

**FNS** FRONTIER NURSING SERVICE  
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QUARTERLY BULLETIN



**SIXTY-SIXTH ANNUAL REPORT**





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Urgent Needs	Inside Back Cover

**COVER: CNEP students arriving at Wendover**  
**Photo by Gabrielle Beasley**

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1991 C.N.E.P. Students – Largest Midwifery Class ever admitted in the United States.  
Photo by Gabrielle Beasley.



### **Midwifery Bound FSMFN Students Arrive**

Months of hard work and mounting excitement culminated on August 23rd when two yellow Leslie County school buses rolled into Hyden carrying 92 newly admitted FSMFN students to Midwifery Bound. The students were greeted with a banner strung across Main Street:

**Welcome Future Midwives  
to Hyden, Kentucky  
10,000 by 2000!**

Purple balloons bearing the initials MCA, CWRU, NACC, and FNS lined the street. These two symbols really told the whole story: the people of Hyden and the Frontier Nursing Service welcoming the largest class ever of nurse-midwifery students to the Community-Based Education Program, a program created through the cooperation of Maternity Center Association, Case Western Reserve University/Frances Payne Bolton School of Nursing, the National Association of Childbearing Centers, and FNS.

The spirit and enthusiasm of the students spread rapidly to the faculty and staff and we quickly forgot the arduous hours of preparation. Long before the students arrived, the "facilitators", a group of eight dedicated women from Outward Bound in Minnesota began to plan the minute-by-minute logistics of a very full program of activities. Because of their experience with leadership training programs and careful attention to detail, we were able to have a safe, successful weekend. There was a strong feeling of new "frontiers" as students arrived from places as far away as Alaska, Hawaii and the U.S. Virgin Islands. The sense of adventure was highlighted by the two students who flew their tiny airplane into the Hazard airport!

Midwifery Bound was a three-day weekend of intense orientation to the CNEP and to FNS. Students received their course notebooks and readings, learned how the program works, were initiated into the world of electronic communication through



the FSMFN Bulletin Board, met with the Registrar, faculty and advisors, and were counseled by the Financial Officer. And that was only the beginning!

There was a barbecue provided by the Mary Breckinridge Hospital dietary staff, a reception at Wendover ... complete with local musicians, a welcoming dinner during which Deanna Severance, Kitty Ernst, and others spoke and I was surprised to be given the "key" to the city of Hyden by the Chamber of Commerce. Large group meetings were held in the Richard M. Nixon Recreational Center and breakfasts were taken at the Tim Lee Carter Senior Citizens Center. A final Sunday breakfast was held on the walking track in the center of Hyden.

Throughout the weekend students participated in small group activities that fostered the networking that will enable them to successfully complete their studies. Each student will now return to her own community, but will always feel a part of the larger community that was built in Hyden during Midwifery Bound.

Faculty have come away from Midwifery Bound with new energy and a sense of rededication to the ideals of their profession. As one new faculty member expressed it, "I now remember why I became a midwife twenty years ago."

A student commented "All the women...all these women! They are committed, strong, and I feel a sense of connectedness!"

Another said "I've known about FNS since I was a teenager and now I'm here 20 years later and this experience has rekindled that feeling of awe I had when I first learned about Mary Breckinridge."

We will never duplicate the "first-time" feeling of having over 100 nurse-midwives and students together in Hyden at once. It makes us humble and proud.

*-by Judith Treistman*



## Tia Casertano

### Past FNS Courier Begins Children's Home in Guatemala

Tia Casertano, like Mary Breckinridge, wanted to serve children and mothers and provide them with a chance for a decent life. But Tia's dream was to open a children's home that would not only address the needs of children, but also work with mothers who wanted to learn to take better care of their children and themselves. Project Quetzaltenango was just an idea five years ago, but is now a reality.

In the fall of 1984 Tia of Cheshire, CT spent two months with the Frontier Nursing Service as a courier. While here, she worked with expectant mothers and assisted the Home Health aides



Tia and Guatemalan children.

in patient's homes. At this point in Tia's life, she was in-between schools. She had graduated from Choate Rosemary Hall and decided to take two years off before going to college. It was during these two years that she spent some time in Bangladesh volunteering at an orphanage started by Sandra Simpson of Canada. "Then it was just sort of an idea of mine for a long time," she said. In 1987 she traveled to Central America and spent a summer in Guatemala. That is how she chose Guatemala as the location for her project. She made some friends from the school and they helped her fit in with the local people. "I traveled, studied, and made some connections. I spent six weeks in Quetzaltenango and decided that



that was where I wanted to stay.”

Tia and Aaron Pollack, co-founders of the home, spent much time researching and laying the groundwork for this project. The two met at Middletown YMCA Youthshelter where both were working with adolescent boys. In 1989 they started the official paperwork and fund raising to establish an orphanage in the city of Quetzaltenango. It took a year to get the required permits to operate the home and to be recognized as a social-service agency. Now the project is in full swing with about sixteen children, age 6 months - 9 years old.

Quetzaltenango is a small city located in the western, mountainous region about 120 miles from Guatemala City and has a population of about 100,000. The city lies on a plain amidst mountains at an elevation of 7,000 feet above sea level. The city is surrounded by numerous small villages primarily populated by indigenous people. The name given to the city by these people is Xelaju, meaning the place of 10 tribes. The name comes from the ten mountains around the city and the separate tribes who made their homes there, each on their own mountain. Quetzaltenango is named for the legendary Quetzal bird. The image of the Quetzal is seen on many embroidered and woven crafts produced by the people of Guatemala. The bird's long, colorful plumage and place in folklore have made it a fixture of the country's artistic work. The Quetzal is also the symbol of the country's independence. Even the currency of Guatemala takes its name from the bird, known as Quetzals.

All over the world there are children who are malnourished, illiterate, and homeless. In Guatemala, a country about the geographical size of Tennessee but with a population of 8.3 million, there are many broken families from which the children become silent victims. Up to 80 percent of the population is without housing, 75 percent over seven years of age are illiterate, and about 200,000 children in the country are orphaned or abandoned. About 85 out of every 1,000 babies die at birth and 82 percent of children under five years suffer malnutrition. Only 35 percent reach adulthood and 65 percent die before age 15.



Hogar Nuevos Horizontes (Place of New Beginnings), the name of the old house that became the children's shelter, is a place where children live communally and learn to play and work together. The house is a large one-floor building with five large bedrooms, a kitchen that opens onto a dining room, and two baths. It is in the center of Quetzaltenango. More than ensuring that the children receive adequate food, clothing, and shelter they previously lacked, the project is committed to giving them all the emotional and material support they need for full development. This includes a comprehensive medical evaluation and treatment upon arrival and regular care thereafter. There is a local doctor who runs a clinic in the city who visits the home twice a week to provide needed medical care. It also includes an evaluation of the child's educational needs and placement in whichever appropriate schools and extracurricular activities the project can afford. And finally, it includes giving back to the kids the fun of childhood, books, toys, trips to the zoo, and other activities.

While North American families tend to consist solely of the nuclear family and children are raised primarily by their individual parents, Guatemalan families are extended and children are often raised under the guidance of not only their parents but also grandparents, aunts, uncles, and other relatives. Still, within such a group of children there exists a strong sense of love and family identity. The primary factor in creating this sense of family unity is in creating a home where all members are loved and valued. The ties of blood are strong and cannot be ignored, but the unity of purpose and the survival of the home and its members also play an enormous role in the making of a family.

As is written in the Project's Operational Philosophy, Hogar Nuevos Horizontes attempts to function within the framework of the social norms and the culture of Guatemala. In research, discussion, and personal experiences, the governing body of the home found that for Guatemalans the strongest sense of permanence and stability centers around the home and the family and that outside of the home and family, few other support systems are recognized as viable or trustworthy. Just as in many Guatemalan homes, the Hogar Nuevos Horizontes "family" may



expand and primary care-givers may change over time, but the security and permanence will exist in the knowledge that it is "home" and through this, they will always have an "extended family member."

Tia's goal was to create a place for the children where they could grow and learn in a healthy environment, plus hold on to their traditional culture. "The idea is to keep the kids in their own communities and culture and give them opportunities they would not otherwise have had. They already have connections to people, relatives, and their village," Tia said. "The orphanage is their new home. It's pretty much like a family. It's a funny kind of family, big and loud."



Project Quetzaltenango children.

One thing that Tia really likes about Guatemala is the diversity of the people. "Half the population is of Mayan descent, which means that there is an ancient culture that is still alive, which is amazing. The Maya culture is very much alive in their dress, speech, and agriculture practices," she says. Many people speak in one of 22 Mayan dialects, as opposed to Spanish. In fact it was this high indigenous population that drew Tia to Guatemala. The Mayan roots run deep and the people haven't been as acculturated as in many developing countries.



The shelter children come in under many circumstances. Some have lost their parents; some may be taken from their families because of violence in the home; and some have mothers who just can't care for them.

Recently Tia began to reach out to women in the community. She helps them understand how to better care for their children and for themselves. She has also helped them find jobs in the area. In a recent letter, May 1, 1991, from Tia to Helen Peterle, the Project's treasurer and past FNS courier as well, she writes, "The plight of the single mom is about as bad as one can imagine. The majority of women with whom I have contact are widowed or abandoned. Their lives are a mess because of it. The history goes back to girlhood and socialization. Girls are taught to be girls - to play house and then grow up and stay in the house and have babies. There is nothing else. Hence, the female child grows up thinking and believing that unification or marriage is what it is about - her destiny."

"A very young woman, usually quite ignorant of her body and it's reproductive capabilities, falls madly in love with someone who treats her well enough for long enough to get a family going - 2 or 3 or 4 kids at least. One common reason for abandonment of women and children is the overwhelming responsibility. Most men don't make enough money to support a wife, let alone a family."

"Alcoholism is also common - to the extent of extreme domestic violence and complete financial ruin. Also common is the "other woman." Men feel completely justified in seeking out a younger, better, female to replace the first one(s) when the family scene loses appeal. What does the woman get? Nothing. If she's lucky, she has a 3rd-6th grade education. If not, she's illiterate. With no education and no experience outside the home her alternatives are such things as becoming a maid (but what does she do with her children if she has to live there) or selling things in the street or living off the family for as long as possible. If she has a mother she leaves the kids with her and tries to work 12-14 hours per day making Q80-120 per month (about \$15-25 per month). If there's no mother or willing family member, the woman is driven



to desperation. Sometimes she finds another man. Sometimes she leaves her kids alone for long periods of time so she can work. Sometimes she makes her kids work in order to pull their weight. Her situation is disastrous. She is in the majority of Guatemalan women. It is rare (I'd say never) that women join forces, work together, live together, share childcare, etc. It is never that a single woman would choose to parent singly or say that she prefers the solo route in raising her kids, even after much abuse from the man. It's just too hard to do alone."

In another recent letter, Tia describes some of the children at the shelter. Here are excerpts from it... "Jose had his 7 month birthday on May 3rd. He's adorable, but kind of goofy at times. He loves Gisela (staff member) so much. He only wants to be with her and gets mad if left alone. He insists on being with the group at meals, even if he's not eating. He now eats bananas, mashed potatoes, and vegetables, soup, rice, cereals for baby diets, milk (like big kids) and incaparina. He sits up in a high chair and looks around and plays with toys. He doesn't have much hair, but what he does have stands on end most of the time."

"Javier is three years old. I'm a little worried about him because he wets the bed sometimes, and cries in his sleep sometimes. During the day he asks a million questions about why, when, where, how things are going to happen. He's still pretty new here and adjusting but I think it's pretty hard on him. He doesn't go to school and spends his mornings with Alvaro and the babies. He has a limited vocabulary, even for a three year old, and he is really funny in his tone of voice. Everything ends in a question. But other than his rough nights he participates with the group. He plays mostly with Alvaro and Mario. He likes Legos, balls, trucks, and some books - as long as they're interesting and adventurous."

"Lidia is developing into quite a bossy little girl, always needs to be the center of attention or undermines the activity. She's excellent at manipulating the staff, telling lies to get them "in trouble" with me. She is also a great "hitter" - does it when no one is looking and then fabricates a story. She is a typical older sister, very hard on Yomara and Mario and blubbers all over



Sergio. In school, she's doing very well academically and she does homework easily and without much help and is learning to read somewhat. Socially she tries to behave similarly to her behavior here and it's not working so great. But overall she does understand what she's doing and tries to use other methods to get attention. This week we're going to work a lot on how to treat other people. She just started visits with her mother and that may be affecting her behavior."

Tia's perseverance and dedication to the children's home is reminiscent of Mary Breckinridge sixty-six years ago. To run the shelter for one year, she needed to raise about \$40,000. The money went toward clothing for the children, medical supplies and food. About \$25,000 of that was donated by private and business contributions from the U.S. According to Helen Peterle, it costs \$822 annually to provide for each child; \$600 for food, \$45 for clothing, \$20 for personal hygiene, \$100 for medical, and \$57 for school which includes supplies, uniforms and a \$27 fee. One of Tia's biggest concerns is the fear of losing money to needless paperwork and needless bureaucracy and people's salaries who don't have a lot of direct contact with the children. "Seventy-five percent of Project Quetzaltenango's budget is going directly toward serving children." Through the assistance of many volunteers the project has been able to minimize expenses. Another of Tia's goals was to train local Guatemalans to work at the orphanage. Currently they operate with about 10 Guatemalan staff. Tia would like to see the entire orphanage run by Guatemalans in the future.

Project Quetzaltenango is answering a great need for children and mothers in Guatemala. Tia's vision and spirit are touching many lives by creating open doors and bridges for women and children who had led very sheltered and lonely lives up until now. May the dream live on.

For further information about Project Quetzaltenango, write or call Helen Peterle, Treasurer, 116 Beaver Meadow Road, Haddam, CT 06438, (203) 345-2870.

*-by Catherine Croft*



### **An Interview with Dr. Anita Cornett and Gerontological Nurse Practitioner Terri Goheen**

Dr. Anita Cornett is an internist who came to work for the Frontier Nursing Service in October, 1990. Anita's parents and grandparents are natives of Leslie County. She is the first physician from Leslie County to return to the mountains of Leslie County to practice. Anita attended the University of Kentucky Medical School and the William Beaumont Hospital Residency Program. Anita knew stories from her childhood about the "Frontier Nurses", but she had not had the opportunity to work with nurse practitioners while in medical school or during her residency. This spring Dr. Cornett was named Chief of Staff for Mary Breckinridge Healthcare, Inc.

Gerontological Nurse Practitioner Terri Goheen came to work for the Frontier Nursing Service May 15, 1991. Terri is from Ashland, Kentucky. Her mother is a nurse, and she helped move Terri into her new living quarters at "Aunt Hattie's Barn" on Hospital Hill. It was my pleasure to have dinner with Terri and her mother at that time. Terri's mother had long heard of Mary Breckinridge and the Frontier Nurses. Terri graduated from Vanderbilt University's Gerontological Nurse Practitioner Program. Terri's Bachelor of Arts Degree was in psychology. This is Terri's first job since graduating!

I have been very impressed with both these women, and I knew of Dr. Cornett's interest and concern for the elderly. As I interviewed Terri in the winter of 1990, I was struck with the idea of getting Anita and Terri together in a collegial elderly practice. Six weeks after Terri had begun employment, I decided to find out how things were going. The following interview tells the story!

**Mrs. Severance:** "When I approached each of you about this collaborative practice, what was your initial reaction?"

**Dr. Anita Cornett:** "When you first approached me with this idea, I wondered how it would be to work hand in hand with a nurse practitioner. Since coming to the Frontier Nursing Service I have been consulting with all the family nurse practitioners, but I had never had the opportunity to work side by side in a collegial



practice. I know that I am very particular about having things done "my way". How would the nurse practitioner feel about this personality trait? On the other hand, I knew the patient load was increasing every day. I needed help!"

**GNP Terri Goheen:** "From the outset I was excited about coming to Frontier Nursing Service. I knew there were other family nurse practitioners at FNS. Remember, I am a new RN as



Dr. Anita Cornett and Terri Goheen, GNP

well as a new nurse practitioner. I felt I had a lot to learn all the way around. There would be colleagues at FNS to teach me and to be supportive of me. That helped my level of insecurity which occurs when starting any new job!"

**Mrs. Severance:** "You are now six weeks into the practice. How are things going?"

**Dr. Anita Cornett:** "I tell Terri every day that I do not know how I practiced without her! It has been wonderful. Implementing this practice with Terri has gone so smoothly. My patients love her! I was worried about that. Since beginning my practice at FNS in October of 1990, many of the patients have become very attached to me and I to them. I have a relationship with them. I wondered how they would feel about being seen by Terri rather than me. Terri treats them just the way I do! She is warm, humorous, and competent. They love her!"

**Mrs. Severance:** "Describe the initial implementation of the practice."

**Dr. Anita Cornett:** "Terri and I make rounds together in the morning. If we have many patients, then we split hospital rounds



according to acuity. If we have few patients, we see them together. In the clinic, we just split them up. After Terri sees patients, we go over the plan of care. This gives me more time to do consults with the emergency room nurse practitioners and the other nurse practitioners, and it allows me to spend more time with my patients who need an internist."

**GNP Terri Goheen:** "Anita and I stay busy! The health problems of the people we serve here are interesting. The pathology is incredible. I have seen diseases that I had only read about in textbooks."

**Dr. Anita Cornett:** "On Wednesdays Terri goes to the Hyden Manor Nursing Home and rounds on our patients. I read EKGs and Holters at the clinic and then meet Terri at the nursing home after she has completed rounds. We discuss the 15 or so patients, and then Terri makes home visits."

**GNP Terri Goheen:** "I started a reminiscence group for the nursing home patients. Last week we talked about our first loves. We have talked about the square dances that once were held at Wendover and how we got our names. This is very therapeutic for older patients who are mentally alert and in the nursing home for physical health reasons. Their long term memory is very sharp, and reminiscing increases self-esteem by reliving times when one was physically stronger."

**Mrs. Severance:** "Where do you go from here?"

**Dr. Anita Cornett:** "By August, Terri's initial orientation will have ended, and she will have her own appointments and caseload. We are currently organizing our 'new' schedule. Terri will arrive at the clinic early and begin diabetes work ups. I will round on my acute care patients in the hospital. Additionally, I am working with the Area Health Education Center of the University of Kentucky in Hazard and have medical students rotating with me in two week blocks. I love teaching. Terri frees me to do this."

**GNP Terri Goheen:** "I have received only positive reinforcement from Anita. She is a wonderful physician and a wonderful friend, very approachable. She likes to teach, and I greatly benefit



from this. Her teaching makes me want to go home and learn more!”

In Wide Neighborhoods Mary Breckinridge wrote: “In a service designed, like ours, for a remotely rural area, the hospital and medical director are like the palm of a hand from which fingers radiate in several directions. It is possible, under this system, for a hardy physician to be responsible for the medical needs of some nine thousand people annually, many of whom he does not meet, whereas he could serve little more than a five-mile radius without his nurse-midwives.” Education has changed. Terri is a gerontological nurse practitioner. The roads are better, and Dr. Cornett can see people from more than a five-mile radius. The end result is the same...caring, committed, challenging and cost-effective care! Mary Breckinridge would be proud!

-by Deanna Severance



### Severance Recognized in the Baylor Line

Director and CEO of the Frontier Nursing Service, Deanna Severance was recognized in the July/August issue of the Baylor Line, the Alumni magazine for Baylor University. The article recounted the history of the Frontier Nursing Service and Mary Breckinridge and the current work of the service under the direction of Deanna Severance. To quote from the article entitled, “Mountain Medicine” by Judy Henderson Prather, “The move to Frontier Nursing Service was a bold one for Severance, who had previously served as the manager of maternal-child health for the City of Dallas and director of maternal, child, and family health for the Missouri Department of Health. Though much of her work had been done with mothers and children... she and her husband, Carl, were used to a more urban lifestyle than that offered by Wendover, Kentucky. But the move has been a rewarding one: Carl is enjoying his ‘mountain’ veterinary practice, their daughter Sarah has found that she loves small-town life, and Deanna is enjoying the challenges of rural health care.” As Deanna puts it so eloquently, “FNS is not a job; it’s a way of life.”



### **Wendover Big House is Designated National Historical Landmark**

On July 7, 1991 the Secretary of the Interior designated the historic home of Mary Breckinridge, the Wendover Big House, a National Historical Landmark. This is part of a project sponsored by the National Parks Service honoring the work of famous women, like Mary Breckinridge.

Mary Breckinridge established the Frontier Nursing Service in 1925, as a decentralized rural health care demonstration nestled in the foothills of Leslie County. She began the service in memory of her two children, Polly and Breckie, who died at early ages due to a lack of available health care. Mrs. Breckinridge introduced the concept of nurse-midwives to the United States as an alternative provider for delivering accessible, quality, rural health care. She initially recruited midwives from England to work at FNS and sent American nurses abroad to be trained. In the late 30's, when England entered World War II, the English midwives asked to be released to attend to their homeland. It was then that Mary Breckinridge opened the Frontier School of Nurse-Midwifery. Today, the Frontier Nursing Service operates the 40 bed Mary Breckinridge Hospital, four outpost clinics, Kate Ireland Women's Health Care Center, Home Health Agency, and the Frontier School of Midwifery and Family Nursing.

Mary Breckinridge lived in the Big House for 40 years, until her death in 1965. The Big House was built in 1925 by local craftsmen. It is a big, beautiful two-story log home located at the corporate headquarters of the FNS. The Big House was one of 13 applications approved out of 23 nominations to be named a National Historical Landmark. The others were deferred or turned down. The Frontier Nursing Service is proud and pleased of this decision by the Secretary of the Interior because it will ensure the preservation of the structure as well as draw many visitors. A Dedication Ceremony is being planned for late fall when the official plaque is received.

*-by Catherine Croft*



### Local Spotlight: Elizabeth Burns of Bullskin Quilter and Storyteller

Elizabeth Burns is quite a character for a seventy-year old lady. I spent an afternoon with Lizzie in her log home up Bullskin, near Oneida, Kentucky. She has been living here since 1987, but has lived in the area all her life. When I walked into Elizabeth's home, the smell of fried apples and biscuits hit me with full force. She had made lunch for us, enough to feed an army, cooked carrots and celery, tuna salad, hominy, fried apples, biscuits with molasses, and raisin, walnut cake for dessert. I could barely budge after such a feast. After about an hour I noticed that I had finished eating awhile ago, but Elizabeth still had a plate full of food. She was so busy telling me stories that she didn't have time to eat. Elizabeth told me some wonderful adventure stories of her experiences when she used to help the Frontier Nursing Service nurses at the Brutus Clinic.



"You put me on a horse, and I'm in paradise," she beamed. Elizabeth Burns piecing a quilt.

"I remember when this young feller was born," she said to me pointing to a photograph of a young boy. "His family is Mennonite and when his momma was about ready to have him, I couldn't reach the nurse-midwives. It turned out that they had gone to the Beech Fork Clinic for a Going-Away Party. Well the mother labored and delivered without any assistance. I just stood there and made sure the cord was not wrapped around the baby's neck. Then I wrapped the newborn up in a blanket and laid him at his mother feet, because the cord was still attached. That little baby just sat there and tickled his momma's feet. He was the cutest thing. I then began to worry that something would need to be done about that cord. So I called one of the Granny Midwives I knew and asked her what to do. She said to get a piece of cloth and tie



it tightly around the cord and then to cut the cord off. I gasped and told her that that wasn't going to happen. I just couldn't do something like that. She then asked if the baby was breathing all right and if there was any bleeding. When I told her everything looked to be in good shape, she said to leave the baby and mother as they were until the nurses got back. And so I did and the mother and baby were just fine."

The entire day I spent with Elizabeth was filled with stories. I couldn't believe all that she had seen and done in her lifetime and I'm amazed at how spry and active she still is. Elizabeth lives alone now that her husband passed away and is quite self-sufficient. When we finally got down to looking at her quilts, I was amazed to see how many projects she was working on. Not only was she busy quilting a full size quilt, but had a couple of baby quilts, pillows, and wall hangings in the final stages. Inside a large cedar chest in her room, we found half a dozen quilted pillows, 3 or 4 baby quilts, 1 full size quilt, a number of wall hangings, and many quilt patches, just needing to be sewn together and then quilted. She showed me some of her favorite patterns from the Wagon Wheel to the Double Wedding Ring. Her quilts were beautiful and full of wonderful and intricate detail.

After a while we pulled off our shoes to cool our feet on the smooth cement floor and sat down in a couple of old rocking chairs in front of the door. A small breeze wafted over us as she continued with more stories and began working on a patch for one of her baby quilts. Her worn, wrinkled hands moved deftly and gracefully. To watch Elizabeth quilt is something else. She works so fast and meticulously, and will rip out anything that doesn't quite look right. Elizabeth is truly a skilled craftswoman. She is also a wonderful companion. The day I spent with her was a day full of stories, laughter, good food, and great company. I just can't wait until next week when we are going for a hayride on her nephew's horse-drawn wagon!

*-by Catherine Croft*



### FNS Welcomes David Southern, New Chief Operating Officer

FNS is pleased to introduce David Southern as the organization's new Chief Operating Officer. Dave discovered FNS through Deanna Severance. They had worked together for the Missouri Department of Health. "Last October I received a call from Deanna saying, 'Have I got a deal for you!' Needless to say I was intrigued



and I paid a visit in November. When I first arrived, I felt that I had stepped into another world. I just wasn't used to seeing as much poverty as I did. A week later after having my arms twisted, I decided to take the job." Three weeks prior to Deanna's call, David had just accepted a position as Director of Reapportionment for the Majority Caucus for the Missouri State Senate. "It was a temporary appointment that would finish in June and so I agreed to work part time for FNS from January until July. Then I began fulltime work here."

As the Chief Operating Officer, David is responsible for the day-to-day operations of the organization. Dave is able to relieve Deanna Severance, the Chief Executive Officer, of the day-to-day work, so she can concentrate on the state and national healthcare issues, as well as meet with donors, etc. As FNS National Chairman, Kate Ireland puts it, "Deanna is our visionary leader."

David is excited about the work FNS is doing. "We're really doing something different as far as healthcare goes!" He is also eager to work again with Deanna. "When we worked in Missouri, we worked well as a team. I trust her judgement and she trusts mine. We are a kind of dynamic duo. I think it is important to work as a team." Dave remembers his work on other Boards. "They were very fractious and competitive. When I attended the FNS Board Meeting in December, I found a group of people working harmoniously together, trying to do the right thing."



As Chief Operating Officer, Dave's goal is to help inter-mix the various parts of the organization. "FNS with all the different corporations make it a real challenge. My goal is to formalize things in the organization and to get people used to the fact that we aren't a small organization. We need to be a business while keeping the mission and spirit of Mary Breckinridge alive. There are three major sections of this organization: the healthcare business, the academic institution, and the philosophical mission. My job is to try and mesh all three of these and to get the parts to work cohesively as a team. We have and will continue to serve as many people as we possibly can."

David obtained his B.S. at Columbia College with a degree in Business Administration. He then earned his M.B.A. at Lincoln University in Business Administration. From 1981-1988 he worked as a Budget Research Analyst for the Missouri Senate Appropriations Committee Staff. He then worked for the Missouri Department of Health as a Designated Principal Assistant in 1988. In 1989 he served as the Associate Executive Director to the Missouri State Board of Registration For the Healing Arts.

FNS is excited to welcome Dave and we look forward to getting to know him better.

*-by Catherine Croft*



### **Mrs. Jefferson Patterson Visits FNS**

The Frontier Nursing Service was thrilled to welcome Mrs. Jefferson Patterson June 24th - June 27th, 1991. Mrs. Patterson, cousin of Mary Breckinridge, was the first FNS courier, and film-maker of the *Forgotten Frontier*. Traveling with Mrs. Patterson was her niece and 1956 courier, Isabella Dubow. During their stay, they toured the Beech Fork Clinic and the Hospital where they met Charlie Wilson and learned of recent changes. They also spent time visiting Dr. Judith Treistman at the Frontier School of Midwifery. Mrs. Patterson was interviewed by Ginger Cain for a film she is currently doing to chronicle the current history of the school as it happens. Mrs. Dubow joined Home Health nurses on rounds to visit patients. A special dinner was held in their honor Wednesday, June 26th, at the Big House.



### FNS Welcomes International Visitors

On June 30th, the Frontier Nursing Service was pleased to welcome Dr. Gendengiin Purevsuren of Ulaanbaatar, Mongolia and his interpreter, Mr. Alexey Ivanchukov. Dr. Purevsuren works as the Medical Officer responsible for gynecological and obstetric services for the Ministry of Health in Ulaanbaatar. In Mongolia he is a well-known medical specialist and his trip to the United States was fulfilling his wish to learn about the structure of health care services in urban and rural settings in the United States. His focus included maternity health care, the use of microsurgery, care of infants from birth to 1 year of age, cause and prevention of mortality in expectant mothers, methods of diagnosing and treating infertility, care of mentally retarded children, and family planning/consultation services. The knowledge that he gained from his travels will be shared with his colleagues at home.

Mr. Alexey Ivanchukov, the interpreter, also has quite an interesting background. He is Kalmyk-Mongol, born in Bulgaria, sought refuge in Germany in 1944, and then came to the U.S. in 1951. He was naturalized in 1954 and graduated from the University of Washington in Seattle with a degree in Far Eastern and Slavic Studies with emphasis on Mongolian. He now lives in Arlington, Virginia. Mr. Ivanchukov is fluent in eight different languages, Kalmyk-Mongolian, Russian, Bulgarian, Serbo-Croatian, German, Japanese, Khalkha-Mongolian, and English. He said that Kalmyks were the last group of Western Mongols to come into Russia proper in the 17th century and that they still live in the Southern European part of the Soviet Union. His parents left Russia during the Revolution and settled in Bulgaria.

Dr. Purevsuren and Mr. Ivanchukov stayed at Wendover for three days touring the hospital, the Frontier School, Wendover, Community Health Center, and the Kate Ireland Women's HealthCare Center where they chatted with nurse-midwife, Betsy MacMillan. During their stay, a gala dinner was held for them at Wendover. In attendance was Dr. Judith Treistman, Director of the Frontier School, who has also been to Mongolia.

Because Mongolia has rather limited technology in terms



of medical facilities and equipment, Dr. Purevsuren was very surprised to see the amount of technology at FNS, even though we remain quite rural. During the tour of the FNS facilities, Mr. Ivanchukov often had to explain and clarify to Dr. Purevsuren the differences in the Mongolian health care system and that of FNS. Because Dr. Purevsuren has known only one kind of health care model, FNS was quite a surprise for him. At times Dr. Purevsuren seemed a bit overwhelmed by the magnitude of it all.

The following historical sketch of Mongolia, as provided by the Visitor Program Service of Meridian House, a private, non-profit organization that arranges professional programs and travel in the United States for foreign visitors, gives some interesting and important information about Mongolia.

Outer Mongolia was a Chinese province from 1691 to 1911, an autonomous state under Russian protection from 1912 to 1919 and again a Chinese province from 1919 to 1921. A Provisional People's Government signed a treaty with Soviet Russia in 1921 annulling all previous unequal treaties and establishing friendly relations. On November 26, 1924, the Government proclaimed the country independent. China recognized its independence in 1946 and a Sino-Soviet treaty in 1950 guaranteed its right to independence. The United States established diplomatic relations with the Mongolian People's Republic in 1987 and the Chinese signed a border treaty with Mongolia in 1988.

Dr. Purevsuren was in the middle of a month-long tour of the United States, visiting a variety of different medical facilities, from Washington D.C. to Seattle, Washington. During his visit to FNS, he learned a great deal about rural America and the Frontier Nursing Service. We at FNS learned a great deal about Mongolia, in return. It was a wonderful cultural exchange and we hope he will be able to make another visit in the future.

*-by Catherine Croft*



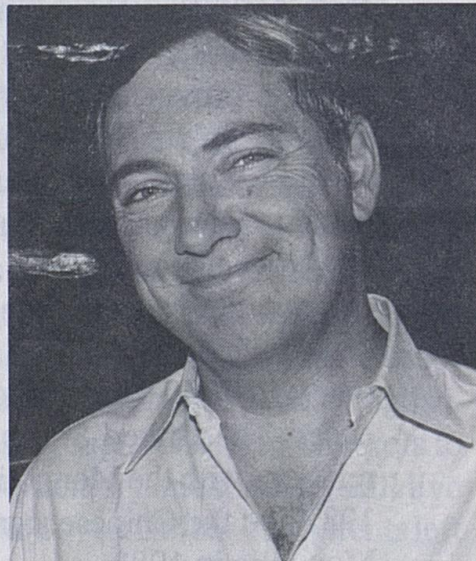
## Meet the Board of Governors

*The FNS Board of Governors is responsible for establishing the policies by which FNS is governed, as well as approving the annual budget and overseeing expenditures. Each member of the board brings unique gifts and a personal history of involvement with FNS to his or her position of leadership; and each has a key role to play in the governance of the Service. This is another in our series of profiles on the members of the Board of Governors.*

Deanna Severance, Director and CEO of FNS, Inc., says of Ken Tuggle, "Ken is a very important person to the Frontier Nursing Service. He is the one who tries to keep us out of trouble, and bails us out when we need help."

Since 1973, Ken has served Frontier Nursing Service as an attorney. He is a partner in Brown, Todd, and Heyburn of Louisville, Kentucky. In fact it was Henry Heyburn, a retired partner who served on the FNS Board for 22 years, who introduced Ken to FNS. "I believe that FNS has one of the most worthy missions and the most exciting potential future of any organization with which I've ever been involved. It has the possibility of providing a model of rural health care and midwifery education for the rest of the United States and even the world!"

Ken has served on the FNS Board since 1978 and says that the board work is invigorating. "The FNS Board attracts dedi-





cated, talented people. Over the years I've been astounded and grateful that we've had those kinds of people to advise us. Since Deanna Severance came to FNS, the organization has moved from complacency with the status quo to a challenging and dynamic role. She attracts strong leaders to make FNS the most it can be." Ken is also quite active on other boards - the Louisville Advanced Technology Council, AfterImages Repertory Dance Company, and the Kentuckiana Chapter of the Construction Financial Management Association. He is completing a year as president of Citizens of Better Judges.

Ken earned his B.A. in Political Science from Yale in 1962 and his Juris Doctorate from George Washington University Law School in 1968. After finishing law school, he worked for a federal judge in Louisville for a year and then as an Assistant U.S. attorney for three years. Finally he began working for Brown, Todd, and Heyburn, where he's been ever since. Aside from a busy work schedule, Ken likes to spend his free time working on the family farm in Shelby County. "It's a place where I go to ride tractors, do real work, and talk to natural people." Ken is also involved with the men's movement, a nationwide surge of interest in developing maximum mature, masculine potential, or "man-play", as he calls it.

Ken isn't the only member of his family involved with FNS. His step-son, Jack, was a courier last winter. "Jack really enjoyed his stay and I believe he had a very positive experience." Ken has another step-son, Ed, who is a Junior at Cornell University and a daughter, Maggie, who attends St. Francis High School in Louisville. Ken's wife Cathy, is an artist. "In fact it was during a visit to FNS for a Board meeting in 1974, that Cathy and I first announced our plans to marry. It must have been Wendover's romantic setting."

FNS wants to thank Ken for his years of dedication and hard work.

*-by Catherine Croft*



## Beyond the Mountains

### In Memoriam

#### Dwayne Walker

It is with much sadness that we report the passing of Dwayne D. Walker of Hyden, Kentucky on August 28th. Mr. Walker was the owner and operator of the Dwayne Walker Funeral Home in Hyden. He also dedicated many hours to Mary Breckinridge and the Frontier Nursing Service. He shall be missed greatly.

As this Quarterly Bulletin was going to press, I spoke with Cathy Croft regarding the size to which the Bulletin has grown. It seems our work beyond and within the mountains also grows, and we are anxious to share that with you, our supporters and friends. Because of space, I have tried to encapsulate "The Summer's News Beyond the Mountains!"

It was my pleasure to join Dr. Judith Treistman and other members of the Frontier School of Midwifery and Family Nursing faculty for a FNS reception in Minneapolis at the American College of Nurse-Midwifery Convention on May 14. Madam



Dr. Ruth Lubic, Mme. Margaret Brain & Mrs. Severance  
Margaret Brain, President of the Royal College of Nurse Midwives in London, England was our special guest at the reception.



Because the Frontier School has one of two precertification courses for foreign trained nurse midwives, our ties with the United Kingdom continue to be very important!

The Philadelphia Committee's "A Summer Fete" at Ganayden, the home of Mr. and Mrs. Joseph C. Kohn exceeded all previous Philadelphia Committee functions in recent memory. I wish to personally thank the following Committee members for their hard work which resulted in this beautiful party: Mrs. John H. Hodge; Miss Kip Kelso Boden; Mrs. Thorn Brehmer; Mrs. Nicholas Chimicles; Mrs. James M. Cohen, Jr.; Mrs. David H. W. Dohan; Mrs. Spencer Ervin; Mrs. Robert S. Gawthrop, Jr.; Mrs. William R. Hagner; Mrs. John G. Harkins, Jr.; Mrs. William J. Helm, Jr.; Mrs. Edward B. Hodge; Mrs. J. Cranston Hodupp; Mrs. E. Norton Hunt; Mrs. George B. Kneass; Mrs. Joseph C. Kohn; Mrs. Suzanne K. Lammers; Mrs. Walter McFarland, III; Mrs. E. Townsend Moore; Mrs. Joseph P. Moore, III; Mrs. Robert Ross; Mrs. Daniel F. Russell; Mrs. John Sommer; Mrs. Ernest R. von Starck; and Mrs. Robert Arnold.

June 7, found me driving to the American Lung Association of Kentucky Board of Directors meeting at Lake Cumberland with Amy and Regina Morgan, age 14 years; and Cindall Feltner, age 14 years. Amy, Regina, (twin daughters of Mr. and Mrs. Jerry Morgan of Wild Branch, Kentucky) and Cindall (daughter of Ms. Tina Napier-Cox of Hyden, Kentucky) are friends of my daughter Sarah. We had planned this trip for some time. When at the last minute Sarah's plans were changed, I asked these lovely young women if they would care to go along with "just the mom". I received a resounding "Yes!" Friday evening, after my Board meetings were ended, the girls and I took a leisurely dinner boat cruise aboard the Jamestown Queen. This was a new experience for the girls. A wonderful time was had by all!

Miss Kate Ireland and I attended the Frontier Nursing Service Bluegrass Luncheon at the home of Mr. and Mrs. Laban P. Jackson, Jr. on June 11. Both Miss Ireland and I had the opportunity to update our Kentucky friends and supporters of the work ongoing in the mountains. The weather was lovely and an



assortment of Kentucky crafts were displayed by the pool. Luncheon was served in the sun room with more than 70 persons attending!

Mr. W. F. Brashear II (Fred) and I attended the Lexington Rotary Club Luncheon on June 20. Mr. Brashear was the guest speaker. His father, Mr. W. F. Brashear, Sr., was a member of the FNS Board of Governor's. Mr. Fred Brashear, II is also a member of the FNS Board of Governor's as well as Chairman of Mary Breckinridge Healthcare, Inc., but most importantly Mrs. Fred Brashear (Rhonda) delivered both of her children in Hyden with a midwife attending the births. Mr. Brashear gave an impassioned speech about the history of his involvement with the Frontier Nursing Service and the reasons for his continued support. Many, many thanks to Mr. Richard Hewlett, President of the Lexington Rotary Club, for inviting us!

The Board of Governors met in Lexington at the First Security Bank on June 21. The meeting was chaired by Miss Jane Leigh Powell. Mrs. Kate Sedgwick, Chairperson of the Washington Committee, attended this Board meeting as a new member. Productive and very important discussions and decisions were made regarding software conversion, billing issues at Mary Breckinridge Healthcare, Inc., implementation of the new software package for the home health agency, malpractice insurance coverage, and the annual audit.

Mrs. Jefferson Patterson and her niece Mrs. Isabella Dubow spent June 24 to June 27 at Wendover. Specifics of that visit are written about elsewhere in this Bulletin. Suffice it to say that Mrs. Patterson and Mrs. Dubow are very special. When I was with them I felt the power of "Breckinridge Spirit" rekindled! I must admit one of my favorite parts of their visit was the two hours spent with Mrs. Patterson and Mrs. Dubow reminiscing and planning for the future while driving to Lexington! I was fortunate to be invited to a party at the Lexington home of Mr. Paul Willis, Director of the University of Kentucky Library, on Thursday, June 27. The party, honoring Mrs. Patterson, was attended by many Kentucky members of the Breckinridge clan. How surprised I was



to see Mrs. Charles Heinle (Carlyle Carter), Boston Committee, at this Lexington Party. Carlyle's parents are Mr. and Mrs. Joseph C. Carter of Versailles, Kentucky.

The first day of August was spent traveling to Lexington and Louisville to discuss issues with Board of Governor's members Mr. R. B. Campbell, Dean of the College of Law at the University of Kentucky; Mr. John Foley, Assistant Vice President and Trust Officer at the First Security Bank and Trust Company; Mr. Bob Nichols, Senior Vice-President of the Commonwealth Group; and Mr. Kenneth Tuggle, attorney at the Brown, Todd, and Heyburn Law Firm. I thank each of you for the time given to review upcoming agenda items. A meeting of the Executive Finance Committee followed in Lexington August 8.

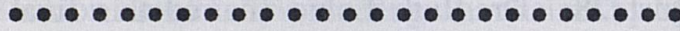
A final meeting of the Community-Based Nurse Midwifery Education Council was held in Cleveland at the Frances Payne Bolton School of Nursing at Case Western Reserve University August 28. Dr. Ruth Lubic chaired this final meeting. Attending were Dr. Joyce Fitzpatrick, Dean of the Frances Payne Bolton School of Nursing; Dr. Claire Andrews, Chairman of the Department of Community Health Nursing at the Frances Payne Bolton School of Nursing; Dr. Ruth Lubic, Director of Maternity Center Association in New York; Eunice (Kitty) Ernest, Mary Breckinridge Chair Elect and visionary dreamer/implementor of the first CNEP class; Dr. Judith Treistman, President of Frontier Nursing Health and Education, Inc., and I as the Director of FNS. The history of the CNEP Council is fascinating. Dr. Fitzpatrick approached Miss Kate Ireland in the early 1980s to discuss founding the Kate Hannah Harvey Visiting Professorship and to seek Miss Ireland's assistance in providing information to influential members in the Cleveland Community about the implementation of the midwifery education program at the Frances Payne Bolton School of Nursing. During this same time period, Mrs. Ernst (then director of the National Association of Birthing Centers), Dr. Lubic, and Dr. Ruth Beeman (Dean of the Frontier School of Midwifery and Family Nursing at that time) had been meeting to discuss the role of birth centers in the United States and the fact that there were insignificant numbers of nurse-midwives



to staff birth centers. Miss Ireland knew of this and paved the way for the introduction of Dr. Fitzpatrick and Dr. Beeman. The rest is history!

I want to extend thanks to all the wonderful old and new FNS staff who have worked long hours this summer to meet the numerous guests we have received at Wendover from beyond and within the mountains! Susie, your great grandmother's silver tea service probably belongs in a museum. Thank you for lending its elegance to Wendover teas. Cassie, Marilyn, and Christine the meals were wonderful! J. G. and Robert the grounds have been the most beautiful in memory! Clark, Dave, and Ray you are wonderful hosts, even when I insist on gentlemen wearing neckties in the summer! Virginia, keep pointed me in the right direction!

-by Deanna Severance



### Sayings of the Children

My husband, Dr. Carl Severance, was working late one evening when James Allen Cox, age 5 years, knocked on the veterinary office door. "Doctor, we have a problem," he said gravely as Carl opened the door. "What is the problem James?" asked Carl mentally smiling at the serious adult tone of voice in which James was speaking. "Erica won't give me any sticks." Erica is James' six year old sister. "She said she needed them to start her store." "Why James," Carl said, "If Erica is starting a store then you must buy the sticks from her." With a woeful look James explained he had no money. Carl reached into his pocket and gave James some imaginary money. James ran gaily back to Erica who happily sold him the wonderful sticks! Let the little children remind me that sharing a problem with someone can bring the most satisfactory solution!

James and Erica are the children of Ms. Tina Napier-Cox of Hyden, Kentucky.



### Notes from the School

In cooperation with the Department of Media Arts of the University of Arizona, the FSMFN has embarked on a unique project of historical video documentation. Independent producer Ginger Cain came to Hyden to spend three months with us this summer. Ginger is a graduate of the University of Arizona, where she received a Bachelor's Degree in Fine Arts in anthropological film. The project has a twofold aim, taking a historical look at the current educational programs of the School in the context of the mission of the Frontier Nursing Service and developing a straightforward instructional videotape for promotion and recruitment. The video incorporates historical film clips and archival material into the story of present-day expansion of our educational programs. It will interweave the tradition of FNS with the innovation of the Community-Based Nurse-Midwifery Education Program (CNEP).

During the summer, Ginger seemed to be everywhere! Her camera became as familiar to us as her cheerful voice and laughter. Students and staff became accustomed to being "under the lights" and quickly learned to ignore the lens. Ginger

could be found in downtown Hyden, taping street-traffic, at special Wendover "teas", at the Chamber of Commerce meeting, in the classroom, at Sherman Wooton's fish fry; she followed



Ginger Cain



couriers on their rounds, observed a birth at Mary Breckinridge Hospital, taped the UPS delivery van bringing books and supplies to the school. The day Ginger set up her tripod and camera to shoot the office fax-machine as it delivered last-minute student applications and interview, I knew that technology had truly come to the mountains!

The concept of treating the present as part of history is very important to us at the FSMFN. It is the way we think of ourselves, and the image that we project to the rest of the "world". The role of FNS and the School of Nurse-Midwifery has been both innovative and historical as the programs developed here in Hyden have become models for practice and education elsewhere. The Community-Based Nurse-Midwifery Education Program is especially significant, since the model is reaching into urban, inner city areas, as well as isolated rural communities, and will eventually become international in scope.

Ginger Cain has returned to Tucson, where she will script and edit the videotape, working with Executive Producer Peter Treistman at the University of Arizona. She is already thinking about the "BIG ONE", a full-scale broadcast-quality video that brings the entire story to a much larger audience. We will be looking for money to support this production in the next several months. There is no doubt that the story must be told, and that Ginger is the one to do it; after all, she taught us video etiquette and media savvy, and now we want to practice!

-by Judith Treistman

Board of Governors Member  
Mr. Henry R. Heyburn Dies

Henry R. Heyburn, member of the FNS Board of Governors from 1966 until 1978, and an Honorary Member until his death, died October 3, 1991. His mother, Martha Rueter Heyburn, died 3 1/2 hours later. This sad news came just as the *Quarterly Bulletin* was going to press. A feature article will appear in the next *Bulletin*. Mr. Heyburn and his mother were long time friends and supporters of the Frontier Nursing Service. They shall both be greatly missed.



### Field Notes

As the spring turned to summer Wendover played host to a number of groups, met wonderful new people from world wide and renewed old friendships. Regionally, the following schools of nursing toured FNS: Somerset, Virginia Highlands, and the University of Louisville. In June, 10 students visited through the University of Kentucky (UK) Office of International Affairs. In July Dr. Purevsuren of Mongolia and interpreter Alexey Ivanchukov arrived for two days. August brought us six professionals from Bogota, Columbia through the UK College of Allied Health. Robinson Kahuthu, Nyeri District of Kenya, spent ten days with us. He is currently working towards a Masters degree in Public Health at Boston University. Having studied urban health, he was delighted to discover our system with practical ideas to take home. The Reverend Ed Morgan and eight of his parishioners from Fergus Falls, Minnesota spent five days cleaning, sorting, gardening, hauling, and organizing the goat purchase! All of Wendover was lifted by their goodness and spirit.

Meanwhile the Old Timers held their annual dinner at the end of May. Cassie performed her usual miracles in the kitchen ending the meal with an incredible Black Bottom Pie, and the evening was filled with lots of stories and reminiscing. With their contributions Wendover was able to purchase a radial arm saw and we will furnish the kitchen with new countertops.

We have been able to accomplish a lot of outside work over the course of the summer. The slip was fixed and seeded, and the walk into the Big House was lifted, reset, and cemented. The re-roofing of the Pebble Workshop has been started and we continue to rebuild the retaining walls.

Finally, the best news of all is that the goat, Sassafra, is doing an outstanding job on the kudzu. It appears she loves that wretched vine and is consuming six square feet every two days! She is not only keeping it in check but is clearing it out.

-by *Susie Hudgins*



### Courier News

This summer brought to us another great group of dedicated couriers, three nursing volunteers and a special education teacher. Many hours were given to the G.E.D. Adult Program, individual tutoring, and at the Hyden Elementary Summer School. As the school year gets underway, the couriers have been asked to help at the Stinnett and Beech Fork schools and with the music and art programs at Hyden.

**Molly Breckinridge** (89) dropped a card to say she has completed her first year at Yale University, "loving it and struggling through the pre-med requirements with hopes of entering the health care field."

**Mary Dickerson** (90) received her Masters degree in Physical Education from Eastern Kentucky University in June. Her family was east from California for the occasion and Mary brought them by for a quick visit.

**Lisa Doherty** (90) came in over night with two friends to see how everything was. She couldn't believe the progress that has been made to the grounds recently. Lisa and crew were headed to the southwest for the summer and she expects to return to the University of Massachusetts in the fall.

**Corny Howland** (91) and **Flora Jewell** (91) spent two nights while on their way from Colorado with a carload of Flora's belongings. She headed to college at Green Mountain in Vermont and Corny will enter Harvard.

**Fred Jordan** (90-91) keeps in touch every so often. He spent the summer herding little boys at a summer camp in Brevard, NC and will enter college this fall. He hopes to be able to come back to help with the Board Meeting in September.

*-by Susie Hudgins*



**IN MEMORIAM**

*These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.*

Georgia Blazer Norris  
Scottsdale, Arizona

Mrs. Norris was the first female trustee of the University of Kentucky and wife of the founder of Ashland Oil. She was a loyal FNS supporter for many years.

Amy W. S. Putnam  
Wayland, Massachusetts

Mrs. Putnam took part in the founding of the Student Conservation Association and served as an FNS courier in 1956.

Maude Fortney  
Hyden, Kentucky

Mrs. Fortney was the mother-in-law of FNS Trustee, Joyce J. Fortney (Mrs. Preston Fortney, Jr.) and Diana Fortney, our Respiratory Therapist at MBH. Maude was also a member of the hospital ladies auxiliary.

**MEMORIAL GIFTS**

We wish to express our deep appreciation to these friends who have shown their love and respect for the individuals named below by making supporting contributions, in their memory, to the work of the Frontier Nursing Service:

**Alice Whitman Memorial**

**Library Fund**

- Mr. and Mrs. Milton Lehman
- Ms. Kathryn Heimerdinger
- Ms. Judith E. Beckett
- Ms. Barbara A. Dunphy
- Mr. and Mrs. Gary J. Krech
- Mr. and Mrs. William Brennan
- Ms. Jean Van Beek
- Susan and Randall Bowling
- Ms. Rhonda M. Johnson

- Ms. Ida S. Laserson
- Ms. Marcia L. S. McDonald
- Miss Addie E. Hamilton
- Miss Mary M. Malone
- Miss Margaret D. Bartel
- Ms. Debra J. Pluim
- Kennebec Women's Health Center
- Mrs. Edwin O
- Mrs. Margaret S. Ierisi
- Miss Barbara J. Evans
- Miss Margaret Mary McCracken



## Memorial Gifts continued

- Ms. Carolyn Schuessler  
 Mr. and Mrs. Peter H. Baker  
 Miss Carolyn A. Banghart  
 Ms. Norma Brooks Brainard  
 Mrs. James Willis  
 Mrs. JoEllen H. Reynolds  
 Ms. Rosalind L. Woodward  
 Ms. Ellen Carton  
 Mrs. Anita L. Goldman  
 Mr. and Mrs. L. Frank Bouche  
 Ms. Carolyn A. Miller  
 Ms. Holly Powell  
 Ms. Ellen Piquette McAndrew  
 Miss Elda Mae Barry  
 Ms. Linda S. Karle  
 Mrs. Willard Bowling  
 Ms. Dianne Lytle  
 Mrs. Pamela F. Holcomb  
 Miss Deborah L. Jones  
 Miss Lucia A. Osiecki  
 Ms. Karen A. Gordon  
 Mrs. Heather M. Warner  
 Mr. and Mrs. James F. Pendleton  
 Ms. Nina Redgrave Sowiski  
 Sr. Noreen Moran  
 Ms. Ann M. Davis Garvin  
 Dr. and Mrs. Thomas M. Dean  
 Ms. Susan M. Peeples  
 Ms. Laura K. Mann  
**Margaret Ferguson Scholarship  
 Fund**  
 Pat and Leslie Peek  
 Mr. and Mrs. Kendall Hatton  
 Mr. Golden T. Ferguson  
 Ms. Martha P. Smith  
 Mr. and Mrs. Joseph J. Force  
**Mrs. Beverley P. Osterhout**
- Mr. William L. Osterhout  
**Reuben Axuig**  
 Mrs. Emma Axuig  
**Mr. Samuel Booke, Sr.**  
 Mrs. Thomas L. Chatham  
**Mrs. C. E. Cordell**  
 Mrs. Thomas L. Chatham  
**Mr. Kenneth W. Warner**  
 Mrs. Darlene Warner  
**Hope C. Randolph**  
 Mr. and Mrs. William P. Hacker  
**David Hanes and John deBraganca**  
 Mr. and Mrs. Thomas L. Chatham  
**Lee Hendrix**  
 Cloma Moore and Family  
**Mr. Grant E. Beverly**  
 Mrs. Katharyn Z. Beverly  
**Lois Goodrich**  
 Miss Betty Faust  
**Mr. James Ben Ali Haggin**  
 Mrs. Margaret Voorhies Haggin  
**Mrs. Icie Newsome and Mrs. Blair**  
 Joanne L. Collins  
**Shirley Matilda Schroeder**  
 Spencer H. Schroeder  
**Mr. and Mrs. H. Herbert Royer**  
 Ann R. Coleman  
**Delores Maggard**  
 Adelene and John H. Lewis  
**Leslie T. Schwatel**  
 Virginia E. Schwatel  
**Eleanor Wells**  
 Ms. Edwina D. Boatwright  
**Mr. Lawrence Crump**  
 Mr. and Mrs. James B. Allen  
**Mrs. Alfretta Hatfield**  
 Mr. and Mrs. Howard Lee



**SIXTY-SIXTH ANNUAL REPORT**  
**of the**  
**FRONTIER NURSING SERVICE, INC.**  
**for the Fiscal Year**  
**May 1, 1989 to April 30, 1990**

**PREFACE**

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field operations of the Frontier Nursing Service, Incorporated.

We have, as in previous years, divided our report into two sections. One section is about money, and one is about work.

**I**

**FISCAL REPORT**

The figures that follow are taken from the Balance Sheet, the Exhibits and Schedules of the Audit for the fiscal year which ended April 30, 1990.





■ Bank One Plaza  
Suite 8A  
200 W. Vine Street  
Lexington, Kentucky 40507-9953

■ Phone: 606 253 3200  
Fax: 606 254 4544

REPORT OF INDEPENDENT AUDITORS

Board of Governors  
FNS, Inc.

We have audited the accompanying combined balance sheets of FNS, Inc. and affiliates (as listed in Note A) as of April 30, 1991 and 1990, and the related combined statements of revenues and expenses, changes in fund balances and changes in financial position for the years then ended. These financial statements are the responsibility of FNS, Inc.'s management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the combined financial position of FNS, Inc. and affiliates at April 30, 1991 and 1990, and the combined results of their operations, changes in their fund balances and changes in their financial position for the years then ended in conformity with generally accepted accounting principles.

*Ernst & Young*

June 27, 1991



COMBINED BALANCE SHEETS

FNS, INC.

	April 30	
	1991	1990
<u>GENERAL FUNDS</u>		
<u>CURRENT ASSETS</u>		
Cash and short-term investments	\$ 445,249	\$ 217,613
Accounts receivable--patients--less allowances for uncollectible accounts of \$834,000 in 1991 and \$558,000 in 1990.	1,183,878	1,022,468
Inventories	121,027	188,379
Prepaid expenses and other current assets	<u>428,962</u>	<u>186,821</u>
TOTAL CURRENT ASSETS	2,179,116	1,615,281
<u>PROPERTY AND EQUIPMENT</u>		
Land	135,163	135,163
Buildings	3,494,280	3,405,558
Equipment	<u>3,893,130</u>	<u>3,697,130</u>
	7,522,573	7,237,851
Less accumulated depreciation	<u>4,755,746</u>	<u>4,356,700</u>
	2,766,827	2,881,151
<u>ASSETS WHOSE USE IS LIMITED</u>		
	<u>7,462,840</u>	<u>6,908,179</u>
	<u>\$ 12,408,783</u>	<u>\$ 11,404,611</u>
<u>RESTRICTED FUNDS</u>		
<u>ENDOWMENTS</u>		
Cash and investments	\$ 1,272,192	\$ 1,243,547
Student loan receivables	<u>105,524</u>	<u>115,011</u>
	<u>\$ 1,377,716</u>	<u>\$ 1,358,558</u>



	April 30	
	1991	1990
<u>GENERAL FUNDS</u>		
CURRENT LIABILITIES		
Accounts payable	\$ 583,393	\$ 478,934
Accrued salaries and withholdings	199,983	208,651
Accrued vacation expense	169,687	166,353
Unexpended special purposes funds	247,068	146,229
Payable to third-party programs	392,014	35,637
Other current liabilities	<u>150,549</u>	<u>287,092</u>
TOTAL CURRENT LIABILITIES	1,742,694	1,322,896
FUND BALANCE	10,666,089	10,081,715
COMMITMENTS AND CONTINGENCIES		
	<u>\$ 12,408,783</u>	<u>\$ 11,404,611</u>
<u>RESTRICTED FUNDS</u>		
FUND BALANCE		
Fund balance before net unrealized loss on noncurrent marketable equity securities	\$ 1,377,716	\$ 1,365,482
Net unrealized loss on noncurrent marketable equity securities		(6,924)
	<u>\$ 1,377,716</u>	<u>\$ 1,358,558</u>

See notes to combined financial statements.

*Ernst & Young*



COMBINED STATEMENTS OF REVENUES AND EXPENSES

FNS, INC.

	Year Ended April 30	
	1991	1990
<b>PATIENT SERVICE REVENUES</b>		
Mary Breckinridge Healthcare:		
Inpatient services	\$ 4,021,945	\$ 4,493,651
Outpatient services	3,032,752	3,284,426
Clinics	1,287,338	1,508,096
Home Health Services	<u>651,433</u>	<u>557,660</u>
	8,993,468	9,843,833
Less indigent care, contractual allowances, bad debts and other revenue deductions	<u>2,557,250</u>	<u>3,008,097</u>
<b>NET PATIENT SERVICE REVENUES</b>	<b>6,436,218</b>	<b>6,835,736</b>
<b>EDUCATION REVENUES</b>		
Frontier Nursing Health and Education:		
Educational fees	251,404	161,864
Federal grants	<u>249,844</u>	<u>198,396</u>
	501,248	360,260
<b>OTHER OPERATING REVENUES</b>	<u>275,651</u>	<u>375,180</u>
<b>TOTAL OPERATING REVENUES</b>	<b>7,213,117</b>	<b>7,571,176</b>
<b>OPERATING EXPENSES</b>		
Salaries and wages	4,254,971	4,804,925
Fringe benefits	720,775	724,823
Medical services, supplies and other expenses	2,785,900	3,270,070
Facility costs	<u>1,000,114</u>	<u>1,086,874</u>
<b>TOTAL OPERATING EXPENSES</b>	<b>8,761,760</b>	<b>9,886,692</b>
<b>EXCESS OF EXPENSES OVER REVENUES FROM OPERATIONS</b>	<b>(1,548,643)</b>	<b>(2,315,516)</b>
<b>NONOPERATING REVENUES AND EXPENSES</b>		
Unrestricted donations:		
Deposited into Education Fund	7,100	56,727
Deposited into Consolidated Fund	423,311	708,447
Deposited into David D. Knox Fund	418,414	
Deposited into Mary Breckinridge Chair Fund	13,006	
Retained for use in operations	433,807	423,606
Deposited into Kate Ireland Women's Health Care Center Fund	23,219	17,725
Unrestricted income from endowment and other funds	47,407	30,857
Investment income from assets whose use is limited	546,434	644,817
Gain (loss) on sale of investments	146,694	(4,276)
Other nonoperating revenue	<u>11,124</u>	<u>11,109</u>
	<u>2,070,516</u>	<u>1,889,012</u>
<b>EXCESS OF REVENUES OR (EXPENSES)</b>	<b>\$ 521,873</b>	<b>\$ (426,504)</b>

See notes to combined financial statements.



## COMBINED STATEMENTS OF CHANGES IN FUND BALANCES

FNS, INC.

Year Ended April 30, 1991 and 1990

	<u>General Funds</u>	<u>Restricted Funds</u>
Balances at May 1, 1989	\$ 10,484,264	\$ 1,319,550
Excess of expenses over revenues for the year ended April 30, 1990	(426,504)	
Restricted contributions used for purchase of property and equipment	23,955	
Contributions restricted for specific purpose (additions to endowment)		25,321
Restricted revenue earned by endowment funds		2,279
Gain on sale of investments of endowment funds		18,332
Increase in net unrealized loss on noncurrent marketable equity securities		(6,924)
Balances at April 30, 1990	<u>10,081,715</u>	<u>1,358,558</u>
Excess of revenues over expenses for the year ended April 30, 1991	521,873	
Restricted contributions used for purchase of property and equipment	62,501	
Contributions restricted for specific purpose (additions to endowment)		27,300
Loss on sale of investments of endowment funds		(16,552)
Restricted revenue earned by endowment funds		1,486
Decrease in net unrealized loss on noncurrent marketable equity securities		6,924
Balances at April 30, 1991	<u>\$ 10,666,089</u>	<u>\$ 1,377,716</u>

See notes to combined financial statements.



COMBINED STATEMENTS OF CHANGES IN FINANCIAL POSITION

FNS, INC.

	Year Ended April 30	
	1991	1990
Cash provided (used)		
OPERATIONS		
Excess of expenses over revenues from operations	\$ (1,548,643)	\$ (2,315,516)
Charges to expense not requiring the use of cash--depreciation	<u>399,046</u>	<u>414,527</u>
	(1,149,597)	(1,900,989)
Certain working capital changes:		
Accounts receivable	(161,410)	(230,159)
Prepaid expenses and other current assets	(242,141)	34,047
Accounts payable	104,459	79,568
Payable to third-party programs	356,377	(187,545)
Other	<u>26,314</u>	<u>178,182</u>
CASH USED IN OPERATIONS	(1,065,998)	(2,026,896)
Nonoperating revenues and expenses	<u>2,070,516</u>	<u>1,889,012</u>
TOTAL CASH PROVIDED (USED)	1,004,518	(137,884)
FINANCING AND INVESTMENT ACTIVITIES		
Property, plant and equipment:		
Purchases and donations	(284,722)	(277,347)
Restricted contributions	<u>62,501</u>	<u>23,955</u>
CASH USED IN FINANCING AND INVESTING ACTIVITIES	<u>(222,221)</u>	<u>(253,392)</u>
CASH PROVIDED (USED) BEFORE NET (INCREASE) DECREASE IN ASSETS WHOSE USE IS LIMITED	782,297	(391,276)
Net (increase) decrease in assets whose use is limited	<u>(554,661)</u>	<u>461,952</u>
Increase in cash and short-term investments	227,636	70,676
Cash and short-term investments at beginning of year	<u>217,613</u>	<u>146,937</u>
CASH AND SHORT-TERM INVESTMENTS AT END OF YEAR	<u>\$ 445,249</u>	<u>\$ 217,613</u>

See notes to combined financial statements.



## NOTES TO COMBINED FINANCIAL STATEMENTS

FNS, INC.

April 30, 1991

## NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Organization: FNS, Inc. (the Service) was organized in 1925 as a nonprofit charitable organization. The Service's original purpose was to provide needed health services in the Appalachian area. During its early years, the Service was the only provider of health services in the area and it remains the largest provider of health services in Leslie County and the portion of surrounding counties comprising its service area. In 1939, the Service established a midwifery school. The Service currently operates an accredited midwifery and family nursing school, a home health agency, a hospital, and provides primary care services through the Hyden Clinic, the Kate Ireland Women's Health Care Center, and District Nursing Clinics. The Service has historically been dependent on charitable contributions to fund a significant portion of the costs of services and programs.

Principles of Combination: The Service consists of the following nonprofit entities:

FNS, Inc. - Parent holding company of the Service.

Mary Breckinridge Healthcare, Inc. - Entity responsible for operating the hospital, home health agency and clinics.

Frontier Nursing Health and Education, Inc. - Entity responsible for operating the midwifery and family nursing school.

Frontier Nursing Service Foundation, Inc. - Entity responsible for maintaining the investment portfolio of the Service.

FNS Real Estate, Inc. - Entity responsible for holding and managing the real estate owned by the Service.

The combined financial statements include the accounts and transactions of the above entities. Significant intercompany transactions and accounts have been eliminated in combination.

Tax Status: The Service has received a determination from the Internal Revenue Service (IRS) that each of the nonprofit entities qualifies as tax-exempt under applicable Internal Revenue Code (IRC) sections.

Patient Service Revenues: Patient service revenues are recorded at established rates. Contractual allowances, indigent care, and provisions for bad debts are reported as deductions from patient service revenues.

Unrestricted Donations and Grants: Donations and grants which are not restricted by donors are reported as nonoperating revenues. Bequests under wills are recorded when received by the Service.



## NOTES TO COMBINED FINANCIAL STATEMENTS--Continued

FNS, INC.

NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES--  
Continued

**Investments:** Investments in marketable equity securities are stated in the financial statements at the lower of their aggregate cost or market value. To reduce the carrying amount of the Restricted Funds noncurrent marketable equity securities portfolio to market, which was lower than cost at April 30, 1990, a valuation allowance in the amount of \$6,924 was established by a charge to the respective balance representing the net unrealized loss. A valuation allowance was not required as of April 30, 1991, as the market value of the noncurrent marketable equity securities portfolio exceeded cost at that date, and a credit of \$6,924 to the respective balance was recorded to reverse the allowance previously established. Investments other than equity securities are stated in the financial statements at cost, or if donated, at fair market value at the date of donation. Gain or loss from sale of investments is the difference between proceeds received and the carrying value of the investment sold. Unrealized gains or losses are not included in the accompanying financial statements, other than net unrealized losses on marketable equity securities as described above.

**Assets Whose Use is Limited:** Unrestricted resources which are designated by the Service for special uses are reported as assets whose use is limited. The Board of Governors has designated the following funds to accumulate monies for the indicated purposes.

The Consolidated Fund accumulates funds for such operating and general purposes as the Board may determine.

The Education Fund includes all donations specified by the donor for this fund and unrestricted legacies and bequests received from May 1981 through April 1985. It accumulates funds until such time as they are needed for the operation of the educational programs.

The Depreciation Fund accumulates funds for replacement, expansion or improvements of the Service's facilities.

The Kate Ireland Women's Health Care Center Fund accumulates funds until such time as they are needed for the operation of the Kate Ireland Women's Health Care Center.

The David D. Knox Fund accumulates funds for such uses as the Board may determine, except that no amounts are to be expended from such fund through 1994. The fund was created in 1991 through a bequest received by the Service.

The Mary Breckinridge Chair Fund provides income to fund the salary of a faculty member of the midwifery and family nursing school.



## NOTES TO COMBINED FINANCIAL STATEMENTS--Continued

FNS, INC.

NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES--  
Continued

Income from the principal portion of the Consolidated Fund is to be used to subsidize care for indigent patients unless such income is specifically designated by the Board for other uses. Income from the Education, Depreciation, Kate Ireland Women's Health Care Center, MBH Chair and David D. Knox Funds is retained with the funds until expended for the designated purposes.

Restricted Funds: Restricted funds represent endowments, the principal of which cannot be expended. Income from such endowments is available for operating purposes and is reported as revenue when earned in accordance with the donor's instructions.

FNS, Inc. is also the income beneficiary of certain trust funds which are not administered or controlled by the Service. Accordingly, such funds are not included in the balance sheets at April 30, 1991 and 1990. Income received from such funds was \$56,548 and \$43,725 for the years ended April 30, 1991 and 1990, respectively.

Resources restricted by donors for additions to property are recorded as increases to the general fund balance when expended for the purposes intended. Resources restricted by donors for specific operating purposes are credited to other operating revenues when expended for the purposes intended.

Inventories: Inventories, principally medical supplies, are stated at cost (first-in, first-out method) which is not in excess of market.

Property and Equipment: Property and equipment is stated at cost, or fair market value at date of donation for items donated to the Service. Depreciation has been computed on the straight-line method over the estimated useful lives of the respective assets.

## NOTE B--MEDICARE AND MEDICAID PROGRAMS

The Service participates in the Medicare and Medicaid Programs. Approximately 24% and 23%, respectively, of the Service's patient service revenues are derived from services to patients covered by these Programs.

Medicare: Medicare payments for inpatient services (excluding capital costs) are made based upon the patient's diagnosis (DRG), irrespective of cost. The diagnosis upon which payment is based is subject to review by Program representatives. The Program reimburses the Hospital for capital costs, as defined, and certain outpatient services based upon cost. Such reimbursable costs are determined from annual cost reports filed with the Program, which are subject to audit by the Program.

Medicaid: The Medicaid Program reimburses the Hospital on a prospectively determined rate per patient day for inpatient services and on the basis of cost for outpatient services.



NOTES TO COMBINED FINANCIAL STATEMENTS--Continued

FNS, INC.

NOTE B--MEDICARE AND MEDICAID PROGRAMS--Continued

During 1991, the Commonwealth of Kentucky implemented the Hospital Indigent Care Assurance Program (HICAP). Under HICAP, the Hospital is assessed a tax based upon a percentage of its inpatient operating expenses and receives a benefit payment based upon its Medicaid patient days. The statement of revenues and expenses for the year ended April 30, 1991 includes a net benefit under HICAP of approximately \$360,000 which is reported as a reduction of contractual allowances.

Home Health Agency: The Medicare and Medicaid Programs reimburse the Service for home health services provided on the basis of cost, subject to certain limits. Such reimbursable costs are determined from annual cost reports filed with the Programs. The cost reports are subject to audit by the respective programs.

NOTE C--INVESTMENTS

The carrying value and approximate market value of investments at April 30, 1991 and 1990 are summarized as follows:

	1991		1990	
	Carrying Value	Market	Carrying Value	Market
Investments recorded in:				
Assets whose use is limited:				
Consolidated Fund:				
Cash	\$ 268,363	\$ 268,363	\$ 252,150	\$ 252,150
U.S. Government obligations	401,875	425,748	601,844	606,812
Corporate bonds	1,012,048	1,027,888	652,656	819,625
Common stocks	1,779,702	2,302,955	1,896,184	2,049,725
Due to Restricted Funds	(186,405)	(186,405)	(186,405)	(186,405)
	<u>3,275,583</u>	<u>3,838,549</u>	<u>3,216,429</u>	<u>3,541,907</u>
Depreciation Fund:				
Cash	21,332	21,332	23,058	23,058
Receivable from General Funds			27,000	27,000
Less intrafund amounts			(27,000)	(27,000)
	<u>21,332</u>	<u>21,332</u>	<u>23,058</u>	<u>23,058</u>
Education Fund:				
Cash	147,721	147,721	1,116,450	1,116,450
U.S. Government obligations	1,004,688	1,064,370	2,001,563	2,017,810
Common stocks	<u>1,623,659</u>	<u>1,652,386</u>	<u>113,021</u>	<u>111,520</u>
	<u>2,776,068</u>	<u>2,864,477</u>	<u>3,231,034</u>	<u>3,245,780</u>



## NOTES TO COMBINED FINANCIAL STATEMENTS--Continued

FNS, INC.

## NOTE C--INVESTMENTS--Continued

	1991		1990	
	Carrying Value	Market	Carrying Value	Market
Kate Ireland				
Women's Health				
Care Center Fund:				
Cash	10,243	10,243	22,361	22,361
U.S. Government				
obligations			395,370	400,925
Common Trust				
Fund	<u>445,850</u>	<u>453,148</u>	<u>19,927</u>	<u>19,662</u>
	456,093	463,391	437,658	442,948
David D. Knox Fund:				
Cash Management Fund	418,414	418,414		
Mary Breckinridge				
Chair Fund:				
Cash	13,000	13,000		
U.S. Government				
Obligations	<u>502,350</u>	<u>532,185</u>		
	515,350	545,185		
TOTAL ASSETS WHOSE USE IS LIMITED	<u>\$7,462,840</u>	<u>\$8,151,348</u>	<u>\$6,908,179</u>	<u>\$7,253,693</u>



NOTES TO COMBINED FINANCIAL STATEMENTS--Continued

FNS, INC.

NOTE C--INVESTMENTS--Continued

	1991		1990	
	Carrying Value	Market	Carrying Value	Market
Restricted Funds:				
Cash due from General Funds	\$ 20,453	\$ 20,453	\$ 9,480	\$ 9,480
U.S. Government obligations	133,884	148,066	1,388	1,388
Investments in common trust funds	931,450	1,059,778	1,053,198	1,046,274
Valuation allowance			(6,924)	
	<u>1,085,787</u>	<u>1,228,297</u>	<u>1,057,142</u>	<u>1,057,142</u>
Due from assets whose use is limited--General Funds	<u>186,405</u>	<u>186,405</u>	<u>186,405</u>	<u>186,405</u>
TOTAL INVESTMENTS OF RESTRICTED FUNDS	<u>\$1,272,192</u>	<u>\$1,414,702</u>	<u>\$1,243,547</u>	<u>\$1,243,547</u>

TOTAL INVESTMENTS:

Assets Whose Use is Limited	\$7,462,840	\$8,151,348	\$6,908,179	\$7,253,693
Restricted Funds	<u>1,272,192</u>	<u>1,414,702</u>	<u>1,243,547</u>	<u>1,243,547</u>
	<u>\$8,735,032</u>	<u>\$9,566,050</u>	<u>\$8,151,726</u>	<u>\$8,497,240</u>

During 1990, the Board of Governors waived repayment of approximately \$500,000 of intrafund loans advanced from the Depreciation Fund for working capital purposes.

NOTE D--RETIREMENT PLANS

The Frontier Nursing Service, Inc. Capital Accumulation Plan (Plan), a non-contributory defined contribution retirement plan, covers substantially all Service employees. Employer contributions are determined by the Board of Governors annually and are allocated among Plan participants on the basis of eligible employees' salaries. Plan expense was \$ 73,000 and \$92,000 for the years ended April 30, 1991 and 1990, respectively.



NOTES TO COMBINED FINANCIAL STATEMENTS--Continued

FNS, INC.

NOTE E--COMMITMENTS AND CONTINGENCIES

The Service insures for medical malpractice losses through claims-made policies, and records reserves for deductibles for potential claims, based on their best estimates. In the opinion of management, such insurance and estimated reserves for deductibles are adequate to cover significant losses, if any. Should the claims-made policies not be renewed or replaced with equivalent insurance, claims based upon occurrences during their terms but reported subsequently will be uninsured. The Service intends to continue carrying such insurance.

	1991	1990	1989
Cash	1,057,142	1,258,287	1,084,787
U.S. Government obligations	1,057,142	1,258,287	1,084,787
<u>Total Restricted Funds</u>	<u>2,114,284</u>	<u>2,516,574</u>	<u>2,169,574</u>
Restricted Funds	2,114,284	2,516,574	2,169,574
<u>Total Investments</u>	<u>2,114,284</u>	<u>2,516,574</u>	<u>2,169,574</u>

During 1990, the Board of Governors waived repayment of approximately \$200,000 of unpaid loans advanced from the Depreciation Fund for working capital purposes.

NOTE D--RETIREMENT PLANS

The Frontier Nursing Service, Inc. Capital Accumulation Plan (Plan), a non-contributory defined contribution retirement plan, covers substantially all Service employees. Employer contributions are determined by the Board of Governors annually and are allocated among Plan participants on the basis of eligible employee salaries. Plan expense was \$75,000 and \$92,000 for the years ended April 30, 1991 and 1990, respectively.



**II**  
**REPORT OF OPERATIONS**

**Comparative Analysis of Service Provided  
on the Two Fiscal Years 1990 and 1991**

**HOSPITAL**

	<b>FY</b>	<b>FY</b>
	<b>Ending</b>	<b>Ending</b>
	<b>4-30-90</b>	<b>4-30-91</b>
<b>ALL PATIENTS (Excluding newborn):</b>		
Percent of Occupancy	31.1%	27.4%
Patient Days - Total	4,716	4,239
Medical - Surgical Unit	3,589	3,299
Obstetrical Unit	862	695
Admissions - total	1,116	1,090
Medical - Surgical Unit	693	690
Obstetrical Unit	404	364
Average Daily Census	12.9	11.6
Average Length of Stay	4.1	3.8
<b>NEWBORN:</b>		
Percent of Occupancy	20.1%	20.1%
Patient Days - Total	732	504
Admissions- Total	343	300
Average Daily Census	2.0	1.4
Average Length of Stay	2.1	1.7
<b>DELIVERIES - TOTAL</b>	339	300
<b>OPERATIONS - TOTAL</b>	510	321
Major	150	88
Minor	360	259
In-patient	265	137
Out-patient	245	184
ENT	3	0
C-Sections	73	51
<b>ANESTHESIA - TOTAL</b>	509	343
Spinal	54	39
General	355	254
Local	89	45
<b>DEATHS - TOTAL</b>	36	22
Institutional (over 48 hours)	29	16
Institutional (under 48 hours)	5	5
Non-institutional (OPD/ER)	16	6



	1990	1990
<b>X-RAY EXAMINATIONS - TOTAL</b>	7,648	7,870
In-patient	664	622
Out-patient	6,870	7,141
<b>ECHO</b>		
In-patient	48	44
Out-patient	66	63
<b>LABORATORY PROCEDURES -</b>		
<b>TOTAL</b>	104,863	86,238
In-patient	24,625	18,150
Out-patient	43,304	42,805
Referred In	36,934	25,283
Referred Out (not in total)	5,877	4,775
<b>PRESCRIPTIONS FILLED</b>		
Out-patient	53,944	23,905
Unit Dose (In-patient) - Total	59,197	24,555
<b>PHYSICAL THERAPY TREATMENT -</b>		
<b>TOTAL</b>	2,802	3,028
In-patient Treatments	368	154
Out-patient Treatments	2,434	2,874
Days of Operations	256	256
<b>ELECTROCARDIOGRAMS -</b>		
<b>TOTAL</b>	1,909	2,526
In-patient	534	465
Out-patient	2,434	1,904
<b>RESPIRATORY THERAPY -</b>		
<b>TOTAL</b>	17,051	20,476
In-patient	14,962	18,170
Out-patient	2,089	2,306
<b>HOME HEALTH VISITS - TOTAL</b>	9,917	11,686
Average Visits Per Day	38.7	45.6
<b>EMERGENCY ROOM VISITS -</b>		
<b>TOTAL</b>	7,416	7,554
Average Visits Per Day	20.3	20.7
Days of Operation	360	365
<b>ADMITTED THROUGH EMERGENCY</b>		
<b>ROOM - TOTAL</b>	428	433
<b>MBH (HYDEN) CLINIC VISITS -</b>		
<b>TOTAL</b>	16,109	14,600
Average Visits Per Day	62.9	57.0
Days of Operation	256	256



<b>OB/GYN CLINIC - TOTAL</b>	4,895	5,062
Average Visits Per Day	19.1	19.8
Days of Operation	256	256
<b>DISTRICT CLINICS - TOTAL</b>	14,946	14,687
Average Visits Per Day	58.5	57.4
<b>BEECH FORK CLINIC</b>		
<b>TOTAL</b>	3,656	3,029
Average Visits Per Day	24.3	11.8
Days of Operation	150	256
<b>COMMUNITY HEALTH CENTER -</b>		
<b>TOTAL</b>	3,385	3,004
Average Visits Per Day	20.8	11.7
Days of Operation	162	256
<b>PINE MOUNTAIN CLINIC -</b>		
<b>TOTAL</b>	1,851	1,898
Average Visits Per Day	7.2	7.4
Days of Operation	256	256
<b>WOOTON CLINIC - TOTAL</b>	6,051	6,656
Average Visits Per Day	23.6	26.0
Days of Operation	256	256

**COURIER AND VOLUNTEER HOURS REPORT  
MAY 1, 1990 TO APRIL 30, 1991**

<u>Areas Served</u>	<u>Hours</u>
Clinics	941
Hospital	513
Home Health	1,008
Administrative/Development	289
Community	245
Transportation/Rounds	980
KIWHCC	447
Literacy Program	689
Wendover	917
Total number of hours worked	6,030
Total number of couriers	33



### SIXTY-SIX YEAR TOTALS - SELECTED DATA

Each year for many years, the Annual Report issue of the Quarterly Bulletin provided cumulative totals of patients registered, maternity cases, delivered, and other information of historical interest. As a result of changes in record keeping procedures several years ago, some of this information was reclassified and accounted for differently. It became impossible to develop the data in exactly the same form in which it had been presented for many years.

However, because there continues to be interest in these figures, we now reconstruct the essential information necessary to cover FNS' sixty-six years of operation. These figures should not be understood as audit totals. They are reasonably close approximations as of the close of the fiscal year that ended April 30, 1991.

Patients registered from the beginning in 1925	103,095
Children (estimated)	52,795
Adults (estimated)	50,795
Maternity cases delivered	23,116
Maternity deaths (9 puerperal, 2 cardiac)	11
Number of days of occupancy in FNS hospitals (including old Hyden Hospital, which opened in June, 1928, and Mary Breckinridge Hospital, which opened February 10, 1975)	526,906

Figures exclude newborn.

	Total Contributions	
	YTD 1989-90	YTD 1990-91
Non-Restricted	\$389,155.80	\$428,433.50
Restricted	\$124,928.86	\$132,984.16
<u>Derby Benefits</u>	<u>\$35,950.00</u>	<u>\$33,700.00</u>
Total	\$550,034.66	\$595,117.66

#### Special Thanks to our Committees

##### Committee Benefits:

Boston	\$14,000.00
Philadelphia	3,700.00
<u>Washington</u>	<u>16,000.00</u>
Total	\$33,700.00

##### Also special thanks to:

Daughters of Colonial Wars	\$11,989.38
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Administrative Assistant: Virginia Roberts

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Data Processing: Alice Sudham  
Purchasing: Nannie Hornsby

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Quarterly Bulletin Editor:  
Meriwether Wash, BS  
Assistant Editor: Catherine Croft, BA

**Human Resources**

Manager: Eva Morgan

**Wendover, Courier and Volunteer Program**

Manager: Susie Hudgins

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(the foundation)

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**FNS REAL ESTATE, INC.**

President: Deanna Severance, BSN, MS

**FRONTIER NURSING HEALTH AND EDUCATION, INC.**

President: Judith Treistman, Ph.D, CNM

**Frontier School of Midwifery and**

**Family Nursing at Hyden**  
Judith Treistman, Ph.D, CNM  
Debra Browning, RN, MSN, CFNP  
Family Nurse Instructor

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Dietician: Linda Campbell, RD  
Emergency Services: Mable R. Spell, RN, CFNM, CFNP

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Laboratory: Tammy Collett, MLT/ASCP-HEW  
Medical Records: Mallie Noble, ART  
OR Supervisor: Betty McQueen, RN  
Plant Operations: R.C. Osborne  
Quality Assurance : Betty H. Couch, ART

**Radiology: Glen Hammons, RT**

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Social Work: Ruth Ann Dome, BSW

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Interim Director of Nursing  
Head Nurse, Med / Surg: Marie Jett  
Head Nurse, OB: Sidney Baker, RN

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**Kate Ireland Women's**

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Sr. Sonia Miley, FNP

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successor to The Caroline Butler Atwood Memorial Nursing Center (Flat Creek), The Clara Ford Nursing Center (Red Bird), and The Betty Lester Clinic (Bob Fork)  
Bill Powell, FNP

**Pine Mountain Center**

Gertrude Morgan, BSN, CFNP

**Wooton Center:**

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Sr. Katherine A. Donohue, RN, MS, FNP

Frontier Nursing Service, Wendover, Kentucky 41775, 606-672-2317

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## URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

	Estimated Cost:
<b>Frontier School:</b>	
Lighting Units	\$ 765
Shelving	300
Carpeting	718
<b>Beech Fork Clinic:</b>	
1 Vacuum Cleaner	400
<b>Community Health Center:</b>	
1 Vacuum Cleaner	400
<b>Home Health Agency:</b>	
4 Oscopes	800
1991 Illustrated Manual of Nursing Practice	43
7 Electric Razors	Each 75
<b>Operating Room:</b>	
4 Needle Holders (7 1/2 in.)	140
4 Mayo Scissors (7 in.)	140
4 Metz Scissors (7 in.)	140
<b>Hyden Clinic:</b>	
2 Vaginal Dilum Systems	210
1 IVAC Pump	3,000
<b>Pine Mountain Clinic:</b>	
1 Durable Tape Recorder	60
1 Accucheck II	20
<b>Maternity:</b>	
1 Stethoscope	20
9 New Mattresses	1,000
2 Halogen Lights	Each 400
4 Wall Blood Pressure Cuffs	500
<b>Wendover and Maintenance:</b>	
Renovation of Single Bath in Garden House	615
<b>Promotion and Development Office:</b>	
1 Laser Printer	950
1 Camera	150
<b>Emergency Room:</b>	
Back-up EKG Machine	3,900
Cordless Phone	75
Portable Ophthalmoscope and Oscope Set	300
<b>Kate Ireland Women's HealthCare Center:</b>	
Small Microwave	129
<b>In-Service Education Committee:</b>	
TV-VCR Combination for In-Service	400



## FRONTIER NURSING SERVICE, INC.

### Its motto:

“He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young.”

*Isaiah 40:11*

### Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the  
Frontier Nursing Service, Article III  
as amended June 8, 1984