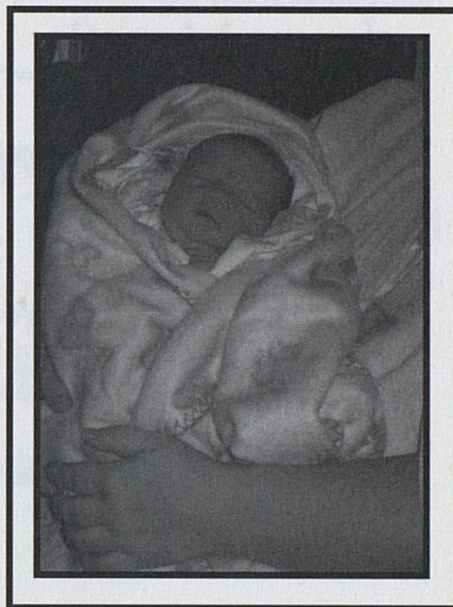
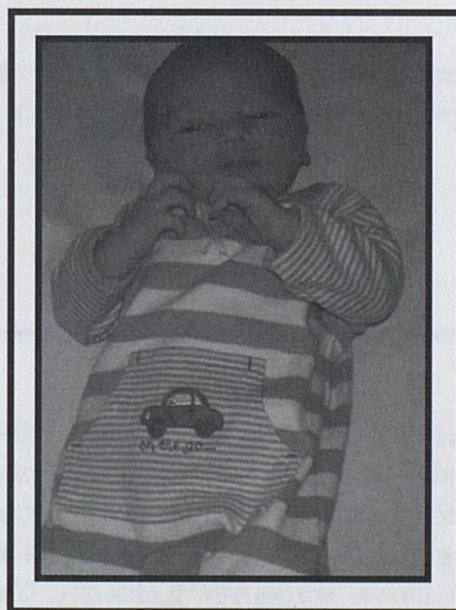




*Boddy Trent Isaiah
Thomas*



Janessa Gail Brock



Marcus Peyton Fouts

CORRECTION

The header on the cover of the current Quarterly Bulletin was printed incorrectly. It should read

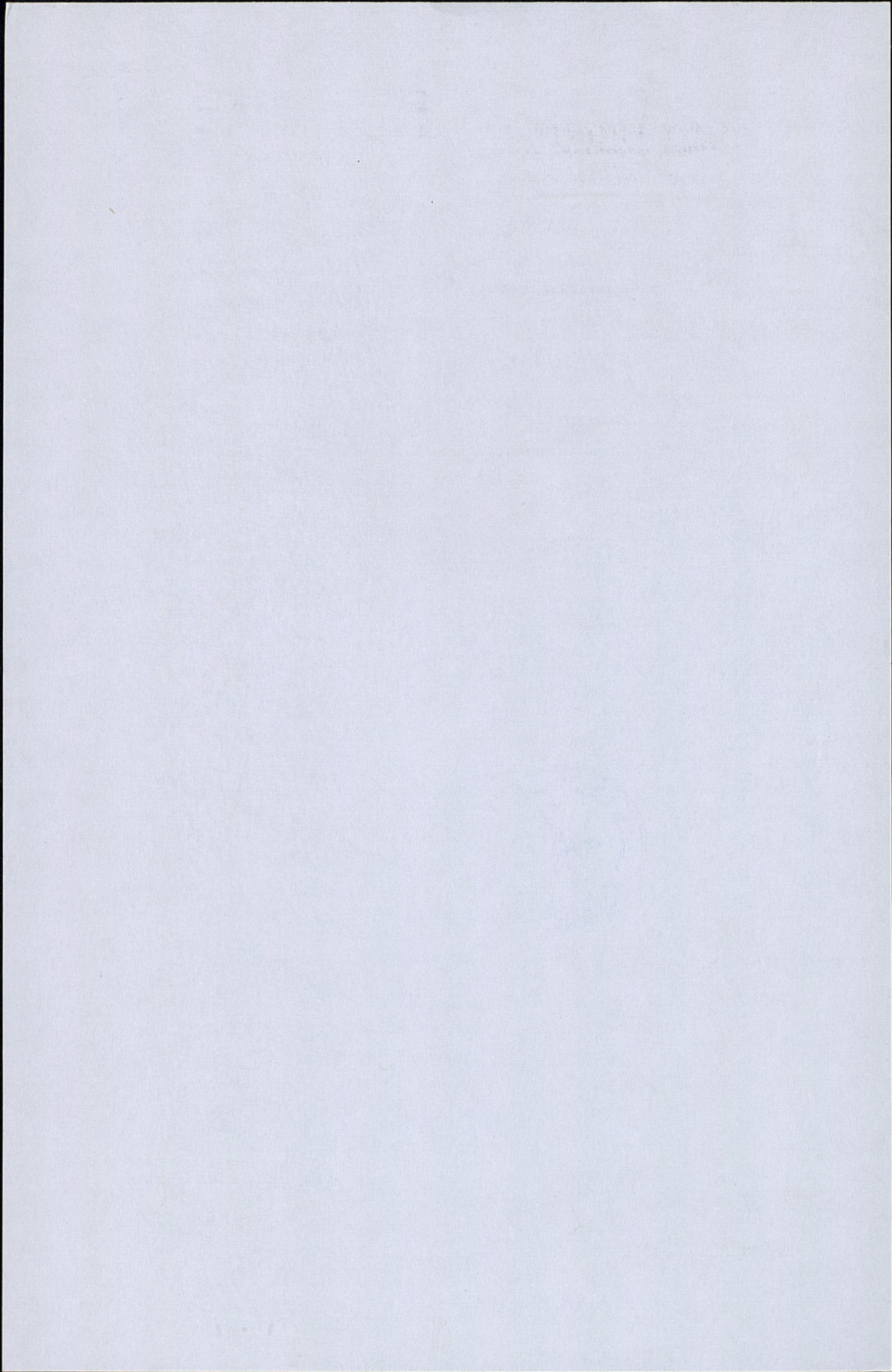
FNS FRONTIER NURSING SERVICE
Volume 82 Number 3 Winter/March 2007



We apologize for the error and will make every effort to see this does not happen in future.

Sincerely,
Rebecca E. Lutz
Post Printing Co.

Loose Item



Loose Item

FRONTIER NURSING SERVICE

US ISSN 0016-2116

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Cover: The latest arrivals at the new Center for Mothers and Children at Mary Beckinridge Hospital (photos by FNS staff)

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Introduction to Frontier Nursing Service (FNS)

Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly mothers and children.

Mrs. Breckinridge established the FNS in Leslie County, Kentucky in 1925, as a private charitable organization serving an area of 700 square miles. It was the first organization in America to use nurses trained as midwives under the direction of a single medical doctor/obstetrician, based at their small hospital in Hyden. Originally the staff was composed of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality prenatal and childbirth care in the client's own home.

Today, Mrs. Breckinridge's legacy extends far beyond Eastern Kentucky. FNS, Inc. is the parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes six rural healthcare clinics; Mary Breckinridge Home Health Agency and the Frontier School of Midwifery and Family Nursing which offers a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner and Women's Healthcare Nurse Practitioner.

Mary Breckinridge's home, The Big House, located at Wendover, is a licensed Bed & Breakfast Inn. For more information or reservations, call 606-672-2317 or e-mail fNSTOURS@yahoo.com. You can also access our websites:

Frontier Nursing Service - www.frontiernursing.org

Community Based Nurse-Midwifery Education Program
www.midwives.org

Community Based Nurse Practitioner Program
www.frontierfnp.org

The Journey

by Jane Leigh Powell,

National Chairman of Board of Governors

In the last two issues of the Quarterly Bulletin, I have been reporting on Bill Hall's progress since suffering a severe stroke last May. Sadly, the time has come when the FNS has to say good-bye to Bill as the eighth Frontier Nursing Service CEO. We do so with heavy hearts, never forgetting what Bill brought to us in wisdom, enthusiasm and his love for Southeastern Kentucky, where he was born. He was "as one" with the people we serve, understanding their ways and culture, how to talk to them and, above all, how to listen to them.

Bill wouldn't make a decision until he had thoroughly researched everything and until he had talked to and heard from as many people as possible, always telling us "you have to crawl before you walk and walk before you run."

Since becoming the CEO in December, 2003, Bill's accomplishments have been extraordinary. Through his leadership, the inpatient and outpatient utilization at Mary Breckinridge Hospital has increased dramatically, resulting in a financial turn-around into profitability; the number of patient visits to the outpost clinics has increased; the Home Health Agency has more patients in its care than ever before and the Frontier School of Midwifery & Family Nursing has 480 students enrolled, compared to 200 just two years ago.

Bill encouraged donors to realize the need for renovating and reorganizing maternity services at Mary Breckinridge Hospital which culminated into a beautiful, patient-friendly Center for Mothers and Children where the first baby was born on February 8th. Outside the mountains, Bill attracted new donors and foundations to support the work of the FNS.

As a result of Bill's efforts, the Frontier Nursing Service has been re-born. His foresight and guidance has kept the FNS on the path that Mary Breckinridge envisioned 82 years ago. Bill has done all of the above with love in his heart for his fellow man and woman.

Hopefully, we can look to the future when, perhaps, Bill will be amongst us again, helping in ways we are not aware of yet. He has a tremendous gift of giving but asks nothing in return.



Bill Hall and Jane Leigh Powell

Maternity Services Renovation Update

-Barb Gibson, Assistant to CEO

On Thursday, February 8, 2007, renovations to the maternity unit at Mary Breckinridge Hospital were completed and the delivery of babies now continues. By Friday afternoon three babies had been delivered in the new Center for Mothers and Children and the staff were as busy as bees attending to the mothers and their new arrivals.

Renovations to the Center include the nursing station, lobby, nursery and patient rooms. Patient rooms have a warm family atmosphere and that same warm friendly atmosphere is carried over into the lobby with comfortable seating, flat screen television, and a computer for access to the FNS baby website (www.baby.frontiernursing.org). The computer also provides video games for children. The nursery is decorated with ponies and "Babies in Saddlebags".

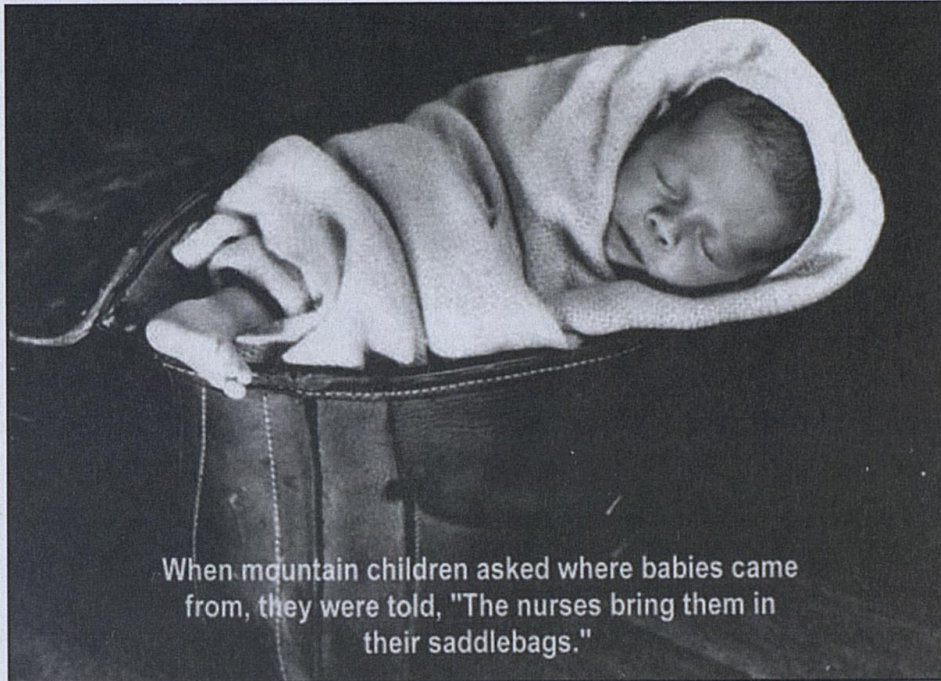
Marcus Peyton Fouts, Hyden, Kentucky (parents are Jesse and Lekisha Fouts), was the first baby delivered in the newly renovated Center. Marcus is the great-great nephew of Arbert Asher, the first baby born at FNS in 1925 and said to be the baby in the "Baby in Saddlebags" photo.

The second baby was Janessa Brock, Warbranch, Kentucky (parents are Elzie and Phenessa Brock).

The third baby was Bobby Trent Isiaah Thomas, Stinnett, Kentucky (parents Bobby and Janet Thomas).

The estimated cost for the complete renovation of maternity services was approximately \$1.5M. We are very thankful that we have able to raise a portion of this amount but the support of our friends is still needed to ensure that mothers and babies will receive the care they need in Leslie County.

Maternity Services Renovation Update - *Cont'd.*



When mountain children asked where babies came from, they were told, "The nurses bring them in their saddlebags."

Baby in Saddlebags



Baby Marcus Peyton Fouts and Parents

Maternity Services Renovation Update - *Cont'd.*

Baby Janessa Brock and Parents

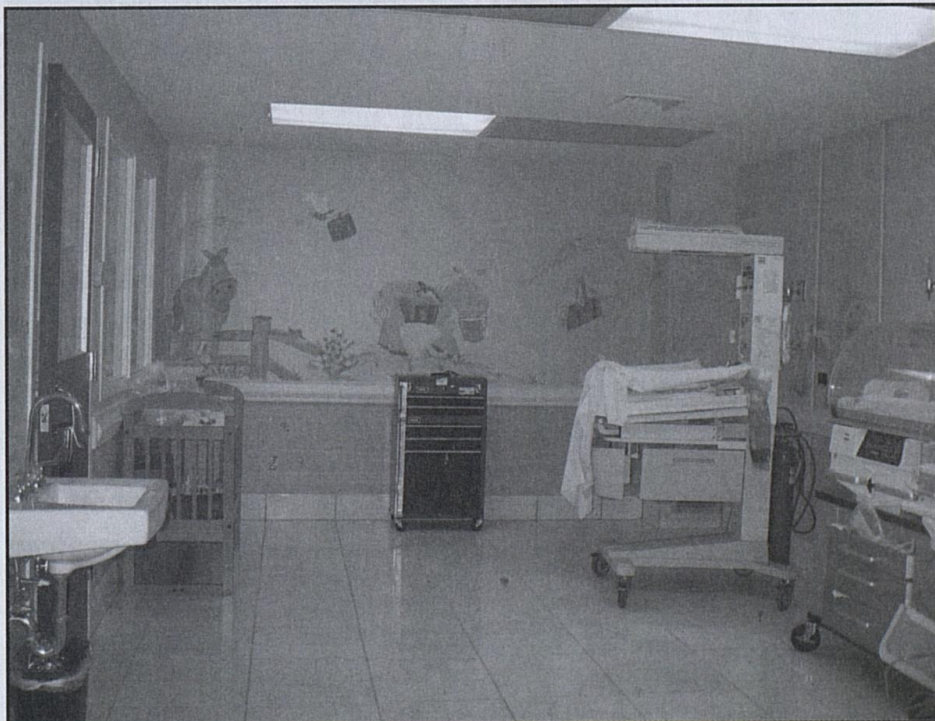


*Nathan Lee, Interim CEO, Dr. Robin Whitaker,
Janet and Bobby Thomas*

Maternity Services Renovations Update - *Cont'd.*



Newly renovated Maternity Nursing Station



Newly renovated Nursery

Field Notes

Wendover Guests

From December 1, 2006 - March 1, 2007, Wendover hosted a total of 454 guests including special dinners/meetings/tours and overnight guests.

General Surgery Coverage at Mary Breckinridge Hospital

Effective February 1, 2007, Dana Edwards, Board Certified General Surgeon began providing full-time surgery coverage for Mary Breckinridge Hospital.

Mary Breckinridge Festival Committee Meeting

The Mary Breckinridge Festival Committee held their first meeting for this year in January to make plans for the October Festival. Members of this Committee are to be commended for their work in expanding the Festival each year.

Employee of the Year at Mary Breckinridge Hospital

Betty Helen Couch, Quality Improvement/Director of Medical Records, was chosen as 2007 Employee of the Year. Mrs. Couch has been employed at Mary Breckinridge Hospital for over thirty years.



Betty Helen Couch

Field Notes - Continued

Former Employee Patti Adams Returns to Work

Patti Adams recently returned to work as an Administrative Assistant at Mary Breckinridge Hospital. From 1975-1982, Mrs. Adams served as Secretary to Miss Kate Ireland, former FNS Board of Governors' Chairman. Later she worked as Assistant to the Personnel Director at Mary Breckinridge Hospital.

Social Worker Hired at Mary Breckinridge Hospital

Tammy Melton, Social Worker/Counselor, began work at Mary Breckinridge Hospital late December. Mrs. Melton is an FNS baby and Leslie County native.



Patti Adams



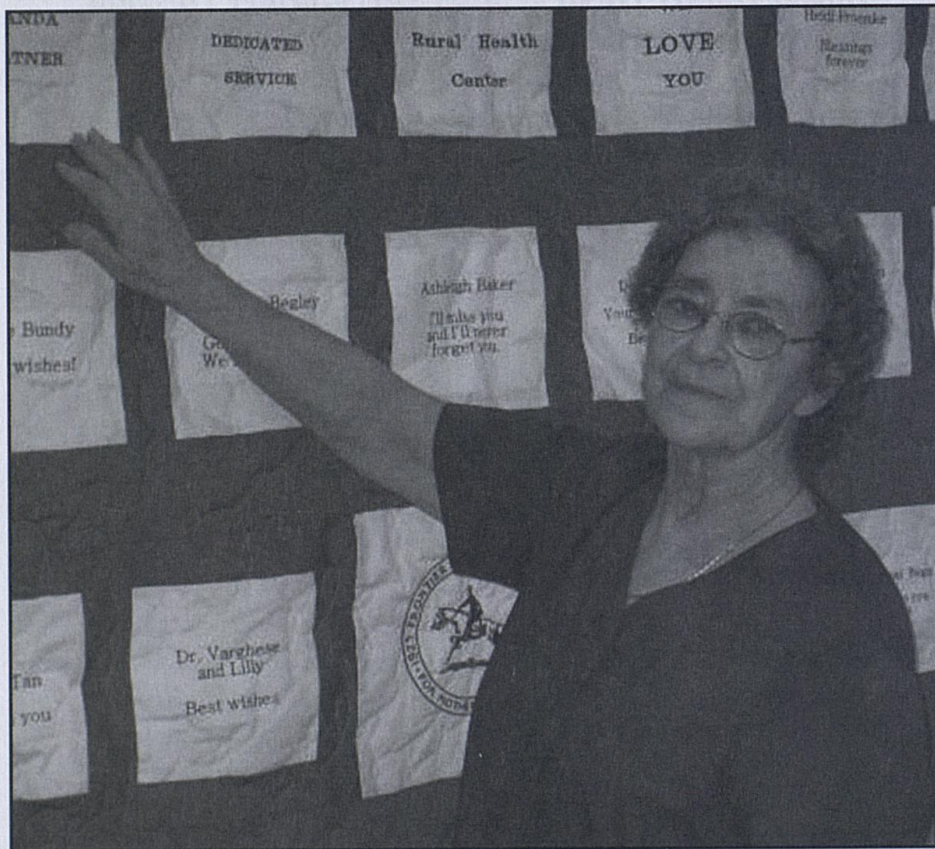
Tammy Melton

Other Renovations

Other renovations at Mary Breckinridge Hospital include a lounge located in the Anne Wasson Center to provide a place for professional staff to do charting, etc. The Dining Room was also renovated with new paint and new tables and chairs.

Field Notes - Continued***Wanda Feltner, CNA, Retires***

Wanda Feltner, CNA, retired October 27, 2006 after 46 years of dedicated service to the FNS. Wanda was known for the special care she gave to the patients who came into the Anne Wasson Center to see a provider. Wanda moved to Michigan to be with her children and is missed greatly by her co-workers!



Wanda Feltner

Field Notes - Continued***Renovations of Mary Breckinridge Hospital Chapel***

The Chapel at Mary Breckinridge Hospital was recently renovated with new furniture, floor covering and paint. The Chapel was dedicated in 1981 in memory of Susie Swartz, x-ray technician at Mary Breckinridge Hospital, who died in a car accident while on vacation in New York.



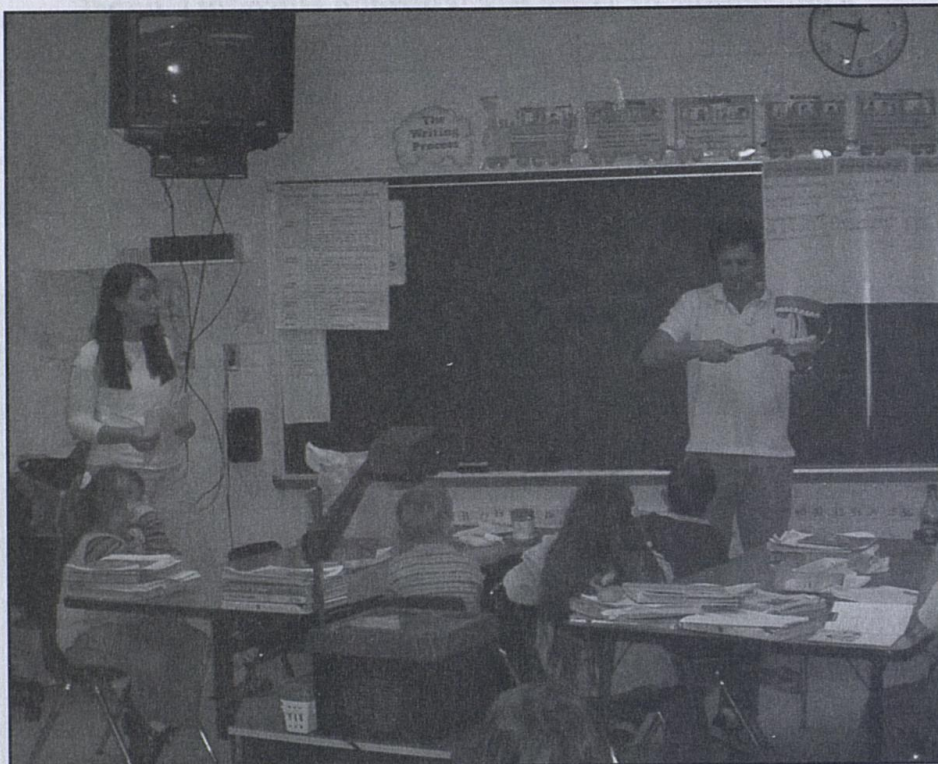
Renovated Chapel at Mary Breckinridge Hospital

Quorum Healthcare Resources (QHR) Seminars

During January, several managers from Mary Breckinridge Hospital attended Joint Commission Survey Readiness seminars sponsored by Quorum Healthcare Resources (QHR) in Brentwood, Tennessee. The seminars covered a variety of issues in preparation in obtaining Joint Commission Accreditation Hospital Organization (JCAHO) accreditation.

The Courier Program

-Dan Wilcox



Courier Dan Wilcox and Courier Rachel Burkard teaching dental hygiene in local elementary school

As I continued with my volunteer opportunities, I became especially engaged with two in particular: The Adult Day Care Center and the Hospice Program, both located in nearby Hazard. At Adult Day Care I had a variety of opportunities ranging from helping young adults to complete their GED, to playing pool with the older folks, to helping out with meal times. Hospice was extremely engaging also as I assisted a terminal patient and his daughter by simply just being there with them and getting to know them and their needs at a very sad, yet natural time of life. As I became more attached to these two opportunities, I focused my short time here with them. That was one thing I really appreciated about FNS: the flexibility. You can do different things depending on how you feel and it's easy to change your mind here.

As for the dining and living situation, let's just say that the southern style food sure beats a college cafeteria and the kitchen is always accessible if you ever get hungry. Living-wise, I had a whole floor to myself in The Barn, (the old stables) located at Wendover. The rooms are cozy and equipped with plenty of heating, hot showers and wireless access which is always nice in this technology driven era. It's safe to say that for the miniscule amount I paid to stay, I was treated with genuine hospitality and care.

I was lucky enough to meet Nikki Demetriou, Nurse-midwife and Family Nurse Practitioner, who loves to meet Couriers and get them engaged with the local community. I encourage future couriers to find her (although she'll probably find you), take trips and meet the locals as they know the places to have a good time.

People here are much friendlier than the city so it was easy for me to adapt. If you have a car, you can take advantage of the fact that Wendover is only a four hour drive from Nashville and another six to Charlottesville, Virginia - two of the places I visited during my time here. Otherwise, nearby Hazard has some night life and if you are looking to just kick back and find some solace in the outdoors, you can hike all around Wendover as well.

Over all I've had a really memorable experience and encourage anyone who is feeling adventurous and community driven to apply for the Courier Program.

Frontier School of Midwifery & Family Nursing

by Dr. Susan Stone, President & Dean

The Doctor of Nursing Practice

The Frontier School of Midwifery and Family Nursing (FSMFN) is in the planning stages of developing a new degree option for our students and alumni: the Doctor of Nursing Practice (DNP). In 2004, the American Association of Colleges of Nursing (AACN) adopted the goal that preparation for specialization in nursing should occur at the doctoral level. Factors contributing to AACN's decision to move to the DNP include the increased complexity of patient care, national concerns about the quality of care, patient safety, shortages of nursing personnel, demands for a higher level of prepared nurse who can design and assess care, shortages of nursing faculty and the need for leaders in practice and research.

Two reports from the Institute of Medicine spurred the movement for transitioning graduate education in nursing to the doctoral level. The Institute of Medicine (IOM) report titled *Crossing the Quality Chasm* (2001) recommends that healthcare organizations promote healthcare that is safe, effective, client-centered, timely, efficient and equitable. A follow up report titled *Health Professions Education: A Bridge to Quality*, states that all health professionals should be educated to deliver patient-centered care as members of an interdisciplinary team, emphasizing evidence-based practice, quality improvement approaches and informatics. Doctoral preparation of nurses will address these recommendations.

A goal of introducing the DNP at FSMFN is to enhance the ability of our graduates to analyze, assess, plan, implement and evaluate best practices. Graduates prepared with a DNP will have enhanced skills in analyzing and assessing the effectiveness of health care practices as well as designing new plans to improve the health of individuals and families.

We are at the beginning stages of this new plan. Steps ahead of us include program development, analysis of the current curriculum, new curriculum development and accreditation by both regional and specialty accreditation agencies.

Many alumni and students have expressed interest in attaining a DNP. The most frequent questions that I receive are how many credits will it be and how long will it take? These questions will be answered as we move forward, we don't have those answers at this time. The new program will be designed to meet the DNP competencies delineated in the AACN document, The Essentials of Doctoral Education for Advanced Practice Nursing. This document may be viewed at <http://www.aacn.nche.edu/DNP/pdf/Essentials.pdf>. Our current goal is to enroll our first DNP class in 2009. We will keep the FNS community apprised of our progress.

**Thanks to the supporters of
The Betty Lou Johnson Memorial
Scholarship Fund**

For 12 years this scholarship has been given to an older student returning to school who demonstrates both academic excellence and a commitment to the underserved - specifically a FNP student.

FNS School-Based Clinic

by Mary Ethel Wooton, FNS Board Member

Frontier Nursing Service and County of Leslie Lifting Youth (COLLY), a local children's organization, have formed a partnership to provide healthcare services to the students at Stinnett Elementary School.

The School-Based Clinic officially opened February 20th. Funding for staffing, equipment, supplies and furniture was obtained from several different sources including The Elgin Foundation, The Honorable Order of Kentucky Colonels, The Steele-Reese Foundation, Rite Aid Pharmacies and The Diller Foundation (Toledo, Ohio). The Clinic is in operation when school is in session and in addition to healthcare, provides dental screenings and classroom lessons in fitness and nutrition.

Sarah Noggle, Family Nurse Practitioner (FNP) at the FNS Beech Fork Nursing Center works at the school-based clinic on Tuesdays of each week. The Clinic is staffed by an LPN five days a week where children with minor illnesses are triaged and either treated there or are referred to a FNP or doctor at another location.



FNP Sarah Noggle treating child at the Stinnett Elementary School-Based Clinic

Old Staff and Courier News

Felicia (Flicka Delafield) Van Praagh, St. James, New York - sent a gift and wrote that she is the great-granddaughter of Margaret Harper Sibley who gave FNS funds to build the Margaret Durbin Harper Memorial Nursing Center at Bowlingtown in 1930. Mrs. Van Praagh served at FNS as a Courier in 1954 and became a Social Worker and worked for more than 40 years helping childless families adopt from abroad. Below is a photograph of her "ever-expanding" family.



***Former FNS Courier Flicka Delafield (2nd row in center)
and her adopted family from abroad***

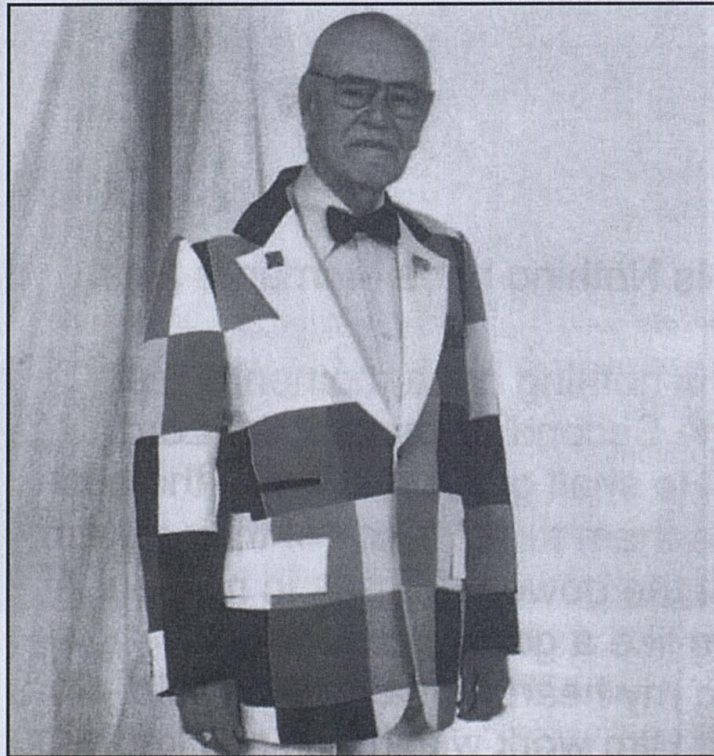
Kate Layman, Temple Terrace, Florida (Courier '95) - wrote that she is attending midwifery school in Florida. Kate's e-mail address is: katelayman@yahoo.com.

Susan Weller, Botswana (Courier '06) - joined the Peace Corp and is in Nojane Village in Botswana. Plans to teach when she comes home.

In Memoriam

These friends have departed this life in recent months. We wish to express our sympathy to their families, and our gratitude for their interest in our work.

Dr. Claude Vernon Cooper, Jr., Hazard, Kentucky - Former FNS Board Member Dr. Claude Vernon Cooper, Jr., passed away Wednesday, February 7, 2007 at the age of 83 years. Dr. Cooper served on the FNS Board of Governors from 1975 until 1992.



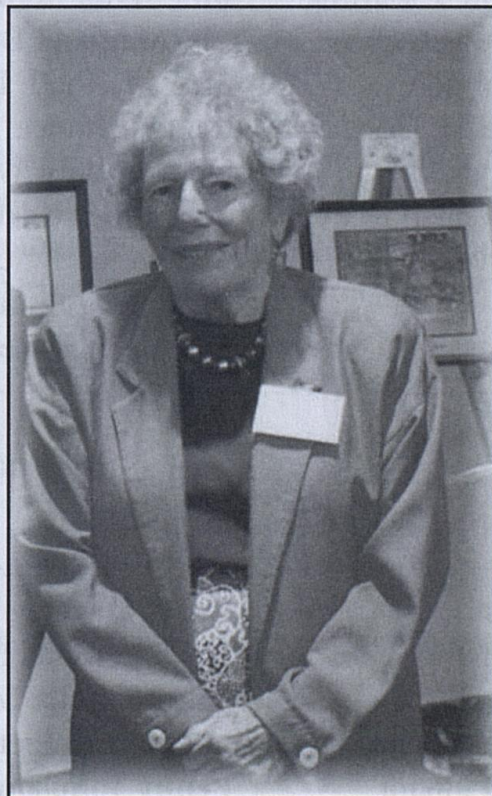
Dr. Claude Vernon Cooper, Jr.

Miss Kate Ireland, Honorary National Chairman of the FNS Board of Governors made the following comments about her work with Dr. Cooper in Eastern Kentucky: "Vernon never missed a meeting, always had some thoughtful and important comments, and he was welcoming to Trustees from out of the mountain area".

In Memoriam - Continued

Dr. Cooper was a 1941 graduate of Hazard High School, served in the Navy during World War II, was President of People's Bank and Trust in Hazard, was an avid mountain climber but was most well known for his generosity in Eastern Kentucky. He served on many boards in Eastern Kentucky and was also an active, influential member of The Humane Society.

Marjorie Gage Vogt, Louisville, Kentucky - passed away February 12, 2007. Mrs. Vogt served as Chairman of the FNS Bluegrass Committee since the early 90's. I (Barb Gibson) worked closely with Mrs. Vogt coordinating the annual Bluegrass Committee luncheons either in Lexington or Louisville. She was a wonderful lady!



Marjorie Gage Vogt

In Memory of:**Virginia Henry**

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In Memoriam

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Contributor's name: _____

Person (s) to whom you wish acknowledgment sent:

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Address: _____

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In honor of: _____

Contributor's name: _____

Address: _____

Person (s) to whom you wish acknowledgement sent:

Name: _____

Address: _____

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(the parent)

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Mary Breckinridge Home Health Agency

Willa Morris, *Director*

Form of Bequest

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

How Endowment Gifts May be Made

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

Merrill Lynch
Attn: Travis Musgrave
801 East Main Street, Suite 1200
Lexington, KY 40507
859-231-5258

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

Beech Fork Clinic:

Automatic Electronic Defibrillator 3,591.00

Christian Family Healthcare:

Ritter Exam Bed 1,123.00

Ophthalmoscope 1,025.49

Emergency Room:

Portable Otoscope/Ophthalmoscope
and Rolling Stand 819.81

Frontier School of Midwifery & Family Nursing:

Birthing Simulator 4,000.00

Home Health:

O2 Sat Machine 942.00

Maternity:

Littmann Lightweight Stethoscope 49.95

24" Wide Wheelchair 249.00

Medical/Surgical:

Venoscope II Transilluminator 174.95

Nursing Administration:

Overhead Projector 839.50

PALS Guidelines (10 @ 30.00 each) 300.00

URGENT NEEDS - Continued

Operating Room:

Mid Length Instrument Pans (6 @ 277.74)	1,666.44
Half Length Instrument Pans (6 @ 255.67)	1,534.02

Thanks to Mr. & Mrs. Farnham F. Collins,
Millbrook, New York, for the purchase of
CPR Guidelines for Nursing Administration.

Thanks to Ms. Cathryn Van Dam, East
Swanzey, New Hampshire, for the purchase
of a Pediatric Airway Trainer for PALS
Class for Nursing Administration.

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations
of the Frontier Nursing Service.
Article III as amended April 1999