

# FNS

## FRONTIER NURSING SERVICE

Volume 86 Number 1 September 2010





## FRONTIER NURSING SERVICE

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Cover Photo - Confluence Clinic - probably early fifties. Photo by Barbara "Bobbie" Hunt Bane.	

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### **Introduction to Frontier Nursing Service (FNS)**

Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the deaths of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly mothers and children.

After graduating from St. Luke's Hospital Training School for Nurses in 1910, Mrs. Breckinridge established the FNS in Leslie County, Kentucky, in 1925, as a private charitable organization serving an area of 700 square miles. It was the first organization in America to use nurses trained as midwives under the direction of a single medical doctor/obstetrician, based at their small hospital in Hyden. Originally the staff was composed of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality prenatal and childbirth care in the client's own home.

Today, Mrs. Breckinridge's legacy extends far beyond Eastern Kentucky. FNS, Inc. is the parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes five rural healthcare clinics; Mary Breckinridge Home Health Agency and the Frontier School of Midwifery and Family Nursing which offers a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner, Women's Healthcare Nurse Practitioner and a Doctor of Nursing Practice (DNP) degree.

Mary Breckinridge's home, The Big House, located at Wenderover, is a licensed Bed & Breakfast Inn. For more information or reservations, call 606-672-2317 or e-mail: [information@frontiernursing.org](mailto:information@frontiernursing.org). You can also access our website:

Frontier Nursing Service - [www.frontiernursing.org](http://www.frontiernursing.org)



## **The Journey**

*by Nathan Lee, President & CEO*



*Nathan Lee, President & CEO*

I had occasion recently to spend a contemplative drive from Mary Breckinridge Hospital to Wendover. It's a drive I make regularly, but this time was different. Earlier in the day, I had been forced to tell some of our nurses . . . caring, compassionate, talented nurses . . . that their jobs were being eliminated as a result of the challenging financial times in which the FNS has found itself recently. They heard the news with more grace and decorum than that with which I was able to deliver it, and even in the midst of what was an acute sadness, I felt honored to work with such phenomenal people.

Getting back to my drive, though . . . this one was different. I found my mind wandering to Mrs. Breckinridge, and how she must have felt through the years as districts were opened, then later closed, nurses came and went, and the coffers shifted from marginally funded, to nearly empty, and back again. I thought of



the closure of the old Hyden hospital and the stories that are now embedded in its walls. Then I thought of the joy that surrounded the dedication of the Mary Breckinridge Hospital just down the hill from its predecessor. I thought of the British nurse-midwives who said goodbye to the FNS as they returned to their homes at the start of the Second World War. Then I thought of those first graduates from the Frontier Graduate School of Midwifery, which now operates as the Frontier School of Midwifery and Family Nursing. I thought of those who have paved the way for our work now. Then I thought of those who carry on that work today.

The more I thought, the more I realized that, though trite, it really is true that the only constant is change. That has certainly been the case for the first 85 years of the FNS, and surely will be for our next 85 years. We've no better role model as a change agent than our founder. I've yet to come across anyone, past or present, who better embodies the power of positive change than Mrs. Breckinridge, who changed the tragic circumstance of the deaths of her children into an organization that has saved thousands of lives.

Driving down Wendover Road, I passed an older model Pontiac sedan. Any other day, I likely would not have noticed the make of this car, but on that day it stuck with me that this car was manufactured by a company which was slow to change and as a result no longer existed. I hope and pray that it will always be that the FNS is not only an agent of change, but that it is open to being changed itself. The journey continues . . .

"The circumstances of the world are so variable that an irrevocable purpose or opinion is almost synonymous with a foolish one."

— *William H. Seward*



## **Beyond the Mountains**

### ***Rochester, New York, Committee Dinner***

June 2, 2010, FNS friends in the Rochester, New York, area gathered at the home of 1975 Courier Lee Fox and her husband, Peter White, for a Frontier Nursing Service update and dinner.

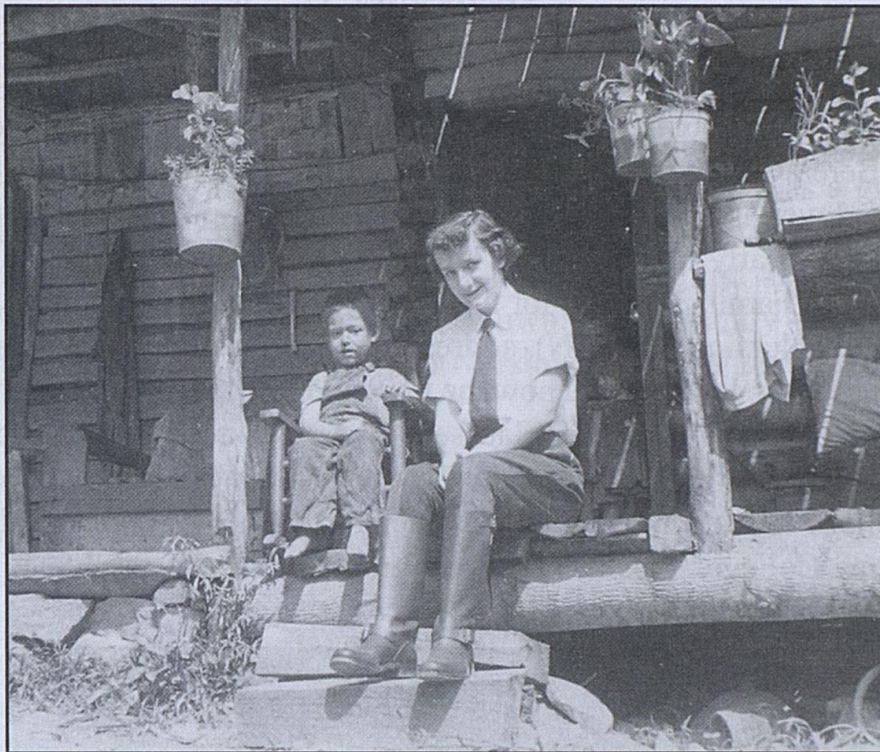
Besides Lee and Peter, those in attendance were Mr. & Mrs. Edward Lehman; Sarah Lavell, RN Student; Barbara "Bobbie" Hunt Bane, former FNS Social Services Secretary; Constance Kilger; Heather Barnard, Dr. Susan Stone's daughter; Barbara Frelinter; Nathan Lee, FNS President & CEO; Jane Leigh Powell, FNS Chairman of Board of Governors; Dr. Susan Stone, President & Dean of Frontier School of Midwifery & Family Nursing; and Barb Gibson, Assistant to CEO.

A very special highlight of the evening was the reminiscing of Jane Leigh Powell and "Bobbie" Bane who worked together at FNS in the fifties. We enjoyed listening to stories of their time together at FNS - some of which were very amusing.



***"Bobbie" Hunt Bane and Jane Leigh Powell***





*“Bobbie” Hunt Bane at a Patient’s Home*

Special thanks to Lee Fox and Peter White for opening their home for this wonderful “gathering” of FNS friends. We look forward to future growth of this group.

\*\*\*\*\*

In the time we have it is surely our duty to do all the good we can to all the people we can in all the ways we can.

*-William Barclay*

Maturity begins to grow when you can sense your concern for others outweighing your concern for yourself.

*-John MacNaughton*



**Field Notes**

***Berea College Appalachian Tour Luncheon***

Friday, August 6, Dr. Chad Berry, Director of Appalachian Studies at Berea College, brought 26 new College Faculty and Staff to Wendover as part of Berea College's Annual Appalachian Tour. After a hearty home-cooked lunch Dr. Julie Marfell, Associate Dean of Family Nursing for the Frontier School of Midwifery & Family Nursing (FSMFN), addressed the group about healthcare issues in Appalachia and how the FNS and FSMFN are managing these concerns. Michael Claussen, Guest Services Coordinator, spoke about the history of the Frontier Nursing Service. Berea College has a long-standing partnership with the FNS and the Berea College Appalachian Fund grants money to the FSMFN for scholarships.



***Berea College Group***



***Breckinridge Family Reunion***

On June 24th, Wendover hosted 18 members of the Breckinridge Family from across the country as part of the Breckinridge Family Reunion. Over the past 200 years, the Breckinridge Family has been very influential across the country. There was a great sense of admiration displayed during their visit to the historical headquarters as the family saw photographs and artifacts of Mary Breckinridge, one of their own. Many family members have strong ties to the Frontier Nursing Service. Visiting family members included:

John Hodge, distant cousin of Mrs. Breckinridge, and his wife, Mary, former member of the FNS Board of Governors.

Lees Breckinridge Yunits and her husband, Jack. Lees is an FNS Boston Committee Member and granddaughter of Mrs. Breckinridge's sister, Lees Breckinridge.

Joseph Coleman Carter IV, is the son of Joseph Coleman Carter III, one of the first male Couriers, and is the brother of another FNS Courier, Carlyle Carter, also an FNS Trustee. Joseph Coleman Carter IV is a descendant of Mrs. Breckinridge's grandfather, John C. Breckinridge, who served as Vice-President of the United States under President Buchanan. He also served as a Major General in the Confederate Army and as the last Confederate Secretary of War. Other descendants of Mrs. Breckinridge's grandfather attending the Reunion were Robert Montague II and Susan Graham.

Several descendants of Mrs. Breckinridge's great-great grandfather, John Breckinridge also attended the Reunion. Mr. Breckinridge served as President Thomas Jefferson's Attorney-General and is the person for whom Breckinridge County, Kentucky, was named. Those descendants were Jim and Ann Breckinridge; John Breckinridge and his children, Cailley, Hannah and Adam; Sara Pollastrini and Peggy Beaty.



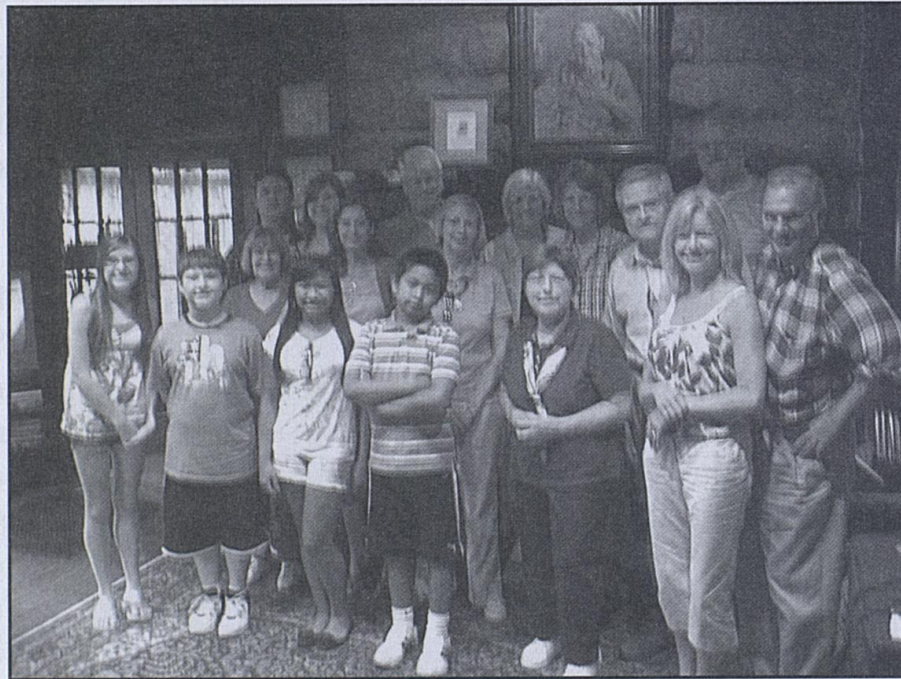
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Distant cousins, Madeline Breckinridge and her children, Poeu and Sam, also attended the Reunion.

The entire day which consisted of a private lunch in The Big House Dog Trot; a tour of Wendover, the Frontier School of Midwifery & Family Nursing and the Mary Breckinridge Hospital, went extremely well.

Special thank you goes to FNS Bluegrass Committee Members Robert and Darlene Steele for their leadership in planning the Breckinridge Family Reunion and also to Jim Breckinridge for his assistance in sharing his family history knowledge.



*Breckinridge Family Reunion*



***Wendover Guests***

From June 1, 2010 - September 1, 2010, Wendover hosted a total of 657 guests. This number includes overnight guests at the Bed & Breakfast Inn, tour groups and special luncheons/events.

***International Visitors to Wendover***

May 27, 2010, International visitors from The Healthcare Management Peace Partners Initiative, a sub-regional project for Israeli and Palestinian territories, visited Wendover as part of an invitation to the United States under the auspices of the Department of State's International Visitor Leadership Program. Program goals included: to explore the hospital management, to study diverse hospital and clinic models serving rural communities, to learn about healthcare management in the United States and to examine specialized health services for the broad spectrum of community demographics.



***International Visitors to Wendover***



*Kentucky State Fair*

During the week of August 19th, several staff members participated in the Leslie County Booth at the Pride of the Counties section of the Kentucky State Fair which was held in Louisville, Kentucky.

This special area gives counties from around the Commonwealth an opportunity to spotlight the treasures and unique attractions that it has to offer. Fairgoers can tour around Kentucky without the need to leave the grounds. The Leslie County Booth offered a glimpse of country living in the mountains with a front porch display surrounded by FNS pictures and images that celebrate the County theme of Babies, Blooms and Bluegrass. For the second year in a row, the Leslie County Booth received 2nd place in the Best Booth Award Contest. Each year the first place booth receives free booth space for the next year's Kentucky State Fair. Maybe 2011 will be the year that Leslie County takes top honors. A special thanks goes to FNS Controller, Kevin Couch, for his leadership in organizing this year's booth.





**Plea for Knitted Lap Quilts, Baby Caps and Scarves**

The Frontier School of Midwifery & Family Nursing midwifery students present lap quilts or baby caps to the first baby they deliver. The Family Nurse Practitioner students present lap quilts or scarves to their elderly patients.

FNS receives these items from our "knitting" friends. As the School continues to grow by leaps and bounds, we need more and more of these items. The size needed for lap quilts is approximately 40" by 42". Yarn should be worsted weight.

**Plea for FNS Artifacts**

Wendover has a shortage of FNS nursing uniforms, saddlebags, nursing bags and other FNS-related items. If any FNS-connected folks have items that they would like to donate, they will be greatly appreciated. Items will be put on display in different areas of the Service. Please send lap quilts, baby caps, scarves or FNS artifacts to FNS, Inc., 132 FNS Drive, Wendover, Kentucky 41775.

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**Special thanks to the following for responding to our plea:**

Nancy Newcomb Porter and the Protestant Womens Guild at Henry Ford Village Retirement Community, Dearborn, Michigan, sent knitted baby caps and lapquilts.

Betsy Barr, Summerville, MA - sent vintage stethoscopes.

Allene Gallagher, Ridley Park, PA - sent newborn caps, blankets and scarves.

Elina Comer and the St. Vincent dePaul School, San Diego, CA. - sent baby caps and a scarf.



**Former Courier, Alumni and Staff News**

***Visit from 1947 Graduate***

Mrs. Virginia “Ginny” Fredrickson-Bowling, a 1947 graduate of the Frontier School of Midwifery & Family Nursing (FSMFN), returned to Hyden for a visit June 3rd.

After graduating from the FSMFN in 1947, Mrs. Bowling worked at FNS for two years and then married local resident Willard Bowling. Mr. and Mrs. Bowling then moved to Michigan where they raised two sons. Mrs. Bowling has cherished her FNS memories and experiences and a final trip to FNS was on her “bucket list”.



***Left to right: Michael Claussen, Denise Barrett, Debra Turner, 2 Friends of Virginia Bowling. Front: Virginia Bowling***



During her visit to Hyden, Mrs. Bowling was able to visit with old friends as well as some of the babies (now adults) she delivered while working at FNS as a nurse-midwife. FNS Tour Guide Michael Claussen and FSMFN Director of Alumni Relations Denise Barrett gave Mrs. Bowling a tour of FNS facilities.

While touring The Big House, Mrs. Bowling recalled staying in the Staff Room next door to Mrs. Breckinridge and four o'clock Tea Time that was a tradition among the staff and Mrs. Breckinridge.

***Former Couriers Working in Lexington, Kentucky***

Over the last seven years, five Couriers have moved to Kentucky to begin or to further their careers in helping professions. They are Anna Carey ('03) who works as the Director of COLLY (County of Leslie Lifting Youth), a program that collaborates with FNS to operate school-located clinics; Celeste Lindall Halcomb ('04) who works as a provider in FNS clinics and at a school-located clinic; Emily Hop, ('09), Roseann Bertone ('09) and Katie Caddle ('09) participated in the Courier Program as part of their Capstone Project with Case Western Reserve Frances Payne Bolton School of Nursing. As a result of working with the Leslie County school-located clinics, all three decided they wanted to work with children and are now working at the Kentucky Children's Hospital in Lexington, Kentucky.

***News from Danielle Stanko Godinez***

Danielle Stanko Godinez ('95), Tarentum, Pennsylvania, wrote that after six years at her first job as a Family Practice Physician, she found a new job at the Saxonburg Medical Center in Saxonburg, Pennsylvania.

Danielle is married to Lucas. They have three children: Joseph, Isabel, and Alexander.



**Frontier School of Midwifery & Family Nursing News**

*by Dr. Susan Stone, President & Dean*

***FSMFN New Facility Plans on Hold***

During the January 2008 meeting of the Frontier School of Midwifery and Family Nursing's Board of Directors, plans for the construction of a new multi-use facility on the campus in Hyden, Kentucky, were approved. Since that time, FSMFN has worked to spread the word about the need for expansion and generate support for the project amongst our alumni and donors. We want to thank all of the alumni, friends and foundations who have given in support of this project.

A combination of factors has led the Board of Directors to delay plans for this expansion. The economic downturn in the United States, combined with significant private and federal reimbursement issues, have caused the sister entities of the Frontier Nursing Service to suffer financially. Because FSMFN is part of the larger Frontier Nursing Service family, fundraising efforts cannot be justly applied towards the building during this time of hardship experienced by the Mary Breckinridge Hospital and the rural health clinics. Furthermore, private financing of the project is not an option at this time.

Fortunately, the existing campus facilities allow FSMFN to admit 600 new students each year. Renovations to the campus, including the addition of more restrooms and showers in the dormitory and structural upgrades to bring all space to code will provide more comfortable accommodations and allow FSMFN to continue at its current capacity. Just over \$22,000 was raised and will be applied towards the renovation projects.

Current enrollment and projected admissions make FSMFN one of the largest graduate schools of nursing in the country. We are proud to report that over 60% of FSMFN students live in rural



and underserved areas. FSMFN is preparing high quality nurse practitioners and nurse-midwives to help meet the healthcare needs of our country's most vulnerable citizens. We look forward to expanding enrollment in the future but feel comfortable maintaining steady enrollment during this period of time.

FSMFN will continue to thrive at this capacity while the sister entities work to restructure services and regain sound financial ground. We will continue to explore options for expansion and keep all alumni and friends apprised of our findings.

Thanks to all of our friends and supporters for your continued support of FSMFN and the Frontier Nursing Service. We appreciate your understanding of these circumstances.

***Barbara Anderson appointed as  
Doctor of Nursing Practice (DNP) Program Director***

The Frontier School of Midwifery and Family Nursing is very proud to announce the appointment of Dr. Barbara Anderson to the position of DNP Program Director.

Barbara Anderson, DrPH, RN, CNM, FACNM, FAAN, received her BSN from Indiana University, MS in community health nursing from the University of North Carolina, MPH and DrPH from Loma Linda University, and post-master's certificate in nurse-midwifery from Stony Brook University.

Mrs. Anderson began her career as a Peace Corps Volunteer in Ethiopia, writing a textbook on maternal health for Ethiopian nursing schools. She previously served as chair of the Global Health Department at Loma Linda University, establishing the graduate public health program in maternal-child health. She formerly served as associate dean at Seattle University College of Nursing. As a visiting professor and program consultant in Africa,



Asia and Latin America, she has prepared nurses, midwives and physicians in public health and the midwifery model of care. In the United States, she led an urban initiative that won a White Ribbon Alliance award: The Safe Motherhood Initiative-USA Model Program.

In 2005, she received the ACNM Book of the Year Award for her text *Reproductive Health: Women and Men's Shared Responsibility*. She co-edited the 2nd edition of *Caring for the Vulnerable: Perspectives in Nursing Theory, Practice and Research*, with Dr. Mary deChesnay and is currently co-editing the 3rd edition. Dr. Anderson has served on the Governing Board of the Global Health Council, the American Midwifery Certification Board, the writing team for ACNM Life Saving Skills 4th, and on the editorial board of the *Journal of Midwifery & Women's Health*. She currently chairs the Population, Reproductive and Sexual Health section of the American Public Health Association. Her current research focuses on vulnerability as it relates to the nursing workforce shortage in both the U.S. and in developing nations.



*Barbara Anderson*



## Footprints

Excerpts from *Quarterly Bulletin*, September 1929

### *"Rounds"*

*Written by Mary Breckinridge during August, 1929*

" . . . The next morning, early, we all met with a leading citizen of the section, a fine, intelligent type of man, whose wife has just had a new baby named Caroline, out of the compliment to the new center. We went to the house of one Shelby Bowling, who is giving us the site on which the new center will stand - a gift worth at least \$100,000, and his contribution toward the \$500.00 we asked of the region.



*The Caroline Butler Atwood Memorial Nursing Center  
(Flatcreek) - 1929*

. . . The new site is lovely, has a good building site for the house and another for the barn - something which has to be considered carefully in a country so steep that there is hardly flat space



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enough even for a tennis court anywhere, and everlasting springs, which the deed gives us privilege of piping down to the three acre site which is our gift, of walling up and of protecting from surface drainage in perpetuity.

. . . I said goodbye to Miss Peacock and Miss Willeford, our pioneer nurses, who volunteer to open the new stations and give them up as soon as they are comfortable and smooth running, and rode on about twelve miles first by Red Bird River then up Bowen's Creek and over a mountain, then down Bad Creek to the Middle Fork again and our station there where Beech Fork and Middle Fork come together. This is the Jessie Preston Draper Center and the gift of Mrs. Nathaniel Ayer of Boston, in memory of her Kentucky mother. It is a white house with a characteristic old barn, both set in a wonderful grove of beech. I only stopped there for dinner and a chat with the nurse who was in from her rounds, and then rode down the Middle Fork towards the sunset the twelve miles to Wendover.



*Jesse Preston Draper Memorial Nursing Center Fork  
Nursing Center (Beech Fork)*



. . . Next day I had to get up about six to ride to Hyden for a consultation with an engineer from the State Highway Department at Frankfort who had come through their courtesy to give advice as to the terrible slides that had occurred last winter in front of the hospital to within about three feet of the steps. He stayed about an hour, went over the ground thoroughly and gave detailed advice - terrible and costly work, and we have no provision for it, and yet it should be done before the winter! Like other similar crises which have occurred from time to time in the four years since we began this work, we will go about getting it attended to as though it had been met financially, and before the work is completed it will have been met. That is curiously always true and has happened so again and again (note - later - Mrs. Ballard has provided the money for this work).

. . . Later in the morning I had a consultation with a representative of the Kentucky Dental Association, who had also come up from the outside, about a project we have agreed to enter in on in cooperation with them and the Kentucky Bureau of Dental Health - to halve the expenses in having a dentist for several months to work on the teeth of school children and expectant mothers only. It is a marvelous plan and will cost us about \$150.00 a month, which will be allowed for in next year's budget - but we have to anticipate! If one waited to have the money in hand before one arranged to do things, how work would creep along! It is better to use wings. One discovers that the Source of one's faith never lets one down.

. . . Late that evening I came back to Wendover, and Teddy Bear and I were both tired. I had him turned into pasture - the new 49 acre pasture just given us by Mrs. William Monroe Wright, and called 'The Clearing,' because the forest is all cleared around the caretaker's little house. This place is only just fenced in and we haven't yet done much to put it in order, beyond drilling a well, and Teddy Bear is not used to it. He is a horse of adventurous temperament and lively inclinations, so the first time he was put in



he jumped the hog wire fence, getting his feet tangled in the wire. We stopped that by raising the fence. This Sunday he got himself in further and more serious difficulties by climbing up some rocky cliffs, like a mountain goat, and falling down a bad crevice, where he landed on his back with his head wedged between two rocks. There the caretaker found him when he failed to come down at the 'edge of dark,' and there we struggled for nearly an hour to release him. I'll tell you my heart went through many throbs, for I had ridden the dear old brute for over three years and you don't travel thousands of miles over lonely trails with a horse without becoming much attached to him; and then Teddy Bear has such silly gallant ways that are always getting him into difficulties, and a dear way of coming up and begging for apples. And, once when my girth broke on the edge of a cliff and I fell under him, he stopped stock still until I could pull myself up.

. . . Well, six men with ropes finally got him out of this last escape, but he is in terrible condition and will be laid up for weeks. The tendons in one knee are laid bare, he has dozens of skinned places and bruises all over his body and his entire head has to be bandaged, it is so badly cut. One eye must be kept completely covered, and the other is so swollen he can hardly see through it. I am doing his dressings myself. They take about an hour each day, for Teddy is a huge horse and the area to be covered seems vast. He is also being 'specialied' - I have a fifteen-year-old girl to come up by the day and 'mind' him. She sits under a walnut tree while Teddy crops the grass beside her and all she has to do is keep him from walking off, in his partial blindness, the inevitable slopes in which all mountain grass terminates (note - Teddy Bear died of his injuries on the 8th day).

. . . Wendover is full of company as always at this season. A second year medical student from the University of California and several others from the outside, and one or two mountain children such as are constantly with us. Sometimes when their mothers go to the hospital at Hyden we let the older children stay at Wendover.



Just now we have a most interesting child who has been with us about three weeks, a boy aged ten. He really has no proper home and since his mother was killed he has been living with his natural father and a step-mother and has run away more than once. Kind neighbors have always taken him in, and one of these brought his condition to our attention from the region where he lives, which is beyond the confines of any of the territory which we cover. The father sent me word I could do anything I liked with him, and so I had him brought to Wendover, and the question of his future is puzzling us very much. I thought at first it would have to be an institution for his inheritance is bad, his upbringing worse, and he had an antisocial reputation which was not to be wondered at, but which would not have made him acceptable in what Timothy calls 'a home with a little h' as against an institution. But since I have had him with me I have formed my own opinion, and I think he is not only a normal child but in some ways an exceptional child. He has not been cowed by ill treatment and is certainly not antisocial. We find him polite and friendly. He doesn't stone chickens or break windows! He fits perfectly well into our large and varied household, which now numbers some twelve to fifteen people. My housekeeper, who sees more of him than I do, and has an eleven-year-old boy of her own, says that he is helpful about the place and always obedient. His immediate ambition is to go fishing and swimming, which we gratify nearly every day. His remote ambition is to get strong enough and big enough to kill the man who killed his mother, to whose memory he has a loyal attachment. This means that he has reached the highest code of honor known to his environment. He is very proud of his new blue shirts and overalls and of the white shirts and khaki trousers in which he goes to Sunday School, and inordinately proud of a new pair shoes, which, however he won't wear. He carried them to Sunday School in his hand. He is going to school every day and learning to read.

*Excerpts from "early" Quarterly Bulletins to be continued in the next Quarterly Bulletin.*



## Reflections of a Courier

by Amanda Strauss

*Summer 2009*

After dinner on my last night as a Courier, walking from The Big House to pack up my little room, everything sat in the night light. Rainbows of flowers in the gardens along the walkway seemed to sit perfectly on their stems. A late evening light glazed the heavy forested hillside in a golden hue. Down in the valley, fog laid on top of the river, skating downstream with the current.



*Amanda Strauss*

Maybe that's what it's like when you realize you're leaving a great place. All the pieces unite, matching up and playing off each other. As I ascended the stairs to the Courier Quarters, I relished in my experiences, acknowledging that it would never be the same again. I had come to rural Kentucky, made handfuls of friends, seen many births, spent countless hours in the women's health halls, eaten poke "sallet", celebrated a coon-on-the-log Fourth of July, dug up potatoes with my hands, had a snake fall on my head, learned to sew, kicked open a pinata, it's endless.

As my mind wandered through the piles of my Courier experiences, I reached the top of the stairs. I took a final evening look into the wooded atmosphere. It was unmistakable, pronounced even - Wendover in all its glory and magic all the way to that final night.

*Note: For more Courier Experiences go to [www.khakiandwhite.blogspot.com](http://www.khakiandwhite.blogspot.com).*



QUARTERLY BULLETIN

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**In Memoriam**

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please complete and return this section to the Development Office at FNS, 132 FNS Drive, Wendover, Kentucky 41775.

In memory of \_\_\_\_\_

Contributor's name \_\_\_\_\_

Person (s) to whom you wish acknowledgment sent

Name \_\_\_\_\_

Address \_\_\_\_\_

If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please complete and return this section to the Development Office at FNS, 132 FNS Drive, Wendover, Kentucky 41775.

In honor of \_\_\_\_\_

Contributor's name \_\_\_\_\_

Address \_\_\_\_\_

Person (s) to whom you wish acknowledgement sent

Name \_\_\_\_\_

Address \_\_\_\_\_



### In Memoriam

*These friends have departed this life in recent months. We wish to express our sympathy to their families, and our gratitude for their interest in our work.*

**Peter Fernandez**, Pomona, New York - passed away July 15th. Peter was the husband of former Social Services Worker Noel Fernandez.

**William Ray Mitchell, LCDR, US Navy**, Campbellsburg, Kentucky - passed away June 3rd. Mr. Mitchell was the husband of FNS supporter Mary Ann Carrico-Mitchell.

The following people gave contributions to the FNS **IN MEMORY OF** their friends or loved ones. The names in bold are the deceased:

#### IN MEMORY OF:

<b>Alice Napier</b>	<b>William Ray Mitchell,</b>
Name Withheld	<b>LCDR, US Navy</b>
<b>Carol Banghart</b>	Mrs. Mary Ann Carrico-
John Dixon	Mitchell
Anne C. Elder	<b>Shirley T. Ohl</b>
Miss Arlene Schuiteman	Mrs. Harriet Nicol
<b>Priscilla B. Behnken</b>	<b>George Owens</b>
Mrs. Harold A. Behnken	Mrs. George Owens
<b>Dorothea Chase</b>	<b>Bernice Washburn</b>
Theodore & Victory Chase	Mrs. Elizabeth Bradburn
<b>Elise R. McMillin</b>	<b>George Wooton</b>
Mrs. James Morrison	Dr. Melissa Wisner
<b>Colonel Victor J. Croizat,</b>	<b>B.K. Mishra</b>
Mrs. Margaret M. Mishra	Mrs. Margaret M. Mishra
<b>Colonel Victor J. Croizat, USMC</b>	
Colonel James T. Breckinridge	



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The following people gave contributions the FNS **IN HONOR OF** their friends or loved ones. The names in bold are the honorees:

### IN HONOR OF:

**Mallie Noble**

Name Withheld

**Nathan W. Lee**

Anonymous Employee

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### Contributions in the State of Florida

Frontier Nursing Service Foundation, Inc., is registered with the Florida Division of Consumer Services, Registration #CH8792, to solicit contributions in the State of Florida. A copy of the official registration and financial information may be obtained from the Florida Division of Consumer Services by calling 800-HELP-FLA, when calling within Florida, or 850-488-2221, when calling from outside Florida. Registration does not imply endorsement, approval, or recommendation by the State.



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**FNS, Inc.**

(the parent)

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## QUARTERLY BULLETIN

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## FRONTIER NURSING SERVICE

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**FNS and Subsidiary Corporations**

**FNS, Inc:**

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Michael Steinmetz, *Chief Financial Officer*  
Barb Gibson, *Assistant to CEO*  
Beulah Couch, *Human Resources Director*  
Kevin Couch, *Controller*

**Frontier School of Midwifery & Family Nursing (FSMFN):**

Dr. Susan Stone, *President and Dean*  
Dr. Julie Marfell, *Associate Dean of Family Nursing*  
Suzan Alrich, *Associate Dean of Midwifery & Women's Health*  
Michael Steinmetz, *Chief Financial Officer*  
Starla Selby, *Controller*

**Mary Breckinridge Hospital:**

Mallie Noble, *Administrator*

**Frontier Nursing Healthcare, Inc. (Clinics):**

Benjamin Peak, *Director*

**Providers at Hospital and Clinics:**

Linda Ahrens, <i>FNP</i>	Celeste Halcomb, <i>PA</i>
Enrico Ascani, <i>OB/GYN</i>	Clara Jefferies, <i>FNP</i>
Karon Champlin, <i>FNP</i>	Andrew Krasuski, <i>OB/GYN</i>
Latha Chandrashekar, <i>MD</i> <i>Family Practice</i>	Janessa Melton, <i>FNP</i>
J. Dustin Chaney, <i>DO, Internist</i>	Dorrita Mullins, <i>FNP</i>
Anita Cornett, <i>Internist</i>	Srinivas Naval, <i>Internist</i>
Julie Daniels, <i>CNM</i>	Sarah Noggle, <i>FNP</i>
Heidi Froemke, <i>FNP</i>	Brian Overbee, <i>FNP</i>
Sr. Joan Gripshover, <i>FNP</i>	Meredith Snyder, <i>CNM</i>
Nancy Hinesly, <i>CNM</i>	Roy Varghese, <i>Internist</i>

**Mary Breckinridge Home Health Agency:**

Willa Morris, *Director*



### **Form of Bequest**

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

### **How Endowment Gifts May be Made**

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954. Gifts of stock should be sent to:

Merrill Lynch  
Attn: Travis Musgrave  
301 East Main Street, Suite 1200  
Lexington, KY 40507  
859-231-5258



## FRONTIER NURSING SERVICE

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### URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

#### Admitting Department:

Document Scanner	1,300.00
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#### Emergency Room:

Venoscope Transilluminator Vein Finder	195.00
O2 Saturation Sensors (3)	1,125.44

#### Frontier School of Midwifery & Family Nursing:

Magnavox HD TV x 2	2,396.00
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#### Home Health Agency:

Stethoscopes (6)	74.88
Blood Pressure Cuffs (6)	296.10
O2 Saturation Machine with Pulse Oximeter	213.15

#### Medical Surgical:

Otoscope & Ophthalmoscope Desk Set	702.00
Welch Allyn Rechargeable Pocketscope Set	619.00
Drop Arm Commode	138.00
Carescape V100 Vital Signs Monitor	1,984.00
Classic Floor Model Aneroid	169.00
Stethoscope (4)	156.00
Welch Allyn Diagnostic Sets	719.00

#### Operating Room:

Easy Lock Sockets for Allen Stirrups	798.00
Scissors (10)	142.90
Peann Artery Forceps (10)	177.80
Knapp Iris Scissors (10)	169.20



QUARTERLY BULLETIN

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**School-Located Clinics:**

1 Month Supply of Children's Pain Reliever (4 Clinics)	123.60
New Floor Covering (1 Clinic)	890.00

**We extend thanks to the following people for purchase of Urgents Needs:**

Mrs. Joesph Gleason - purchase of suction machine for the Beech Fork Clinic and for Community Health Center.

Mr. & Mrs. William W. Hall, Jr. - purchase of the Aromatherapy Untrasonic Nebulizer for Maternity Services.

Mrs. James Morrison - purchase of thermometers for Home Health.

**FNS WEBSITE**  
**[www.frontiernursing.org](http://www.frontiernursing.org)**



FRONTIER NURSING SERVICE

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**FRONTIER NURSING SERVICE, Inc.**

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations  
of the Frontier Nursing Service.  
Article III as amended April 1999