

FNS

FRONTIER NURSING SERVICE

Volume 58

Number 2

Autumn, 1982

QUARTERLY BULLETIN



Molly Lee Rides Again!

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Front Cover: Molly Lee is pictured as she once again leads the parade of the annual Mary Breckinridge Festival. This year's Festival was very special as the FNS helped celebrate the 100th birthday of Hyden.

FRONTIER NURSING SERVICE QUARTERLY BULLETIN
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Barbara Post and former FNS Director Miss Helen E. Browne.

GOOD LUCK BARBARA

In November, Barbara Post, Wendover Coordinator, left the Frontier Nursing Service in pursuit of her Master's Degree in Art Education and teaching certification in secondary education. She came to FNS three years ago from Belmont Massachusetts as coordinator of couriers and volunteers, and later as coordinator of Wendover. During her stay, she was on many committees and was involved in activities not only at Wendover, but also with the Mary Breckinridge Hospital and Leslie County School Systems.

Barbara will be missed very much by those of us at the FNS and the Hyden community. We wish her the very best of everything in her new pursuits.

FIELD NOTES

Labor Day brought the end of summer's hard work and summer's repose. September fairly flew as days were marked by the comings and goings of couriers old and new, the autumn Board meeting, and guests, and more guests. **Joan Davis** and **Cindy Asplin**, both couriers from the winter of '81, came for a visit in early September and added to the cheerful company of **Whitney Pinger**, San Francisco, California, **David Greenawalt**, Hartsdale, New York, **Jessie Kline**, Safford, Arizona, **Jama Greene**, Raleigh, North Carolina, **Laurel Evans**, Cleveland, Ohio, **Jennifer Oddleifson**, Rochester, New York, and **Alison Van Horn**, Princeton, New Jersey.

After the Board of Governors meeting, and a visit from the Rev. and Mrs. Richard Cunningham of Cleveland, Wendover hosted the annual 4-H Awards Dinner, a special luncheon for the University of Kentucky faculty and students, and had an Open House on the 30th just before Mary Breckinridge Day. We were pleased that the following Trustees and friends could come to view the work of the Service firsthand: Mr. and Mrs. Gordon Dabney, Miss Priscilla Luce, Mrs. Mahanes, Mrs. Banksdale, and Mrs. Robert Gothrop.

Mary Breckinridge Day was a big success as far as Wendover was concerned — Whitney won first prize for women in the marathon that opened the day, she and Martin Carroll rode at the head of the parade with Molly Lee, Jama and Laurel were the clowns who escorted the float that all the couriers and Danna and Barbara had worked on. Amy and Julie Howard and Jason Chappell were the little clowns who rode on the float — between them, the balloons, and the effort, the float won Grand Prize Champion!

At the beginning of October, we welcomed back Denise Geolot and Donna Nash of the Division of Nursing, and then, Dr. Paul Soley returned for another week of 'relief work' in the (new) Hyden Clinic (formerly called the Primary Care Clinic). Our most special guest was, of course, Miss Agnes Lewis and her nephew, Hunter Lewis, who shared with us their vitality and sense of humour to give us all a gay and warm week. The month was brought to a close on Halloween weekend by a small conference of the Appalachian Health Providers who are centered out of Vander-

bilt, Nashville, Tennessee. More than twenty-five professionals came from around the area to meet with each other and members of our staff to share common problems and concerns.

We are pleased to have the following new additions to the staff: Dr. Alice Lindsey, Family Practice, Dr. Diana Edenfield, Family Practice, Christine Morgan, Respiratory Therapy technician, Carolyn Begley and Martha Hayes both as aides on Med/Surg, Glenna Allen, RN In Home Health, and Phyllis Wells, Pharmacy technician. We are sorry to lose Bob Wright, DMD, who left to teach and practice at the University of Mississippi, and Lowell Napier, Gail Sizemore, Sherry Barnes, Terrie Bowling, and Donna White.



Grand Champion Float.

BEYOND THE MOUNTAINS

by Kate Ireland

WASHINGTON

Our dear friend and Honorary Trustee, Mrs. John Sherman Cooper, most kindly held the Autumn meeting for the Washington Committee at her lovely home in late September. Ruth Newell is to be congratulated on the wonderful turn-out of members and with great pleasure, I introduced Ron Hallman, our new Development Director. Marvin Patterson, Honorary Governor, has enthusiastically offered her home for another "Derby Day" on May 7, 1983! The ladies were very thrilled about their past successes with this Benefit and are looking forward to another enjoyable and profitable adventure.

Ron stayed on with Ruth and her husband, Hal, in order to meet some more of our Washington friends and to have the honor of visiting both Representative Hal Rogers and Representative Carl Perkins in their offices.

BOSTON

Magnificent Autumn weather blessed Sharon and Dave Hatfield, Ron Hallman, and me when we went to Boston the third week of October. Our new Boston Chairman, Betty Ann Mead, and her husband, Steve, invited some of the staunch FNS friends over for a lovely dinner to meet the Hatfields and Ron. Mardi Perry had as her guest, Brownie, who was on her way to spend the weekend with Mrs. Roger Branham. Dave, Ron, and I also had a little chat with Mrs. Branham on the morning before the Boston gathering. And what a gathering it was! Patsy Lawrence spearheaded a joint evening at the Museum of Fine Arts for the Committee and friends to hear Dave Hatfield talk on the FNS and for all of us to have the privilege of viewing the American Artist Thomas Eakins' magnificent Exhibit. As Patsy said in her own words of introduction, "how wonderful to be able to combine two of her finest interests, the Frontier Nursing Service and the Museum of Fine Arts." We had cocktails and dinner in the Tapestry Room, and it is always most gratifying to see the interest and enthusiasm of husbands and parents, in addition to devoted Couriers and friends. Congratulations Patsy, Betty Ann, and Muffin — a magnificent evening!

A SOCIAL HISTORY OF THE FNS NOW AVAILABLE

Please send to the following address _____ copies of

A Social History of The Frontier Nursing Service by Nancy Dammann.

\$6.00 a copy plus \$1.00 for postage and handling. Checks should be made payable to the Frontier Nursing Service, and sent to:

Frontier Nursing Service
Wendover, Kentucky 41775.

Name _____

Address _____

Nancy Dammann was a Courier for many years with the FNS. She has done public relations work for the Service and taken a wealth of photographs which are amply represented in her book. She came back to Leslie County for five years during which time she wrote this book in partial fulfillment of the requirements for her Ph.D. She now resides in Sun City, Arizona. Nancy's long acquaintance with the FNS and her assiduous research make the book enjoyable and informative to say the least. It is an important addition to material on the Service since the publication of *Wide Neighborhoods* in 1952.

COURIER NEWS**Elizabeth Palmer Eldridge '62, 24 Castle-Frank-Crescent,
Toronto M4W 3A3 Ontario Canada**

I have been in Chicago as much as possible these last couple of years to do whatever I could. Mother had Alzheimer's disease — and we were determined to keep her home as long as possible. In fact, we were able to until the end. But it was a long difficult siege, as you can imagine. It was all I could do to keep that going — and things here as well with two very active, very bouncy children (a boy 12 and a girl 6). So anything that wasn't absolutely necessary simply didn't get done. My desk was totally ignored. I'm just now digging out and finding bits and pieces that go back to 1979, which was, I guess, the last year I was functioning as I should have been. But of course we're always delighted to give to the FNS. And wish it well. It remains one of the most exemplary organizations I know, and I refer to it often for different reasons.

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**Betsy Trefts, '78, 20101 Malvern Road,
Shaker Heights, Ohio 44122—**

I'm in to medical school. I mean actually in! (at) the Medical College of Ohio. By the time I heard, I had just started the M.A. program in Medical Anthropology at Case Western Reserve. However, when M.C.O. offered me the acceptance, they also offered me the option of deferring entrance for a year — so I grabbed it! I'm hoping to get as big a chunk as possible toward the M.A. out of the way this year and then try to finish up the rest over summers and whatever Happiness does not begin to describe it!

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**Becky Rowley '80, 4020 Terrace,
Kansas City, Missouri, 64111—**

I can happily tell you that I have passed my state boards and I'm now an RN. It's a **good** feeling — I feel like I've reached one of my milestones. I'm working at K.U. Medical Center in Kansas City, Kansas. I work on a neurosurgery floor which I'm finding quite interesting. The floor is unique in that there are three parts to it — an ICU (6 beds), a step-down unit (8 beds), and a work-up unit (10 beds) . . . Our floor gets head and neck traumas, brain and

spinal cord tumors, and intracerebral bleeds. I never dreamed I would be working on a neuro floor, but I love it.

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**Nancy Albertson '79 & '80, 305 Dudley Street,
Providence, Rhode Island 02907—**

I am still trying to digest my trip down South . . . the transition from Gate City to Knoxville and the World's Fair felt like a journey of light years. The fair was fun, but disappointing for us children of the NY World's Fair and Expo '68. From there we went on a two-day hiking trip in the Smokies . . . Opportunities are hard to come by in Providence. I've been working at a museum in Pawtucket called Slater Mill . . . it's been good to hook up with it as an extension of my studies in social history and American Civilization. I am beginning to look for new social-work type jobs here, but just feel that maybe it's time for a change.

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Jessica Heimer '82, 62 Taylor Street, Amherst, Mass.—

I am very busy with school work. I have a job driving a bus in the early morning so I don't have too much spare time, but I am enjoying the Amherst area whenever I can. It is perfect fall weather right now, the leaves are in their glory. We are still eating lettuce and tomatoes from the garden.

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**Mary Nassif '82, 27 Glenville Ave., Apt 5,
Allston, Mass. 021348**

I certainly was homesick for Kentucky for the longest time. I still talk my friends' ears off about that great experience. This week I start my Community Health rotation. Mary Breckinridge is mentioned in the first chapter of the text — already I'm pointing, 'I was there! I was there!'

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**Kathryn Rowley '81, 1834 Laramie,
Manhattan Kansas 66502—**

I've decided to apply to K.U. Nursing School — my final decision. I'm happy with it and do think I will find a place to fit in. . . . I'm back at school — my last year (and) I'm glad. I have senior

apathy, I think. Becky and I are training for the Macy's Marathon on November 7. So, that takes up quite a bit of time getting my miles in, etc. I hope I can do it.

**Kathy Trainor '82, One Sparks Street,
Cambridge, Mass. 02138—**

I've been enjoying a busy, but relaxing summer. The job as a probation officer has been very enlightening — an unbelievable challenge to my patience. I've never, until now, dealt with children who grew up with and live crime. It's quite overwhelming and discouraging to try and counsel kids with such a mind set. Mainly, we supervise them on a work site, picking up trash at a park, etc. There was never a dull moment — bottle throwing, knife fights . . . exhausting! The kids are prostitutes, assault and battery with weapons, thieves, or just truancy problems. All of them have very little work ethic. Family and Education — I'm continually amazed at the importance.

**Carol Sparer '82, Box 455, Zena Rd.,
Woodstock, NY 12498—**

Thanks so much for the lovely etching of the Big House . . . As a matter of fact, I've been searching for things to hang up on the walls of my new apartment. Now I have a welcome addition to my collection! . . . I've been keeping busy by taking a CPR course (which I completed successfully), reading, hiking, sunning, swimming, etc. I also have been working on my *Workbook of Drugs and Solutions*, a school requirement.

Meg Webb '82, Old Concord Road, Lincoln, Mass 01773—

I'm reading, running, writing, and thinking a lot about how much I gained personally and in terms of my perspective on medicine by being at the Frontier Nursing Service this summer. At church last Sunday, Houston Westover, a long-time physician at FNS, showed me two beautiful photographs — one of Miss Lester and one of Mrs. Breckinridge. Everything came flooding back — sounds, smells, the heat. It was so nice to see someone who, too, knows just what it is like in Leslie County.

**Jill Anderson '81 & '82, 210 1D Westport Road,
N. Dartmouth, Mass. 02747—**

School is already in swing. Actually, we were swamped with work by the second day. I am finding that my FNS experience is really helping me out in the clinical setting . . . still I can hardly wait until graduation day rolls around! I have only one class to take this semester to fulfill the requirement for a degree in sociology. Next semester I'll only need to concentrate on nursing courses.

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Wedding Announcements —

Deborah Whitney Ray ('70) to Channing Lease Dawson on September 11, 1982. Deborah now lives at 3408 Crest Drive, Manhattan Beach, California 90266.

Nan Sersig ('69) to Ted Erwin on August 27th.

Mrs. Janet Brown Dillingham ('71) to Mr. John Christian Jussel, II, on September 18th in Mt. Kisco, New York.

Statement of Ownership

Statement of the Ownership, Management, and Circulation required by the Act of Congress of August 24, 1912, as amended by the Acts of March 3, 1933, July 2, 1946, and October 23, 1962 (Title 39, United States Code, Section 4369), of

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(3) That the known bondholders, mortgagees, and other security holders owning or holding 1 per cent or more of total amount of bonds, mortgages or other securities are: None.

(4) Paragraphs 2 and 3 include, in cases where the stockholder or security holder appears upon the books of the company as trustee or in any other fiduciary relation, the name of the person or corporation for whom such trustee is acting; also the statements in the two paragraphs show the affiant's full knowledge and belief as to the circumstances and conditions under which stockholders and security holders who do not appear upon the books of the company as trustees, hold stock and securities in a capacity other than that of a bona fide owner.

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Mr. David M. Hatfield, Editor

STAFF OPPORTUNITIES

Certified Nurse Midwives

Family Nurse Practitioners

Registered Nurses

Family Practice Physicians

X-ray Technicians

For all of the above, please direct your inquiries to:

**Darrell Moore, Director of Personnel
Mary Breckinridge Hospital
Hyden, Kentucky 41749**

Couriers and Volunteers, especially

**Senior Nursing Students
Gardeners
Carpenters
Forestry Students**

**For information and application materials on the above,
please contact:**

**Danna Larson, Coordinator of Couriers and Volunteers
Frontier Nursing Service
Wendover, Kentucky 41775**

CONGRATULATIONS!

C. V. Cooper, Jr., member of the FNS Board of Governors, was recently elected president of the People's Bank and Trust Company of Hazard. He is a native of Hazard and a graduate of the University of Kentucky.

Mr. Cooper has served in numerous capacities as director, vice president and security officer of the bank for many years. He has been active in many civic activities much of his life and has traveled extensively, climbing mountains in Europe and South America.

Mary Breckinridge Festival/ Hyden Centennial 1982





Molly Lee escorts parade down Main Street.



Local children participate in Centennial celebration.

ALUMNI NEWS

**Helen M. Fedde ("HEM"), 121 Daugherty Drive,
Monroeville, PA 15146**

I am the mystery woman on page 33 (Spring '82 issue) . . . I was with the FNS from '46 to '52. It was a period of transition. Buckett (Dorothy Buck) the first dean of the school was very ill and Eva Gilbert was graciously filling in until they could get a new dean . . . I was happy as a clam trying to be a good district midwife at Red Bird, then Brutus, and then Beech Fork when Mrs. B. and Brownie asked me if I would be willing to go back to school and get a masters and then be dean. The Service would pay my salary and the expenses of school if I would promise to come back and work for at least two years. I was dean from '50 to '52. I owe a great deal to the FNS for which I shall always be grateful. The FNS has done some pretty heroic things to try to insure educational quality for the School After working in Oklahoma and Idaho I went to the University of North Carolina and got an MPH. From then on I spent the next 20 years with the Allegheny County (with offices in Pittsburgh) Health Department as Consultant in Maternal and Child Health and two years as Assistant Director of Public Health Nursing. I retired in 1980.

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Audrey LaFrenz Biberdorf, Box 95, Frobisher, Sask. SOC OYO

After 25 years in the P.N.G. Mission field, I am now Director of Nursing at Oxbow Union Hospital (in Oxbow, Saskatchewan).

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Judy Rafson, 509 Conewango Ave., Warren, Pennsylvania 16365

Any FNS alumni passing near Warren are welcome to look us up. Our new house has plenty of room for overnight guests!

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**Constance (Frier) Sterbenz, New York State Ranger Sch.,
Wanakena, NY 13695**

We have lived here at the Ranger School for almost ten years, where my husband, John, is professor of forestry for the State U of NY. Also, I have been busy raising four children who are now ages 9, 7½, 6 and 5. For the past two years I have been working at our 21-bed hospital and am presently charge night nurse and infection control nurse. My husband feels led that perhaps we should become missionaries — this would begin by him going into missionary aviation school through Moody Bible Institute at Elizabethton, TN.

Ann Shaw, 600 W. 218th St., #36, New York, NY 10034

I just got back to NYC from Cape Cod — six glorious days of swimming and sailing. Please give my very best to Dr. Anne and all others at FNS.

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Ethel Starck, 2648 13th Ave. S., Minneapolis, MN 55407

Trying to squeeze the last out of this summer. It sure has flown! I've taken extra days to add to most of my weekends in August — feels like part-time! I made it to my 10th year high school class reunion — a real fun one. Good to reminisce about those days. I felt a little socially retarded — no husband or kids — but also pretty carefree, young and worldly.

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Margaret Wise, 896 N. Village Dr., #203, St. Petersburg, FL 33702

I'm envious of the nice weather you are having. August was such a hot, humid month I'm ready for some cool, dry nights. Work has been slow the last couple of weeks and I'm enjoying it. I'm sorry to hear Dr. Anne is leaving FNS. She seemed to be such an integral part of FNS. I'm on this fitness kick, so I stay busy running, swimming and going to aerobic classes. Take care!

.

Susan Headrick, 605 Clay, Monte Vista, CO 81144

I've been asked to speak to the "Daughters of Colonial Wars" in Denver about FNS. **J. K. Hameloth** was here for a few days — we did a delivery together. Was great to see her again. I'm getting married in December. Tell everyone hello.

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Catherine Carr, 1609 Charnelton, Eugene, OR 97501

Things are booming here — babies everywhere. Sounds like everybody's getting married off these days. My best to one and all. Can't wait for first Alumni Newsletter.

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Chris Banigan, 1751 E. San Jose, #139, Fresno, CA 93710

I regret that I could not make the trip back to Hyden this past summer. It was a big disappointment to me as I miss all of you and think of you often even though it has been six years since I lived there. It does seem like only yesterday — but I guess it made an impression on me. I'm still telling tales of "Dr. Anne and Her Pearls". Its been a real grind with working full-time and going to school full-time these past six years. This

fall, I am on the graduate faculty teaching the first semester FNP students. I am also developing new modules and course syllabi for the students and am working on programs for our computer. Give my best to all.

.

Dianne Lytle, 222 N. 5th St., Reading, PA 19601

I just got back from two weeks vacation to the Gaspé area of Quebec. It's quite beautiful, and it was interesting to see how little French I remembered (only 20 years since I had it in high school!) We managed enough for eating and sleeping, but conversation was out of the question! I still love my job here — it's a great group of people to work with and a nice place to live (even though my car window was broken in the parking lot a few weeks ago). Guess no place is perfectly safe these days with all the unemployment. My best to everyone there!

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Sally Rinehart, 476 Monument Ave., Wyoming, PA 18644

We're finally getting settled and now that we have an address can send that with a check for Alumni dues. I'm not sure if I told you but **Linda Jo Hanson** and I finally graduated (BNS) from St. Louis University. I'm hoping to go on to law school in a year or so. Midwives need a lawyer who really understands what they are and what they need. We think of FNS often. **Mary O'Connor** is on vacation but I'm sure she sends her good wishes, too.

.

Betsy Greulich, 1885 Rose Villa, Pasadena, CA 91107

Too many things to do on a day off that goes by much too quickly. **Marcia McDonald** was here for ten days for delivery experience and now **Many Ellen O'Brien** is here for a three month internship — we're enjoying the company. Please say hello to all.

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Mary Ellen O'Brien, 1885 Rose Villa, Pasadena, CA 91107

I had a real trip out to L.A. I was able to take my time and do some sight seeing so it was like taking a vacation trip. I couldn't have any two better roommates — **Betsy Greulich** and **Karen Kern**. They are really helping me get through the culture shock of living in a big city again. The internship is going well. I think I've come to the right place to get lots of experience. All the midwives here are real supportive and good to work with. After the internship I'll be going up to Seattle, WA and then down to Brownsville, TX. It will be fun seeing **Bindy Pendleton** and **Roseann Yoder** there and all the other FNS people at Su Clinica. I'm sure having a

busy year traveling all over the country. Its been a real good year for me so far — and the rest should be just as good. Tell everyone hello.

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**Linda Kilheffer, Khanjunpur Mission, via Jaypurhat, Bogra
Dist., Bangladesh**

Our clinic here in Khanjunpur has been running well with local staff. We have three paramedics and two nurse-midwives besides me. A Japanese doctor comes two days a week to do small operations here, consult on difficult patients and carry on vaccination programs in villages. I get called for some interesting and difficult home deliveries sometimes, and oh how I wish Dr. Gilbert was here. Ever try to do a vacuum extraction and maintain sterile technique at the same time while the patient is lying on a mud floor? Ever tried to manage a patient with obstructed labor while the family members are giving her some medicine from a herbal doctor every half hour (and you have no idea what's in the medicine)? Ever taken a hemorrhaging patient with a retained placenta five miles by ox cart over bumpy roads (with IV running) to the hospital and then have the family refuse to let the doctor touch the patient because he's a man? These are all difficult and scary cases — I've had to rely on God because of my own incapacibilities — and He has never proven less than completely reliable. I must give this testimony if I'm to talk at all about the work I'm involved in. Last month I had three breech deliveries in a row. The only other breech delivery I ever had in my life was one at FNS as a student with Dr. Gilbert standing behind me, Cindy Kauffman beside me and Carolyn Miller guiding my hands. With the base established here we decided it was time to reach out to some other villages. A village health committee was formed. Representatives of the villagers were asked what they wanted in the way of health care — they said they wanted treatment available when they were sick, in their own villages rather than having to always go to the clinic. We decided to train volunteers from different villages in preventative health, nutrition, sanitation and the treatment of basic illnesses. We provide the training, medicines at cost, and field supervision. Eight villages sent trainees. My job was translating a course into Bengali, planning lessons and teaching. It was fun and time consuming and new for me. The basic training is finished and each trainee received a certificate and their first box of basic medicines. I'm real proud of them. They've begun seeing and treating patients now. **Nancy O'Donnell** (a nurse who worked on med-surg) has married a medical technologist, **Steve Swanson**, and has come to Bangladesh. They live at a mission hospital 45 minutes from me! How exciting!

Rayna Yatsko, 9335 NE Schuyler, Portland, OR 97223

Am glad fall is here — there is less yard work and only some onion, broccoli, squash and tomatoes left. **Kitty Ernst** and **Ruth Lubic** were here in Portland to give a workshop on birth centers. I met them at our CNM meeting — we had a pot-luck. I enjoyed meeting them. My new job is going well. I do enjoy doing family nursing again and not just prenatal.

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Susan Willis, P.O. Box 264, LaConner, WA 98257

It has been a very fast summer here — in keeping with the rest of the year. We enjoyed a brief camping trip on the coast of WA (south of Neah Bay) and camped on the ocean. We frequent this spot about twice a year. One really feels like being on “land’s end” with sounds of the rugged rocky coast and ocean, lonely bald eagles perched on rocks out in the surf, and the quiet rain forest as a backdrop. We will be taking a few more short backpacking trips soon in the North Cascades. Some of the trails don’t free of snow til late July to late August. So there are always patches (at the higher elevations 5,000-6,000 ft.) of snow even though it may be hot and sunny, and the creeks are glacier fed and icy. The last week of July is a good one to see the Alpine flowers blooming on the mountain sides. Makes one feel like Heidi. Aaron went to basketball camp this summer and did very well — he got second highest assists and defensive player in his age group. Now soccer season has started and Aaron is playing goal keeper on a Mt. Vernon district team. Today **Barbara Haggerty** arrived for an internship. **Julie Walker** is now in southern/eastern WA and it was nice to talk with her again.

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Pamela (England) Tallman, 725 Cardenas, SE,**Albuquerque, NM 87108**

Today I wore my old FNS sweatshirt and attracted comments from several who knew of it, but of most interest was a woman who knew **Susan (Albritton) Worley** and used to work with her years ago. That brought up fond memories.

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Sr. Kathryn Gates, Rt. 3, Stinking Creek Rd.,**LaFollette, TN 37766**

Thanks for the Alumni Directory. I’m anxious for the first newsletter. I think just seeing what everyone is doing will be great. We already see from the Directory that members are spread all around the globe. **Pat Sarge** is working in Frakes, Ky. It is a small rural clinic just over the border from Tennessee and the same doctor who comes to this clinic, also goes one day a week to hers. Greetings to Dr. Anne.

**Lynn (Patterson) Smith, 2306-C Shadow Valley Rd.,
High Point, NC 27260**

Mandy is growing so fast! She laughs, coos, and chews on everything. She rolls over, fakes a cough, and is altogether a real joy. They are building a birthing center here in High Point and I have applied for a job there. Give my love to everyone.

.

Barbara Haggerty, 2306 Yale Ave. E., Seattle, WA 98102

Even though I'm enjoying being here in the northwest and interning in a birth center, I still have a special place in my heart for Leslie Co., KY, and I've been wondering if the fall season is in bloom yet. We had a wonderful thunder storm here the other day that really energized me and made me long for Kentucky. I have really enjoyed working here at the Mt. Vernon Birth Center. It's so nice to experience birth in this setting with clients who are low risk (but not always without complications, unfortunately the other day I delivered a baby on the ambulance gurney as we were about to leave the birth center because of fetal distress — the baby came out screaming, thank the Lord. **Rae Cottrell** was with me for that one!). I've enjoyed working with **Susan Willis** too, and have been horseback riding with her several times which has been great fun. **Mary Ellen O'Brien** is coming to Seattle and we plan to go hiking with **Mary Ellen Walker** (ex-staff). I'm really looking forward to seeing them.

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Paulette (Hunt) Meister, 2229 Jacocks Lane, Ft. Worth, TX 76115

My new name as of August 21, will be Paulette Meister. Robert Meister is from Nova Scotia. He is a ministerial student here at the seminary. We are getting married in the First Baptist Church, Comanche, OK, August 21, 1982. **Margaret Hill** is going to be my maid of honor, so we'll have at least one FNS'er at the wedding. Wish we weren't so far away so I could share more of this special time in my life with my Kentucky friends. We plan on taking our honeymoon in Arkansas in the mountains for a week and then will return to begin fall classes here at Southwestern Baptist Theological Seminary in Ft. Worth, TX. We both have three semesters left to finish our degrees. Robert — his Master's of Divinity and myself — Master's in Religious Education. We should graduate December 1983 and plan on going back to eastern Canada to work and establish our home. I am still working at Duncan Memorial Hospital Friday and Saturday nights. Give my love to Dr. Anne and others. FNS remains in my thoughts and prayers.

Patricia Rogers, 426½ S. 20th St., LaCrosse, WI 54601

I started at Gundersen Clinic in January and Rich (Patti's fiance) left for a 3½ week trip out West to visit friends and family. Rich worked in a clinic in Peru where he learned first hand that if you take a pregnant multip on a rugged jeep ride the baby will descend and deliver just fine! (I had told him one of Molly's tricks — he no longer is a doubting Thomas on that score!) He settled down into his internship — June in Chicago. Wedding-wise we've set the date — May 28, 1983. It'll be in my hometown, McHenry, IL. My parents are loving all this nonsense with arrangements. (Fine with me, I'd just as soon roast hotdogs and marshmallows in the park behind our backyard!!) It's going to be a big wedding, states that Rich doesn't have friends in, I do — so we may have to rent Chicago Stadium! Anyway, back to my job. I love it! We midwives average 100-150 deliveries apiece, a year, there are four of us. As the total service does 1,300 deliveries a year, it's pretty busy. The midwives manage normal prenats, L&D here, but we do co-manage twins, breech, etc. Our average baby size is 8½-9 lbs. — good Norwegian stock. I really love my work, but I miss KY a lot, especially the people. When I'm not working, I try to swim a mile just about every day — I ride my bike at least two miles a day. I try to take a 6½ mile hike at least once a week and three weeks ago I started going to an exercise class 2-4 times a week. LaCrosse is a beautiful place, truly God's country. If I wasn't getting married, I'd probably live here for a while. I still haven't gotten up to see **Ethel Stark** or **Del Rose Eisenmenger** — as it was, we met in Kentucky at the convention of all places !! My love to all.

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**Mona (Lydon) Rochelle, Regis College, 235 Wellesley St.,
Weston, MA 02193**

All is very well but hectic with us. My husband, Joseph, is beginning Harvard Law School, my daughter, Rachel, is fifteen months and going strong. Really no complaints. **Val Chaplain** was just here and wonderful company. **Julie Gorwoda** and I talk on the phone — she delivered Rachel. **Laurie Rendall** and I talk occasionally . . . good ole FNS.

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Cynthia Sherwood, 543 E. Chestnut St., Lancaster, PA 17602

School has started again. I'm taking a full load — I think I need my head examined. But, I'm only working about three days a week — so that's less than last spring — four days a week. My big news is that I have my English nursing license!!! I survived all the paperwork and red tape! However, I still haven't received my application from the Tropical Disease Hospital. I'm looking forward to Irian Jaya. Tell folks hello.

Sheila Ward, P.O. Box 9, Merigold, MS 38759

I hope Dr. Anne has changed her mind about the early retirement. I can't imagine the place without her around.

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Lucia Osiecki, 207 McGregor, Harlingen, TX 78550

Debbie Jones and I are settling into our new house and enjoying the change a great deal! This week we are in orientation and next week we will begin our call and clinic schedule. Debbie and I spent some time with **Katie & Boo Isaac** and their new son, Evan Virgil. We have been very busy here at Su Clinica. Clinic is always busy and we are getting one or two deliveries — sometimes more — each time we are on call. I am very impressed with stoicism portrayed by each woman in labor! We have been to the beach and plan to go again this weekend, as well as to Mexico. Say hello to everyone!

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Wendy Wagers, 5967 Overbrook Ave., Philadelphia, PA 19131

I did end up in Philadelphia after all, at Booth. So far it has been a very positive experience. Conditions at Booth seem to have improved a lot for staff since I was an intern here. They have contracted with an HMO and that will net them 10-15 additional deliveries a month. Also, now that the renovations are completed, the census has picked up a good deal. I've done 8 deliveries in the three weeks that I've worked here on staff. Previously, the conditions were much like FNS where students did all. If things keep up as they have, being on staff here will be ok. **J. K. Hameloth** is going on staff at Booth at the end of August. I'm not sold on living in Philadelphia, but Debbie likes it a lot and it is a very diverse city. The city itself has almost everything imaginable — good and bad.

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**Judy K. Hameloth, c/o Booth Maternity Ctr.,
6051 Overbrook Ave., Philadelphia, Pa.**

Greetings from Brownsville. **Roseann (Yoder)** and I are having a good time, but of course the hours are crazy! I'm taking ten days off on the way home from here in August, to rest and think, nothing else. I saw **Karen Kudia** in Philly the day or so before I left for Texas, we went out to eat. she's doing fine. **Bindy Pendleton** came down to Brownsville from Harlingen for a CNM meeting — it was great to see another FNS'er. Tell Molly hi. She's bound to fly through the door with some idea about how to persevere or improve something — oh my — we sure have learned some wonderful midwife gems from her. Give my regards to Dr. Anne.

**Marianne Towler, 155 West River St., A-2,
Wilkes Barre, PA 18702**

Things are going well — perhaps because I just got over a vacation in the North Carolina mountains. Is fall hitting Kentucky yet? It seems every season I remember its spectacular manifestation in those mountains. Hope Dr. Anne and all other friends and students are well.

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Susan Barry, 119 Satisfied Rd., Livingston, TX 77351

Everything is fine, I just moved to east Texas where a new nurse-midwifery service is starting. Very positive feelings from everyone, I think it will be a great success. This fall I'll be going back to school for my MPH, that's exciting too. Greetings to everyone at FNS.

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Kathleen Haverfield, 1118-13th Ave., Seattle, WA 98122

We had a very pleasant journey (sentimental) home across Canada; visiting many relatives from both sides of the family. We are presently living in Gig Harbor, having a gradual transition from Hyden living to Seattle "hustle and bustle"! We're very near the Puget Sound and spend leisurely afternoons clam-digging and wading in the salt water. I've made two phone calls and have two job offers — both for small home-clinic delivery services. Seattle itself seems currently "glutted" with midwives, but this outlying area is prime for alternative birth. Give my best to everyone at FNS.

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**Bindy Pendleton, c/o Windy Hill Farm, Crocker Rd.,
Belfast, ME 04915**

For the past three months I've been doing an internship at Su Clinica Familiar in TX. This month coming I've contracted to work a month in Brownsville, TX for the same outfit J. K. Hameloth worked for in July. Believe it or not this Mainer has enjoyed the Texas heat — as long as I can work and sleep in air conditioning. The warm waters of the Gulf of Mexico where I go on my days off have spoiled me rotten! I wonder if I'll ever have the guts to swim in Maine waters again?? Despite the great Mexican food, the ever present sunny weather, and the abundance of fresh fruit and veggies I miss those green hills of Kentucky.

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Michele Bouche, 2512 N. Warner St., Tacoma, WA 98406

We had a fun party to celebrate our first year — held two weeks after our actual anniversary — our practice is growing, our reputation is good, we're thankful and proud. I'm secretary of the ACNM Chapter and on

committee and I just got a raise! I guess we'll stay . . . **Kathleen Haverfield** is here in Tacoma. I see her often because all the Tacoma area midwives meet monthly for a pot-luck. It's a good supportive group. Jesse is busy with preschool and swimming lessons at the Y, Jonathan rests between altercations with the sidewalk or stairs — he never stops long enough to look where he's going. Wears me out. Say hello to Molly Lee.

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Rae Cottrell, 1490 E. Juniper La., Camano Island, WA 98292

My job is still great and I feel fortunate to have such an ideal situation to work in. We drove East to see family — had a super time but very tiring to drive 8,000!! I'm happy to say David finally found a job teaching at the last minute!! Needless to say we are very glad we didn't have to leave the area — we've adjusted to the rain, even come to like its peacefulness. We did move closer to Seattle. I hear Dr. Anne is retiring to New England? I can hardly believe it!!

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Karen Kudia, 5441 South Keeler Ave., Chicago, IL 60632

Well my time at Booth finished July 30 and this finds me on the road again. I was able to stop and see **Marianne Towler** in Wilkes Barre, then Pat Wohlford in Oneonta, New York. My ultimate destination is Rochester, New Hampshire for an interview with doc (OB/GYN) there, who is looking for a midwife. He sounded very busy, averaging between 26-33 births a month. Basically he works out of a small community hospital and would eventually like to start a birth center. Then I'll be enroute to Chicago with a stopover in Lewistown, Pa interviewing for a CNM position. I believe **Karen Slabaugh** is working there. A small respite in Chicago then on to Bozeman, MT for an interview with family practice doc who has a birthing center. After this, I'll be working temporarily as staff midwife (volunteer) with the Indian Health Service. So, at the end of August, I will be hopefully starting 4 weeks as a staff midwife. It's been an exceedingly rich and varied experience. Meeting such a variety of midwives and seeing the essential bond that attracts and keeps us unified.

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Births:

Pamela (England) and Peter Tallman — a son, Sky, 8 lb. 1 oz.

Lynn (Patterson) and Tom Smith — a daughter, Mandy Holland, 8 lb. 12 oz. May 22, 1982

Marriages:

Rita Miller and Willie Schwrade — April 7, 1982
Pamela Flory and Ethan E. Holcomb — May 28, 1982
Marion Newswanger and Bruce Bedford — June 5, 1982
Patricia Wikoff and James Vigorito — July 10, 1982
Paulette Hunt and Robert Meister — August 21, 1982
Kathleen L. Smith and Paul Eastwood — August 21, 1982
Rita M. Rhoads and Juan Carlos Martinez — August 28, 1982.

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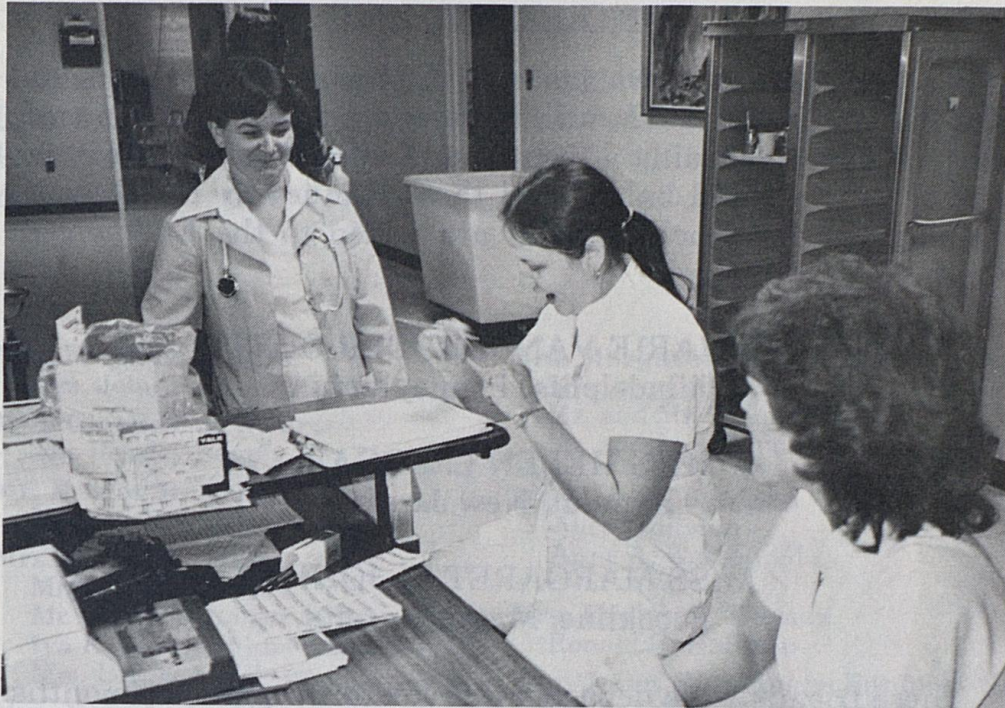
We have recently learned that **Jane W. Pierson**, (class of '52), Bluebird Avenue, Berea, Kentucky 40404, has been selected for inclusion in the *International Who's Who of Intellectuals* as well as being listed in *Personalities of the South*, according to *The Berea Citizen*. Miss Pierson graduated from the Frontier School of Midwifery in 1952 and after passing the state boards, served for 27 years in maternal and child health at the Berea College Hospital from which she retired in 1979. Congratulations, Jane.

RESPIRATORY THERAPY WEEK

Respiratory Therapy is recognized as one of the most modern and progressive segments of the health care delivery system in the United States. Being such, President Reagan and the U.S. Congress declared the week of November 7-13 as "National Respiratory Therapy Week."

Respiratory therapists are involved with therapeutic and life-sustaining cardiopulmonary care to patients suffering from lung and associated heart disorders.

There are over eighty thousand therapists in the nation who are making an important contribution to the delivery of quality health care. We at the FNS would like to take this opportunity to express our appreciation to the Respiratory Therapy staff of the Mary Breckinridge Hospital. They are: Diane Fortney, Coordinator, Ermil Mattingly, Janet Lewis, Tammy Vanover, Debbie Morgan, and Christine Morgan.



FNS nursing staff Prudence Watts, Theresa Napier, and Carolyne Hall, during the November ENT Clinic.

URGENT NEEDS

2 IV poles with weights for Med/Surg	\$ 100 each
Pediatric blood pressure cuff	\$ 300
One Ophthalmoscope/Otoscope for Hyden Clinic and one for the Home Health Agency	\$ 300 each
2 Alcohol Thermometers for Isolette on Maternity floor	\$ 150 each
2 Ear Curettes for OR	\$ 12 each
4 Poole suctions for OR	\$ 90
12 Kelly Clamps for OR	\$ 254
Large commercial type stove for Dietary	\$1500

IN MEMORIAM

We wish to acknowledge our appreciation and personal gratitude to those friends who have, by including FNS in their wills, made a continuing affirmation of interest and belief in the care of mothers and babies and their families by the Frontier Nursing Service. Such legacies are added to the Endowment Fund.

MISS MARIE VANDERVEER CUSTIS
Philadelphia, Pennsylvania

MISS HELEN L. EDGAR
Summit, New Jersey

MISS MARGARET H. JONES
Brookline, Massachusetts

These friends have departed this life in the past few months. We wish in this manner to express our gratitude for their interest in our work and our sympathy to their families.

MISS RUTH HUSTON
Emmalena, Kentucky
Friend and generous supporter

MR. GEORGE BANIGAN
Fresno, California
Father of former staff member, Mary Banigan.

LADY FRANCES RAMSBOTHAM
England
Former Trustee and Honorary Member of FNS Washington Committee.

Special note of sympathy
SAMUEL DAWSON
Dover, Massachusetts
Son of FNS Governor, Elizabeth Dawson and John E. Dawson.

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We take this means of expressing deep appreciation to our friends who make a supporting contribution to the work of Frontier Nursing Service as a way of showing their love and respect for these individuals.

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For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954.

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First Security National Bank & Trust Co.
One First Security Plaza
Lexington, Kentucky 40507

Gifts of money should be made payable to

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Its motto:

"He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young."

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic condition inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

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