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THE MARY BRECKINRIDGE HOSPITAL
and
HEALTH CENTER

Photograph by Rufus Fugate

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The Frontier Nursing Service extends its grateful thanks to the photographers who have given us a permanent record of the dedication of the Mary Breckinridge Hospital—Mr. Perle Asher and Mr. Rufus Fugate of Hyden, Miss Gabrielle Beasley who came from New York for the occasion, and Miss Phyllis Long, an FNS nurse-midwife.

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“In all reverence, I dedicate this hospital to the service of this mountain people. The act of dedication will have consequences beyond all imagination. It will evoke responses along the many hundred miles of these mountain frontiers and among the millions of their people. The beacon lighted here today will find an answering flame wherever human hearts are touched with the same divine pity. Far in the future, men and women, generation after generation, will arise to bless the name of the Frontier Nursing Service.”

—Sir Leslie MacKenzie
ACT OF DEDICATION
Hyden Hospital and Health Center
June 26, 1928

ALL ABOUT HOSPITALS

A span of forty-six and a half years—more than two generations—separates the dedications of the Hyden Hospital and Health Center and the Frontier Nursing Clinical Training Center. The opening of the old hospital came in June 1928 when the Frontier Nursing Service was three years old; the opening of the new building came in January 1975 as the Service was approaching its fiftieth birthday. Hyden Hospital cost under \$30,000 to build; the new building cost nearly three million. But cost is only relative. Both hospitals were designed to meet the needs of a specific time, both represent the culmination of the aspirations and dreams, and the hard work, of hundreds of people in and beyond the Kentucky mountains. In both instances, the citizens of the area the hospital was to serve gave time and materials and money to the building program; in both instances, friends beyond the mountains contributed generously to insure that a dream became a reality.

Without Hyden Hospital in 1928, it is unlikely that there would be a Mary Breckinridge Hospital in 1975. Therefore, let us take a brief look back to 1928.

In the Third Annual Report of the Frontier Nursing Service, Mrs. Breckinridge wrote:

"The largest and most difficult piece of construction has, of course, been the Hospital and Health Center at Hyden, now within a month of completion. It is built of the native stone, given for a nominal fee from his quarries by Judge L. D. Lewis of Hyden, and stands on the slopes of Thousandsticks Mountain on the site given by our State Chairman, Dr. Alexander J. A. Alexander. The central portion is from the Mary Parker Gill Estate, through the U. S. Trust Company, and the right wing is Mrs. Thruston Ballard's memorial to her daughter, Mrs. David Morton. The combined building has two wards of four adult beds each, with space for as many children's beds, and for at least twenty-five additional patients for special clinics. There is an operating room, a laboratory for the health officer, a dispensary and waiting room, and suitable kitchens, supply rooms and baths. There are also sleeping and living quarters for the nurses of the district service, the supervisor and a bookkeeper. A special feature is a wide sleeping porch on the upper story, with double glass doors so arranged that the patients' beds may be wheeled in and out. From the broad verandas of the building a lovely prospect opens, up and down the Middle Fork of the Kentucky River and the windings of Rockhouse Creek."¹

¹The Quarterly Bulletin of the Frontier Nursing Service, Vol. IV, June, 1928, No. 1

In 1928, guests from beyond the mountains, including Sir Leslie and Lady MacKenzie who came from Scotland to dedicate the hospital, had to take an overnight trip on the L & N Railroad from Central Kentucky to Hazard where they were met by a reception committee of Hazard friends and given breakfast before travelling on to Hyden by horseback, buckboard and mule-drawn wagon.

“It was more like March than June. The flood gates opened, the rain fell in blinding torrents, and the creeks and rivers rose rapidly higher and higher. Some of us rode out from Hyden to meet them. They were strewn along an eighteen mile front—those on horseback and muleback coming first in cavalcades of fours and fives and tens. Then the wagons and the buckboard trailed after. The fastest riders made the trip in seven hours—the slowest wagons took eleven. Everyone was wet through. Whether riding or driving, they had to plunge into the swollen and angry streams and ford a river with the water up to the horses’ girths. The crowd, reinforced by a plucky delegation from Hazard, numbered nearly fifty people, whose good humor and sporting qualities were beyond praise.”²

No account of the 1928 celebration has ever been told or written without mention of water—water coming out of the sky and seeping up through the bed of the wagons! If that could happen in June, what, we asked ourselves, would happen in January! We didn’t really expect a flood but we realized that there was a good chance of ice or snow, or at least of a freezing cold day. But Kentucky weather is ever unpredictable and January 5 dawned clear and sunny and warm and it was a glorious day for our friends who walked over from their homes in Hyden or came from hundreds of miles away.

Over a thousand friends gathered at the Mary Breckinridge Hospital at 1:30 p.m.—our neighbors from Leslie and Clay and Perry and surrounding counties—many of whom had attended the dedication of the old hospital or had heard their parents tell of the occasion; FNS babies of all ages; members of the Board of Governors and National Medical and National Nursing Councils; Trustees; representatives from government and health agencies and from organizations which had made generous donations to the building fund; old couriers and old staff from fourteen states,

²The Quarterly Bulletin of the Frontier Nursing Service, Vol. IV, No. 2, September 1928.

as far away as New Hampshire and Arizona; and a busload of friends from Louisville and Lexington.

The Hon. John B. Breckinridge, Congressman from the Sixth District of Kentucky, was the Master of Ceremonies and guests were welcomed by our Director, Miss Helen E. Browne, and the Rev. Leonard Hood of Hyden gave the Invocation. Two nurses who have spent a lifetime in service to Leslie County, Mrs. A. E. Cornett of the Leslie County Health Department, and our own Betty Lester, officiated at the laying of the cornerstone. We were delighted to have two other old friends, The Hon. Tim Lee Carter, Congressman from Kentucky's Fifth District, and Mr. W. Roy Sizemore, Chairman of the FNS Hyden Committee and a retired member of the Board of Governors, take part in the ceremonies.



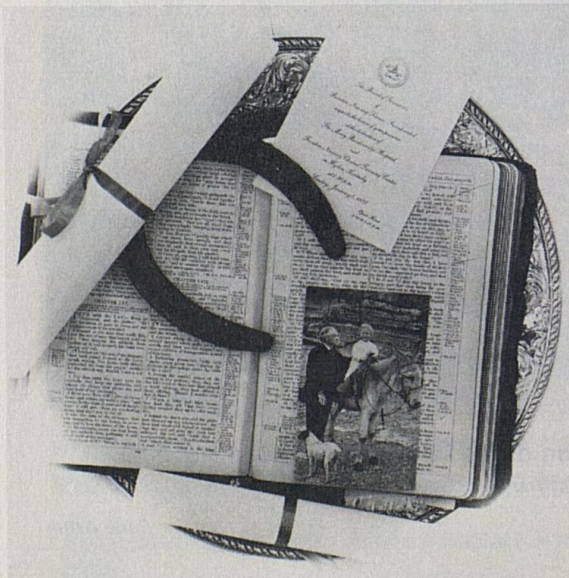
The guests gather for the dedication of the Mary Breckinridge Hospital on January 5, 1975.

Perle Asher



Helen E. Browne presents the contents of the cornerstone to Mrs. A. E. Cornett and Miss Betty Lester.

Gabrielle Beasley



The contents of the cornerstone—Mrs. Breckinridge's Bible, a photograph of her son, Breckie, and her father, Major Clifton Rodes Breckinridge, the invitation to the dedication, a list of all donors to the Mary Breckinridge Hospital and Development Fund, the Object of Frontier Nursing Service from the Articles of Incorporation and the Motto of the Service, and a horseshoe in memory of by-gone days—displayed on a silver tray presented the FNS by Mr. and Mrs. Roger L. Branham.

Gabrielle Beasley

Mr. Breckinridge spoke briefly of the organization meeting of the Service at which, he said, his father represented him since he was just beginning his career as a tenderfoot Scout! He quoted the late Judge Edward C. O'Rear who said he knew of the conditions and possibilities of the mountains from having been a part of them; that wherever one finds them, mountain people are the seed corn of the world; that he was impressed by the purpose of the Kentucky Committee and by its "sublime audacity" and "felt sure of its success". And that was what had brought us here today.

Mr. Breckinridge introduced Congressman Carter who remarked that a number of new hospitals had been built in southeastern Kentucky in recent years but he knew people were particularly proud of this hospital because it was built in honor of Mary Breckinridge who had established the Frontier Nursing Service to provide better services to the mountains and to the people of this area. Dr. Carter said he was pleased to have had some small part in getting some Federal funding for the new hospital but that without the leadership of Miss Browne, the Board of Governors, Mrs. Patterson and other members of the Breckinridge family, it would not have been possible.

Mr. Sizemore said he wanted to talk about "one of the finest women who ever came to eastern Kentucky—to Leslie or any other county". He spoke of the early days of the Service—of the British nurses and Kentucky nurses, such as Leona Morgan, who were always on the job, always there when they were needed. About Mrs. Breckinridge specifically, Mr. Sizemore said, in part:

"I would like to say that she was one of the best friends I ever had. . . . She had a dream to begin with before she came to Leslie County and she carried out that dream. . . . She knew we needed a hospital here in Hyden so that people could be brought to a central place for special treatment. She wanted them to be well cared for and, as a way of providing this care, she built the hospital.

"I am glad I was present at the dedication of Hyden Hospital in 1928, and I am so thankful to be here when this great hospital is dedicated because this also was a dream she had—that we would have another hospital that would not be so hard to get to and wouldn't be always slipping off the hill! She wanted a place where the work could be carried on safely. I believe she had more concern for the mountain people than any person that I can bring to mind. I am so happy that I can say a few words in her behalf because she was a lady I loved, she was a lady I admired, and she was one who was dedicated to service."

In a brief deviation from the planned ceremony, Mr. Breckinridge introduced Miss Joan Fenton as a representative of the FNS staff. Joan said:

“Today, the staff and employees would like to recognize Miss Browne’s loyalty to the purposes of the Frontier Nursing Service. . . . We would especially like to recognize Brownie’s commitment to the entire community and to the leadership she provided to all of you who helped build this hospital—not only a hospital but a training center to educate health personnel in the delivery of rural health care. On behalf of all of us who work for the FNS, I would like to present this picture of Brownie to be hung in the new hospital.”



Joan Fenton presents the photograph of Helen E. Browne, the gift to the Mary Breckinridge Hospital from the FNS staff, to Miss Browne as the Hon. Tim Lee Carter and other guests look on.

Gabrielle Beasley

The honor of dedicating the Mary Breckinridge Hospital went, rightly, to our National Chairman for the past fifteen years, Mrs. Jefferson Patterson. Mrs. Patterson spoke briefly of the early days of the Service, when she was a courier, of the progress that has been made in the area since the Twenties, and of some of the accomplishments of the Frontier Nursing Service. In conclusion, Mrs. Patterson said:

"I wish to give thanks to those who have made it possible: our mountain neighbors, our staff, and donors from all over the country who gave generously. . . .

"Four years ago, on Mary Breckinridge Day, I had the pleasure of breaking ground here, in the presence of a large and distinguished company. Now, as the culmination of years of effort and struggle, with the support of thousands of donors, I have the honor and privilege of dedicating the Mary Breckinridge Hospital and Frontier Nursing Clinical Training Center to the service of the people, in loving memory of Mary Breckinridge."



The National Chairman of Frontier Nursing Service, Mrs. Jefferson Patterson, accepts the keys to the Mary Breckinridge Hospital from Mr. Philip P. Isaacs. In the background is Mr. W. Roy Sizemore.

Gabrielle Beasley

After Mrs. Patterson's speech, Mr. Philip P. Isaacs, who had been the FNS representative on the Mary Breckinridge Hospital project during its construction, presented her with the keys to the building, saying:

"Half a century ago Mrs. Breckinridge wanted to, and did, provide improved health services to the babies, the mothers and families of Leslie County with the technical knowledge and facilities available at that time.

"Today we are taking one more step in the development of that dream, a dream come true that has been made possible by many dedicated, willing and helpful hands. It is true that there have been problems and delays. It has been a long labour, but now that the moment has come to open the doors to this new hospital, there is a great feeling of accomplishment and well deserved pride in the hearts of all people who have contributed so much.

"It is indeed an honour, Mrs. Patterson, to give you the keys that will open the doors to carry on with what Mrs. Breckinridge wanted to do for the warm-hearted and friendly people of Leslie County and surrounding areas. This is the key that will open the front door as well as all the other doors in the Mary Breckinridge Hospital."



Mrs. R. B. Campbell, an FNS Trustee, talks with Mr. and Mrs. Homer Biggerstaff of Berea, Kentucky, at the guest book. Mrs. Biggerstaff's father, the late Judge L. D. Lewis of Hyden, was on the building committee for the Hyden Hospital and welcomed guests to the dedication in 1928.

Gabrielle Beasley



Mrs. Edward N. Farmer, Mrs. Perle Asher and Mrs. Eddie J. Moore, members of the Hospital Auxiliary, at the reception desk.

Then the front doors were opened and during the next three hours guests had the opportunity of inspecting every nook and cranny of the new building. Members of the Hospital Auxiliary presided at the guest book, helped Mrs. Mae Campbell and the dietary department staff serve refreshments, and joined the staff as guides for the guests. For all of us who had worked, or been patients, in Hyden Hospital in recent years, the general reaction was "I just can't believe it!"

The immediate impression on entering the Mary Breckinridge Hospital is one of space and light and air and bright, pleasing colors, and this was enhanced on January 5 by lovely bouquets of flowers from kind friends. As you will see from the photographs, the building is L-shaped. Radiating from the central lobby on the first floor to the left is the Outpatient Clinic with its examining, treatment and utility rooms. Also in this wing are medical records, and business and administrative offices. To the right of the lobby are Pharmacy and the Emergency suite. Along the back of the long portion of the L are found the Emergency Surgical Suite, Central Sterile Supply, X-Ray, Lab., Physical Therapy and EKG rooms and the Mechanical area with its huge and somewhat frightening machines. On the ground floor one finds the Dietary Department and cafeteria and central storage.

All of the inpatient facilities and the labor and delivery rooms and nurseries are located on the second floor. Also on this floor are the Library, a special inpatient treatment room and a small bed-sitting room for the midwife on call at night. The nursery and pediatric wards are especially attractive with cartoon drawings on the walls done by talented staff. The second floor has its own waiting areas where ambulatory inpatients may sit with their guests or, perhaps, watch television, and a sun deck where patients may enjoy fresh air in good weather.

The third floor contains the classrooms for the Frontier School of Midwifery and Family Nursing, faculty, nursing and research offices, and a small dental department.

It is a beautiful hospital and those of you who have not done so will just have to come and see it for yourselves!

We would like to take this opportunity to acknowledge our deep appreciation for the work done on the Mary Breckinridge Hospital to the late Edward M. Burrows, the architect who designed the building and to Wallace W. Taylor, who succeeded Mr. Burrows as the supervising architect, and to their firm, Watkins, Burrows and Associates (now Watkins and Associates, Inc.) of Lexington, Kentucky; to the Ernest Simpson Construction Company of Glasgow, Kentucky, and the subcontractors who built it; and to Will Ross, Inc., of Milwaukee, Wisconsin, who did an excellent job of interior decorating.



Mrs. Breckinridge's cousins, Mrs. Jefferson Patterson and the Hon. John B. Breckinridge, and her niece, Mrs. John Marshall Prewitt, by Mrs. Breckinridge's picture in the hospital lobby.

Gabrielle Beasley

The plaque in the entrance to the lobby will read:

Mary Breckinridge Hospital
 And Health Center
 Dedicated January 1975
 Successor To
 Hyden Hospital and Health Center
 Dedicated June 1928
 Frontier Nursing Service
 Clinical Training Center

We think our friends will be interested in the wording of the other plaques which will be placed in the Mary Breckinridge Hospital:

Furnished By
The Alpha Omicron Pi Sorority

In Memory Of
John A. Baker

Gift Of
The Barker Welfare Foundation

In Memory Of
Mrs. Edward Blake Blair

In Memory Of
Georgiana McKee Blair

In Loving Memory Of
Virginia Branham

In Memory Of
Charles David Goodrich Breckinridge
From His Wife And Children

In Loving Memory Of
Dorothy Buck

In Memory Of
Mrs. Edward Clark Carter
Miss Ruth Draper
Mrs. Henry James

Gift Of
The Anne L. and George H. Clapp
Educational and Charitable Trust

In Memory Of
Florence Whiting Dalton

Gift Of
The National Society
Daughters of Colonial Wars

In Memory Of
R. L. and Bess Lewis Dixon

In Memory Of
Elizabeth Canby Bradford duPont
1852-1925

In Memory Of
Mrs. Ogden M. Edwards, Jr.
By Her Daughter
Martha Edwards Lazear

In Memory Of
Rex C. Farmer

Furnished By
FNS New York Committee

In Memory Of
Catharine Mellick Gilpin

In Memory Of
Julia Barret Heyburn
1918-1923
Daughter of Mr. and Mrs. John G. Heyburn

In Loving Memory Of
Jean Hollins

In Memory Of
Belle Barrett Hughitt

In Memory Of
Dr. and Mrs. Daniel Lawrence Hunt
by
Frances D. Hassinger

In Memory Of
Margaret Allen Ireland

Gift Of
The Honorable Order
Of Kentucky Colonels

In Loving Memory Of
Nora Morgan Lewis

In Memory Of
Margaret McCulloch McClintic

In Memory Of
Rhoda Lewis Maggard

Gift Of
Miss Katharine Matthies

In Loving Memory Of
Oma Pace Mattingly

In Memory Of
Ellen Pierrepont Moffat

In Memory Of
Margaret McLennan Morse

Gift Of
The Jefferson Patterson Foundation
in 1971

In Honor Of
Marvin Breckinridge Patterson
FNS National Chairman
1960-1975

In Memory Of
B. W. Perrin

In Memory Of
Mr. and Mrs. Francis E. Powell

Gift Of
Dr. and Mrs. John W. Price, Jr.

To The Glory Of God
And In Memory Of
Zilpha Roberts
And In Honor Of
Jean Tolk

In Memory Of
Diane Sault

In Memory Of
Lewis Cass Scheffey, M.D.

In Memory Of
Mr. and Mrs. F. W. Schiefer

In Memory Of
Norah Oliver Shoemaker

In Memory Of
Col. Julia C. Stimson, ANC

In Memory Of
Anne Steele Wilson
From Her Family
Susanne Preston and John L. Grandin
Frances Breckinridge Montague

We often speak of the continuity of care that the Frontier Nursing Service, now nearly fifty years old, can offer to the families it was organized to serve. These designated gifts to the Mary Breckinridge Hospital—from, or in memory of, patients, couriers, old staff, long-time donors—illustrate another kind of continuity of caring. As an example, the kind family who furnished the operating room in the Hyden Hospital and Health Center so many years ago also gave the operating suite in the Mary Breckinridge Hospital. Space does not allow us to explain the special significance of each gift but we are nonetheless deeply grateful. As water made a tremendous impression on those attending the 1928 dedication, so also will water be associated with the Mary Breckinridge Hospital in the memories of the staff—the kind of water connected to a scrub brush and mop bucket! Two weeks after the invitations to the dedication had been mailed, an electrical accident occurred in the new building. Fortunately, no one was seriously injured and no great damage was done, but it did cause a delay in putting the finishing touches to construction and meant that the building was not completely finished by January 5. It was another five weeks before we actually moved patients. The staff and couriers joined the contractor's people in applying spit and polish to the interior for the dedication day and then had to do the same thing all over again before we moved. The hospital staff, with volunteers from other areas of the Service, worked like galley slaves to make the move with as little dislocation as possible in patient services, and they succeeded admirably. The move of articles not essential to patient care began on February 7, and continued all weekend, as did the scrubbing. Twelve inpatients were transferred to the new hospital on the morning of Monday, February 10, and three new

patients were admitted during the day. At 4:00 that afternoon the outpatient clinic on the hill was evacuated and began functioning in the Mary Breckinridge Hospital almost immediately, and all departments have been going strong ever since. Of course, there are still problems—we can't always find exactly what we want in the place where we think it should be, some equipment is still not installed or working properly, we can't always remember which door leads to what or which is the shortest route to take from one area to another. But these are minor difficulties which will be worked out in time. The "pith", to use one of Mrs. Breckinridge's favorite words, is that we have moved into the new hospital and it's still beautiful.

PRAYER OF DEDICATION

O Living God, Thou who art the great healer, Thou who dost desire that mankind be whole and well in body, mind, spirit and relationship, we thank Thee for the gift of healing that Thou has shared with mankind, for the potency of our medicines, the skill of our surgeons, the insight of our physicians, the probational and loving care of our nurses, the ability of our technicians, the discernment of our counsellors—for all these gifts we thank Thee, O Living God. For this building in which to share these gifts of God, we give Thee our thanks. May the power and blessing of Your spirit rest upon this place, upon all who serve here, and upon all who will be cared for here. We ask these blessings and offer our thanks in the name of Jesus Christ our Lord, and for His glory. Amen.

—The Rev. Leonard Hood
At the Dedication of
The Mary Breckinridge Hospital
on January 5, 1975

FRONTIER NURSING SERVICE PLANNING CONFERENCE

By William R. Bates, III
Development Director

As we approach our fiftieth anniversary, it seems a good time to reflect back a bit on our history and to evaluate our present and future. The opportunity to do just this came in late January when forty-five members of the Board of Governors, staff and administration met for three days in Richmond, Kentucky, to discuss the present and future needs of FNS and to make recommendations to the Board of Governors.

As the FNS has grown over the years, in service and personnel, it has become increasingly important to keep lines of communication open and to have a thorough understanding of where our priorities lie. The planning conference developed a consensus regarding immediate and long-term objectives.

Dr. Willis D. Weatherford, Jr., acted as moderator of the conference which was sponsored by the Long Range Planning Committee of the Board of Governors of which James B. Holloway, Jr., M.D., is chairman. The forty-five participants were assigned to six specific discussion groups. The discussion topics were selected after replies to a questionnaire were tabulated and the areas of future interest and concern became evident. The topics were quite specific, but did overlap in content so that each group had the opportunity to deal with basic aspects of each question. Discussion leaders were Miss Helen E. Browne, Dr. W. B. Rogers Beasley, Dr. James B. Holloway, Miss Margaret Burden, Dr. Frank J. Lepreau, Jr., and Mrs. Alfred R. Shands III.

Following the morning and afternoon sessions, the discussion leaders presented a summary of their group's discussion to the entire conference. On the final morning, Dr. Weatherford presented a masterful "summary of the summaries", tying together the many disparate but similar concerns expressed in the separate meetings.

The expression of individual concerns, hopes and opportunities achieved a degree of "common purpose" which is vitally important to the success of an organization such as FNS. Many recommendations were offered to the Board of Governors for consideration, but three basic tenets emerged:

1. That FNS should continue to provide service to the local area
2. That FNS should continue to train nurse-midwives and family nurses
3. That FNS should retain the district centers for service and training operations.

Reaffirming these three basics, at this time, once again strengthens the original and continuing philosophy of Mary Breckinridge as to the founding purpose of FNS. It seems particularly striking that after fifty years, in spite of spectacular and steady improvements in the delivery of rural health care, the originality and creativity of purpose and operation of Mrs. Breckinridge and the FNS should still be looked to as an attainable model for other areas of this country and other nations.

We have done much. There is still much to be done. The conference has given us the opportunity for evaluation and perspective. Now we must implement our constructive ideas for even better service and training—so that the FNS will continue to retain its historic position as a leader in demonstrating that rural health care delivery anywhere in the world can be realistically, effectively and economically achieved.

BARROW BORROW

Boy, returning borrowed wheelbarrow after several weeks: 'Ere's yer barrer back, Mr. Greene. Dad's sorry 'e broke it, an' 'e says when you've 'ad it mended 'e'd like ter borrar it agen'.

—*The Countryman*, Spring, 1970, Edited by Crispin Gill,
Burford, Oxfordshire, England.

Annual subscription for American readers
\$6.25 checks on their own banks.

OUR FIFTIETH ANNIVERSARY

The Annual Meeting of Trustees, members and friends of the Frontier Nursing Service is always an important event, but this year it has special significance as, combined with the Annual Meeting, will be the celebration of our Fiftieth Anniversary. The Frontier Nursing Service was born in Frankfort, Kentucky, on May 28, 1925, when the late Mrs. Mary Breckinridge met in the old Capitol Hotel with a group of twenty-one friends who were intensely interested in her plan to form the Kentucky Committee for Mothers and Babies and to begin a system for the delivery of health care in a remote area of southeastern Kentucky. Three years later the Kentucky Committee became the Frontier Nursing Service.

On Wednesday, May 28, 1975, the Board of Governors of FNS, aided by the Blue Grass and Louisville Committees, plan to commemorate the past and look to the future of FNS. Invitations will be mailed in April but we wanted to extend an early invitation to all our friends and to give a preview of the planning for the occasion.

It seemed appropriate to return to Frankfort for our Fiftieth Anniversary and we are delighted that our Annual Meeting will be the first event to be held in the newly restored Old State Capitol, a fine Greek Revival building built between 1827 and 1830, on the ashes of two former capitols, by Kentucky's great architect, Gideon Shryock.

The ceremony will begin in the Old Capitol at 11:00 a.m. EST on May 28, with an Invocation by the minister of Leslie County's Hurt's Creek Church of Christ, Mr. Vance Bowling.

We feel that it is most fitting to have as our luncheon speaker on this important occasion Lady Ramsbotham, the wife of the British Ambassador to the United States. Without the example of the Scottish Highlands and Islands Medical and Nursing Service, without the midwifery training offered in Great Britain to Mrs. Breckinridge and, in our early days, to other American nurses, and without the British nurse-midwives who have been members of the FNS staff over the years, it is doubtful there would have been a Frontier Nursing Service. Lady Ramsbotham, a charming and gracious speaker, will represent our British colleagues and will also focus on the international aspects of the FNS.

Many of those who are planning, or will participate in, the Fiftieth Anniversary meeting have long and close ties to the FNS. The Hon. John B. Breckinridge, who will be the Master of Ceremonies, is the son of Dr. Scott Dudley Breckinridge who attended the organization meeting in 1925 and gave his medical skills as well as his affection to the FNS as long as he lived. The Hon. Tim Lee Carter, Congressman from our district, has been of immeasurable help during the past few years. The Hon. Thruston Morton, who will present several of Mrs. Breckinridge's personal possessions (including her FNS uniform) to the Kentucky Historical Society, is the grandson of the late Mrs. Thruston Ballard, the second National Chairman of FNS, and the son of the late Mrs. David Morton in whose memory the old Hyden Hospital was built. The invitation which you will receive in the spring has been designed by Mrs. Richard Elliott whose grandfather, Judge Edward O'Rear, called to order the organization meeting, wrote the FNS Articles of Incorporation, and remained active in the affairs of the Service until his death. The Arrangements Committee is composed of Governors, staff members, former couriers and like members of the FNS "family".

After the brief program in the Old Capitol, guests will be escorted to the adjoining Capital Plaza for luncheon at 12:00 noon, followed by the business meeting at which the National Chairman, Mrs. Jefferson Patterson, will preside. At the Capital Plaza the Committee is planning a display of FNS photographs and of the flags of the fifty-four countries around the world where FNS staff and students have served.

It is our hope that the Fiftieth Anniversary meeting will be a reunion for many of the far-flung FNS "family"—Trustees, members of our city committees in and beyond the mountains, old couriers, old staff, present couriers and staff. A special invitation is extended to the old couriers who have been so interwoven into the life of the FNS since its beginning. As an added inducement to the couriers—as well as to old staff and old friends—we promise to have Agnes Lewis on hand in Frankfort!

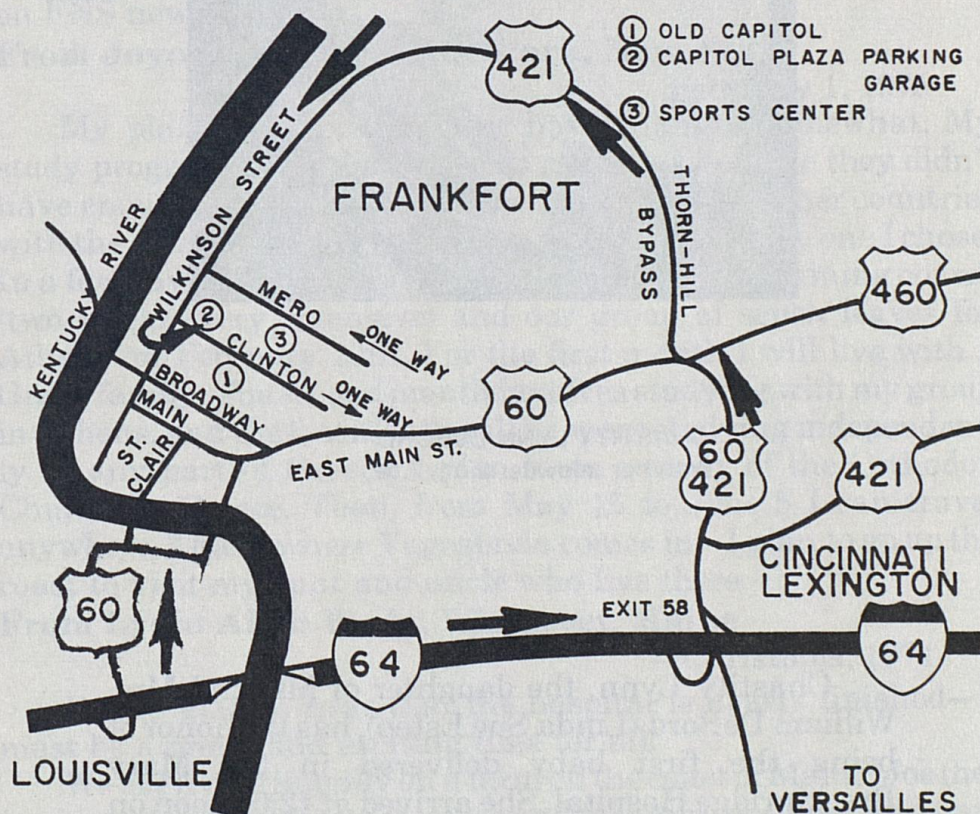
After the meeting in Frankfort, friends are cordially invited to join a bus tour to Hyden and Wendover. The bus will leave Frankfort at 3:00 p.m. Wednesday, May 28, and overnight reservations will be made at the Appalachia Motel in Hyden. On Thursday there will be a tour of the Mary Breckinridge Hospital

and a visit to an outpost nursing center, followed by a buffet lunch at Wendover. The bus will return, via Lexington, to Frankfort, arriving in Frankfort at 5:00 p.m. on Thursday, May 29. The cost, per person, is \$35.00 which will include transportation, overnight accommodations and meals. Further information about the bus tour will go out with the Annual Meeting invitations.

Also planned is a walking tour of Historic Frankfort on the Wednesday afternoon for interested guests who are not planning to take the bus to the mountains.

Much hard work has gone into the planning for the Fiftieth Anniversary celebration to make it a gala and enjoyable occasion. We hope you will come.

FOLLOW ARROWS TO 50th ANNIVERSARY





CHASTITY LYNN DeBORD
With her midwife, Molly Lee

Chastity Lynn, the daughter of Mr. and Mrs. William DeBord (Linda Sue Estep), has the honor of being the first baby delivered in the Mary Breckinridge Hospital. She arrived at 12:00 noon on Wednesday, February 12, 1975, on the birthday of her grandmother, Mrs. Nora Estep of Bullskin.

OLD COURIER NEWS

Edited by
Juanetta M. Morgan

From Lynn McFarlan, Glencoe, Illinois

—December 6, 1974

After I left Kentucky, I worked on the East coast for a few weeks and then went to the Southwest where I was on an off-campus program with our school. I did my independent study in Gallup, New Mexico, working for a hospital that served only Navajos. My experience there was fascinating and I learned an incredible amount—the Navajos are a beautiful people.

From Melora Coggeshall, Institute Allende,

San Miguel, Mexico—January 23, 1975

I made it to San Miguel, found a place to live, and started my classes in ceramics. I saw Nancy Dammann and she seems to be enjoying herself—it was good to see a familiar face and catch up on FNS news!

From Joyce Schaefer, Hyde Park, New York

February 1, 1975

My plans for next semester have changed somewhat. My study program in Yugoslavia was cancelled because they didn't have enough applicants. I had the choice of a few other countries with the same program, however, and Greece was the one I chose. In a few days I'm going to Vermont for a language training course (two weeks, very intensive) and our group of seven leaves for Athens on February 20th. For the first month I will live with a Greek family. The second month involves studying with my group in Athens, and the last month will be spent studying independently in any part of Greece. I plan to do a study of the Orthodox Church in Greece. Then, from May 15 to June 5 I can travel anywhere. That's where Yugoslavia comes in—I plan to go up the coast to visit my aunt and uncle who live there.

From Lydia Allen Feely, Wiscasset, Maine

—Christmas, 1974

I'm so glad to hear that the hospital is nearly finished—it must be a proud and exciting time for all!

We are living happily on a farm on the coast of Maine. Joe (her husband) is an architect, builder and furniture designer and I am raising dairy goats with his help. We all pitch in to help with the garden and other animals and find this way of life very satisfying.

BITS OF COURIER NEWS

Sandy Spicer, R.N. is working on the adolescent floor at Children's Hospital in Buffalo, New York.

Sara Pennock writes that she has one more year at the University of Vermont and is "knee deep in elementary education and anxious to get going in my own classroom".

Felicity Chanler Young now lives in Lenox, Massachusetts and has a son, Alexander, born in June, 1974.

Mary Miller Vogel's mother writes that Mary now lives in Oxford, Ohio. Her husband is on the faculty at Miami University and Mary teaches part-time. She has a year-old daughter, Samantha.

Mimi Emerson is attending the University of Oregon in Eugene.

Melissa Morris writes "I now live in Seneca, South Carolina and am finishing my R.N. and college degree at Clemson University".

Joanie Mamelok Abbey, R.N. is now living in Vermont and working in the coronary unit at Mary Hitchcock-Dartmouth Medical Center.

Bonnie Reilly, R.N. has just completed a year of volunteer work in Alaska and is now at home in Wisconsin.

We send much sympathy to **Betty Pratt Booth** whose husband, Edmund H. Booth, died in December, 1974.

Those of you who remember **Lisa Rimmer**, who was here as a courier in the spring of 1974, will be deeply saddened to learn that she was killed in an automobile accident in Vermont a short time ago.

We send our sincere sympathy to her family.

ATTENTION ALL OLD COURIERS:

We invite each one of you to help us with the celebration of our Fiftieth Anniversary by writing a short paragraph describing your most memorable experience while you were with the FNS. Please mail it to Mrs. J. G. Morgan at Wendover, Kentucky 41775.

We hope you will plan to be in Frankfort, Kentucky, on May 28 for our Fiftieth Anniversary meeting. If you will let us know that you will be present, we hope to plan a reunion for all old couriers with Agnes Lewis.

MODELS FOR MIDWIFERY CLINICAL PRACTICE

By Phyllis J. Long
Director of Midwifery Service and Education

Widespread acceptance of the practice of nurse-midwifery is a recent change in the medical scene of the U.S.A. For this reason the structure for the delivery of nurse-midwifery care is not fixed by years of tradition, but open to experimentation and creative development. The models for nurse-midwifery practice are as varied as the settings in which nurse-midwives practice.

In September, 1973, I was employed by the University of Kentucky Medical Center for the purposes of introducing the concept of nurse-midwifery to the medical center community and developing a clinical practice area for the proposed midwifery education program. During the year of my experience at the medical center, three models for the delivery of midwifery care were used, in an effort to determine the most effective way to fulfill these objectives.

The type of midwifery practice most familiar to me is that used at FNS, offering round the clock, comprehensive maternity care to a group of patients. From the Medical Center O.B. clinic population, a small group of healthy pregnant women were chosen and registered with the nurse-midwifery service if they desired. Fifteen women were cared for on this service completely by the nurse-midwife, using written medical directives. The benefits of this system of practice center around the sustained relationship with the families under care, which is satisfying to both midwife and family. This structure demonstrates to the student the continuity and comprehensiveness of maternity care as taught in the classroom and in my opinion offers the optimum base for truly family-centered care. The disadvantage of this design is the high cost inherent in providing round the clock coverage.

One nurse-midwife can offer the type of care described above only to a very small caseload. To increase exposure of midwifery at the medical center the nurse-midwife worked with the obstetrician who provided medical backup for the program, in the management of his private patients. The midwife cared for normal patients on their prenatal visits, managed some labors and made postpartum hospital visits. An example of professional

teamwork was envisioned as well as identification of the nurse-midwife with patients of all socio-economic groups. This approach was enthusiastically endorsed by the patients and elicited the confidence of the medical staff in the value of a nurse-midwife's contribution to patient care. To be a valid demonstration of the role of a nurse-midwife, however, this model for practice should include delivery of normal patients.

A third type of practice was undertaken in order to maintain midwifery skills not used often because of the small caseload of patients. The midwife worked as part of the O.B. team caring for antepartum and postpartum outpatients, and managing patients in labor and delivery under the direction of the resident physician, using the consultation guide set up for the nurse-midwifery service. The nurse-midwife participated in clinical teaching of third year medical students doing normal deliveries.

This design for practice offers the greatest exposure to medical staff and students and, thereby, the opportunity to promote an understanding of the role and function of a nurse-midwife. The midwife in this setting is working with those who have little idea of what a nurse-midwife is or does. In order to present a consistent and realistic picture of nurse-midwifery, she needs confidence in her skills and ability to recognize her limitations.

These three models for practice were used simultaneously during the period of introduction of nurse-midwifery at the Medical Center. The nurse-midwife was seen in various roles; as primary care person for a select group of patients, as quasi-partner with the obstetrician for his private patients, and as a part of the O.B. house staff team. The nurse-midwives' services were accepted readily by medical and nursing staff as well as administration. The major problem encountered in using three models for practice was that of priorities when the inevitable occurred and the midwife was needed in three places at the same time.

In choosing a design for implementation of nurse-midwifery in a new setting, I believe the following criteria would provide helpful guidelines:

1. The design should allow for the practice of all midwifery skills in order to demonstrate the scope of midwifery and to

maintain those skills.

2. The purposes for which the nurse-midwifery service is being started must be fulfilled; needs of patients, midwives or students should be met.
 3. The design should fit into the existing structure of the agency.
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PLOUGHMAN'S PHILOSOPHY

My aged crofter neighbour was recalling his days of ploughing, first with a team of horses, later with a tractor. 'I ever enjoyed ploughing with the horses, mistress,' he told me, 'for with the horses you would be looking forward, but with the tractor it's aye looking backward that you are.'—*P. W. Pritchard, Ross-shire.*

—*The Countryman*, Summer, 1974, Edited by Crispin Gill, Burford, Oxfordshire, England.

Preacher—"Do you say your prayers at night, little boy?"

Jimmy—"Yes, sir."

Preacher—"And do you say them in the morning, too?"

Jimmy—"No, sir. I ain't scared in the daytime."

—*Modern Maturity*, Oct.-Nov. 1968

CRUMBS FOR CHARITY

My cat Sergeant, though a big eater, is fussy about his food and never wants to finish what is left on his plate. One day, having given him something particularly good, I told him he would get nothing else until he had cleared it up. Without more ado he went out, returning shortly with a thin black stray which I had not seen before and have not seen since. The food disappeared like magic and, when the stranger had departed, Sergeant led me back to his empty dish, begging to be fed.—*D. E. Bolton.*

—*The Countryman*, Summer 1970, Edited by Crispin Gill,
Burford, Oxfordshire, England.

A reporter was interviewing a man who was believed to be the oldest resident in town.

“May I ask how old you are?” the newsman inquired.

“I just turned 100 this week,” the oldster proudly replied.

“Great! Do you suppose you’ll see another 100?” the reporter asked playfully.

“Well,” said the man, thoughtfully, “I’m stronger now than when I started the first 100!”

—*Modern Maturity*, April-May, 1969

TOMORROW

By Verna M. Potter

Technology has discovered a way to get to the moon and planets, and technology has also come to Appalachia. A TV crew from WKYH in Hazard came to the FNS on a Tuesday to shoot a one-hour documentary which was viewed in the area on the following Thursday. The United States Agency for International Development (AID) sent a film crew down to make a film to be shown in English or Spanish around the world. The makers of the TV series, "Feeling Good" chose the FNS nurse-midwives for a segment on prenatal care which was shown nationwide on January 15.

The new Mary Breckinridge Hospital at Hyden which was dedicated on January 5, 1975, is also a technological triumph. The hospital and training center is equipped with the newest equipment available for the diagnosis and treatment of the sick of the area, and for the training and clinical experience of that new breed of medical personnel, the family nurse. The nurse-midwives hold sway in the maternity department, and will continue to teach and supervise clinical experience for the nurses who come to learn in this special area.

The opening of the new hospital with its expanded and modern facilities will give the patient the advantage of good medical, obstetrical and surgical services right in his own area. Pharmacy, x-ray, lab—all the ancillary departments which make a modern hospital a self-contained unit—have been developed to reduce the long trips to the "outside", this paralleling the development of a medical staff who not only see and treat patients themselves but teach nurses to give better primary care to all patients.

Frontier nurses since the beginning have been "family nurses" out of necessity. The lack of physicians in the area and the distances to be travelled, produced the need and the Frontier Nurse filled the need. And when the job was too big, the Frontier Nurse sought the help she needed from outside the mountains.

The Family Nurse today is a more sophisticated model of the early Frontier Nurse. She is scrupulously trained to diagnose and treat common ailments, and to recognize the need of the patient for further evaluation by doctors. She is trained to work with

confidence in her ability to serve in fields remote from medical facilities.

Today, as yesterday, much of this progress is due to the many thousands of generous people throughout the country who have supported the Frontier Nursing Service. Gifts of all kinds—including the outpost nursing centers, horses and mules in their time and jeeps and other motorized vehicles in this day. Special credit goes to our young volunteers who have shared a part of their lives with us and have given fully of their skills and their smiles while helping us keep the wheels turning throughout the fifty years.

When the Mary Breckinridge Hospital and Clinical Training Center was completed and dedicated, the final "object" of Mary Breckinridge was accomplished. The fiftieth anniversary of FNS, in May, 1975, will open a new chapter in the story of a Service dedicated to the care of the mother and child together with the family as a whole. From its tremendously rich resources gained from fifty years of experience, the FNS can draw the necessary knowledge and know-how to help other areas which are in need of such experienced guidance.

The FNS has never been a stationary, rigid structure unable to cope with the ups and downs of life. It has taken its lumps and bounced back with new vigor. The original objects are accomplished. The new objects are to create ever-growing capacities to serve more and more people, and to develop the teaching capacity to its fullest so that family nurses and nurse-midwives will be prepared to go out into areas where they are desperately needed to care for those who need their help.

The Mary Breckinridge Hospital is a dream fulfilled. And now it is time to use its training facilities and the expertise of its staff to contribute to health care in other areas and to assist other health personnel to reach their maximum potential in rendering the same kind of service.

Discussing family problems, one father remarked to the other, "I finally stopped arguing with my teen-age son about borrowing the car. Now, whenever I want it, I just take it!"

—*Modern Maturity*, Dec.-Jan., 1970

OLD STAFF NEWS

Edited by
EILEEN H. MORGAN

From Carol Banghart in Lock Haven, Pennsylvania

—November, 1974

Greetings from north central Pennsylvania. We moved from Owings Mills, Maryland, three weeks ago to this rural community called "The Village of Pine", a few miles from Lock Haven. We found this "little farm" in June, and planned to prepare it for occupancy during the next year. However, it is such a good place to live that we decided to make the move now.

I am painter, plasterer, carpenter, woodsman, housekeeper and cook. The house is livable but requires much redecoration. A ninety-two-year-old gentlemen lived here alone until March of last year. Our project began by repairing and tarring the roof, painting the house and trimming some trees to allow more sunshine. Then, with the help of my brother and sister-in-law, we began in earnest on the inside. Our goal is to complete it by Christmas. Spending the Holidays with family and friends in this place will seem like the nearest thing to Christmas at FNS. I have never been completely happy away from "my Kentucky home".

Valerie has taken a position with the Health Department in an adjacent county. Her work is generalized primary and secondary preventive health care. Her county and Clinton County (our home) are included in Appalachia. There is need for all kinds of nurse practitioners but, as usual, the private medical community and many nurses look upon nursing as task-oriented and handmaiden to the physician.

My parents live in a comfortable cottage on Pine Creek about twelve miles from here. The cottage is small enough for my mother to care for, and the outside work can easily be done by Father. We keep their fireplace supplied with wood and see them for tea or supper each week. They remain interested in the community and have many old friends in the area. They vote in an old country school house where my mother had her first teaching job after college.

I can imagine the feeling you must have as the Mary Breckinridge Hospital nears completion. What a stalwart person you have been, Brownie, in seeing this project through to its end.

Please accept my love and best wishes for continued courage and strength to meet your goals.

. . . .

From Mary LeFevre Willis in St. George, Utah

—November, 1974

We moved to this small college town last spring. We are enjoying the many advantages a larger town has over a small country village. This area was called "Dixie" by the first Mormon settlers. It reminds me so much of North Carolina, climate wise, but without the humidity.

Best wishes to you and your staff in your efforts to improve facilities and care for the mountain people.

. . . .

From Anne Cartmell Elder in Oberlin, Ohio

—December, 1974

This has been the year for travelogues in the Elder family. Nancy was first, as she met her cousin, Gramma Dixie, Great Aunt Velda, and two of their septuagenarian friends in Anchorage, and then headed for the Far East. For Nancy, the trip was a chance to visit her birthplace in Japan, Obirin Gakuen, but the group also visted Taiwan, Hong Kong and Thailand. Nan did research in Tokyo and wrote a Hampshire College exam on Japanese family planning, so the trip had academic value, too. She had one day to transform herself from world traveler into camp cook at Camp Wilmot, where she spent the rest of the summer.

Jurgen Hartwieg, a delightful eighteen-year-old German student, lived with us for a month this summer.

Susy spent an exciting five weeks doing props for the Oberlin Music Theater and then used her savings from weaving and baby sitting to fly to Germany and spend a month with Jurgen's family. His sister is Susy's age.

Mark stayed home to care for the pets and teach swimming in the city recreation program while the rest of us toured Pittsburgh, Washington, Philadelphia, Boston, and Cape Ann. Even the familiar places were new and exciting when we showed them to Jurgen and our visits with many dear friends were great fun.

After Jurgen returned to Germany, we spent two weeks in

Maine, New Hampshire, Vermont and at the cottage in Watkins Glen. Along the way we visited "new communities", including Gananda, which continues to struggle into existence.

The varieties of Oberlin offerings, musical, dramatic, academic and political, keep us all occupied, but our happiest occupation is having old friends and new come by to visit. So why not keep us occupied?

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From Carlie Stillman Muncy in Mystic,

Connecticut—December, 1974

I am still working full time for the Ledyard P. H. Nursing Service, but Mark is now retired.

Young Mark was graduated from the University of Connecticut with a major in math and is working in a school for the retarded. Mike is still in college and Lavinia is a high school junior taking both vocational agriculture and college prep courses and is thinking of studying to be a veterinarian. She has earned her own horse, has won some show ribbons with him, and takes care of a neighbor's horse for the privilege of sharing their stable and pasture. She is a track star at Ledyard High and runs five miles every day rain or shine so you can see she has the real mountain spirit. She seems to have inherited her Grandmother Muncy's talent for drawing and received praise for her animal pictures at the Mystic Outdoor Art Festival in August.

Some day we plan to return to Kentucky to live and I want Lavinia to get acquainted with Leslie County and the FNS.

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From Maria Sullivan in Boa Vista, Brazil

—December, 1974

This has been a very busy and varied year for us here, as you have seen through my letters.

In August I was able to go home to attend my only brother's wedding.

When I returned, there was another epidemic. This time it was milder and only hit the very young and very old with bronchitis and some also succumbed to malaria.

Then came our long stretch of about six weeks without the plane and without mail. Now that the plane has started coming

again, we have all sorts of visitors. Last week we had two new couples spend time with us in orientation to jungle life. I was responsible for orientation to the medical aspects of life here.

At the same time we've had an intensive course in literacy going on for two weeks for the advanced Indian fellows. I'm teaching a class in oral Portuguese which they seem to enjoy very much.

Merry Christmas!

. . . .

From Greta Wiseman in Phoenix, Arizona

—Christmas, 1974

This year my life is very much changed . . . all the difference from the flat adobe village home in Pakistan, then to the beautiful, much loved mountains of Appalachia and now a new life in Phoenix. Here my life is more regular, an eight-hour, five-day-a-week job.

I enjoyed my stay in Leslie County and the chance to take a four-months' course which, coupled with my previous midwifery training, qualified me as a family nurse practitioner. I shared a rich life with the wonderful community of workers at FNS.

In August, my old friend, Dosia Carlson, and I moved to Phoenix where we are "young" as we live among those who are retired. We have a small apartment on campus.

I have recently gotten a permanent job at a wonderful hospital, St. Joseph's, in the coronary care unit. It is thrilling, exciting and challenging.

Frederic, Wisconsin 54837 is permanent. Let's keep in touch!

. . . .

From May Green in Dartmouth, Devon

England—Christmas, 1974

I'm thinking of the old days in the FNS when we sent the wagon drawn by mules to collect the toys, sweets and gifts for the Christmas party at the outlying centers, What excitement we had!!

When I read the Bulletin everything sounds so very up-to-date and naturally a very modern set-up. I wonder if you have moved into the new hospital?

Now that petrol is so expensive I only use the car when

absolutely necessary. I've not even driven to Torcross for two weeks.

I just wanted to wish you and FNS a Happy Christmas.

. . . .

**From Bobbie Hunt Bane in Fairport,
New York—Christmas, 1974**

How I wish I could get down for the hospital dedication but holiday plans just won't allow it to be. I'll be thinking of you all and especially at Christmas. I loved by two Kentucky Christmases so much. There are no memories like them in all the world.

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Weddings

Miss Gladys Kroecker and Mr. C. A. Christopherson in Cuchara, Colorado on November 29, 1974

Miss Judith Ann Gibson and Mr. Harold Eugene Chase in Midwest, Wyoming on December 21, 1974.

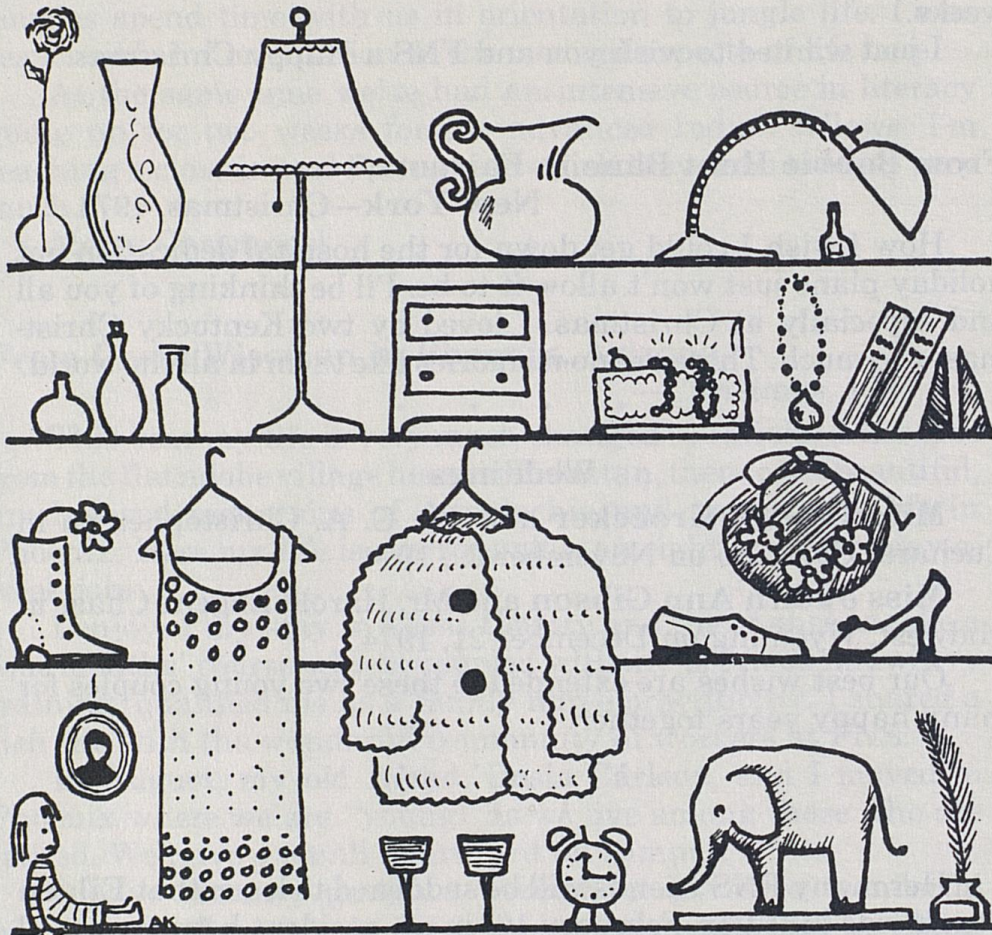
Our best wishes are extended to these two young couples for many happy years together.

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Her many FNS friends will be saddened to learn that **Eileen Stark** was killed on February 10, in an accident between an oil tanker and the bus in which she was riding on the outskirts of the village of Riberirao, Brazil. We send our sincere sympathy to Eileen's sisters in Minnesota and her two adopted children in Brazil.

Dr.
Family Nurse
SCM

WHITE ELEPHANT



DON'T THROW AWAY THAT WHITE ELEPHANT

Send it to **FRONTIER NURSING SERVICE**
1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

FRONTIER NURSING SERVICE
1579 Third Avenue
New York, New York 10028

BEYOND THE MOUNTAINS

New York

Helen Browne flew to New York on February 4 for the winter meeting of the FNS New York Committee. Mrs. R. McAllister Lloyd invited members of her committee and their husbands to her home in the evening to meet the FNS National Chairman, Mrs. Jefferson Patterson, and Brownie. Photographs of the Mary Breckinridge Hospital had been delivered by Gabrielle Beasley and all present were delighted to get the news that plans had been made to move patients into the new hospital the following weekend. The next afternoon a number of FNS friends gathered at the Colonial Dames Hall to hear a report of the work given by Mrs. Patterson and Brownie. Miss Dorothea Eberhart presented Brownie with a check on behalf of the Bargain Box Committee. She pleased everyone by appearing in a very attractive dress that she had purchased at the Bargain Box and encouraged all present to send articles they no longer needed to be sold at the Bargain Box for the benefit of FNS.

The next morning Brownie went to the Bargain Box with Miss Eberhart to pick up a portable electrocardiograph machine that had been given for the FNS. Brownie brought it back to Kentucky and we are delighted to report the machine is in good working order and is a valuable contribution.

. . . .

Gertrude Isaacs has been appointed a member of the Council of the Ohio Valley Regional Medical Program, and has attended meetings in Cincinnati and Lexington.

Trudy went to Cleveland in January to give a talk about FNS to the members of Sigma Delta Tau at the Case-Western Reserve University Frances Payne Bolton School of Nursing.

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Elsie Maier was invited to speak to a group of three hundred nursing students at Eastern Kentucky University in February.

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Donna Callaway talked about her experiences at FNS to Family Nurse students in Houston, Texas, in February.

Sharon Koser went to Chicago in early March to speak to the nursing alumnae of Swedish Covenant Hospital.

. . . .

Dr. Frank J. Lepreau's paper on Tetanus in Haiti has been accepted for publication in the *Lancet*; and Dr. Gertrude Isaac's paper, THE PRIMARY CARE NURSE IN THE COMMUNITY HOSPITAL, has been accepted by the *American Journal of Obstetrics and Gynecology*. A second paper Trudy has written, EXPERIMENTAL TRAINING AND MANPOWER UTILIZATION PROGRAMS (PRIMARY CARE), will appear in the book MENTAL HEALTH: THE PUBLIC HEALTH CHALLENGE compiled by the American Public Health Association, and a third paper, entitled HEALTH CARE OF THE AGED IN RURAL AMERICA, has been accepted for publication in *Nursing Clinics of America*.

Our readers will note that our staff are busily engaged in talking and writing about our work. Perhaps the busiest staff member during the weeks prior to publication of our *Quarterly Bulletin* has been Peggy Elmore who has done most of the preparation of this issue and to her goes the credit.

Helen E. Browne

WHO LOST WHOM?

She: "There's that noisy cat back again. I thought you took it out to the country to lose it."

He: "I did, then I got lost and had to follow it back home."

—*Modern Maturity*, August-September 1965

Field Notes

Edited by
Peggy G. Elmore

The spring meeting of the Frontier Nursing Service Board of Governors will meet at Wendover on April 5 and 6, 1975.

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We are most grateful to Mr. Dwayne Walker for providing ambulances and drivers to move inpatients from Hyden Hospital to the Mary Breckinridge Hospital, and to the members of the Hospital Auxiliary who are giving of their time and energy in helping patients find their way around the new building.

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We are delighted that Dr. and Mrs. Jerry Callaway, who came to spend November and December with the FNS, decided to stay on during January and are returning for the month of March. We are also deeply grateful to other physicians who have come to the mountains this winter to allow our staff physicians time off. Dr. Stewart Polk of Rosemont, Pennsylvania, and Dr. Cheryl B. Kerr of Philadelphia, both pediatricians, were with us in January while Dr. Tom Lynch went for a walk in the Grand Canyon. Dr. Donald Catino of New London, New Hampshire, spent the month of February in Kentucky while Dr. Anne Wasson had a much needed vacation. We enjoyed getting to know Dr. Catino's wife, Jill, and their delightful young children, Jennifer, Donald and Laura.

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It's not June but wedding bells are in the air. Vickie Bowling, daughter of Mr. and Mrs. Vance Bowling of Hurricane Creek, was married to Larry William Cole of Knoxville, Tennessee, on February 8, 1975. The lovely ceremony, performed by Mr. James Hayes, and the reception were held at the Leslie County Public Library in Hyden. Vickie has been Anne Cundle's and Kate Ireland's secretary during the past year and we will miss her now that she has moved to Knoxville.

Marilyn Bramble, a student in the Frontier School of Midwifery and Family Nursing, and R. C. Osborne, a member of the hospital maintenance staff, will be married at the Hilltop Wesleyan Church in Paris, Kentucky, on March 8, 1975.

We send our best wishes to both of these young couples.

Peggy Burden, and any other professional staff she can recruit, began a six weeks course in First Aid for Hyden Boy Scouts at the end of February. The Troop Leaders are Mr. Rufus Fugate and Judge C. Allen Muncy.

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Two members of our staff have been "a fur piece" this winter. Vi Kononen, Wendover district nurse, accompanied Shirley Thomas to her mission station in Mali at the end of December and spent six weeks in Africa. Nancy Dammann has been on leave of absence since the end of December, taking a creative writing course in Mexico.

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Christopher French (Kit) of Sunapee, New Hampshire, a Harvard student, spent the month of January with the FNS and was of great help to Dr. Tom Lynch on a research project.

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A group of nursing students from Illinois Wesleyan University spent three weeks in January with the FNS. They were assigned to the outpost nursing centers and the Hyden and Wendover Districts to observe the work of the FNS field nursing staff.

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The winter couriers have been much involved in the affairs of the Mary Breckinridge Hospital. Ann Procter was able to remain with us until after the dedication and with her guest, William Garner of Richmond, Virginia, helped show the new hospital to some of our older patients on January 4. Old Courier Nancy Oseasohn returned at the end of December for a month to help the new couriers—Laurel Peterson, Peterborough, New Hampshire, Christina Stalberg, Morgan Hill, California, and Beth Puleo, Elma, New York, get settled in. Laurel and Tina left at the end of February but Beth will stay on a few days until Cynthia Bray, Leeds, England, Jody Johnson, Brooklandsville, Maryland, and Linda Raymond, Madison, Wisconsin, learn their way around. Many of our readers will remember Alison Bray, one of our two previous English couriers, who has been with the FNS several times. We are pleased to have Alison's niece with us this spring.

We are delighted to have Judy Haralson back as a family nurse on the Hyden District and are pleased to have three recent graduates of the School accept staff positions. Clara Jefferis is night supervisor at the Mary Breckinridge Hospital, Mary Malone is working as a family nurse-midwife in the outpatient clinic, Cynthia Sherwood is helping Donna Murphy with in-service education, and Mary O'Connor who has returned to the Beech Fork District. We are happy to welcome the other nurses who have joined our staff in recent weeks from north, east, south and west: Mary Banigan, Fresno, California; Kim Beck, Schroom Lake, New York; Sister Linda Bouchard who has been working in a clinic in Guaymas, Mexico; Pat Deibel, West Falls, New York; Susan Harris, Chagrin Falls, Ohio; Karen Sue McIntosh, who has just completed L.P.N. training in Hazard; Beverly Lambert, a family nurse from Tucson, Arizona; Carol Steficek, Trenton, Michigan; Sister Elizabeth Sweeney, who is a medical technologist as well as a nurse, from Binghamton, New York; Mary Weaver, Montclair, New Jersey, who has moved to Hyden with her husband, Bill, and their two children, Dorothy and Daniel; and Pat Wikoff, Cincinnati, Ohio, who is on leave from a mission assignment in Mali.

Danielle Murstein from Cambridge, Massachusetts, is spending a few months with the FNS to help Gertrude Isaacs and others with research projects. We are happy to welcome a number of Leslie County neighbors who are augmenting the staff of the Mary Breckinridge Hospital, among them Carmen Mosley and Patty Maggard who have joined the Wendover family.

It is always fun to have old friends come back to the mountains for a visit. Luree Wotton, on leave from her mission post in the Philippines, spent a few days at Wendover in January. Mrs. Marjorie Cundle ("Mum") is back in the mountains, spending the winter months with her daughter, Anne Cundle. Dr. and Mrs. David Hickey of Chattanooga, Tennessee, and Mrs. C. Wayne Elsea of Marshall, Missouri, were with us for the dedication of the Mary Breckinridge Hospital, representing the National Society Daughters of Colonial Wars, whose National Project the FNS is.

We wish we could mention *all* those who came to the dedication but that is obviously impossible. However, we think old couriers and ex-staff will be especially interested in their colleagues who were with us for the great occasion. Some were in Leslie County for a night or two, some came just for the day. Those we had the opportunity to see and talk with, including Hyden residents, were: Marvin Breckinridge Patterson, Betty Lester, Agnes Lewis, Jane Leigh Powell, Darline Wilke, Margaret McCracken, Bert Halpin Norris, Ann Russell, Carol Banghart, Valerie Jewell, Florence Booker Rawleigh, Archie Bennett with Joan and the children, Nan Sersig, Carol Etherington, Maggie Schmees, Linda Roe, Rexann Willingham, Karen Linkfield, Dorothy DeLooff, Jan Craig DeTe, Ruth Harrison Venable, Kitty Ray McCammish, Kathy Vance Dalton, Margaret Hobson, Evelyn Mottram, Barbara French, Lucille Knechtly, Betty Sybil Morgan Doty, Gertrude Bloede, Peggy Kemner, Margaret Martini, Hobert Cornett, Linda Ingles and Doug Carroll who has stayed on to work as an orderly in the hospital.

. . . .

Many of you, who cannot remember Wendover without Hobert Cornett, will be surprised to see his name among the "ex-staff". Hobert retired as the Wendover foreman at the end of 1974, after thirty-one years with the FNS. Although Hobe's primary responsibility was Wendover, he could always be found anywhere in the Service where something had broken down or needed his attention—no matter what kind of weather it was or what hour of the day or night. During the 1957 flood, he swung over Hurricane Creek on a grapevine to get to work; the evening of the Lower Shelf fire he got back down the creek almost before we could hang up the telephone.

Even though he is retired, we know that in case of an emergency at Wendover, no one would come more quickly to our aid than Hobert.

Our best wishes go to him in his well-deserved retirement.

. . . .

The Frontier Nursing Service is the proud owner of its own flag, thanks to the kind thought of Betty Bear, a nurse-midwife on the faculty of the University of Kentucky College of Nursing, who worked with us for a couple of summers. The flag has a white

background with the letters FNS in blue inside a blue circle in the center, and is fringed in gold.

J. G. Morgan, the Wendover foreman, made and gave us black walnut bases for the new FNS flag and for the American flag which stands with it in the lobby of the Mary Breckinridge Hospital.

As we go to press we are saddened by the loss of an old friend, Mr. J. E. Elmore, who died suddenly at his home in Hyden on March 14, 1975. His many friends on the FNS staff and in the Hyden community have appreciated Mr. Elmore's willingness to share his interest and his experiences during the years he lived in the community. He will be missed by all who knew him. Our deepest sympathy goes to Peggy on the loss of her father.

**Sentences Taken From Actual Letters
Received By The Welfare Department
Of A Nearby State**

1. I am forwarding my marriage certificate and six children. I have 7, one died which was baptized on a half sheet of paper.
2. I am writing the Welfare Department to say that my baby was born two years old. When do I get my money?
3. Mrs. Jones has not had any clothes for a year and has been visited regularly by the Clergy.
4. I cannot get sick pay. I have six children, can you tell me why?
5. I am glad to report that my husband who is missing is dead.
6. This is my eighth child. What you going to do about it?
7. Please find for certain if my husband is dead. The man I am now living with can't eat or do anything till he knows.
8. I am very much annoyed to find that you have branded my son illiterate. This is a lie as I was married a week before he was born.
9. In answer to your letter, I have given birth to a boy weighing ten pounds. I hope this is satisfactory.
10. I am forwarding my marriage certificate and three children, one of which is a mistake as you can see.
11. Unless I get my husband's money soon, I will be forced to live an immortal life.
12. You have changed my little boy to a girl. Will this make any difference?
13. I have no children yet as my husband is a truck driver and works day and night.
14. In accordance with your instructions I have given birth to twins in the enclosed envelope.
15. I want my money as quick as I can get it. I've been in bed with the doctor two weeks and he doesn't do me any good. If things don't improve, I will have to send for another doctor.

—Contributed

ATTENTION "SUPER-NURSES"

Family Nurses and Nurse-Midwives who are interested in family-centered, primary health care in a rural area are invited to come and work with the Frontier Nursing Service in Kentucky. This organization has utilized the skills of the nurse working in an extended role for nearly fifty years.

Frontier Nursing Service has opportunities available for practice in a busy outpatient clinic attached to a small modern hospital and at outpost nursing centers where the nurse is responsible for primary health care to a rural community.

The Frontier School of Midwifery and Family Nursing has positions available for faculty who have the opportunity of combining education and service.

Interested primary care nurses should write for further information to:

Miss Helen E. Browne, Director
Frontier Nursing Service
Wendover, Kentucky 41775

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FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of _____ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
Frontier Nursing Service, Article III.

DIRECTIONS FOR SHIPPING

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the FRONTIER NURSING SERVICE and sent either by parcel post to Hyden, Leslie County, Kentucky 41749, or by freight or express to Hazard, Kentucky.

Gifts of money should be made payable to
FRONTIER NURSING SERVICE,
and sent to the Treasurer
MR. HOMER L. DREW
First Security National Bank and
Trust Company
One First Security Plaza
Lexington, Kentucky 40507



MARY BRECKINRIDGE

This lovely photograph of Mrs. Breckinridge, taken in the late Twenties by Caufield and Shook of Louisville, Kentucky, hangs in the lobby of the Mary Breckinridge Hospital, the gift of British ex-staff.

