

# FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 39

SUMMER, 1963

NUMBER 1

THIRTY-EIGHTH ANNUAL REPORT



**FIRST AID!**

See inside cover

The cover picture called First Aid! was taken by our good friend, Mr. Earl Palmer, some ten years ago. The children in the picture are now nearly grown up. The nurse-midwife is Anna May January, whose firsthand stories have often been printed in this Bulletin.

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FRONTIER NURSING SERVICE QUARTERLY BULLETIN

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SUMMER, 1963

NUMBER 1

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REX B. POTTER  
Certified Public Accountant  
Lexington, Ky.

To the Officers and Trustees  
Frontier Nursing Service, Incorporated  
Lexington, Kentucky

Ladies and Gentlemen:

We have examined the balance sheet of the Frontier Nursing Service, Incorporated, as of April 30, 1963, and the statement of revenue and expense for the fiscal year then ended. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances.

In our opinion, the accompanying balance sheet and statement of revenue and expense present fairly the financial position of the Frontier Nursing Service, Incorporated, at April 30, 1963, and the results of its operations for the fiscal year then ended, and were prepared in conformity with generally accepted accounting principles applied on a basis consistent with that of the preceding year.

Respectfully submitted,

/s/ REX B. POTTER  
Certified Public Accountant

Lexington, Kentucky  
June Third  
Nineteen Sixty-three

THIRTY-EIGHTH ANNUAL REPORT  
of the  
FRONTIER NURSING SERVICE, Inc.  
for the Fiscal Year  
May 1, 1962 to April 30, 1963

PREFACE

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field of operations of the Frontier Nursing Service to its trustees, members, and subscribers.

We have, as in previous years, divided our report into two sections. One section is about money, and one section about work.

Under the heading of Conclusion, we tell something of what the year has meant to us.

I.

FISCAL REPORT

Our annual audit is so detailed, and therefore so voluminous, that we do not print it in full. The figures that follow are taken from the Exhibits and Schedules of the last audit. We have divided these figures into four categories. The auditor's own Balance Sheet is the first category. The second is his list of Endowments and Reserves. The third category covers all Revenue Receipts. The fourth category we have put into two columns—to the left the Expenditures of the last fiscal year taken from the audit, and to the right the Budget accepted by our trustees for the current fiscal year, based on last year's expenditures.

Under a fifth category, called Inventory, we account for all our properties. All five categories are given in sequence on the following pages.

## BALANCE SHEET

As at April 30, 1963

**ASSETS**

Cash on Hand—Petty Funds.....	\$	505.00
Cash in Banks:		
First Security National Bank—General Account.....		20,977.27
First Security National Bank—Social Service and Alpha Omicron Pi Account.....		1,226.14
First Security National Bank—Staff Payroll Account....		3,277.78
First Security National Bank—Frances Bolton Building Fund.....		330.69
Peoples Bank, Hazard, Ky.—Organization Account.....		16,287.10
Total Cash.....	\$	42,603.98
Temporary Loans.....		250.00
U. S. Treasury Obligations (Frances Bolton Building Fund).....		24,004.70
Realty, Buildings, Equipment, Livestock.....		454,795.57
Endowment, Memorial, Reserve Fund Investments at Original Cost, in hands of:		
First Security National Bank, Lexington, Ky.....		1,359,620.42
Liberty National Bank & Trust Co., Louisville, Ky..		85,250.83
Morgan Guaranty Trust, New York City.....		185,000.00
Bankers Trust, New York City.....		137,496.50
Total Investments.....		1,767,367.75
Total Assets.....		2,289,022.00

**LIABILITIES**

Accrued Payroll Taxes Withheld.....		1,870.92
Endowment, Memorial, Reserve Funds.....		1,767,367.75
Total Liabilities .....		1,769,238.67
Net Worth .....		519,783.33
Net Worth represented by—		
Contributions and Income from Organization to April 30, 1963.....		6,515,851.89
Less:		
Expenses Paid from Organization to April 30, 1963.....		5,996,068.56
Net Income—Organization to April 30, 1963.....		519,783.33
Total Revenue Receipts.....		6,515,851.89
Total Endowment Receipts.....		1,767,367.75
Total Monies Collected.....		<u>\$8,283,219.64</u>

STATEMENT OF ENDOWMENT AND RESERVE FUND  
April 30, 1962 and 1963

Designated Funds—Income Restricted	April 30 1962	Additions During Year	April 30 1963
Joan Glancy Memorial Baby's Crib.....\$	5,000.00		\$ 5,000.00
Mary Ballard Morton Memorial.....	85,250.83		85,250.83
Jessie Preston Draper Memorial No. 1.....	15,000.00		15,000.00
Jessie Preston Draper Memorial No. 2.....	185,000.00		185,000.00
Belle Barrett Hughitt Memorial.....	16,000.00		16,000.00
Isabella George Jeffcott Memorial.....	2,500.00		2,500.00
Bettie Starks Rodes Memorial Baby's Crib.....	5,000.00		5,000.00
John Price Starks Memorial Baby's Crib.....	5,000.00		5,000.00
Norah Oliver Shoemaker Memorial Baby's Crib	5,000.00		5,000.00
Eliza Thackara Memorial.....	2,536.29	\$ 148.87*	2,685.16
Children's Christmas Fund in Memory of Barbara Brown .....	1,000.00		1,000.00
Donald R. McLennan Memorial Bed.....	12,750.00		12,750.00
Louie A. Hall Legacy in Memory of Sophronia Brooks for a Center and its Endowment.....	66,341.93	2,970.64*	69,312.57
Margaret A. Pettet Legacy.....	1,953.70		1,953.70
Jane Short Atwood Legacy.....	7,500.00		7,500.00
Mrs. John W. Price, Jr., Fund.....	10,800.00		10,800.00
Sub-totals.....	\$ 426,632.75	\$ 3,119.51	\$ 429,752.26
<b>Designated Funds—Income Unrestricted</b>			
Marion E. Taylor Memorial.....	10,000.00		10,000.00
Fannie Norris Fund.....	10,000.00		10,000.00
Marie L. Willard Legacy.....	3,127.36		3,127.36
William Nelson Fant, Jr., Memorial.....	78,349.52		78,349.52
Mrs. Charles H. Moorman Fund.....	1,100.00		1,100.00
Lillian F. Eisaman Legacy.....	5,000.00		5,000.00
Lt. John M. Atherton Memorial.....	1,000.00		1,000.00
Mrs. Morris B. Belknap Fund.....	26,375.00		26,375.00
Elisabeth Ireland Fund.....	22,457.50		22,457.50
Elizabeth Agnes Alexander Legacy.....	5,000.00		5,000.00
Richard D. McMahon Legacy.....	943.23		943.23
Anonymous—General Endowment .....	137,496.50		137,496.50
Mrs. W. Rodes Shackelford in Memory of her two children.....	10,000.00		10,000.00
Hattie M. Strong Memorial.....	10,000.00		10,000.00
Beulah Bruce Brennan Memorial.....	2,000.00		2,000.00
Anna Rosina Gooch Memorial.....	16,625.00		16,625.00
Jeannie B. Trull Legacy.....	33,253.33		33,253.33
Elizabeth B. Perkins Legacy.....	152,970.44		152,970.44
Frances Kendall Ross Legacy.....	17,100.00		17,100.00
Elizabeth Sherman Lindsay Memorial.....	5,000.00		5,000.00
Helen N. and Beatrice A. Wilson Fund.....	10,000.00		10,000.00

\* Income added to principal.

STATEMENT OF ENDOWMENT AND RESERVE FUND  
April 30, 1962 and 1963  
(Continued)

	April 30 1962	Additions During Year	April 30 1963
Sophia Cogswell Stiger Memorial.....	23,401.42		23,401.42
Charles N. Kavanaugh, M. D., Memorial.....	1,000.00		1,000.00
Margaret C. Breckinridge Legacy.....	3,000.00		3,000.00
Mary Hallock Armstrong Legacy.....	2,000.00		2,000.00
Winifred Irene Leckie Memorial.....	1,000.00		1,000.00
Lena G. Anderson Legacy.....	7,078.50		7,078.50
Eliza Davitt Hartley Legacy.....	150,000.00		150,000.00
Cordie M. Williams Legacy.....	458,254.25		458,254.25
Lisette Hast Legacy.....	10,944.00		10,944.00
Edward S. Jouett Legacy.....	1,000.00		1,000.00
Herman Bowmar Fund.....	1,000.00		1,000.00
Mrs. Henry James Legacy.....	5,000.00		5,000.00
Jean Hollins Memorial Fund.....	5,002.00	32.00	5,034.00
Anne Steele Wilson Memorial Fund.....	1,460.00	473.34	1,933.34
Mary Churchill Humphrey Fund.....	1,001.00		1,001.00
Mrs. Bissell Carey Legacy.....		5,000.00	5,000.00
Sub-totals.....	\$1,655,571.80	\$ 8,624.85	\$1,664,196.65
<b>Reserve Accounts:</b>			
Mrs. Louise D. Crane.....	4,000.00		4,000.00
Mrs. Frederic Moseley Sackett.....	10,000.00		10,000.00
Mrs. Eliza A. Browne.....	16,000.00		16,000.00
Winfield Baird Fund.....	12,000.00	(6,000.00)*	6,000.00
Lillie McGinness.....	2,500.00		2,500.00
Harriet H. Grier.....	5,000.00		5,000.00
Maurice S. Miller.....	5,000.00		5,000.00
Leila A. Morgan.....	5,000.00		5,000.00
Eliza Davids.....	6,000.00		6,000.00
Bertha G. Wood.....	12,500.00		12,500.00
Doris A. Farrington.....	4,920.00		4,920.00
Mrs. E. A. Codman.....	2,000.00		2,000.00
Mrs. Irving E. Raymond.....		4,000.00	4,000.00
Mrs. Gertrude M. Toewater.....		11,781.94	11,781.94
Mrs. Oswald Villard.....		1,000.00	1,000.00
Leila M. Weeks.....		2,469.16	2,469.16
Frances Margaret Bradford.....		5,000.00	5,000.00
TOTALS.....	\$1,740,491.80	\$ 26,875.95	\$1,767,367.75
* Total—Additions for Year (Above).....		\$ 26,875.95	
Add: Transfer Deduction.....		6,000.00	
Total Cash Additions for Year.....		\$ 32,875.95	



REVENUE RECEIPTS

Statement of Donations and Subscriptions Paid

May 1, 1962 to April 30, 1963

SUMMARY:	Contributions	Benefits and Bargain Box	Totals
Alpha Omicron Pi.....	\$ 4,544.04		\$ 4,544.04
Baltimore Committee.....	994.00		994.00
Boston Committee.....	6,033.50	6,400.00	12,433.50
Chicago Committee.....	5,067.00		5,067.00
Cincinnati Committee.....	8,741.00		8,741.00
Cleveland Committee.....	15,323.28		15,323.28
Daughters of Colonial Wars.....	2,786.05		2,786.05
Detroit Committee.....	6,212.00		6,212.00
Hartford Committee.....	1,417.50		1,417.50
Kentucky:*			
Blue Grass Committee.....	5,586.50		5,586.50
Louisville Committee.....	14,674.19		14,674.19
Miscellaneous Kentucky.....	2,935.52		2,935.52
Minneapolis Committee.....	1,698.50		1,698.50
New York Committee.....	17,152.01	12,865.85	30,017.86
Philadelphia Committee.....	16,228.49	2,134.15	18,362.64
Pittsburgh Committee.....	15,801.37		15,801.37
Princeton Committee.....	751.00		751.00
Providence Committee.....	1,015.20		1,015.20
Riverdale Committee.....	835.00		835.00
Rochester Committee.....	2,016.57		2,016.57
Washington, D.C., Committee.....	10,467.09		10,467.09
Miscellaneous.....	14,691.22		14,691.22
Totals.....	\$154,971.03	\$21,400.00	\$176,371.03
Less Transferred to Endowment.....			122.00
			\$176,249.03

\*Total for Kentucky \$23,196.21

OTHER REVENUE RECEIPTS:

Fees for Graduate School of Midwifery.....		9,998.87	
Payments from Patients:			
Income from Nursing Centers.....	13,985.85		
Medical and Surgical Fees.....	4,276.62		
Hyden Hospital Fees.....	14,574.31		
Hospital Clinic Fund and Supplies.....	13,633.75	46,470.53	
Wendover Post Office.....		4,463.37	
Income from Investments—Regular.....		95,355.39	
Income from Investments—			
Frances Bolton Nursing Center.....		747.50	
“Wide Neighborhoods”—Royalties and Local Sales....		730.55	
Livestock Sales.....		321.31	
Miscellaneous.....		230.11	158,317.63
<b>TOTAL—ALL REVENUE RECEIPTS.....</b>			<b>\$334,566.66</b>

## LAST YEAR'S EXPENDITURES AND THIS YEAR'S BUDGET

	1962-1963	1963-1964
<b>I. FIELD EXPENSE:</b>		
(Hyden Hospital, Frontier Graduate School of Midwifery, Wendover, and five Nursing Centers)		
1. Salaries and Wages*	\$115,683.24	\$116,000.00
2. Medical Director and Relief	10,000.00	10,000.00
3. Dispensary Supplies (See Note 1)	27,301.77	27,500.00
4. Running costs: Food—minus board of residents; cows, fuel, electricity, laundry, freight and hauling, et cetera	37,857.62	39,000.00
5. Feed and care of 13 horses and mules (See Note 2)	5,257.24	5,200.00
6. Jeeps (21), Truck, Station Wagon Ambulance	7,582.63	8,000.00
7. Maintenance of Properties	15,069.27	18,000.00
	\$218,751.77	\$223,700.00
<b>TOTAL FIELD EXPENSE</b>		
<b>II. ADMINISTRATIVE EXPENSE:</b>		
1. Salaries, Accounting and Auditing, Office Supplies, Post- age, Telephone and Telegraph, Printing, etc.	\$ 38,845.02	\$ 40,000.00
<b>III. SOCIAL SECURITY TAX:</b>	\$ 5,445.78	\$ 5,500.00
<b>IV. SOCIAL SERVICE:</b>	\$ 14,748.47	\$ 14,800.00
<b>V. GENERAL EXPENSE:</b>		
1. Insurance (Fire \$325,500.00 Coverage), Employer's Lia- bility, full coverage on truck, 21 jeeps, and station wagon	\$ 8,444.17	\$ 8,500.00
2. Quarterly Bulletins (covered by subscriptions)	5,152.23	5,000.00
3. Record Department	2,536.17	2,500.00
4. Hostess-Housekeeper	783.33	1,500.00
5. Miscellaneous Projects such as: Doctors and Nurses for study and observation, professional books and magazines	1,606.36	1,500.00
6. Miscellaneous Promotional Expenses beyond the moun- tains	2,087.33	2,000.00
	\$ 20,609.59	\$ 21,000.00
<b>TOTAL RUNNING EXPENSES</b>	\$298,400.63	\$305,000.00
<b>NEW LAND AND BUILDINGS, EQUIPMENT AND LIVESTOCK ADDITIONS</b>	\$ 27,423.86	
<b>TOTAL</b>	\$325,824.49	

\* Wages for maintenance charged to Wages Category.

Note 1: Approximately 1/3 of supplies relayed to Districts.

Note 2: Three animals belong to FNS employees, who must ride to work.

**LAND, BUILDINGS, LIVESTOCK AND EQUIPMENT**

(From Exhibit C of the Audit)

**INVENTORY**

Our auditors set a value of \$454,795.57 on these holdings, after adjustments. Among the major holdings are the following:

**Hyden**

A stone Hospital, one wing of which is the Mary Ballard Morton Memorial, one wing the Mary Parker Gill Memorial, and the frame Annex, a Memorial to "Jackie" Rousmaniere; Joy House, home of the Medical Director, a gift of Mrs. Henry B. Joy; Aunt Hattie's Oak Barn, gift of Mrs. Henry Alvah Strong; Mardi Cottage, the Quarters for the Frontier Graduate School of Midwifery; The Margaret Voorhies Haggin Quarters for Nurses; St. Christopher's Chapel; two water tanks; two employees' cottages; and outbuildings such as garages, work shop, pighouses, forge, pump house, and two fire hose houses.

**Wendover**

Three log houses, as follows: the Big House ("in memory of Breckie and Polly"), the Old Cabin and the Ruth Draper Cabin; the Garden House; the Upper Shelf and Lower Shelf; the Ham-Way Hut; the Couriers' Log Barn and Aunt Jane's Barn; numerous smaller buildings such as the cow barn, cow hospital barn, mule barn, tool house, chicken houses, forge, apple house, pump house, jeep shed, two fire hose houses, two water tanks, and the Pebble Work Shop.

**Georgia Wright Clearing**

A caretaker's cottage and barn, extensive pasture land for horses and cows; a bull's barn and stockade; two wells.

**Jessie Preston Draper Memorial Nursing Center**  
(Beech Fork; Post Office, Asher, Leslie County)

Frame building and oak barn; deep well, pump house and water tank; fenced acreage for pasture and gardens.

**Frances Bolton Nursing Center**

(Possum Bend; Post Office, Confluence, Leslie County)

Evacuated April 1, 1960, by orders of the Government of the United States in behalf of the Buckhorn Dam Reservoir. Relocation site not decided on as yet.

**Clara Ford Nursing Center**

(Red Bird River; Post Office, Peabody, Clay County)

Log building and oak barn; fire hose house; walled-in spring; deep well, pump house and water tank; fenced acreage for pasture and gardens.

**Caroline Butler Atwood Memorial Nursing Center**

(Flat Creek; Post Office, Creekville, Clay County)

Frame building and oak barn; fire hose house; walled-in spring; deep well, pump house and water tank; fenced acreage for pasture and gardens.

**Belle Barrett Hughitt Memorial Nursing Center**

(Bullskin Creek; Post Office, Brutus, Clay County)

Frame building and oak barn; jeep shed; fire hose house; walled-in spring; water tank; fenced acreage for pasture and gardens.

**Margaret Durbin Harper Memorial Nursing Center**

(Wolf Creek; Post Office, Big Fork, Leslie County)

Frame building and oak barn; two-jeep garage; deep well and pump; fenced acreage for pasture and gardens.

**Subsidiary Clinics**

Seven small clinic buildings on the following streams: Bull Creek, Stinnett (Mary B. Willeford Memorial), Coon Creek (Coy Maggard Memorial), Mudlick, Leatherwood, Cutshin, and Grassy.

**Livestock**

Twelve horses, one mule; one registered Guernsey bull; eight cows; four heifers; registered Hampshire brood sow, two hogs, and seven piglets; and over two hundred chickens.

**Equipment**

Equipment includes: twenty-one jeeps; one Ford station wagon-ambulance; one three-quarter ton truck; tanks; engines; pumps; farm implements; plumbers' tools; sixty-two pairs of saddlebags; saddles; bridles; halters; hospital equipment and furnishings; dispensary supplies; and household furnishings and equipment at Hyden, Wendover, and the five outpost centers, variously located in a seven-hundred-square mile area.

## II.

## REPORT OF OPERATIONS

The data in this section are supplied by the record department of the Frontier Nursing Service; by records kept on guests and volunteer workers; and by the social service department.

## 1.

## MEDICAL AND SURGICAL

Dr. Francis Brewer, who came to us in August of 1961, filled the post of Medical Director all of the fiscal year. This fine physician and deeply kind man has left us before this report was written, following the completion of two years service, and he and Mrs. Brewer, whom we all liked so very much, have both retired to their home in Hartford, Connecticut.

Although it has no bearing on the fiscal year that closed April 30, 1963, we do want to add that our own Dr. Beasley will be returning to us before the first of October. We also want to say that we are fortunate to have with us Dr. John E. Sinning for the months of August and September.

We extend our warm thanks to the Kentucky Commission for Handicapped Children for free care given the patients we refer to them. Our thanks go too, as they do each year, to Dr. H. G. Reineke of Cincinnati who reads Frontier Nursing Service x-rays for us as a courtesy. We continue to be grateful in the fullest measure to the Cincinnati Children's Hospital for the free care to our children referred to them by our Medical Director. We add further gratitude to this splendid institution for the fine pediatric clinics given during the past year. In May, 1962, we were so fortunate as to have again with us Dr. J. B. Holloway of Lexington and his fine team to conduct a surgical clinic. These clinics are an old tradition in the FNS. The first ones were given us by the late Dr. Scott Breckinridge. Dr. Francis Massie followed him. With him in late years came Dr. J. B. Holloway who now carries on this tradition. We are also most appreciative to Dr. Doane Fisher and to Dr. Carl Yapple of the Harlan Memorial Hospital, for pediatric help and advice, including clinics held by Dr. Yapple at Hyden Hospital. Dr. David B. Stevens of Lexington, Kentucky, has held orthopedic clinics for us during the past fiscal year and we do thank him so very much. Members of our

**Clara Ford Nursing Center**

(Red Bird River; Post Office, Peabody, Clay County)

Log building and oak barn; fire hose house; walled-in spring; deep well, pump house and water tank; fenced acreage for pasture and gardens.

**Caroline Butler Atwood Memorial Nursing Center**

(Flat Creek; Post Office, Creekville, Clay County)

Frame building and oak barn; fire hose house; walled-in spring; deep well, pump house and water tank; fenced acreage for pasture and gardens.

**Belle Barrett Hughitt Memorial Nursing Center**

(Bullskin Creek; Post Office, Brutus, Clay County)

Frame building and oak barn; jeep shed; fire hose house; walled-in spring; water tank; fenced acreage for pasture and gardens.

**Margaret Durbin Harper Memorial Nursing Center**

(Wolf Creek; Post Office, Big Fork, Leslie County)

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## II. REPORT OF OPERATIONS

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### 1.

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Lexington Medical Advisory Committee and National Medical Council have given their services over and over to patients sent to them. We want to make particular mention of the great kindness of Hazard physicians, notably Dr. W. F. O'Donnell and Dr. C. H. Williams.

As the fiscal year closes we bid a sad farewell to a fine member of our National Medical Council, Dr. Herman A. Ziel, Jr. He has served us untiringly on his own off-duty time while he was chief obstetrician at the Hazard Memorial Hospital. At the Harlan Memorial Hospital we have in Dr. Elwood L. Woolsey, Chief Obstetrician, and another member of the National Medical Council, and his assistants, distinguished help with our obstetric and gynecological patients and with the Frontier Graduate School of Midwifery. We are glad to announce that Dr. Woolsey plans to stay on at Harlan.

Our very special thanks go to the Kentucky State Department of Health for the kindness of its Commissioner, Dr. Russell E. Teague, and the directors of its divisions. Dr. Helen B. Fraser, Director of the Division of Maternal and Child Health, has been especially helpful to us. Miss Ruth Spurrier, a member of our National Nursing Council and Director of Public Health Nursing has also been most helpful to us. Our gratitude goes out in fullest measure to the Kentucky Board of Nursing Education and Nurse Registration and its Executive Secretary, Mrs. Marjorie C. Tyler, for the consideration they have shown our Frontier Nurses.

## 2.

### HYDEN HOSPITAL

Hyden Hospital—with 27 beds and 12 bassinets, 2 incubators—was occupied 7,320 days last year by 1,341 patients with a daily average of 20.05 patients at a cost per patient day of \$13.14. Of the 1,341 patients cared for at the Hospital during the fiscal year, 286 were sick adults, 527 were obstetrical patients, 193 were children, and 335 were new born. There were 13 deaths in the Hospital, of which 4 were new born. There was no maternal death. The out-patient department, with the Medical Director's clinics, received a total of 14,068 visits.



## 3.

## DISTRICT NURSING

In the 12 districts operated by the Service from the Hospital, Wendover, and five outpost centers, we attended 10,443 people in 2,335 families. Of these, 4,710 were children, including 2,083 babies and toddlers. The district nurses paid 22,856 and received 31,633 visits at their nursing centers and at their special clinics. Bedside nursing care was given in their homes to 1,167 sick people of whom 7 died. At the request of the State Board of Health, the Frontier Nursing Service gave 10,335 inoculations and vaccines against typhoid, diphtheria, smallpox, whooping cough, polio, et cetera, and sent 1,572 specimens for analysis.

This part of our report has reference to general district nursing only and does not include midwifery carried day and night by the nurse-midwives along with their district nursing. The figures for midwifery are covered under the following section.

## 4.

## MIDWIFERY

**Registered Cases**

The nurse-midwives and the midwifery students of the Frontier Graduate School of Midwifery (under the supervision of their instructors) attended 389 women in childbirth and gave them full prenatal and postpartum care. Of these 389 women, 1 was delivered by the Medical Director. There were 393 live births and 1 stillbirth; 6 deliveries of twins; 262 new cases admitted; 367 closed after postpartum care; 1 miscarriage. There was no maternal death.

**Emergency Cases—Unregistered**

In addition to these regular registered maternity cases, the Medical Director and the nurse-midwives were called in for 39 emergency deliveries, where the mother had not been registered or given prenatal care, which resulted in 19 live births and 20 emergency miscarriages (19 early, 1 late). There was no maternal death.

**Outside-Area Cases**

There were 172 women from outside our area who were carried for prenatal care. Of these, 23 were closed before delivery. Most of our outside-area patients move into one of our districts

or to our Hospital for delivery. In that case they are transferred to our regular midwifery service. However, the nurse-midwives did go outside our area to deliver 6 such patients of 6 live babies, with no maternal death.

### 5.

#### FRONTIER GRADUATE SCHOOL OF MIDWIFERY

The school admits two classes annually, in January and July. Seven registered nurses are taken in each class of six months duration. The forty-sixth class which opened July 23, 1963, is now in attendance. When its work is completed in January, 1964, the School will have sent 257 nurses, qualified as midwives and in our frontier technique, to render service all over the world. Graduates of the School are in a number of our states, including Alaska; the Philippines, India, Thailand, South Korea, Canada, France, the Middle East, and in parts of Africa and South America.

### 6.

#### SOCIAL SERVICE DEPARTMENT (Alpha Omicron Pi Fund and Other Grants)

During the past fiscal year the Social Service Department of the Frontier Nursing Service has given financial aid to 285 families or individuals as follows:

- Provided medicines for 7 patients
- Paid for diagnostic x-rays for 3 people
- Bought glasses for 17 patients (New Eyes for the Needy Fund)
- Bought coal for an indigent family
- Provided orthopedic brace for 1 patient
- Provided bus fare for 4 school students
- Paid all or part of outside city hospital bills for 38 patients
- Paid outside doctors' bills for 9 patients
- Bought stove for 2 destitute families
- Gave groceries to 30 families—a total of 84 orders
- Provided school clothes and shoes for 11 children
- Provided monthly allowance for 1 business college student
- Provided seed potatoes and garden seeds for 12 families
- Paid boarding school expenses for 2 children
- Paid tuition fees and board for 1 student at a Practical Nursing School

Paid ambulance bills for 20 trips with patients

Paid laboratory fees for patients at Lexington Clinic, Hazard Clinic and Miners' Memorial Clinic. (Any patients who can pay do reimburse the Service.)

Many patients have been transported to and from the Frontier Nursing Service Hospital at Hyden to the outpost centers. In addition there were:

Trips to Lexington with 36 children to clinics of the Kentucky Commission for Handicapped Children, 10 patients to Lexington hospitals and 18 to the Lexington Clinic and other doctors.

14 trips to Cincinnati Children's Hospital with 42 patients

7 trips to Hazard with 8 patients to Hazard Memorial Hospital, Mount Mary Hospital and the Hazard Clinic

2 trips to Danville to the Kentucky School for the Deaf with 3 children

1 trip to Manchester with children to the annual clinic of the Kentucky Commission for Handicapped Children

4 trips to Houston Mission School with 4 students

8 trips to Louisville with 2 patients for eye clinics

More general service and aid have been given to other families and individuals as follows:

Clothing and bedding distributed to needy families (including 4 that were burned out) and books to local schools.

Service and time given in coöperation with the American Red Cross, Welfare and Health Departments, County Judges, Vocational Representatives, Frontier Nursing Service Medical Director, District nurse-midwives, and the Hospital staff.

## 7.

### VOLUNTEER WORKERS

Twenty-eight couriers and other volunteers worked for the Service for over 1,400 days.

## 8.

### GUESTS FOR OBSERVATION AND STUDY

As in other years the Service entertained guests, for observation and study of its work, from all over the world. These came not only from North America, but from Europe, India, South America, South Africa, and Australia.

## 9.

## CHRISTMAS

The Frontier Nursing Service gave toys and candy to more than 5,000 children at Christmas, and clothing to those that needed it. Our local district committees provided free trucks to carry supplies from Hyden to the outpost centers, and were helpful in many other ways. The Service also held Christmas parties at many different places for the children, with Santa Claus, Christmas trees, and Christmas carols. All of this was made possible by the generous response of hundreds of people to our annual request card for the children's Christmas.

## III.

## THIRTY-EIGHT YEAR TOTAL

It will be of interest to our members to read a few totals covering the whole thirty-eight year period of work.

Patients registered from the beginning.....	56,306
Babies and toddlers.....	23,833
School children.....	9,633
Total children.....	33,466
Adults.....	22,840
Midwifery cases (reg.) delivered.....	13,799
Maternal deaths, 11 (9 puerperal, 2 cardiac)	
Inoculations.....	236,859
Patients admitted into the Hyden Hospital*.....	25,592
Number of days of occupation in Hyden Hospital.....	193,175

\* For 33 years and 6 months. The FNS Hospital at Hyden was opened in the fiscal year 1928-1929 and operated only six months in that year.

## CONCLUSION

In concluding this report of our 38th fiscal year, we again look back over a long vista of time. We like to think that those who gave early help and support to the Frontier Nursing Service, so many of whom have crossed the great river, are giving their help and support now.

It is impossible to express what the younger members of our committees mean to us today. Each year, including the one just closed, brings us new helpful supporters to work on our committees, to send us donations and to give us the most beautiful of all attributes, their friendship. Among those who have coöperated with us and shown the fullest friendship are thousands of our patients. They share our faith in the value of our

work to rural mothers and their families all over the world. To these supporters we again have the happiness to state that we have closed this fiscal year as a completely solvent charity. To you, all of you, who have helped us meet the awful extra costs of freezings and floods, we are particularly glad to give this welcome information.

On the human side we want to say that we have now closed our eleventh successive fiscal year without the loss of a single mother. During this time we have attended over five thousand mothers in childbirth. No one can have a better maternal mortality rate than no deaths. Along with this glad news, we proclaim that hundreds of our newborn babies face this uncertain world better prepared for life than they would have been if we had not been here. This is due in chief measure to as wonderful a staff as any organization ever had in all history.

We ask you, all of you, who read this, to join us in thanking God.

MARVIN BRECKINRIDGE PATTERSON  
(Mrs. Jefferson Patterson), Chairman  
EDWARD S. DABNEY, Treasurer  
MARY BRECKINRIDGE, Director

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Letter to Anna May January, R.N., C.M.,  
Nursing Supervisor, Hyden Hospital

"We just wanted you to know how much we appreciated your concern and loving care of our little grandson, Charlie Carl. We were so frightened and disturbed over his burns, but now we feel he will be fine from your wonderful care.

"The FNS is very, very dear to us. It has cared for us, our children, and now our grandchildren. We have loved all our nurses, but you are very near to our hearts."

**MY MOUNTAIN ROAD**

by  
GRACE A. TERRILL

WINTER—'Tis a ribbon winding among the trees, along the side of a creek, untrammelled and pure with the driven snow and sparkling in the cold moonlight. The trees along the side of the road cast their shadows in patterns of grey and straight fences are outlined with snow as they follow the road down the way. The stars in the Heavens fade with the coming of dawn and the moon sails off o'er the mountains out of sight. The road takes on the toils of the day and the silent beauty is gone with the night.

SPRING—There is a road—it's just a path—where a young lad can walk and dream 'neath the shadow of a hill, down by a running stream. The early flowers by the side of the road lift their heads to the sun above, and the whispering birds in the budding trees fill the young heart with thoughts of love. 'Tis a quiet path, a beautiful path, where God somehow seems so near, and the ways of life and the ones we love become very sweet and dear.

SUMMER—'Tis a lazy road—the summer road—as it wends its dusty way 'round the hills, beside a stream, seeking coolness in the heat of the day. The corn in the meadows, the flowers in the fields, all bow their heads in prayer—while the answering clouds in the distance promise showers to clear the air. The road will be filled with puddles of mud when the rains are over and gone, and a barefoot boy will dig deep with his toes as he ambles happily along.

AUTUMN—Autumn leaves on a mountain road make a beautiful carpet of red, brown and gold. A cool, crisp breeze sends them scampering away as you walk briskly along on an Autumn day. As far up the road as the eye can see, there is that beauteous glory of tree after tree. It makes your heart feel light and gay, and happiness follows you all through the day.

Your road may be a busy road—bright lights and rushing cars. But my road is a quiet mountain road 'neath millions of brilliant stars. It doesn't matter which road you take, wherever you may roam. You'll always go on to the end of your road, for at the end of your road is home.

## AN UNEXPECTED SWIM

by

CAROLYN BANGHART, R.N., C.M., B.A.

It was the first day of April, 1956. The ridges of the steep, converging hills around the Possum Bend Nursing Center at Confluence were sharply outlined against an intense blue sky. The air felt cold but invigorating, and on the roof of the barn there was a thin covering of frost. It was going to be a fine day. I gave Doc, my good friend and faithful beast of burden, an extra hard pat as I greeted him and prepared to mount. Trixie, a constant companion, waved her tail in happy anticipation of a day on the district. There were quite a few families to visit: some new babies and their mothers, two prenatales near term who found it difficult to walk from their homes near the head of Polly Murrell Branch, and an old couple who lived by themselves, still kept a cow and some hens, and who looked forward to the nurse's weekly visit not only for the "high blood" pressure shot the nurse gave under the medical director's order, but for the chance to talk.

This was a horseback day for most of the visits were in an area where it was impossible to use a vehicle. Our jeep, Bolt, would probably be able to ford the river at the mouth of Hell-for-Certain Creek, but since most of the visits would be up rough branches where people had to walk or ride mules or horses it was better to use the horse.

Doc, Trixie, and I left the center in high spirits, matching the "Hip, hip, hooray" of the lovely song sparrow. We planned to ride up the river two miles to the Hell-for-Certain ford, cross there and stop to tell the teacher and pupils in the one-room school about the typhoid clinic planned for the next week. Then, we would visit some families on Black Henry's Branch and Sugar Camp Branch, going nearly to Dryhill, six miles up river, before turning up Polly Murrell Branch. There were school children walking across the swinging bridge as we approached the ford. Everybody waved. Trixie, the advance scout, entered the water first. The swift water came up to just under her tail. Both dog and horse were accustomed to the ford and continued on without hesitation. Soon, however, the dog was swimming, for the swift

water had forced her into a whirlpool just below the ford. Although paddling vigorously, she made no headway against the current. Had she permitted herself to float probably she could have drifted easily from the deep hole. Doc and I continued on across the ford to the other side. Then, seeing Trixie still in trouble, we turned back for her. Doc headed for the hole. The water rose rapidly on his great body. Suddenly, nearly within reach of the dog and seeing the anxious look in her eyes, we were afloat. Doc was swimming easily. Water covered the saddle. The saddlebags, which unfortunately had not been fastened securely to the saddle, floated easily from beneath me. In the swift current the bags stayed on the surface of the water but moved away quickly. Slipping off the saddle I followed them and grabbed hold of them. By swimming side stroke, and being borne on the swift current, I reached shore quickly. In the meantime, Doc had turned and swam to the opposite shore. Trixie must have ceased her struggles long enough for her to float away from the whirlpool, for she was swimming toward me. Soon, climbing up the bank with her, I turned to see Doc leaving the river on the other side and giving himself a grand old shake. The school children gathered around him, and waved back to me. They called out they would hitch him to a tree until I returned. The unexpected swim meant I had to go back to the center, carrying the wet saddlebags, for a complete change of uniform and dry bags.

Trixie and I climbed the steep bank to the road just as Curwood Huff drove past, saw my plight, and kindly transported his wet passengers to the nursing center, then back to the ford and the swinging bridge. After all this, Doc, Trixie, and I continued on our district visits with undampened enthusiasm.

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“There’s just one thing I want to tell you before you go any farther,” said the girl to her eager suitor.

“What’s that?” he asked.

“Don’t go any farther.”

*Modern Maturity*, June-July, 1962



## BEFORE WE STEP INTO THE WINGS

by  
MARY BRECKINRIDGE

Some thirty-five years ago my horse, Teddy Bear, and I forded the Middle Fork River at the Mouth of Hurt's Creek and began to climb up the steep trail that led out of the ford. We came upon a woman who was trudging up the same trail. She looked tired. I reined up and told her that Teddy Bear would carry double. I asked her to get on his back behind me. She thanked me as she shook her head. She said, "I have learned to take the mountain easy."

My mind has gone back to this episode more than once during the long years that have passed since then. Sometimes a mountain has seemed to me almost too hard to take at all and impossible to "take easy." Such a mountain came to me this past summer, as many of you already know. All of you, my friends, will want to know what was the matter with me, what was done, and what will be the outcome. This is the fourth successive article that I have written called "Before We Step Into the Wings." I know that you all would want me to make it purely personal.

In June my medical check-up was done by the same eminent internist who has insisted on such check-ups annually, even though there never seemed to be anything the matter with me except old age. This time the findings were such that my internist friend referred me to another Lexington physician who is an eminent urologist. The upshot of all this was surgery for the removal of three low-grade malignant tumors in the bladder. This took place at St. Joseph Hospital in Lexington on July 3, where everyone was deeply kind to me. On the fourth day following the operation, I was transferred by ambulance to the University of Kentucky Medical Center Hospital. My surgeon had decided that I should be given radium treatments and the only cobalt in Central Kentucky is at University Hospital. This was of intense interest to me. The sliver of radium, from Oak Ridge, was encased in two tons of lead. The treatment, which lasted one minute at first, was four minutes and two seconds during the last week. I was taken down in a wheel chair daily, except for Sun-

day, for five weeks and two days. None of this was painful; none of it caused nausea or irritation of the skin. It was all quite wonderful to an old nurse like me. Everyone with whom I came in touch at University Hospital was deeply kind.

I am fond of saying: "Why shouldn't this happen to me!" The really hard part of it was losing nearly seven weeks during which I had planned to do lots of things. Also my unexpected operation dislocated the plans of other people. For example, Brownie (Helen E. Browne) gave up her vacation to stay with me during the first ten days and two of our own nurses came down to help me. Later Agnes Lewis gave up a week she had planned to spend with her sisters to stay in Lexington near the University Hospital and spent every day with me. Many of our staff took short week ends, at their own expense, to stay near me and visit with me.

I have many kindred and old friends in and around Lexington. They spoiled me. Our Blue Grass Committee Chairman, Mrs. F. H. Wright, set up a tea table in my room and presided over it nearly every week day afternoon. This gave me a sort of 4:00 o'clock "at home" because so many people dropped in around then. But they looked in on me at other hours of the day too. Members of our Medical Advisory Committee and of the Hospital medical and nursing staff were frequent guests. Our former courier Betty Dabney was on hand nearly every week day morning to read my mail and newspapers to me; my young cousin, Mrs. Carter Stanfill, was in nearly every day; my niece, Mrs. John M. Prewitt, drove thirty miles more than once to see me, although she had to leave her baby at home. Among the guests from my beloved Kentucky mountains were two other patients on my floor. I think in all nearly a hundred people came to see me.

Lastly, I want to speak of the happiness it gave me to receive so many letters, cards, messages, from absent friends and from my own family. I want to thank each one of you from the depth of my heart for remembering me and for, as so many of you wrote, carrying me in your prayers.

I shall quote from only one letter, that of the wife of my nephew who is in the Air Force. She says:

"The Air Force has a way of describing an airplane which is unable to fly because of repairs needed to some part as being "A.O.C.P."—"Aircraft Out of Commission for Parts." Mother tells me that you are temporarily A.O.C.P., and I pray that you will soon be out of the hangar and back in the air—or at least on the ramp! . . . Do get well quickly and back into the cockpit!"

I am back in the cockpit at Wendover and expect clear skies ahead.

## ECHOES FROM THE PAST

The two following letters from a *To Dragma* quarterly issue of twenty-one years ago were sent us by Miss Florence L. Sanville, of Westtown, Pennsylvania. We print them now with deep appreciation to the National Alpha Omicron Pi Sorority for more than thirty years of support of the Social Service Secretary and her horse and her jeep. Andy and Clara-Louise were two of the best Social Service Secretaries we ever had.

### FAREWELL!

Wendover, Kentucky  
September 9, 1942

Dear Alpha Os:

Sometimes one can write a letter when the words just seem to roll off the pen; then again, words are as difficult to find as automobile tires. No words can adequately express my regret in telling you that I have resigned my job as social worker for the Frontier Nursing Service and am headed up to Western Reserve for a bit of graduate work. No one has loved a job better than I have loved this. These two years have been two of the happiest years in my life.

Now that my leaving Kentucky is a matter of a few days, my time here keeps appearing as a recurrent panorama—if there is such a thing. There are the crippled children who have been vastly helped or cured; there are the burned out and needy who have been aided in getting back on their feet; there are those whose cases are still pending—how can I go off not knowing what will become of them, for by now, they are all my friends and not just “cases.”

However, some of the pangs of leaving are relieved by knowing that I am turning over to an old college friend of mine, Clara-Louise Schiefer from Rochester, New York. She spent three years at Syracuse University and had her junior year abroad in Geneva, Switzerland. She is a grand girl and I know that you will like her.

Words again come hard when I try to tell you how much I have appreciated all the things you have done while I have been

on the Frontier Nursing Service staff and all the things you have sent to the mountain people—toys, your knitted and hand-sewn garments, and used clothing. They have all been of tremendous help and have been more than welcome. I don't know what we would do without your help.

This is just a brief note, as there are but few days to "break" Clara-Louise in. Cheerio, many thanks, and my best to you all.

Fraternally,

Andy  
Edith Anderson then.  
Now Mrs. George Lawrence.

**HAIL!**

Wendover, Kentucky  
September 16, 1942

Dear Alpha Os:

It is a pleasure to be writing you from my desk as the Alpha Omicron Pi Social Worker of the Frontier Nursing Service. From what I have seen in one week, Alpha Omicron Pi has chosen a philanthropy that is more than worth while, for it fulfills a need that could not be met without "outside" interest and support.

There is so much to do in the short time between my arrival and Andy's departure—reading records, visiting people, going on rounds. . . . One day we set out on horseback. What roads! We started down a two-lane gravel highway that ended abruptly between two boulders in a shallow creek. But the road continued as a trail, and for a ways we ploughed through ruts ankle deep in the soft mud. Then we crossed a mountain and slithered down the other side over little boulders in a dry creek bed. The roads all follow creek beds and since there are few bridges, one often fords the streams.

Families live by the creeks in log and board cabins. Of course some families are better off than their neighbors.

Sometimes a member of the family needs outside hospitalization and has no one to accompany him to the city; or a family wants a talented child to have some schooling; or a neglected child seems worth the opportunity of a second chance to "go

straight." . . . The people I have already seen show how much they appreciate the assistance that you are giving them.

Everyone we have seen has expressed such a profound regret at the news of Andy's departure—and then has greeted me with: "Howdy. I'm glad to know you, but we sure are going to miss Miss Anderson." What a reputation for me to live up to!

I hope to carry on the job that Andy has been doing so beautifully.

Sincerely yours,  
Clara-Louise Schiefer  
Now Mrs. Eric Johnson.

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### POPULATION GROWTH IN THE UNITED STATES

Population growth in the United States between 1950 and 1960 was fastest in small cities.

Cities with 10,000 to 15,000 residents in 1950, as a group, increased their population more than 35 per cent in the decade, while cities with 100,000 or more residents gained only 7 per cent.

In each group of cities, however, population growth varied widely from one geographic area to another. Relative gains were largest in the West and Southwest, and smallest in the Northeast.

Reprinted from *Science Digest*  
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A man was giving some advice to his son. At the end of a rather stern lecture, he said: "Now, my boy, you understand perfectly what I mean?"

"Yes," replied the boy, "what it boils down to is this: If I do well it's because of heredity, and if I fail it's my own fault."

## LIFE AS A SECRETARY WITH THE FNS

by

ADINE STEPHENS

When I first came to Wendover, it was a perfect sunny day in August, and it turned out to be the wedding day of a nurse, Joyce Hilditch, to Robert Mishler.

My parents had brought me as far as the Hyden Hospital. From there I was to travel on to Wendover in a jeep with several of the hospital staff.

Because of the excitement and rush to get to Wendover on time, my suitcases were left behind. Of course, I knew nothing of the wedding before arriving and was quite bewildered. That night, with the help of Cecile Watters, I was soon settled down, in a borrowed gown.

While living at Wendover, I had many experiences. One being on a very snowy, winter night. Two other secretaries and I were asking fellow staff members at the Dogtrot table what we could do to pass away the wintry evening. They started teasing us about sweeping the swinging bridge. We finally decided to take the dare although they did try to discourage us. With shovels and brooms we set out to work. Early the next morning a small local boy asked at the post office, "How come the swinging bridge is so bare of snow—it's certainly deep everywhere else!"

In winter months, when short of couriers, we helped with the animals before and after tea. The worst was watering the cows. With the water frozen in the watering trough, we had to pull and tug to loosen the plug in the tub and we nearly froze. Then, sometimes a cow wasn't ready to go back in the barn and she gave us a merry chase.

The four years I spent at Wendover passed quickly and I learned much. On several occasions I worked with "grab" and went on district with Miss Lester. These were fascinating and educational days.

There is always something new and exciting happening each day in one's life with the Frontier Nursing Service. There was never a dull moment from the time I arrived as a secretary.

## OLD COURIER NEWS

Edited by  
AGNES LEWIS

### **From Nancy Dammann, Bangkok, Thailand—May 24, 1963**

I continue to enjoy Bangkok. It's the best post I've ever had. The people are very hospitable and a delight to work with. This country has accomplished a remarkable lot in the field of development. Right now work is concentrated in the rural Northeast.

I do a lot of traveling which I thoroughly enjoy. My job consists of work on the production and evaluation of various communications media such as pamphlets, movies, et cetera. It's a lot of fun.

We have some excellent medical projects. Some day when I have time I will try to write you about the midwifery work being done here. One of these days I have to write a pamphlet about public health projects in Thailand. At that time I'll try to send you a description of midwifery training and work. Right now I am not sure enough of my facts.

. . . . .

### **From Mrs. Robert F. Muhlhauser (Ann Danson),**

**Glendale, Ohio—June 1, 1963**

Our son, Rick, graduates from Taft on June 7th. From there Sandy and I will go to Scarsdale to spend a week with my sister and her family. On June 12th Bob will drive to Princeton, New Jersey, for his thirty-fifth reunion and Sandy and I will join him there and drive home with him.

. . . . .

### **From Mrs. Ranlet Miner, Jr. (Beth Kidd),**

**St. Paul, Minnesota—June 21, 1963**

Ranny has become as ardent a backer of the FNS as I am and has told more people about it since our return than I have in the past seven years. He is captivated by all of you. I think he would love to retire to the hills if he ever has to write a lengthy paper. You can imagine my delight in his reactions, for you must know by now my feelings and attachments to FNS and the people who make it what it is.

**From Mrs. Timothy Breed Atkeson (Paula Granger),  
Washington, D. C.—July, 1963**

It was wonderful for us in Washington to see the photographs of the FNS and Kentucky at the Washington tea at the British Embassy this year. Many people who had never visited Wendover were delighted with them.

**From Alison Bray, London, England—July 16, 1963**

We had glorious sunshine for most of the trip to North Africa and Greece, which greatly added to one's enjoyment. It was a great adventure and we found it all most fascinating and only wished we could have had longer. Tunis and Libya were so interesting and I was thrilled to get to that part of the world as it isn't easy to go there on one's own—it would take ages and probably be very expensive. Greece, of course, was simply lovely and I can't wait to go back.

In September I am starting a job! It is part-time and temporary and consists of helping to run another conference—not doctors this time unfortunately, but to do with old people's welfare. I shall work in London most of the time and the conference is to be in Torquay next April. I've been home once or twice and will be there again for a week in August.

I am busy as usual and making the most of this wretchedly cold damp summer. Mary Ogilvie and I have just had a week in Scotland which we enjoyed very much. I was in Leeds in June when our family business celebrated its centenary with a great deal of jollification. There was a dinner for twelve hundred one evening for work people, staff, pensioners, **everybody**, which was a great success. On another evening we had a party for about two hundred at Causeway, and then there were various other events as well.

**From Mrs. Walter N. Haldeman (Jane Norton),  
Glenview, Kentucky—July 18, 1963**

Janie's baby is so darling—very "smiley" and happy. I am proud of the very good job she is doing with him and with her housekeeping and I am sure that her working with the Frontier Nursing Service was a great help in many ways—including the



confidence it gives that any job can be done, and cheerfully. She loved it so—as did I.

. . . . .

**From Mrs. Gerald Gettys Tyrrell (Janie Haldeman),  
Louisville, Kentucky—July 18, 1963**

My husband, baby and I are fine. Little Gerry who is almost three months old developed diaper rash yesterday. So I stripped him bare of his diapers and it seems to have disappeared—I hope for good.

I was so pleased to read in the last Bulletin of the Beasleys' return! How grand they are.

We have bought a small house which we love. Although I will always love the country, it is nice to be able to walk to the grocery store or over to see a neighbor, and Gerry will be able to walk to school.

. . . . .

**From Mrs. Edward Arpee (Katherine Trowbridge),  
Lake Forest, Illinois—July 19, 1963**

Do you remember "way back when" the greenest of all couriers came to see you in Lexington where you were recuperating from your back injury in 1932? She happened to be one Katherine Trowbridge, first courier from the Chicago area!

Now I am anything but "green" in my new role as grandmother! The Arpee family is enjoying three happy summer months all together, nine of us now. Little Julie Van Wagenen Sherman, the youngest, is the "spittin' image" of her mother, Harriet.

. . . . .

**From Sally Foster, Albuquerque, New Mexico—July 22, 1963**

I am up here for the day—Catholic Maternity Institute—just observing as part of my field training for the Peace Corps. For the last nine weeks I've been at the University of New Mexico studying Portuguese and various other subjects such as world affairs and the history of Brazil and at the same time trying to get "physically fit" in the good old Kennedy tradition (mountain climbing, drown-proofing, push-ups, soccer and the whole works). The academic work is over now and so is most of the physical bit. Now we're doing things like working in the

hospital, visiting various mothers' and boys' clubs and attending well-child conferences.

Around the 18th of August, if I get through the next "selection board" coming up next week, I should be going to Rio with about 25 other girls to work with under-privileged people as health educators.

. . . . .

**From Celia Coit, Agoura, California—July 22, 1963**

For the past months I've been working for two friends who have a silk-screen printing business, taking samples of past work around to show commercial artists and big advertising agencies. It's interesting but hard to tell if one is really getting results. We have hopes.

. . . . .

**From Betsy Palmer, New York, New York—July 31, 1963**

My stay here in New York is proving to be all that I ever hoped for. Right off I was fortunate enough to find a lovely, sunny room that is just a few doors away from where I work. The view looks out on a number of charming little back yards, full of wild life, i.e., two afghans and innumerable cats. I've never seen such a city for cats! And I've a big cottonwood tree that sifts the sunshine and provides dancing shadows. Remarkable for Manhattan. But then I've discovered that this city for all its size and bigness has many charming corners.

The area I'm in is Chelsea on the lower west side. It's a hodge-podge of a neighborhood, part charmingly restored old New York, part slum. It is colorful though and I enjoy it, particularly because it's near the river and from my room I hear the toot, toot, toot of the little tug boats and the answering whoo whoo of the big steamers as they're brought into port.

My work is going very well. We've had a number of interesting projects to do, and I've felt that I've learned a great deal. My boss is positively the nicest and easiest person to work for, and the three other employees are most companionable. The hours are from ten to six which makes a beautiful summer schedule!

Most of my week-ends I've spent in New Jersey with my friends who have the farm with the great menagerie; 7 dogs,

1 goat, 4 horses, 2 children, et cetera, so I really haven't left the horse world at all. Just this past Sunday we were up at 4:30 to pack to go to a show in Philadelphia. I never realized before what an extraordinarily beautiful region western New Jersey—that is to say the Delaware valley—is. A month ago it was a riot of dogwood, fruit trees, lilacs and spring flowers and now there are roses everywhere you look.

Of course practically the best part of my stay here has been the opportunity to see friends again that I literally haven't seen in years. I do feel a bit like Rip Van Winkle! It's been wonderful, and New York, you know, has no lack of charming young men—lots of fun around.

Henry (her brother) and I are heading West for a two-week pack trip in a wilderness area of Washington. We're looking forward to it immensely, and right now I'm in the throes of deciding what to do after that—specifically, whether to follow through with my graduate school in education plans, or to stay on here in New York binding for another year. I've been getting so much out of the experience and enjoying it so.

. . . . .

**From Mrs. Arthur Perry, Jr. (Mardi Bemis),**

**Concord, Massachusetts—July 26, 1963**

I am up here at our far away, peaceful New Hampshire farm, accompanied temporarily by our three youngest: Pen, Stevie, and Sam.

Sue will be through with her nursing affiliation assignments in another two weeks. Her first six weeks at the Rehabilitation Center (next to Bellevue in N.Y.C.) were beautifully instructional, organized and fascinating. She is now at Burke Sanitarium in White Plains. She loves her work and seems to know and understand it pretty intelligently.

. . . . .

**From Barbara Porter Watkins, Limerick, Ireland**

—August 9, 1963

I've decided to move to Ireland, it is so beautiful. The grass is a brilliant green with bright flowers everywhere, castle ruins, stone walls, thatched cottages, cows, horses and gypsies wandering the roads. The Inns are very quiet and attractive, the food is

plain but good. Daddy and I have been touring, then we go to Dublin next week for the horse show and then tour until the 17th.

. . . . .  
**From Mrs. David A. Crump (Toni Harris),**

**Cupertino, California—August 20, 1963**

We love keeping in touch with all of you through the Bulletin! Our second daughter is obviously of "courier stock." We took her riding and she was only concerned that her horse might find her (age 6) a bit heavy! We are becoming good campers and enjoy going up in the north country of the Sierras.

. . . . .  
**From Mrs. Lucien G. Osborne (Pat FitzGerald),**

**Racine, Wisconsin—August 21, 1963**

Our oldest daughter, Cynthia, is now fifteen and will be a sophomore this fall in high school. She thinks she would like to be a nurse and she wants her master's degree before she starts work. I'm thrilled. She helps our general practitioner once a week. Our Bill has been at Saint James School for the past two years and will graduate in June. He and I are on a vacation tour of Northern Wisconsin. Fortunately he enjoys traveling with his mother. Virginia and Louise are loving life. They are at Girl Scout Camp.

Last summer I was given a silver, standard poodle, Suzette, who is a great source of security when my husband is out of town. She's very sweet and minds very well.

. . . . .  
Our hearts go out in love and tenderest sympathy to **Cornelia Thomas** (Mrs. John Lee Carroll) and her husband in the loss of their enchanting baby, Cornelia Halsey, in late June.

We extend our deepest sympathy to **Nancy Dammann** in the death, last February, of her father, Mr. J. Francis Dammann. This sad news has just reached us.

#### BITS OF COURIER NEWS

**Julie Foster** (Mrs. David Gilbert) is now living in College, Alaska. We hope for first-hand news of her soon.

We were sorry to learn in late May that **Pebble Stone** had

broken her arm. We hope that no further news from her means that she is making a good recovery.

We were interested to read that **Ruth Harrison** (Mrs. John Venable) riding her fine hunter, Union, took the Working Hunter Stakes in the Clark County, Kentucky, Fair and Horse Show.

**Freddy Holdship** and her sister, Moo, are off on a quick trip to Scotland for the Edinburgh Festival, and a tour of the Hebrides, with Oban as their headquarters.

#### WEDDINGS

Miss Mary Alice Waters of Marshfield, Wisconsin, and Mr. Charles Sheridan Styron on June 15, 1963. This marriage is of special interest to us not only because Mary Alice was an excellent courier but because her father, Dr. Henry S. Waters, was our medical director for several months following the close of World War II. Mary Alice was only three and a half when she lived in Joy House but we entered her then for the Courier Service. When she came to us in the summer of 1959, she upheld the best courier traditions.

Miss Sara Elizabeth Lacey of Columbus, Ohio, and Mr. Leo Theodore Chylack, Jr., of Allertown, Pennsylvania, on July 13, 1963. Mr. Chylack is in medical school at Harvard University.

Miss Florence Lincoln of New York City and Mr. Thomas Lloyd Short of Rochester, New York, on August 3, 1963. These young people will live in Austin, Texas, where Tom will be working on his master's degree at the University.

Miss Victoria Mosby Coleman of McLean, Virginia, and Mr. Irving Lewis Fuller, Jr., on August 10, 1963.

Our very best wishes go to these charming young brides and their lucky husbands for every happiness.

#### BABIES

Born to Dr. and Mrs. Frank Augustus Sparrow (Ann Reynolds) of Norwich, Vermont, their third son, Jonathan Dalrymple, on June 14, 1963.

### RECEET FOR WASHIN' CLOSE

1. Bild fire in back yard to heet kettle of rain water.
2. Set tubs so smoke won't blow in eyes if wind is pert.
3. Shave one hole cake lye soap in bilin' water.
4. Sort things. Make 3 piles. 1 pile white. 1 pile cullord. 1 pile work britches and rags.
5. Stur flour in cold water to smooth, then thin down with bilin' water.
6. Rub dirty spots on board. Scrub hard, then bile. Rub cullord but don't bile—just renoch and starch.
7. Take white things out of kettle with broom stick, then renoch, blew, and starch.
8. Spred the towels on grass.
9. Hang rags on fence.
10. Pore renoch water on flower bed.
11. Scrub porch with hot soapy water.
12. Turn tubs upside down.
13. Go put on clean dress. Smooth hair with side combs. Brew cup of tea. Set and rest and rock a spell and count blessings.

From a Canadian Newspaper  
Source Unknown

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### FISHING FABLE

A man who discovered the joys of fishing rather late in life became even more insistent than ordinary anglers upon recounting his triumphs to skeptical acquaintances. When these friends inferred that he was a liar, he bought a pair of scales, installed them in his library and made his friends watch while he actually weighed his fish.

One evening a neighbor rushed in excitedly to borrow the scales. He was back in 10 minutes, his face flushed with delight.

"Congratulate me, boys!" he cried. "I'm the father of a 24-pound baby boy!"

## OLD STAFF NEWS

Edited by  
HELEN E. BROWNE

### **From Hazel Reesor in Nigeria, West Africa—May 1963**

Each month there are thirty or forty little new Africans making their debut into this world at our maternity center. At present I have two young African girls helping me. We handle all the deliveries, except the emergencies which are referred to the doctor. Besides prenatal clinics, we have a well baby clinic once a week. It is not attended as well as it should be, as the mothers still prefer to try their grandmothers' methods of raising children, until they are persuaded, after losing several children, to try our way. Just this week a pair of year-old twins were brought in, very emaciated from vomiting and diarrhea. I asked the parents what treatment they had used at home. The father stooped down and picked up a handful of dirt, and said, "We put dirt in water and boiled it, and gave it to them to drink." The mother was quite indignant, and corrected her husband by saying, "It was not dirt we used, but sand."

The nursing school still keeps the staff busy. Boys outnumber girls in the student body. The work calls for infinite wisdom, grace and patience. Not far from us is a residential school where a dedicated staff are training young people and preparing them to take their places in this new nation.

### **From Judy McCormick in New Guinea—June 1963**

I wish you could see what a beautiful place this is, and how interesting the people are. I have delivered only three babies since I arrived, because the women are still not accustomed to coming to hospital to have their babies. Their custom is to go, unattended by anyone, into the bush. One woman came to us after being in labor for 24 hours, all alone out in the bush. The doctor did a section, and mother and baby were fine. We will always appreciate the good experience and training at FNS. Next month I will be starting a maternal and child welfare clinic above the area where I live. I love it here now, but miss the hills and all my Kentucky friends.

**From Peggy Brown Elrington in Santa Fe, New Mexico**

—July 1963

Bill and I plan to fly to London on July 30, for five weeks. I was knocked down by a too-friendly dog three weeks ago and fractured my right wrist, so I do not have too much use of my right hand, but I have been able to do some clinic work at C. M. I. to help out. I can be grateful in that it gives us more time in England. When we return in September, I plan to start work in the Indian Hospital here. Please give our love to Mrs. Breckinridge.

. . . . .

**From Luree Wotton in Warren, Maine—July 1963**

I have wished I could come and see you all, but I won't make it now, as I leave for the west coast in a week, and from there go by freighter to the Philippines. I shall be in Manila in language school for about a year, and then go to Northern Mindanao to do rural nursing and midwifery, et cetera. Please do not take me off the Midwives Association mailing list. My folks will forward meeting reports to me. I hope things are going well for you all down there.

. . . . .

**From Vivian Bougher in Angola, Africa—July 1963**

Life is full of surprises for all of us! We must now get permission, from the police in the capital city, to go outside the area where the mission is authorized to work. This may make it a little difficult to visit our co-workers on other stations. One of our mission families came here for the mother to deliver twins! The Africans were amazed, as they did not think white folks had twins. She had a boy and a girl.

Being in the middle of the "bush" with no blood available for transfusions, one does a lot of praying. In my four years out here, we have not lost a mother who came to us at the beginning of her labor. It is good to have a doctor available. It is a joy to be of service, but sometimes we pull our hair out when the medicine man's miracles are tried before the patient comes to us.

. . . . .

**From Cary Gabbert in Cincinnati, Ohio—July 1963**

How sorry I am to hear of your illness, but happy to know



you are doing well. Miss Lester has given me a jolly good briefing on you all in FNS. How refreshing to hear first-hand about each of you. I hope to see her again on one of her Cincinnati trips. I am studying anesthesia at General Hospital. You are very much in my mind and heart, and I hope you will soon be home again at Wendover.

. . . . .

**From Hazel Dufendach in Huntingburg, Indiana—July 1963**

I have been wanting to write you ever since I read of Jahugh's death. I liked him so much. I cannot think of him, Belle and Mrs. Breckinridge as getting older. Her wonderful spirit shines through every issue of the Bulletin. I read of some familiar names in the Bulletin, but how I miss Jean's name among them.

I plan to retire next year after the close of our fiscal year. I want a few good years at home, and time to do some of the things I have thought of for years. Of course, I will still help out when needed.

. . . . .

**From Mary LaMotte Slusher in Pineville, Kentucky—July 1963**

The house in which we lived for the past four years was too cold last winter, so we have moved to the Harlan-Pineville Road. We have rented a beautiful, red, brick ranch style house, but it will not be permanent as we keep looking for a small farm we can buy. Ernest (*her husband*) is still principal of a 20-room school with 700 pupils, and he enjoys it very much. This summer he is working as Ranger-Historian at the Cumberland Gap National Park. Last winter I worked as a volunteer at the Bell County Health Department, and helped with hearing tests in the schools, and after the flood I kept records of typhoid "shots." I enjoyed this work very much. Please give my regards to all I know at Wendover.

. . . . .

**From Frances Fell in Oaxaca, Mexico—July 1963**

Imagine after all these years, thirty to be exact, I saw Doctor Kooser, his daughter-in-law and his son John. The doctor has changed very little, but I am sure he would never have recognized me. We had no difficulty in conversation, beginning, of

course, with the old FNS days. The Koosers had been deep sea fishing in Acapulco and flew here in a small plane. Oaxaco has a large Indian population—over sixteen different groups and each speaking a distinct dialect. Much weaving is done here and a famous black pottery is made in one pueblo. Gold and onyx mines are still being worked. This is mainly a mountain state, but in places it reaches right down to the sea, so the climate varies from cold to tropical. Except in the rainy season the days are warm and sunny.

I have been in Oaxaca since April, on a six months assignment. If my plans go as anticipated I shall be in California with my niece for Thanksgiving, and home to Tesque, N. M., for Christmas with no nursing commitments for a few months, but I do expect to do more years of nursing to complete forty years in the profession. Please give my affectionate greetings to Mrs. Breckinridge.

. . . . .

**From Janet Hudson and Lorraine Jerry in  
London, England—July 1963**

We each want to tell you how much we are enjoying ourselves in London. We have seen many of the traditional places of interest, plus many others. Since we have been travelling by foot most of the time, we have met a lot of nice people.

We visited the British Hospital for Mothers and Babies to-day, and were very happy to hear that we could be admitted this month for the midwifery course.

. . . . .

**From Susan McKee in Woolwich, London—August 1963**

We had a marvellous trip through Ireland before settling here. It really is "God's Country"—I have never loved a place more. We hitchhiked and had rides from everybody imaginable: a cattle smuggler, priests, salesmen, farmers, lorry drivers and an Irish member of Parliament who had met President Kennedy three times!

Now we are at Woolwich, and we love it. The food is a little too good, as I am gaining weight fast. I have never seen a staff so interested and anxious to teach, and they are just as nice now as they were the day we came. The Matron is a wonderful person.

**From Peggy Tinline McQueen in Kent, England—August 1963**

I expect that ere now you are back in your own home, after your stay in hospital and I trust are feeling very well. I keep well and busy. I have a good garden and in my spare time I make hats, eiderdowns and curtains. We have classes run by the borough where I learn these various crafts.

I have recently visited the British Hospital for Mothers and Babies, and understand there are three FNS nurses there. Bridie Gallagher is on district in Woolwich. She came to see me last week, and Marshie, who was in Kentucky when I went in 1929, is coming to visit soon, as is also Mickle Senior. Both of those girls are retired. Next week I am going to see Betty's (Lester) sister, so what with one and another and the Bulletin I keep in touch with you all. How is dear Flat Creek and all my friends there? Keep well, dear Mrs. Breckinridge.

**From Nola Brown in San Felipe, Guatemala—August 1963**

So often I think of Kentucky and all you good folks. I long, often, to be with you again. Right now I am having a lesson in patience. Starting in April, I had a bout of rheumatic fever, and then, the last of May, I had a benign lipoma removed from the palm of my right hand. A nerve was involved so rehabilitation has been long and painful. The pain is much less and soon I hope to be leading the active life I expected when I came back here.

I have a crew of men working on a house here in San Felipe that will be large enough for living quarters and a clinic. Fortunately, I have been able to share the lovely home with one of our families at the Seminary about three kilometers from town, in the open spaces, with the sea on one side and beautiful active volcanoes to the other. This tropical country is really gorgeous. The rains are heavy and it is a bit too warm, at times. Please remember "the latch string is always out," and give greetings to all my friends.

**From Vera Chadwell in High Wycombe, Bucks., England**

—August 1963

I have moved and am now assistant to the Superintendent

of Bucks. County Council Midwives and Home Nurses. I loved the district in Hampshire and was there for nearly six years, but I feel this will be an interesting post, and I will be happy here. This is a beautiful county, especially in my section. I have a non-resident post, so I will have to look for my own house.

I have so many happy memories of you all in Kentucky, and I met so many fine people while I was with you. Please give my love to all my friends.

. . . . .  
**From Frances Crawford in Eku, Nigeria—August 1963**

These past eight months have gone by so fast. I spent the month of January relieving for the pharmacist at Shaki Baptist Hospital, and the next five months were spent in the Maternity Centre at Ogbomosho, and was so thankful for the experience. I spent several days and nights out on Baby Clinics with our health service doctor. We saw, and immunized, well over 230 children in one day. If all goes well I will move to Eku this month, and I will be teaching in our only Nigerian Nursing School, and supervising on medical and surgical wards.

Right now I wish I were at Wendover with you instead of trying to get moved. Eku is the Mid-West of Nigeria where it is hotter and wetter (over 100 inches of rainfall yearly). I enjoy the FNS Bulletin with all your news. Please give my best regards to all.

. . . . .  
**Newsy Bits**

We send our heartiest congratulations to **Gertrude Isaacs** who graduated from Boston University with a Ph.D. in Nursing. She has the distinction of being the first doctor of nursing in the nation, and is the first graduate of the doctoral program at Boston University.

. . . . .  
**Wedding**

**Miss Marlene E. (Sara) Swindells** and Mr. Geoffrey Mills in England, in May 1963. Brigit Sutcliffe, Sara's friend has written us that Mr. and Mrs. Mills are living in Suffolk. We send them every good wish for their future happiness.

### New Babies

To Mr. and Mrs. Eddie Henson (**Mary K. Hotchkiss**) in Pikeville, Kentucky, on Easter Sunday, a son named Stephen Elmo. Mary K. brought her baby to Hyden for a visit and told us that her husband has accepted a call to the Baptist Church in Welch, West Virginia, and that they were planning to move to Welch in August.

To Mr. and Mrs. George McAlister (**Noel Smith**) of Pomona, New York, a daughter, Elizabeth Anne (**Lizzie**) born in the French Hospital, New York City, on July 25, 1963. Noel writes: "Most of the first stage of labor took place during a double feature and the patient was unaware, at first. Entered hospital at midnight and the baby arrived three and a half hours later, a normal spontaneous delivery!"

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Brigit Sutcliffe writes us of a meeting of British FNSers, when Joyce Stephens (**Stevie**) arranged a tea party for Rosemary Radcliffe, Grace Roberts, and Muriel Joslin, at her home in South Cerney. Brigit was supposed to be there too, but she had too much midwifery on her district. We can imagine how the tongues wagged at South Cerney!

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### THANKSGIVING DAY REUNION IN ENGLAND

Miss Nora K. Kelly announces that the Frontier Nursing Service Thanksgiving Day Reunion in England will be held at 34 Cross Road, Bushey, Herts., from 2:00 p.m. to 8:00 p.m. on Thursday, November 28, 1963. Overnight hospitality could be arranged for a few people. Miss Kelly and her mother would be very pleased to see as many old FNS staff as possible. Nearest Station—Bushey. Frequent trains from Waterloo or Euston. Green Line Buses from Victoria stop at Bushey High Street.

### LITTLE BOYS

Five-year-old Tommy was very frightened of large dogs. One day, when he started to back away from a large Alsatian, his mother asked him why he was afraid.

"You'd be afraid, too," was the tearful reply, "if you were as low down as I am!"

. . . . .

An Ontario mother took her young son on a Sunday School picnic, only to lose him in the excitement of watching his first three-legged race. She had just begun an anxious search for her small one when—loud and clear above all the other talk, shouts and laughter—came a desperate young treble crying, "Jessie—Jessie."

When she finally got to his side and had him calmed down again, she asked why he called her Jessie when he always called her Mother at home. The tyke looked at her with justified disdain and declared shortly,

"It was no use calling Mother—the place is full of mothers."

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The man asked the bank for a loan of \$10.00 and was told that he would have to pay four per cent interest at the end of the year.

"That's 40c isn't it?"

"That's right," said the banker, "and what can you give us for security?"

"Twenty-five thousand dollars in savings bonds," said the man.

The bank accepted the bonds and gave him \$10.00. At the end of the year, he was back with \$10.00 and 40c and asked for the return of his bonds.

As the banker handed them over he asked, "Why, with all these bonds, did you have to borrow \$10.00?"

"Well," said the man, "do you know any other way I can get a safety deposit vault for 40c?"

## BEYOND THE MOUNTAINS

The Thirty-ninth Annual Meeting of the Frontier Nursing Service Trustees, Members, and Friends held on June 10 was an immense success. The old dining room of what used to be the Lafayette Hotel was crowded with people. We wish every member could have been present.

. . . .

Miss Betty Lester attended the Alpha Omicron Pi Convention on June 28, 1963. It gives us pleasure to quote directly from a letter of hers:

"How time flies! It seems such a short time ago that Mary Woodmansey and I drove down to Atlanta to the Alpha Omicron Pi Convention in 1961. Now the 1963 Convention at the Buena Vista Hotel in Biloxi, Mississippi, has come and gone.

"It was too far to drive so I flew and Mrs. George Calloway, the Philanthropic Director, met me at the airport quite late on the evening of June 27.

"I loved meeting old friends and new and thoroughly enjoyed telling them what Social Service is doing.

"The Philanthropic Luncheon was at 12:30 p.m. on June 28. The tables were beautifully decorated with lighthouses, the theme being "AOPi Lights the Way." I spent the rest of the day visiting with anyone who wanted to ask questions. Everyone likes to know what their philanthropy is doing and I was only too glad to tell how much Alpha Omicron Pi means to us and how much we need it."

. . . .

We have a letter from Vanda Summers about the meeting of the Milford Garden Club in Milford, Pennsylvania, on July 9, at which she and old courier Marion Shouse Lewis spoke and showed slides. We are happy to quote:

"Marion and I had arranged that she would start our section of the program by giving the background and foreground of the FNS and then she would operate the projector while I gave a running commentary. I took advantage of the subjects as they appeared to describe the territory, the work, the people, the districts, the outposts, and the nurses. . . . After the lights were switched on and the slides completed, I read a condensed version of the poignant story, written by Peacock, called "I Wanted to Live, America!" It seemed to me that as a finale this was an excellent word picture showing conditions before and after the FNS came.

"We had a group of approximately 45 to 50 people. There were many complimentary remarks and they all seemed to have enjoyed the show immensely. Marion and I were so pleased to have had the privilege of showing these slides and reliving the old days when we were members of the FNS."

Helen E. Browne (Brownie) will go to Detroit to speak twice with colored slides about the Frontier Nursing Service. Arrangements have been made by our chairman, Mrs. William W. Wotherspoon, with the help of our chairman emeritus, Mrs. Charles H. Hodges, Jr., and other members of the Detroit Committee. One meeting the evening of Monday, September 30, will be at the home of Mr. and Mrs. Henry S. Booth of Bloomfield Hills, and the other will be at the home of Mrs. Joseph B. Schlotman in Grosse Pointe Shores on Tuesday, October 1. We will tell you about these meetings in the Autumn Bulletin.

. . . . .

Brownie will also represent the Frontier Nursing Service at the sixth annual Boston Christmas Preview Benefit to be held in the Charter Room of the New England Life Hall on Wednesday, October 23 and Thursday, October 24. She will be speaking in Providence, Rhode Island, on Friday, October 25, at a meeting arranged by Mrs. C. A. Robinson, Jr., chairman of our Providence Committee. More about all of this in the Autumn Bulletin.

The date for the Chicago meeting has not been set as this Bulletin goes to press, but all of you in and around Chicago will receive invitations.

. . . . .

Several of our friends have been much in the news of late. Judge George Wooton of Hyden has been chosen as a member of a delegation of 35 to 40 selected leaders engaged in agriculture who will represent the United States on a good will tour in Europe, and he is overseas now. We look forward to a most interesting report when he returns.

. . . . .

We quote from *The Lexington Herald* of Monday, August 26, a delightful piece of news about Dr. Ray, a member of the Medical Advisory Committee of the FNS National Medical Council:

"Dr. Edward H. Ray, Sr., has been appointed chief of the division of urology in the University of Kentucky College of Medicine.

"Dr. Ray received the M.D. degree at Tulane University in 1922 and took postgraduate training at Mayo Foundation.

"Dr. Ray was president of the Kentucky chapter of the American College of Surgeons in 1961 and 1962."



We are always proud of the honors showered on Dr. Lillian South, one of the charter members of the FNS National Medical Council. Her help to us in our early beginnings can never be adequately told. We quote from the *Louisville Courier-Journal* of June 14 something about her distinguished career:

"Dr. Lillian H. South, former director of laboratory services for the State Board of Health, has been notified she has been elected a member of the Royal Society of Health, founded in England in 1876.

"She also has been elected a member of the World Medical Association.

"Next week Dr. South will attend the American Medical Association's annual convention in Atlantic City. She is the only woman ever elected to an office in the A.M.A."

. . . .

On Monday, June 10, right after the FNS Annual Meeting, I drove with Mrs. Roger K. Rogan to Glendale, Ohio, for an unforgettable visit. Mrs. Rogan, who is one of my best friends, had asked me to spend a week of complete rest at her place, "Oakencroft." I could only stay until the Saturday, but she and her domestic staff spoiled me all of every day. On the Saturday she sent me back to Lexington in her car.

On Friday, my last day, Mrs. Rogan gave me a scrumptious tea-party. Nearly a hundred old friends in and around Cincinnati came to this party and it was such fun to see them again.

. . . .

With my warm regards to all of our readers, I am

Ever yours sincerely,

*Mary Breckinridge*

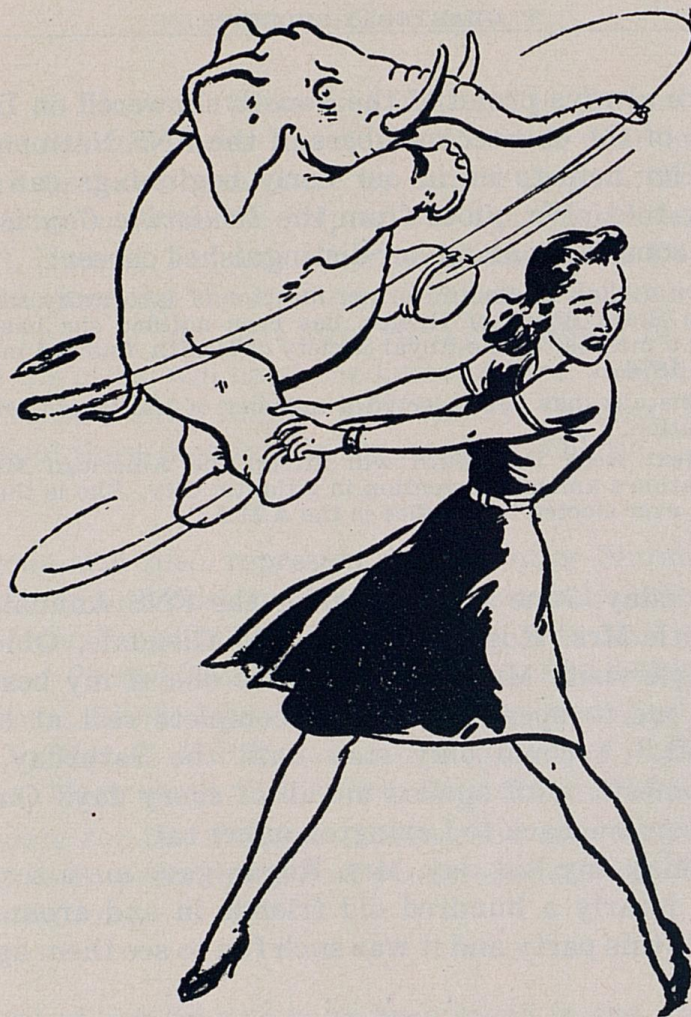
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The man of few words doesn't have to take so many back.

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Twenty years ago lots of folks dreamed about earning the salary they can't get along on today.

## WHITE ELEPHANT



### DON'T THROW AWAY THAT WHITE ELEPHANT

Send it to **FRONTIER NURSING SERVICE**  
1579 Third Avenue, New York 28, New York

You don't have to live in or near New York to help make money for the Frontier Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

**FRONTIER NURSING SERVICE**  
1579 Third Avenue  
New York 28, New York

## TWO KINDS OF ENGLISH

A man had a wife who was always trying to get him to turn his good English words into elaborate substitutes. One evening he told her he had a friend named Bill he wanted her to meet.

"Don't call him Bill," she insisted. "Call him William."

When the friend arrived, the man said, "I'd like to tell you a tale."

"Not tale," his wife interrupted. "Say anecdote."

That night the man asked his wife to put out the light.

"Not put out," she exclaimed, "say extinguish the light."

Later in the night she awakened her husband and sent him downstairs to investigate a noise she had heard. When he returned she asked what it was.

"It was," he explained carefully, "a William-goat which I took by its anecdote and extinguished."

Contributed

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## MUSIC WHILE YOU NEST

Last year a grower friend of mine installed a radio in his office and connected it with several large greenhouses on his holding, so that the men could have music while they worked. Instead of buying new equipment he removed the insides from old sets, leaving only the speakers. A blackbird took possession of one of these three days after it was fixed just over the door of a greenhouse. Although men were coming and going all day and the loudspeaker was playing within a few inches of the nest, she ignored them and successfully reared her brood.

Ralph Wrigley, Lancs

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## FIELD NOTES

Edited by  
PEGGY ELMORE



Left to right  
Mrs. Floyd H. Wright, Chairman, Blue Grass Committee  
Mrs. Charles P. Williams, Greenville, Mississippi  
Mrs. Breckinridge  
Mrs. Tiemann N. Horn, Chairman, New York Committee  
Wendover, Kentucky, June 26, 1963

*Photograph Courtesy of  
Lexington Herald-Leader*

Two very pleasurable events took place at Wendover during the week of June 24. Mrs. Tiemann N. Horn, Chairman of the Frontier Nursing Service New York Committee, and her sister, Mrs. Charles P. Williams of Greenville, Mississippi, arrived for their long overdue first visit to Wendover. Other friends in Kentucky and Tennessee were clamoring for visits from them, so they were only able to remain with us a few days. We thoroughly enjoyed having them and hope they will be back next year.

On June 26, Mrs. F. H. Wright, Chairman of the Blue Grass Committee, brought a group of some thirty FNS friends to spend the day with us. The huge Greyhound bus they had chartered lumbered up in front of the Belle Barrett Hughitt Memorial Nursing Center at Brutus shortly after noon. The group had the box lunch they had brought with them on the lawn of the Center. While they ate they had a chance to visit with the two nurse-midwives at Brutus and to learn something of what is done at an outpost nursing center. After lunch the group drove in to Hyden where they were shown the Hyden Hospital plant by the staff there and then they came on out to Wendover to have tea with Mrs. Breckinridge, Mrs. Horn, and Mrs. Williams before returning to Lexington. We are delighted to hear that the Blue Grass Committee plan to arrange another such trip later in the year.

Saturday, September 28, 1963, will be MARY BRECKINRIDGE DAY. Great plans are being made by the Mary Breckinridge Day Committee. Details are a well-kept secret but we do know that there will be a parade beginning in Hyden at 10:00 a.m., there will be dinner on the grounds of the Leslie County High School, and all friends of Mrs. Breckinridge everywhere are cordially invited.

In June three oculists from the Children's Hospital in Cincinnati, Drs. Kenneth W. Rowe, Jr., Richard S. Kerstine, and D. H. Jansen, came to Hyden to see patients with eye problems. They were accompanied by Dr. J. Tracy Schieder, a surgeon, who wanted to check on some of the children who had already been to Cincinnati and to screen others scheduled to go in the future.

We are deeply grateful to the Mary Parker Gill Fund for a

wonderful new jeep, "Blue Gill," given us this summer to replace "Bruce" who was just plain worn out.

. . . . .

Our grateful thanks go also to the Ladies Aid of St. John's Lutheran Church, Lexington, Kentucky, for the gift of a lovely new baby carriage for our small patients at Hyden Hospital.

. . . . .

On Saturday, July 6, the Mary Breckinridge Park, located on the Buckhorn Lake in Leslie County, was dedicated. Mrs. Breckinridge was in hospital at the time of the dedication (see *Before We Step Into the Wings*), and was unable to be present, but Betty Lester represented her and wrote her as follows:

"Last Saturday the Mary Breckinridge Park was dedicated. Unfortunately there was a terrific storm at Frankfort so Mr. Fox, the Parks Commissioner, could not come. He was to fly to Harlan and be met by Mr. Ralph Brewer, head of the Pine Mountain State Park Commission, who was to bring him on to Hyden. Mr. Brewer came on but about 1:00 p.m. the heavens opened here and the rain came. We went down river but had to return to the Court House which meant that not many people attended. Mr. Benton Deaton made the opening prayer and gave the Benediction. Judge William Dixon spoke marvelously—not a flowery speech but down to earth—about what you and the Service meant to this country and everywhere. Mr. Brewer also spoke briefly. The Park really is very nice and I should imagine it will be used quite a bit."

. . . . .

The FNS is glad that it has been able to reopen the clinics on Grassy and Wilder Branches in the old Confluence area of Leslie County. The Wendover nurse-midwife goes down to each clinic twice a month to see our old patients and friends. Everybody in both communities pitched in to help get the clinic buildings ready for use and their coöperation and enthusiasm has made us feel most welcome.

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As this column goes to the printer, we are eagerly awaiting a visit from Dr. and Mrs. W. B. Rogers Beasley and Battle. We know they are safely in Washington and they had written that they plan to stop by on their way to Tennessee. Trink and the doctor will visit his mother in Memphis and see Gabrielle in school there. They will then drive Rogers to his school in North Carolina before returning to Hyden. Dr. Beasley will spend a few

weeks at the University of Kentucky Medical Center before resuming his duties as the Frontier Nursing Service Medical Director on October 1.

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We are very fortunate to have Dr. and Mrs. John B. Sinning of Marshalltown, Iowa, with us for the months of August and September. Dr. Sinning was able to come to us while completing his plans to go overseas later in the year.

. . . . .

The 45th Class in the Frontier Graduate School of Midwifery completed its work on July 15. The staff enjoyed a buffet dinner at Mardi Cottage, honoring the students and their guests, on the 12th and a graduation service was held in St. Christopher's Chapel on Saturday evening, July 13. We are happy that one of the graduates, Mable Turner, is remaining on the FNS staff as a district nurse-midwife and that another graduate, Elsie Maier, will return to us in September.

The 46th Class began on July 23 with seven students. Ardeth Johnson, Hettie Lake, Nancy Leland, and Mable Spell had been on the staff for some months and Marion Hiebert of Regina, Canada, and Elizabeth Iddings of Morristown, Ohio, had been at Hyden for several weeks. The seventh member of the class is Mrs. Marion R. Nighman of Palo Verdes, California, who has been for some years overseas with US AID. The class has been extremely busy in the five weeks since it began. They have averaged a baby a day and in one seven-hour period on August 14, four babies were delivered.

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We are happy to welcome the following registered nurses to the FNS staff: Sonja Benson, Steeleville, Illinois; Joan Fenton, Normal, Illinois; Katherine Hunt, Portland, Oregon; Lois Kitzman, Clayton, Missouri; Anne Marie Lorentzen, Cass City, Michigan; Priscilla Reitz, Buffalo, New York; and Bonnie Whitman, Lebanon, Pennsylvania. These nurses are on duty in the Hyden Hospital Clinic or with a nurse-midwife at one of the outpost nursing centers.

We were sorry to lose Polly Merritt, Dee Bond, Judith Gay, and Judy Pridie who had to return to England following the

death of her father. Polly and Judith are going to college this fall and Dee is now at her home in Pennsylvania. Carolyn Banghart, the Dean of the Frontier Graduate School of Midwifery, was granted a Title II Training Grant by the United States Public Health Service and she has been accepted for admission this fall to the School of Public Health at Johns Hopkins University where she will study for her master's degree. Katherine Vandergriff has taken on the School. Vandy is a graduate of the Frontier Graduate School of Midwifery and has her master's in Nursing Education. Margaret Willson has joined Mary Simmers as one of the two Hospital Midwifery Supervisors.

The FNS has been rather short of nurses and nurse-midwives this summer. At times we feel we are involved in a gigantic game of musical chairs but we have faith that we will be able to squeak by and that no one will break a leg or be otherwise incapacitated! We really don't know what we would have done without several members of the old staff who returned for varying lengths of time this summer. Margaret McCracken, who is in college at Emory University in Georgia, has spent her whole summer vacation with the Service, helping out wherever needed. Emily Campbell has spent most of her vacation from Duke University at Flat Creek. Alice Herman has just returned to our staff after an absence of several years, during which time she got her B. S. in public health nursing.

At Wendover, Patty Maggard helped Agnes Lewis during her vacation from Berea College and Juanetta Morgan has spent most of the last few months helping both Agnes and Mrs. Breckinridge. Mary Ruth Sparks and Betty Sybil Morgan relieved for vacations at Hyden Hospital.

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We have been well supplied with couriers this summer and a great deal of painting and other necessary chores have been done. Leslie Foster's courier term was terminated abruptly when she was injured in a serious jeep accident on June 12, but we are very glad to report that she writes she has recovered completely. Jinny Branham was with us in the early summer and Freddy Holdship popped in for a couple of days before the annual meeting. Kate Ireland was in charge of the junior couriers until she went to Maine in early August, and the first group



of juniors were Claire Hodupp, Bryn Mawr, Pennsylvania, Dana Marmion, Louisville, Kentucky, Penny Parker, Boston, Massachusetts, and Barbara Porter Watkins, Louisville. Penny and Porter were daughters of couriers as was Mary (Muff) Stone of Cold Spring Harbor, New York, who was with us during parts of both summer courier periods. Claire Hodupp remained at the Wolf Creek Center during the month of August.

The second courier group includes Tillie Hunting, Rochester, New York, back for her second term, Barbara Jackson, Gladstone, New Jersey, Valerie Greene, Dayton, Ohio, and Jane Kennedy, New York City. To our joy old courier Marion Shouse Lewis arrived in August and is with us now and has been a tremendous help with this Bulletin as well as with problems more common to the courier department.

We also had with us during the summer three other volunteers. Lynne Boal of Hillside, Illinois, won the scholarship offered by the Alpha Omicron Pi Sorority and helped with Social Service for six weeks. Sally Keyes is a senior student nurse at the University of Pennsylvania and spent some weeks at Hyden Hospital and Flat Creek. Mrs. Margaret Tesdell of Feasterville, Pennsylvania, spent a month working at Hyden Hospital and was a great help. Mrs. Tesdell trained as a nurse-midwife at the Maternity Center Association in New York City. After she left she wrote:

"Frontier nurse-midwifery gives the kind of maternity care mothers need and should have wherever mothers are to be found. Rural, urbanite, suburbanite, or whatever social or economic class,—any mother would respond with gratitude to the tender, loving care so capably administered, which is embodied in FNS nurse-midwives."

From Iraq and Pakistan, from Egypt and Thailand, from Wisconsin, New York, Georgia, South Dakota, Pennsylvania, Missouri, and several other American states—our guests this summer have been many and varied. Miss Evelyn Peck, Director of Nurses at St. Luke's Hospital in New York, and Miss Phyllis Long, of the New York VNA, spent two days at Wendover prior to the annual meeting in June. Mrs. Frederick T. Morse, Charlottesville, Virginia, the National President of the Daughters of Colonial Wars, also attended the annual meeting and then came on up to Wendover for an all-too-brief visit.

Our overseas guests have included Dr. H. I. Al-Sharbati of Baghdad, Iraq; Dr. H. M. Saeeda, Lahore; Dr. Sophia Ameen, Abbattabad; and Dr. Batul Turabi, Karachi, —all in West Pakistan; Miss A. B. Ibrahim, a nurse-midwife from Alexandria, Egypt; and Dr. and Mrs. Boon Suvarnasara from Thailand—delightful people all.

Bertie and Coleman Norris spent a night at Wendover when they drove Margaret McCracken to Kentucky; Robin Turner spent her vacation from nursing school with her mother at Flat Creek; Ardith Clair's mother, Mrs. Miles N. Clair, Dana Marmion's parents, Bishop and Mrs. C. G. Marmion, and her sisters, and Porter Watkins' father, Mr. Lowrey Watkins, were guests of the FNS during the summer months, as were the "kith and kin" of many other members of the staff.

Old couriers Bobbie Glazier Smith (with her son Stuart) of New Britain, Connecticut, and Emma Coulter Ware (with her daughters Judy and Nina) of St. Louis, Missouri, gave us much pleasure by stopping at Wendover. The Rev. and Mrs. Victor A. Bolle of Milwaukee were in Kentucky on holiday and came by on their way east. Miss Margaret Keller spent a week of observation before going overseas with the US AID program to India. Two of the ex-staff, Grace Frauens and Helen Farrington, brought friends to see us, and Gwen Buchanan surprised us by turning up after an absence of some ten years.

Wendover was a lively place for the six weeks that Mrs. Breckinridge's great nephew, James C. Breckinridge, and his friend, Frederick Christian Bachman II, spent at Wendover. The boys occupied The Hut, swam, rode, helped the couriers and went with them on trips to Hyden and the centers. In spite of a long siege of poison ivy they seemed to enjoy their stay and we enjoyed them. While Breck and Chris were here another Breck (Breckinridge Montague) came for a brief visit with his older brother Bob. This solid masculine front was cracked somewhat by the arrival of Gabrielle Beasley who came home from Liberia ahead of her parents. We had the fun of having her for three weeks before she went to her grandparents in Wisconsin.

In late August Dr. John Greene, Chairman of the Department of Obstetrics and Gynecology at the University of Kentucky Medical Center, arrived with his wife and three small

daughters to spend a few days observing the work of the Frontier Nursing Service. As we go to the printer we are anticipating with joy the arrival of Miss Margaret Gage of Santa Monica, California. She comes on September 4 for a two-week visit and a royal welcome awaits her.

Thank you all for coming to see us.

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### WHO AM I?

I am a little thing.

I cost nothing, but I am worth more than gold to you.

The more you use me, the more you have of me.

I unlock doors, dispel prejudices, open hearts.

I make friendships.

I inspire respect and admiration.

I am always welcome.

I bore nobody.

I violate no law.

No one condemns me.

I am pleasing to everyone.

I am COURTESY.

And Courtesy IS contagious—if you don't believe it, try it.

*Blue Grass League News, Summer, 1963*

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Evacuated April 1, 1960

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**Margaret Durbin Harper Memorial Nursing Center**  
(Post Office, Big Fork, Leslie County)

Miss Barbara French, R.N., C.M.; Miss Bonnie Whitman, R.N.

S. C.M. stands for State Certified Midwife and indicates a nurse, whether American or British, who qualified as a midwife under the Central Midwives Boards' examination of England or Scotland and is authorized by these Boards to put these initials after her name.

C.M. stands for Certified Midwife and indicates a nurse who qualified as a midwife under the Kentucky Department of Health examination and is authorized by this Department to put these initials after her name.

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For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of \_\_\_\_\_ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

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The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
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. . . . .

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



## FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to coöperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the  
Frontier Nursing Service, Article III.

### DIRECTIONS FOR SHIPPING

We are constantly asked where to send gifts of layettes, toys, clothing books, etc. These should always be addressed to the FRONTIER NURSING SERVICE and sent either by parcel post to Hyden, Leslie County, Kentucky, or by freight or express to Hazard, Kentucky.

Gifts of money should be made payable to

FRONTIER NURSING SERVICE,

and sent to the treasurer

**MR. EDWARD S. DABNEY**

Security Trust Company Building

271 West Short Street

Lexington, Kentucky





CAROLYN BANGHART, DEAN OF THE FRONTIER GRADUATE SCHOOL OF MIDWIFERY, exhibits the midwifery saddlebags to BETTY KERR, Lexington, Kentucky, and ANN GUTHRIE, Middletown, Kentucky. These two girls were among the passengers on the trip made by chartered bus described under *Field Notes*.

"An Unexpected Swim" by Carolyn Banghart is printed elsewhere in this Bulletin.

