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Front Cover: The clinic at Beech Fork was the first district clinic built by the Frontier Nursing Service. The original building was opened in 1927, and the first signature in its guest book was that of Mary Breckinridge, who founded FNS in 1925. The history of the Beech Fork Clinic is in many ways a history of FNS itself.

Photo Credits: The photograph of the original Beech Fork Clinic was taken by Caulfield and Shook. Other Beech Fork photographs are by Gabrielle Beasley. Photos on page 15 are by courtesy of Berea College.

Comments and questions regarding the editorial content of the *FNS Quarterly Bulletin* may be addressed to its Managing Editor, Robert Beeman, at the Frontier Nursing Service, Hyden, Kentucky 41749.

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An early picture of the original FNS clinic at Beech Fork.

**THE CLINIC AT BEECH FORK
— ITS 57-YEAR HISTORY
IS A MINI-HISTORY OF FNS**

The first signature in the guest book of the Beech Fork Clinic is that of Mary Breckinridge, who wrote it there in April of 1927. This entry links the clinic to the very beginnings of the Frontier Nursing Service, which was then less than two years old. Turning the pages, one may find many familiar names, from pioneer nurses Mary Willeford and Gladys Peacock to Betty Lester and Molly Lee and Kate Ireland. Entries show that visitors have come from Tsingtao and Peiping, from England and Scotland, from the Philippines and Puerto Rico and India and Libya and France. Much interesting commentary accompanies the signatures and addresses. One visitor writes, "You see this road? Don't take it." Another tells whimsically of a race between horse and stork. Twenty-one signatures from nearby Asher record "a working" in 1934. A baby left her footprint in the guest book in 1949. And there are drawings of animals, and many words in appreciation of good food and sincere hospitality.

These entries do not tell the story of Beech Fork, but they hint at it. Behind this cryptic record lies a history that in many ways is the history of FNS itself.



Mothers and babies have always been FNS "first love." Here Sr. Joan Gripshover of the Beech Fork Clinic examines a member of the newest generation.

By the time Mary Breckinridge came to the Kentucky mountains in the early 20's, she was convinced that health care in remote areas required both nursing and nurse-midwifery skills, a combination new to this country. She also felt that care must be decentralized. Early issues of the *Quarterly Bulletin* show Mrs. Breckinridge's concern with the phrase "in time." This concern referred to two needs: professional skill and transportation. If clinics could be built in the outlying areas, and if they were staffed by competent nurses, then the less serious medical problems could be diagnosed and treated at home or in the clinic, while more urgent problems could be detected *in time* to get the patient to a better equipped facility.

Mrs. Breckinridge felt that "in time" meant two or three hours in most cases, allowing for bad weather and the time it might take a messenger to ride to a center to get help. She decided that if a clinic were centered in an area with a radius of five or six miles, it could serve a population of about 1,000 within an area of about 78 square miles. Each clinic would require two nurse-midwives who would live on premises and who must be competent horsewomen, so that they could go out and care for people in their homes. To take advantage of the topography, and to minimize mountain

crossings, Mrs. Breckinridge decided to locate the clinics along the rivers that provide natural avenues of access.

The Beech Fork clinic was to be the first of these clinics, and work on it began in the fall of 1926. Construction was made possible by a gift from Mrs. Helen Draper Ayer in memory of her mother, Mrs. Jessie Preston Draper, and when the center was finished, it became known as the Jessie Preston Draper Memorial Nursing Center.

Mary Breckinridge insisted that all FNS buildings should be placed on sites where the foundations could reach down to solid rock, and also that they be located well above the highest level that floodwaters were known to reach. In a mountainous area such as Leslie County, where the valleys are extremely narrow and the mountainsides are steep, and where there is little level ground, good building sites are not easy to find. The site chosen for the Beech Fork Clinic was about 12 miles upriver from Wendover, and about 15 miles south of Hyden. But it was thirty-two miles from Pineville, which was the nearest point to which supplies could be brought by rail. Equipment and building materials had to be brought in by mule teams, and the round trip to Pineville often took four or five days. In these circumstances, the building of the Beech Fork Clinic turned out to be a pioneering adventure in itself.

Fortunately, Mrs. Breckinridge could count on the support of the mountaineers, whose sturdy enterprise and integrity she much admired and trusted, notwithstanding an unpleasant experience she had had in 1923 when she rode past an old house near the future Beech Fork site soon after a man and his wife had been killed by Federal agents seeking illegal moonshiners. The incident had brought out strong feelings in the community, especially toward those who came in from beyond the mountains. But Mary Breckinridge and her nurses won over the mountaineers, and when the time came to build the clinic, they worked eagerly. Each gave several days of free labor, and when the clinic was finished, each regarded it as his own nursing center.

To supervise construction, Mrs. Breckinridge appointed two nurses, Gladys M. Peacock, to whom she usually referred simply as "Peacock," and Mary B. Willeford, known as "Texas." These enthusiastic and capable young ladies had come to FNS in

August of 1926. When Mrs. Breckinridge asked them to build Beech Fork, they had had barely two months of working in the mountains. Now they found themselves in roles for which they were completely unprepared.

However, the original plan did not seem to present insurmountable problems. No trained builder having been found in the area, it had been decided to ship in a factory-made structure. Thus, the team of Willeford and Peacock expected to deal mainly with supervising the clearing of the site, and with fitting together the parts of a structure which, supposedly, could be assembled with a minimum of effort. Peacock described the experience in an engrossing article that was published years later (in 1949) in the *Quarterly Bulletin*. Her comments on factory-made buildings make the point:

If ever you are thinking of getting one of these houses, do not be misled by the ready cut advertisements. How many times had we read "Your house put up in twenty-four hours" — "Why waste time on labor?" — "Father and Mother can put it up" — "A child could put this house up." As I said before, don't be misled. Some fathers and mothers might be able to put it up, and possibly some bright child, but I can assure you it took many men, and both of us, weeks before we got our little white house looking anything like a shelter. Every piece of board had to be mitred to fit the other. Hours and hours of labor were expended in fitting these parts together. Many of the bundles had become separated, and unless you knew the difference between a floor plank and "sheeting" you were hopelessly befuddled. To this day one can find in the barn at Beech Fork odd shaped pieces of wood with a "Y2 ½B ¼" written on them. Never yet have we found the place where these mysterious pieces were supposed to go.

Those who know the history of FNS will surely be familiar with the much-told "story of the sills" — but the words of Gladys Peacock, published in the *Quarterly Bulletin* story of 1949, still make a fascinating narrative:

We arrived [at the building site] at seven o'clock and to our utter astonishment we found twenty-five men all grouped around the beech trees. Twenty-five men all waiting to work and all waiting for us to tell them what to do, and we did not know anything ourselves. *They* knew nothing about building and *we* knew nothing about building. We knew that they knew nothing, but fortunately they did not know that we knew nothing, and our chief job was to keep them from knowing.

One and all greeted us with a "Howdy." We took all their names down on a piece of paper, asking each one what he could do. All could dig, two could do a little carpentry, and two did hand hewn work.

Three generations of "FNS babies" gather on the porch of their home, in friendly greeting to Sue Lazar (seated at left), project director of the Beech Fork Clinic, who was making a home visit.



We took four men to stake off the ground where the barn would be, and four more to stake off where the house was to stand. No one could read blue prints. We laid plans on the ground and for several minutes pored over them. We finally made out enough to get the men started. We divided them up. Half were to dig the foundation for the barn and the other half were to cut down the trees on the house site.

All the men were busy when an intelligent elderly man whom we had chosen to be foreman came up to me and said, "What about sills?"

"What about what, Mr. Hoskins?"

"Sills."

I felt swamped. What were sills? Surely he could not be talking about window sills yet, before the foundations were even dug. I looked wise and thoughtful.

"Well, Mr. Hoskins, I'll ask Miss Willeford. Mrs. Breckinridge may have said something to her about them."

I climbed up the hill to the barn site and found Willeford, looking puzzled over a four foot hole.

"What's the matter?" I enquired.

"It seems to me that two men could dig in that hole better than eight without hitting each other." Then to the men, "Six of you had better come out of that hole and go over and start on the other side; you're too crowded." They certainly were.

I called her to one side.

"Willeford, what about sills?"

"What about *what*?"

"Sills."

"What the dickens are sills?"

I wished I knew! I said:

"Well look here, old sport, Mr. Hoskins has asked about sills. What are we going to do about it? We can't let him think that we don't know what they are."

"We've just got to bluff."

"Well come on, let's bluff. You start."

We scrambled down to where the foreman was standing.

"Mr. Hoskins, Mrs. Breckinridge did not say anything to Miss Willeford about sills." Willeford chipped in very casually, "Er — what would you suggest, Mr. Hoskins? You know this part so much better than we do."

"Well, I reckon you can get all you want off Luther Moseley's land. He said you could have all the timber you needed."

So it was timber.

"How soon do you think you'll be ready for them?"

"I reckon we'd better be gettin' them out right now."

"Well, how many men will you need?"

"I reckon four'll be aplenty."

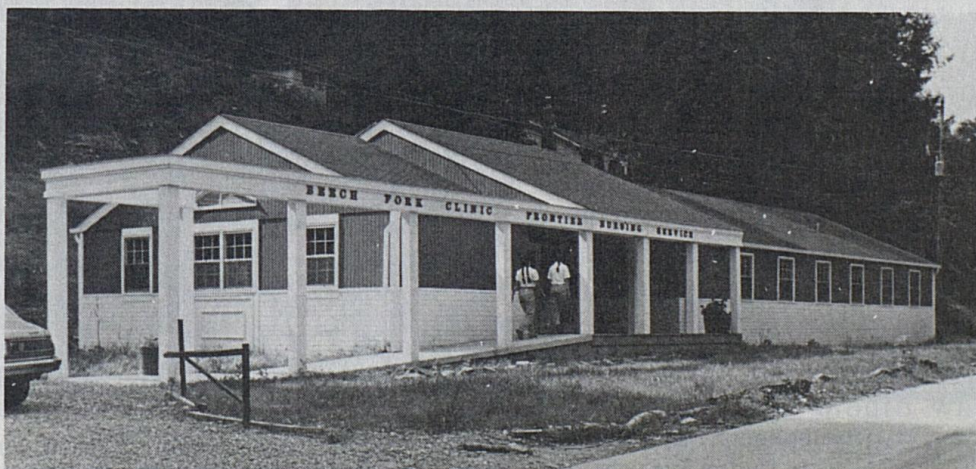
We delegated four men to go with Mr. Hoskins. They climbed the hill at the back of the house site for about half a mile. We slowly followed at some distance away, out of sight. We were certainly going to learn what a sill looked like. Soon two enormous trees came rolling down the hill side, splashed into the water, and floated down the river until they landed on a shallow spot. Four mules, dragging large chains and hooks, were attached to the trees and snaked them on to the site. The sharp blow of four axes rang out. Little by little, slowly and evenly, the men hewed until the two large trees were made into four even blocks of thirty feet long and eight inches deep. So these were sills. The whole of our house was to rest on these blocks. No wonder that Mr. Hoskins thought these important. From now on we would too.

Before the building was finished, other problems had to be solved, but it was ready by the spring of 1927. Other clinics followed over the years. Most of the original clinics have since moved, been combined with others, or closed because of changing needs in their communities. Of the four FNS clinics that now serve Leslie and surrounding counties, Beech Fork is the one that most truly records and symbolizes the FNS experience through its long history of continuous service.

Conditions have changed at Beech Fork too, of course. For many years, its nurses rode out to the mountain cabins on their horses, caring for the sick, giving prenatal care to expectant mothers, delivering babies, and teaching the mountaineers the principles of good health. These nurses established the continuity of care for which the Frontier Nursing Service has been famous.

But there have been changes in the way care was administered. In the years following World War II, jeeps replaced the horses. U.S. Route 421 was paved for the first time in the late 40's, making the region more accessible, and electricity came in about the same time. There has been a steady decrease in home visits, with more patients coming to the clinic for treatment. The introduction of telephone service has made it possible to handle many inquiries without personal visits. Home births have become less common, although they remain an option in some circumstances. In recent years, two babies have been born at the Beech Fork Clinic, but only to mothers who were trying to reach the Mary Breckinridge Hospital in Hyden and couldn't get there in time. (The clinic, of course, handled these emergencies with all the professional skill required.)

The original Beech Fork building received an addition a few years after it was finished; this too was a gift from Mrs. Ayer. By the mid 70's, however, it was clear that more space was required, and FNS decided to build a new clinic. At first, it was thought that a new site should be found, but that turned out to be difficult. One location was rejected because of fears that safe access to the



The new clinic was built just below the old one, which can be seen up the hill beyond it. The old clinic is now a nurses' residence.

highway could not be assured. Another promising site was turned down because of problems in contouring the slope of the hillside. Ultimately, a spot was chosen just below the old clinic. A new building was erected there in 1981, and the old clinic was turned into a nurses' residence. Ironically, the new building, like the first, was "pre-built" — notwithstanding the fervent pronouncements after assembling the first that FNS would never again put up a prefabricated building.

Beech Fork has been the "working home" for many of FNS' best, and best known, nurses. The list would be too long to publish here. One of its first, Ann MacKinnon, was promoted from Beech Fork in 1927 to supervise the nurses at the newly opened Hyden Hospital. The current project director is Sue Lazar, RN, MSN, CANP, who took over last fall on the departure of Laura Pilotto (the first family nurse practitioner regularly assigned to Beech Fork) and Ellen Hartung. Sue Lazar is assisted by Sr. Joan Gripshover, RN, BES, CFNP, and by Bernadine Morgan, secretary since 1972, and Ruth Hall, housekeeper for the last nine years.

Like the other FNS district clinics, Beech Fork is assisted by a local advisory committee, now under the leadership of Mason



Former Beech Fork staff: Ellen Hartung, who delivered FNS' 20,000th baby in Hyden last year, and former project director Laura Pilotto, the first regularly assigned family nurse practitioner at Beech Fork.



The waiting room at the Beech Fork Clinic.

Collett. The first Beech Fork Nursing Committee was organized in 1927 by Peacock and Texas, with the generous help of Walter Hoskins, and it functioned effectively for many years under the chairmanship of Sherman Cook. Marguerite Howard, secretary/treasurer of the present committee, tells of fund raising and other activities sponsored by the committee. These have included yard sales and a spaghetti supper. Proceeds from ventures of these kinds have been used for such purposes as the purchase of a dextrometer (for testing blood sugar), ceiling fans, an examination table, and other equipment. The committee feels that one of its most important functions is to act as a liaison between FNS and the community. One of its traditional activities has been to sponsor Christmas parties for the local children, seeing to it that small but meaningful gifts are provided.

Sue Lazar describes the clinic's efforts to extend its help to the community. Recently, she gave a series of health education classes to third-grade children at the Stinnett Elementary School. In one experiment, teeth were dropped into a glass containing a popular soft drink; a week later, the teeth showed marked deterioration, to the astonishment of the children. In another experiment, a plastic model of a human face and mouth was exposed to cigarette smoke; this showed clearly the residue left by the smoke. A lecture on anatomy was dramatically illustrated by

the use of a heart and pair of lungs from a calf that had been dead just two days. The organs were clean, and the children seemed to have no problems handling them. They pumped air into and out of the lungs, and thrust their fingers into the vena cava. The instructor also exhibited a skeleton and taught the students the names of major bones. While some adults might have been a bit squeamish, the children responded enthusiastically, saying, "Isn't it wonderful how we are made!"

The clinic has in previous years set up temporary one-day clinics in the community to check for high blood pressure; and Sue Lazar plans to resume them, probably at the local post offices.

The Beech Fork Clinic preserves the FNS tradition of closely supporting the community by making its services available, if necessary, after hours. There is much less need than in earlier years for home visits, but Sue says she makes a visit once a week on the average. Often, these are in response to an emergency, such as a stroke, or to assist a family in dealing with a death. Sue noted that in many cases she can take oxygen or other emergency supplies to a home before a rescue squad can get there. Also, she feels she can be of use in helping people who are not ill enough to be enrolled for Home Health service, yet need a certain amount of medical attention. If it is necessary, Sue can take blood samples, listen to lungs, and so on, and guide ailing persons to sources of help. Many of these services are "above and beyond the call of duty," but Sue feels that they improve the health and well-being of the community. Marguerite Howard added, "This is what endears the nurses to us."

One continuing problem is the tendency of some patients to miss appointments, often for lack of transportation. Sometimes husbands are working and cannot bring their wives to the clinic, and older persons may lose their transportation when their children move away. Sue and Joan follow up on as many of these as they can, which sometimes means getting into a vehicle and driving into the mountains.

Like FNS itself, the Beech Fork Clinic continues to adapt to changing conditions. From the beginning, it has symbolized and practiced the principles of health care on which FNS was founded. Methodologies and systems may change, but the need for good health care remains constant, and the Beech Fork Clinic remains dedicated to serving that need.



Marvin Breckinridge Patterson receives an honorary degree of Doctor of Humane Letters from the Rev. Timothy S. Healy, S.J., President of Georgetown University.

MRS. JEFFERSON PATTERSON RECEIVES HONORARY DOCTORATE FROM GEORGETOWN UNIVERSITY

Marvin Breckinridge Patterson (Mrs. Jefferson Patterson), whose loving and eager support of the Frontier Nursing Service goes back to its very beginnings, was honored by Georgetown University on May 26, when it made her a Doctor of Humane Letters.

Georgetown's citation honors Mrs. Patterson as "a true renaissance woman, a lady of vigorous artistic and intellectual ability." To FNS she has been much more than that.

Mrs. Patterson has had a special place in the "FNS family" from its first years. Her father was a first cousin of Mary Breckinridge, who founded the Frontier Nursing Service in 1925. She herself was born Mary Marvin Breckinridge. Thus, she too was a Mary Breckinridge, but she chose to be called by her middle name. Drawing back from the limelight, she has worked quietly, devotedly, and effectively on behalf of FNS throughout its long history.

Mrs. Patterson speaks warmly of the years before 1925 when "Cousin Mary" often stayed with her family, and how she became caught up in Mary Breckinridge's vision of bringing health care to rural populations. In a recent videotape interview, she said she

had been "dying" to come to Kentucky to help Cousin Mary in her pioneering work. Her chance came when Mary Breckinridge decided she needed strong young people at FNS to serve as couriers. The first young lady she chose was Marvin Breckinridge.

Before long, Mary Breckinridge realized she must tell the "outside world" about FNS, and she asked Marvin to return east to study motion picture photography with professionals. Marvin set about her studies eagerly. When she had mastered this new and unfamiliar art, she returned to the mountains. Over much of the next year, she rode on horseback throughout the rough country served by FNS, at a time when there were no roads and there was no electricity. She carried a hand-cranked camera that did not even have a spring to drive it. To operate it, she had to turn the crank manually with a steady, even movement. Yet, despite the problems of operating this camera at inconvenient times, or in weather so cold it was difficult to turn the crank, she succeeded triumphantly in recording the birth of health care in the Kentucky mountains. In the end, she came up with a memorable documentary, *The Forgotten Frontier*, a silent black-and-white motion picture that has been shown thousands of times throughout the world, and which has been given an honored place in the archives of the Smithsonian Institution and the Library of Congress.

Early in her career, Marvin learned to fly, and she was one of the first women to receive a pilot's license. This was just one of many undertakings that revealed her spirit, enterprise, and courage. But ultimately, it was the photographic talents she developed in Appalachia that led Marvin Breckinridge into a wide-ranging career in photography and journalism. In 1932, she joined Olivia Stokes Hatch, daughter of the Reverend Anson Phelps Stokes, in a remarkable 14,000-mile journey through the heart of Africa. Olivia kept a diary of the trip, and Marvin recorded her visual impressions on film. Nearly fifty years later, the diary and photographs were published as *Olivia's African Diary — Cape Town to Cairo, 1932*.

In 1939, as the world moved into war, Marvin went to Europe as a photo-journalist and became a broadcaster for the Columbia Broadcasting System, reporting on events in Europe during those dramatic days. She worked with Edward R. Murrow, Eric Sevareid, William L. Shirer, and other notable journalists and reporters of the time. She tells of covering two of Hitler's speeches and of the

difficult and delicate problems of living in a police state where she personally knew many people who could have become victims of the regime had she spoken a careless word. While in Europe, she married Jefferson Patterson, a career diplomat in the service of the United States. In the years that followed, she shared with him a career of dedicated service that took them to diplomatic assignments in Peru, Belgium, Egypt, Greece, and Uruguay.

After her husband's retirement, Mrs. Patterson turned to helping worthwhile causes. She has given generously to many such efforts, including the Frontier Nursing Service. In June of 1960 she became FNS' national chairman, and she served energetically and well in that capacity for the next fifteen years. She is now the Service's honorary national chairman, and she is also an active member of the Washington, D.C. Committee.

The Georgetown University citation reads as follows:

A true renaissance woman, a lady of vigorous artistic and intellectual ability — that is Marvin Breckinridge Patterson.

Not bound by established customs, Mrs. Patterson pursued many interests. Study of history and languages and world travel expanded her native sensitivity to the concerns of human beings. Her career as photojournalist, radio broadcaster, and wife of a Foreign Service Officer reflects this.

She rode horseback as courier for the Frontier Nursing Service in Kentucky, founded by a cousin, and studied film-making to make a documentary about it. Her articles and photographs about travels through Africa in the 30's were published in English and American newspapers and magazines. In 1939, a photographic assignment to Europe culminated in radio broadcasting.

It was in wartime Berlin that she married Jefferson Patterson. For her, marriage to an American diplomat was a career of high public service, providing yet another opportunity to promote understanding among peoples.

To this day, this remarkable lady remains active in the support of humanitarian endeavors.

For her courage in pursuing her ideals, her contributions to the advancement of knowledge and the improvement of health care for the disadvantaged, the President and Directors of Georgetown University are proud to proclaim Marvin Breckinridge Patterson, Doctor of Humane Letters, *honoris causa*.

BEYOND THE MOUNTAINS

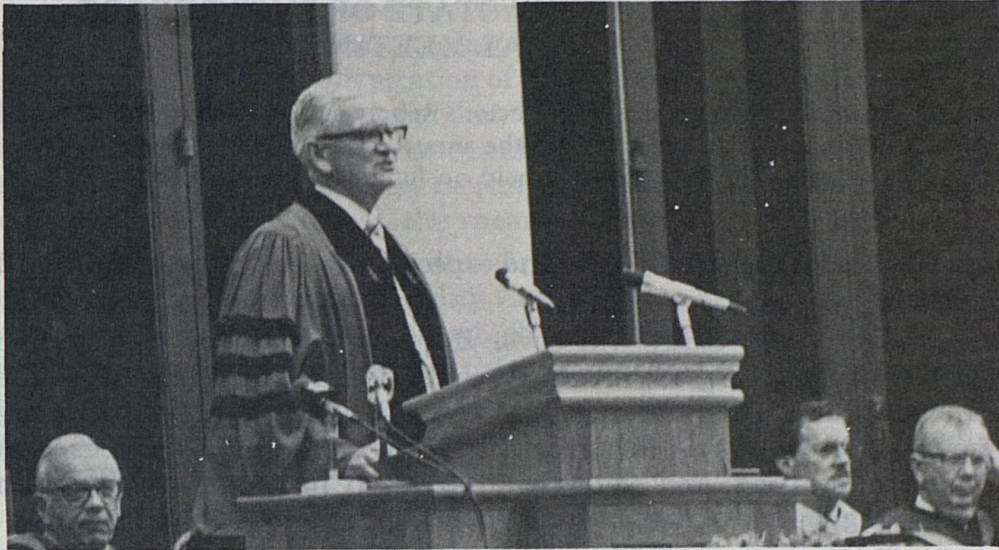
by Kate Ireland

It had been many years since Brownie had visited the Minneapolis/St. Paul area, so I was pleased to have the opportunity to return this spring with Sharon and David Hatfield, who came to FNS from the Twin City area. Both Sharon and David were treated to receptions in their honor arranged by friends and former colleagues at the Ramsay House Museum and United Hospitals. Their discussions and presentations of the new FNS slide show helped to solicit many excellent ideas for future (and more frequent) trips. I had the pleasure of renewing some acquaintances with friends whom I hadn't seen for almost thirty years, and while visiting Pondie and Ward Johnson, I had the opportunity of telephoning many FNS donors, meeting a few of our FNS friends, and having a delightful lunch with Beth Kidd Miner (courier, 1957).

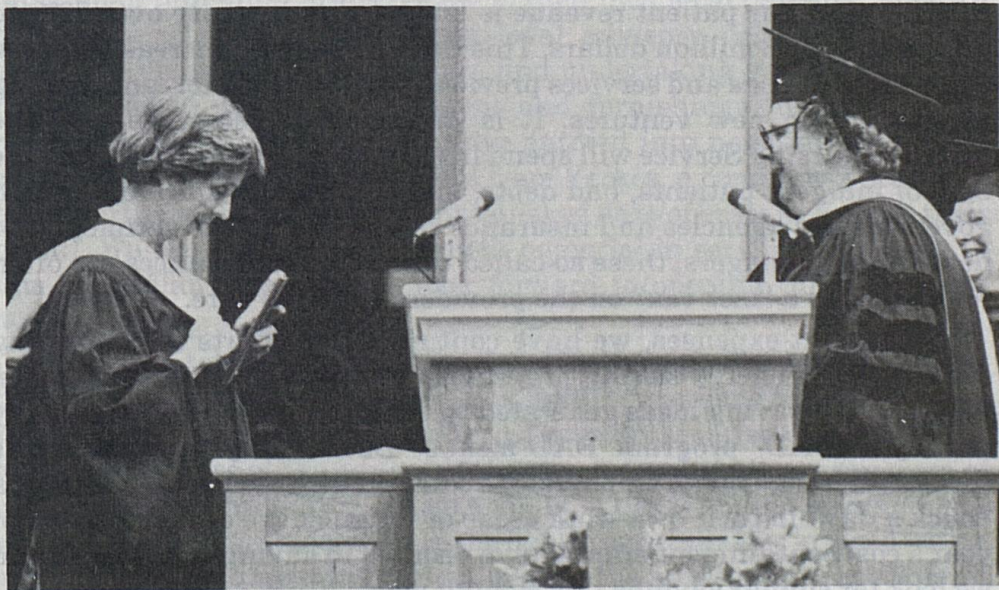
My next stop was Grosse Pointe, where Mrs. William Finkensstaedt met and drove me to the home of former staff member Nancy Newcomb Porter (1947). It was lovely catching up with her news and sharing the FNS as it is today. Another highlight of my trip was a visit with Dody and Wally Ford, who gave me a lovely cocktail party on Wednesday, May 23rd. I might be a bit of a sentimentalist, but it means a great deal to me to have the children of the friends of Mary Breckinridge maintain the family interest. So many of our good friends were present that I dare not mention names, but it was lots of fun to have seven potential couriers come to hear about volunteer opportunities.

In mid-June, Claire Henriques very kindly gave me a luncheon with some Greenwich friends, including the grandmother of courier Olivia Hatch, Mrs. George W. Merck. Claire also arranged for me to meet Mrs. Audrey Paight of the Oaklawn Foundation, who enjoyed learning more about our Frontier School of Midwifery and Family Nursing.

I was fortunate to be in Maine with my sister, Louise Humphrey, during the most recent exhibition of Marvin Patterson's photographs at the Elizabeth Perkins House in York. The photographs, some of which depict the early days of FNS, rekindled many fond memories for Louise, who was a courier the year after Marvin captured the FNS on film.



Dr. Willis D. Weatherford, Jr., president of Berea College and member of the FNS Board of Governors, and his wife, Anne, were awarded honorary degrees by Berea College on May 27, when each was named Doctor of Humane Letters. Kate Ireland, FNS national chairman, presented the awards. *Above*, Dr. Weatherford addresses the audience. *Below*, Kate Ireland makes the presentation to Mrs. Weatherford. Dr. Weatherford retired as Berea's president in June after 17 years. He has long been admired as a distinguished leader and a builder of the college's strengths in many areas. Mrs. Weatherford, who has taught mathematics at Berea and who has also completed requirements for a Master of Divinity degree at Lexington Theological Seminary, has been president of Hindman Settlement School since 1978 and has served in many functions as an advocate of human rights and justice.



FNS DIRECTOR GIVES "STATE OF FNS" REPORT AT ANNUAL MEETING

Following is the text of the Director's Report, as presented by FNS Director David M. Hatfield at the annual meeting of the Frontier Nursing Service, which was held on June 8 at Spindletop Hall, Lexington, Kentucky:

Good afternoon to all of you — and especially to the trustees and board members present.

My report to you today will cover the past fiscal year and overlap somewhat into the year ahead. I would describe our activity at the Frontier Nursing Service during this period as being one of gathering momentum towards the achievement of objectives, primarily focused on financial, staffing, and educational areas. It has been a busy, often frustrating, but nevertheless an eventful year.

I will cover our activities under general categories, starting with statistical and fiscal matters.

Our patient volume, both within the hospital and as outpatients, experienced a slight decline from the previous year. We, like practically every provider organization in the state, and nation for that matter, felt the impact of a depressed economy. Locally, we experienced a severe economic slump, with many mines closing over the past two years. There are now indications that this picture is slowly reversing itself.

As you know, we have always been unable to operate without the assistance of donations, but it is our desire to reduce this external dependency by embarking on a plan to increase our revenues. This coming year, our patient revenue is budgeted to increase over 22%, to approximately 8 million dollars. This has necessitated increasing rates, charging for goods and services previously not charged for, and seeking revenues from new ventures. It is important to recognize that the Frontier Nursing Service will spend in excess of 2 million dollars on the care of indigent patients, bad debts, and contractual allowances with governmental agencies and insurance companies. In the vernacular of health care managers, these so-called contractual allowances are often referred to as a "sick tax" on the providers of health care.

Looking at expenses, we have continued our efforts at containing costs through energy-saving programs, group purchasing, and implementing cost saving ideas generated by a "BAD" program. Yes, I really did say a "BAD" program. BAD means "Buck A Day" and had as its thrust a message for all employees to come up with ideas that will save a "buck a day" in their own work areas or for an entire department. Last year's cost containment efforts have resulted in savings of \$75,000, and we look for similar savings this coming year.

Regarding personnel and staffing, we found ourselves faced with a loss of 5 out of 7 physicians on staff by July of this year. Their leaving coincided with either the expiration of their commitments to the National Health Service Corps, the end of their contracts with us, or their desire to further their education in residency or fellowship programs. Anticipating this exodus, we have been busy recruiting, and I am pleased to be able to report that we have filled all the vacancies.

The same problem existed with the nurse-midwives. Through resignations and the retirement of Molly Lee, we have experienced a severe depletion in our midwifery staff which has caused hardships and burn-out in those remaining. But out of this situation has come a strong desire by the remaining midwives to develop and organize a true midwifery service, working in conjunction with our new obstetrician and the faculty in the school.

Speaking of the school, Dean Ruth Beeman has also had a year of stress because of a lack of midwifery faculty and other related matters. However, it appears that this coming year will find us with well qualified faculty once again. In addition, we hope to formalize affiliations, or —better still — form an educational consortium between the University of Kentucky, the National Association of Childbearing Centers, the Maternity Center Association of New York, and the Frances Payne Bolton School of Nursing at Case Western Reserve University. This exciting program should be implemented this year and has all the earmarks of becoming a viable prototype for educating family nurse-midwives within a "university-without-walls" framework.

The district nursing centers or outposts continue to serve their vital function of providing primary care to their own local patients. They all now have active and supporting local advisory committees giving guidance, volunteering their labor, and undertaking various means to raise funds to purchase equipment and furnishings for use in their respective clinics. Recently we have entered into negotiations with a committee of community members from Yerkes, a community about 15 miles northeast of Hyden. They have asked us to operate a clinic on their behalf. We feel there is great growth potential in serving the people in this particular area, and we look forward to opening this additional nursing center.

Another vital component of the Frontier Nursing Service is our home care program. Home visits began as a district function. However, 8 years ago the program was centralized into its present location adjacent to the hospital. Because of the advent of the new federal Medicare program of prospective pricing, which pays a hospital a flat fee based on diagnosis, and not on the actual cost of care, the health care industry is faced with a new imperative to treat the patient outside the hospital setting. This, of

course, is nothing new to the Frontier Nursing Service, whose basic philosophy has always been to care for the patient in a clinic or in the home whenever possible. The effects of this type pricing system will be to shorten hospital stays — sending home sicker patients — and increasing the requirement for more intensive home care nursing.

To accommodate this, we are seeking grants to expand our home care service area and to again decentralize portions of it, to staff for the anticipated increase in volume, and to enhance the care to be provided by utilizing family nurse practitioner skills to augment the care currently provided by registered nurses and aides.

At Wendover, we house our development and public relations offices and the courier/volunteer program. Both these functions continue to grow and play a vital role. This past year, our overall donations increased in terms of dollars and in numbers of donors. As previously anticipated, the donations to the NEED fund — to provide self-sufficiency for the school — have impacted the general contributions available to cover operational deficits. We are very hopeful that the NEED campaign will succeed, but continued support is necessary to reach our goal of 2-1/2 million dollars. The latest report shows us just at the 1-1/4 million dollar mark.

Regarding public relations, we continue to reach a wide audience through the *Quarterly Bulletin* and various informational or appeal mailings. We also continue to receive visitors from all over the nation and the world. This past year, we played host to nurse practitioners and educators from Japan, Senegal, South Africa, Swaziland, Lesotho, and Namibia.

Our work continues to interest professional reporters and writers. NBC television came to film a segment on midwifery. Louisville and Lexington TV and newspaper reporters have visited us for interviews and information. Two books are in the works — one a history of the Frontier Nursing Service and Mary Breckinridge; the other is intended to inspire young people to consider nursing careers in rural areas and is based on the life of our own Betty Lester. Two other individuals are interested in developing films about our work, one for educational TV, the other for a TV special.

The ebb and flow of couriers and volunteers also continues, with a total of 43 young men and women working with us last year, coming from 19 states; and one came all the way from France. They represented 9 high schools and 20 colleges or universities.

Their efforts are always needed and appreciated. Needless to say, they are invaluable to our work. Had we to pay for their services, we estimate it would have cost us about \$33,000 last year alone.

My report on volunteer work would not be complete without mentioning the important work of the Women's Auxiliary. Last year, they redecorated the pediatric ward, commissioning a local artist to paint a variety of aircraft, rockets, and balloons on a cloud-filled ceiling, to the delight of staff, parents and, of course, the children.

I mentioned earlier that we are seeking new and creative ideas for generating additional revenue. We have made application to the Department of Housing and Urban Development for a long term grant to build a 20-unit housing project behind the hospital, for the elderly and handicapped. We also instigated the creation of a new for-profit corporation entitled "Sarvis Ventures, Inc.," whose purpose will be to provide new or unmet services in the area and to donate profits to the Frontier Nursing Service. A board of directors, composed of local, interested and supportive individuals has been formed and has already begun functioning.

All that we are now doing is an outgrowth of the strategic planning efforts undertaken this past year by the staff and approved by the Board of Governors. A revised statement of philosophy and mission was drafted which focused on maintaining the traditional roles of the Frontier Nursing Service, yet accepting the need to change to meet the challenges of the future.

At the root of the planning effort was the question, "Can a freestanding, small, rural health care provider and educational organization survive, given shrinking philanthropy, government cutbacks, and consumer demands?" The answer, we feel, is yes, but it must necessarily be modified by saying we need to be flexible and able to change in this more competitive and regulatory environment; it still requires us to have a strong donor base and to operate in a cost effective, productive, and efficient manner.

The major objectives and goals set forth in our planning document are basic and few and worth sharing with you:

The first objective is to obtain financial security, with goals related to (1) restructuring and diversifying to enable alternate sources of revenue to be obtained; (2) to achieve financial self-sufficiency for the school, the hospital, the clinics, and the home care program; and (3) to ensure that all services and programs have identified sources of funding support.

The second objective is to improve the effectiveness and efficiency of all services. The goals here are to increase staff productivity, expand home care programs, and develop a private practice office in the Hyden community.

The third objective is to provide an effective and flexible program for educating family nurse-midwives and family nurse practitioners. Its basic goal is to implement the consortium model — which I spoke to

earlier — and, if possible, to develop locally a free-standing birthing center.

The final objective deals with improving community relations and local support. One goal is to increase community understanding of the difference between the registered nurse, the family nurse practitioner, the family nurse-midwife, and the family practice physician. Also important is to make the community more aware of the costs of health care and, more especially, with our burden of caring for a large indigent population.

I would like to add here that working with Faye Farmer's Community Advisory Committee has been most helpful as a vehicle to communicate our problems and plans to the community and to receive feedback and helpful suggestions in return. We plan to continue this mutual interaction and hope to improve on ways to keep each other informed and understood.

In closing, I would like to express my appreciation for the support given me by the Board of Governors, and by the management and professional staff of the Frontier Nursing Service. Thanks alone cannot really compensate for the extra hours and energy expended by everyone associated with our organization. Without this willingness to serve and give a little more, we could not fulfill our various missions on behalf of our patients, our students, and our community.

COMING: SPECIAL MIDWIFERY ISSUE

The next issue of the *FNS Quarterly Bulletin* will focus on nurse-midwifery. It will contain several articles by persons well known for their expertise in this field.

In our last issue, we invited readers to assist by helping us understand how, in today's world, the "FNS demonstration" of rural health care has been carried into other parts of the country and other parts of the world.

We still have a little time to consider any comments you wish to send us — but if you want to contribute, we will need to hear from you in the next few weeks. We are interested in hearing about (1) trends, (2) illustrative anecdotes and personal experiences, (3) problems, needs, and expectations; and actual or recommended solutions, (4) views of the future, (5) commentary, opinion, and/or philosophical statements, and/or (6) anything else you think might be of interest.

Please write us at this address: FNS Quarterly Bulletin, Old Hospital, Frontier Nursing Service, Hyden, Kentucky 41749

Also, for your information, a companion issue, to concentrate on the work of the family nurse practitioner, is being planned for publication next year. Comments that might help us prepare that issue would be appreciated at any time.

— *FNS Quarterly Bulletin*

FIELD NOTES

This summer we have seen the departure of six of our doctors but have welcomed seven to take their places. Dr. Diana Edenfield, OB/GYN, has moved to Virginia to complete her OB/GYN residency at the Eastern Virginia Medical Center in Norfolk. Dr. Alice Lindsay, family practice, will be taking a deserved rest and traveling in England before relocating in Michigan. Dr. Laurie Matthews, family practice, has moved to New York, where she is in a one-year gerontology fellowship at Mount Sinai Medical Center. Dr. Peter Morris, pediatrician and medical director, has returned to Chapel Hill, North Carolina, where he has started a two-year preventive medicine/pediatrics fellowship at the University of North Carolina. Dr. Jim Santacroce, internist, has returned to Connecticut, where he will be doing part-time emergency room practice. Dr. Safooh Allouch, surgeon, has moved to Berea, Kentucky, to begin a new practice there. We welcome the following doctors: Dr. Phyllis Lewis, pediatrician; Dr. Joaquin Valdes, internal medicine; Dr. Jean Sullivan, family practice; Dr. Maureen Brown, family practice; Dr. James Parshall, OB/GYN; Dr. Sean Flood, family practice, and Dr. Ernesto Cordova, surgeon.

Two colleges have used FNS as field study sites this summer. Mary Weaver, Director of Nursing, supervised five nursing students from Point Loma School of Nursing (California) who were here to study rural primary health in June. Dr. Mary Peoples brought a group of MPH students from the University of North Carolina School of Public Health for three days. The students met with the FNS staff and other local citizens, and through lectures and discussions evaluated the present health care system of the Frontier Nursing Service as to how it effectively delivers health care to the Leslie County area.

Tonya Hughes and six students from the University of Kentucky Nursing Department came for a tour of the Service and had lunch at Wendover. Ms. Hughes brings students studying rural primary nursing to Leslie County several times during the academic year.

Many of the doctors that FNS recruits and hires come to us through the National Health Corps. In mid-July, we received a site visit from Joel Bostrum and Susan Thurmond, who have their offices in Frankfort. This proved to be an important visit, as neither Joel nor Susan had been to FNS before, and it gave our new doctors a chance to meet the two and discuss common concerns.

The American Cancer Society held a luncheon meeting at Wendover in late July. Several of the staff from Lexington came to teach a workshop on "I Can Cope" to volunteers in Leslie and Clay Counties.

FNS receives about 30 percent of its income from charitable donations, so we were very pleased when Mrs. Ida Price from the Christian Fund

came for a brief visit in early August. Mrs. Price was here to become familiar with our Service so she could give a report of our activities at the Christian Fund's annual meeting; possibly the Fund would be able to budget some of their money for one of our special projects.

We welcomed Ms. Georgette S. Abed from Birzeit, West Bank of Israel, to FNS in early August. Ms. Abed is a field nursing officer at the university in Birzeit and was interested in learning about our public health nursing, as she is involved in the administration of health care in rural areas. Ms. Abed was here through the Amid East Participant Program.

We also entertained Dr. Ireneu Gomes, Minister of Health and Social Affairs, from Praia, Cape Verde, and his Portuguese/English-speaking interpreter, Mr. Joseph McGovern, Westville, New Jersey in mid-August. Dr. Gomes is a psychiatrist and was participating in the International Visitor Program of the U.S. Information Agency; he was interested in learning about rural mental health options.

It is always fun to have former FNS'ers come back to visit, as several have done this summer. Paulette (Hunt) Meister brought her husband Robert for a visit in June on their way to Canada from Fort Worth, Texas. June (Moore) Bender, who worked here in 1962 and now resides in Sheridan, Wyoming, came with her two daughters, Celeste and Donna, and a foreign exchange student from Germany, Moni Hieber, for an overnight stay at Wendover as she was traveling home from North Carolina. Kitty Ernst stopped for a brief visit with her two children en route to taking one of them to college. Barbara Post, former Wendover Coordinator, returned for another week in August to help with the gardening and outside work.

We welcomed ten couriers this summer, and two volunteers. Christine Battin, Woodbridge, Connecticut; Kathan Hickey, Warwick, Rhode Island; Penny Sanford, Topeka, Kansas; Gloria Klaassen, Denver, Colorado; Robin Ward, South Webster, Ohio; Kathy Janssen, Topeka, Kansas; Susan McCormick, Brookline, Massachusetts; Lucy Lin, Oakland, California; Elizabeth French, Wonalancet, New Hampshire; Virginia Welfare, Evanston, Illinois; and Bob Ughetta, Corning, New York, came as couriers. Heidi Sulis, Lynnfield, Massachusetts, participated in a volunteer public health internship, and Walter Robinson, Nashville, Tennessee (courier, '82) volunteered, doing special projects for Dr. Peter Morris and Marty Bledsoe.

The couriers were kept busy this summer with a variety of new projects. Many hours were spent working in the vegetable garden, since we were unable to get any full-time volunteer gardeners for the summer. The midwifery clinic was able to use a courier on a full-time basis, so several of the couriers with a special interest in midwifery were able to

spend a lot of time in this department. The Pine Mountain Clinic and the Beech Fork Clinic were in need of extra help on their busy days, and the Hyden Clinic continued to train and use couriers to help them also. One of our big successes this summer was the "Tuesday Health and Fun Day," as seventeen of the employees' children participated in this educational health day at Wendover. A curriculum for the eight sessions was put together by two couriers in the spring, and two of the summer couriers taught the lessons each week. The couriers were also instrumental in helping with the entertaining of guests and FNS staff who came to Wendover this summer for special meetings and meals.

We bid farewell to Judith Stanko, RN; Liz Hayes, nurse aide; Jan Brock, LPN; Peggy Harmon, nurse aide; Lonnie Adams, Maintenance; Bertha Smith, billing clerk; Wanda Begley, front desk clerk; Connie Asher, front desk clerk; Barbara Higgins, RN; Connie Wooton, LPN; Elizabeth Kearney, RN; Kathy Napier, secretary; Kathy Koehl, RN; Russell Gent, X-ray technician; Margo Angermeyer, RN; Laura Sandlin, RT technician; Jane Anderson, CNM; Mack Saeger, RN; Laurel Erzinger, RN; Tammy Vanover, RT technician; and Shelby Cornett, secretary. We welcome twenty-one new employees: Pamela Lewis, LPN; Stephanie Krueger, RN; Erica Goodman, CNM; Sidney Baker, nurse aide; Shirley Lewis, LPN; Anne O'Donnell, RN; Genetta Fancher, RN; Barbara Burkhart, LPN; Gerema Howard, RN; Deanna Napier, secretary; David Newman, RN; Sandra Johnson, front desk clerk; Lois Feltner, RT technician; Pliney Jane Whitehead, front desk clerk; Carolyn Bowling, RT technician; Mary Lee Osborne, RT technician; Peggy Sizemore, secretary; Lisa Napier, pharmacy technician; Wanda Sue Rhodes, nurse aide; Marie Bechtel, Director of Patient Accounts; and Diana Norman, FNP.

NOTES FROM THE SCHOOL

Summer has been a time of reviewing, revising, repairing, and generally getting ready to move into the busy activities of fall. During the spring months, two classes were in place, but then came graduation and twelve of our students left us.

The twelve students who entered in January became our seniors (after just four months). They will be joined by four additional students in September, who will enter with advanced standing to complete the nurse-midwifery part of the program. And we've already selected the twelve who will enter in January — another impressive group from all over the world.

We welcomed Sr. Nathalie Elder to our faculty as Nurse-Midwifery Education Coordinator. Noreen McGowan, on leave of absence this fall from Rush University, is our Nurse-Midwifery Instructor. They join Sr. Kathryn O'Meara, Family Nursing Education Coordinator, and Nancy

Fishwick, Family Nursing Instructor, to bring us up to full faculty for the first time in my tenure. Deirdre Poe remains adaptable and flexible, and fills in as needed for both faculty and service.

We've put a lot of effort into adding the touches that brighten our spirits here at the school. Green and flowering plants are everywhere, and new Venetian blinds bring in the light and give us a coordinated look. Our library is becoming more and more professional in appearance and in academic excellence. All this comes about through the extras that faculty and students contribute in time, energy, and money.

We continue to be excited by the networking growing out of our efforts to form a consortium. We are encouraged by our discussions with the Frances Payne Bolton School of Nursing, Case Western Reserve University; the College of Nursing, University of Kentucky; and more recently with Bellarmine College, Louisville, Kentucky.

— *Ruth Beeman*

COURIER AND VOLUNTEER NEWS

Bill Reist, Volunteer ('80), Dayton, Ohio — "Finished B.S. in computer science in June. Reactivated file with placement agency, as school's placement department and responses to newspaper ads yielded only one interview. Will hope for the best. Hope all is going well and recovery from flood is complete."

Laurel Evans, Courier (Fall, '82), Fort Carson, Colorado — "The army has been interesting, to say the least. They'll never make a soldier out of me, though I have learned to march, shoot an M-16, sing cadences, etc., etc. It's just like in the movies — you learn not to take it too seriously, though! The Rockies have been great, but I like the Appalachian Mts. better and I always will!"

Becky Booth, Courier (Spring '84), Arlington, Virginia — "I was lucky and landed a job at the Department of Human Resources, located 1-1/2 miles from my house; good pay and fits right into my schedule. I'm doing clerical work. They are the organization that is responsible for county programs ranging from welfare to dream workshops to a V.D. clinic. Kind of the administrative end of what I may be doing some day."

Joan DeVitry, Courier (Spring '84), Pittsburgh, Pennsylvania — "The job here is challenging — I'm having to recruit patients — but I'm not getting the kind of international health understanding that I'd hoped for — maybe I'm not ready for it."

Doug Hsaio, Courier (Spring '84), Cambridge, Massachusetts — "I am working at the same law firm that I worked at before coming to FNS. This fall, I'll be heading for Hamilton College in upstate New York. Hopefully, I'll like it. Rod [courier, spring '82] is in Alaska trying to find a

job at a salmon canning factory. He is having a pretty miserable time: no place to sleep, no job yet, no food except peanut butter and jelly. I think he will be home soon, but who knows!"

Mrs. Charles B. Beggs, Jr. (courier Mary McIlvain, '62) has assumed the responsibilities of chairman of the FNS Detroit Committee from another former courier, **Mrs. William W. Wotherspoon (Mary Bulkley, '45)**.

ALUMNI NEWS

Linda Jacobsen (1984), Olympia, Washington — "We made it across the country, with a few brake repairs coming down the west slopes of the Rockies. Otherwise it was a great trip, seeing folks I hadn't seen since my old Peace Corps days."

Sally (Den Blyker) Vink (1971), Gallup, New Mexico — "Jay is presently Administrative Assistant at Rehoboth McKinley Christian Hospital. He no longer is in the lab and is in the middle of a course at the University of Minnesota in Hospital Administration. I am working back into midwifery after a three year break. Right now I'm working in the McKinley County Health Department, and also work one to two evenings as L & D nurse at the hospital. Keeps me in the know! The kids will be in school come September. Erica is seven years old already and will be in the second grade. She thrives on school it seems. Jason will be in kindergarten half days so I still won't be working full time. He is more ready for school than I am to have him go. Please pass our greetings to those we know."

Kathleen Haverfield (1982), Seattle, Washington — "Update on my family: Moving into upstairs apartment on Father's Day weekend. Busy stripping an average of 14 layers of paint off walls in bathroom; baseboards, doors and window frames of the downstairs apartment, which will open in September for a dual purpose: clinic and Bed and Breakfast Inn. We are very excited about the renovation of the house! Looking forward to August for the first return patient I'll deliver a second baby for. Nice to have folks call again."

Patricia (Charlton) Shackleton (1976), Galveston, Texas — "My husband's business has moved us to Galveston, and Texas is a whole new world. I had practiced as an FNP in Florida for four years, had a wonderful time, but it was exhausting. I have been running the Episodic Clinic at the University of Texas since early March. I've been very lucky in my education experiences over the years, but the most unique of all was FNS. I shall never forget my time there — the very special isolation of the population created unique psycho-social situations that I have

been able to use over the years in application of teaching, as well as everyday practice. I've given many casual lectures on FNS, and it never fails to enthrall the listeners. I don't believe they always believe my tales, but when I lapse into Elizabethan English to relate a complaint, I usually leave them slack and agape. Please give my special greetings to Miss Browne and especially Miss Lester. My mind's eye has an indelible picture of her in total riding gear. . . ."

Susan (Headrick) Wheeler (1980), Center, Colorado — "Mya is growing and has increased her vocabulary and skills tremendously! RoseAnn [Yoder] may already have visited Molly Lee. All seems to be progressing well with RoseAnn's [bicycle] trip [through Europe] — she plans to be gone for at least four months. We went to Illinois for a wedding in June and saw lots of Kentucky friends. Spent a few hours visiting with a new woman general practitioner in Alamosa, CO who would "thoroughly enjoy" working with a CNM. She is a delightful person — it sure would be nice to work with a woman MD for a while."

Madonna Burget (1960), Honduras — "Since I last wrote I was in Honduras, I received a residence visa and will be returning to start my service there in August. At first I will be living in San Pedro Sula studying Spanish and doing volunteer work in the Leo Nardo Martinez Hospital. When I have learned Spanish sufficiently, I will be moving into a rural area where there is no medical help to train village health workers and to establish a rural health clinic as well as sharing Christ with the people."

Note: Extensive coverage of FNS alumni news and activities is provided in the *Alumni Newsletter*, which is published twice a year by the FNS Alumni Association and is distributed to members of that association. For information on membership, write to either: (1) Alice Whitman, Registrar; Frontier School of Midwifery and Family Nursing; Hyden, 41749 or (2) Ronald G. Hallman, Director of Development; Frontier Nursing Service; Wendover, Kentucky 41775.

SPECIAL PHILATELY BOOTH AT FNS FESTIVAL

Visitors to this year's Mary Breckinridge Festival (October 4-6) will find something new: There will be a "booth of philately" where fairgoers interested in collecting stamps and souvenirs can purchase such items as mint sets, collecting kits, and an assortment of commemorative stamps. A special cancellation logo, designed to recognize the Mary Breckinridge Festival, will be used. Ruth Farmer, postmaster of the U.S. post office at Hyden, says that the booth is being set up as a result of an invitation to the U.S. Postal Service from the Mary Breckinridge Festival Committee. Postmaster Farmer expresses her thanks to committee members, both for herself and on behalf of the U.S. Postal Service, for allowing the Hyden post office to participate in this year's celebration.

MEMORIAL GIFTS

We wish to express our deep appreciation to these friends, who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service:

Miss Edythe G. Balsley

Miss Kate Ireland

Mr. Mitchell R. Guthrie

Mrs. Mitchell R. Guthrie

Mrs. Shubael T. Beasley

Miss Kate Ireland

Miss Jane Leigh Powell

Mrs. Jefferson Patterson

Mrs. Oscar C. Offenheiser

Mrs. Alice E. Whitman

Miss Kate Ireland

Mr. Richard Cathey

Mrs. Shouse Lewis

Mrs. James F. Ramey

Miss Arte Mishie Ramey

Mrs. Charles M. McKinlay

The Very Rev. and

Mrs. Robert W. Estill

Dr. Frederick M. Zerzavy

Miss Kate Ireland

Mr. Walter C. Begley

Mr. and Mrs. Dwight M. Hendrix

Mrs. Leonard Bughman

Mr. and Mrs. LeRoy Thompson

Mr. Peter von Starck

Mrs. Robert S. Gawthrop, Jr.

FNS Philadelphia Committee

Members

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Evelyn McGill Family

Mrs. Jean H. Gallien

Miss Kate Ireland

Mrs. Evelyn F. Wasson

Mr. and Mrs. George P. Morse, Jr.

Judge and Mrs. L.D. Lewis

Mrs. Homer A. Biggerstaff

Lillian Lyon

Miss Helen V. Halpert

Tyler Koons

Miss Hope M. Muncy

Mr. Fox Pennington Kemp, Jr.

Mr. and Mrs. Henry R. Heyburn

Capt. Ralph Lewis

Mr. and Mrs. James M. Mosley

Maggie Thomas

Mr. and Mrs. James M. Mosley

Mary Buckner Thomas

Carl H. Fortune, M.D.

Ms. Sarah W. Davis

Mrs. Paul Burnam

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Mrs. Talitha C. Stoll

Mrs. J.A. Stoeckinger

Mrs. Robert L. Green

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Mrs. Walter N. Haldeman

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Mrs. Stuart Graves, Sr.

- Miss Caroline F. Harvey
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 Mrs. John G. Heyburn
 Mrs. F. Pennington Kemp
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 Mr. and Mrs. W. Roberts Wood
 Mr. George Barry Bingham
 Ms. Elizabeth Tannon
 Officers and Directors of Citizens
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 Mrs. Robert S. Gawthrop, Jr.
 Mr. and Mrs. William M. Reid, Jr.
 Lt. Gen. and Mrs. Roscoe C. Wilson
 Ms. Martha B. Russell
 Rachel S. Lord
 Mr. and Mrs. Kenneth W. Moore
 Mrs. Frank Strickler
Mrs. J. Gibson McIlvain, II
 Miss Jane Leigh Powell
 Mr. and Mrs. James R. Aiken
 Mr. and Mrs. E.P. Allinson, Jr.
 Mr. and Mrs. Ellis Y. Brown, III
 Mr. and Mrs. Paul W. Brown, Jr.
 Mr. and Mrs. Thomas D. Brown
 Mr. and Mrs. Allen D. Cornell, Jr.
 Mr. and Mrs. Albert K.
 Dannenbaum
 Mrs. Lucius F. Deming, Jr.
 Mrs. Richard M. Fielding
 Mr. and Mrs. Conrad J. Fowler
 Mrs. Robert S. Gawthrop, Jr.
 Dr. George P. Glauner
 Mr. and Mrs. Harry Lee Goss
 Mrs. Richard S. Hanscom
 Mrs. Gerald J. Hansen
 Mr. and Mrs. John G. Harkins
 Mr. and Mrs. W. Lynn Hendrickson
 Mr. and Mrs. James C. Hornor
 Mrs. E. Norton Hunt
 Mr. and Mrs. Lawrence Illoway
 Mrs. H. Stanley Ketcham
 Ms. Beatrice K. Koepnick
 Mrs. William H. Lathrop
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 Ms. Sally B. McIlvaine
 Mrs. Gordon F. Milne
 Mr. and Mrs. Thomas H. Payne
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 Mrs. Ernest R. von Starck
 Mr. and Mrs. Proctor Wetherill
 Mrs. Victor Wierman
 Mrs. John R. Young
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 Miss Helen E. Browne
 Ms. Ann Kennedy Thomas
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 Mrs. Charlotte L. Montgomery
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Mrs. Philip Godley	Mrs. Robert C. Ligget
Mr. and Mrs. Daniel B. Slack	Mr. and Mrs. T. Baird McIlvain
	Mr. and Mrs. S.E. Slaymaker, Jr.

IN MEMORIAM

We wish to acknowledge our appreciation and personal gratitude to those friends who, by including FNS in their wills, have made a continuing affirmation of interest and belief in the care of mothers and babies and their families by the Frontier Nursing Service. Such legacies are added to the Endowment Fund.

MRS. T. FRANK DECKER

Jenkintown, Pennsylvania

MRS. LANGBOURNE M. WILLIAMS

Rapidan, Virginia

These friends have departed this life in recent months. We wish to express our gratitude for their interest in our work, and our sympathy to their families.

MISS LAURETTE BECK

Brooklyn, New York

Member of FNS National Nursing Council

MRS. HENRY S. BOOTH

Bloomfield Hills, Michigan

Member of FNS Detroit Committee

Former FNS Trustee

MRS. JEAN H. GALLIEN

Cleveland, Ohio

A long-time and generous friend of FNS

MRS. MADELINE M. GAMBLE

Maryville, Tennessee

Former FNS staff member

MRS. WALTER N. HALDEMAN

Glenview, Kentucky

Courier, 1930's (Jane Norton)

Mother of courier Jane Haldeman Hope (1958)

Former FNS Louisville Committee member

MRS. CLEVELAND MARCUM

Lexington, Kentucky

FNS Honorary Trustee

Former FNS Trustee and Red Bird Committee member

MRS. JOHN (JOAN LEE) MARTIN

Devon, England

Twin sister of

Former FNS staff member Molly Lee

MRS. J. GIBSON McILVAIN

Devon, Pennsylvania

Co-chairman of FNS Philadelphia Committee

Former FNS Board member

MRS. JAMES A. PATTERSON

Lexington, Kentucky

Former FNS Blue Grass Committee member

MARION PEARSALL

Lexington, Kentucky

Long-time friend and consultant to FNS

MARY BUCKNER THOMAS

Lexington, Kentucky

Courier (1948)

MR. PETER VON STARCK

West Chester, Pennsylvania

Son of FNS Trustee and Philadelphia Committee member

Mrs. Ernest R. von Starck

MR. CURVIN E. WAGNER

Ellicott City, Maryland

Long-time supporter of FNS and father
of former FNS staff member Nancy Wagner Sobal

DR. FREDERICK M. ZERZAVY

Kingsport, Tennessee

Former FNS staff member

Editor's Note: Helen E. Browne, former director of the Frontier Nursing Service, has written the following memorial tribute to a long-time FNS friend, Mrs. J. Gibson McIlvain:

Mrs. J. Gibson McIlvain, affectionately known as "Bee," was a loyal friend to Frontier Nursing Service (for 38 years), who "married into the FNS." Her mother-in-law, Mrs. Walter B. McIlvain, was former chairman of the Philadelphia Committee; her sister-in-law, the late Fanny B. McIlvain, was a much loved courier in the 30's and 40's; and her husband, Gibby, visited Wendover several times when his sister was in residence. He is at this time a Trustee of Frontier Nursing Service. Bee herself had served as a member of the Frontier Nursing Service Board of Governors, and was always an active member of the Philadelphia Committee. At the time of her death she was Co-chairman of the Committee. Bee will be sorely missed by a host of friends. Our love and sympathy, in fullest measure, go to her entire family.

— Helen E. Browne

FIFTY-NINTH ANNUAL REPORT
of the
FRONTIER NURSING SERVICE, Incorporated
for the Fiscal year
May 1, 1983 to April 30, 1984

PREFACE

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field of operations of the Frontier Nursing Service, Incorporated.

We have, as in previous years, divided our report into two sections. One section is about money, and one section about work.

I.

FISCAL REPORT

The figures that follow are taken from the Balance Sheet, the Exhibits and Schedules of the Audit for the fiscal year which ended April 30, 1984.

Ernst & Whinney

Citizens Bank Square, Suite 8A
Vine & Upper Streets
Lexington, Kentucky 40507

606/253-3200

Board of Governors
Frontier Nursing Service, Inc.
Hyden, Kentucky

We have examined the balance sheets of Frontier Nursing Service, Inc. as of April 30, 1984 and 1983, and the related statements of revenues and expenses, changes in fund balances and changes in financial position for the years then ended. Our examinations were made in accordance with generally accepted auditing standards and, accordingly, included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances.

In our opinion, the financial statements referred to above present fairly the financial position of Frontier Nursing Service, Inc. at April 30, 1984 and 1983, and the results of its operations and changes in its financial position for the years then ended, in conformity with generally accepted accounting principles applied on a consistent basis.

Ernst & Whinney

Lexington, Kentucky
June 14, 1984

BALANCE SHEETS

FRONTIER NURSING SERVICE, INC.

	April 30	
	1984	1983
<u>UNRESTRICTED FUNDS</u>		
<u>CURRENT ASSETS</u>		
Cash and short-term investments	\$ 40,918	\$ 176,362
Accounts receivable--patients--less allowances for uncollectible accounts of \$710,648 in 1984 and \$745,250 in 1983	1,054,475	771,095
Receivable from third party programs--Note B	85,654	
Inventories--Note A	151,755	155,379
Prepaid expenses and other current assets	1,876	37,956
TOTAL CURRENT ASSETS	<u>1,334,678</u>	<u>1,140,792</u>
 <u>PROPERTY AND EQUIPMENT--Note A</u>		
Land	135,163	142,163
Buildings	2,668,638	2,634,990
Equipment	2,587,363	2,454,583
	<u>5,391,164</u>	<u>5,231,736</u>
Less accumulated depreciation	2,345,014	2,091,128
	<u>3,046,150</u>	<u>3,140,608</u>
 <u>BOARD-DESIGNATED FUNDS--Notes A and C</u>		
Cash	2,007	27,895
Consolidated Fund investments	2,121,844	1,977,193
Depreciation Fund investments	239,409	228,192
Education Fund investments	1,225,420	738,982
	<u>3,588,680</u>	<u>2,972,262</u>
	<u>\$7,969,508</u>	<u>\$7,253,662</u>
 <u>RESTRICTED FUNDS</u>		
<u>ENDOWMENTS--Notes A and C</u>		
Cash	\$ 9,174	\$ 17,893
Student loan receivables	76,083	75,492
Investments	944,217	900,984
	<u>\$1,029,474</u>	<u>\$ 994,369</u>

FRONTIER NURSING SERVICE

	April 30	
	1984	1983
<u>UNRESTRICTED FUNDS</u>		
CURRENT LIABILITIES		
Accounts payable	\$ 494,092	\$ 411,602
Accrued salaries and amounts withheld from employees	139,199	103,475
Accrued vacation expense	142,102	134,330
Unexpended special purpose funds--Note A	111,514	134,865
Payable to third party programs--Note B		59,644
Other current liabilities	21,635	107,635
TOTAL CURRENT LIABILITIES	<u>908,542</u>	<u>951,551</u>
FUND BALANCE	7,060,966	6,302,111
	<u>\$7,969,508</u>	<u>\$7,253,662</u>
<u>RESTRICTED FUNDS</u>		
FUND BALANCE	\$1,029,474	\$ 994,369
	<u>\$1,029,474</u>	<u>\$ 994,369</u>

See notes to financial statements.

STATEMENTS OF REVENUES AND EXPENSES

FRONTIER NURSING SERVICE, INC.

	Year Ended April 30	
	1984	1983
PATIENT SERVICE REVENUES		
Mary Breckinridge Hospital:		
Inpatient services	\$3,938,512	\$ 3,250,268
Outpatient services	1,696,900	1,334,852
Hyden Clinic	551,987	385,916
District Nursing Clinics	272,921	301,051
Home Health Services	436,892	445,584
	<u>6,897,212</u>	<u>5,717,671</u>
Less indigent care, contractual allowances, bad debts, and other revenue deductions	1,954,356	1,595,037
NET PATIENT SERVICE REVENUES	<u>4,942,856</u>	<u>4,122,634</u>
OTHER OPERATING REVENUES	831,118	970,649
TOTAL OPERATING REVENUES	<u>5,773,974</u>	<u>5,093,283</u>
OPERATING EXPENSES		
Salaries and wages	3,100,832	3,010,462
Fringe benefits	365,121	377,695
Medical services and supplies	2,411,439	2,243,273
Facility costs	570,873	579,072
	<u>6,448,265</u>	<u>6,210,502</u>
EXCESS OF EXPENSES OVER REVENUES FROM OPERATIONS	(674,291)	(1,117,219)
NONOPERATING REVENUES		
Unrestricted donations:		
Deposited into Education Fund	436,748	249,359
Deposited into Consolidated Fund	31,365	27,169
Retained for use in operations	434,584	578,953
Unrestricted income from endowment and other funds	36,871	45,280
Investment income from Board-designated funds	292,077	267,696
Coal royalties	115,200	172,016
Other nonoperating revenues	40,821	15,247
	<u>1,387,666</u>	<u>1,355,720</u>
EXCESS OF REVENUES OVER EXPENSES	<u>\$ 713,375</u>	<u>\$ 238,501</u>

See notes to financial statements.

FRONTIER NURSING SERVICE

STATEMENTS OF CHANGES IN FUND BALANCES

FRONTIER NURSING SERVICE, INC.

	Unrestricted Funds	Permanent Endowment Funds
Balances at April 30, 1982	\$5,984,368	\$ 950,436
Excess of revenues over expenses for the year ended April 30, 1983	238,501	
Restricted contributions used for purchase of property and equipment	79,242	
Contributions restricted for specific purpose (additions to endowment)		30,971
Restricted revenue earned by specific purpose funds		4,164
Gain on sale of Endowment Fund investments		8,798
Balances at April 30, 1983	<u>6,302,111</u>	<u>994,369</u>
Excess of revenues over expenses for the year ended April 30, 1984	713,375	
Restricted contributions used for purchase of property and equipment	45,480	
Contributions restricted for specific purpose (additions to endowment)		30,555
Restricted revenue earned by specific purpose funds		4,550
Balances at April 30, 1984	<u>\$7,060,966</u>	<u>\$1,029,474</u>

See notes to financial statements.

STATEMENTS OF CHANGES IN FINANCIAL POSITION

FRONTIER NURSING SERVICE, INC.

	Year Ended April 30	
	1984	1983
Cash provided (used)		
OPERATIONS		
Excess of expenses over revenues from operations	\$ (674,291)	\$(1,117,219)
Charges to expense not requiring the use of cash--depreciation	253,887	233,921
	<u>(420,404)</u>	<u>(883,298)</u>
Working capital changes:		
Accounts receivable	(283,380)	201,446
Other--net	(88,959)	57,218
CASH USED IN OPERATIONS	<u>(792,743)</u>	<u>(624,634)</u>
Nonoperating revenues	1,387,666	1,355,720
TOTAL CASH PROVIDED	<u>594,923</u>	<u>731,086</u>
FINANCING AND INVESTMENT ACTIVITIES		
Payments on long-term debt		(18,000)
Property, plant and equipment:		
Purchases	(166,429)	(200,158)
Restricted contributions	45,480	79,242
Disposals	7,000	5,000
CASH USED	<u>(113,949)</u>	<u>(133,916)</u>
CASH PROVIDED BEFORE TRANSFER TO BOARD-DESIGNATED FUNDS	480,974	597,170
Net increase in board-designated funds	<u>(616,418)</u>	<u>(479,570)</u>
(Decrease) increase in cash and short-term investments	(135,444)	117,600
Cash and short-term investments at beginning of year	<u>176,362</u>	<u>58,762</u>
CASH AND SHORT-TERM INVESTMENTS AT END OF YEAR	<u>\$ 40,918</u>	<u>\$ 176,362</u>

See notes to financial statements.

NOTES TO FINANCIAL STATEMENTS

FRONTIER NURSING SERVICE, INC.

April 30, 1984

NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Organization: Frontier Nursing Service was organized in 1925 as a nonprofit charitable organization. The Service's purpose is to provide needed health services in the Appalachian area. During its early years, the Service was the only provider of health services in the area and it remains the largest provider of health services in Leslie County and the portion of surrounding counties comprising its service area. The Service operates an accredited midwifery and family nursing school, a home health program, a 40 bed hospital, and provides primary care services through the Hyden Clinic and District Nursing Clinics. Frontier Nursing Service has historically been dependent on charitable contributions to fund a significant portion of the costs of services and programs.

Patient Service Revenues: Patient service revenues are recorded at established rates. Contractual allowances, indigent care, and provisions for bad debts are reported as deductions from patient service revenues.

Unrestricted Donations and Grants: Donations and grants which are not restricted by donors are reported as nonoperating revenues. Bequests under wills are recorded when received by the Service.

Investments: Investments are stated in the financial statements at cost, or if donated, at fair market value at the date of donation. Gain or (loss) from sale of investments is the difference between proceeds received and the carrying value of the investment sold. Unrealized gains or losses are not included in the accompanying financial statements.

Board-Designated Funds: The Board of Governors has designated the following funds to accumulate monies for the indicated purposes.

The Consolidated Investment Fund accumulates funds for such operating and general purposes as the Board may determine.

The Education Fund includes donations to the Nursing Education Enrichment Drive and all unrestricted legacies and bequests received since May 1981. It accumulates funds until such time as they are needed for the operation of the educational programs.

The Depreciation Fund accumulates funds for replacement, expansion or improvements of the Service's facilities.

Income from the principal portion of the Consolidated Investment Fund is to be used to subsidize care for indigent patients unless such income is specifically designated by the Board for other uses. Income from the Education and Depreciation Funds is retained in the principal of the funds until expended for the designated purposes.

NOTES TO FINANCIAL STATEMENTS--Continued

FRONTIER NURSING SERVICE, INC.

NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES--
Continued

Restricted Funds: Restricted funds represent endowments, the principal of which cannot be expended. Income from such endowments is available for operating purposes and is reported as revenue when earned in accordance with donor's instructions.

Frontier Nursing Service, Inc. is also income beneficiary of certain trust funds which are not administered or controlled by the Service. Accordingly, such funds are not included in the balance sheets at April 30, 1984 and 1983. Income received from such funds was \$43,480 and \$50,022 for the years ended April 30, 1984 and 1983, respectively.

Resources restricted by donors for additions to property are recorded as increases to the unrestricted fund balance when expended for the purposes intended. Resources restricted by donors for specific operating purposes are credited to other operating revenues when expended for the purposes intended.

Inventories: Inventories, principally medical supplies and drugs, are stated at cost (first-in, first-out method) which is not in excess of market.

Property and Equipment: Property and equipment is stated at cost, or fair market value at date of donation for items donated to the Service. Depreciation has been computed on the straight-line method over the estimated useful lives of the respective assets.

Revenue from Donated Services: The Service records, as revenue, the value of services of certain professionals provided by the National Health Service Corps (NHSC) from waivers received or anticipated to be received for liabilities to NHSC.

Changes in Presentation of Comparative Statements: Certain 1983 amounts have been reclassified to conform with 1984 classifications.

NOTE B--MEDICARE AND MEDICAID PROGRAMS

The Service participates in the Medicare and Medicaid programs which provide payment for eligible services to the program beneficiaries. Through March 1, 1982, both programs reimbursed the Service on the basis of cost and final retroactive settlement was determined from annual cost reports submitted by the Service. Effective March 1, 1982, the Medicaid program changed to a prospective system for inpatient services.

NOTES TO FINANCIAL STATEMENTS--Continued

FRONTIER NURSING SERVICE, INC.

NOTE B--MEDICARE AND MEDICAID PROGRAMS--Continued

The Medicaid cost report for 1982 and the Medicare cost reports for the years ended April 30, 1984 and 1982 are subject to audit by program representatives and such audits have not been finalized. Provision has been made for the effects of estimated final settlements through April 30, 1984.

NOTE C--INVESTMENTS

The carrying value and approximate market value of investments at April 30, 1984 and 1983 are summarized as follows:

	1984		1983	
	Carrying Value	Market	Carrying Value	Market
Investments recorded in:				
Cash and short-term investments:				
Short-term money- market certificates	\$ 15,956	\$ 15,956	\$ 51,090	\$ 51,090
Board-designated funds:				
Consolidated Fund:				
U.S. Government obligations	\$ 755,934	\$ 755,934	\$ 621,133	\$ 620,895
Corporate bonds	821,978	529,781	736,950	556,175
Common stocks	730,337	1,712,038	619,110	1,357,084
Due to Restricted Fund	(186,405)	(186,405)		
	<u>2,121,844</u>	<u>2,811,348</u>	<u>1,977,193</u>	<u>2,534,154</u>
Depreciation Fund:				
U.S. Government obligations	239,409	239,409	228,192	228,192
Education Fund:				
U.S. Government obligations	970,866	968,834	552,247	552,247
Common stocks	254,554	380,794	186,735	290,657
	<u>1,225,420</u>	<u>1,349,628</u>	<u>738,982</u>	<u>842,904</u>
TOTAL BOARD DESIGNATED	<u>\$3,586,673</u>	<u>\$4,400,385</u>	<u>\$2,944,367</u>	<u>\$3,605,250</u>

NOTES TO FINANCIAL STATEMENTS--Continued

FRONTIER NURSING SERVICE, INC.

NOTE C--INVESTMENTS--Continued

	1984		1983	
	Carrying Value	Market	Carrying Value	Market
Endowment Funds:				
Short-term money-market certificates	\$ 46,563	\$ 46,563	\$ 45,550	\$ 45,550
U.S. Government obligations	334,379	333,301	303,824	304,356
Corporate bonds			85,029	56,632
Common stocks	210,959	436,799	322,046	593,541
Investments in common trust funds	165,911	150,314	144,535	141,089
Due from Board-Designated Fund	186,405	186,405		
TOTAL ENDOWMENT FUND	<u>\$944,217</u>	<u>\$1,153,382</u>	<u>\$ 900,984</u>	<u>\$1,141,168</u>

NOTE D--RETIREMENT PLAN

Frontier Nursing Service, Inc. has a non-contributory defined benefit retirement plan for regular full-time employees with 1,000 hours of continuous service who are twenty-five years of age or more. The policy of the Service is to fund pension costs accrued. Total retirement plan expense for the years ended April 30, 1984 and 1983 was \$60,939 and \$65,066, respectively.

Accumulated plan benefit information, as estimated by consulting actuaries as of the most recent valuation dates, and plan net assets are:

	May 1	
	1983	1983
Actuarial present value of accumulated plan benefits:		
Vested	\$267,218	\$224,854
Nonvested	54,510	51,667
	<u>\$321,728</u>	<u>\$276,521</u>
Net assets available for benefits:	<u>\$532,234</u>	<u>\$354,064</u>

The assumed rate of return used in determining the actuarial present value of accumulated plan benefits was 6% for 1984 and 1983.

NOTES TO FINANCIAL STATEMENTS--Continued

FRONTIER NURSING SERVICE, INC.

NOTE E--RELATED ORGANIZATION

Mary Breckenridge Housing, Inc. (Project) is a non-profit organization incorporated April 4, 1984, for the purpose of constructing and operating housing for the elderly and handicapped in Leslie County and surrounding areas. The Service has agreed to act as a sponsor for the Project and to commit up to \$15,000 to fund initial start-up costs. At this time, the Project is subject to approval of a construction and mortgage loan from the Federal Housing Administration of the United States Department of Housing and Urban Development. Upon completion, the Project will essentially be under the control of the Service.

FRONTIER NURSING SERVICE, INCORPORATED
CONTRIBUTIONS PLACED IN TRUST
May 1, 1983 to April 30, 1984

Funds which are placed in trust are a measure of strength for Frontier Nursing Service as we fulfill our purpose and plan for a solid future. This is a listing of previous trust funds which had additions, and new contributions which were placed in trust during this fiscal year.

- Nursing Education Enrichment Drive
- Branham Fund
- The Friends Fund
- Anne Steele Wilson Memorial
- Jacob and Gertrude Arronson Memorial Fund
- William Waller Carson Fund in honor of
 Katherine Breckinridge Carson Breckinridge
- Bolton Foundation
- Wilson Neel Memorial Baby's Crib
- Ann Allen Danson Memorial Fund
- Lucie Wilshire Graham Memorial
- Elizabeth Canby Bradford duPont Memorial
- Mabel E. Winslow Estate
- Helen M. Arnold Legacy
- Esther Cott Pierce Legacy
- Elizabeth C. Kavanaugh Estate
- Elizabeth S. Morgan Estate
- Anna M. Jennings Estate
- Lillian Kimbel Richardson Legacy

FRONTIER NURSING SERVICE, INCORPORATED
LEXINGTON, KENTUCKY
STATEMENT OF DONATIONS AND SUBSCRIPTIONS PAID
MAY 1, 1983 TO APRIL 30, 1984

S U M M A R Y

	Contri- butions	Benefits and Bargain Box	Total
Baltimore Committee	\$ 2,494	\$	\$ 2,494
Boston Committee	24,885		24,885
Chicago Committee	10,765		10,765
Cincinnati Committee	8,297		8,297
Cleveland Committee	58,604		58,604
*Daughters of Colonial Wars	7,127		7,127
Detroit Committee	12,664		12,664
Hartford Committee	1,770		1,770
**Kentucky:			
Blue Grass Committee	41,705		41,705
Louisville Committee	21,265		21,265
Miscellaneous State	15,467		15,467
Minneapolis Committee	2,001		2,001
New York Committee	77,538	4,468	82,006
Philadelphia Committee	27,342	6,032	33,374
Pittsburgh Committee	47,156		47,156
Princeton Committee	2,210		2,210
Providence Committee	1,090		1,090
Rochester Committee	4,583		4,583
Washington, D.C. Committee	28,803	16,000	44,803
Miscellaneous	73,359		73,359
TOTALS	<u>\$469,125</u>	<u>\$26,500</u>	<u>\$495,625</u>

Total Contributions Above

Restricted	\$ 65,668
Unrestricted	403,457
	<u>\$469,125</u>

*Donations from various state chapters.

**Total for Kentucky \$ 78,437 \$ 78,437

II.
REPORT OF OPERATIONS
Comparative Analysis of Service Provided
In the Two Fiscal Years 1983 and 1984

HOSPITAL

	1983	1984
ALL PATIENTS (excluding newborn):		
Percent of Occupancy	64.1%	64.8%
Patient Days — Total	9,360	9,493
Medical-Surgical	7,729	7,942
Obstet ical Unit	1,631	1,551
Admissions — Total	2,044	1,941
Medical - Surgical Unit	1,451	1,402
Obstetrical Unit	593	539
Average Daily Census	25.6	25.9
Average Length of Stay	4.6	4.9
NEWBORN:		
Percent of Occupancy	30.3%	27.4%
Patient Days — Total	1,107	1,001
Admissions — Total	440	399
Average Daily Census	3.0	2.7
Average Length of Stay	2.5	2.5
DELIVERIES — TOTAL	440	401
OPERATIONS — TOTAL	771	575
Major	278	220
Minor	433	355
In-patient	453	298
Out-patient	258	277
ENT	33	45
C-Section	73	61
ANESTHESIA — TOTAL	704	572
Spinal	32	43
General	418	343
Local	254	186
DEATHS — TOTAL	36	34
Institutional (over 48 hours)	25	23
Institutional (under 48 hours)	4	4
Non-institutional (OPD/ER)	7	7

	1983	1984
X-RAY EXAMINATIONS — TOTAL.....	6,755	6,925
In-patient	1,729	1,618
Out-patient	5,026	5,307
LABORATORY PROCEDURES — TOTAL	75,826	88,289
In-patient	26,004	34,704
Out-patient	32,752	36,007
Referred in	17,070	17,578
Referred out	8,314	10,508
PRESCRIPTIONS FILLED — TOTAL	62,336 ¹	49,446
In-patient	3,812 ²	0
Out-patient	58,524	49,446
Unit Dose — In-patient	74,332 ²	137,538
PHYSICAL THERAPY TREATMENT		
TREATMENT — TOTAL	1,829	2,671
In-patient treatments	494	976
Out-patient treatments	1,159	1,695
Home Health treatments	176	0
ELECTROCARDIOGRAMS — TOTAL	1,804	2,518
In-patient	911	1,492
Out-patient	893	1,026
RESPIRATORY THERAPY — TOTAL.....	27,200	37,216
In-patient procedures	26,353	36,236
Out-patient procedures	847	980
MBH DENTAL VISITS — TOTAL.....	1,805 ³	2,011
Average Visits Per Day	7.2 ³	7.9
WOOTON DENTAL VISITS —TOTAL	775 ⁴	N.A.
Average Visits Per Day	5.1 ⁴	N.A.
HOME HEALTH VISITS — TOTAL	8,410	7,511
Average Visits Per Day	33.4	29.6
EMERGENCY ROOM VISITS — TOTAL	5,643	5,604
Average Visits Per Day	15.5	15.3
ADMITTED THROUGH EMERGENCY		
ROOM — TOTAL	784	857
MBH (HYDEN) CLINIC VISITS		
— TOTAL	22,685	21,837
General Clinic	13,674	13,262
Pediatric	4,622	4,257
GYN	312	383
MTD	4,077	3,935
Average Visits Per Day	90.0	86.0

	1983	1984
SPECIAL CLINICS — TOTAL	637	534
ENT	217	184
Orthopedic	324	260
Ophthalmology	96	90
DISTRICT CLINICS — TOTALS	15,436	13,669
Average Visits Per Day	61.3	53.8
BEECH FORK CLINIC — TOTAL	4,831	4,605
Average Visits Per Day	20.9	18.1
COMMUNITY HEALTH CENTER — TOTAL ...	4,821	5,095
Average Visits Per Day	19.1	20.1
ONEIDA CLINIC — TOTAL	1,062 ⁵	N.A.
Average Visits Per Day	11.5 ⁵	N.A.
PINE MOUNTAIN CLINIC — TOTAL	1,818	1,762
Average Visits Per Day	7.2	6.9
WOOTON CLINIC — TOTAL	2,583	2,207
Average Visits Per Day	10.3	8.7

¹ Excludes Unit Dose

² Pharmacy Began Unit Dose August 1982

³ Closed 10/1/82 to 12/12/82 for renovation

⁴ Closed

⁵ Closed 9/10/82 — figures are for 83 days of operation

**COURIER AND VOLUNTEER HOURS AND DAYS REPORT
May 1983 to April 1984**

Departments Served	Couriers (Hours)	Volunteers (Hours)
Accounting	52.0	
George Wyatt	25.5	
Administration		
— David Hatfield		272.0
Animal Shelter	3.0	
Business Office (thinning bills)	342.5	
Clinics		
— Beech Fork	492.5	
— Hyden	890.5	
— MTD	363.0	
— Orthopedic	4.0	
— Pediatrics (Dr. Morris)	179.0	
— Pine Mountain		
— patient transport	6.0	
— aide	205.5	
— Wooton Dental	27.0	
Childbirth Classes (observed)	8.0	
Data Processing		1,401.0
Day Care Center	21.0	
Disaster Drill	11.0	
Emergency Room	433.5	
Eva Pace (typing)	23.0	
Home Health Agency	4.0	
Hope House	216.5	
Hospital Cafeteria	8.0	
Judging 4-H Contest	2.5	
Med/Surg	60.5	
Nursing Home (visiting)	5.5	
OB	161.5	
Oncology (Pat Campbell)	23.5	
Operating Room	61.0	
Orientation/Movie	152.5	
Pharmacy	120.5	
Physical Therapy	89.0	
Projects		
— Mr. Coleman	124.5	
— Reading	3.0	
Promotion and Development	198.0	60.0
Rounds	846.5	

Departments Served	Couriers (Hours)	Volunteers (Hours)
School		
— Ruth Beeman	199.5	
— Jeanette Woods	371.5	
— School Library	64.5	
Transportation		
— Corbin (car maintenance)	111.0	
— Hazard (patient transport)	12.5	
— Lexington (patient transport)	72.0	
— Lexington (guests)	396.0	
— London (guests)	20.5	
— MBH (patient transport)	3.0	
— Prestonsburg (guest)	3.5	
Trudy Isaac (private nurse's aide)	807.0	
Wendover		
— Carpentry	32.5	
— Cleaning	101.0	
— Christmas	72.5	
— Errands/Odd Jobs	503.5	
— Float (for Mary Breckinridge Day)	70.0	
— Gardening	432.5	464.0
— Graduation	15.0	
— Health and Fun Days	24.0	
— Health Fair	96.0	
— Kitchen Workers	169.0	1.5
— Nutrition Project	97.0	
— Painting	24.5	
— Sewing	32.0	
— Secretary	67.0	
— Tours (of Wendover)	49.0	
— Yard Sale	22.5	
Xeroxing	1.0	
X-Ray	381.0	
Total Hours	9,415.0	2,198.5
Total Days	1,420.0	294.0
Total Couriers for the Year	39	
Total Volunteers for the Year	4	
Report submitted by Danna Larson		
June 30, 1984		

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Homer L. Drew, Treasurer
David M. Hatfield, M.B.A., F.A.C.H.A., Director

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 Director of Personnel: Darrell J. Moore, B.A.
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 Donor Secretary: Ruth O. Morgan
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 Food Service Manager: Mae Campbell
 Housekeeping: Lillie Campbell
 Laboratory: Sr. Pat Skowronski, M.T., (ASCP)
 Maintenance: John C. Campbell
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 Pharmacy: Joe R. Lewis, R. Ph.
 Physical Therapy: Beverly Limbo, R.P.T.
 Purchasing: Nannie Hornsby
 Respiratory Therapy: Diana Fortney, C.R.T.
 Social Work: Ruth Ann Dome, B.S.W.
 X-Ray: Mike Dooley, R.T.

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 Phyllis A. Lewis, M.D., Pediatrics
 Andre F. Lijoi, M.D., Family Practice
 Medical Director
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 Joaquin M. Valdes, M.D., Internal Medicine

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FNS Clinics Coordinator

Patricia R. Campbell, R.N.

Oncology Nurse

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 Nurse-Midwifery Education Coordinator
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Project Director

Sr. Joan Gripshover, R.N., F.N.P.

Community Health Center (Big Creek)

SUCCESSOR TO The Carolina Butler

Atwood Memorial Nursing Center

(Flat Creek), The Clara Ford

Nursing Center (Red Bird)

and The Betty Lester Clinic

(Bob Fork).

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District Records: Nancy Williams

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Carolyn White, R.N.

Frontier Nursing Service, Hyden, Kentucky 41749, 606-672-2901

Frontier Nursing Service, Wendover, Kentucky 41775, 606-672-2317

Frontier School of Midwifery and Family Nursing, Hyden, Kentucky 41749, 606-672-2312

C.F.N.P. indicates family nurse practitioners who have taken and passed the national certifying examination

C.N.M. indicates family nurse-midwives who have taken and passed the national certifying examination.

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URGENT NEEDS

FNS' midwifery service is in need of educational materials for two libraries. These materials are for loan to maternity patients as part of their prenatal care. Needs are as follows:

The *maternity lending library* requires about 30 books, averaging \$10 apiece.

The *audiovisual library* needs a number of films and audiocassettes. Prices for these average about \$300 to \$400 each.

The midwifery service would greatly appreciate donations for one or more of these items. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775. They will be gratefully received.

STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

FNS Staff. Openings may occur from time to time in both the professional and technical staffs, with opportunities for certified nurse-midwives, family nurse practitioners, registered nurses, family practice physicians, laboratory technicians, X-ray technicians, and others. For current information, write Darrell Moore, Director of Personnel, Mary Breckinridge Hospital, Hyden, Kentucky 41749 (phone 606-672-2901).

Couriers and Volunteers. This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a 6- to 8-week minimum period and would like to be exposed to the work of the Frontier Nursing Service. ("You tell us what you can do, and we'll find a job for you.") For current information, write Danna Larson, Coordinator of Wendover and the Courier/Volunteer Program, Wendover, Kentucky 41775 (phone 606-672-2318).

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FOR YOUR PARTICIPATION



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Wendover, Kentucky 41775

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FRONTIER NURSING SERVICE, Inc.

Its motto:

**“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”**

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

**From the Articles of Incorporation of the
Frontier Nursing Service, Article III.
as amended June 8, 1984**