

# Employer Panel Visits KSR

On July 17, the Living Skills Department at the Reformatory held a panel discussion, entitled, "The Successful Employee." The panelists, business persons from the Louisville area, discussed their views on the hiring of ex-offenders. They also responded to questions from a group of over 100 residents.

"The biggest problem seems to be showing up for work," said Richard Chadwell of Hettinger and Schuck Heating and Air Conditioning. "The men we have the greatest problem with, and not just ex-offenders, are those who have a habit of not showing up every day."

He emphasized the fact that his company is in business to make a profit and that anyone who helps them make a profit will have a job.

In response to a question

about the attitude of employers towards the ex-offender, Kenes Bowling of Goodwill Industries said that he takes a 'wait and see attitude' when hiring an ex-offender, but that he likes for the person to be "up-front" about his record. Mr. Bowling indicated that he wanted to know what the person has done to change himself and especially how the person spent his time while incarcerated.

Relating to the group how he himself had to build towards success, Duane Loverher, president of Kentucky Termite and Pest Control, said, "The first thing I had to do was get the tools, the fundamentals." He encouraged the residents to take speech or drama courses to improve their personal effect. Good appearance, posture and general attitude are necessary to

achieve success in any field," Loverher said.

Other members of the panel included Anita Edmundson of Hill Personnel, Grant Rickard of Clark Electric, Stanley Lanaham of General Pest Control, Luther Lemley and David Robinson of Spalding College.

Panel members said that they would be willing to interview residents before they were released from the institution. One panelist even offered to conduct a training program inside the institution.

The program was arranged by Kay Widup, T3 Director at KSR, and was conceived and moderated by Leonard Pappforth, a resident at the institution. Ms. Widup says that similar programs will be held on a regular basis in the future.

# "Best Offer Going"

By Mike Joiner



What's an FCDC? As the picture clearly shows, it's a work camp. In all actuality the picture of Glendale Tooley and Dewey Parker is of them working on a tree which the Futuristic Jaycees of the Frankfort Career Development Center undertook to cut up as a chapter money making project.

Nonetheless, the point remains that FCDC is in fact, a work camp providing services to various offices of the state government. The Frankfort Detail, as it is called, performs such tasks as picking up trash, maintaining buildings, assisting the state police, landscaping and providing personnel for both of the governor's mansions. It also provides cafeteria workers, painters, electricians and moving crews.

Also on the career development side, are several men working for the Department of Finance Print Shop. Whereas some of these men are experienced printers, there are some novices learning a new skill.

Population stays at about seventy men who occupy three dorms. The dorms, kitchen, dining room, pool room, TV

room, CCU, conference room, administrative offices, laundry room and weight room are all housed under one roof. A separate building for visitors is located behind the main unit in the picnic area. Activities consist of volleyball, basketball and softball teams which compete in the Frankfort Recreational League. An active AA, Jaycees, GED and college program is offered at FCDC. Of course, all these activities are after hours programs.

In short, a perfect place to kill some time? WRONG! Like other camps, FCDC has its problems. We have a level system that's fairly reasonable. However, level achievement is another question. Minor rule infractions are met with write-ups resulting in extra duty. Not so minor rule violations are met with shackles and a fast trip to LA.

An overall view would indicate that as far as the prison system is concerned, FCDC is the best offer going. However, like all places there are those who would wish to be elsewhere. Most current residents are content to remain at least until the parole board meets.

# Novice Power Meet Held At KSR

By Kenny Hayes

The Living Skills Program at Kentucky State Reformatory sponsored the Prison Postal Novice Weight Lifting Contest recently.

This novice tournament was composed of seven weight classes: 132 lbs., 148 lbs., 165 lbs., 181 lbs., 198 lbs., 220 lbs., and 242 lbs. Each weight class had three lifts—squat, bench press and deadlift.

During the squat lift, the lifter raised the bar on his shoulders while backing out of the rack. Once motionless, he was required to squat on command and face the referee at all times.

The squatter could not bounce out of the squat and the center of his thighs had to be below parallel bar. His hands could not move on the bar, and he was required to wait for the signal of command to rack.

With the bench press, the hands could not be more than 32 inches apart. The lifters

were required to have loaders help them in and out of the rack, and the referee gave a command to lift only after the bar was motionless on the lifter's chest. The lifter raised the bar at arm's length, and the referee gave the command to rack.

Some of the disqualifying factors are: bouncing the bars off the chest, pressing before command, touching the rack during the lift, moving feet and uneven extension of the arms.

In the dead lift, the bar is placed on the floor. The lifter lifts when he is ready, and the referee gives a command of down after the lift is completed. The lifter must pull the weight to the erect position with shoulders, back and legs straight.

Stopping or lowering the bar on the way up are two of the disqualifying factors. A few others are: bumping the bar off the body, failing to stand

erect and failing to wait for command.

There were 21 contestants in this novice contest. Acting as the master of ceremonies, Donald Satterly called the contestants' weights and final scores to the audience. He gave an update account of each division.

According to the weight lifting formula, Michael Strickland was by far the best lifter of the day. This 148 pound young man won each category in his weight class. He should have. For, the size of a person is not what makes the man. It's his dedication, desire and work toward achieving his goal—the goal to be the best.

This was a great contest. We hope that there will be many more in the future here. Who knows—we may have a national champion hidden here at La Grange.

# Weightlifting Contest Results

NAME	BWT.	Coef.	Squat.	Bench	DL	Total	Points
(T) Dallas Turner	126	.888	165	140	275	580	515.040(1)
(T) Michael Strickland	148½	.763	330	300	410	1040	793.520(1)
(T) Don Mosley	148	.768	200	225	300	725	556.800(2)
Terry Grismer	146	.778	175	150	300	625	486.250(3)
(M) Leonard Papproth	142	.797	135	140	200	475	378.575
(T) Eddie Byrns	155	.737	270	235	405	910	670.670(1)
(T) Frankie Barnett	164	.703	270	255	350	875	615.125(2)
Ernest DeBoise	156	.733	260	225	375	860	630.380(3)
Marvin Simms	155	.737	250	185	395	830	596.710
Jimmy Thacker	164	.703	200	150	300	650	456.950
(T) Tim Farrow	174	.672	365	250	525	1140	766.080(1)
(T) Dale Bethell	169	.687	375	265	480	1120	769.440(2)
(M) John Smith	169	.687	350	230	520	1100	755.700(3)
Bruce Dorsey	170¼	.684	300	285	400	985	673.740
Ricky Bowman	180	.654	300	200	430	930	608.220
Terry Carroll	179	.657	275	245	390	910	597.870
(T) Dennis Dahl	196	.615	325	240	465	1030	633.450(1)
(T) Joel Tinch	186	.639	350	225	450	1025	654.975(2)
Gary Peters	209	.586	270	265	375	910	533.260(2)
(T) James Robinson	225¼	.554	400	330	510	1240	686.960(1)
(T) Terry Lancaster	220	.564	315	220	400	935	527.340(1)

[T—Team]

[M—Master, 40 years and over]

[1,2,3—finishers in their class]

## THE RUNNER

By Warren Caldwell  
KSP

Life has many faces, but which is mine? Will I ever catch myself before the end of time? I wrestle with so many oppressions, that steadfastly try to hold me in bondage. But in their chains I seek to find their weakest link. There's always thirst after I take a drink of life's turmoil and confusion, but I strive with endurance of an eagle in flight with eyes of a hawk throughout day and night, with ears that hear, footsteps closing in from a distance. Sometimes when in thought, I wonder, are they after my life by chance.

## I AM ME

By Jeannie Stephens  
KCIW

*I'm only a person . . . I hurt too  
I've just learned not to let it show.  
I say . . . I want . . . I need . . . I feel,  
In ways you could never know.*

*I've seen hell more than once  
Had death hold my hand,  
I've tasted defeat so bitter  
That not even I could understand.*

*I've had hope snatched away  
Just as life I started to see,  
I've had friends for my enemy  
The scum of the earth to teach me.*

*Some things I can never tell you  
So don't take my life and compare,  
Today I'm strong . . . I walk alone  
Oh, but the price I paid to get there.*

## I HAD A DREAM

By Jeannie Stephens  
KCIW

*I woke with the streaks of dawn  
Hurting worse than ever before,  
It was only a dream . . . . .  
Nothing more.*

*For a short time I was free  
You were whispering soft and low,  
But then I woke up . . . . .  
And you had to go.*

*What was now tears, had been gentle rain  
rolling softly down my cheek,  
If only morning could have waited . . . . .  
Till I found what I seek.*

*I heard your laughter warm and tender  
Your eyes full of love looking at me  
It was true in my dream . . . . .  
When I was free.*

*My feet touched the cold floor  
And reality came like waterfalls  
No longer was I dreaming . . . . .  
But looking at prison walls.*

the kentucky

# INTER-PRISON PRESS

STAFF ADVISOR

MARIBETH SCHMITT

Public Education Services Manager

The KENTUCKY INTER-PRISON PRESS, a monthly publication of the Kentucky Bureau of Corrections, Frankfort Kentucky, 40601, is produced by and for residents of the 11 correctional institutions of the Commonwealth of Kentucky. The views expressed in this publication are not necessarily those of the Kentucky Bureau of Corrections. Reprint permission is hereby granted, provided the proper credit is given. All correspondence and forms should be directed to the Public Education Services Manager, Bureau of Corrections, Frankfort, Kentucky, 40601. Second class postage rates paid at Frankfort, Kentucky, 40601.

USPS 011170

## POPULATION FIGURES

Kentucky State Penitentiary	803
Kentucky State Reformatory	1923
Kentucky Correctional Institute for Women	110
Blackburn Correctional Complex	243
Bell County Forestry Camp	68
Harlan County Forestry Camp	37
Daniel Boone Career Development Center	36
Western Kentucky Farm Center	135
Roederer Farm Center	145
Frankfort Career Development Center	86
TOTAL	3586



## Home Building Skills Have Place At FCDC

By Mike Joiner

Featured above is Walter Collins of FCDC. Though Walter may not be able to assist you in finding an actual home for parole board purposes, he sure can give you a fine model to show to the parole board. Walter, with Maurice Hector looking on, displays two samples of his handiwork. The model to Walter's right is a duplicate of the Frankfort Career Development Center. To his left is a duplicate of First Corinthian Baptist Church of Frankfort.

This unusual hobby began very innocently when Walter decided to build a doll house out of cardboard for a visitor's child. His first attempt was so

successful that he was asked to challenge the task of making a model of FCDC. That second model is the one that is pictured here.

It led to the creation of yet another mini-FCDC. The second FCDC model was then presented to Reverend Newby and the congregation of First Corinthian Baptist Church who offer an Outreach Ministry program to the men of FCDC. The members of that church were so pleased with the FCDC model that they then asked Walter to put his talents once again to work in the creation of a model of the church. Hence the other model.

## Revival Held At PeWee Valley

The revival was scheduled to run for three nights with a baptism to be held on the last night, Sunday, July 29.

Brother Page, honored speaker of the first session of the revival, did not show up July 27, as planned. However, on Saturday, the revival was honored with Earth Mother from the "All the Way House." Earth Mother was accompanied by the Young Folks Choir and they have been visiting K.C.I.W. for a number of years.

The women of the institution were not the only ones that were filled with amens

and praises for the Lord. The male residents of the institution were also touched.

Among the honored guests was Brother Joe Weiss, who is well known all over the institutions in the state of Kentucky. Testimonies were given from guest speakers concerning their repentance from drugs and doomed lives of crime. Gospel folk songs were wonderfully sung by Mr. Bob Lawson, and, last but not least, came the baptism.

Residents of the institution gave their lives to Christ Jesus through baptism performed by Reverend Shumaker. Even the

male residents took part in special prayer and confession through Reverend Coleman. Reverend Shumaker and Reverend Coleman were preaching their hardest to help them receive salvation.

Dedications and commitments were received in addition to the baptism. As far as holy water was concerned, there was definitely a lot of it in that baptismal tub. As far as it went, there were three to be baptized that night on July 29, but we ended up with 18 females giving their lives to Christ.

### BEYOND INSANITY

*In many poems I speak to thee,  
Of life and what it means to me;  
Of love, joy, peace and poverty,  
Of yester years and years to be.*

*I've spake of God and mother dear,  
I spoke my thoughts when death was near;  
And though my heart's alone it strives,  
To keep me hooked till death arrives.*

*Hooked in a life beyond this world,  
Which others seek but will not find;  
Because of fears they stay behind.*

*They say that I'm insane, I know,  
To speak of places they can't go;  
But then again what do they know,  
Of worlds above and worlds below.*

*Can you travel with me or hold my hand,  
Can of these words you understand?  
If it be so then you can speak, as I  
Of worlds that others seek.*

*If it be so then take a vow,  
To tell no man of what and how;  
Of why and when the end must be,  
Of this place past insanity.*

By Barry V. Williams, KSR

### THE UNFAILING ROAD

by Jerome Steed Wilson--KSR

*There are but two roads  
that lead to an important goal  
and to the doing of great things--  
strength and perseverance,  
harsh and continuous,  
may be employed by the smallest of us  
and rarely fails of its purpose  
for the silent power  
grows irresistibly with time.*

### DEAR MOM & DAD

*I'm lonely tonight,  
and thinking of you,*

*So sorry for the hurt,  
I've put you through,  
My way of life  
Has never been the best,  
But your love for me  
Has stood every test.  
Words can never say,  
What's in my heart,  
of how much I love you,  
Though miles apart,  
A lot of pain I've caused you,  
Since I've gone on my own,  
But with open arms,  
You've welcomed me home.  
Thank you for the love,  
You've given me,  
When I was in trouble,  
and when I was free,  
You've always reached out,  
With a loving touch,  
And I just wanted to tell you,  
I love you so much.*

By Jeannie Stephens  
KCIW

## Weekend Memories













By Carol Jarvis

K.C.I.W. was full of life and activity over the weekend. The recreation started Friday with a movie and popcorn, another movie Saturday. Sunday we had a special treat, it started with a disco, then we enjoyed Kentucky Fried Chicken, cole slaw, rolls, lemonade and a movie entitled, "The Gauntlet."

Monday's activity started off full blast with open recreation on the yard for all levels, in which all residents were allowed to wear their own clothing. There were so many activities and games going on that everywhere you look, someone was doing something different. Not only residents were participating, the Community Baptist Church members were in full swing with us.

For some members, this was their first picnic at K.C.I.W. and a new experience for some of the staff. Our day was filled with enjoyment, laughter, plenty to eat and drink. We also had a softball game in which K.C.I.W. tied the score with the Community Baptist Church. What a game! I know I cannot speak for all the residents, but I had a day to remember.

So thank you resident liaison council, staff—especially John Watkins, Frank Durham, and Aggie Lewis—and a special thanks to the Community Baptist Church for all you did for us to make Memorial Day a memorable one for everyone.

 Father What is prison ??	 A mental or physical state of total confinement	 What is confinement ??	 to keep within limits.	 What are Limits ??	 Boundary lines.
 Is prison a boundary line ??	 Yes it's a mark of one's limitation.	 Is time apart of the limitation	 Very much so.	 Why ??	 Because Prison is a thought but you will do time if you are caught.

By Chris Jackson

## "Jamming" At KCIW

By Carol Jarvis

K.C.I.W. was jamming and throwing straight down. We, the residents at K.C.I.W., were paid a visit by the "Riff Raff Band" and the "Rapid Fire Band." We also had a special visit from Channels 3 and 32, and the radio station LRS-102. The television channels filmed a few close ups of some of the residents, plus some of the dancing. All the ladies enjoyed the music to the fullest. I can't speak for all the residents, but as far as I'm concerned, "they were the best bands we've ever had here."

John Simon was responsible for the bands being here. Rapid Fire started the jam off with a song by "Boston." They took off in full swing and in full blast. The recreation hall rocked like it's never rocked before. It was wild and alive with sounds of some good, decent rock. There were 18 members in all. Both bands jammed and did a real decent job.

They slowed the pace down a bit, but were still rocking. It consisted of a duet by the bass and lead guitar players of Rapid Fire.

The bands had visited La Grange two weeks earlier.

I talked to a few members including John Simon. According to Mr. Simon, Rapid Fire is from New Albany, Ind., and Riff Raff is from Louisville, Ky. The playing at prisons started after a lecture. The first prison appearance was May 27, at La Grange. Every member is real good home folk. The bands and other members were real happy with

the attendance from the ladies even though they were expecting a larger crowd. According to all of them, "they felt good and at ease here with us."

I talked to Super Roadie! He said he really enjoyed the food and that he never had any doubts about coming here, but most important was he liked looking at the residents and that the staff were really good to all of them.

Riff Raff has been together for about one year and a half. They give you the feeling of down home folk. They would like to make it to the top. You've got my vote guys! The only thing Super Roadie didn't like was our 220 volt fence, but tell me who does? The last comment from Super was that K.C.I.W. was far out and the scenery was beautiful!

According to Jeff, a spokesman for Rapid Fire, they have been together for about five years. They first played under the name of "Madusa." They play mostly rock. Mike, the drummer for the band, stated that Rapid Fire plays mostly in Kentucky and the surrounding areas. They are out to make it to the top, but if not, that's fine with them. They just want to play their music and enjoy it. The band plays about anything. They just want to please the crowd. Mike also commented on the security of K.C.I.W. and that they arrived with no fear.

For all the residents, we wish to thank each and everyone for a very good and exciting time. Hurry back guys, you're always welcome and will be greeted with smiles.

### DEATH LOOKING DOWN by Jerome Steed Wilson--KSR

*With death gazing upon a man,  
he sees the end of all dreams.  
All the maybes and might-have-beens  
have run out of time.  
And the man sits alone with precisely what he has become,  
no more and no less  
the saving account of the soul at full maturity.*

If you want to send your copy of The Kentucky Inter-Prison Press to someone by mail, please place their address and yours in the space provided below vertically and staple one time in the center where the two open edges meet, leaving both the return and receiver's address visible. The Kentucky Inter-Prison Press requires one 15 cent stamp.

FROM: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

PLACE  
STAMP  
HERE

TO: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

