

**UNIVERSITY OF KENTUCKY**  
**COLLEGE OF AGRICULTURE**

**Extension Division**

THOMAS P. COOPER, Dean and Director

**CIRCULAR NO. 205**

**The 4-H Club Girl's Room**



Lexington, Ky.

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Name

Club

Date

Group  
Article

Group  
World

Group  
Article  
Furr

Group  
Arti



## RECORD

### 4H CLUB GIRL'S ROOM

Name ..... Address ..... Age .....

Club ..... County .....

Date Work Started..... Date Project was Completed.....

COST

	Bought	Made	Repaired	Labor No. Hrs.		Labor		Mater- ials	Finished Article
				*Self	Hired	*Self	Hired		
Group I. Article									
Group II. Work									
Group III. Article of Furniture									
Group IV. Article									
<b>Totals</b>									

1. What subjects relating to the project have you read or discussed?

.....

.....

.....

.....

2. What demonstrations have you given?.....

NOTE:—Estimate your labor at 15c an hour. The cost of the finished article is obtained by adding the cost of labor (both self and hired), and the cost of materials.

NOTE:—Estimate your labor at 15c an hour. The cost of the fuel of labor (both self and hired), and the cost of materials.

2. What demonstrations have you given?.....



Place picture here showing one view  
of room **before** improvement

Place picture here showing same view  
as above **after** improvement.

REMARKS:

EXTENSION OF THE ...

[Empty rectangular box for handwritten notes]

[Empty rectangular box for handwritten notes]

[Empty rectangular box for handwritten notes]

Name ...  
County ...  
Date of F ...  
Scored B

1. Heal  
(a)  
(b)  
(c)

2. Back  
(Wa  
(a)  
(b)

3. Fur  
(a)

(b)



## SCORE CARD

### 4H CLUB GIRL'S ROOM

Name ..... Address ..... Age .....

County ..... Name of Club .....

Date of First Scoring ..... Date of **Second Scoring** .....

Scored By ..... Scored By .....

	Per- fect Score	Before Improve- ments	After Improve- ments	Gain
1. Healthfulness .....25				
(a) Light and ventilation.	10			
(b) Ease of cleaning.	10			
(c) Outlook.	5			
2. Background .....30				
(Walls, woodwork, floors)				
(a) Condition.	15			
(b) Appropriateness.	15			
1. Color.				
2. Design.				
3. Furnishings .....45				
(a) Arrangement.				
1. Comfort and convenience.	15			
2. Line and balance.				
3. Grouping and harmony.				
(b) Selection.	30			
1. Furniture, amount, condition, appropriateness.				
2. Hangings, bed spread, table runners, etc. Suit- ability (Simplicity, personality, cheerfulness and color harmony)				
3. Decorative touches (e. g. pictures, lamp shades, pottery, flowers) Amount, usefulness, beauty.				
<b>Totals</b>	100			





## CIRCULAR NO. 205

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### The 4-H Club Girl's Room

By ANITA BURNAM and EDITH LACY

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Every girl desires a beautiful room. The beauty of her room is not necessarily determined by the amount of money she has to spend on it, but by her ingenuity in using what she has at hand. Most club girls like to do things for themselves. This project is planned to aid these girls in making their rooms more attractive and livable.

#### ENROLLMENT

This work is designed primarily for older girls who have gained some knowledge of color, design and constructive processes thru their clothing work. Consequently, two units of clothing work, or their equivalent, are prerequisites of this project. For the work to be most helpful and interesting, at least five girls in a community should be working on this project. Each girl is to fill out a club enrollment card and return it to the local leader or home demonstration agent. If the county has not a home demonstration agent, application for membership may be made to the State Club Office, Experiment Station, Lexington, Kentucky.

#### ORGANIZATION

Since the girls enrolled for this work constitute a project group they are entitled to membership in a junior community club. Definite instructions in the organization of such a club are given in Club Circular 177 and also in the Club Secretary's Book, both of which may be obtained from the State Club Office.

**RECORDS**

Each member is required to keep an accurate record of her work together with cost account on the record sheets provided. These are in duplicate. One is to be sent to the home demonstration agent and the other placed in the member's booklet. This booklet is to be 8½"x11" the regular size of business stationery and is to contain interesting facts and illustrations of the girl's work, such as description of room to be improved, pictures of the room before and after the improvements are made, pictures of the most attractive units of the room after improvement; for example, dressing table unit, fireplace unit, window unit, etc. Floor plans and walls showing arrangement of furniture and club girl's story are to be included in the booklet.

Each girl's room is to be scored before work is begun and again after its completion. The score card page is to be used for both of these scorings. In order to insure a fair score the same persons must do the scoring at the beginning and at the close of the project work.

**DIRECTIONS FOR TAKING PICTURES OF THE ROOM**

1. Place the camera on some firm, level object, as a table or box.
2. See that the camera is level.
3. Have the kodak 30 inches from the floor. This is about the height of an ordinary table.
4. Make careful notes as to the location of the camera. This is necessary in order to place the camera in exactly the same position when taking the picture after the room has been improved.
5. In selecting the portion of the room to be photographed be sure that the light entering a door or window does not fall directly on the lens of the camera.
  - (a) It may be necessary to move the camera several different times in order to select the best location with reference to light.
  - (b) Be sure to take a unit of the room in order to show the improvement; for example, window and window seat.



6. In taking pictures of a window unit it may be necessary to draw the shades in order to shut out the direct light. In this case the shades should be drawn to the sill and light admitted from the opposite side of the room.

7. It will be necessary to study the light in the room at different hours of the day.

8. Arrange to take the pictures between the hours of 9:30 and 3:00, selecting the time when the light will be the best.

9. Do not attempt to take a snap-shot of the room. Time exposure is necessary.

10. For the average room with the average camera, five to eight seconds will be required for an exposure.

11. If the walls and draperies are light and there is plenty of light in the room the time will be nearer five seconds. If the walls and draperies are dark or the room poorly lighted, it will take more time, probably eight to twelve seconds.

12. The camera should be set so that the shutter will be about three-fourths open, depending on the light.

13. It may be necessary to make several pictures in order to get a good one.

#### LEADERSHIP

There should be a local leader in charge of the 4-H Room project. The local leader, with the assistance of the home demonstration agent and club specialists, should help each girl to analyse her room and determine what improvements should be undertaken. A local woman who is interested in these girls and who understands their personal problems should be secured as the leader. The leader may choose to refinish and redecorate a room in her own home while the girls are working on their rooms. If she can arrange to do this the experience will give her more confidence and her room will serve as a demonstration for the group.

#### DEMONSTRATION TEAMS

Demonstration is one of the best educational methods employed in presenting information. When two or more girls work

together in presenting information it becomes a team demonstration. Demonstrating creates in the team members poise, the ability to think quickly, to express themselves before an audience, and makes for those qualities of leadership which are so often undeveloped. In addition, the team demonstration is a very graphic way of acquainting people with the benefits of club work and of passing on to them a knowledge of home practices which have been learned and adopted by club girls.

A demonstration team is composed of girls who are successfully carrying on a club project and who have been trained during their club work to demonstrate publicly some phase of the knowledge they have gained. A good demonstration presents one idea and carries this to a successful conclusion; for instance, "Refinishing of Furniture." Several types of demonstrations are outlined in Club Circulars 140 and 149. These, however, are only suggestions and it will be necessary for club girls, with the help of their leaders, to organize and outline their own demonstrations.

In planning and outlining a demonstration one should always keep in mind that the primary aim is to *show* the audience how to perform some home practice. This practice must be presented very clearly and simply if the hearers are to adopt it. Club girls must repeat a demonstration many times before they are skillful in presenting it publicly. A team or individual demonstration can be used profitably as a part of each project meeting. These demonstrations should be very simple, presenting only one idea. Participation in a team demonstration makes the work more educational and vitally interesting to the club girl.

#### ACHIEVEMENT DAY

At the close of the work each club will want to hold a community achievement day. This is an opportune time for the club girls to show the community the results of their work. This can best be done by an exhibit. The nature and arrangement of this exhibit is to be determined by the club members. It may consist of any of the furniture or furnishings that have been



made or re-made by the club girls, together with each girl's booklet. It is suggested that work be displayed by units when possible. An educational program with each club member taking part may be planned.

#### HOW TO BEGIN

A beautiful room is beautiful because it conforms to certain principles of line, design and color. A violation of any of these principles detracts from the appearance of the room. A girl's room should be not only beautiful but comfortable and convenient.

The first problem that confronts the girl is determining the improvements most needed in her room. In order to do this intelligently she must read material suggested by the home demonstration agent before planning any changes. The knowledge thus gained will serve as a basis for analysing her room. By asking herself the following questions a girl may discover what violations of line, design and color can be found and how nearly her room meets her individual needs:

1. Is there an impression of disorder upon entering the room? Is there too much furniture, are there too many things on the bureau, or too many little ornaments, framed photographs and souvenirs in the room which are neither beautiful nor useful?

2. Is there a bareness or cold atmosphere about the room, due to lack of ornament? Would a few bright flowers, a lamp shade or a picture make it more attractive?

3. Are there too many spots in the room? Are there too many figured materials? Too many different designs and colors? Is there too much of one color and design?

4. Are the designs in the rugs and wall paper too conspicuous?

5. Is the furniture so placed that the room is out of balance? Can it be rearranged to secure balance?

6. Are the rugs so placed that they are out of harmony with the lines of the room? That is, are they placed in opposition to the structural lines of the room?

7. Are all the furnishings in the room in harmony?
- (a) Is there a likeness in the shape and finish of the furniture?
  - (b) Can the furniture be made to appear more in harmony by refinishing it?
  - (c) Is the color in the room suited to its size, lighting and exposure?
8. Is the bed as comfortable as it can be made? Are the covers light in weight and easily cleaned?
9. Does the room have enough windows for light and ventilation?
10. Is there enough furniture for convenience and comfort?
- (a) Is there a bureau or dressing table?
  - (b) Is there a wardrobe for storage of clothing and bedding?
  - (c) Is there a comfortable bed and bedding?
  - (d) Are there book shelves or suitable places for books?
  - (e) Is there at least one comfortable chair in the room?
  - (f) Are there suitable conveniences for bathing, such as, wash stand, bowl, pitcher, etc?

*Note:*—A few of the above questions may not be thoroly understood, due to insufficient information on the subject. If so, ask your leader for more reading matter along the particular line in which you are interested.

#### CHOICE OF WORK

With the above points in mind each girl is to choose from the following groups the changes she desires to make in her room, selecting a *minimum* of *one* improvement from *each* group. If she desires to make some improvement not listed here her choice should be approved by the home demonstration agent. The home demonstration agent, club leader and club girl are to mutually agree upon the work to be done before the project is started. After deciding on the improvements to be made, each girl should study carefully the topics which apply to these particular improvements. It is very important that a girl understand each successive step in any problem she is about to under-



take, such as refinishing a piece of furniture, etc., before she actually begins the work. This understanding will insure good results. If a girl is in doubt as to whether her knowledge is sufficient for a beginning she should consult her leader or the home demonstration agent.

**GROUP 1**

- A. Make or buy a pair of sheets and pillow cases.
- B. Make or buy a comfort or buy a blanket.
- C. Make or buy a bed spread or weave a coverlet.
- D. Make mattress cover or pad.
- E. Buy mattress or have old one made over.
- F. Make or buy two pillows.

**GROUP 2**

- A. Refinish floor.
- B. Refinish woodwork.
- C. Paper or paint walls.
- D. Add window to room.
- E. Put shelves and rod into wardrobe and supply clothes hangers, shoe trees and dress covers.
- F. Clean wall paper.

**GROUP 3**

- A. Refinish furniture.
- B. Buy needed furniture.
- C. Make a needed piece of furniture, such as a dressing table.
- D. Rearrange Furniture.

**GROUP 4**

- A. Make curtains or draperies.
- B. Make dresser scarf, chair back cover and cushion and any other covers needed.
- C. Make screen.
- D. Make lamp shade.
- E. Cover clothes chest for window seat.
- F. Make rug.
- G. Make cuffs for comforts and blankets.
- H. Select a picture and a flower vase.

**SUBJECTS FOR DISCUSSION**

- “Protection against Moths.”
- “Selection, Arrangement and Care of Furniture.”
- “Color Harmonies for Rooms.”
- “Wall Treatment and Care.”
- “Refreshing Furniture.”
- “Pictures.”
- “Lamp Shades and How to Make Them.”
- “Arrangement of Flowers.”
- “Making of Dress Covers.”
- “How to Buy Bed Linens and Blankets.”
- “Stenciling Runners, Curtains and Bed Spreads.”
- “Floor and Floor Coverings.”
- “Window Decorations.”
- “Elimination of Useless Articles and Brick-a-brac.”
- “Treatment of the Mantel.”
- “The Convenient Wardrobe.”
- “Cleaning and Storing Blankets.”

**REFERENCES**

1. Floor and Floor Coverings—Farmers' Bulletin No. 1219, U. S. Department of Agriculture, Washington, D. C.
  2. Chimneys and Fireplaces, How to Build Them—Farmers' Bulletin No. 1230, U. S. Department of Agriculture, Washington, D. C.
  3. Touching up the Old Furniture, Circular No. 199, College of Agriculture, Lexington, Kentucky.
  4. Principles of Window Curtaining, Farmers' Bulletin No. 1516, U. S. Department of Agriculture, Washington, D. C.
  5. Windows and their Decoration, Circular 191, College of Agriculture, Lexington, Ky.
  6. Household Arts for Home and School, Volume I, Cooley & Spohr, MacMillan company.
- Write the Junior Club Department, College of Agriculture, Lexington, Kentucky for additional reference list.



**SUGGESTIONS**

Watch current magazines for articles on household furnishings.

Clip pictures from advertisements in magazines.

Get material put out by commercial companies.

**SUGGESTED PROGRAM FOR 4-H ROOM IMPROVEMENT**

*First Meeting.* Explanation of project. How work is to be conducted. Discussion of arrangement of room for comfort, convenience and beauty. Explanation of terms "balance," "harmony" and "unity." Plans for taking pictures and scoring rooms.

*Second Meeting.* Agent and leader visit each girl's room and help her to decide on the improvements she can make with the least expense. Take not less than two pictures of each girl's room, preferably four. Read carefully instructions for photographing, page 4, to be sure of good results.

*Third Meeting.* Discussion: Color and color combinations for bedrooms. Demonstration: cleaning wall paper. Discussion: Treatment for walls; for example, cleaning, papering and painting.

If any architectural changes are to be made, as the enlarging of windows or building wardrobe, these should be done before any painting or papering is started. An arithmetical contest in figuring the number of rolls of wall paper needed for a room of given dimensions may be instructive and interesting. Each girl may bring a sample of wall paper or paint she wishes to use on the walls of her room. Each girl may work on her room color scheme at this meeting. Girls may continue work at home on color scheme and plans for rooms. Talk by club girl—A well equipped, convenient wardrobe.

*Fourth Meeting.* Visit to local furniture store. Make study of mattresses and bedding. Also curtains, curtain materials and room accessories. A bed-making demonstration will be an interesting and instructive part of this meeting. If possible have girls give demonstration or assist leader. Have discussion on

beds and bed linens. Girls may purchase material for their curtains.

*Fifth Meeting.* Discussion: Treatment for old floors, color of floors and woodwork, and keeping floors in good condition. Rugs and their arrangement. Demonstration: Refinishing woodwork and floors or rug making.

*Sixth Meeting.* Girls bring color schemes they have worked out for their rooms and discuss them. Demonstration: Refinishing old furniture, by home demonstration agent, leader or specialist. Discussion and illustration of arrangement of furniture. Elimination of unnecessary furniture. Instructions for making a dressing table or wardrobe.

*Seventh Meeting.* Discussion: Window treatment. Have illustrative material, if possible. Demonstration of stenciling and dyeing. Girls should have samples of this work to take home with them. Home work—Make drawings of all four walls, showing location of windows, doors, etc. Also make floor plan, showing place of furniture.

*Eighth Meeting.* Discussion of room drawings made by girls. Demonstration: Making lamp shades. Discussion: Decorative spots and the effect of color in small amounts. It would be helpful for girls to use water colors in their room drawings to show where color is to appear and in what amounts. Discussion: Elimination of useless articles and bric-a-brac. Talk by club girl: "The changes I am making in my room."

*Ninth Meeting.* Suggestions for flower containers and flower arrangement. Any of the following may be demonstrated: Making flower containers, weaving baskets or painting vases, decorating candles, making desk sets, dresser sets, tinting pictures or picture frames, making waste baskets or any other room accessories. Demonstration by club girl in making one room accessory.

*Tenth Meeting.* Discussion: Selection of pictures and their hanging. This may be followed by tinting prints of some of the masters. Girls may work on small articles or accessories for their rooms.



*Eleventh Meeting.* Tour of finished rooms. Home demonstration agent should make at least two pictures of each girl's room. In making these the camera is to be placed in the exact position it was when first picture was made. Additional pictures of especially attractive arrangements, corners, window units or fireplace units, etc., add interest. Two exposures of each view should be made.

Leader and agent score rooms. Collect booklets which should be complete except for pictures of finished rooms.

*Twelfth Meeting.* This may be in the form of a social at the leader's home. Home demonstration agent and leader should have the finished pictures (before and after) and also booklets which contain score sheets, stories and records, at this meeting. The results of the project can best be studied by comparing the girl's records and having each girl tell how she carried on her work, what interested her most, etc. Another way would be to let each girl have a special subject to tell about in view of the improvements she carried thru; for example, "Transforming my floors," "A changed lighting system," "Old furniture for new," etc.

