

FNU

FRONTIER NURSING UNIVERSITY

Fall 2015 ■ Volume 90 ■ Number 3



HAPPY HOLIDAYS FROM
FRONTIER NURSING UNIVERSITY

Wishing you peace, joy and good health!

TABLE OF CONTENTS

Introduction to FNU1
 The Journey – Dr. Susan Stone2
 Alumni Spotlight4
 Courier Corner6
 Courier Spotlight8
 Field Notes11
 Beyond the Mountains17
 Notes18
 Wendover Report20
 Footprints21
 In Memoriam22
 Tributes23
 Trustees24
 Board of Directors26
 Your Gifts at Work27

US ISSN 0016-2116

Statement of Ownership

Frontier Nursing Service Quarterly Bulletin, publication #835-740 is published four times per year. Subscription rate is \$5. Mailing address: 132 FNS Drive, Wendover, Kentucky 41775. Contact person: Denise Barrett (859) 899-2828. The publisher, editor and managing editor of the Frontier Nursing Service Quarterly Bulletin is FNU, Inc., 132 FNS Drive, Wendover, Ky 41775. The owner is Frontier Nursing University, 132 FNS Drive, Wendover, Ky 41775. There are no other bondholders, mortgagees or other security holders. The tax status has not changed in the last 12 months. Issue date of circulation data - August 2015 issue:

Total number of copies

	Average No. Copies Each Issue during previous 12 months	No. Copies of Single Issue Published Nearest to Filing Date
Outside county copies	8500	8889
In-county copies	10	14
Free or nominal rate copies mailed at other classes	0	0
Free or nominal rate distribution outside the mail	0	0
Total Distribution	8510	8903
Copies Not Distributed	100	97
Total Sum	8610	9000
Percent paid	0	0
Paid Electronic Copies	0	0

Introduction to Frontier Nursing University

Mary Breckinridge spent her early years in many parts of the world — Russia, France, Switzerland and the British Isles. After the deaths of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of families, with a particular focus on children.

Mrs. Breckinridge founded the Frontier Nursing Service in 1925 after several years of studying and practicing nursing and midwifery in the United States, England, Scotland and France. It was the first organization in America to use nurses trained as midwives collaborating with a single medical doctor, based at their small hospital in Hyden. Originally the staff was composed

“Our aim has always been to see ourselves surpassed, and on a larger scale.”

—Mary Breckinridge, Wide Neighborhoods, 1952

of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality primary care, including maternity care, to families in their own homes. In 1928, she recruited young people to serve as Couriers and help the Frontier staff and nurse-midwives in all manner of efforts. In 1939, Mrs. Breckinridge

established a school of nurse-midwifery. The school provided graduates, many of whom stayed to offer care to families in Leslie County, Kentucky.

Today, Mrs. Breckinridge’s legacy extends far beyond Eastern Kentucky through Frontier Nursing University (FNU), which offers a Doctor of Nursing Practice degree and a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner and Women’s Health Care Nurse Practitioner. FNU has students and graduates serving all 50 states and many countries.

How to Reach Us

The Office of Development and Alumni Relations: Please direct questions, comments or updates to Denise Barrett, Director of Development, at (859) 899-2828 or send an e-mail to development@frontier.edu.

The Wendover Bed & Breakfast Inn: The Big House, Mary Breckinridge’s home, is a licensed Bed & Breakfast Inn located at Wendover. For reservations or to arrange a tour, call Michael Claussen, Development Officer, at (859) 899-2707 or e-mail michael.claussen@frontier.edu. Group tours can be arranged, and we are always happy to set up tours for organizations and educational programs with an interest in nursing history and Appalachian studies.



THE JOURNEY

On Saturday, October 24, we were honored to host Frontier Nursing University's annual commencement ceremony in Hyden, Kentucky. Over the past year, more than 500 nurse-midwives and nurse practitioners from almost every state across the nation have completed an FNU distance-education program. Nearly 200 of these graduates representing 41 states returned to Hyden to participate in the ceremony. Graduates traveled from as far away as Alaska, New Mexico, Arizona and California in order to celebrate this important milestone in their careers. We were proud to have three Leslie County, Kentucky graduates at this year's commencement. With friends and family joining each graduate, and nearly 100 faculty members in attendance, along with the FNU Board of Directors, staff and honored guests, it was a large affair. The ceremony took place in the Nixon Center in Hyden.



Award-winning author Silas House delivered the keynote address. House was born and raised in Eastern Kentucky near FNU's home town of Hyden. House is the author of five novels and serves as the NEH Chair of Appalachian Literature at Berea College and as fiction faculty at Spalding University's MFA in Creative Writing program. He is a frequent contributor to *The New York Times*, a former commentator for NPR, and a former contributing editor for *No Depression* magazine. Silas told the story of his mother's birth, which was attended by famous FNS nurse-midwife, Betty Lester. He reminded the new graduates of their roots and legacy, and encouraged them to continue to go forth and be heroes to the families they will serve. FNU awarded Silas a honorary Doctor of Humane Letters during the ceremony.

We were honored to also award the honorary Doctor of Humane Letters to Sandra May Perkins. Sandra May Perkins was born in 1944 in Newport, Rhode Island. Her father left the United States and the family to serve in the Second World War, and she and her seven brothers and sisters struggled to survive in poverty. Despite these circumstances, Sandra received a scholarship as the first black nurse enrolled in her nursing school, graduated as class valedictorian from the Zion Bible Institute, and excelled in the federally funded nurse midwifery program at the University of Mississippi.



Sandra Perkins, joined by her sisters, with Kitty Ernst, Mary Breckinridge Chair of Midwifery

For over twenty five years, she dedicated her life to advancing the field of Nurse-Midwifery across the country. Working in the trenches of the healthcare delivery system, Ms. Perkins demonstrated the leadership, entrepreneurial spirit, passion, and dedication that Frontier expects of all of its graduates.

As always, the annual ceremony served as a special event to recognize the wide reach of Frontier graduates. Their compassionate care will affect many thousands of families for years to come. Join me in congratulating these graduates and welcoming them to the Frontier alumni community.

Respectfully,

A handwritten signature in cursive that reads "Susan E. Stone".

Susan E. Stone, DNSc, CNM, FAAN, FACNM
President

**THIS ITEM IS
UNAVAILABLE DUE
TO PRIVACY
RESTRICTIONS.**

COURIER CORNER

By Mandy Hancock, FNU Courier Program Coordinator



First and foremost I want to say how extremely excited I am to be part of this amazing program. While I was not a Courier myself, I find the stories so inspiring. The opportunity to be part of this legacy means a lot to me, and I feel a huge sense of responsibility for carrying on the program. I have been left in a great position following Nancy Reinhart who has truly built an amazing foundation for me. I know I have huge shoes to fill, and I'm really grateful for the opportunity.



I recently attended the 2015 Brushy Fork Annual Institute. The opportunity to meet with other leaders in Appalachia, exchange ideas and build partnerships was invaluable. I walked away with so many ideas I cannot wait to bring to the Courier Program.

I began at FNU five years ago. What first attracted me to FNU was its mission, rich history, and its commitment to serving rural and underserved populations. When the Courier Coordinator position became available, I was incredibly excited for the opportunity to be more directly involved in carrying out the history and the mission of an organization I love very much. Also, having spent a summer working in Appalachia with underprivileged children and seeing the needs of the

families, and especially the children, I felt called to be part of a program that continues to care for those individuals. I feel the Courier Program is unique as it provides young people a chance for an education, which cannot be taught be in the confines of four walls, and is personally transformative and life-changing. I am honored to be part of this legacy.

Let's Connect—Once a Courier, Always a Courier!

Like us on Facebook!

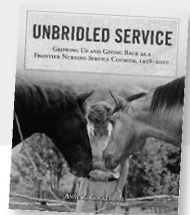
Share your story—I want to capture your memories!
Contact me at courier.program@frontier.edu for an interview.

Host a “high tea” at your home, in the spirit of Mary Breckinridge.
I will help you plan it!

Come home to Wendover!
Visit the place where your journey began and I will meet you for tea!

Join the Wide Neighborhoods Program and be an ambassador in your state:

Dr. Anne Cockerham and Frontier Nursing University published a book in April 2014 about the history of the Courier Program. It is a biography of Frontier Nursing's Courier Service told primarily from the perspective of Couriers like yourself and accompanied by hundreds of striking photographs. Delight in the experiences it recalls for you. Buy your copy today at butlerbooks.com



COURIER SPOTLIGHT

Carlyle Carter



Carlyle Carter served as a Courier in 1962 and 1965. Carlyle is a Trustee, active member of the Chicago and Boston Committee and on the Courier Advisory Committee. She currently resides in Evanston, IL and Versailles, KY. She has two sons, Nick and John Andrew (Ace), who are very creative. Carlyle is retired from full-time work in publishing but still does freelance editing and

writing. In her free time she enjoys tennis, all things French and traveling, especially to Missoula, MN to visit her mother who is nearly 100 years old! Carlyle stays active in the Courier program because she thinks “the courier program prepares young people to serve others and to not set limits on what they can achieve. It is also a way for ‘old’ couriers to stay involved by helping with the program.”

In her own words...

In 1954 Mary Breckinridge was in Lexington visiting my grandmother, who was her first cousin, and she invited me to visit her in the mountains for a couple of weeks. I was intrigued because my father, Joe Carter, had been one of the first—and last for a long time—male couriers, and he had shared his FNS adventures with me. The couriers who drove me to the mountains from Lexington to Wenderover on my first visit, past coal trucks barreling down the mountains, were Jane Leigh Powell and Katie Ireland. From the very start, it was an exciting, memorable experience.

When I served as a full courier in the summers of 1962 and 1965, there were some paved roads, so the nurses also used Jeeps in addition to horses. Two important requirements were being an expert horseback rider and knowing how to drive a stick-shift, four-wheel drive vehicle. My assignment as a courier in 1962 was to drive a British nurse-midwife named Sue Smith, who had failed her American driver's test five times. I didn't have the heart to tell her that I had failed mine three times before finally getting my driver's license. In those days the nurse-midwives still made house calls. Since I was Sue's driver, I had the great good luck of accompanying her on all her calls.



I saw things in those cabins that I had never seen before. This was before birth control pills, and most families had many children. Witnessing extreme poverty and lack of education up close was a new experience for me. The typical mountain cabin had one or two rooms, no electricity, plumbing, or telephones; and the walls were often papered with old newspapers.

I enjoyed these home visits, and I delighted in meeting the mountain people. I never met a mountain person who wasn't friendly. It was another world and another culture. It was also a great adventure!

I had been Sue's driver for two weeks and had yet to witness a home birth. I asked Sue, “When are you going to do a home delivery?” Sue replied, “Jane Doe (fictitious name), who lives up Trace Branch is due shortly.” A few days later, Jane's husband showed up at the nursing center. He said, “Come quick, Jane's a punishin' bad and the baby's a comin'.” Sue hurriedly packed her delivery kit, and we set off in the jeep up the holler to their cabin. When we got there, the old grandmother and rest of the family greeted us. Jane was dressed in one of her husband's old shirts, and the crib was an apple crate.

Jane's labor was slow and stretched on all afternoon. But by nightfall, things really got moving. I asked Sue, “What should I do to help?” This is when Sue handed me a flashlight and explained what my role would be. “Here, hold this. Since there is no electricity, your job is to shine the flashlight” I took the flashlight, my hands a bit shaky, and shone it on Sue and Jane as Sue expertly helped Jane to deliver her baby.

I watched in wonder as the baby was born. It was such a strange, amazing, and other-worldly feeling to realize that a brand new human being had just entered the room! Sue cleaned the baby, wrapped it in a blanket, and handed it to the proud parents, saying, "Say hello to your new son." Another role I had as the midwife's assistant was to be the official photographer.

I will always look back on that summer in 1962, which taught me many things, some of which I did not realize at the time, as I was only 18 years old. I saw how one person's determination (in this case, Mary Breckinridge's) can make a huge difference in the world. I learned how skillful and caring a midwife is and how she really gets to know her patients and their families. I also realized that it doesn't take a lot of money to be happy and that this area of the Kentucky Mountains is in one of the most beautiful places in the United States.



FIELD NOTES

Kentucky Lt. Governor is Guest Speaker at FNU Luncheon

"We are counting on each of you and the great legacy of service behind Frontier Nursing University to help continue the momentum toward a healthier Kentucky." – Lt. Governor Crit Luallen



The Bluegrass Committee, a group of local supporters dedicated to the mission of Frontier Nursing University, hosted a luncheon event in Lexington, Ky, on August 11th. This is an annual event where local FNU supporters and friends are invited to join together and hear about the latest news, projects and mission-focused initiatives at the University. The event held at the beautiful Headley-

Whitney Museum in Lexington, KY and was hosted by Bluegrass Committee Chair, Linda Roach as mistress of ceremonies. A moving welcome was delivered by FNU President, Dr. Susan Stone as was a call to action by committee member Lindy Karns. The guest speaker for the luncheon was Kentucky Lieutenant Governor Crit Luallen.

Crit Luallen, Kentucky's 56th Lt. Governor, is known as one of Kentucky's most experienced and respected public leaders, after serving with six Governors and being elected twice to statewide office. As Lieutenant Governor, she is partnering with Gov. Steve Beshear in his ongoing efforts to build a stronger Kentucky through access to jobs, education and health care. Lt. Governor Luallen spoke about how FNU's mission to improve healthcare for rural and underserved populations is a perfect fit with the Governor's mission to improve healthcare for all Kentuckians.



Thank you to FNU's Bluegrass Committee for their generous support of the University's mission and for hosting this event! Members include: Martha Copeland, Ann Evans, Cindy Harpring, Lindy Karns, Selma Owens, Helen Rentsch, Linda Roach, Vicki Tobin and Fra Vaughan

“Chicken Coop Reunion”



Homecoming is always a special time for all of us at Frontier Nursing University as we welcome graduates from near and far who come home to Hyden. However, this year was particularly special as we hosted the pioneers of distance midwifery education, the “Chicken Coop Midwives” of CNEP (Community-Based Nurse-Midwifery Education Program) and members of their faculty. These grads are known as such because they did their clinical skills in a renovated chicken coop in Kitty Ernst’s back yard. The ladies spent a weekend full of reminiscing, sharing photos, singing and enjoying the serenity of Wendover.

On Friday October 9th, graduates arrived at Wendover where they were greeted with a very special swag bag full of FNU and Kentucky goodies. Later, they enjoyed dinner together in the Big House where they shared much laughter over stories of their days in the CNEP program. After dinner, the Alumni Awards were presented to Dr. Kerri Schuiling for Distinguished Service to Society and to Dr. Joan Slager for Distinguished Service to Alma Mater. The highlight of the evening was a very special circle up with Kitty Ernst after dinner. Each attendee shared, in turn, the impact CNEP has had on their lives and their careers. Many tears of joy were shed as the true impact of the CNEP vision was heard and felt through the stories of each graduate.

Saturday morning the Chicken Coopers awoke to a traditional country breakfast at the Big House to begin a day packed with activities. The first activity of the day was a virtual circle-up from the Big House living room in celebration of National Nurse-Midwifery week. Next, a tour of the Frontier Nursing Service districts and the FNU campus provided a deeper connection for the “Chicken Coopers” to the University’s Eastern Kentucky roots. The day was completed with a continuing education session in pharmacology, dinner and more sharing of memories.

As the weekend came to a close Sunday morning, participants visited the Campus Chapel and gift shop. Prior to leaving Hyden, the group circled-up one last time to reflect on their time together and then rang the bell outside the chapel in honor of their achievements and as a farewell to campus. A trip to Keeneland horse track in Lexington for an afternoon of races was the perfect end to a wonderful weekend.

Award Recipients

Each year, Frontier Nursing University honors two graduates and one courier for their outstanding service to the university and their community. These awards are given at the annual Homecoming and Courier Conclave held at Wendover in Hyden, KY. This year we are proud to announce the following award recipients.

Distinguished Service to Society

The Distinguished Service to Society award recognizes an alumnus who goes above and beyond to provide exceptional service in his or her community. We proudly present this year’s award to **Kerri Schuiling**. Dr. Schuiling holds a Ph.D. from the University of Michigan, master’s degree from Wayne State University and baccalaureate degree from NMU. And of course, her midwifery certificate through Frontier’s program. She is certified as both a women’s health nurse practitioner and nurse-midwife.

Kerri currently serves as Provost and Vice President of Academic Affairs at Northern Michigan University in Marquette, Michigan. She has also served as dean of NMU’s College of Health Sciences and Professional Studies. Schuiling has also held positions as the Dean of Oakland University’s School of Nursing and Associate Dean and director of NMU’s School of Nursing. She served FNU for seven years as Education Director and Curriculum Coordinator providing the basis for the excellent curriculum delivered by FNU today.

Dr. Schuiling has received several awards for her work in women’s health including induction as a fellow in the American College of Nurse-Midwives and recipient of the ACNM’s Kitty Ernst award, which is given in recognition for innovative, creative endeavors in midwifery and women’s health care. She is co-editor of the book *Women’s Gynecologic Health*, which received the ACNM Book of the Year Award, is on the editorial board of the journal *Applied Nursing Research* and is the founding co-editor of the *International Journal of Childbirth*, the official journal of the International Confederation of the Midwives. She has published more than 42 peer reviewed papers and book chapters. She is currently on the statewide Task Force for Nursing



Joan Slager and Kerri Schuiling

Practice and chair of the Research Standing Committee of the International Confederation of Midwives. Most recently she was selected for induction as a fellow in the American Academy of Nursing, which is one of the nursing profession's most prestigious honors.

As you can see, Kerri's contribution to advanced nursing and midwifery education has been outstanding to say the least. We are honored to award her the 2015 Distinguished Service to Society Award.

Distinguished Service to Alma Mater

The Distinguished Service to Alma Mater honors an alumnus who has continued to provide support to Frontier through volunteer efforts and/or donor support. We are pleased to honor **Joan Slager** with this award. Dr. Joan Slager is a graduate of Class I of the CNEP (FNU) program in 1991. She earned her MSN from Case Western Reserve University in 1993 and her Doctor of Nursing Practice from Oakland University in 2008.

She is the Director of Midwifery at Bronson Women's Service in Kalamazoo, MI, a large full-scope midwifery practice which recently celebrated its 20th anniversary, receiving ACNM Foundation's With Women for a Lifetime Gold Commendation. Dr. Slager lectures nationally on both clinical topics and the business aspects of practice, particularly in the area of billing and coding. She is the past chair of the ACNM's Business Section, past chair of the ACNM's Division of Standards and Practice, and is currently serving as Treasurer on the ACNM's Board of Directors. She is a Fellow of the American College of Nurse-Midwives and a recipient of the Dorothea Lang pioneer award. Joan and her colleagues at Bronson have served as preceptors to nearly 100 nurse-midwifery students — 62 of those students have been Frontier students! For her many accomplishments, her ongoing dedication to education of nurse-midwives and preceptorship of more than 60 Frontier graduates, we are proud to honor Joan with this award.



Patsy Lawrence, pictured with her husband Bob, was presented the Unbridled Service award at the annual Boston Committee luncheon

Courier Unbridled Service Award

The Courier Program Unbridled Spirit Award is given annually to a former Courier who has carried the torch of Mary Breckinridge beyond the mountains, perpetuating the mission and spirit of Frontier in their own lives. The criteria for this award includes dedication to serving others; ongoing, longstanding stewardship of Frontier; and demonstration of personal conviction, courage and a zest for adventure. We are excited to honor **Mrs. Patsy Lawrence** with the 2015 Unbridled Service

Award. Patsy served as a Courier in 1947. She famously quotes her father as saying she went for six weeks and matured six years during her time as a Courier. Patsy's service to Frontier did not end after her Courier experience. Patsy served as Chair of the Boston Committee for many years and is still actively involved with the Boston Committee events. She organized annual Boston events to bring together Frontier supporters and invite new supporters to join the work. We are thankful for her tireless work which resulted in years of dedicated financial support to Frontier. Most recently Patsy made a generous gift to establish the Patricia Perrin Lawrence Scholarship at Frontier Nursing University. This scholarship will make annual awards to Frontier students into the future. This financial commitment will benefit countless Frontier students. For her dedication to the mission and spirit of Frontier, we are pleased to honor Patsy this year.

**Would you like to schedule a reunion
with your class at the 2016 Homecoming?**

Doing so is easy! Please contact Angela Bailey
at angela.bailey@frontier.edu for more information.

Frontier Nursing Service Foundation forms new Board of Directors

Peter Coffin of Boston, MA and founder of Breckinridge Capital Investments, has joined the Frontier Nursing Service Foundation Board of Directors and will serve as the Chair. He is joined by Fred Keller, Jr. (retired Merrill Lynch), Derek Bonifer (PNC Bank) and Peter Schwartz (FNU Board of Directors) to form this new board to oversee the investments held in the supporting foundation for FNU.

Frontier Nursing University welcomes Jean Johnson to the Board of Directors

Frontier Nursing University is pleased to welcome Dr. Jean Johnson to the Board of Directors. Dr. Jean Johnson is a Professor and served as Founding Dean of the School of Nursing (SON) at the George Washington University from 2010-2014. Prior to serving as Dean, Dr. Johnson was Senior Associate Dean for the Health Sciences Programs. During that time she expanded the Health Sciences Programs from a small student enrollment to nearly 1,000 students.

Throughout her career, Dr. Johnson has been committed to improving the health and well-being of people and communities, and has designed and launched a range of programs to improve access to nursing education and health care in rural and underserved communities. She has been extensively involved in national leadership around legislative and regulatory policy focusing on nursing issues. She has served as President of the National Organization of Nurse Practitioner Faculties, and President of the American College of Nurse Practitioners. Dr. Johnson has co-chaired the National Task Force on Evaluation Criteria for Nurse Practitioner Programs and has also facilitated the Advanced Practice Registered Nurse Consensus Group that established a new regulatory model for advance practice nursing. In addition, she has served on the Institute of Medicine's Committee on the Future of Primary Care.

Dr. Johnson was voted into the American Academy of Nursing in 1996; she was awarded the Lifetime Achievement Award by the National Organization of Nurse Practitioner Faculties and made an honorary member of the American Association of Colleges of Nursing in 2009. She was appointed to the UnitedHealth Group's Center for Nursing Advancement Advisory Board in 2014.

BEYOND THE MOUNTAINS

North Carolina Tea

On September 16th, Julie Breckinridge Davis hosted her annual tea in honor of Frontier Nursing University and her Great Aunt, Mary Breckinridge. The afternoon was filled with laughter, memories and wonderful stories as more than twenty friends, donors, students, alumni, faculty and staff gathered at Mrs. Davis' home. Tea was served from the beautiful silver tea set passed down to Julie from Mary Breckinridge. Other refreshments included traditional tea fare such as finger sandwiches and cheese straws. However the culinary centerpiece was a special cake commemorating the 90th anniversary of the Big House at Wendover. One highlight of the afternoon was an update on FNU news and programs by President, Dr. Susan Stone.



Pictured left to right: Dr. Susan Stone, Julie Breckinridge Davis, Denise Barrett

Many thanks to Julie for her hospitality and generosity. If you would like to host an event in your home to help spread the mission of Frontier Nursing University please contact Denise Barrett, Director of Development and Alumni Relations (denise.barrett@frontier.edu).

Miles for Midwives 5K Brooklyn, NY

On Saturday, October 3rd Dwyann Golden, Regional Clinical Faculty for Frontier Nursing University, braved the cool temperatures and intermittent rain to lead a team of FNU graduates and students in the 12th Annual Miles for Midwives 5K in Brooklyn, NY. The annual event is a Fun Run and Birth Fair that brings together families, birth workers, and healthy birth supporters for a day devoted to improving maternity care and community wellness. Angela Bailey, Associate Director of Development and Alumni Relations, manned the FNU booth at the Birth Fair to educate the community about the work of Frontier Nursing University.



NOTES



Susan Small and Dr. Susan Stone

Susan Stone and Denise Barrett recently enjoyed lunch with former Couriers Susan Small (1948) and Diana Hadley (1959) at the historic Arizona Inn in Tucson. It was a pleasure to visit and learn about their memories as Couriers and provide updates and news from Frontier.

In conjunction with the annual American Association of Birth Centers meeting, held in Scottsdale, AZ, Susan Stone and Denise Barrett traveled to Prescott Valley, Arizona to visit Pioneer alumnus Ivy Stearman (FNS graduate 1985). They met at the home office of Nurses Network,

Inc., a company Ivy founded with her former midwife partner, Jane Trezise, RN in 1986 out of their midwifery clinic in Jerome Arizona. NNI provides home health care to patients in four counties of rural Arizona, with offices in Sedona and Flagstaff, as well as the home office in Prescott Valley. They are passionate about caring for patients in their own home environment, and the transition from home birth to home nursing was natural for them. Susan Stone expressed how “Mary Breckinridge would be proud of the care being provided by Nurses Network.”



Nurses Network



FSIL

Susan Stone and Michael Carter, Chair of the FNU Board of Directors, traveled to Haiti in June. The purpose of the trip was to begin the establishment of a formal partnership between Frontier Nursing University and The Faculty of Nursing Science of the Episcopal University of Haiti or FSIL (Faculté des Sciences Infirmières de l'Université Episcopale d'Haïti). FSIL is the first four-year baccalaureate school of nursing in Haiti. This partnership was publicly announced at the

October meeting of the American Academy of Nursing. FNU will assist FSIL in development of a curriculum to train Haitian nurses as nurse-midwives and nurse practitioners. We are excited to consult in this partnership which is a direct extension of our mission to train nurse-midwives and nurse practitioners to serve rural and underserved families.

During the trip to Haiti, Dr. Carter and Dr. Stone traveled to visit Midwives for Haiti. Midwives for Haiti was founded by Frontier graduate Nadene Brunk, Class 8. Midwives for Haiti works in collaboration with Haiti's Ministry of Health and other organizations to deliver culturally appropriate, high impact health interventions. Their projects educate and empower Haitian men and women to improve the health of their communities, creating lasting change in their lives and the lives of the mothers and children they care for. Midwives for Haiti provides skilled birth attendant training, a mobile prenatal clinic, postnatal care program, maternal outreach and operates a birth center. To learn more about Midwives for Haiti visit their website at www.midwivesforhaiti.org.

Frontier Trustee Heather Bernard, RN, BS, CIC, Director of Infection Prevention for Mohawk Valley Health System in Utica, New York, was recently awarded the Excellence in Health Care Award for Innovations in Healthcare by the Business Journal News Network of Central New York.

We want to hear from you!

Please send your news and updates to alumniservices@frontier.edu so that we may share them with the Frontier community through our online and print communication channels. You may also mail updates to Frontier Nursing University, Attn: Quarterly Bulletin, 132 FNS Drive, Wendover, KY 41775.

WENDOVER REPORT

By Michael Claussen, Development Officer

Autumn Arrives at Wendover

Autumn at Wendover means picturesque views, long walks and a multitude of guests! Nursing students from Berea College, Eastern Kentucky University, the University of Tennessee, and Carson Newman College and high school students from Clay County Technical School have taken part in our popular Frontier tours and stayed for a delicious, hearty home-cooked lunch at the Big House. We have had a large number of overnight guests from all areas of America staying in one of our 16 guest rooms. One group that came together for a special homecoming was Frontier Alumni from CNEP class 1. Popular regional blogger, Courtney Hall wrote about her Wendover adventure in her blog, the Bourbon Soaked Mom. You can read about her exciting escapade at www.thebourbonsoakedmom.com. Visit our website at www.frontier.edu/wendover to make your reservation online today!

Annual Wendover Christmas Party held December 5

On Saturday, December 5, Wendover hosted its annual community party and with the 90th anniversary of the Big House this year, we pulled out all the stops to make it a true old-fashioned celebration! A live Christmas tree was adorned with handmade ornaments and strings of popcorn. Christmas time has always been an important time with FNS and FNU and thanks to your wonderful gifts to the Christmas and Children's Fund this was a party to remember! Visit our facebook page to see photos from this very special event: www.facebook.com/WendoverBigHouse. See the Footprints column in this Bulletin for a look back at the first Wendover Christmas party.

What's New at Wendover?

A brand new wooden staircase lights the way to the Big House. This new addition to Wendover is the perfect place for pictures. The hike up to the Big House will prepare everyone for one of our country meals breakfast, lunch or supper in the Dog Trot Dining room.

FOOTPRINTS

On Christmas Day in 1925, Mrs. Breckinridge hosted a county wide Christmas party, This event was very well attended. This excerpt is taken from Mary Breckinridge's 1952 biography, Wide Neighborhoods.

The ladies on our Hyden Committee helped with the ham baking and made quantities of bread. They filled all the candy bags for Hyden and Wendover. The men on the committee who had mule teams hauled all the toys, also given by friends on the outside, up to Wendover free. Our women members had sewing bees at which they freshened up those of the pretty baby things sent us that were not quite new, and dressed the dolls that came naked. As we had not yet started a nursing district at Wendover, we didn't know the children and could not set aside, in advance of Christmas, suitable toys for these boys and girls. We didn't even know how many babies there were.

The only thing to do was to have all the toys stacked around under the great tree and arrange a committee of leading local citizens, whom I had met, to pass the children in one by one and let each child choose the toy he wanted most. This was terribly hard on the boys as they stood with dazzled eyes in front of balls, harmonicas, little red trucks. As for the girls, there was not one but wanted a doll and there weren't enough dolls to go around. Although we ran short of dolls, we did not run short of toys or food. The weather was bitterly cold and the river was barely fordable so only some five hundred people came to our first Wendover party. To it I had invited everyone in the county-some ten thousand people. I had notices about the housewarming party put up at all the crossroad stores and post offices and said that everyone would be welcome.

IN MEMORIAM

NANCY DAMMANN, 96, of Peoria, Arizona passed away on Wednesday, June 3, 2015. Born in Chicago, Illinois, August 5, 1919, Nancy was the daughter of Isabel Lynde and John Francis Dammann.

Upon graduating from Smith College (1941), she embarked on a career of service that eventually took her across the world. She first became a Courier for the Kentucky-based Frontier Nursing Service riding horseback to escort health professionals and carried medical supplies to distant clinics throughout rural Kentucky. With the entry of the United States into World War II, she joined the Women's Army Corps and served as a Classification Specialist in administrative offices in the South Pacific. During her service she was awarded an Asiatic Pacific Theater Ribbon with Three Bronze Battle Stars, the Philippine Liberation Ribbon with One Bronze Battle Star, the WAC Service Ribbon and Two Overseas Service Bars along with a Good Conduct Medal. She was Honorably Discharged in 1945.

She returned to Asia with the U.S. Department of State's Information Service (USIS) working in Madras, India, and subsequently became the first American female diplomat in Nepal. Always intrepid, Nancy's work with USIS found her trekking into the Himalayas with public health workers, visiting medical clinics in distant villages. In the 1960s, she joined the United States Agency for International Development, (USAID), serving in Thailand, Jamaica, and the Philippines. She returned to the United States in the late 1960's, earned a Master's in Journalism from Northwestern University, and returned to Kentucky to open an independent bookstore and write a study of the Frontier Nursing Service that became her PhD dissertation and later a book.

When she retired to Sun City, Arizona, she focused on writing, golf, volunteer work, and rescuing dogs. She published four books: *Social History of the Frontier Nursing Service* (June 1982), *A WAC'S Story* (December 1991), *We Tried: Government Service in India and Nepal* (February 1996) and *My 17 Years with USAID: The Good and Bad* (December 2003).

MARTHA CROSS BRADBERRY was reunited with her heavenly family on July 22, 2015. Born May 7, 1923 in New York, New York she was the daughter of the late Eliot Cross and Martha McCook Cross. She was very proud of her father and spoke quite often of his accomplishments as a renowned architect in the New York City area. She was proud of the fact that he designed the Tiffany Building as well as many others that are noted in the book *New York Transformed the Architecture of Cross and Cross*. As a child she would travel with her parents and brother from New York to spend part of each winter in Southern Pines. She was especially close to her Aunt Harriet and Uncle Jack, Mr. and Mrs. Jackson Boyd, and she cherished fond memories of happy times as a girl with them in Southern Pines.

She served as a Courier for the Frontier Nursing Service in the 1940's. She also spent many years in Wyoming with her own family where she shared her love for horses and always felt that was where her heart belonged. She moved to the Southern Pines area in 1981 at which time she built a very strong bond with St. Andrews College and the writing community. Mrs. Bradberry had an extensive love of reading with a love for history and she was also known for her poetry and her writings. She published three of her books that are housed at the College.

TRIBUTES

*The following people gave contributions to Frontier in **memory** of their friends or loved ones. The names in bold are the deceased.*

Col. Sam Bruno
Margaret Bruno

Ruth Blevins
Marilyn Wanamaker

Dr. James B. Holloway Jr.
Joe Arterberry
Jerry And Linda Colley
Suzanne Mugler
Edwin Nighbert
Walter Zent

Dr and Mrs. Layne Carson
Carson Family Revocable
Trust

Jane Haldeman Hope
Margaret Beal
Rosemary Drybrough
Krya Hackley
Gray Isaacs

Dr. Edgar Housepian
Jean Housepian

John Houston
Jane Houston

Kate Ireland
Carlyle Carter

Jane Leigh Powell
Edie Crawford
Michael Jackson
Anne Morrison
Elizabeth Muench

Lowry Watkins
Lowry Watkins, Jr.

*The following people gave contributions to Frontier in **honor** of their friends or loved ones. The names in bold are the honorees.*

Elizabeth Eversole Adams
H. Warner Webb

Julia B. Davis
Sally McLeod

Kitty Ernst
Richard Geyer

William Hall
William Leach

Molly Lee
Barbara Criss Gunton

Katherine Jamieson Wysor
Marian Leibold

TRUSTEES



On Friday, October 23, Frontier Nursing University hosted an annual meeting of the Frontier Trustees. In the months leading up to the annual meeting, Frontier Trustees were contacted to determine their continued service in this role. We are honored to have the following individuals continuing to serve as Frontier Trustees. The Frontier Trustees are a group of individuals organized to support the mission of Frontier Nursing University through active engagement in University activities, playing an advisory role in strategic planning, providing thoughtful feedback to the organization, and acting as ambassadors of Frontier Nursing University in their own communities and fields.

During the meeting, participants received detailed updates and reviewed the five-year strategic plan. We appreciate the thoughtful feedback provided by these talented and knowledgeable volunteers.

Mrs. Tia Andrew, Bermuda

Ms. Betty Dabney Brown, Louisville, KY

Ms. Sarah Bacon, Brooklyn, NY

Mrs. Heather Bernard, Hamilton, NY

Governor and Mrs. Steven L. Beshear,
Frankfort, KY

Dr. Wallace Campbell, Berea, KY

Ms. Carlyle Carter, Evanston, IL

Ms. Anna Carey, Hyden, KY

Dr. Holly Cheever, Voorheesville, NY

Mrs. Lois Cheston, Topsfield, MA

Mrs. John Dawson, Little Compton, RI

Mrs. John J. Dete, West Liberty, OH

Mrs. Peter Ehrlich, Bedford, NY

Mrs. Robert Estill, Raleigh, NC

Mr. John Grandin, Chestnut Hill, MA

Dr. Joyce Fortney Hamberg, Southgate, KY

Mr. and Mrs. John Hodge, Berwyn, PA

Mr. Kenneth C.A. Isaacs, Lincoln, MA

Ms. Deborah King, Dedham, MA

Mrs. Patricia Perrin Lawrence,
Westwood, MA

Mrs. Henry Ledford, Big Creek, KY

Mrs. Marian Leibold, Cincinnati, OH

Mrs. Noel Smith Fernandez, Pomona, NY

Mr. Theodore R. P. Martin, St. Louis, MO

Mrs. Joan Lambert McPhee, Potomac, MD

Mr. Wade Mountz, Louisville, KY

Dr. Spencer Noe, Lexington, KY

Mrs. Frank O'Brien, Boston, MA

Mr. Dean Osborne, Hyden, KY

Mrs. James Rawleigh, Louisville, KY

Mrs. Helen Rentch, Midway, KY

Mrs. John Richardson, Washington, DC

Mrs. Linda Roach, Lexington, KY

Mrs. Georgia Rodes, Lexington, KY

Mrs. Sandra Schreiber, Louisville, KY

Mrs. Austin Smithers, Lyme, NH

Mrs. Robert Steck, Arlington, MA

Mrs. Mary Clay Stites, Louisville, KY

Dr. W. Grady Stumbo, Hindman, KY

Mr. Richard Sturgill, Paris, KY

Mrs. Mary Frazier Vaughan,
Lexington, KY

Mrs. LouAnne Roberts Verrier,
New York, NY

Dr. Patience White, Bethesda, MD

Mr. Harvie Wilkinson, Lexington, KY

FRONTIER NURSING
UNIVERSITY

Susan Stone, DNSc, CNM, FAAN,
FACNM, President

Julie Marfell, DNP, FNP-BC,
FAANP, Dean of Nursing

Anne Cockerham, PhD, CNM,
WHNP, Associate Dean of
Academic Affairs

Tonya Nicholson, DNP, CNM,
WHNP-BC, CNE, Associate Dean
of Midwifery and Women's Health

Lisa Chappell, DNP, FNP-BC
Associate Dean of Family Nursing

Trish McQuillin Voss, DNP, CNM,
ADN-MSN Bridge Director

Michael Steinmetz, CPA, CMA,
Vice President of Finance

Shelley Aldridge, BA,
Chief Operations Officer

Denise Barrett, MBA,
Director of Development
and Alumni Relations

Angela Bailey, BA, Associate
Director of Development

Mandy Hancock, MPH,
Development Officer and
Courier Program Coordinator

Michael Claussen, BA,
Development Officer

Beulah Couch, Human
Resources/Site Manager

Barb Gibson, Facilities Manager

BOARD OF DIRECTORS

Chairman

Michael Carter, FNP, DNSc

Vice Chairman

Michael T. Rust, Louisville, KY

Secretary

Marion McCartney, CNM, FACNM, Washington, D.C

Treasurer

John Foley, Lexington, KY

Board Members

Wallace Campbell, PhD, Berea, KY

Peter Coffin, Chair, Frontier Nursing Service, Inc. Foundation Chestnut Hill, MA

Eunice (Kitty) Ernst, CNM, MPH, Perkiomenville, PA

Della Deerfield, CPA, Richmond, KY

Nancy Hines, Shepherdsville, KY

Jean Johnson, PhD, RN, FAAN, Cabin John, MD

Phyllis Leppert, M.D., Ph.D., Durham, NC

Robert Montague, JD Urbanna, VA

Peter A. Schwartz, M.D., Wyomissing, PA

Kenneth J. Tuggle, JD, Louisville, KY

Nancy Fugate Woods, PhD, RN, FAAN, Seattle, WA



Pictured seated l to r: Kitty Ernst, Phyllis Leppert, Marion McCartney; Standing l to r: Wallace Campbell, Jean Johnson, Michael Carter, Robert Montague, Peter Coffin, Peter Schwartz, Mike Rust; Not pictured: Nancy Fugate-Woods, Nancy Hines, Della Deerfield, Ken Tuggle, and John Foley

YOUR GIFTS AT WORK

Dr. Alan Howard encourages innovation with annual awards

Dr. Alan Howard has been a Frontier Nursing University fan and supporter for several years. Dr. Howard, a retired professor of American Studies at The University of Virginia, was drawn to support nursing upon witnessing the expert care and attention the nurses provided his mother in her final years. He became particularly interested in Frontier Nursing University, because of our ability to reach nurses through distance education in rural and underserved areas like those where he grew up.

The Howard family has sponsored the Marguerite B. Howard Scholarship for rural nursing students, as well as also supporting an Emergency Fund to help FNU students who are hit with unexpected life events. They have also provided support to the online library for development of the FNU Digital Depot. In order to encourage and reward innovation, the Howards also created the annual Faculty Innovation Challenge. This is the first annual Faculty Innovation Challenge and we are pleased to announce the winners!

**Carol Palmer, PhD
Course: NP706: Primary Care III**

Dr. Palmer employs a variety of teaching methods in her course in order to teach to all learning styles. Examples of her course activities were shared with the full faculty and included students' participation via Google Hangout for cases studies and interactive "Diagnosis Games". Dr. Palmer also published lectures and presentations on YouTube for easy access by students.



Carol Palmer, Julie Marfell, Diana John and Susan Stone

"Dr. Palmer was very engaging. I really enjoyed the case studies where all the course participants could see each other and interact. It helped my learning tremendously. I also really enjoyed her powerpoint lectures. I am an auditory learner and this piece is missing from many classes. Her lectures were detailed, engaging, and helped me learn major concepts better than reading alone." – Spring Term 2015 Course Evaluation

Diane Y, John PhD, ARNP, FNP-BC
Course: PC702: Epidemiology and Biostatistics

The innovative activity, Investigating an Outbreak, in the course PC702: Epidemiology and Biostatistics, used digital storytelling and gaming as instructional strategies to meet the course objective and to enhance student learning.

"I really enjoyed this activity. It was an engaging, informative, and refreshing learning experience. This type of low stress, fun learning method promotes creative thinking as well as positive, retained learning. Thank you for sharing this. I will definitely be downloading the app to my ipad so I can continue to play this game!" – Spring Term 2015 Course Evaluation

The Faculty Innovation Challenge is a great way to encourage faculty to share their teaching innovations with one another and spur new innovations in courses. Dr. John and Dr. Palmer's innovative teaching methods were shared with the full faculty and demonstrations of their innovations will be housed in the Frontier Digital Depot. We were honored to present these two awards at the annual full faculty meeting.

On behalf of the scholarship recipients, and all of our students and faculty, we wish to express our deep appreciation for the financial support of the Howard family and their belief in the mission of Frontier Nursing University.

If you are interested in supporting specific projects and programs at FNU, please contact the Office of Development – Denise Barrett, Director at development@frontier.edu or 859.899.2828.

Ways to Give: A Lasting Investment

Your investment in Frontier Nursing University is an investment in quality healthcare for all.

There are many ways you can support FNU. Gifts ranging from donations for operations to trust instruments to testamentary gifts each provide much needed support for our work. Some of the more common methods are:

- **Annual Fund Donations:** Gifts may be made by check or credit card and can support the general operations of FNU, or be restricted to particular programs. You can use the enclosed remittance envelope or make a gift online at www.frontier.edu/online-giving.
- **Stock Gifts:** You can donate your appreciated stock directly to FNU. Please call the Office of Development for instructions.
- **Charitable Remainder Trusts:** These gift instruments allow you and/or your loved ones to benefit from monies placed in the trust during your/their lifetime. Upon the death of the named beneficiary, the remaining balance in the trust is transferred to FNU.
- **Perpetual Income Trusts:** These gift instruments allow the income from monies you place in trust to benefit FNU in perpetuity. The principal of your gift remains intact for the life of the trust, and the income it generates is transferred periodically to FNU.
- **Life Insurance:** You can name FNU as the beneficiary of your life insurance policy, or transfer ownership of the policy directly to FNU.
- **Charitable Gift Annuity:** You can give a one-time gift to FNU in exchange for fixed, recurring payments over the balance of your life. Upon your death, the balance of your original gift is maintained by FNU for its general use.
- **Testamentary Gifts:** You may make provision in your will to provide a specific bequest to FNU, or provide for some or all of your remaining estate to be given to FNU upon your death.

Each of these gift avenues has specific tax implications. Please contact your attorney or financial advisor for further information. For additional information on making a gift to FNU, please call 859-899-2828 or email Denise Barrett, Director of Development at denise.barrett@frontier.edu.

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and
carry them in his bosom, and shall gently lead
those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation
of the Frontier Nursing Service.
Article III as amended April 1999