

HIGH OAKS.



LEXINGTON

SANITARIUM.

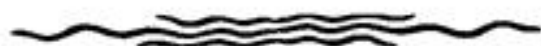


WITH COMPLIMENTS OF
R. C. CHENAULT, M. D.

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HIGH © OAKS

Lexington Sanitarium.



A private hospital for the treatment of mild forms of mental troubles and all forms of nervous diseases, including habitues of Opium, Chloral, Cocaine and Alcoholic Stimulants.

I desire to inform the medical profession that after an experience of twenty-five years in a large general practice, and ten years in charge of a large State hospital in this city, I have opened a private Sanitarium at this place for the care and treatment of the above named diseases, and after nearly two years successful operation, will give a description of the place and such other facts as will enable those seeking treatment to understand the advantages to be derived from a residence at High Oaks.

Lexington is a beautiful, inland city, of 35,000 inhabitants, located in the center of the Bluegrass region of Central Kentucky, equidistant about 80 miles from Louisville and Cincinnati by rail, and 500 feet or more higher than either of these places and 1000 feet above

the sea level. It is a very healthy city, free from malarial influences, the railroad centre of the State; and, as a place of residence, unsurpassed in the South.

High Oaks is situated in the suburbs, elevated above the city proper and contains twelve acres of ground, and the lawns are beautifully shaded and handsomely improved with large native forest and other shade trees, and an abundance of all kinds of fruit trees and plenty of pure water.

The buildings are situated on the highest point of ground, from which the rainfalls naturally run off, and consist of a large three story brick, with wing. (The walls are very thick, making the house warm in winter and cool in summer), also detached cottages which are occupied by patients. The ceilings are high, and rooms generally large, heated with both warm air and open grate fires, with hot and cold water and bath rooms. Large, wide halls and porches, full length of main building, both front and rear. This place is conceded to be one of the prettiest and most desirable in Kentucky.

The garden is cultivated in all kinds of vegetables and small fruit usually grown in this latitude, and the tables are constantly supplied therefrom with fresh vegetables and fruits.

The dairy is furnished with rich, fresh milk and butter, obtained from our Jersey cows, kept and handled on place.

Our patients are expected and required as far as practicable to take their meals with my family, and are looked upon as part thereof, with all the privileges consistent with their condition.

They will be under my special care and give my personal attention assisted by competent nurses. (I anticipate securing the services of my daughter, Mrs. E. C. Runyon, a student of Michigan University and a graduate of the Woman's Medical College of Chicago, formerly an assistant physician in the Cook County Hospital, as my principal assistant). And all modern appliances will be used, which in our judgment will tend to benefit those placed under our charge.

Terms will be as reasonable as in any first-class hospital of the kind, and everything necessary is furnished to patients except clothing. Special rates will be given on application.

As a rule, no patient will be received and treated for less than one month, as no case can be benefitted for a shorter period and usually several months' stay is necessary to effect any permanent good or cure.

We use no nostrums or secret remedies, and are always ready and willing to communicate freely with any physician who may be kind enough to recommend or wish to have patients sent to us for treatment.

R. C. CHENAULT, M. D.

(Jefferson Medical College Class 1854).

Late Medical Sup't. Eastern Asylum.
Lexington, Ky.

REFERENCES.

- Dr. PLINY EARLE,*
Late Sup't Lunatic Hospital, Northampton, Mass.
- Dr. F. H. CLARKE,*
Sup't Eastern Lunatic Asylum, Lexington, Ky.
- Dr. T. J. MITCHELL,*
Sup't Lunatic Asylum, Jackson, Miss.
- Dr. B. W. STONE,*
Sup't W. Lunatic Asylum, Hopkinsville, Kentucky.
- Dr. ED. H. JONES,*
1st Assistant, Central Asylum, Anchorage, Ky.
- Dr. JOHN S. BUTLER,*
Hartford, Connecticut.
- Dr. P. BRYCE,*
Sup't Hospital for the Insane, Tuscaloosa, Alabama.
- Dr. J. H. CALLENDER,*
Sup't Hospital for the Insane, Nashville, Tenn.
- Dr. JAMES RODMAN,*
Late Sup't Western Asylum, Hopkinsville, Ky.
- Dr. D. R. WALLACE, M. D., L. L. D.,*
Sup't Northern Asylum, Terrill, Texas.
- Hon JAMES B. McCREARY,*
Ex-Governor and Member Congress, Richmond, Ky.
- Hon. JAMES P. EAGLE,*
Governor of Arkansas, Little Rock, Arkansas.
- Hon. ED. D. WHITE,*
Ex-Judge of the Supreme Court of Louisiana and
U. S. Senator elect, New Orleans, La.
- Hon. ET. GIRARD,*
Belgian Consul, Louisville, Kentucky,

TESTIMONIALS.

NORTH CAROLINA INSANE ASYLUM,
DR. EUGENE GRISSOM, SUP'T.

RALEIGH, N. C., Sept. 28, 1888.

DR. R. C. CHENAULT, LEXINGTON, KY.

Dear Doctor:—I congratulate the public as well as yourself upon your proposition to establish a Sanitarium in Lexington, Ky., for the treatment of mental and nervous disorders. My long and familiar acquaintance with your superior qualifications and attainments as a Specialist and Expert in this class of disease, justifies me in commending this enterprise to the full confidence of the public. There are mental and nervous sufferers everywhere who need a more quiet and seclusive treatment than the public hospitals, as a general rule afford, and experience shows that these sufferers ought to be removed for treatment, from the surroundings and associates of home life to the superior advantages of hospital treatment, and I know of no locality more eligible than the blue grass region of Kentucky.

With high regards,

Yours truly,

EUGENE GRISSOM, M. D., L. L. D.

DANVILLE, KY., Jan. 13, 1890.

DR. R. C. CHENAULT, LEXINGTON, KY.

Dear Sir:—I hear that you have established a Sanitarium at Lexington, Kentucky. Such an institution in Central Kentucky is very much needed. From your past experience in treating these unfortunates and your eminent qualifications for such a position, I feel sure that you will give entire satisfaction to those

who may be placed under your charge and care. I heartily wish you greatest success.

Yours,

M. J. DURHAM,

Ex-Member of Congress from Kentucky and
Ex-Comptroller of the Treasury, Washington,
D. C.

FRANKFORT, KY., Jan. 13, 1890.

DR. R. C. CHENAULT, LEXINGTON, KY.

Dear Sir:—I observe that you have established at Lexington, Kentucky, (High Oaks Sanitarium), a private hospital for the treatment of diseases of the mind and nervous system and habitues of opium, chloral, alcohol, etc. For the benefit of those who may be thus afflicted, I desire to say that from my personal knowledge of your capacity and experience in these specialties, I believe you to be peculiarly fitted by nature and qualified by learning and experience to do great good. I hope for you the success you deserve.

Your Friend,

THOS. H. HINES,

Ex-Chief Justice of Kentucky.

U. S. SENATE,
WASHINGTON, D. C., Jan. 16, 1890. }

DR. R. C. CHENAULT, Lexington, Ky.

My Dear Doctor:—It affords me great pleasure to place my name at your disposal for use in your list of references. My personal knowledge as to your exceptional fitness for the work, makes this altogether agreeable.

Very truly,

J. C. S. BLACKBURN,

Senator from Kentucky.

FRANKFORT, KY., Jan. 15, 1890.

Dear Sir:—I cheerfully bear testimony to your high personal character and eminent fitness for the treatment of all the mental and nervous diseases it is purposed to have treated at High Oaks Sanitarium.

I am very truly yours,

WILLIAM LINDSAY,

Ex-Chief Justice of Kentucky.

House of Representatives, U. S.,
WASHINGTON, D. C., Jan. 16, 1890. }

R. C. CHENAULT, M. D., Lexington, Ky.

Dear Sir:—Learning that you have established a private Sanitarium, I take this opportunity of wishing you success in an undertaking which your character as a man and your professional experience so well qualify you to prosecute.

Respectfully,

JOHN G. CARLISLE,

Ex-Speaker of House of Representatives and
Member of Congress.

WASHINGTON, Feb. 6, 1890.

I have known Dr. R. C. Chenault, of Lexington, Ky., for many years. He practiced medicine in Richmond with great success, from whence he removed upon securing his appointment as Superintendent of the Insane Asylum at Lexington, which position he filled at two separate periods, under two distinct appointments. He has also for some time been at the head of a private Sanitarium, purchased and owned by him.

Dr. Chenault has therefore had very wide experience as a physician in general practice,

and as a specialist in mental diseases, and has acquired wide reputation in his specialty. His Sanitarium is admirably located, and is in the most healthful and beautiful region in the State.

WM. C. P. BRECKINRIDGE,
Member of Congress from Lexington, Ky.

Kentucky School of Medicine, }
LOUISVILLE, KY., }

I can recommend in the highest terms High Oaks as a private Sanitarium, conducted by Dr. Chenault, of Lexington, Ky. Dr. Chenault is a gentleman of education and great practical experience in the treatment of the insane and is eminently qualified for the successful management of a Sanitarium. The families of several patients whom I have sent to Dr. Chenault, have expressed themselves as highly pleased with the attractive, home-like appearance of High Oaks and the courtesy and skill displayed by Dr. Chenault.

J. B. MARVIN, M. D.,
Professor of Principles and Practice of Medicine.

LOUISVILLE, KY., March 14, 1890.

I can unhesitatingly recommend High Oaks Private Sanitarium under the care of Dr. R. C. Chenault as an institution fortunately located and most efficiently conducted.

WM. H. BOLLING, M. D.,
Professor of Obstetrics and Diseases of Women,
and President of Hospital College of Medicine.

CINCINNATI, March 15, 1890.

I have known Dr. R. C. Chenault for a good many years as a good general practitioner, and also as being devoted

to the study and treatment of nervous and insane patients. He has ably filled public positions in charge of insane asylums. I believe that his private hospital will be an acceptable place for the class of patients for which it is especially intended.

WM. CARSON, M. D.

63 East Fourth Street, Cincinnati, O.

My Dear Dr. Chenault:—I have heard with great pleasure that you have organized a Sanitarium near the beautiful city of Lexington, for I feel sure that your long experience and your peculiar mental and moral accomplishments peculiarly fit you for the management of such an institution.

The friends of the afflicted in Kentucky, and the entire South, may rejoice that you have concluded to dedicate yourself to the God-blessed work of caring for those suffering from mental aberration.

Yours Truly,

W. W. DAWSON, M. D.,

Professor of Clinical Surgery in the Ohio Medical College, and Ex-President of the American Medical Association.

Cincinnati, March 18, 1890.

BOWLING GREEN, March 24, 1890.

DR. R. C. CHENAULT, Lexington, Ky.

Dear Doctor:—I am glad to hear of the rapid improvement of our patient and that she will soon be able to return home. My long acquaintance with you, coupled with a knowledge of your special training and large experience in the treatment of mental and nervous diseases, makes it a pleasure for me to send my patients of these classes to your institution.

Very Respectfully,

J. N. McCORMACK, M. D.

President of the National Conference of the State Boards of Health.

706 West Chestnut Street,
LOUISVILLE, KY., March 26, 1890. }

MY DEAR DR. CHENAULT. .

I am very glad to hear that you are determined to continue the work for which you are so well fitted, and even contemplate enlarging its field of usefulness. Such a Sanitarium is indeed needed, and in your experienced and able hands will be a blessing to hundreds of sufferers. You know I wish you all the success and you also know that I have long thought a broader field should have been yours. Yet I am nevertheless thankful that your skill and knowledge are made so acceptable to me. Wishing you a long, a hearty and a prosperous life, I am my dear friend always.

Faithfully yours,

D. W. YANDELL, M. D.,

Professor of Surgery in the University of Louisville and ex-President of the American Medical Association.

COVINGTON, KY., March 27, 1890.

It gives me great pleasure to say that I have known Dr. R. C. Chenault for a number of years and esteem him as pre-eminently qualified to discharge the duties undertaken by him in conducting a private Sanitarium at Lexington, Kentucky, and should the occasion occur, would send and entrust to his care most cheerfully those suffering from mental disturbance.

T. N. WISE, M. D.

LEXINGTON, KY., March 27, 1890.

DEAR DR. CHENAULT.

We are gratified to know that you have successfully established at High Oaks, near our city, a Sanitarium for the treatment of mental

and nervous diseases. We have known you for more than 30 years and from your long experience and qualifications, have no hesitancy in saying that we consider you admirably qualified to successfully conduct such an institution. The location thereof is certainly advantageous, being one of the most healthful and beautiful in Kentucky.

Wishing you great success, we remain
Your Friends,

H. M. SKILLMAN, M. D.
A. S. ALLAN, M. D.
J. W. WHITNEY, M. D.
L. B. TODD, M. D.

COVINGTON, KY., April 1, 1890.

DEAR DR. CHENAULT.

I congratulate the medical profession and the people of Kentucky in having *centrally located a private Sanitarium*, under the management of a physician of such long experience and thorough knowledge in this specialty, as you possess. Wishing you every success, I am,

Sincerely yours,

CHAS. KEARNS, M. D.,
8th and Madison Avenue.

CINCINNATI, O., April 3, 1890.

Dr. R. C. Chenault, of "High Oaks" Sanitarium, Lexington, Kentucky, stands high in the estimation of the medical profession, as a gentleman of refinement and culture, and is regarded as an experienced and skillful specialist in the treatment of diseases of the mind and nervous system.

THAD. A. REAMY, M. D.

Professor of Obstetrics and Diseases of Women
in the Ohio Medical College.

LOUISVILLE, Ky., April 2, 1890.

R. C. CHENAULT, M. D.

My Dear Doctor:—The medical profession of Kentucky, and the entire South, have long felt the need of just such a Sanitarium as you are making of High Oaks. Your long and successful career as a physician and specialist in the treatment of the insane, and your eminent adaptation to the work, and your extensive acquaintance with American Alienists and knowledge of institutions, all commend your place to the confidence of the profession and the respect of the public. Your ability to meet the wants of those suffering from mental and nervous diseases, insure the success of your Sanitarium. Very Truly,

H. K. PUSEY, M. D.

Late Superintendent of Central Kentucky Lunatic Asylum.