocates for the adoption of the doctorate as the terminal degree for clinical practice and nurse leadership. The program's first graduating class in 2005 was made up of six post-master's students. For Fall 2011, the college admitted 46 DNP students, including those pursuing BSN-DNP degrees. In 2011, 24 students completed the DNP Program with nearly a quarter opting for the nurse executive focus.

“Nursing has always put the emphasis on the big picture which is the nature of a holistic approach. A nurse in executive-level leadership can help others connect passion to purpose.”

TUKEA TALBERT, DNP, RN
Chief Nursing Officer, Clark Regional Medical Center



Today's health care environment isn't simply one environment. It's a vast and complex mix of them. From patient health to fiscal health, the issues facing health care organizations are challenging. For a new generation of doctorally prepared nurse executives, the first challenge has already been met.

“Nursing has definitely earned a seat at the table,” agrees Chief Nurse Executive for UK HealthCare, Colleen Swartz, DNP, MBA, RN, NEA-BC, who was actually already at that table when she decided to pursue her practice doctorate. Dr. Swartz and other DNP graduates with a concentration in executive nurse leadership are part of a small but growing body of doctorally prepared nurses in upper-level management in health care systems nationwide.

“In the last ten, maybe fifteen years, those who have made the primary decisions in health care, other than medical decisions, have been health administrators, chief financial officers and others with expertise outside the clinical arena,” says Patricia Howard, PhD, RN, NEA-BC, FAAN, associate dean for MSN and DNP studies at the College of Nursing. “There was a real need for a highly educated, skilled individual who clearly understood how to design, evaluate and improve the context within which care is delivered.”

What better place to find that individual than in the discipline known for its holistic approach and its focus on the importance of the patient environment?

In a far-reaching position statement released in 2004 by the American Association of Colleges of Nursing (AACN), the nation's top nursing leaders made a compelling case for doctoral-level nurses whose blend of clinical, organizational, economic and leadership skills would enable them to evaluate and critique nursing practice. The proposed practice doctorate would equip this new group of nurse leaders with the knowledge to design programs of care delivery which would be “locally acceptable, economically feasible and significantly impact health care outcomes.”

The Essentials of Doctoral Education for Advanced Nursing Practice, adopted by AACN in 2006, became the guiding document for today's Doctor of Nursing Practice (DNP) degree. “We actually developed our curriculum before that document came out,” says Dr. Howard, noting that UK's DNP and the pioneering faculty members behind it played a significant role in the national DNP movement.

Patricia Hughes, DNP, RN, NE-BC, was a member of the college's inaugural DNP class in 2001. Dr. Hughes was already working as patient care manager for UK HealthCare's Markey Cancer Center Surgical Oncology Unit when she decided to pursue the college's new

practice doctorate for nurse executive leadership. Dr. Hughes says the gains she made in financial management and project development were particularly valuable to her as was the broadened perspective on care and care systems. She says the advanced degree gave her a more global view, one that helped open new doors—and almost immediately. In 2007, shortly after receiving her DNP degree, Dr. Hughes was offered the upper-level management position she holds today as director of acute care, inpatient oncology and renal dialysis for UK Albert B. Chandler Hospital. She believes the DNP not only gave her the credentials she needed for the position but the knowledge she needed to make a smooth transition from patient care manager in charge of one unit to director of thirteen units. It also gave her a voice. “I'm now asked to participate in activities and projects that I might not have been invited to participate in otherwise,” she says. “Having a DNP positions me in the workplace uniquely.”

Tukea Talbert, DNP, RN, chief nursing officer of Clark Regional Medical Center in Winchester, Ky., would agree. “The DNP helps you look beyond the traditional,” Dr. Talbert, who was also among the first students admitted to the program, was awarded her degree in 2005. At the time, she was working in higher management at UK HealthCare's Markey Cancer Center. Her capstone project analyzed the effects of stress on cancer patients whose treatments required isolation. The use of cell phones, a novel solution when she came up with it nearly a decade ago, helped patients feel more connected, which improved stress levels measurably.

Finance. Business planning. Information technology. Some of the subject matter in the UK DNP curriculum doesn't sound like the stuff of nursing or nursing practice—but it most definitely is, especially today and especially for the executive-level nurse. “Nurse executives are looking for skill development in operations, decision-making, business acumen, team-building and collaboration,” says Dr. Swartz. Her role as lead nurse executive for UK HealthCare puts her in charge of nursing care across the organization's diverse clinical enterprise. She works in close partnership with UK HealthCare's Chief Medical Officer Paul D. DePriest, MD, on the quality, safety and service agenda for the entire system.

Dr. Swartz is directly involved in key decisions on the implementation of evidence-based clinical practices that reduce costs and improve outcomes. She evaluates clinical nursing procedures and leads interdisciplinary teams to help form collaborations across disciplines to improve patient care. She's also working on business cases for new productivity tools and designing initiatives to ensure that advanced practice nurses are functioning at the top of their licenses.

Events

/2011-2012

The College of Nursing Alumni Association

We are pleased to welcome Pamela Gage as the new president of your College of Nursing Alumni Association. We extend special thanks to Patty Hughes for her wonderful leadership and service as president for the past two years.

The college's alumni association has been busy this past year. We marked the 50th anniversary of the college, inducted five new members to the College of Nursing Hall of Fame, instituted a new policy that all graduates of the college are automatically members of the College of Nursing Alumni Association (you no longer pay a membership fee to join the college's alumni association), and launched the Boomerang Society, which enabled us to award a scholarship to a deserving undergraduate nursing student.

We are looking forward to another exciting year as the college celebrates the 10th anniversary of the DNP Program and the 25th anniversary of the PhD Program. Join us! There are many opportunities to participate with the alumni association and remain in contact with your classmates, the college and the university. **If you would like more information about participating with the college's alumni association and/or the Boomerang Society, please contact Aimee Baston at abaston@email.uky.edu or (859) 323-6635.**

March 15

The College of Nursing Caring Society Reception

5:30 p.m.-7 p.m., University of Kentucky Art Museum
Donors who have supported the College of Nursing are invited to a reception at the University of Kentucky Art Museum hosted by Dean Jane Kirschling. The College of Nursing Caring Society recognizes donors who have given or pledged \$5000 to the college or have included the college in their estate plans.

Donors will have the opportunity to meet current students, faculty and staff while enjoying a wine and cheese reception and viewing the first traveling exhibition in the U.S. dedicated to the multi-layered work of Aboriginal artist and activist Richard Bell, one of Australia's leading and most controversial artists, which will be on exhibit.

If you are interested in learning more about how to become a member of the Caring Society, please contact Aimee Baston at abaston@email.uky.edu or (859) 323-6635. This event is complimentary and paper invitations will be sent in early 2012.

December 16

UK College of Nursing BSN Pinning Ceremony
11 a.m., Singletary Center for the Arts
Students must arrive by 10 a.m.
Guests may begin seating at 10:30 a.m.
For more information go to www.uky.edu/SCFA/info.php

Coming Spring 2012!

The College of Nursing is excited to celebrate the 25th Anniversary of the PhD Program and the 10th Anniversary of the DNP Program. Watch our website, your email and mailboxes. More information on upcoming events to mark these wonderful milestones in our college's history coming soon!

May 4

Graduate Student Hooding Ceremony and Reception
10 a.m., Singletary Center for the Arts
Dean Jane Kirschling, faculty and staff invite you to attend the hooding ceremony and reception in honor of the December 2011 and May 2012 MSN, DNP and PhD graduates. Please feel free to join us for this special event.

BSN Pinning Ceremony
1 p.m., Singletary Center for the Arts
Dean Jane Kirschling, faculty and staff invite you to attend the pinning ceremony in honor of the May 2012 BSN graduates. Please feel free to join us for this special event.

Lyman T. Johnson Award WINNER

LATOYA BO'NEE LEE



LaToya Bo'nee Lee receives her award from Emmett "Buz" Burnam, UK associate director of diversity recruitment.

College of Nursing Student Honored With Lyman T. Johnson Award

Distinguished UK students and alumni were honored in April 2011 with Torch Bearer and Torch of Excellence Awards during the 30th Annual Lyman T. Johnson Student Awards Banquet.

The event, sponsored by the UK Black Student Union, is designed to recognize outstanding student achievement in the areas of scholarship, leadership and service. It is named in honor of Dr. Lyman T. Johnson, the legendary human rights champion whose landmark legal victory in 1949 resulted in the desegregation of the University of Kentucky.

LaToya Bo'nee Lee, a December 2010 BSN graduate of the College of Nursing, was honored with a Torch Bearer Award.

Ms. Lee originally graduated from the University of Louisville in 2006 with a BA in psychology. While employed at a psychiatric hospital, she worked with autistic and Down syndrome pediatric patients. Seeing the nurses spend more time with the children than the therapists did persuaded her to work toward a more hands-on approach, so she applied to the UK College of Nursing's Second Degree BSN Option.

She credits her faith with keeping her on track and believes God put her here to help others. In her first ICU clinical, she checked on a patient and believed he was having a heart attack. She alerted her preceptors who were astonished that she recognized the signs and alerted them so quickly in a calm and cool manner.

As a Second Degree student representative, she was involved with prospective student interviews in which faculty relied on her observations and opinions. She assisted with student orientation and helped new students adjust to the program, recalling her own experiences.

Faculty noted that, "She and a fellow student made outstanding contributions to the health of a low income neighborhood in Lexington by promoting interest in the community garden and teaching young people to participate in caring for the garden."

Her ultimate goal is to earn her DNP from UK and to teach in a nursing program and give back to others. Faculty members have already approached her about mentoring her in this role and look forward to seeing her grow.

New College Donor Wall DEDICATED

"The nursing profession's tradition for caring is displayed and sustained through generous gifts." —Vicki Beekman Gorman, BSN, RN



This spring, the UK College of Nursing unveiled a new custom-designed art glass donor wall display that not only lists the named scholarships, awards and endowed chairs made possible by donor gifts but the impact of those gifts on this year's student and faculty recipients. "The new donor wall is truly reflective of our college, its students and the generosity of our faculty, alumni and friends," says former Director of Alumni and Development for the College of Nursing, Laurel Martin, who was serving in that role last spring when the wall display was installed. "The stories behind many of our donor gifts are so moving. The new donor wall is very personal, very much who we are."

The dramatic glass and acrylic display is inscribed with the names of Caring Society donors as well as those who have made a bequest to the college through planned giving. A changeable gallery of quotes and photographs showcases the most recent student beneficiaries of donor generosity. The quotes were selected from student interviews on what the scholarship award meant to them. "They all talked about how inspiring and supportive it feels to know that somebody they've never even met believes in them and in their future," says Martin. "The new wall allowed us to put a face on that impact." Martin says student recipients often mention a strong desire to "pay it forward" and their own intention to give back so that tomorrow's nursing students can have the same experience they've had.

The display itself was commissioned specifically for the college and features beautifully etched art glass and a representation of the college's signature boomerang symbol. A central quote, written by college alumna and current Dean's External Advisory Board member Vicki Beekman Gorman, BSN, RN, captures the heart of college giving. Gorman and her husband recently established the Vicki Beekman Gorman Undergraduate Nursing Scholarship, which was awarded for the first time in the 2010-2011 academic year to student Jamie Hatcher.



Prominently located in the main hallway on the third floor of the nursing building, the wall display was designed with plenty of room for growth and recognizes the contributions recently received in honor of the college's 50th anniversary celebration.

IN THEIR own words

The new University of Kentucky College of Nursing donor wall features photographs and quotes from recent scholarship recipients and offers them a chance to thank those whose gifts have deeply touched them.



"Working in the nursing field has always been a goal of mine because I love helping others. I couldn't accomplish this goal by myself. The Everly-Highgenboten Scholarship is an excellent example of the generosity of others to help me achieve my goals in life."

—James Grau,
Waynesville, Ohio
Everly-Highgenboten Scholarship recipient



"I am so grateful to have received this scholarship and to have this opportunity to attend nursing school and to initiate the project for teenage pregnancy which will allow me to make an impact during my college career."

—Rachel Dickman,
Louisville, Ky.
Lynn Garman Au Scholarship recipient



"I have been blessed to receive a scholarship and this honor comes with a sense of great responsibility."

—Molly Gadd,
Fort Thomas, Ky.
DNP Academic Excellence Scholarship recipient



"I would like to thank Dr. Marcia A. Dake for her support as I pursue my dream of becoming a nurse. I hope to follow in her footsteps making a difference in the many lives I touch as a nurse."

—Serah Kimama,
Kajiado, Kenya
Marcia A. Dake Undergraduate Nursing Scholarship recipient

50th Anniversary Phonathon A RECORD-BREAKING SUCCESS!

The College of Nursing 2011 Phonathon concluded April 6 and was the cornerstone of the 50th Anniversary "50 Days of Giving," which focused on securing annual gifts from alumni and friends of the College of Nursing. Through their generosity, we received commitments totaling \$38,540 from 463 pledges. This was a nearly six percent increase over last year's record-breaking total.

We are also pleased to announce that thanks to a challenge grant provided by UK HealthCare, individuals who increased the amount of their gift this year—over last year's gift—received a dollar-for-dollar match for the portion of their gift above the amount they gave last year. The maximum amount of the challenge grant offered was \$20,000, and we have already secured more than \$19,000 with hopes of raising the remaining portion with follow-up mailings.

All of these gifts will support the New Opportunity Fund which provides for graduate and undergraduate scholarships as well as other opportunities and needs.

"I deeply appreciate the generous alumni and friends who have supported the college in the past and have committed to doing so in the future. I know that many of you answered our call and responded with a generous gift to help our students and extend the College of Nursing's tradition of excellence into the next half century. Thank you for taking the call!"

—Dean Jane Kirschling

DONORS

Giving List

THANK YOU

ALUMNI & FRIENDS
GIVING

ALUMNI & FRIENDS
GIVING

** Nursing Fellows / ** Caring Society: We thank the following alumni, friends, foundations and companies who have generously given to the college at the \$5,000 level and above.

The following alumni have kindly and generously given to the College of Nursing during the 2010-2011 fiscal year which ran from July 1, 2010 until June 30, 2011. We thank each and every one for helping to make a difference.

Mrs. Carole A. Sammons
Dr. Marcia K. Stanhope**
Mrs. Dixie M. Webb

1968

Mrs. Linda F. Burke
Mrs. Ann C. Curry*
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