

# ENS

## FRONTIER NURSING SERVICE

Volume 61

Number 1

Summer, 1985

### QUARTERLY BULLETIN



US ISSN 0016-2116

**Front Cover:**

When the Mary Breckinridge Hospital was dedicated in January 1975, as the Frontier Nursing Service was nearing its fiftieth anniversary, there was placed in its cornerstone a collection of mementos that symbolized its purpose and history. This year, as FNS observes its sixtieth anniversary, it is moved to reflect again on those meaningful symbols, as recorded in the photograph that is reproduced on the cover of this issue.

The cornerstone collection includes Mary Breckinridge's Bible; a photograph of her son, Breckie, and her father, Major Clifton Rodes Breckinridge; an invitation to the dedication of the new hospital; a list of donors to the Mary Breckinridge Hospital and Development Fund; a statement of the Object of FNS (from the Articles of Incorporation); the Motto of the Service; and, "in memory of bygone days," a horseshoe. These are displayed on a silver tray presented to FNS by Mr. and Mrs. Roger L. Branham.

Although FNS has scheduled no formal anniversary celebration this year, a special tribute to the Service will take place at the University of Kentucky on November 7. At that time, the FNS archives will be presented to the university in dedication ceremonies co-sponsored by the University of Kentucky Library and the UK College of Nursing. In the article that begins on page 2 of this issue, Anne G. Campbell, curator of the Appalachian Collection at the university, describes the Frontier Nursing Service Collection and tells something of the plans for the dedication ceremonies.

**Photo Credits:** Cover photo by Gabrielle Beasley. Photos on pages 2, 3, and 5 by courtesy of the Frontier Nursing Service Collection, University of Kentucky Library. Photos on pages 8 and 15 by Judy Lewis.

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**CONTENTS**

FNS Archives to Be Presented to University of Kentucky During 60th Anniversary Observances in November <i>by Anne G. Campbell</i>	2
Judy Jones Lewis is New Director of Development for FNS	6
International Visitors Study FNS Rural Health Program <i>by Judy Lewis</i>	7
Beyond the Mountains <i>by Kate Ireland and Judy Lewis</i>	10
In Memoriam	12
Memorial Gifts	13
Urgent Needs	14
Staff Opportunities	14
Photo Page	15
Notes from the School <i>by Ruth Beeman</i>	16
In Brief	17
Courier News	17
Alumni News	18
Field Notes	19
News of Former Staff	22
FNS Director Reports to Annual Meeting on Year's Accomplishments	23
 <b>SIXTIETH ANNUAL REPORT OF THE FRONTIER NURSING SERVICE, INC. for the Fiscal Year May 1, 1984 to April 30, 1985</b>	
	27-45

Comments and questions regarding the editorial content of the *FNS Quarterly Bulletin* may be addressed to its Managing Editor, Robert Beeman, at the Frontier Nursing Service, Hyden, Kentucky 41749.

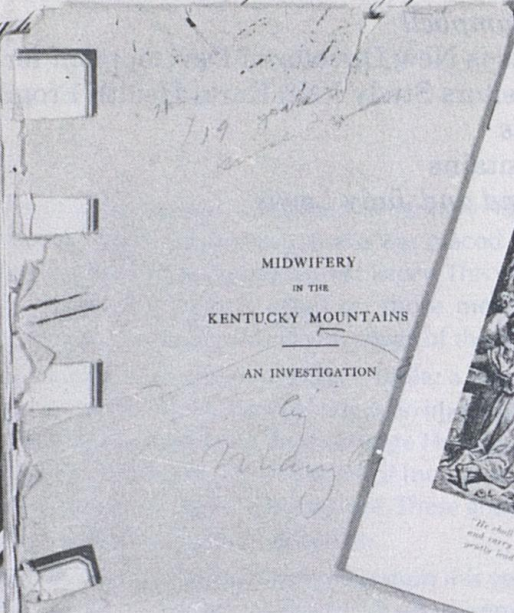
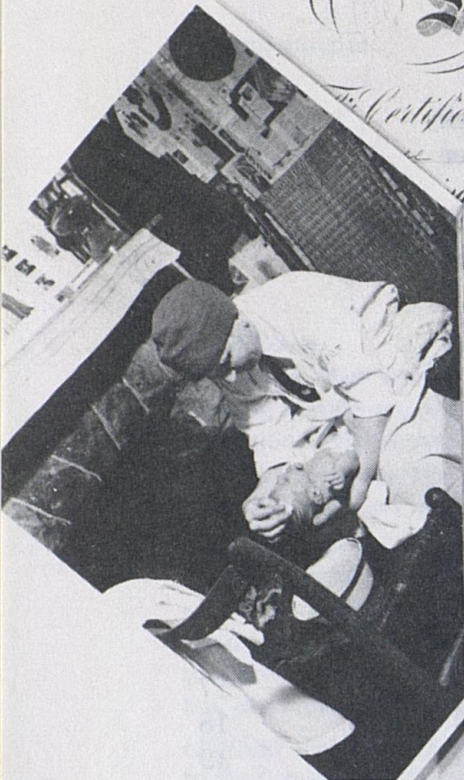
Certificate No. 1

# State Board of Health

STATE OF KENTUCKY



Certifies, that Mrs. Mary Breckenridge aged 47 years a native of  
and now a resident of the County of Leslie in the State of  
Kentucky



The Frontier Nursing Service Collection contains many documents that go back to Mary Breckenridge's studies and plans for organizing the Service, which in its first years was known as the Kentucky Committee for Mothers and Babies. This photograph of important documents includes Mrs. Breckenridge's certificate to practice midwifery in Kentucky, the first of its kind issued by the State Board of Health. Also shown is the first issue of the *FNS Quarterly Bulletin*, a report called "Midwifery in the Kentucky Mountains," and an early photograph of a midwife and child.

## FNS ARCHIVES TO BE PRESENTED TO UNIVERSITY OF KENTUCKY DURING 60TH ANNIVERSARY OBSERVANCES IN NOVEMBER

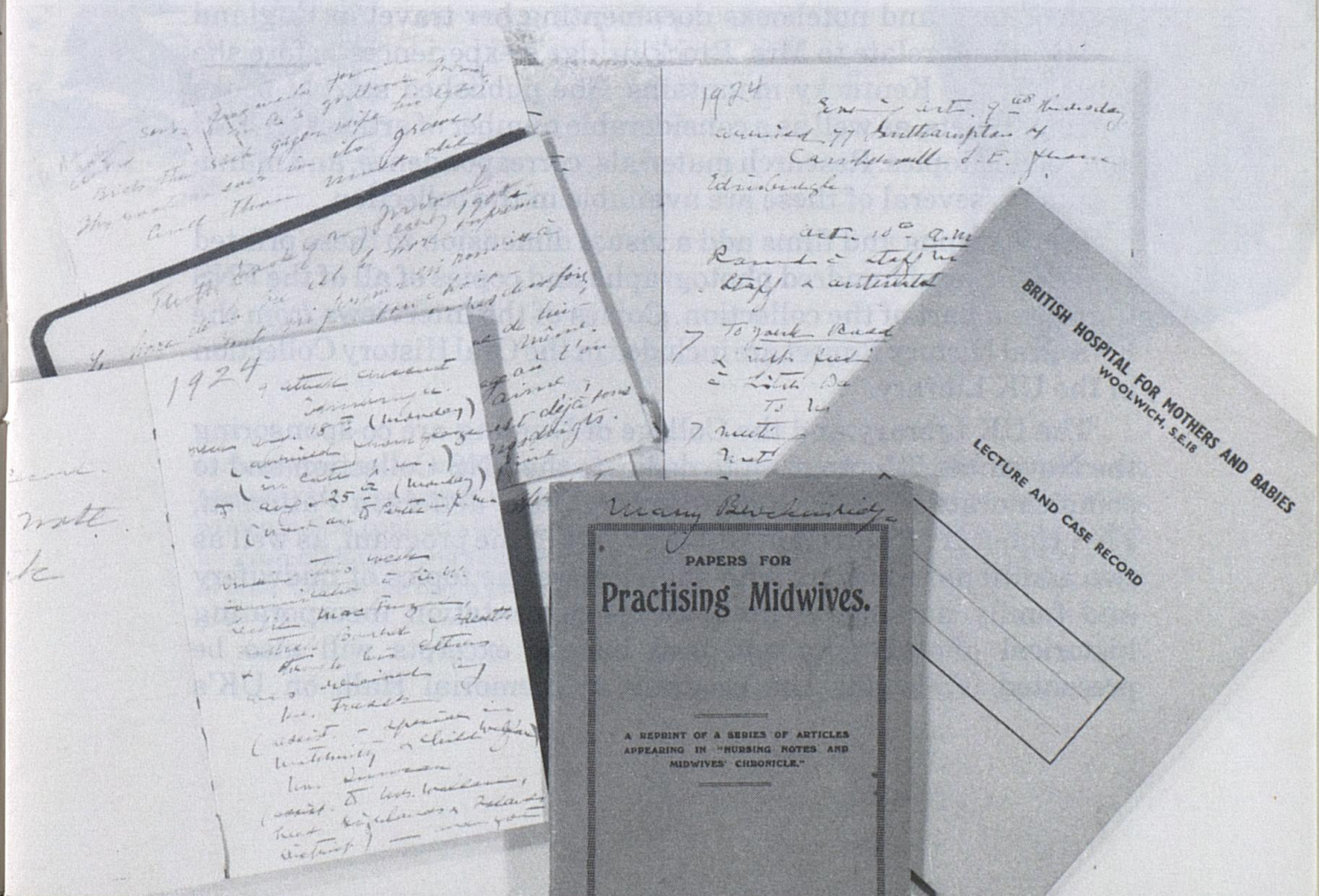
by Anne G. Campbell  
Curator of the Appalachian Collection  
University of Kentucky

The Frontier Nursing Service Collection, a significant and valuable historical archive, will be formally presented to the University of Kentucky on November 7, 1985. The collection includes a wealth of materials which document the organization's background and its development over the last sixty years. These records have been transferred to the University of Kentucky Library, where they have been organized and catalogued under the author's direction.

The author and Terry Birdwhistell, Director of UK's Oral History Program, served as consultants to FNS's Oral History Project several years ago. Our visits to Wendover acquainted us with the array and quantity of historical materials generated by FNS. In recognition of the need to preserve these important records, arrangements were made to establish the Frontier Nursing Service Collection at the UK Library. During recent years, the Wendover staff has worked with the Library to locate items which are included in the collection. File cabinets, closets, desk drawers, old trunks, and various other locations revealed many dusty papers and old files.

FNS' organizational history is documented in its articles of incorporation and in the original and amended by-laws. Minutes of meetings provide information on the administration of the organization. Detailed statistical reports and the well known Metropolitan Life Insurance Company's *Tabulations of FNS Midwifery Records* are evidence of FNS' early success in carrying out its mission.

Mary Breckinridge's personal keepsakes form an important part of the collection. Shown here are pages from her girlhood journals and memorabilia from her travels in England and Scotland prior to founding the Frontier Nursing Service in 1925.



Extensive office files document the day-to-day activities at the Wendover offices from 1925 to 1973. Files under headings such as "Chickens and Gardens," "Federal Crop Loans," "Horses," and "Uniforms" are found in the earliest set of records. Ledger books offer a detailed record of the accounting system set up by Mrs. Breckinridge and a Lexington accountant in 1929. The Wendover staff accurately kept records of expenditures and income for a variety of accounts.

The initial organization of committees, both in Kentucky and beyond the mountains, is recorded in the City and District Committee files. Minutes of meetings, invitations and mementos from committee events, and material relating to the *Brittanic* and *Belgenland* cruises in the early 1930s are found in these files. Mrs. Breckinridge's efforts to establish and maintain support for FNS may also be seen in the appeals such as "Waiting" and "Will You Fill Her Saddlebag?" The collection includes examples of these and additional cards, brochures, and fliers that solicited patrons for FNS.

Another significant aspect of the collection is Mary Breckinridge's personal materials. Items including pages from her girlhood journals, correspondence with her mother while in France after World War I, and notebooks documenting her travel in England and Scotland relate to Mrs. Breckinridge's experiences before she settled in the Kentucky mountains. She published several books and pamphlets, as well as a considerable number of articles on FNS and related topics. Research materials, correspondence, and manuscripts for several of these are available in the collection.

Photographs and films add a visual dimension to these printed records. Several hundred photographs and copies of all of the FNS films are a part of the collection. Copies of the interviews from the FNS Oral History Project are included in the Oral History Collection in the UK Library.

The UK Library and the College of Nursing are co-sponsoring the November 7th program to dedicate the FNS Collection and to commemorate FNS' 60th anniversary. Mrs. Jefferson Patterson, FNS Honorary Chairman, will take part in the program, as well as two additional speakers who will address the topics of midwifery and family nursing. A multi-media presentation incorporating historical photographs and oral history excerpts will also be presented. Following the program at Memorial Hall, on UK's



**JUDY JONES LEWIS  
IS NEW DIRECTOR  
OF DEVELOPMENT  
FOR FNS**



Judy Jones Lewis joined the Frontier Nursing Service on June 17 to replace Ron Hallman as director of development. Ron has left FNS after more than three years of capable and devoted service in order to take a position in Washington, D.C. The FNS director of development is in charge of public relations and raising private donations for the benefit of the programs at FNS and is also in charge of organizing the Open House tours at Wendover.

Mrs. Lewis comes to FNS from the *Lexington Herald-Leader*, where she was bureau chief for the southern Kentucky bureau, which covers counties from Leslie to Metcalfe. Prior to that, she had worked as a reporter for the *Owensboro Messenger-Inquirer*, Owensboro, Kentucky; the *Park City Daily News* in Bowling Green, Kentucky; the *Roane County News* in Kingston, Tennessee; and the *Middlesboro Daily News* in Middlesboro, Kentucky. A native of Middlesboro, Mrs. Lewis attended the University of Kentucky and majored in psychology. While attending UK, Mrs. Lewis was a member of the Dean's List three times and performed research in attitude attribution with psychology graduate students.

While a high school student, she was a member of the National Beta Club, the National Forensic League, Modern Music Masters, and the student council, and founded the first printed newspaper at the school.

In 1984, Mrs. Lewis was honored by the Kentucky Press Association for writing the year's best general assignment news story and the year's best investigative story.

The wife of Joe R. Lewis of Hyden, Mrs. Lewis plays classical piano and enjoys English literature. She and her husband are currently renovating their Hyden home. Mr. Lewis is the grandson of Gillous and Leona Morgan — Mrs. Morgan was the first Hyden woman to become a nurse for the Frontier Nursing Service. Mr. Lewis is the nephew of Mrs. Carrier Parker, who is on the Washington, D.C. Committee for FNS, and is also a nephew to Dr. Jack Lewis, a Berea physician who formerly worked for FNS.



## INTERNATIONAL VISITORS STUDY FNS RURAL HEALTH PROGRAM

by Judy Lewis

Guests from all over the world interested in rural health care visited Frontier Nursing Service this summer to learn about our unique method for serving southeastern Kentucky and beyond.

From places as far away as The Gambia, Australia, Lebanon, the Sudan, and South America, dozens of people have observed FNS' employees at work and have asked questions about how our innovative methods could be used overseas.

Our most recent international visitor was Dr. Habib N'Jie, Assistant Director of Health for The Gambia. Traveling with Mr. Henry Van Blake, a representative from the African-American Institute, Dr. N'Jie visited FNS August 5 and 6, staying overnight at the Big House at Wendover.

Dr. N'Jie's visit was part of a nationwide tour sponsored by the International Visitor Program of the United States Information Agency. Since Dr. N'Jie is responsible for administration of the Gambian Health Service and for coordinating international donations, he had a particular interest in FNS for its community health centers and its focus on child and maternal health.

During their two-day stay, Dr. N'Jie and Mr. Van Blake viewed several historical films of FNS and toured the hospital. He then met with Barbara Sonnen, Marty Bledsoe, and Mary Weaver to discuss nursing issues. Later in the day, the two men met Betty Roberts, with the Leslie County Health Department, and Ruth Beeman at our Frontier School.

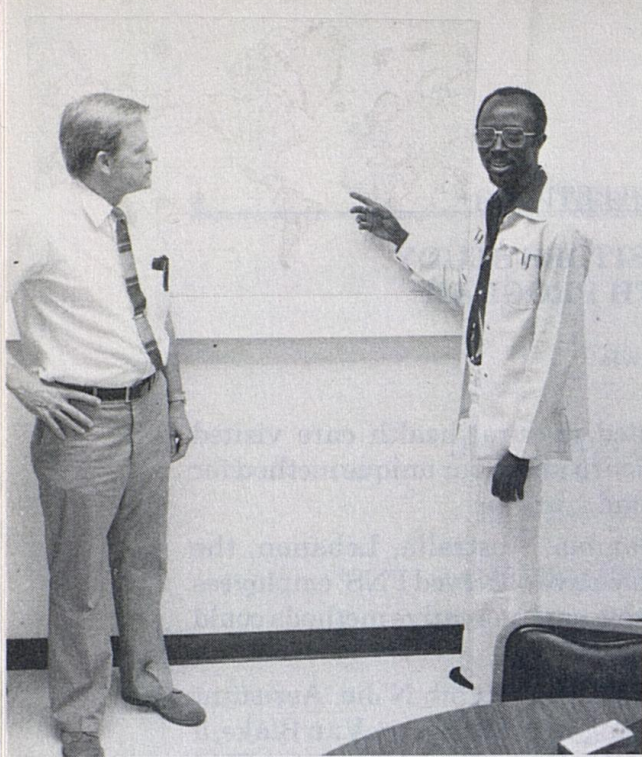
For dinner, the guests met with various members of the FNS faculty and staff. On Tuesday, August 5, Dr. N'Jie and Mr. Van Blake visited the Community Health Center in the Big Creek Community.

Our district clinics were the site of another international visit when Mr. Charles Wesley of Berea brought a group of 30 workers from the Save the Children Federation to the Shopp Folk Health Center at Yerkes. The July 18 visit was part of a two-week seminar for about 200 Save the Children workers held at Berea College. Some of the workers were natives of the countries in which they were serving; others were Americans.

The Shopp Folk clinic was made possible in part through a grant by the Save the Children Federation.

After a viewing of parts of *The Forgotten Frontier*, the guests asked questions of Lucy Van De Kamp, clinic coordinator, and Judy Lewis, director of development.

Members of Save the Children were particularly interested in training midwives for rural areas overseas, especially in South America and Africa.



One of the many recent visitors to FNS, Dr. Habib N' Jie, Assistant Director of Health, The Gambia, indicates to FNS Director David Hatfield the approximate location of his native land. The Gambia is on the westernmost tip of Africa. It is surrounded on three sides by Senegal, whose capital, Dakar, is just a few miles above The Gambia's northern border, and it is bounded on the west by the Atlantic Ocean. Dr. N' Jie visited FNS in early August.

On July 2, four women from the Middle East and two translators visited FNS for two days. The women were all leaders in their respective countries and were interested in women's issues.

After arriving at Wendover, the women had dinner with a group of staff members of FNS and students at the Big House. After dinner, each woman spoke briefly about her work and interests in her native country. In return, each FNS staff person and student introduced him or herself, explained his or her work, gave impressions of FNS and experiences living in southeastern Kentucky. This discussion lasted until about 10:30 PM.

Dr. Elham Bsar El Kallab, a professor of Islamic art and architecture at the Lebanese University in Beirut, Lebanon, was one of the four guests. As an architecture professor, Dr. Kallab was intrigued by the Big House. She said she had never seen a building constructed from logs, and was very impressed. She said she was especially interested in American primitive artwork and liked hand-made quilts and pottery, as well as the buildings at Wendover and Hospital Hill.

Ms. Nuha Ghoul is principal of an elementary school and director of a women's center in Jerusalem. Ms. Ghoul was interested in women's health care, especially in pre-natal and baby care and home health care.

Ms. Buthaina Adel Jardaneh, director of consultation service in the office for Women in Jordan, has written a number of books on teaching Arabic, on adult education, and on women's studies topics. Ms. Jardaneh surprised the group by noting that Jordan has had state-supported child care for businesses employing more than a handful of women since the mid-1950s. Ms. Jardaneh was interested in learning more about U.S. social service referral agencies while on her trip.

Dr. Anwar Ahmed Yousiff Kordofani is a hematologist who teaches medicine at the University of Khartoum in the Sudan. Dr. Kordofani was

interested in volunteer and community activities work in state and local politics. She was also concerned about health care delivery systems, especially for women and children in rural areas. While having dinner, Dr. Kordofani explained that the Sudan is having a serious problem with famine. In addition to receiving an overflow of refugees from Ethiopia, the deserts of the Sudan are increasing, reducing available farmland.

**WHAT WOULD YOU LIKE TO SEE  
IN OUR SPECIAL  
NURSE PRACTITIONER ISSUE?**

As we have announced in previous issues, the *FNS Quarterly Bulletin* will devote a special issue to the work of the family nurse practitioner. Publication is scheduled for the end of this year.

This issue will be similar in scope and approach to the special issue on nurse-midwifery that we published in December 1984 (Vol. 60, No. 2). We expect the FNP issue to contain articles by key persons in nursing, and we would like also to report on the experiences, views, and wishes of our readers.

It would be very helpful if you would let us know what you would like to see in this special issue. Thus, we invite you to share your thoughts with us. We are interested in hearing about (1) trends, (2) illustrative anecdotes and personal experiences, (3) problems, needs, and expectations, together with actual or recommended solutions, (4) views of the future, (5) commentary, opinion, and/or philosophical statements, and/or (6) anything else you think might be of interest.

In preparing this special issue, our essential concern is to understand today's needs and the needs of the future. We want to look beyond the "state of the art" to those new and developing factors that we need to understand so that FNS can adapt most effectively and usefully to current and future conditions.

We *do* need to hear from you. Six months have passed since we first announced this special issue, and we need to get our plans into final form. So please don't put off responding. Please write us at this address:

*FNS Quarterly Bulletin*  
Old Hospital  
Frontier Nursing Service  
Hyden, Kentucky 41749

Thank you.

—*FNS Quarterly Bulletin*

**BEYOND THE MOUNTAINS**

by Kate Ireland, FNS National Chairman  
and Judy Lewis

The final kick-off for the Nursing Education Enrichment Drive was hosted by the Liberty National Bank and Trust Company in Louisville on Wednesday, June 12. Ron Hallman and I were most pleased to have such a good turnout to help us sign the appeals — Sissy and Frank Hower, Dot Clay, Pani Williams, Ellie and Stuart Graves, Cathy and Ken Tuggle, Pat and Gordon Dabney, Sandy and Bill Schreiber, and Mary Stites.

Frank Hower graciously invited all of us for a delicious dinner at the Pendennis Club, and I had the pleasure of visiting Dot Clay, who gave me the warmest of hospitality, even without the benefit of electricity — Louisville was in a four-day blackout!

I flew on to Washington for a meeting of another organization, the National Home Caring Council, and I had the pleasure of staying once again with Ruth Newell, former Washington Chairman. We dined with former courier, and now MD (!!!), Horace Henriques III — such fun reminiscences.

Our new Development Director, Judy Jones Lewis, has already begun traveling.

— *Kate Ireland*

The first tentative step I have taken Beyond the Mountains on behalf of the work at Frontier Nursing Service was in July, to Berea, Kentucky.

My first stop was Berea College, where I toured the lovely campus and stopped by the Edwards Building to meet with Mrs. Judy Stammer and her assistant, Mrs. Evelyn Hopper. Mrs. Stammer is a long-time supporter of Frontier Nursing Service through her position as director of the Appalachian Fund and her work with Berea College.

The Appalachian Fund has been wonderful to FNS — donating money for everything from jeeps to nursing scholarships.

That evening, I visited with my husband's uncle, Dr. Jack Lewis, and his wife, Mary, who is a nurse. Dr. Lewis, the son of the late John and Nora Lewis, is a former physician with FNS and is now on staff at Berea Hospital. After a delightful dinner, we all stayed in the living room while Jack told stories about the Lewis and Morgan families of Leslie County — especially interesting were those about the late Leona Morgan, the first Hyden woman to become a "nurse on horseback."

The following morning, I traveled to Bond Street to visit and have lunch with Mr. and Mrs. Homer Biggerstaff. Mrs. Biggerstaff, who befriended Mrs. Breckinridge when the Service was in its formative years, also is a Hyden native. Mrs. Biggerstaff helped Mrs. Breckinridge learn the winding trails through rural Leslie County in the 1920s. The Biggerstaffs continue

to maintain their traditions. We lunched on ham, green beans, and juicy ripe tomatoes grown by Mr. Biggerstaff in his garden.

The Biggerstaffs, like Mrs. Stammer and the Lewises, expressed encouragement to me in my new position and continued support for FNS.

— Judy Lewis

### 1986 FNS WALL CALENDARS FOR SALE

FNS wall calendars, illustrated with photographs covering the sixty-year history of the Frontier Nursing Service, are now for sale. These are 15-month calendars, running from October 1985 through December 1986. The calendars are priced at \$4.00 each and may be ordered from the Office of the Director, Frontier Nursing Service, Mary Breckinridge Hospital, Hyden, Kentucky 41749.

### FNS MEDICAL DIRECTIVES NOW AVAILABLE FOR PURCHASE

Widely used for 57 years as a model tool for nurse-midwives and nurse practitioners in collaborative practice with physicians, the *Medical Directives of the Frontier Nursing Service* is now newly revised and expanded. Developed by nurses and physicians, the handbook contains concise and comprehensive protocols for 237 common health problems, health maintenance topics, and emergent conditions. Suited to full-scope advanced nurse practice in a remote rural area, the *Medical Directives* is easily adaptable for use in a variety of primary care and nurse-midwifery practice settings.

Chapters in the new edition include Health Maintenance; Emergency Problems; Infectious Diseases; Skin Problems; Eye Problems; Ear, Nose, Mouth, and Throat Problems; Respiratory Problems; Cardiovascular and Blood Problems; Gastrointestinal Problems; Musculoskeletal Problems; Neurologic Problems; Endocrine Problems; Psychologic Problems; Gynecologic Problems; Family Planning; Antepartum; Postpartum; and Neonatal Care.

Specific information of the following kinds is provided: definitions; etiologies; key symptoms and signs; and management plans including diagnostic tests, pharmaceutical treatments, patient education and counseling, schedules for follow-up, and criteria for physician consultation and referral.

This newly revised edition has been edited by Deirdre Poe, MS, CFNP, CNM. The book runs 300 pages and is spiral bound.

Copies may be ordered at a cost of \$16.50 each (including prepaid postage for shipments within the United States) from Ms. Virginia Roberts, Frontier Nursing Service, Inc., Hyden, Kentucky 41749. Information as to the shipping costs for overseas for overseas delivery may be obtained from Ms. Roberts.

**IN MEMORIAM**

We wish to acknowledge our appreciation and personal gratitude to this friend who, by including FNS in her will, has made a continuing affirmation of interest and belief in the care of mothers and babies and their families by the Frontier Nursing Service. Such legacies are added to the endowment fund.

MISS DOROTHY W. DELONG  
Danville, Kentucky

These friends have departed this life in recent months. We wish to express our gratitude for their interest in our work, and our sympathy to their families.

MR. EDGAR CANFIELD  
Tucson, Arizona  
Husband of alumna Hazel G. Canfield

MRS. MARTHA BEGLEY CORNETT  
Hyden, Kentucky  
Champion of rural health care  
and long-time friend of FNS.  
Public health nurse and head of  
Leslie County Health Department  
for 45 years

MRS. AGNES GORDON FRY  
Washington, D.C.  
Washington Committee member

MR. R. McALLISTER LLOYD  
New Canaan, Connecticut  
Staunch friend of FNS. Husband of  
long-time New York Committee member  
and Trustee, Isabel Lloyd. Father  
of courier Eleanor ("Nella") Lloyd Helm,  
and grandfather of courier Pamela Helm

MRS. GORDON C. RABE  
Laurel, Maryland  
Frontier School alumna and former  
staff member (Marian Denlinger)

MR. FLOYD H. WRIGHT  
Lexington, Kentucky  
Former Blue Grass Committee member

**MEMORIAL GIFTS**

We wish to express our deep appreciation to these friends, who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service:

- |   |   |
|---|---|
| <b>Commander Philip B. Holmes</b><br>Mrs. Philip B. Holmes                              | <b>Mrs. Marjorie A. Cundle</b><br>Miss Evelyn Peck                |
| <b>Mr. Mitchell R. Guthrie</b><br>Mrs. Mitchell R. Guthrie                              | Mrs. Alice E. Whitman   |
| <b>Mr. Alfred M. Hunt</b><br>The Hunt Foundation  | Mrs. Pamela H. Firman   |
| <b>Mrs. James F. Ramey</b><br>Miss Arte Mishie Ramey                                    | Mrs. Gilbert W. Humphrey  |
| <b>Mr. James W. Robinson</b><br>Mrs. Carter Stanfill                                    | Mr. Charles Coleman   |
| <b>Mr. Edgar Canfield</b><br>Tucson Birth Center  | <b>Ms. Prudence Foot</b><br>Mrs. Alice E. Whitman                 |
| Mrs. Alice E. Whitman   | <b>Mrs. Evelyn F. Wasson</b><br>Mr. and Mrs. George P. Morse, Jr. |
| Arizona State Board of Nurses   | <b>Miss Peggy Elmore</b><br>Mr. and Mrs. Dwight E. Heffelbower    |
| Ms. Olla M. Malisos   | <b>Mr. J.E. Elmore</b><br>Mr. and Mrs. Dwight E. Heffelbower      |
| Ms. Claudia N. Cords  | <b>Mr. S.L. Slack, Sr.</b><br>Mrs. A.G. Weems                     |
| Ms. Eleanor R. Blackman   | <b>Mrs. W.L. Riker</b><br>Mrs. A.G. Weems                         |
| Andy and Evelyn Anderson  | <b>Mrs. A.K. Bristol</b><br>Mrs. Arch L. Riddick                  |
| Ms. Julia Francisco   | <b>Mr. Richard H. Prewitt</b><br>Mr. and Mrs. John M. Prewitt     |
| Ella-Joy Lehrman, CNM   |   |
| Ms. Karina L. Mumford   |   |
| <b>Mrs. Agnes Gordon Fry</b><br>Washington Committee of the<br>Frontier Nursing Service |   |
| Mrs. Clinton W. Kelly III   |   |

### URGENT NEEDS

FNS is in need of the following:

- 3 electronic temperature probes — estimated cost, \$170 each
- 1 coagulation machine, for laboratory — estimated cost, \$6,000
- 2 electronic IV monitors, for Maternity — estimated cost, \$1,600 each
- 4 fetal stethoscopes — estimated cost, \$425 each
- 2 otoscopes, for nursery and Med/Surg — estimated cost, \$215 each
- Reference books, to update the basic reference libraries at each of the five district clinics — \$300 per clinic

Contributions toward the purchase of any of these items would be greatly appreciated. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

### STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

**FNS Staff.** Openings may occur from time to time in both the professional and technical staffs, with opportunities for certified nurse-midwives, family nurse practitioners, registered nurses, family practice physicians, laboratory technicians, X-ray technicians, and others. For current information, write Darrell Moore, Director of Personnel, Mary Breckinridge Hospital, Hyden, Kentucky 41749 (phone 606-672-2901).

**Couriers and Volunteers.** This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a 6- to 8-week minimum period and would like to be exposed to the work of the Frontier Nursing Service. ("You tell us what you can do, and we'll find a job for you.") For current information, write Danna Larson, Coordinator of Wendover and the Courier/Volunteer Program, Wendover, Kentucky 41775 (phone 606-672-2318).





A group of workers with the Save the Children Federation visited FNS' Shopp Folk Clinic at Yerkes on July 18. Its director, Charles Wesley, is fourth from the left in the back row.



Nan Oldham, at right, chats with Peggy Sizemore at FNS' Community Health Clinic. Ms. Oldham is a member of the FNS Washington Committee, which has long been among FNS' most devoted and generous friends. She visited FNS in early August to see her daughter Charlotte, a courier, and also stopped at the Yerkes and Wooton clinics.

**NOTES FROM THE SCHOOL**

Just as the trimester got under way, Dr. Anne Wasson returned for her fall visit and brought with her the fetal dolls that from the first years of the school have helped students learn the art and skills of midwifery. They had become so worn and ragged that we assumed we surely would have to purchase new ones for this year's class. Dr. Anne thought her doll-making skills could help us get a few more years' wear, so off they went to New Hampshire for major repairs. Now they have arrived clean and new, just in time for the 97th class to get off to a good start.

We have had a busy summer, with faculty and myself involved in many activities. We all went to Cleveland to participate in the graduation ceremonies of the Frances Payne Bolton School of Nursing, at Case Western Reserve University, and to complete details on a number of educational and administrative aspects of our affiliation. We marched with the faculty in both the large all-university graduation ceremony and the smaller, more intimate, one in the chapel for the School of Nursing.

Two of our faculty have enrolled at Case Western Reserve as doctoral students and are enthusiastic about the range of opportunities for graduate study such a prestigious institution offers. Erica Goodman has just returned from completing the summer session, and Nancy Fishwick left at the end of August to spend the fall semester on campus. This summer, Sr. Nathalie attended the 1985 Women, Health, and Healing Summer Institute at the University of California, San Francisco, and was warmly welcomed as a representative of the Frontier Nursing Service. I will be especially busy the month of September, as I travel, first, to Washington to be a part of the effort by ACNM to bring the malpractice crisis for certified nurse-midwives to the attention of our legislators at the Capitol. Later in the month, I will represent the Kentucky chapter of the March of Dimes at the Healthy Mother, Healthy Babies Coalition meeting in Rockville, Maryland, and then on to Chapel Hill to be a member of the Advisory Committee for the March of Dimes-sponsored Maternal Nutrition Program.

This summer, we took a major step by incorporating the entire nurse-midwifery staff into a family practice model. We spent a day and a half in retreat at Buckhorn Lodge to structure a working model for a nurse-midwifery service that better meets the needs of our clients, our students, and our nurse-midwives at FNS. It was a wonderful experience of sharing and caring, and we all came away renewed, committed, and excited. With the addition of Kate Isaacs, who will join our staff next month, we will finally have a full complement of clinical and academic faculty to meet our growing demands for clinical and educational services.

Three new students enrolled at the beginning of September, all family nurse practitioners of considerable experience, to join the group of nine who have been with us since January. This has been a week of welcoming brunches, pot lucks, orientation, and intensive classroom and clinical lab experience that leaves all of us weary but energized.

We have marveled at Jeanette's impressive expertise at mastering the word processing capabilities of our IBM PC computer. All modules are now on floppy

disks, and we expect future revisions to be relatively painless. Alice keeps our craft display stocked with all sorts of enticing things for sale, as many of you have learned during your visits.

It has been a joy to have so many of you come by for a visit, and we hope you'll continue to include us in your itinerary when you come this way.

— *Ruth Beeman*

### IN BRIEF

**Wade Mountz receives ACHA award.** FNS board member Wade Mountz recently received the 1985 Gold Medal Award of the American College of Hospital Administrators. Mr. Mountz is vice chairman and chief executive officer of NKC, Inc., owner and operator of Norton's and Kosair children's hospitals.

**Mary Breckinridge Festival,** the annual event in which Leslie County residents and friends of FNS gather at Hyden to enjoy themselves and honor the FNS founder, will take place this year October 3-5. The usual parade through Hyden will take place on Saturday, the fifth, and during the three-day festivities there will be a number of exhibits, competitions, and other events reflecting the cultural history and life of Leslie County.

**Philately booth planned for FNS festival.** Following up on last year's success, the Hyden Post Office will set up a special "booth of philately" at the Mary Breckinridge Festival, which will take place this year October 3-5. Visitors to the booth will be able to purchase commemorative stamps, mint sets, and stamp collecting kits. The Hyden Post Office will use a special cancellation logo designed to recognize the Mary Breckinridge Festival. Ruth Farmer, postmaster of the Hyden Post Office, said that the first booth of philately was set up at last year's festival as a result of an invitation to the U.S. Postal Service from the Mary Breckinridge Festival Committee and that it is being repeated this year because of its success in 1984.

**Susan Hull elected to NRHCA Board.** Susan Hull, project director of FNS' Community Health Center at Big Creek, Kentucky, was elected last May to the board of directors of the National Rural Health Care Association.

### COURIER NEWS

**Chrissie Layton, '83, Amherst, Massachusetts** — "I am currently attending Hampshire College in Amherst, MA. It's an experimental liberal arts school where I have a great deal of independence. I am continuing with my goal of medicine as a career and am enjoying my classes very much."

**Joanne Jaffin, '84, St. Louis, Missouri** — "I'm currently enrolled in a 1-year accelerated BSN program in St. Louis which looks challenging, exciting, and tough. I hope to apply to the FNS nurse-practitioner/midwifery program when I complete the required hospital training and experience."

## ALUMNI NEWS

Hannah ("Mitch") Mitchell was the first nurse to be graduated from the Frontier Graduate School of Midwifery, completing her studies in 1940. Acting on a suggestion from Alice Whitman, registrar of the Frontier School of Midwifery and Family Nursing, she has written an account of the years that followed her graduation. She called her recollections "First Things First," since the story deals with many "first of the kind" events. Because of its general interest, and the number of early graduates it mentions, the *Quarterly Bulletin* decided to give over the Alumni News section of this issue to Mitch's account.

The first graduate of the Frontier Graduate School of Midwifery. During the course, **Jennie Burton** was ill for ten days, so I graduated first. She and I, plus Audrey Dyer, took the first state midwifery exams for certification. A woman and man (doctors) from Louisville gave written, oral, and practical exams. Audrey Dyer had just finished a course in nurse-midwifery at Maternity Center in New York City.

Johns Hopkins sent three nurses to FNS to experience rural nursing. I supervised one of these girls (now Ruth Ingerson). This was the first time FNS had taken in nurses for field experience.

Mrs. Breckinridge pushed me out of the FNS nest, where I had been for six years! Children's Bureau had had a request from the Pan American Sanitary Bureau asking for a nurse-midwife to set up a teaching program in the Republic of Panama to include nurses from several Central and South American countries. I wrote them that because of the war I was frozen on the job and was happy where I worked. They asked me to reconsider, and I replied the same. Then they approached Mrs. Breckinridge, who phoned me to come see her. I rode over on horseback and, after a five minute interview, Mrs. Breckinridge said, "Mitch, you have to go, it's a first in nurse-midwifery history." So I went! I was away for nearly two years.

When I left South America, I flew directly to New York City to study for a degree at Teachers College, Columbia University. I was surprised to find **Grace Reeder** there also in school. Later, I obtained my MPH at the University of Michigan.

While I was in New York, the Georgia Public Health Department hired me as their first nurse-midwife at the state level. They aspired to set up a Nurse-Midwifery Study, the first of its kind, funded by Children's Bureau. We had three different types of service: (1) home delivery, Thomas County Health Department, with Audrey Dyer and **Ethel Gonzalez**, (2) hospital delivery cooperative, the Walton County Hospital and Walton County Health Department, with **Ruth Davis** and **Ruth Penninger**, (3) Maternity Shelter, with Lamar County Health Department and doctors of Barnesville. Some of those who worked there were **Minnie Geyer**, **Gwen Buchanan**, **Bertha Bloomer**, **Thelma Blackburn**. **Josephine Kinman** also operated a small maternity home in Clayton, Georgia (not the Study). The object of the Study was to determine: cost of such projects, the effect of the nurse-midwife program on the maternal and infant statistics during a ten-year period.

The greatest surprise was the high regard and interest expressed by the doctors and officials in the counties of the Nurse-Midwifery Service. Presently, nurse-midwifery is advancing in Georgia due to the hard work done by the FNS nurse-midwives mentioned above. As evidenced also in the *FNS Bulletin*, Volume 60, No. 4, pp. 26-27. [Mitch refers here to a story on the nurse-midwifery program at the John D. Archbold Memorial Hospital in Thomasville, Georgia, which employs a number of FNS nurse-midwives.]

Children's Bureau asked Georgia to make a film for the purpose of educating local midwives. I was asked to be the technical advisor, which job lasted several months for shooting, cutting, etc. **Marian Cadwallader**, who had joined the State staff, relieved me for two weeks while I kept an important out-of-state speech engagement.

The year the film "All My Babies" was produced, it won the Flaherty Award at the Film Festival in Geneva, Switzerland. Another first.

Twenty-five years later, I had a cable from the World Health in Geneva, asking me to be a consultant representing North America. The conference, with consultants representing the rest of the world, would attack by study the maternal and child health problems in undeveloped countries, developing countries, and developed countries. They asked me to bring "All My Babies" and hand carry the film (not trusting it to air freight). I was then retired and had to get a doctor's permission to fly via wheelchair, with three reels sitting on my lap!

I don't know if this is a first or not, but I kept count of my deliveries over the years until I had a 1,000 on my list (plus 700 in Central and South America). Then I quit counting!

I'm the first to say, I was sick at 60 years with a doctor's order to retire and a suggestion that I probably had a life expectancy of six months. My life is still busy, but of an entirely different style: teaching at the church, flower gardening at my wee house on a half acre, having fun, knitting, cooking, etc. I have lived eighteen more years. The Lord has been so good, and still is, at 78 years.

*Hannah (Mitch) Mitchell*

#### FIELD NOTES

This summer, needless to say, has been a bit hectic, with the usual entertaining of guests, combined with having thirteen couriers and volunteers working and living at Wendover. Any thoughts of becoming weary, though, were quickly erased when one observed the hard-working and good-humored attitude of the couriers.

Additional bursts of energy came from visiting and reminiscing with the many interesting and thoughtful guests. The outcome was described as positive by both the visitors, who were enlightened by what they saw and learned from visiting FNS, and the staff, who realized they had accomplished what Mrs. Breckinridge had wanted. As one visitor wrote, "Even at such short notice, you made us feel so much at home — FNS always was known for its hospitality, and it's nice to know that some things never change."

During the first week in June, 15 nursing students arrived from Goshen College, Goshen, Indiana. The students were shown around the Mary Breckinridge Hospital and the Frontier School of Midwifery and Family Nursing in Hyden before going to lunch at Wendover and listening to Miss Betty Lester as she talked about the history of FNS.

Seven guests participated in the FNS Open House held June 7-8. They included Dr. and Mrs. Sam McClellan, Danville, Kentucky; Mrs. Joan Wolf and her daughter Amy, Gnadenuhthen, Ohio; Mrs. Alfred Lacazette, Versailles, Kentucky; Mrs. Lucie Dunlap Chandler, Versailles, Kentucky; and Mrs. Wilma Dykeman Stokely, Newport, Tennessee. The guests joined Ron Hallman, Kate Ireland, and Sharon Hatfield in extensive touring of the FNS facilities and meeting in small groups with selected FNS staff.

Over 60 people gathered at the Appalachia Motel in Hyden on Saturday, June 8 for the 60th annual meeting of the Frontier Nursing Service. Following the luncheon, Miss Kate Ireland, FNS National Chairman, welcomed the guests and led the business meeting. Mr. David Hatfield, FNS Director, gave a summary of the year's happenings after the business meeting. Tours of the Mary Breckinridge Hospital, the Frontier School of Midwifery and Family Nursing, and the CHC outpost clinic were available before and after the meeting.

Barbara Post, former Coordinator of Wendover, returned for a week's visit in June. She spent the majority of her time helping with outside projects at Wendover.

Manchester Memorial Hospital and FNS co-sponsored a nursing continuing education seminar entitled "Kentucky Nursing Roots: Mary Breckinridge, Frontier Nursing Service," which 15 area nurses attended. The seminar included discussions on the past FNS by Miss Betty Lester and the present FNS by Mrs. Mary Weaver, Director of Nursing at the Mary Breckinridge Hospital, and Ms. Barbara Sonnen, FNS Director of Nursing. The seminar included a showing of *The Forgotten Frontier* and lunch at Wendover.

The University of Kentucky College of Nursing and the University of Kentucky Libraries are sponsoring a day-long celebration in early November in honor of FNS' 60th anniversary. Two meetings have been held at Wendover with representatives from the University and FNS to plan the event.

Ron Hallman, Director of Promotion and Development, left FNS in June. He has taken a job in Washington, D.C. with a non-profit organization called "Action on Smoking and Health." Mrs. Judy Lewis is the new Director of Promotion and Development.

Four guests touring with the Institute of International Education, based in Washington, D.C., visited FNS in early July. The group included Buthaina Jardeneh, from Amman, Jordan; Anwar Kordofani, from Khartoum, Sudan; Nuha Ghoul, from Jerusalem, Palestine; and Elham Bsateh, from Beirut, Lebanon. Sanhul Tawil, from Helotes, Texas served as the interpreter for the group.

Joel Bostrom, from the National Health Service, visited FNS in mid-July for his annual visit to meet with Mr. Hatfield and the National Health Service

doctors. The five doctors that the National Health Service employs through FNS are Joaquin Valdes (internal medicine), Andre Lijoi (family practice), Phyllis Lewis (pediatrician), Maureen Brown (family practice), and Kathy Nieder (family practice).

Two nursing classes from different colleges in Abingdon, Virginia brought students to tour FNS in July. The schools were Mountain Empire Community College and Tri-County Community College.

Dr. Joyce Fitzpatrick, dean of the Frances Payne Bolton School of Nursing, Case Western Reserve University, spent the weekend of July 27-28 at Wendover with her husband, Michael Donovan, and two children, Maria and Regina. On Sunday evening, several of the FNS staff joined Dr. Fitzpatrick and her family for a pot luck dinner at Wendover, followed by a concert of Appalachian music by Randy Wilson and Danny Caldwell, both of the Red Bird area.

In early August, Mrs. Nan Oldham brought her daughter Charlotte to Wendover to begin serving as a courier. Mrs. Oldham is a Washington, D.C. Committee member and had never been to FNS before, so it was a treat to have her stay at Wendover and see the FNS that she has supported.

Dr. Habib N'Jie, from The Gambia, West Africa, visited FNS on August 4. He traveled with an interpreter, Henry Van Blake, from Washington, D.C. Dr. N'Jie is from the Ministry of Health in The Gambia.

A health team from Cincinnati Children's Hospital provided an in-service to the FNS staff on Pediatric Connective Tissue Disorders. Dr. Daniel Lovell led the group and shared his knowledge of rheumatology with the staff and patients.

This summer spent at FNS again proved to be a productive place for the couriers and volunteers. Ellery Stokes, a senior at St. Timothy's School in Stevenson, Maryland, used FNS as the site for her independent senior project. She was joined by Trisha Sjolie, Maple Grove, Minnesota, in early June. Claudia King, a physical therapy student at Duke University, volunteered in the P.T. department during June and July. Six other couriers joined the group in June. They included Stacey Wilson, a senior nursing student from Eden Prairie, Minnesota; Alison Mills, a pre-med student at Princeton University, from New York, N.Y.; David Lee, a sophomore attending Harvard University, from Portland, Oregon; Brent Sholar, a first-year medical student at Emory College, from Hopkinsville, Kentucky; David Vaughn, a pre-med student at Davidson College, from Lancaster, Pennsylvania; and Melanie Thompson, a nursing student at Columbia University, from Princeton, New Jersey. Judy Anderson spent June and July volunteering in the dietary department at the Mary Breckinridge Hospital. She is from Toledo, Ohio, and completed her junior year in dietetics at Purdue University.

In July, this group was joined by four couriers and one volunteer. The couriers were David Ritchie, a high school graduate from Rosemont, Pennsylvania; David Marshall, a high school graduate from Fitchburg, Massachusetts; Cynthia Poe, a first-year medical student from Liverpool, New York; and Hillary Behrman, attending Vassar College, from Cleveland, Ohio. Deborah Hoffman, most recently from Somerville, Massachusetts, volunteered in the

Women's Clinic and at the Frontier School. She served as a volunteer and worked with Ruth Beeman and Barbara Sonnen in nurse-midwifery-related projects.

This group put in over 600 work hours and worked in over 22 of the FNS departments. One of the new projects for the summer was to hold week-long health day camps for elementary children at the outpost clinics. Shopp Folk Clinic, Beech Fork Clinic, and Pine Mountain Clinic each held camps that were attended by 8-12 children each week. The camps provided unusual learning experiences for those in attendance to learn about the human body and how to take care of it. An average of eight children attended the second annual Fun 'n' Health Days summer program, held each Wednesday at Wendover for employees' children during June and July.

In August, the June couriers left, but Charlotte Oldham, a student at Wesleyan University, from Bethesda, Maryland, and Jenny Rowe, a faculty member from Putney School, Putney, Vermont, arrived to fill in the gaps.

We bid farewell to ten employees. They are David Newman, Home Health nurse; Deanna Asher, nursing assistant; Charles Coleman, Director of Operations; Charlene Fields, nursing assistant (Wooton); Ron Hallman, Director of Promotion and Development; Diane Norman, FNP; Laura Morgan (Dietary); Dolly Kilburn (Dietary); Jane Muncy (Dietary); and Lucy Lewis (Dietary).

We welcome fifteen new staff members. They are Carol Sue Middleton, RN; Bonnie Pennington, nursing assistant; Deronda Couch, nursing assistant; Jody Couch, nursing assistant (Home Health); LaDonna Napier, LPN; Lola Logan, LPN; Jennifer Marlin, RN; Deborah Coots, nursing assistant; Judy Lewis, Director of Promotion and Development; Leslie Marcum (lab transport); Mary Gross, nursing assistant; Betty Joseph, LPN; Sharon Leaman, GFNM; Carol Pyle, FNP; and Kathy Nieder, family practice physician.

#### NEWS OF FORMER STAFF

**Mrs. Dudley Lloyd (Mary Cummings), London, Ontario** — "It was in 1938, when I was Mary Cummings, a nurse-midwife on horseback, that I left the FNS to move to Montreal and was married. Busy years flew past at an astonishing rate, and, I regret to say, I lost touch with the FNS. But recently, I had an exciting experience. I was lent a copy of the *FNS Quarterly Bulletin* by Lillian March, nee Whitely, an ex-courier. A flood of memories ushered forth and I have had a door to my past reopen. I have been rereading old notes, treasured letters from Mrs. Breckinridge, and constantly thinking about the tremendous improvements — new hospital — a school of midwifery, etc. and comparing all this with my days in the mid-thirties riding on horseback in the same area. What a tremendous accomplishment by Mary Breckinridge. I was privileged to be one of her nurses!"

**Robert P. Wright, DMD, Jackson, Mississippi** — "I always welcome the *Quarterly Bulletin's* arrival with a flood of good memories and a strong desire to visit. I got married last October and have had my own dental practice open for about 7 months, and now things are steadily improving. Jennifer (the Mrs./Dr.) works for another dentist in town so that the cupboard won't be entirely bare."



## FNS DIRECTOR REPORTS TO ANNUAL MEETING ON YEAR'S ACCOMPLISHMENTS

Following is the text of the Report of the Director of the Frontier Nursing Service, as presented by FNS Director David M. Hatfield at the annual meeting of the Service, held on June 8, 1985 at the Appalachia Motel, Hyden, Kentucky.

Good afternoon. I too wish to welcome you, in this our sixtieth year of service, and in particular to welcome those present who are members of the corporation — our trustees and Board of Governors.

I would like to talk today about challenge, change, and opportunity. This will be, in essence, the framework of my remarks, followed by a statistical and activity summary.

As for the challenge, it really is a challenge to present a report with a year-end financial operating loss of one million dollars and make it sound like a year of positive program and planning progress. Many of the goals set last year have been met in whole or in part, and others are still in the developmental or planning stages. But a primary goal of financial self-sufficiency still eludes us. Our greatest problem continues to be the inability to generate enough revenues from our patients to allow us to provide our services without an operating loss. As a result, we have had to institute extreme measures of retrenchment and cost containment, which mostly impacts the staff. Unpopular measures such as cutback in hours, layoffs, and a wage freeze have been implemented. This understandably creates organizational stress and insecurity. The staff have accepted these things amazingly well under the circumstances. But they deserve better — they should not bear the brunt for too long. Other options need to be put in place, for we just cannot afford to continue to provide our services year in and year out packaged in the same way. And this leads me to the next segment — that of change.

We are constantly living with, and reacting to, change; the rate of change itself is accelerating; changes are likely to precipitate unsureness or even fear. This is very evident in the health care field today. The program theme for this year's Kentucky Hospital Association annual meeting was "Hospitals Under Siege"; for the American Hospital Association it is "Hospitals in Transition." Much of this speaks to the problems of ever-increasing unreimbursed care, of market driven competition, and demands for additional "high tech" services. We are being asked to do more with the same, or even less, resources. This can lead to emphasis away from the basic mission of most health providers — to render high quality care to all patients at a reasonable price. It could ultimately lead to less care or rationed care. In order to avoid this, we must, as an organization, be prepared, willing, and able to change. We cannot continue to do what we

are doing and financially survive. Unless we adjust, it won't be a matter of less service; it could possibly mean — no service! It is time to shuffle our deck of programs and service cards and start to play a new game. At the very least, we should deal ourselves a new hand. This brings me to the third segment — opportunity.

It has been said that out of adversity comes opportunity. I believe this certainly has been the case for the Frontier Nursing Service. For sixty years we have provided health care and educational programs of high quality. And for sixty years we have sustained operational losses. That must be some kind of record for both dedication and donation. I know tradition has always been important to the Frontier Nursing Service, but I'm sure you'll agree that continued operational loss of last year's magnitude is not a tradition worthy of perpetuating. Therefore, let our adversity challenge us to seek new opportunities.

To this end, and with Board of Governors' direction and approval, we are undertaking planning discussions with other organizations, primarily the Appalachian Regional Hospitals, to determine whether joint ventures of one type or another will be mutually beneficial. I think they offer a potential to help us sustain and enhance much of our traditional role. The timing is right for this effort, as well as for exploring how to corporately restructure to our best advantage in light of these planning discussions.

Because of their long range impact, these two areas will receive most of my attention over the next few months. But there are other exciting things going on. In response to perceived community needs, we are actively planning to develop a private physician office outside the hospital and within the Hyden area. Planning for FNS birthing centers, locally, regionally, and even nationally, will commence shortly with a special task force.

I believe that over the next twelve months much of the above will be in motion, but it must also be recognized that until major changes have taken place our deficits will continue. Bob Dylan said it well: "The times, they are a-changing'," and the Frontier Nursing Service must change with them.

I'll now summarize the operational statistics and program activities for the past year in the major divisions of the organization.

Regarding the Mary Breckinridge Hospital, we experienced a mixed year, showing a decrease in the patient occupancy rate of 10 percent, which follows national and state trends. Medical and surgical admissions decreased by 4 percent, but maternity admissions increased by 12 percent, as did deliveries by 7-1/2 percent. In-patient and out-patient surgery, as well as all out-patient clinic visits, increased, as did visits to our emergency room. The ancillary departments varied, with laboratory, X-ray, and respiratory therapy showing decreases, but EKG, physical therapy, and pharmacy with increases.

The medical or surgical patient stayed an average of 4.9 days, compared to 6.6 days last year. Maternity patients' average stay dropped from 2.9 to 2.4 days. Hospital wide, this represents going from 4.7 to 3.6 days — a significant decrease attributable to the impact of living with DRG's and a new medical staff oriented to early ambulation and discharge.

The district clinics, except for one, show increasing visits, and they all are attempting to vary their schedules to better accommodate their patients' needs. Their advisory committees have remained active and supportive. Last year, I reported that a community about fifteen miles northeast of Hyden, called Yerkes, asked us to operate a clinic on their behalf. We opened this clinic in November, and it is functioning well, although the number of patient visits is lower than we had hoped. However, it usually takes over a year to build up a minimal case load in a newly opened clinic.

The home health program experienced a decline in volume, owing to a number of unanticipated factors dealing mostly with staff turnover. A new home health coordinator has recently joined our staff, and plans are being developed to revitalize and expand this important service.

The Frontier School of Midwifery and Family Nursing, under the capable leadership of Ruth Coates Beeman, has continued to develop. We have enjoyed, for the first time in a number of years, an outstanding faculty, all at the master's degree level, and with a wealth of academic and clinical experience behind them. Two very significant things happened at the school this past year. First, through the generous gifts of Kate Ireland and Mrs. Jefferson Patterson, we became the first school in the United States to have an endowed chair of midwifery. It was a singular honor for me to have been able to name Ruth the first appointee to the new chair.

The second milestone was in formalizing an affiliation with the Frances Payne Bolton School of Nursing at Case Western Reserve University, in Cleveland. This cooperative program is designed to improve the education of midwives, both as students and as faculty, with a goal "to advance health care for mothers and infants during pregnancy, childbirth, and afterwards." This affiliation will allow advanced degree credit for work taken at each institution for joint faculty appointments. Needless to say, we are quite excited about this arrangement and the potential that it offers.

In April, the school graduated its 95th class. The sixteen graduates have already spread themselves across the nation: northeast to Pennsylvania, Massachusetts, and Rhode Island; southwest to New Mexico, Arizona, and California; northwest to Idaho; southeast to Florida; centrally to Ohio and Iowa; and two are staying here with us in Kentucky.

The Development Office continues to provide outstanding support under Ron Hallman's direction and Kate's individual guidance. Donations

over the past three years have shown increases, going from \$677,000 to just over one million dollars this past year. Much of the effort during this period was towards making the school self-sufficient by this September, when our federal grant from the Division of Nursing comes to an end. As Kate has already reported, the NEED campaign has been more than successful. To top it off, we may even be able to receive supplemental funds from the Division of Nursing for an additional three years, thus providing the school even greater financial stability in the years ahead.

Health professionals from near and far continue to visit us. This past year, we hosted folks from Cape Verde Islands, Australia, Burma, Indonesia, and Israel. One group of 25 individuals came representing India, Zaire, Botswana, Egypt, Liberia, the Philippines, Sierra Leone, Senegal, Mali, Gambia, Bangladesh, and Mauritania.

The couriers and volunteers, as always, prove their worth as invaluable and irreplaceable members of the organization. With Danna Larson's firm but creative supervision, these young adults continue to serve our needs. This past year, we had 50 such individuals join us, coming from 22 states, and one from far-off South Korea! They represented 10 high schools and 28 colleges or universities. They amassed 13,500 hours of work, which equates to salary savings of over \$45,000 to the organization.

I cannot report on volunteer work without thanking our small but dedicated auxiliary led by Faye Farmer. This group of fine women celebrated their tenth anniversary this year. Over this period of time, they have raised in excess of \$22,000 to help meet the needs of the Mary Breckinridge Hospital. Their support and effort is greatly appreciated.

Regarding staff changes, we were pleased to have Barbara Sonnen join us this past fall as the Director of Nursing for the Frontier Nursing Service. Barbara came to us from the University of Wisconsin in Madison, Wisconsin, where she is completing her work for her PhD. Her background is rich in adult education, state nursing association management, and hospital nursing experience. She brings fresh insights and expertise to the organization and well recognizes the need to reinforce and expand the nursing roles within the Frontier Nursing Service.

As ever, I have relied heavily on the suggestions and comments from the local FNS Advisory Board. Their continued support is vital, and I wish to thank Faye again, as the immediate past chairman, and Alden Gay, the current chairman, for their understanding and leadership.

Finally, my thanks and appreciation to the employees, medical and collegial staff, managers, and the Board of Governors for their efforts over the past very difficult months.

Well, you've been sitting a long time, so I'll close with a quote from Winston Churchill, who so appropriately said, "The brain can take in no more than the bottom can stand!"

**SIXTIETH ANNUAL REPORT**  
**of the**  
**FRONTIER NURSING SERVICE, Incorporated**  
**for the Fiscal Year**  
**May 1, 1984 to April 30, 1985**

**PREFACE**

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field of operations of the Frontier Nursing Service, Incorporated.

We have, as in previous years, divided our report into two sections. One section is about money, and one section about work.

**FISCAL REPORT**

The figures that follow are taken from the Balance Sheet, the Exhibits and Schedules of the Audit for the fiscal year which ended April 30, 1985.

## Ernst & Whinney

Citizens Bank Square, Suite 8A  
Vine & Upper Streets  
Lexington, Kentucky 40507

606/253-3200

Board of Governors  
Frontier Nursing Service, Inc.  
Hyden, Kentucky

We have examined the balance sheets of Frontier Nursing Service, Inc. as of April 30, 1985 and 1984, and the related statements of revenues and expenses, changes in fund balances and changes in financial position for the years then ended. Our examinations were made in accordance with generally accepted auditing standards and, accordingly, included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances.

In our opinion, the financial statements referred to above present fairly the financial position of Frontier Nursing Service, Inc. at April 30, 1985 and 1984, and the results of its operations and changes in its financial position for the years then ended, in conformity with generally accepted accounting principles applied on a consistent basis.

*Ernst & Whinney*

Lexington, Kentucky  
June 25, 1985

QUARTERLY BULLETIN

29

BALANCE SHEETS

FRONTIER NURSING SERVICE, INC.

	April 30	
	1985	1984
<u>UNRESTRICTED FUNDS</u>		
CURRENT ASSETS		
Cash and short-term investments	\$ 223,513	\$ 40,918
Accounts receivable--patients--less allowances for uncollectible accounts of \$789,806 in 1985 and \$710,648 in 1984	1,025,061	1,054,475
Receivable from third party programs--Note B		85,654
Inventories--Note A	165,153	151,755
Prepaid expenses and other current assets	37,018	1,876
TOTAL CURRENT ASSETS	<u>1,450,745</u>	<u>1,334,678</u>
PROPERTY AND EQUIPMENT--Note A		
Land	135,163	135,163
Buildings	2,700,123	2,668,638
Equipment	2,719,817	2,587,363
	<u>5,555,103</u>	<u>5,391,164</u>
Less accumulated depreciation	2,615,380	2,345,014
	<u>2,939,723</u>	<u>3,046,150</u>
BOARD-DESIGNATED FUNDS--Notes A and C		
Consolidated Fund	2,421,886	2,123,851
Depreciation Fund	472,279	319,409
Education Fund	2,369,568	1,225,420
	<u>5,263,733</u>	<u>3,668,680</u>
	<u>\$9,654,201</u>	<u>\$8,049,508</u>
<u>RESTRICTED FUNDS</u>		
ENDOWMENTS--Notes A and C		
Cash and investments	\$1,027,830	\$ 953,391
Student loan receivables	108,325	76,083
	<u>\$1,136,155</u>	<u>\$1,029,474</u>

## FRONTIER NURSING SERVICE

	April 30	
	1985	1984
<u>UNRESTRICTED FUNDS</u>		
CURRENT LIABILITIES		
Accounts payable	\$ 771,296	\$ 494,092
Accrued salaries and amounts withheld from employees	170,747	139,199
Accrued vacation expense	136,358	142,102
Unexpended special purpose funds--Note A	104,823	111,514
Payable to third party programs--Note B	80,092	
Other current liabilities	66,351	21,635
Loan payable to depreciation fund	162,663	80,000
TOTAL CURRENT LIABILITIES	<u>1,492,330</u>	<u>988,542</u>
FUND BALANCE	8,161,871	7,060,966
CONTINGENCIES--Note F		
	<u>\$9,654,201</u>	<u>\$8,049,508</u>
<u>RESTRICTED FUNDS</u>		
FUND BALANCE	\$1,136,155	\$1,029,474
	<u>\$1,136,155</u>	<u>\$1,029,474</u>

See notes to financial statements.



QUARTERLY BULLETIN

31

STATEMENTS OF REVENUES AND EXPENSES

FRONTIER NURSING SERVICE, INC.

	Year Ended April 30	
	1985	1984
<b>PATIENT SERVICE REVENUES</b>		
Mary Breckinridge Hospital:		
Inpatient services	\$ 4,374,523	\$ 3,938,512
Outpatient services	1,805,235	1,638,825
Hyden Clinic	529,432	610,062
District Nursing Clinics	310,673	272,921
Home Health Services	381,976	436,892
	<u>7,401,839</u>	<u>6,897,212</u>
Less indigent care, contractual allowances, bad debts, and other revenue deductions	2,326,748	1,954,356
<b>NET PATIENT SERVICE REVENUES</b>	<u>5,075,091</u>	<u>4,942,856</u>
<b>OTHER OPERATING REVENUES</b>	835,259	831,118
<b>TOTAL OPERATING REVENUES</b>	<u>5,910,350</u>	<u>5,773,974</u>
<b>OPERATING EXPENSES</b>		
Salaries and wages	3,453,048	3,100,832
Fringe benefits	453,586	365,121
Medical services and supplies	2,743,833	2,411,439
Facility costs	615,158	570,873
	<u>7,265,625</u>	<u>6,448,265</u>
<b>EXCESS OF EXPENSES OVER REVENUES FROM OPERATIONS</b>	(1,355,275)	(674,291)
<b>NONOPERATING REVENUES</b>		
Unrestricted donations:		
Deposited into Education Fund	866,925	436,748
Deposited into Consolidated Fund	110,622	31,365
Retained for use in operations	431,830	434,584
Unrestricted income from endowment and other funds	103,332	36,871
Investment income from Board-designated funds	390,338	292,077
Coal royalties	45,618	115,200
Gain on sale of investments	462,503	5,893
Other nonoperating revenues	3,923	34,928
	<u>2,415,091</u>	<u>1,387,666</u>
<b>EXCESS OF REVENUES OVER EXPENSES</b>	<u>\$ 1,059,816</u>	<u>\$ 713,375</u>

See notes to financial statements.

## FRONTIER NURSING SERVICE

## STATEMENTS OF CHANGES IN FUND BALANCES

## FRONTIER NURSING SERVICE, INC.

	Unrestricted Funds	Permanent Endowment Funds
Balances at May 1, 1983	\$6,302,111	\$ 994,369
Excess of revenues over expenses for the year ended April 30, 1984	713,375	
Restricted contributions used for purchase of property and equipment	45,480	
Contributions restricted for specific purpose (additions to endowment)		30,555
Restricted revenue earned by specific purpose funds		4,550
Balances at April 30, 1984	<u>7,060,966</u>	<u>1,029,474</u>
Excess of revenues over expenses for the year ended April 30, 1985	1,059,816	
Restricted contributions used for purchase of property and equipment	41,089	
Contributions restricted for specific purpose (additions to endowment)		100,970
Restricted revenue earned by specific purpose funds		5,711
Balances at April 30, 1985	<u>\$8,161,871</u>	<u>\$1,136,155</u>

See notes to financial statements.

1

QUARTERLY BULLETIN

33

STATEMENTS OF CHANGES IN FINANCIAL POSITION

FRONTIER NURSING SERVICE, INC.

	Year Ended April 30	
	1985	1984
Cash provided (used)		
<b>OPERATIONS</b>		
Excess of expenses over revenues from operations	\$(1,355,275)	\$ (674,291)
Charges to expense not requiring the use of cash--depreciation	270,366	253,887
	(1,084,909)	(420,404)
<b>Working capital changes:</b>		
Accounts receivable	29,414	(283,380)
Accounts payable	277,204	82,490
Other--net	263,698	(91,449)
CASH USED IN OPERATIONS	(514,593)	(712,743)
Nonoperating revenues	2,415,091	1,387,666
TOTAL CASH PROVIDED	1,900,498	674,923
<b>FINANCING AND INVESTMENT ACTIVITIES</b>		
Property, plant and equipment:		
Purchases	(164,761)	(166,429)
Restricted contributions	41,089	45,480
Disposals	822	7,000
CASH USED	(122,850)	(113,949)
CASH PROVIDED BEFORE TRANSFER TO BOARD-DESIGNATED FUNDS	1,777,648	560,974
Net increase in board-designated funds	(1,595,053)	(696,418)
Increase (decrease) in cash and short-term investments	182,595	(135,444)
Cash and short-term investments at beginning of year	40,918	176,362
CASH AND SHORT-TERM INVESTMENTS AT END OF YEAR	\$ 223,513	\$ 40,918

See notes to financial statements.

## NOTES TO FINANCIAL STATEMENTS

FRONTIER NURSING SERVICE, INC.

April 30, 1985

## NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Organization: Frontier Nursing Service was organized in 1925 as a nonprofit charitable organization. The Service's purpose is to provide needed health services in the Appalachian area. During its early years, the Service was the only provider of health services in the area and it remains the largest provider of health services in Leslie County and the portion of surrounding counties comprising its service area. The Service operates an accredited midwifery and family nursing school, a home health program, a 40 bed hospital, and provides primary care services through the Hyden Clinic and District Nursing Clinics. Frontier Nursing Service has historically been dependent on charitable contributions to fund a significant portion of the costs of services and programs.

Patient Service Revenues: Patient service revenues are recorded at established rates. Contractual allowances, indigent care, and provisions for bad debts are reported as deductions from patient service revenues.

Unrestricted Donations and Grants: Donations and grants which are not restricted by donors are reported as nonoperating revenues. Bequests under wills are recorded when received by the Service.

Investments: Investments in equity securities are stated in the financial statements at the lower of their aggregate cost or market value. Investments other than equity securities are stated in the financial statements at cost, or if donated, at fair market value at the date of donation. Gain or loss from sale of investments is the difference between proceeds received and the carrying value of the investment sold. Unrealized gains or losses are not included in the accompanying financial statements.

Board-Designated Funds: The Board of Governors has designated the following funds to accumulate monies for the indicated purposes.

The Consolidated Investment Fund accumulates funds for such operating and general purposes as the Board may determine.

The Education Fund includes donations to the Nursing Education Enrichment Drive and all unrestricted legacies and bequests received from May 1981 through April 1985. It accumulates funds until such time as they are needed for the operation of the educational programs.

The Depreciation Fund accumulates funds for replacement, expansion or improvements of the Service's facilities.

Income from the principal portion of the Consolidated Investment Fund is to be used to subsidize care for indigent patients unless such income is specifically designated by the Board for other uses. Income from the Education and Depreciation Funds is retained in the principal of the funds until expended for the designated purposes.

## NOTES TO FINANCIAL STATEMENTS--Continued

FRONTIER NURSING SERVICE, INC.

NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES--  
Continued

Restricted Funds: Restricted funds represent endowments, the principal of which cannot be expended. Income from such endowments is available for operating purposes and is reported as revenue when earned in accordance with the donors' instructions.

Frontier Nursing Service, Inc. is also income beneficiary of certain trust funds which are not administered or controlled by the Service. Accordingly, such funds are not included in the balance sheets at April 30, 1985 and 1984. Income received from such funds was \$115,481 and \$43,480 for the years ended April 30, 1985 and 1984, respectively.

Resources restricted by donors for additions to property are recorded as increases to the unrestricted fund balance when expended for the purposes intended. Resources restricted by donors for specific operating purposes are credited to other operating revenues when expended for the purposes intended.

Inventories: Inventories, principally medical supplies and drugs, are stated at cost (first-in, first-out method) which is not in excess of market.

Property and Equipment: Property and equipment is stated at cost, or fair market value at date of donation for items donated to the Service. Depreciation has been computed on the straight-line method over the estimated useful lives of the respective assets.

Revenue from Donated Services: The Service records, as revenue, the value of services of certain professionals provided by the National Health Service Corps (NHSC) from waivers received or anticipated to be received for liabilities to NHSC.

## NOTE B--MEDICARE AND MEDICAID PROGRAMS

The Service participates in the Medicare and Medicaid Programs. Approximately 28% and 26%, respectively, of the Service's patient service revenues are derived from services to patients covered by these Programs.

## NOTES TO FINANCIAL STATEMENTS--Continued

## FRONTIER NURSING SERVICE, INC.

## NOTE B--MEDICARE AND MEDICAID PROGRAMS--Continued

Medicare: The Medicare Program reimbursed the Service on the basis of cost, subject to certain limits, through the year ended April 30, 1984. Cost was determined from annual cost reports filed with the Program by the Service. Such cost reports are subject to audit by the Program and audits have been completed through the year ended April 30, 1983. Adequate provision has been made for the effects, if any, of audits by the Program.

Effective May 1, 1984, Medicare payments for inpatient services (excluding capital costs) are made based upon the patient's diagnosis (DRG), irrespective of cost. The diagnosis upon which payment is based is subject to review by Program representatives. The Program continues to reimburse the Hospital for capital costs, as defined, and outpatient services based upon cost. Such reimbursable costs are determined from annual cost reports filed with the Program, which are subject to audit by the Program.

Medicaid: The Medicaid Program reimburses the Hospital on a prospectively determined rate per patient day for inpatient services and 80% of covered charges for outpatient services.

Home Health Agency: Both the Medicare and Medicaid Programs reimburse the Service for services provided by the Home Health Agency on the basis of cost, subject to certain limits. Such reimbursable costs are determined from annual cost reports filed with the Programs. Such cost reports are subject to audit by the respective Programs.

## NOTE C--INVESTMENTS

The carrying value and approximate market value of investments at April 30, 1985 and 1984 are summarized as follows:

	1985		1984	
	Carrying Value	Market	Carrying Value	Market
Investments recorded in:				
Board-designated funds:				
Consolidated Fund:				
Cash	\$ 105,622	\$ 105,622	\$ 2,007	\$ 2,007
U.S. Government obligations	76,719	76,719	\$ 755,934	755,934
Corporate bonds	1,239,584	1,362,906	821,978	529,781
Common stocks	1,186,366	1,795,577	730,337	1,712,038
Due to Restricted Fund	(186,405)	(186,405)	(186,405)	(186,405)
	<u>2,421,886</u>	<u>3,154,419</u>	<u>2,123,851</u>	<u>2,813,355</u>

NOTES TO FINANCIAL STATEMENTS--Continued

FRONTIER NURSING SERVICE, INC.

NOTE C--INVESTMENTS--Continued

	1985		1984	
	Carrying Value	Market	Carrying Value	Market
<b>Depreciation Fund:</b>				
U.S. Government obligations	309,616	309,616	239,409	239,409
Receivable from working capital	<u>162,663</u>	<u>162,663</u>	<u>80,000</u>	<u>80,000</u>
	<u>472,279</u>	<u>472,279</u>	<u>319,409</u>	<u>319,409</u>
<b>Education Fund:</b>				
Cash	107,412	107,412		
U.S. Government obligations	1,292,140	1,308,405	970,866	968,834
Common stocks	<u>970,016</u>	<u>1,073,669</u>	<u>254,554</u>	<u>380,794</u>
	<u>2,369,568</u>	<u>2,489,486</u>	<u>1,225,420</u>	<u>1,349,628</u>
<b>TOTAL BOARD DESIGNATED</b>	<u><u>\$5,263,733</u></u>	<u><u>\$6,116,184</u></u>	<u><u>\$3,668,680</u></u>	<u><u>\$4,482,392</u></u>
<b>Endowment Funds:</b>				
Cash	\$ (15,402)	\$ (15,402)	\$ 9,174	\$ 9,174
Short-term money-market certificates	42,930	42,930	46,563	46,563
U.S. Government obligations	240,518	249,070	334,379	333,301
Common stocks	407,529	760,406	210,959	436,799
Investments in common trust funds	165,850	159,574	165,911	150,314
Due from Board-Designated Fund	<u>186,405</u>	<u>186,405</u>	<u>186,405</u>	<u>186,405</u>
<b>TOTAL ENDOWMENT FUND</b>	<u><u>\$1,027,830</u></u>	<u><u>\$1,382,983</u></u>	<u><u>\$ 953,391</u></u>	<u><u>\$1,162,556</u></u>

Investments in common stock held in board-designated funds include \$778,062 of gross unrealized gains and \$65,198 of gross unrealized losses as of April 30, 1985. There are no gross unrealized losses included in investments in common stocks held in endowment funds as of April 30, 1985.

NOTE D--RETIREMENT PLAN

Frontier Nursing Service, Inc. has a non-contributory defined benefit retirement plan for regular full-time employees with 1,000 hours of continuous service who are twenty-five years of age or more. The policy of the Service is to fund pension costs accrued. Total retirement plan expense for the years ended April 30, 1985 and 1984 was \$70,642 and \$60,939, respectively.

## NOTES TO FINANCIAL STATEMENTS--Continued

## FRONTIER NURSING SERVICE, INC.

## NOTE D--RETIREMENT PLAN--Continued

Accumulated plan benefit information, as estimated by consulting actuaries as of the most recent valuation dates, and plan net assets are:

	May 1	
	<u>1984</u>	<u>1983</u>
Actuarial present value of accumulated plan benefits:		
Vested	\$317,915	\$267,218
Nonvested	<u>66,866</u>	<u>54,510</u>
	<u>\$384,781</u>	<u>\$321,728</u>
Net assets available for benefits:	<u>\$604,021</u>	<u>\$532,234</u>

The assumed rate of return used in determining the actuarial present value of accumulated plan benefits was 6% for 1984 and 1983.

The Service intends to terminate the retirement plan effective April 30, 1985. Termination liability is not expected to exceed the net assets of the plan. Annuity contracts are planned to be purchased for participants' accumulated vested benefits as of the date of termination, as determined by consulting actuaries. The Service is currently reviewing alternatives for replacement of the plan.

## NOTE E--RELATED ORGANIZATION

Mary Breckinridge Housing, Inc. (Project) is a non-profit organization incorporated April 4, 1984, for the purpose of constructing and operating housing for the elderly and handicapped. The Service has agreed to act as a sponsor for the Project and to commit up to \$15,000 to fund initial start-up costs. The Project has received approval for a construction and mortgage loan from the Federal Housing Administration. Upon completion, the Project is planned to essentially be under the direction and control of the Service.

## NOTE F--CONTINGENCIES

The Service has been named defendant in suits alleging medical malpractice. The Service carries malpractice insurance, which in the opinion of management, is sufficient to cover malpractice liability, if any. The Service has also been named defendant in one additional suit alleging violation of the Federal antitrust laws. In the opinion of management, the Service's liability for damages, if any, related to such suit is not material.



**FRONTIER NURSING SERVICE, INCORPORATED  
CONTRIBUTIONS PLACED IN TRUST  
May 1, 1984 to April 30, 1985**

Funds which are placed in trust are a measure of strength for Frontier Nursing Service as we fulfill our purpose and plan for a solid future. This is a listing of previous trust funds which had additions, and new contributions which were placed in trust during this fiscal year.

Nursing Education Enrichment Drive  
Branham Fund  
The Friends Fund  
Jacob and Gertrude Arronson Memorial Nursing  
Scholarship Fund  
William Waller Carson Fund in honor of Katherine  
Breckinridge Carson Breckinridge  
Anne Steele Wilson Memorial  
Lucie Wilshire Graham Memorial  
Ann Allen Danson Memorial Fund  
Wilson Neel Memorial Baby's Crib  
Elizabeth Canby Bradford duPont Memorial  
Verna M. Potter Estate  
Elizabeth S. Morgan Estate  
Frances P. Williams Estate  
Bernie P. Robertson Estate  
Helen B. Decker Estate  
Irvin A. Kircher Estate  
Edythe G. Balsley Estate  
Mabel E. Winslow Estate  
Dorothy M. Andrews Estate  
Mildred Gardinor Fisher Estate  
Jean H. Gallien Estate  
Curvin E. Wagner Estate  
Eloise O. Goddard Estate  
Margaret M. Gage Estate

**FRONTIER NURSING SERVICE, INCORPORATED**  
**LEXINGTON, KENTUCKY**  
**STATEMENT OF DONATIONS AND SUBSCRIPTIONS PAID**  
**MAY 1, 1984 TO APRIL 30, 1985**  
**SUMMARY**

	Contri- butions	Benefits and Bargain Box	Total
Baltimore Committee .....	\$ 1,734		\$ 1,734
Boston Committee .....	19,208	\$10,000	29,208
Chicago Committee .....	11,165		11,165
Cincinnati Committee .....	7,098		7,098
Cleveland Committee .....	65,345		65,345
*Daughters of Colonial Wars .....	8,117		8,117
Detroit Committee .....	12,405		12,405
Hartford Committee .....	1,498		1,498
**Kentucky:			
Blue Grass Committee .....	78,953		78,953
Louisville Committee .....	18,405		18,405
Miscellaneous State .....	18,715		18,715
Minneapolis Committee .....	1,810		1,810
New York Committee .....	65,287	1,421	66,708
Philadelphia Committee .....	39,718	3,579	43,297
Pittsburgh Committee .....	33,088		33,088
Princeton Committee .....	962		962
Providence Committee .....	596		596
Rochester Committee .....	4,537		4,537
Washington, D.C. Committee .....	18,293	15,000	33,293
Miscellaneous .....	69,934		69,934
<b>TOTALS .....</b>	<b><u>\$476,868</u></b>	<b><u>\$30,000</u></b>	<b><u>\$506,868</u></b>

**Total Contributions Above**

Restricted	\$ 67,464
Unrestricted	409,404
	<u>\$476,868</u>

\*Donations from various state chapters.

\*\*Total for Kentucky ..... \$116,073 \$116,073

REPORT OF OPERATIONS

Comparative Analysis of Service Provided  
In the Two Fiscal Years 1984 and 1985

HOSPITAL

	1984	1985
ALL PATIENTS (excluding newborn):		
Percent of Occupancy .....	64.8%	54.5%
Patient Days — Total .....	9,493	7,961
Medical-Surgical .....	7,942	6,547
Obstetrical Unit .....	1,551	1,414
Admissions — Total .....	1,941	1,951
Medical - Surgical Unit .....	1,402	1,347
Obstetrical Unit .....	539	604
Average Daily Census .....	25.9	21.8
Average Length of Stay .....	4.9	4.1
NEWBORN:		
Percent of Occupancy .....	27.4%	19.2%
Patient Days — Total .....	1,001	701
Admissions — Total .....	399	431
Average Daily Census .....	2.7	1.9
Average Length of Stay .....	2.5	1.6
DELIVERIES — TOTAL .....	401	431
OPERATIONS — TOTAL .....	575	643
Major .....	220	198
Minor .....	355	445
In-patient .....	298	334
Out-patient .....	277	309
ENT .....	45	27
C-Section .....	61	69
ANESTHESIA — TOTAL .....	572	640
Spinal .....	43	26
General .....	343	455
Local .....	186	159
DEATHS — TOTAL .....	34	30
Institutional (over 48 hours) .....	23	20
Institutional (under 48 hours) .....	4	2
Non-institutional (OPD/ER) .....	7	8

	1984	1985
X-RAY EXAMINATIONS — TOTAL .....	6,925	5,954
In-patient .....	1,618	1,299
Out-patient .....	5,307	4,655
LABORATORY PROCEDURES — TOTAL .....	88,289	80,271
In-patient .....	34,704	27,685
Out-patient .....	36,007	37,324
Referred in .....	17,578	15,262
Referred out (not included in total) .....	10,508	15,617
PRESCRIPTIONS FILLED — TOTAL .....	49,446	46,782
In-patient .....	0	0
Out-patient .....	49,446	46,782
Unit Dose — In-patient .....	137,538	118,289
PHYSICAL THERAPY TREATMENT		
— TOTAL .....	2,671	10,874
In-patient treatments .....	976	1,839
Out-patient treatments .....	1,695	9,035
Home Health treatments .....	0	0
ELECTROCARDIOGRAMS — TOTAL .....	2,518	2,649
In-patient .....	1,492	1,615
Out-patient .....	1,026	1,034
RESPIRATORY THERAPY — TOTAL .....	37,216	30,049
In-patient procedures .....	36,236	29,076
Out-patient procedures .....	980	973
MBH DENTAL VISITS — TOTAL .....	2,011	1,904
Average Visits Per Day .....	7.9	7.4
HOME HEALTH VISITS — TOTAL .....	7,511	6,881
Average Visits Per Day .....	29.6	26.9
EMERGENCY ROOM VISITS — TOTAL .....	5,604	6,201
Average Visits Per Day .....	15.3	17.0
ADMITTED THROUGH EMERGENCY ROOM — TOTAL .....	857	879
MBH (HYDEN) CLINIC VISITS		
— TOTAL .....	21,837	22,895
General Clinic .....	13,262	18,209 (incl.
Pediatric .....	4,257	Pediatric)
GYN .....	383	4,686 (incl.
MTD .....	3,935	MTD)
Average Visits Per Day .....	86.0	89.4
SPECIAL CLINICS — TOTAL .....	534	471
ENT .....	184	182
Orthopedic .....	260	277
Ophthalmology .....	90	12

	1984	1985
DISTRICT CLINICS — TOTALS .....	13,669	14,743
Average Visits Per Day .....	53.8	60.1
BEECH FORK CLINIC — TOTAL .....	4,605	4,934
Average Visits Per Day .....	18.1	19.3
(256 days operation)		
COMMUNITY HEALTH CENTER — TOTAL ...	5,095	5,069
Average Visits Per Day .....	20.1	19.8
(256 days operation)		
PINE MOUNTAIN CLINIC — TOTAL.....	1,762	1,950
Average Visits Per Day .....	6.9	7.6
(256 days operation)		
WOOTON CLINIC — TOTAL.....	2,207	2,143
Average Visits Per Day .....	8.7	8.4
(256 days operation)		
YERKES CLINIC — TOTAL.....	N.A.	647
Average Visits Per Day .....	N.A.	5.0
(130 days operation)		

**SIXTY-YEAR TOTALS — SELECTED DATA**

For a number of years, the *Quarterly Bulletin* printed each year, in its Annual Report issue, cumulative totals of patients registered, maternity cases delivered, etc. Owing to certain changes in record keeping procedures several years ago, some of this information was reclassified and accounted for in a somewhat different manner. Accordingly, it is no longer possible to present the data in exactly the form used in earlier editions.

However, there continues to be substantial interest in these totals, and, to meet that need, we attempt here to reconstruct the essential information as updated to cover FNS' sixty years of operation. Because of changes in the methodology, these figures should not be understood as audited totals, but rather as reasonably close approximations of the actual figures, as of the close of the fiscal year that ended on April 30, 1985.

Patients registered from the beginning (1925) .....	82,728
Children (estimated).....	46,101
Adults (estimated) .....	36,627
Maternity cases delivered .....	20,829
Maternal deaths (9 puerperal, 2 cardiac) .....	11
Number of days of occupancy in FNS hospitals (including old Hyden Hospital, which opened in June 1928, and Mary Breckinridge Hospital, which opened in January 1975). Figures exclude newborn.....	457,641

**COURIER AND VOLUNTEER HOURS AND DAYS REPORT**  
**May 1984 to April 1985**

<b>Departments Served</b>	<b>Couriers (Hours)</b>	<b>Volunteers (Hours)</b>
Administration		
— Marty Bledsoe	40.0	249.0
— Charles Coleman	100.0	
— David Hatfield	26.0	177.0
— Barbara Sonnen	1.0	
— Medical Directives	74.0	100.0
Business Office	134.5	
Clinics		
— Beech Fork	654.5	110.0
— Community Health Center	52.5	
— Dental	1.0	
— Hyden	840.0	197.0
— Pine Mountain	401.5	50.0
— Shopp Folk Health Clinic	166.5	8.0
— Women's Clinic (nurse's aide)	1,330.0	203.0
— Women's Clinic (special projects)	120.0	8.0
— Wooton	64.5	86.0
Dietary	141.0	
Emergency Room	735.5	132.0
Finance	547.5	
Frontier School of Midwifery and Family Nursing	182.5	
Home Health		16.0
Hope House	228.0	
Hyden Girl Scouts	24.0	
Laboratory	9.0	
Leslie County Clean-Up	12.0	
Leslie County 4-H	12.0	
Maternity	277.5	169.0
Maintenance (car repair)	47.0	
Medical Records	58.5	
Med/Surg	319.0	
Oncology	33.0	
Operating Room	217.0	21.0
Orientation	114.5	21.0
Pharmacy	61.0	
Physical Therapy	627.0	
Promotion and Development	43.0	
Rounds	969.0	

Departments Served	Couriers (Hours)	Volunteers (Hours)
Transportation		
Guests		
— Cincinnati	22.0	
— Hazard	2.0	
— Knoxville	7.0	
— Lexington	220.0	6.0
— London	11.0	
— Louisville	9.0	
Patient Transport		
— Hazard	11.0	
— Mary Breckinridge Hospital	10.0	
— Lexington	77.5	
— Wooton	2.0	
Wendover		
— Christmas activities	47.0	
— Gardening/yard work	751.0	48.0
— Guest hospitality	135.0	
— Health 'n' Fun Days	238.0	48.0
— Housekeeping	68.0	
— Kitchen help	209.0	
— Mary Breckinridge Festival	250.0	56.0
— Miscellaneous	414.5	
— Pre-school program	488.0	
— Quilting	115.5	10.0
X-Ray	160.0	
<b>TOTAL HOURS</b>	<b>11,912.0</b>	<b>1,715.0</b>
<b>TOTAL DAYS</b>	<b>1,355</b>	<b>216</b>
<b>TOTAL NUMBER OF COURIERS</b>	<b>44</b>	
<b>TOTAL NUMBER OF VOLUNTEERS</b>	<b>4</b>	
Report submitted by Danna Larson		
May 30, 1985		

**FRONTIER NURSING SERVICE, INC.**

Director: David M. Hatfield, MBA, FACHE

**ADMINISTRATION**

Director of Finance: John L. Gilman, Jr. BBA  
 Director of Development: Judy Jones Lewis  
 Medical Director: Jean E. Sullivan, MD  
 Director of Personnel: Darrell J. Moore, BA  
 Director of Nursing: Barbara E. Sonnen, RN, MS

**FRONTIER SCHOOL OF MIDWIFERY AND FAMILY NURSING**

Ruth C. Beeman, RN, CNM, MPH  
 Dean and Director  
 Sr. Nathalie Elder, RN, MSN, CNM  
 Nurse-Midwifery Education Coordinator  
 Nancy J. Fishwick, RN, MSN, CFNP  
 Family Nurse Instructor  
 Sr. Kathryn O'Meara, RN, MSN, CFNP  
 Family Nurse Education Coordinator  
 Deirdre Poe, RN, MS, CFNP, CNM  
 Nurse-Midwifery Instructor  
 Wendy L. Wagers, RN, MSN, CFNM  
 Nurse-Midwifery Instructor  
 Alice Whitman  
 Registrar

**MARY BRECKINRIDGE HOSPITAL AND CLINICS****Nursing Staff**

Hospital Director of Nursing: Mary Weaver,  
 RN, ADN, CFNM  
 Hospital Nursing Care Coordinator: Betty McQueen,  
 RN  
 Nurse Anesthetist: Betty Childers, CRNA, BA  
 Oncology Nurse: Patricia R. Campbell, RN  
**Hyden Clinic**  
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 Ruth E. Blevins, RN, CFNM  
 Steven Leiner, RN, MSN, CFNP  
 Carol Pyle, RN, BSN, GFNP  
 Mable R. Spell, RN, CFNM, FNP  
 Coleen Wold, RN, MPH, BSN, CFNP

**Women's Clinic**

Erica Goodman, MSN, CFNM  
 Marsena D. Howard, RN, MSN, CFNM  
 Sharon Leaman, RN, BSN, GFNM  
 Elizabeth A. MacMillan, RN, AA, CFNM  
 Karen L. Poci, RN, AA, CFNM  
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 ADN, CFNP  
 District Records: Nancy Williams

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 Sr. Joan Gripshover, RN, BES, CFNP

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**Wootton Center:**

Sharon D. Koser, RN, BSN, CFNP, Project Director

**Pine Mountain Center:**

Gertrude Morgan, BSW, RN, CFNP, Project Director

**Shopp Folk Health Center (Yerkes):**

Lucy Van de Kamp, RN, ADN, CFNP, Project Director

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 Glenna Allen, RN, BSN  
 Sandra Gross, RN, ADN  
 Stephanie Krueger, RN, ADN  
 Janet Lipps, RN, BSN

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For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of ... dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

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The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
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3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or principal go to the Service.
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Frontier Nursing Service  
Wendover, Kentucky 41775

## FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the  
Frontier Nursing Service, Article III.  
as amended June 8, 1984