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Final Four: Cats find magic in March!

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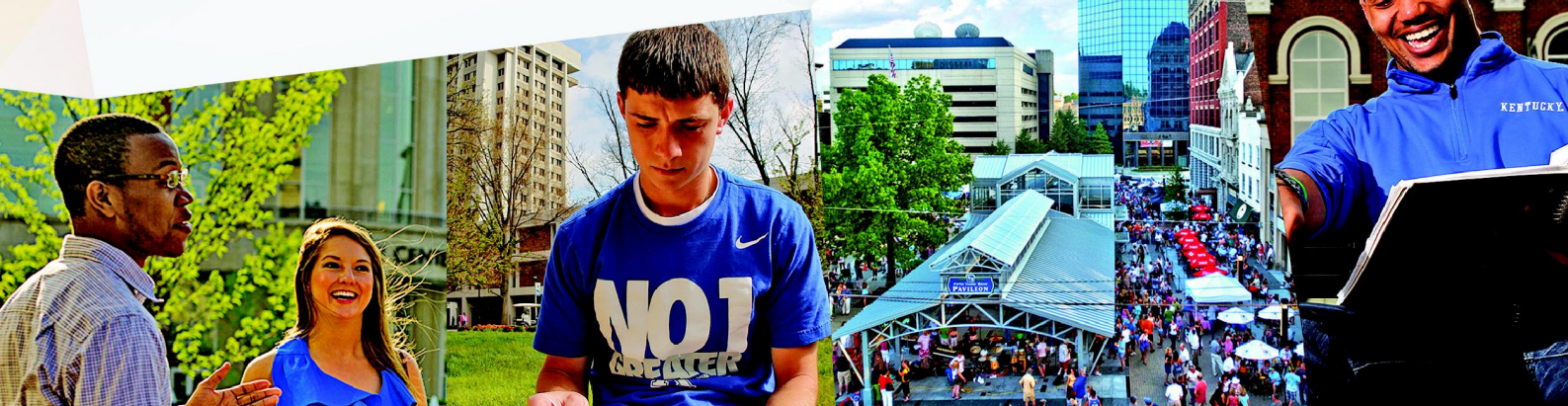
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The Wildcats celebrate after defeating Michigan in the Midwest Region final, earning a trip to the Final Four.
Photo: Dr. Michael Huang

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By Kelli Elam

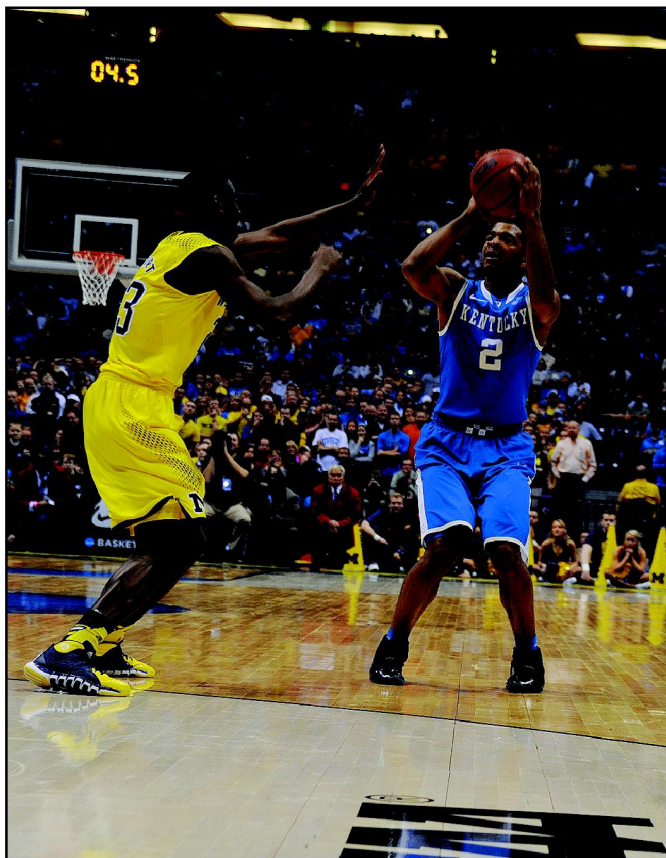


Photo: Victoria Graff

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Sometimes, the journey is just as much fun as the destination

It's with great pride that we bring you the summer 2014 issue of Kentucky Alumni magazine.

We've all heard (and probably experienced it firsthand) the adage that it's never too late. The incredible finish to the

2013-2014 college basketball season sure provided confirmation of that. Our Wildcats took us all on a journey that transformed an up-and-down season into a run to the Final Four. Yes, it was one win short of a perfect storybook ending, but it certainly was not short on moments we will remember. I certainly won't forget anytime soon the way the team responded to Coach John Calipari's "tweaks," or the way they came together and fought — and, of course, the late-game heroics and heart-stopping wins. However, I must admit that I was more than a little skeptical when, after a disappointing loss at South Carolina at the beginning of March, Aaron Harrison predicted that the rest of the season was going to be a "great story." Shows what I know, right? Throughout the season, amid all the ups and downs, Calipari kept reminding us that it's a process and you can't skip any steps. This process just took a little more time than we wanted it to. Each season is its own process, but the next one will start with not only some super-talented freshmen, but eight (eight!) returning players from a national runner-up team. We won't revisit the "40-0" talk (or at least try not to ...) but it sure is fun to think about the possibilities.

Along with cheering on our Wildcats, what I love most about the madness is the opportunity it affords me to connect with so many of my fellow UK alumni and friends. Whether it's at a game, one of our pregame events or through the wonder that is social media, I just love it. What a bond we share. It's what makes being part of the Big Blue Nation so special. Part of that special bond is our superstitions, the most common one being the clothing we wear while watching games. If a shirt, hat or dress is deemed to be "lucky," you've got to stick with it. I want to share with you a little "tweaking" I did that just might have contributed to the Cats' postseason run. Let's go back to the 2012 championship run. Beginning with the games played in Louisville, I wore the same two dresses for each round. I wore these dresses in the same order all the way through to the championship game. Sensing the need for something drastic, I decided to add the dresses back into my "lucky" rotation this

season. Beginning with the first game in St. Louis against Kansas State, I once again donned my lucky dresses. They must have still had some magic left. You know what happened. Alas, the "blue fashion deadly duo" is no longer undefeated. So, between now and next March, I must find two new lucky dresses. Hey, every little thing helps, right? We all do what we can.

Our cover story is, of course, the Cats magical run. Originally, the plan was a cover story if the Wildcats (men's or women's team) won the national championship, as we did in 2012. However, once I got back to Lexington and caught up on some sleep, I started thinking that maybe this amazing journey deserved the cover anyway. I hope you enjoy reliving the magic with me.

Also in this issue, we share with you the story of Anthony "Champ" Kelly's journey since graduating from UK in 2003. You probably remember Kelly from his playing days as a member of the Wildcat football team. What you might not know is his journey from growing up in a town of less than 500 people to becoming an integral part of the Denver Broncos front office. He made a commitment to work in football at the highest level and to also give back. Kelly stopped by the King Alumni House recently just to say thanks for including him in Kentucky Alumni magazine — terrific person with a terrific story. Be sure to read it.

We also introduce you to Krista Robertson, a young alum who has made an exciting career out of the shopping, social media and baseball. How cool is that? The profile gives me a chance to introduce Afton Fairchild Spencer, the newest member of our team here at the UK Alumni Association.

Have you ever wondered how to get a good night's sleep? Or how to pick a good vino? We rounded up some of our alumni who are experts in their fields to get the answers to a few of life's everyday questions. Be sure to check it out. I'll bet you gain some useful information. Hmm ... Let's see. I would consider myself an expert in shoe shopping and making cornbread. Let me know if you need any advice on these topics.

You will find all this and so much more in this issue. I hope you enjoy reading it as much as I enjoy sharing it with you. As always, I welcome your feedback.

With Pride in Blue,

Kelli

Kelli Elam '11
Editor

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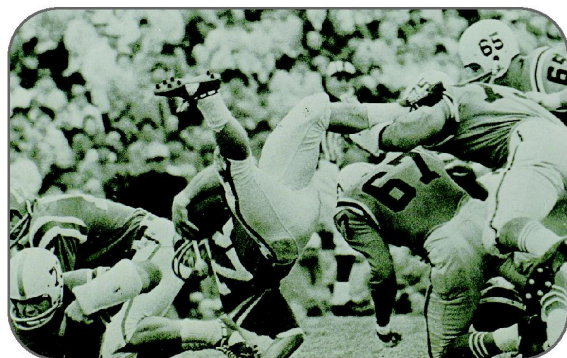
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Student scholars

At the beginning of May, the University of Kentucky gathered for the spring Commencement ceremony to congratulate the 2014 graduating class. In total, more than 6,000 students graduated from the university in the 2013-14 academic year and walked into the warm embrace of our alumni family.

In higher education, we strive to provide our students with a meaningful college experience, one that allows our student scholars to grow intellectually and socially, so that they leave our campus prepared to lead lives of meaning and purpose. But, increasingly, we also find that our students — both undergraduate and graduate — leave an indelible imprint on our campus before they graduate.

Our students skillfully balance the academic rigor of their coursework with the social challenges of being independent adults. UK students compete for and attain the nation's most competitive academic scholarships. UK named its 15th and 16th Astronaut Scholars and 13th Truman Scholar in the 2013-14 academic year. Additionally, we have had 18 Goldwater Scholars since 1990 and two Gates Cambridge Scholars in the past six years. Sixty-one UK student-athletes balanced academics with athletics and were named to the 2013-14 SEC Academic Honor Roll, placing UK fourth in the conference.

Many of our students participated in the largest ever National Conference on Undergraduate Research hosted at UK in April. With student colleagues from across the nation, they engaged in collaborative discovery in the arts, sciences and humanities that will yield personal, professional and societal rewards for many years to come.

UK's graduate students conduct sophisticated research in membrane science, obesity, nanotechnology, engineering, agriculture, drug delivery, oncology, business, manufacturing, aeronautics and the fine arts. They work alongside faculty in multidisciplinary settings as research and graduate assistants, helping create new knowledge, develop understanding and teach undergraduate students.

As our students excel academically and seek wisdom, they also serve others.

Over the last year our students contributed nearly 100,000 service hours to the community, partnered with more than 500 nonprofit agencies, prepared more than 100,000 food bags for the people of Haiti and raised \$1.4 million for

pediatric cancer research and treatment. They gave up their spring breaks to travel around the country and world to teach, feed the homeless, build homes, mentor youth and heal the less fortunate among us. Our graduate students raised money for victims of domestic violence and provided free dental, pharmaceutical, medical, tax and legal assistance, all while earning their degrees.

The university has invested heavily to further enhance the student experience. In August, we will add nearly 2,400 residence hall beds and 17 living-learning programs to support student development. The investments in the Gatton College of Business & Economics, Academic Science Building and College of Fine Arts will impact a significant cross section of the student body. We will continue to grow cocurricular programs in Honors, Education Abroad and undergraduate research to complement and extend what students learn in the classroom. And we will find new ways to recruit, retain and reward leading faculty to mentor the next generation of professors, scholars and researchers.

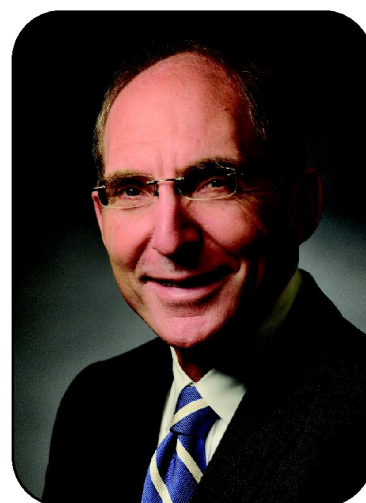
We are making these investments so that UK remains the top choice for the best and brightest students seeking a comprehensive and innovative college experience. But we also pursue these priorities so that when they do arrive at UK, they leave here prepared to compete and succeed in a global economy of commerce and culture.

This is the mission of your alma mater and Kentucky's flagship university — to be the state and nation's best asset for a bright future.

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Eli Capilouto
President



New dean selected to lead UK College of Nursing

A national leader in nursing education, tobacco control and health care outreach will become the next dean of the UK College of Nursing and Warwick Professorship.

Janie Heath, who is currently the associate dean of Academic Programs and the Thomas Saunders III Endowed Professor at the University of Virginia School of Nursing, will take over as dean at UK Aug. 1.

Heath, who has been a nurse for nearly 40 years and also has worked at Georgia Health Sciences University, Georgetown University and the University of South Carolina, said she was attracted to the college's well-known strengths in advanced practice nursing and research. "UK — through its talented faculty, staff and students — has been on the forefront of addressing major challenges in higher education and health care delivery today. I'm excited to work on new strategic initiatives to help promote a healthy working and learning environment for



Janie Heath

the UK academic and clinical enterprise," she said.

Patricia Howard has been serving as UK's interim dean since late 2012 after

Jane Kirschling left UK to serve as dean of the University of Maryland School of Nursing. ■

DanceBlue raises \$1,436,606.24

The ninth annual DanceBlue dance marathon ended with a grand fundraising total of \$1,436,606.24. With this year's total, DanceBlue has contributed more than \$6.5 million dollars to the Golden Matrix Fund and the DanceBlue Kentucky Children's Hospital Pediatric Hematology/Oncology Clinic.

More than 800 dancers completed DanceBlue. All of the money raised at this annual 24-hour no-sitting, no-sleeping dance marathon benefits children with cancer and their families and cancer research.

UK Alumni Clubs raised \$21,000 for the event, largely through fundraisers held in conjunction with game watch parties and through efforts of Young Alumni. Prior to the event, the UK Alumni Association held a reception for all DanceBlue alumni. ■

'Greenhouse' to focus on environment and sustainability

Encouraging sustainability practices and awareness of environmental issues is at the heart of a new Living Learning Program, which will make its debut in August in the new Woodland Glen II residence hall currently under construction at UK. "Greenhouse" is a partnership between the College of Agriculture, Food and Environment and the College of Arts and Sciences.

Both freshman and sophomore students with an interest in environment and sustainability from all majors are welcome to the community, not just science majors. Juniors and seniors are encouraged to apply to serve as peer mentors.

Key components of the Greenhouse program include a two-credit hour course in the fall semester ("Pathways

and Barriers to Environmental Sustainability") and a one-credit hour course in the spring semester, as well as co-curricular activities. Students will have opportunities to attend weekly chats, participate in tours and field trips, interact with guest speakers and more.

Woodland Glen II is a LEED-Silver building, which is a rating system that stands for Leadership in Energy and Environmental Design. There are four levels: certified, silver, gold and platinum. Points are given based on factors such as site sustainability, water efficiency, energy efficiency, types of materials used and indoor environmental quality. ■

Pharmacy, Markey announce new Center for Nanobiotechnology

The UK College of Pharmacy and Markey Cancer Center are joining together to create the Center for Nanobiotechnology, which will be led by Peixuan Guo, the UK William S. Farish Fund Endowed Chair in Nanobiotechnology.

Nanotechnology is the development and engineering of devices so small that they are measured on a nanometer scale. Nanoscale devices can work as parts of body organs, tissues and drug carriers to interact with biomolecules on both the surface and inside cells. Because they have access to so many areas of the body,

they have the potential to detect diseases and deliver treatments in newer and more effective ways.

The newly-established center will bring together biomedical experts working in nanobiotechnology in UK's Colleges of Pharmacy and Medicine. All faculty with research interests in nanobiotechnology, such as nanoscale biomaterials, nanobiomechanics, nanomedicine, nanodrug delivery, nanoimmunology, nanophotonics, biomolecular imaging, micro- and nanoscale biosensors, biochips and RNA nanotechnology are being invited to engage with the center. ■



Peixuan Guo

Director of Art Museum named



Stuart Horodner

Stuart Horodner will be the new director of the Art Museum at the University of Kentucky. Previously Horodner was the artistic director of the Atlanta Contemporary Art Center. He will begin his tenure in July and succeeds Kathy Walsh-Piper, who retired in August 2013 after more than a decade of service to UK.

Horodner has held positions as visual arts curator at the Portland Institute for Contemporary Art, Portland, Ore.; director of the Bucknell University Art Gallery, Lewisburg, Pa.; and was co-owner of the Horodner Romley Gallery, New York. He has taught classes at Buck-

nell University, Pacific Northwest College of Art, Portland State University and the University of Victoria in British Columbia.

He received his bachelor's degree from The Cooper Union, New York, N.Y., and his master's degree from the Mason Gross School of the Arts at Rutgers University, New Brunswick, N.J.

The Art Museum at UK is home to more than 4,500 objects, including American and European paintings, drawings, photographs, prints and sculpture. It presents both special exhibitions and work from its permanent collection. ■

UK has a new resource for transfer students

Mike Shanks, director of the new UK Transfer Center, says the university now has a one-stop shop for students who want to transfer to UK. The office space, located in Room 11 of the Funkhouser Building, is designed to support transfer students from the time they want to learn about deadlines for special transfer scholarships to when they have financial aid questions once they are Wildcats. The hope is for these prospective students to have a home base as they try to figure out how their credits will transfer at UK and the myriad of other unique questions they may have.

"The Transfer Center is a place to get those first questions answered so that once the students arrive at UK and meet with

their academic advisors, they are more prepared for that transition," Shanks says.

A staff of six people is available to help potential transfer students. New opportunities include Transfer Visit Days, which has information sessions and campus tours especially designed for the unique needs of those wanting to attend UK after starting at a two-year or four-year institution. Another feature is a chance to become familiar with the Transfer Living Learning Program, a residential community created to support transfer students as they complete their first year on campus. The goal of these initiatives is to support transfer students and help them reach their higher education goals. ■

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Federal grants put Kentucky on cutting edge of manufacturing research

UK and the University of Louisville have announced \$3.7 million in state funding and in-kind contributions to support a comprehensive federal initiative focused on enhancing advanced manufacturing nationwide and bringing more highly-skilled jobs to the Commonwealth. The grants are in support of the National Network of Manufacturing Innovation, a White House plan to help U.S. manufacturers employ leading-edge technology to become more competitive.

UK and UofL are involved in the federal project, but will work with different groups of schools and manufacturers. UK will focus on lightweight materials manufacturing and UofL on digital manufacturing and design innovation.

UK was selected to participate in the American Lightweight Materials Manufacturing Innovation Institute (ALMMII), which will receive \$70 million in Department of Defense funding, with \$78 million in matching support from a public-private

consortium. ALMMII is charged with developing and deploying advanced lightweight materials manufacturing technologies, and implementing education and training programs to prepare the workforce. UK is one of nine universities that have joined with 34 private companies and 17 other organizations in the public-private consortium, which was initiated by the Ohio-based tech nonprofit group EWI along with the University of Michigan and The Ohio State University. ■

Project takes aim at medical error disclosure

Mandy Jones, clinical assistant professor in the UK College of Pharmacy Department of Pharmacy Practice and Science, has received a highly-competitive UK Center for Clinical and Translational Science pilot award to analyze and transform the culture of medical error disclosure in health systems using inter-professional teams.

Jones will lead an interprofessional team of educators and researchers representing law, medicine, nursing and pharmacy to provide medical error disclosure training for health care providers and to study the impact of team-based disclosure on transparency and provider willingness to disclose. The training will take place over 18 months.

Major national agencies, such as the National Quality Forum, The Joint Commission and the Institute of Medicine, expect the reporting and disclosing of medical errors to provide information that can lead to improved

health care quality and safety. However, little guidance is provided on how to effectively disclose an error or which model of disclosure is best. Relational outcomes of disclosure research show that while clinicians desire transparency, these attitudes are often not translated into practice; when disclosures do occur, they typically fall short of patient or family expectations. There are numerous barriers that impact transparency and provider willingness to disclose, including lack of disclosure training and fear of litigation, to name a few.

Research indicates that ineffective communication between providers and patients is the most significant factor in why patients litigate. The study will determine if team-based disclosure results in more complete, transparent disclosures and more effectively enables clinicians to overcome barriers affecting their willingness to disclose. ■

Study to examine activity, well-being in older women

A new study at UK will examine how daily activity related to personal goals affects women's overall sense of well-being as they age. "Daily Activity and Health in the Lives of Adult Women," will link daily life, especially the amount and quality of different activities, to aspects of psychological health and biological changes that may be important for physical health.

The five-year, \$2.5 million study is funded by the National Institute on Aging, and will be led by Suzanne Segerstrom, professor of psychology at UK, with co-principal investigator Leslie Crofford, professor of rheumatology at Vanderbilt University, formerly of UK. Other faculty investigators are Jody Clasey (kinesiology), Heather Bush (biostatistics) and Elizabeth Salt (nursing). The researchers will recruit 300 women between the ages of 50-75 to complete seven-day diaries at three-month intervals. ■

College of Education partners on \$30 million grant

The U.S. Department of Education has awarded \$30 million to 17 eastern Kentucky school districts to implement a strong collaboration with the UK College of Education.

The grant, part of "Race to the Top" funding for which school districts may apply, will enable a partnership between the college and districts in the Kentucky

Valley Educational Cooperative (KVEC). KVEC is one of five grant winners from 31 finalists, representing 80 school districts across 21 states.

The funding supports tailoring education for all students and providing school leaders and teachers with tools that support them in meeting students' needs. The College of Education will work alongside

district leaders and teachers to provide support, leadership and professional learning communities on issues that help schools meet the needs of 21st century learners. The plan involves about 100 principals and district level staff participating in the College of Education Next Generation Leadership Academy over the next four years. ■



Paul Chellgren '64 Seeing blue and making a difference...

*Former head of Ashland Inc.
advances his alma mater
through service and philanthropy*

“Paul Chellgren is one of the University of Kentucky’s most extraordinary alumni,” says Mike Richey ’73 ’79 AFE, UK vice president for Development. “The eldest of six children, he spent his youth in Ashland and began working for Ashland Oil during the summers between school years as a night janitor. He came to UK on a debate scholarship and soon emerged as a campus student leader. He went on to obtain advanced degrees in business and economics from Harvard and Oxford universities and was a standout player on each institution’s rugby team.”

Richey continues, “After finishing his education, Paul spent two years on active duty in the U.S. Army at the Pentagon working on weapons systems management during the Vietnam War. He then held corporate positions throughout the country before returning to Ashland Oil to begin a 28-year career. He eventually became chief executive officer and chairman of the board of this multi-billion dollar corporation.

“During this time, he was pursuing an avid interest in art. Paul is as adept in the international world of art as he is in business and executive management.”

Richey adds, “He is also a philanthropist, giving of his time, abilities and resources as a board member of several universities, art museums and community organizations. He has served multiple terms on the UK Board of Trustees, and he has given generously to many areas of the university including major gifts to foster undergraduate excellence.”

Growing up in Ashland

Chellgren’s parents met and married in McKeesport, Pa., just 60 days before the United States entered World War II. The wedding was performed by Chellgren’s paternal grandfather in the Swedish Methodist church where he was the minister. Both Chellgren’s paternal grandparents migrated from Sweden.

Chellgren’s father went through U.S. Army basic training and officer candidate school and did a tour of duty in the Pacific during the war, retiring as a major. Chellgren was born in an Army hospital in Tennessee.

After the war, the young family came back to Pennsylvania where Chellgren’s father worked for Price, Waterhouse & Co. as an accountant. He later changed positions and became chief controller of Freedom-Valvoline Oil Co., and when that corporation merged with Ashland Oil, the Chellgren family moved to company headquarters in Kentucky.

Shown are the 1961 debate award winners. Chellgren, far left, received a scholarship to UK for his debate skills and competed at the national inter-collegiate level.



“Both my parents grew up in the Great Depression,” Chellgren shares. “Dad started working as a bellhop at the age of 14, and Mom was raised in a steel town as one of seven children. Her father died in an accident when she was a teenager, and all her brothers and sisters helped support the family. Understandably, my parents taught me and my siblings frugality, self-reliance and hard work.”

He continues, “Dad made us kids work in the summers between school years. He told us, ‘No one owes you a living. You have to carve things out for yourself.’ One of my first jobs was working as a night janitor at Ashland Oil.”

Chellgren spent his formative years in the Ashland public school system in the 1950s and became very involved in interscholastic debate. When he graduated from high school in 1960, he was awarded a debate scholarship to the University of Kentucky, which covered his tuition, books and fees.

Coming of age at UK

Chellgren explains that the University of Kentucky was the natural choice for him. “I was somewhat familiar with the campus from having gone to UK for several high school events. UK just seemed like the right fit.”

Chellgren enrolled in the UK Honors Program. At first, he chose a pre-law major, but soon decided to study business and economics. He also enjoyed the extracurricular opportunities available at the university. He participated in intramural competition and pledged Sigma Chi.

He likewise became immersed in intercollegiate debating and advanced to the national competition level. He recalls, “Professor Gifford S. Blyton was our debate coach. On Fridays, our team would jam into his station wagon and travel to a distant debate site for the weekend. Under his leadership, my good friend and teammate, Deno Curriss (’62 AS, ’67 ED), two others and I placed second nationally.”

Chellgren’s leadership abilities did not go unnoticed at UK. He was elected student body president during his senior year, and in that position he was called upon to give two notable speeches — one at the inauguration of UK President John W. Oswald, and the other at a memorial service following the assassination of President John F. Kennedy.

Chellgren graduated from the University of Kentucky at the top of his class.

Attending Harvard and Oxford

“While at UK, I became very interested in the areas of management and institutional leadership. This eventually led me to pursue a graduate degree in business,” Chellgren relates. “I applied and was accepted at Northwestern University in Chicago, but the UK dean of men, Leslie L. Martin, encouraged me to apply at Harvard Business School.

“No one I knew had gone to Harvard,” he continues. “I

wasn’t sure if I could fit in there. I was also concerned about the cost. But on the other hand, I had good test scores and considerable extracurricular activities at UK, so I decided to apply, and I was accepted.”

Chellgren was barely 21 when he arrived at Harvard. Most of his peers there had been in the military, attended undergraduate Ivy League schools, and traveled extensively. His Dutch roommate was dating the daughter of automobile magnate Henry Ford II. The other roommate



Pictured are the 1964 Student Congress officers. Chellgren, center, was student body president his senior year at UK, and his running mate, Steve Beshear ’66 AS, left, succeeded him.

was the son of a national corporate executive.

“It was quite an experience going to Harvard with my Kentucky background,” Chellgren laughs. “But I worked very hard, ended up playing on the rugby team, and had my eyes opened for foreign business. I graduated with an M.B.A. in the top 10 percent of my class.

“Some of my colleagues at Harvard suggested that I go on to Oxford University for further study. Although I had some educational debt at that point, I saw Oxford not only as an academic opportunity but also as a chance for personal development and enrichment. I applied, and with financial help from the Frank Knox Memorial Fellowship program, I went to Oxford at the age of 23. I was able to play rugby there, too, travel across Europe and earn a Diploma in Developmental Economics.”

Achieving corporate success

After finishing at Oxford, Chellgren began working for McKinsey & Co. in London, a leading international management-consulting firm which hired many top Harvard Business School graduates.

In 1968, Chellgren returned to the United States and located in Washington, D.C., where he worked in the office of the secretary of defense for two years. He was part of the

New Developments

direct connection between Harvard and the Pentagon in the 1960s led by Secretary of Defense Robert S. McNamara. During the Vietnam War, Chellgren served on active duty in the U.S. Army working on weapons systems management at the Pentagon. He attained the rank of first lieutenant.

In 1970, Chellgren left the Army and became executive assistant and later division general manager of Boise Cascade Corp., living first in Boise, Idaho, and later in Los Angeles, Calif. Subsequently, he became general manager of Universal Capital Corp. in Kansas City, Mo.

Chellgren remembers, "During this time, Ashland Oil was always in the background. My heart and my head kept drawing me back to Kentucky. But I didn't want to go to Ashland because my father still worked there."

However, in 1974, Chellgren joined Ashland Oil as executive assistant to the chairman and began what would be a 28-year career with the corporation. His father retired in 1980 as Ashland's controller.

Chellgren advanced through the company ranks. In 1977, he was named vice president of Ashland Chemical Co., and in 1980, he became the youngest member of the company's senior management team when he was named senior vice president and group operating officer for Ashland Oil. In 1988, he was elected chief financial officer. In 1992, he became president and chief operating officer, and in 1996, he was elected chairman and chief executive officer.

During his tenure at the helm of Ashland, Chellgren presided over several landmark deals including the distribution to shareholders of Ashland's stake in Arch Coal Inc.; the formation of the Marathon Ashland Petroleum refining venture with USX-Marathon, which created the nation's fourth largest oil refining company; the divestiture of Ashland's exploration and production division; and the

acquisition of several businesses that were combined with Ashland's highway paving, construction and chemical operations. Under Chellgren's management, Ashland's annual profits reached record levels.

He retired from Ashland Inc. in 2002 and has since become an operating partner of Snow Phipps, a New York based private equity firm with \$1.5 billion in assets under management. Chellgren has also served on several corporate boards including Arch Coal Inc., PNC Bank Corp., Medtronic Inc. and Corporex.

Developing a passion for art

As an undergraduate student, Chellgren began to develop an interest in the visual arts. This interest grew at Harvard when he dated a young woman who took him to art museums. Later, while he was at Oxford and traveling through Europe, art became a lifelong passion for him.

Chellgren shares, "Art is one of the driving factors of my life. My fascination with art actually comes from a love of history. I became a student of art history to gain a greater understanding of the role that art has played throughout world history."

Chellgren took classes in art history at Oxford and fueled his art interest later when he lived in London, New York and Washington, D.C. He has been a serious collector of 19th and 20th century European and American prints throughout his life, and while at Ashland Inc., he added to the corporation's collection.

"I enjoy the beauty, as well as knowing the history of certain collections of art," he notes.

Chellgren co-owns a major art gallery in London. He has served on the boards of five different art museums, and he has been chairman of the board for three of them. He has also been a generous donor of art to museums, most



Much of Chellgren's philanthropy at UK is oriented toward students. Chellgren, seated right, and his wife, Deborah, seated middle, posed for this photo with a group of Chellgren Student Fellows and Philipp J. Kraemer, seated left, the Chellgren Chair for Undergraduate Excellence and head of the Chellgren Center.

notably the Chellgren Collection at the Speed Museum in Louisville, which consists of more than 500 pieces.

Advancing his alma mater

“Paul Chellgren has been assisting the University of Kentucky for a long time,” observes Richey. “Through dedicated service on the UK Board of Trustees, wise counsel during the university’s capital campaign, invaluable input on the presidential search committee, corporate philanthropy from Ashland Inc., and his own personal philanthropy, Paul’s contribution to the University of Kentucky is profound.”

Chellgren has given to many and varied initiatives across the university including separate professorships he established to memorialize each of his parents, a professorship to honor his former UK debate coach, an endowed scholarship fund for academic excellence, an endowed chair in the Gatton College of Business & Economics, and an endowed lectureship to bring business leaders to campus.

The signature programs he has established bear his family name. He explains, “My father was always interested in philanthropy from his lifelong church involvement. As the baton was passed to me from my father, I want to pass it on to my children and grandchildren.”

In 2005, he began the Chellgren Fund for Student Excellence at UK with major gifts, which were matched by Kentucky’s Bucks for Brains program. This fund provides an endowed chair, five professorships and resources for research in the physical sciences, life sciences, social sciences and the humanities.

His gifts also created the Chellgren Center for Undergraduate Excellence. This is an intentional collaboration among prestigious undergraduate programs including Intercollegiate Debate, Honors, Education Abroad, External Scholarships, Undergraduate Research, Discovery Seminar, Phi Beta Kappa, Phi Kappa Phi and the Gaines Center for the Humanities.

His philanthropy likewise instituted the Chellgren Student Fellows Program, which is a special faculty mentoring initiative for high achieving students.

Chellgren shares, “The University of Kentucky has always understood its mission and its students. I think it’s

very important for an educational institution to serve the needs of its stakeholders.

“Much of my philanthropy is oriented toward students,” he continues. “Many of them come from modest circumstances, and I want to help them realize all that they are capable of doing. It’s wonderful to see them grow and begin to have a positive impact on Kentucky and society.”

To recognize Chellgren’s exceptional achievements, the University of Kentucky paid him the highest honor bestowed upon an individual by awarding him an honorary doctorate at spring Commencement exercises May 10. Chellgren had already been named to the UK Alumni



Chellgren celebrated his 70th birthday with his family. From left to right are son Matthew Chellgren, daughter Jane Chellgren Stiteler, Chellgren, wife Deborah, and daughter Sarah Chellgren Cornwell.

Association Hall of Distinguished Alumni and the Gatton College Alumni Hall of Fame.

“Paul Chellgren is making a significant impact on higher education in Kentucky,” observes UK President Eli Capilouto. “I am grateful for his distinguished service on the University of Kentucky Board of Trustees, and for his vision and philanthropy, which have resulted in innovative programs to enhance the UK undergraduate student experience. It was a

pleasure to recognize him for his many accomplishments with the honorary doctor of humanities degree in this year’s Commencement ceremonies.”

Chellgren initiated a successful fundraising program in the United States for Oxford University, which resulted in his being named an Honorary Fellow and a Distinguished Friend of Oxford, distinctions held by few.

He has likewise given of his time, insight and resources to community organizations and other institutions of higher education in the Commonwealth and beyond as a member of their governing or investment boards. He often serves as an adjunct professor or guest lecturer.

He was also a lead investor in bringing Teach for America to eastern Kentucky.

Richey notes, “Paul’s heart for the Commonwealth makes him a natural partner with us as we continue to fulfill UK’s historic mission of providing education, research, outreach and service. We value Paul’s partnership very deeply and appreciate all that he has done, and is doing, to advance his alma mater.” ■

Content supplied by the UK Office of Development.

HOW TO...

Alumni experts dole out info in their specialties

Let's face it: we are all experts in *something*. These alumni experts — from beekeeper to lawyer — present their tips to help make your life more informed or fun.

How to help save the world's honeybees

Expert: Abigail Tolar Keam '77 AS, accomplished Kentucky beekeeper and author of fantasy and mystery novels, such as "Death by a HoneyBee"

The world needs honeybees to pollinate crops and produce honey. Last year's honey production was the lowest on record, due to factors such as a wet spring and parasitic mites, among others. Here's what you can do to help the honeybees.

Buy from local beekeepers

The United States produces more than 300 kinds of honey, and Kentucky produces some of the finest in the world, including clover, locust, sourwood, buckwheat, wildflower and goldenrod — just to name a few of more than 30 types. In today's world, bees need beekeepers to help them survive. When you buy from a local beekeeper, you are helping to keep that beekeeper in business. A pound of Kentucky honey should be anywhere from \$8 to \$12, depending on the rarity of the honey. (Don't buy cheap honey. It usually is not 100 percent honey.)

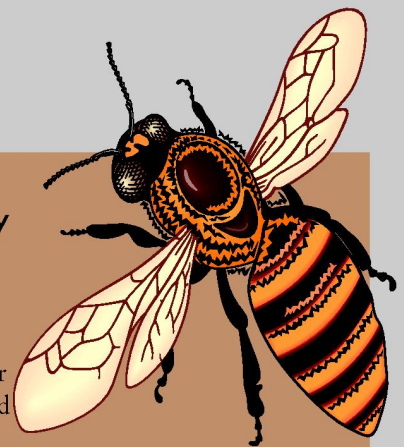
Cultivate a variety of plants in your yard

Honeybees have a territory of two miles for foraging. A good steward will plant Dutch white clover instead of grass. A totally-grass yard is basically a desert unless you have a cow. A good yard for butterflies and bees has a variety of plants that include grass, clover, wild violets, henbit and dandelions. Yes — dandelions. They are not weeds but useful plants that provide food for both humans and insects.

Provide water

Honeybees need lots of water. If you are putting out water for insects and bees, make sure you include landing pads of some sort that float in the water. Bees must land on something in order to drink. Otherwise, they drown.

Remember: if you don't have butterflies, honeybees or frogs around your property, then your surroundings are basically toxic. Doing simple things will greatly help the bees and provide a wonderful habitat for them.





How to 'lean to green' now!

Expert: Janice Donatelli '69 ED, eco-business and education consultant in Pittsburgh, Pa., consultant for small businesses and advisor for Center for Women Entrepreneurship, Chatham University

Think summer — fresh, clean and renewed! Living with an awareness of the seasons is an invitation to "live creatively." Take an assessment of your home and make the most of this good weather by modifying your living space to be more eco-friendly. Even small changes can help have an impact!

- Purge: Eliminate the old and the clutter. Extend the life cycle of your things by recreating and redesigning or let someone else discover the value of the "find."
- Clean and clear. Your residence is part of the environmental system. Keep it pollution free. Spring clean, open windows and let in the natural light. Bring in the beauty of the outside.
- Resolve to use less. Think quality over quantity.
- Become a supporter of ethical fashion — fashion made of recycled materials or fair trade hemp, pineapple leaves, bamboo, organic cotton and silk.
- Respect the past; just make it better. If possible, visit Thomas Jefferson's Monticello and note all of the "green" practices and applications in his architectural masterpiece.
- Go outside and connect with Mother Earth. Take a walk, bike, fish or meditate. Take your cues from nature, always a good teacher.
- Shop locally. For every \$100 spent at a locally-owned business, \$45 goes back into the community versus only \$14 from a chain store.
- Nourish your body and soul and eat the freshest, most natural foods available, supporting your community's farmers market whenever possible.
- Tread softly. Listen to the sounds of nature, observe, be present and discover your own renewal.



How to get FREE stuff via your public library

Expert: Kim Griffin Fender '83 CI, director of The Public Library of Cincinnati and Hamilton County

Public libraries are one of the best ways to save money. Borrowing two books a month saves \$500 a year. With a card, you can:

Download eBooks, music, magazines and stream videos and music

Public libraries offer eBooks for all types of devices from Kindles to iPads. In addition to borrowing the eBooks for free, eBooks are returned automatically — so no fines! You can also download current issues of magazines, saving on magazine subscriptions. Song downloads are available for you to keep, and music and movies can be streamed straight to your device. With a library card, you can be anywhere in the world and access your library's collection.

Borrow books, movies, music

These traditional services still exist and are in high demand. Keep track of due dates with email or text reminders to avoid overdue fines.

Access research databases with full-text articles from anywhere


Research databases offered through libraries provide reputable, accurate content and can be accessed anywhere 24/7 with your library card. You can even access full-text articles from thousands of magazines at no cost.

Access the Internet

Is high-speed Internet access too pricey? Libraries provide computers for Internet access and Wi-Fi for use by individuals having their own computers.

Attend a free program

Libraries offer thousands of educational, informational and entertaining programs for all ages ranging from storytimes to concerts, lectures by authors, other notables and more!



How to get a good night's sleep

Expert: Dr. Barbara Phillips '77 MED, '91 PH (MSPH, FCCP), professor in the Division of Pulmonary, Critical Care and Sleep Medicine Department of Internal Medicine UK College of Medicine.

Humans are probably “hard-wired” not to sleep well when we are stressed or sick. This may have served a survival advantage when the things most likely to kill us were things that sneaked up on us at night (think saber-toothed tiger!) It is not surprising that the more physical and emotional problems a person has, the more sleeping problems he/she is likely to have. Depression, anxiety, pain, medical illness and medication side effects are the conditions most commonly associated with insomnia.

Sleeping pills are not a good long-term solution for chronic insomnia. Chronic use of sleeping pills is associated with an increased risk of car crashes, cancer, depression, and death. The NIH and other expert groups recommend cognitive behavioral therapy (CBT) for chronic insomnia. CBT focuses on helping change ideas and behaviors that promote and perpetuate insomnia. Studies have demonstrated that CBT is more effective in the long run than sleeping pills. Several practitioners in Lexington provide CBT, and it is available online.

Here are three things to do on your own:

- Spend less time in bed. The more time a person spends in bed not sleeping (but worrying about not sleeping), the worse it gets. Sleep restriction is recommended, in which the person only spends 6 1/2 hours in bed in each day. No napping!
- Exercise, preferably outdoors. The best non-drug substance to improve sleep is exercise. Walking outside for 30 minutes daily may be quite helpful.
- “No More Sleepless Nights,” by Peter Hauri includes a lot of useful information, including many of the elements of CBT.



How to get whiter chops

Expert: Dr. Michael A. Christian '76 AS, '80 DE, dental practice for more than 30 years in Ashland

Bleaching is one of the most common dental treatments performed today. There are three basic approaches.

Over-the-counter materials for home use

There are many brands and techniques available in stores. It's inexpensive, simple, and you don't have to consult your dentist, but it takes time and effort to achieve results. The side effects could be gum tissue sensitivity and irritation, which is fairly rare, and tooth temperature sensitivity, which is slightly more frequent. Both will go away with decreased or ceased use.

At home techniques in conjunction with your dentist

This involves custom-fitted trays made by your dentist that hold the bleaching material that comes in contact with your teeth. The trays are worn for one to two hours per treatment. It's relatively inexpensive, gets better results than the over-the-counter approach due to custom trays and higher concentration of bleaching material, and you control the degree of whitening you wish to achieve. The disadvantages and the side effects are the same as mentioned above.

By your dentist in the dental office

This involves higher concentration bleaching material that is applied directly to the teeth for 15 to 30 minutes. It is usually followed by custom trays and “at home” bleaching. You get quicker results, but it is more expensive because it uses chair time, and it combines two approaches. The regression of whitening, which occurs with all bleaching, is greater than with the slower whitening. The use of the trays helps to maintain the results longer. The side effects are the same as the other approaches.

Consult your dental professional and enjoy the benefits of teeth bleaching!

How to safely trash unused meds

Expert: Michael A. Burleson '74 PHA, executive director of the Kentucky Board of Pharmacy

Most homes have a collection of medications (prescription drugs and over-the-counter drugs) that are no longer being used. The question becomes, how do I dispose of these drugs?

Do's

- Read the drug's label to determine if there is a recommendation by the drug manufacturer.
- Take the drugs to a State Police post or local police/sheriff's department that has an established drug disposal container. (For Kentucky, visit www.odcp.ky.gov to view which counties are participating.)
- Combine drugs in an undesirable substance such as used coffee grounds or used kitty litter, place that inside a sealed bag or can and then put into the garbage. (For more information, visit www.fda.gov.)
- Take drugs to Community Drug Take Back Days twice a year.
- Take drugs to a pharmacy that has a "take back" program. Check with the pharmacy for limitations.
- Mark out any information on your prescription vials, such as prescription number and your name and address.
- If you have any questions or need advice, call your local pharmacist.

Don'ts

- Don't keep unused drugs around your home.
- Don't give drugs to family members, friends or neighbors as these drugs may cause harm to them.
- Don't flush drugs (unless the drug information label identifies disposal directions by flushing down the sink or toilet).
- Don't throw drugs into the trash still in your prescription vial or container.
- Don't burn drugs with trash.



How to be chic and cheap at home

Expert: Amberlee E. Isabella '07 DES, interior and graphics designer at Gensler in New York, N.Y.

Start with a solid foundation

Clear the clutter! Simply cleaning and organizing is an essential foundation for an updated look. Take the opportunity to rediscover items that are important to you and store those you don't need on a daily basis.

Live colorfully

A painted accent wall has high impact and low cost. If you don't know which color to pick, look for inspiration on Pinterest. If you already have an accent wall, consider purchasing a large blank canvas and paint it one or two shades lighter or darker than the wall. This minimalist approach adds depth and interest.

"It's about the details."

Luxury or budget, details make all the difference. Be inspired by expensive renovations, but scale them down to be affordable. While you may not have the funds to purchase a new bookcase or wallpaper an entire room, consider lining the back of an open bookcase with wallpaper or fabric. You can also frame leftover material as artwork for an adjacent space. It will provide an impactful update for a fraction of the cost.

Make it personal

Decorative trays are a great way to showcase your favorite small items and tell a story. You can find them lacquered, acrylic, mirrored or even in shagreen, a type of rawhide. Place your tray on a coffee or side table and cluster your favorite scented candles, stack inspirational books or simply group all different items of the same color. Approach this as a seasonal display that can be updated and switched out whenever you like!



How to turn flab into fab

Expert: Brenda Gosney '70 HS, '75 ED, president of the UK Alumni Association and the former CEO of HealthSouth Northern Kentucky Rehabilitation Hospital

The hard truth

Give up the gimmicks. It's simple — calories in versus calories out. Eat less but with quality calories and exercise more.

Keys to getting it done

- Find an exercise buddy. This could be your dog, who benefits from activity as much as you do!
- Make an appointment to exercise on your smart phone calendar. This allows for better follow-through.

Focus on your core

Think about your “big” core muscles. These include abdominals, back muscles and thigh muscles. In the words of Forrest Gump, don't forget your “but-tocks” or gluteal muscles. Strong core muscles allow for better balance and stability. Exercise can be as basic as isometrics: tightening and holding muscles or lifting your body weight by doing squats, sit-ups and back extensions.

Aerobic exercises

Pick the aerobic exercise that is most pleasing to you. It could be walking or jogging, treadmill or elliptical training or indoor or outdoor biking. Wii games and video exercise programs provide other opportunities. Listen to your knees, back and hips — select an exercise based on what is easier for your body.

Pain is not gain

If it hurts, stop or alter the exercise. Minimal muscle soreness after 24 or 48 hours can be expected. If it is longer or more than minimal, rethink your approach to the exercise and seek a medical opinion.

Experts are worth it

It is great to have a professional certified trainer set up a program and monitor progress. Find one at a local gym or one who works independently. Many out-patient physical therapy centers offer exercise consultations or gym programs. Check them out.

Ready, set, go!



How to pick a good vino

Expert: Renée Saunier

Brewer '03 AFE, certified sommelier, owner of Wine + Market (specialty wine, bourbon, craft beer, deli and sandwich shop) and Enoteca, a wine and tapas bar in Lexington



Pick your price range

Walk into a wine shop knowing how much you'd like to spend. You might be surprised to see how quickly this will help narrow your choices!

Know what you're eating

Pair light wines with light meals and full-bodied wines with heavier meals. Light bodied wines include most Italian whites, Sauvignon Blancs, un-oaked Chardonnay's, Pinot Noir, Schiava and rosés. Full-bodied wines include oaked Chardonnay's, southern French, Spanish and Italian reds, Malbec and Cabernet Sauvignons.

Spicy foods pair nicely with slightly sweet wines, such as Riesling, Gewurtztraminer, Pinot Gris and some Sauvignon Blancs.

Ask questions and experiment

If you become a regular of a specialty wine shop, clerks learn about your tastes and help steer you to wines you'll enjoy. Explore that category to really hone your taste buds. (Many wine shops offer free tastings and classes.)

Record your favorite wines

Get down the label information or snap a photo of wines you like. If your wine shop can't get a specific wine, good record keeping will allow the merchant to steer you to a similar wine.

Storage and serving tips

Place wine on its side in a cool, dark space. The wine will be protected against harmful UV rays, and the cork won't dry out and allow damaging oxygen in. Tape a note telling where you purchased the wine, its cost and the drink-by date.

Serve at a proper temperature:

- Light white wines, rosés, sparkling wines: 40° - 50° F
- Full-bodied white wines and light, fruity reds: 50° - 60° F
- Full-bodied red wines: 60° - 65° F

How to talk to teenagers

Expert: Patrick

Yewell '88 '92 SW,
director of Bluegrass

Challenge Academy, former executive officer of Kentucky Administrative Office of the Courts Family Juvenile Services and member of the UK College of Social Work Hall of Fame

A 6-foot-6-inch body emerged through my office door. The young man, one of 150 teenagers in this juvenile facility, was agitated. A staff member had upset him by saying his goals were unrealistic. I listened. "Sir, I want to be a captain of an aircraft carrier or a farmer!"

He left the office in charge of our community garden and with a book about Navy officers. The chances of becoming a captain of an aircraft carrier may be remote, but that day he was captain of his own ship. Two key words when dealing with teenagers are respect and patience. This is not easy when it is often not reciprocated by our teens. (We forget the brain of a person is not fully developed until 26.)

It's typical for parents to be baffled about communicating with teens. Your teen wants to communicate with you, wants you interested in his/her life, wants your guidance but also wants to develop independence and grow. Tips to help:

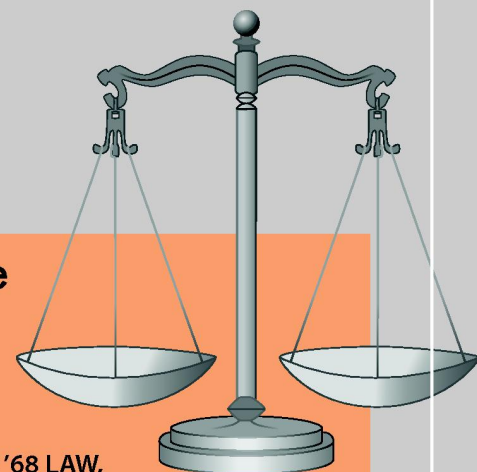
- Be authentic. Express what you feel and be respectful. Teens aren't toddlers. They know if you are telling the truth.
- Try for give-and-take conversations, but listen way more than you speak. Let your teen say what is on his/her mind without you judging the situation, interrupting or trying to fix it (unless asked for help).
- Look them in the eye. Give them your undivided attention as if nothing is more important than they are at that moment — because nothing is.
- Don't look them in the eye! Sometimes topics are uncomfortable for them, as well as you, but must be discussed. Brief conversations while riding in the car can be beneficial for both of you, allowing for an exchange of information and points of view but still maintaining an illusion of breathing space for the teen.

Remember, there are no perfect parents or perfect children. That's the beauty of life.

How to hire a lawyer, pronto!

Expert: Jerry J. Cox '68 LAW,

president of the National Association of Criminal Defense Lawyers and in private practice for 40 years



What kind of lawyer do you need? A personal injury lawyer might only take personal injury cases, but there are subspecialties in each area, such as lawyers who do only semi-truck cases. Others do medical negligence cases, tax cases and all types of criminal cases from death penalty cases to misdemeanors. The lawyer you pick should not be trying your kind of case for the first time.

Select a lawyer who:

- Has the best understanding of the workings of the local court system. Ask people — court workers, public defenders, etc. — for referrals to a quality lawyer. Check rating services, such as Martindale-Hubbell. If your favorite lawyer lives far away, pay him or her to find you a lawyer.
- Is adept at favorable resolutions through mediation or negotiation. A high percentage of civil cases are mediated before a trial date is obtained, and more than 90 percent of criminal cases are resolved without trial.
- Is not afraid to go to trial. Ask how many of these cases the lawyer has handled and what the results were. Picking an attorney is like buying a horse. The big, beautiful horse may be nervous and spooked by a sudden noise or animal. You want a horse who can handle the unexpected. The same is true with an attorney.

On the flip side, lawyers want clients who are reasonable, pay promptly and listen to their reasoned advice. The hardest cases for criminal defense lawyers are those where the client is factually innocent. The hardest for civil lawyers are those where the client is constantly referring to newspapers or other documents where awards received exceed the national debt and expect the same.

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Photo: Stuart Zaus



'Champ' Kelly:

It's all about the journey of goal setting

UK grad grew up in a town of under 500 and found his way to the Super Bowl with the Denver Broncos

By Robin Roenker

It was Nov. 17, 2001. UK's football players were huddled in the locker room, following a heartbreaking 38-35 loss to Tennessee. The game had been within their grasp. With just moments to go, senior Anthony "Champ" Kelly had made his first ever, college-level touchdown reception — on a 62-yard pass from Jared Lorenzen. But, in the end, the UT Volunteers had prevailed.

Not one to get lost in lamenting defeat or even in celebrating his career highlight play, minutes after the game, Kelly was, characteristically, already looking forward.

"I spotted Dr. Todd [then UK president] in the hallway. Everybody was talking about the game, but I said, 'Dr. Todd, listen. I just finished my undergraduate degree in computer science, and I feel like I should have a job lined up,'" says Kelly, who completed his rigorous degree in just three-and-a-half years as a student-athlete.

In the course of their conversation, Kelly, '02 EN, '03 BE shared that he had an interview with IBM scheduled. Todd mentioned that his former company, DataBeam, had been purchased by IBM. Long story short, Kelly eventually landed an interview and job with DataBeam, fulfilling a longtime dream to work for IBM.

That same determination and ever-forward focus, along with an uncanny appreciation of the value of making connections and capitalizing on the opportunities each moment can bring, helped Kelly achieve his next career goal: working in football at the highest levels.

In football, it doesn't get any higher than the Super Bowl, which, in early February 2014 was where Kelly was, working as assistant director of pro personnel with the Denver Broncos, the team that played in the title game against the Seattle Seahawks. (Fellow UK graduates Jacob Tamme,

Danny Trevathan and Wesley Woodyard were also members of the Broncos' 2013-2014 AFC Championship team.)

"It's been an amazing journey," says Kelly, 34, who grew up in Campbellton, Fla., a tiny town of under 500 people in the panhandle, where he was christened with the nickname "Champ" by his mom just moments after his birth.

"The Super Bowl was a tough loss, but after a while you're able to step back and process the journey. During that season, we were able to pull together the most effective offense in NFL history. That's special and an amazing achievement to be a part of," says Kelly, who began his work with the Broncos in 2007 as a Northeast Region scout. He was promoted to assistant coordinator of pro and college scouting for the organization in 2008, and then to assistant director of pro personnel in 2010. These days, Kelly's department is

responsible for evaluating and signing free agents, analyzing potential player trades and doing advance scouting.

"I travel to scout our upcoming opponent the week before we play them to compile any piece of information the coaches can use to help them," says Kelly.

The job puts him on the road about 10 weeks a year, challenging most of all because it takes him away from his wife Stephanie Metzler Kelly '04 CI, '08 HS — the couple met when he was on the UK football team and she was a student athletic trainer — and their two daughters, Claire Alaina, 2, and Chloe Grace, 6 months.

Kelly is a devoted family man and speaks adoringly of his wife, a stay-at-home mom and part-time pediatric physical therapist who works with children with special needs. "She's the reason I've



Photo: Stuart Zaas

Champ Kelly, right, greets Denver Broncos Head Coach John Fox as recently signed, seven-time Pro Bowl defensive end DeMarcus Ware looks on.



Each summer with the help of his wife, Kelly runs C.H.A.M.P. (Character, Heart, Attitude, Motivation, Pride) Camps, his own series of nonprofit summer football camps for kids ages 10-18.

been able to do as much as I have," he says. "She is always on my side."

Though he ranks football well after faith, family and his education, Kelly clearly loves the sport and feels the hours on the road are worth it. He is optimistic about the team's chances for making a repeat Super Bowl bid. "John Elway [Broncos general manager] is a tremendous leader. We want to be able to build a team that can compete for world championships consistently, year in and year out," says Kelly.

Still, it isn't the wins or losses that most motivate Kelly, a supremely insightful and motivating speaker who, each summer with the help of his wife, runs C.H.A.M.P. (Character, Heart, Attitude, Motivation, Pride) Camps, his own series of nonprofit summer football camps for kids ages 10-18.

For Kelly, it's all about the journey: the journey of setting a goal and then working toward it. When Kelly sets a goal, he achieves it no matter how long it takes. Deeply modest by nature, Kelly is nonetheless a man who doesn't easily

take 'no' for an answer. His determination pushes him to work seemingly around the clock.

While still working full time at IBM in Lexington, Kelly managed to earn his MBA from UK in 2002 and simultaneously helped coach football for Lexington Christian Academy while playing for the Lexington Horsemen, a former indoor football franchise. When he was laid off from IBM due to downsizing, he opted to take a job with Nurses Registry doing data analysis as he pursued a career in football. Eventually, Kelly took on coaching and, ultimately, the general manager role with the Horsemen. Seeking to put his business and football knowledge to work in the NFL, Kelly submitted resumes to pro coaches and general managers for four years before a Broncos staff member, who had recruited Kelly as a high school student to play for Rice University, gave him a shot as a scout.

"The journey is the most fun part," says Kelly. "The people you meet along the

way; the things you achieve along the way. The things that made you laugh; the things that made you cry. It's all about the journey."

To really appreciate Kelly's journey and the significance of where he finds himself today, you have to first know where he started.

Finding himself through sports

"You can't let anything discourage you. If you are tired of starting over, don't quit! Setbacks are setups for comebacks," says Kelly, in the type of motivational coach-of-football-and-life language you can imagine him sharing with kids at C.H.A.M.P. Camps each summer.

But Kelly isn't just talking the talk. He has walked the walk.

Kelly grew up poor, raised by his grandparents because his mother was addicted to drugs. "My father lived in a neighboring town and wasn't around as much as I would have liked during that time," Kelly says. "We didn't have a lot of financial means, but of course I didn't realize that until I was older."

What Kelly did have were grandparents who taught him to work hard and have integrity and a series of teachers and coaches that kept instilling that message.

"My granddad, June Sorey, worked at a sawmill for 60 years. So as a child, my picture of hard work and dedication was watching him get up and go to work every day to support us," Kelly says.

Growing up for the most part without his parents and living in a house where his grandmother was also busy raising her own five children, Kelly often turned to sports to occupy himself.

While baseball was his earliest game of choice, by middle school he had found football. He went on to play for the varsity team at neighboring Graceville High School in a town of approximately 2,500. Despite always being one of the smaller guys on the team, Kelly made a career of capitalizing on his "speed and brains" to make plays, he jokes. "You have to know which battles you can win, and which ones you have to step away from," he said.

As an only child on his mom's side, Kelly would make up his own one-person football drills in his yard.

"We had a lot of pine trees around the

driveway, and I would throw the football up so that it would bounce around on the limbs of the pine trees,” he says.

“Then I would try to make the catch when it came down, but dodge all the piles of pine needles on the ground. If I touched the pine needles, then I got ‘tackled’ and I’d have to go back again.” Jokingly, Kelly says this was his engineer brain at work.

That work ethic paid off, and Kelly found in football a sense of self — and a path to college. He was recruited to UK and played as a cornerback, safety and receiver.

“Football was a lifesaver. Sports, in general, were a lifesaver for me,” he says. “I was more of an introvert then ... I internalized a lot of personal and family issues. And when I would play baseball, football and basketball, I could escape the issues. Although my identity was in Christ, sports gave me peace, confidence and a platform.”

Kelly’s coaches, like his influential high school coach Bill Wiles, demanded discipline in practice and stressed being accountable at all times to fellow teammates — important lessons that trickled over into Kelly’s life choices. Growing up in an area where the most visibly rich citizens were those dealing drugs, Kelly recalls seeing a man in a nice car stopped at a gas station. Kelly asked the man, who was passing through town, what he did for a living.

“He said he worked for IBM in software. And so, from that point on in my life, that’s what I told people I wanted to do,” says Kelly. That chance encounter motivated Kelly’s decision to major in computer science and start his career at IBM post-UK. “That was a life changing moment,” says Kelly.

That’s why the power of moments, the power of making personal connections, the power of actually seeing people make something of themselves is so important to Kelly. And it’s why helping connect disadvantaged kids at his C.H.A.M.P. Camps (held in Kentucky, Florida and Colorado) with positive role models is as important to him as teaching them how to throw a touchdown pass or kick a field goal.

“You can tell kids that they can be anything they want to be, but it’s hard for

them to believe it if they don’t see a tangible example,” says Kelly. “Growing up, I was surrounded by drug dealers and drunks, people not doing much of anything with their lives. It was hard to envision that I could be anything other than that. Thank God for favor and grace!”

To combat the negative influences kids may face, Kelly brings in police officers, doctors, lawyers, fire chiefs and other professionals to speak to the campers and motivate them to stay on track to achieve their dreams. “They are tangible examples,” says Kelly.

“We tell the kids the No. 1 reason people don’t reach their goals is because they never set them,” he says. “You have to have vision and heart power [the name of his organization].”

Proud to be a Wildcat

If you had been a student athlete on UK’s campus between 1998 and 2001, you would have known Champ Kelly. He was the kid who practically lived at CATS, the Center for Academic and Tutorial Services for UK’s athletes.

Because he didn’t have his own computer, Kelly was often at the CATS offices from the time he left football

practice until the wee hours of the morning doing schoolwork. “They eventually gave me a key to the building and let me lock up,” he says. “They knew I would be the last to leave.”

He maintains close relationships with many of the staff he met at CATS, people like Bob Bradley and Barb Deniston, as well as Beth Stice-Kidwell. A former tutor, Rebecca Howell, saw him tossing some personal writing into the CATS trash and asked to read it. She encouraged him to enroll in her graduate creative writing course. It became his favorite course at UK and sparked a lasting love of writing.

“I value relationships,” he says. “When you grow up like I did, the friends you meet are basically like family for you.”

Kelly considers the Big Blue Nation part of his extended family. “I absolutely loved my time at UK,” he says. “At UK, you make life-long supporters. I can post things on Facebook now, and fans that watched me at UK and with the Horsemen are still following my career with the Broncos. That’s what I remember most about Lexington: the horses, the beautiful green grass, the white picket fences, and the loyalty of the fans.” ■



Stephanie Metzler Kelly '04 CI, '08 HS met her future husband Champ Kelly when he was on the UK football team and she was a student athletic trainer. The couple has two daughters, Claire Alaina, 2, and Chloe Grace, 6 months.

Photo: Submitted



What a ride!

After an up-and-down season,
Wildcats find magic in March!

By Kelli Elam



Aaron Harrison nails a long 3-pointer against Wisconsin to send the Wildcats to the national championship game.

Photo: Dr. Michael Huang

While the journey came up one win short of the perfect ending, the 2013-14 UK men's basketball team took the Big Blue Nation on an incredible journey all the way to the national championship game. Despite falling to Connecticut 60-54 in the title game, the Wildcats certainly made it a March (and April) to remember, defeating No. 9 seed Kansas State, No. 1 seed Wichita State, No. 4 seed and defending national champion Louisville and No. 2 seed Michigan to claim the Midwest Region and advance to the Final Four for the 16th time in school history. UK defeated Wisconsin in the national semifinals to advance to the title game.

"Well, really, I can't tell you ... even in that loss ... I can't believe what these guys got done together," said UK Coach John Calipari after the championship game. "Talking about a bunch of young kids that just went out there and believed in each other and just kept fighting."

When asked how he would remember the "magic" of the tournament run, freshman James Young, who led UK with 20 points, said it was the fight in the team.

"That we really fought, no matter what, no matter how much we were down," Young said. "We just kept our heads up and just kept fighting for each other."

Freshman Julius Randle shared the sentiment. "This group of guys is special," he said. "We have been through a lot this season. How we kept fighting and we were able to make this run just says a lot about the guys. I just hate that it ended like this."

"Fight" was something the Wildcats certainly showed during the tournament run. Although, it could be argued that the run actually began after the regular season ended and before the start of the SEC Tournament in Atlanta. After falling at Florida 85-64 in the regular season finale, the "tweaking" began and so did the team's inspired play. UK defeated LSU, then Georgia to earn a third game with the Gators. The Cats stormed back on an 18-0 run in the second half, and had a chance to win it, but

were unable to get a shot off as time expired, falling 61-60. In defeat, however, the young Cats proved something to themselves and everyone else — they could make a tournament run.

UK earned the No. 8 seed in the Midwest Region, beginning tournament play in St. Louis against the No. 9 seed Wildcats from Kansas State. Kentucky saw its 12-point lead cut to two points early in the second half, but held on to grind out a 56-49 win to set up a matchup with No. 1 seed and undefeated Wichita State. "Great win for us," Calipari said after the game. "I am really proud of these guys. A little nerve-racking for them. A bunch of guys that have never been — not one of them — have even been in an NCAA Tournament game. So, I was pleased."

Randle led the way with 19 points and 15 rebounds. Aaron Harrison added 18 points.

"I just left the SEC Tournament behind me," Randle said. "Coach did a great job of taking things off my shoulders, told me not to worry about offense, let Andrew create for me. And Andrew made the game a lot easier for me, and I was able to get the ball in spots where it was a lot easier for me to score."

In the 35-0 Shockers, UK would face a team, ironically given the 40-0 preseason hype that surrounded the Cats, looking to keep an undefeated season alive. In a game billed as one of the best round of 32 matchups in tournament history, the Wildcats turned in a performance that was one of the best of the tournament, winning 78-76.

"This was an Elite Eight game," the Kentucky coach said after the game. "The winner of this should have gone to the Final Four. That's what this was."

Wichita State led 37-31 at halftime, and then proceeded to start the second half with a three pointer. An 8-0 run by Kentucky set up a fantastic finish as the teams exchanged blows until the final horn sounded. There were three ties and 14 lead changes. Young nailed a 3-pointer to put UK in front 73-71



UK's Julius Randle scores against Connecticut's DeAndre Daniels in the championship game.

Photo: Victoria Graff

with 1:41 left to play. Freshman Andrew Harrison, who was questionable to play due to an elbow injury suffered against Kansas State, hit three free throws in the final 42 seconds. In total, UK made 11-of-14 free throws over the final 4:52 of the game. Still, a miss on a second free-throw attempt with 7.2 seconds remaining gave the Shockers a chance to keep their perfect season alive. However, when the three-point attempt by Fred VanVleet bounced off the back of the rim, the Wildcats were headed to the Sweet Sixteen for the fourth time in five years under Calipari.

“Heck of a game,” he said. “Really proud of our guys for hanging in there and fighting. They never gave up. Wichita State never gave up and had their last chance to win it. Just proud of the guys.”

Andrew Harrison led the Cats with 20 points, despite the sore elbow.

“I wasn’t going to play at first, but I felt like I just had to. And I fought through it,” he said.

Kentucky faced a familiar foe in the Sweet Sixteen, meeting the Louisville Cardinals in Indianapolis. The Wildcats defeated Louisville 73-66 in December at Rupp Arena. Much more than state bragging rights were on the line for this one. For most of the game, it appeared that Louisville would avenge the early season loss, leading by as much as 13 and by seven with just 4:33 left to play. Down 66-59, UK ended the game with a 15-3 run to earn the 74-69 win and advance to meet No. 2 seed Michigan in the Midwest Region final.

Calipari knew this one would be a battle and tried to prepare the team before tipoff.

“I told them before the game, you’ll get punched in the mouth and you will taste blood,” he said. “You’re going to fight or brace for the next shot. They fought. They never stopped playing.”

With the Cats down one point, Aaron Harrison drained a 3-pointer with 39.1 seconds left to play to permanently wrestle the lead away. Center Willie Cauley-Stein left the game at the 13:05 mark in the first half with a foot injury and did not return. He would be out for the rest of the tournament. Freshman Dakari Johnson finished with a career-high 15 points and six rebounds.

“The team has fought the whole year,” Calipari added after the win. “They’re maturing right before our eyes.”

Only the Michigan Wolverines stood between Kentucky and the program’s 16th trip to the Final Four. The regional final provided another heart-stopping game and more late heroics by Aaron Harrison. With the score tied, Aaron Harrison nailed another game-winning three, this one with 2.6 seconds left to play to give the Cats the 75-72 lead. When Michigan’s long attempt for the tie failed, Kentucky was headed back to the Final Four for the third time in four seasons. The No. 1 preseason team that had struggled through an up and down season found itself right where everyone predicted: headed to Dallas.

“Well, again, I just coached a game, and these guys just played,” Calipari said afterward. “We don’t know if it was another classic kind of game, but I’ll tell you this: They weren’t going to go away and neither were we.”

Kentucky was in a position to win thanks in large part to the contributions of reserve freshman Marcus Lee and sophomore

James Young drives against Louisville’s Stephan Van Treese during the Sweet Sixteen matchup.



Photo: Victoria Graff



Photos: Victoria Graff

Alex Poythress. With Cauley-Stein out, Lee kept the Cats in it by scoring 10 points, including four put back dunks. Poythress added eight points. After trailing by as many as 10 in the first half, Kentucky battled back to tie it up at halftime. The second half was another must-see game. The teams battled to a 72-72 tie with just 27 seconds remaining. Aaron Harrison created space near the top of the key and delivered another knock-out three with the Michigan defender contesting the shot.

“Andrew gave me a hand-off, and I kind of fumbled it,” Aaron Harrison said. “I had to get control of the ball back, and I tried to create some space. He (LeVert) was up on me. He touched my hand a little bit, actually. And the shot just fell, so ...”

“He’s (Aaron) not afraid to miss,” Calipari said. “That’s the whole thing about making those kind of plays. You can’t be afraid to miss. If I do miss, I’m making the next one, and I will shoot the next one.”

Aaron Harrison finished with 12 points, all scored on 3-pointers made in the last 8 minutes of the game. Randle led the Cats with 16 points and 11 rebounds.

“We showed a lot of toughness. We’re just a group of tough young guys, doesn’t matter about the age or anything anymore. We just try to go out and fight and keep our heads down and swing the whole game, and we just fight so hard,” Aaron Harrison added.

The Wisconsin Badgers, the No. 2 seed and winner of the West Region, presented another formidable challenge for the Cats. The game turned out to be another heart-stopper as UK pulled out a thrilling 74-73 win to advance to the championship game.

Afterward, Calipari simply said, “Another great game.”

Indeed, it was a great game. As was the script for the tournament, Kentucky fell behind early but battled back to pull within four, 40-36, at halftime. The Badgers opened the second half with a 3-pointer. After a timeout, UK went on a 15-0 run for a 51-43 lead. Wisconsin responded with a 15-4 run of its own for a 58-55 lead with 10:51 left to play. The teams traded punches the rest of the way.

Of course, it came down to the final seconds and Aaron Harrison. Wisconsin went up 73-71 after Traevon Jackson hit two of three free throws with 16.4 left. With the clock racing toward zero, Aaron Harrison nailed his third clutch 3-pointer of the tournament with 5.7 left. The Badgers last shot attempt was off the mark, giving UK the win and earning a date in the last game of the college basketball season.

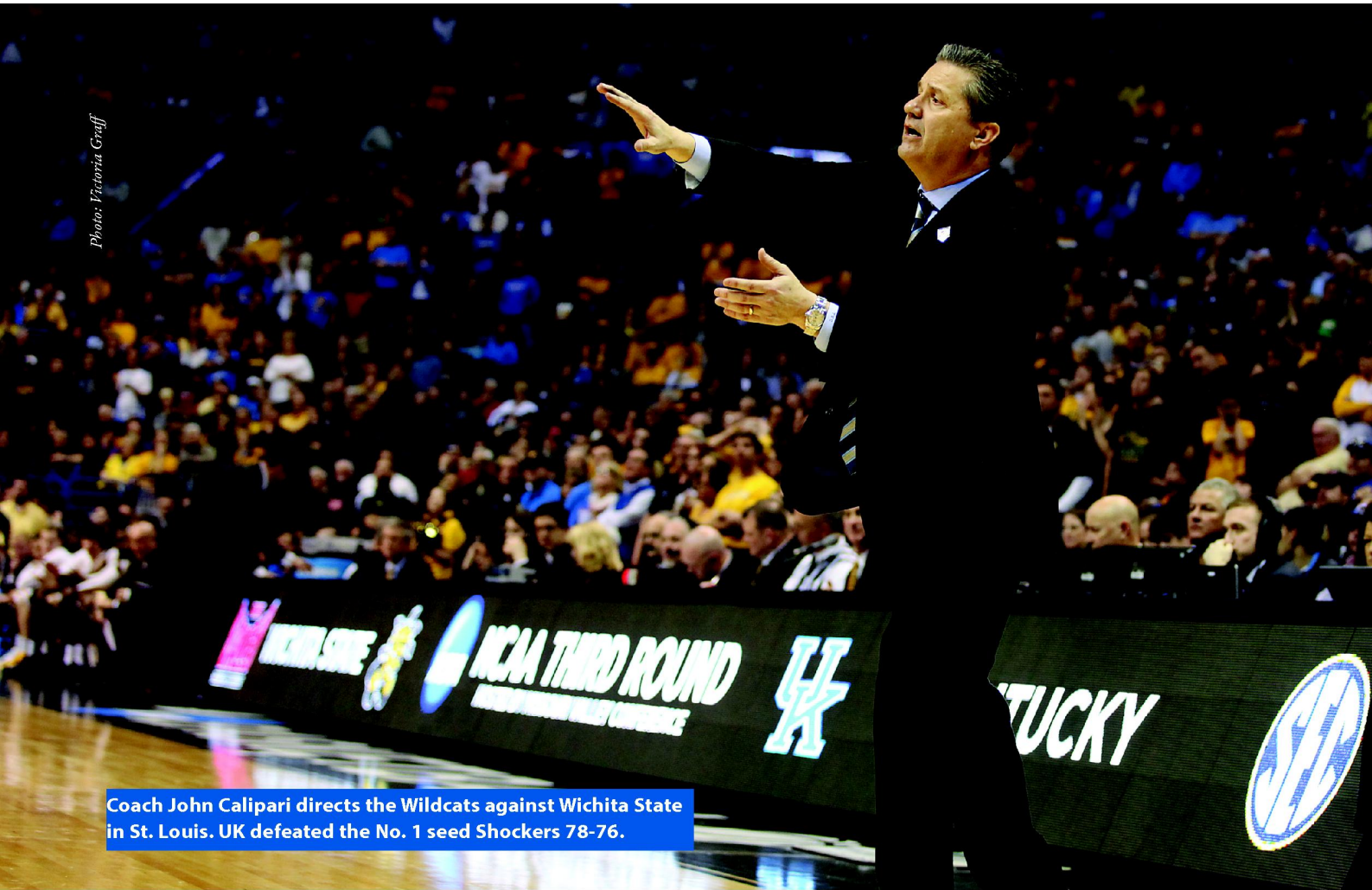
“We played seven freshmen, folks,” Calipari said. “We played seven freshmen.”

The run that was unimaginable in February ended one win short of the title, as Shabazz Napier led the Huskies to a 60-54 win. As in the previous four tournament games, UK fell behind early and battled back. The Cats were down 30-15 in the first half, but closed the gap to 35-31 by halftime. UK got as close as one point, but could never manage to get over the hump and grab the lead.

Following the run to the NCAA national championship game, Randle and Young elected to enter the NBA Draft as expected. Cauley-Stein, Poythress, Aaron Harrison, Andrew Harrison, Johnson and Lee decided to bypass the draft for another season in Lexington. Returnees Dominique Hawkins and Derek Willis will also join the nation’s No. 2 ranked recruiting class. ■

UK’s Alex Poythress scored eight points off the bench against the Wolverines.

Photos: Victoria Graff



Coach John Calipari directs the Wildcats against Wichita State in St. Louis. UK defeated the No. 1 seed Shockers 78-76.

Photos: Victoria Graff



The Wildcats emerged from the brutally tough Midwest Region to earn a trip to the Final Four.

UK Hoops season ends in Sweet Sixteen loss to Baylor

The UK women's basketball team fell to No. 2 seed Baylor 90-72 in the Sweet Sixteen round of the NCAA Tournament. The loss put a cap on a season that featured some highs, but saw the team fall short of the goal of reaching the Final Four for the first time in program history. The No. 3 seeded Wildcats shot just 35 percent from the field, including going 3-of-12 on threes.

After the loss, UK Coach Matthew Mitchell thanked his team for "battling."

"It's certainly not the way we wanted the season to end," Mitchell said. "It was a very difficult day. We had a really tough time, and it looked like we were ill prepared and that's squarely on my shoulders. I'm real proud of our players for the season that we had. It could have been a very different season, and all of the failures of the season are mine and the successes are the players. I want to thank the players for battling through some tough circumstances and doing a good job this year."

Kentucky (26-9) had previously made the regional finals in three of the last four seasons.

"We played really good teams and have dared to develop the program to a point to get them in games like this," Mitchell said. "It's disappointing to perform like this in this type of atmosphere."

Senior DeNesha Stallworth led UK with 19 points. The senior forward, who was named to the Women's Basketball Coaches Association Region 3 All-America Team, was appreciative of her time as a Wildcat.

"I'm so happy to be here, and I appreciate everything Coach Mitchell and my teammates have done for me," she said after the game. "This season has not been easy for us, but I have to give all credit to my team for sticking together. I wouldn't want to be at any other place or any other position. I love these girls, and I know they are going to fight next year. I'm just happy to be a part of UK."

Leading scorer Jennifer O'Neil went 0-for-12 from the field, scoring eight points all on free throws.

"Leading scorer goes 0-for-12, not a real good recipe for moving forward in this kind of environment in the tournament," Mitchell said.



Photos: Dr. Michael Huang

Samarie Walker jumps for the opening tip against Baylor. Baylor ended UK's season in the Sweet Sixteen round in the Notre Dame Region.

UK Hoops began the postseason by advancing to the Southeastern Conference Tournament finals for the fourth time in the last five seasons, falling to Tennessee 71-70. The team earned a No. 3 seed in the Notre Dame Region of the women's NCAA Tournament. For the first time in program history, UK hosted the first and second rounds of the tournament at home in Memorial Coliseum. Kentucky opened tournament play by dominating 14th seed Wright State, 106-60. O'Neil led UK with 21 points and Samarie Walker added 12.

Next up, Kentucky survived the upset bid by No. 6 seed Syracuse, 64-59, to earn a return trip to the Sweet Sixteen. Bria Goss led the way with 17 points, including hitting 11-of-12 free throws. Stallworth added 13 points. The win set up the rematch with the Bears. UK defeated Baylor 133-130 early in the year in a thriller that went into four overtimes.

Stallworth was the 25th overall selection in the 2014 Women's National Basketball Association Draft. She was chosen by the Connecticut Sun in the third round. With the selection, Stallworth became the fourth Wildcat to be drafted in the WNBA and third in the last four years. ■



Coach Matthew Mitchell talks with freshman Makayla Epps. Mitchell has guided the UK women's team to a record fifth consecutive NCAA Tournament appearance.



Junior Jennifer O'Neil scored eight points, all on free throws, in the loss to Baylor.

UK College of Nursing educates the public and health care providers on radon gas hazard

By Linda Perry

The Environmental Protection Agency (EPA) knows. So does the American Lung Association, Centers for Disease Control and Prevention, U.S. Surgeon General, American Medical Association and World Health Organization. Radon gas — an odorless, colorless, tasteless gas derived from uranium inside the earth — is a health risk. It causes an estimated 21,000 lung cancer deaths in the United States each year and is the second leading cause of lung cancer after firsthand smoking, according to the EPA. It's everywhere, escaping from the earth's soil and floating into the atmosphere and getting trapped inside buildings.

What about radon and your home? What do you need to know about radon and the impact it can have on your family?

Some states have laws governing radon gas in buildings. "Kentucky has very weak policies or laws related to radon compared to other states. If, when you buy or sell a property, you were required to have it inspected for radon, I think more people would be aware of it," says Professor Ellen Hahn of the University of Kentucky College of Nursing.

Getting the word out to citizens and health care providers about radon risks is one of the goals at the heart of the Clean Air Indoor Partnership at the College of Nursing. As its di-

rector, Hahn, who holds a doctorate in health policy/health of the community, is already known for her leadership and research role in Lexington's smoke-free ordinance. Radon risk reduction is also part of her research.

The college's Clean Air Indoor Partnership began about nine years ago, she says, when the Kentucky state radon program in Frankfort reached out to UK to help spread radon awareness, which also led to the college's Radon Policy Research Program. "I realized that there was a combined effect between radon and tobacco, meaning that if you are exposed to both radon and tobacco smoke, your risk for lung cancer jumps dramatically," she says.

Radon gas facts

Uranium breaks down into ionizing radiation, dissipates into the atmosphere as radon gas, and gets trapped inside buildings. Trouble is, radon gas is a human carcinogen. When those tiny particles get into a person's lungs and continue to break down, sparks of energy are released that can damage lung tissue.

Radon gas is measured in picocuries per liter. The average outdoor radon measurement is 0.4 pCi/L. The problem comes when radon gets into any type of building — homes, offices and schools — through cracks in solid

floors and walls, construction joints and gaps in service pipes. This can produce a high indoor radon level. But each building is different, even on the same street. The only way to know is through testing.

Because your family is most likely to get the greatest exposure to radon at home, testing is imperative and very easy, Hahn says. Short-term test kits may be available for free through your local health department (in Kentucky, contact the Kentucky Radon Program 502-564-4856) or they can be purchased in retail stores for about \$20. The radon test kit sits in the same place inside the home for about 48 to 72 hours before being mailed in a postage-paid mailer to a laboratory. You will then receive the results through the mail or email.

The EPA recommends that you have your home fixed if it has radon levels of 4 pCi/L or higher, Hahn says. If exposed to 4 pCi/L over a lifetime, the EPA estimates that about seven nonsmokers out of 1,000 could get lung cancer. The risk is higher if you are a



Ellen Hahn

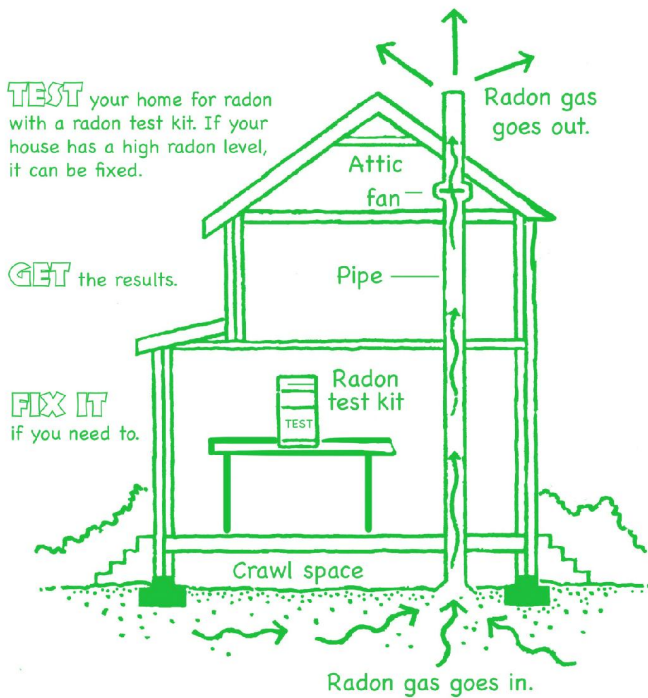
FREE testing for radon and smoke

The UK College of Nursing, as part of its clinical research trial called Freedom from Radon Exposure and Smoking in the Home (FRESH), is offering free testing for radon gas and secondhand smoke in homes in Kentucky and elsewhere. To see if you are eligible for the research study, send an email to UKFRESH@lsv.uky.edu or call 859-323-4587.

smoker or exposed to second-hand smoke in addition to radon. The EPA estimates that about 62 smokers out of 1,000 could get lung cancer if exposed to 4 pCi/L of radon over a lifetime.

A simplistic explanation of how to fix a home typically involves a pipe running from a hole in the basement floor or crawlspace to the roof, pulling the radon gas up and out from under the house with a continuously-running fan. In most states, including Kentucky, this work must be performed by a certified installer and usually costs less than \$2,500. The EPA provides information specific to individual states (www.ukalumni.net/radonresources). “There are lots of myths about radon — like you can just open your windows or seal the cracks in your basement or turn a fan on. These things will not fix the radon problem. The other myth is, ‘I don’t have a basement so I don’t have to

Learn more about radon and your options by visiting www.ukalumni.net/radon



A **MITIGATION SYSTEM** is a pipe and fan that helps remove radon gas from your home.

The UK campus and radon

The UK Occupational Health & Safety office routinely monitors campus buildings for radon. Testing began in 1988 and over 250 buildings have now been tested. Locations with elevated radon concentrations were prioritized for further investigation or mitigation.

Mitigation has been performed in office and classroom buildings, residences and dorms. Testing indicates that mitigation systems and ventilation fans have been effective in reducing radon concentrations. Radon monitoring activities are ongoing on campus.

worry.’ Radon can be high in your home regardless of whether or not you have a basement. You really need a certified mitigator to fix your home. It is not a do-it-yourself fix,” Hahn says. “If you are building a home, ask your builder about radon resistant new construction. And if there is smoking in your home, now or in the past, I would take it even more seriously because of the combined risk of radon and tobacco smoke.”

A prescription for safety

Through partnerships with the Markey Cancer Center and the Radon Program in the Kentucky Department for Public Health, Hahn and the Radon Policy Research Program are raising radon awareness by participating in local forums and supplying informative materials. In addition, the Prescription for Radon program, a most creative approach by the partnership, solicits health care professionals to mention radon exposure during each appointment. Health care providers hand out kits containing radon educational pamphlets, coloring books for children and start a conversation about the health risks of radon, says Hahn. Prescription pads are also integrated into the closing of the appointment. “The health care provider can write a prescription for radon that actually looks like a pre-

scription for medication,” Hahn says.

The Prescription for Radon program is currently targeted to health care professionals in 10 counties in Kentucky with high lung cancer rates. “We are training them on how to use the kit with patients in their practices,” she says.

The College of Nursing is collaborating with Drew Andrews and Bethany Overfield at the Kentucky Geological Survey at UK. “They’re interested in looking at certain soil and rock types in Kentucky and how they can put you at risk for radon,” she says. “There are about 14 different categories of soil and rock that put you at risk if your home sits on any of those.” The UK College of Medicine is also a partner in Nursing’s radon awareness mission. In another study funded by the Department of Defense, collaborators Hahn and Dr. Susanne Arnold are studying multiple environmental risks for lung cancer including radon.

“Some of the reasons Kentucky leads the nation in lung cancer incidence and death is because we have such high smoking rates, few smoke-free policies resulting in high secondhand smoke exposure rates, and we have high radon,” says Hahn. “We have a triple whammy. All the key ingredients for lung cancer are right here.” ■

Alumni Clubs

1) A photo session with former UK players John Wall, of the Washington Wizards, and Demarcus Cousins, of the Sacramento Kings, was one of the highlights of a Wizards/Kings game enjoyed by the **Nation's Capital Region UK Alumni Club**.

2) The **Tampa Bay UK Alumni Club** hosted Head Coach Golda Johansson Borst and the UK women's golf team at Tampa Palms Golf Club. This event is organized each year by Andrew Simpson '96 EN for UK alumni and student-athletes.

3) Members of the **Emerald Coast UK Alumni Club** enjoying a regular get-together are, in front, Libbi Crowe, Laura Jones, Charlie Hambaugh and in back, Dave Harman, Mike Logan, Mark Crowe, Bob Jones, Laurie and Bob Monarch.

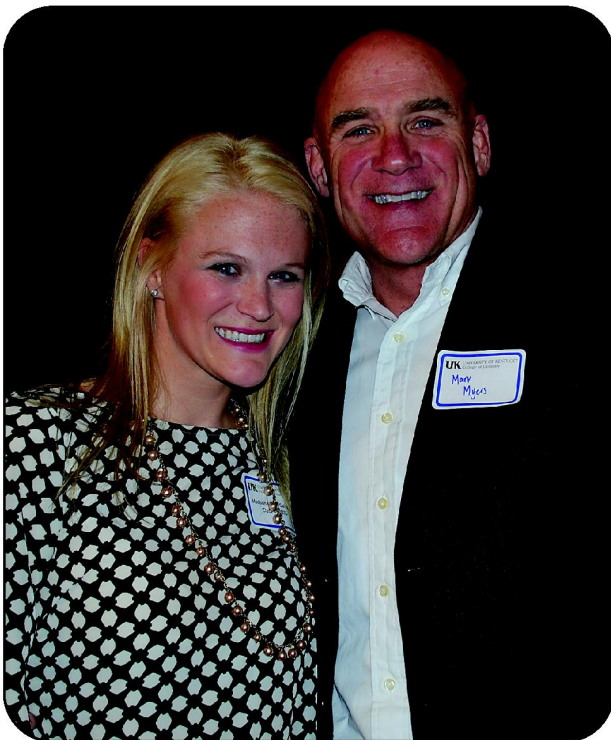
4) Members of the **Central Virginia UK Alumni Club** gathered at Quaker Steak and Lube for the UK vs Louisville NCAA tournament game.

5) For Child Abuse Prevention Month, the **Big Sandy UK Alumni Club** participated in "Kids Day, Fun Day!" at the Paintsville Recreation Center.





The UK College of Agriculture, Food and Environment inducted 13 individuals to its Hall of Distinguished Alumni. The three living alumni are, left to right, Herbert Ockerman '54 '58 AFE, who teaches animal sciences at The Ohio State University; Glenn Stith '78 AFE, who retired as vice president of commercial operations, North America and Latin America North, for Monsanto's crop protection division; and James Mahan '67 AFE, who devoted his life to his farm, family, youth and agriculture. The posthumous award recipients are Charles D. Bennett '46 '61 AFE, Rose Mary Brooks '38 AFE, Jim Corbin '43 '47 AFE, H. David Hilliard '38 AFE, George M. Kurtz '37 AFE, Ira E. Massie '51 '58 AFE, William A. Seay '42 '48 AFE, Barbara Ellis Taylor '54 AFE, Henry D. White '52 AFE, and Patch G. Woolfolk '47 '48 AFE.



Dr. W. Mark Myers '87 DEN and his daughter Madison Myers Galloway '11 BE and DEN Class of 2015 attended the UK College of Dentistry Alumni Reception at the Kentucky Dental Association meeting in Louisville.

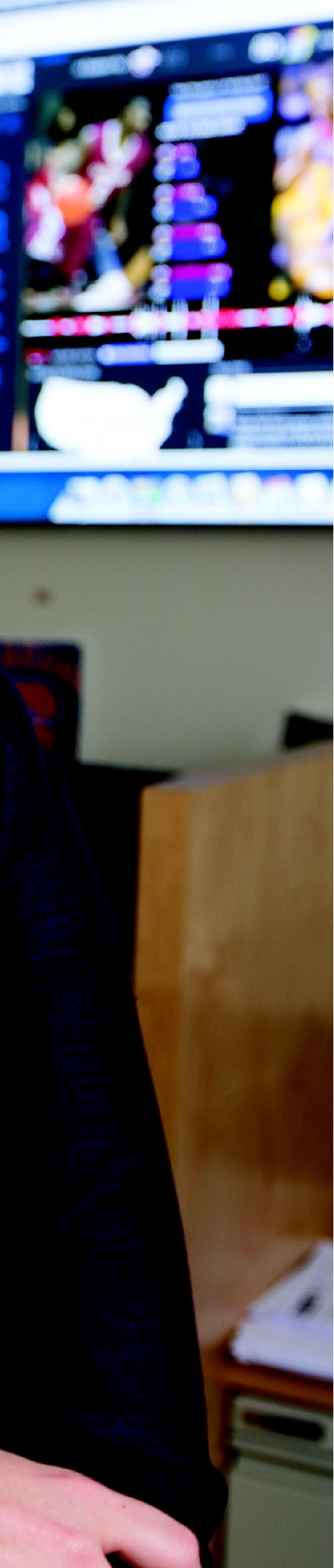


The UK College of Health Sciences admitted two new members to its Hall of Fame: Lori S. Gonzalez '79 HS, former dean of the college and currently the provost and executive vice chancellor at Appalachian State University, and Russell E. Miller '80 HS, now retired as a consultant for Avacore Technologies and a former senior athletic trainer for the Detroit Tigers.

CLASSNOTES

Photo: Steve Hockstein/HarvardStudio.com





Krista Robertson '13 CI:

Making a career out of followers, foul balls and fur coats

By Afton Fairchild Spencer

From keeping up with old friends to browsing the day's news, many of us rely on social media to keep connected. That connectivity means different things to different people. To Krista Robertson '13 CI, it means a career, as she is a social media coordinator for Major League Baseball (MLB) in New York, N.Y.

Robertson and her family have always shared a passion for baseball, but she never dreamed she could make a living from it. "I've always loved sports, but I always felt like baseball was kind of a boys' game," she says.

She also found herself to be a fan of social media, but as she was exposed to the likes of MySpace and Facebook as they became popular, she didn't imagine there would be career opportunities that could come from being social media savvy.

"My mom would always tell me in high school when I was on Facebook a lot, 'You're not going to work on Facebook when you're older!' It's so crazy to see how times have changed," she says.

Robertson decided to attend the University of Kentucky and major in communications. Wanting to create an online presence, she created Southern Shopaholic, a blog inspired by her love of fashion. To her surprise, it was a big hit right off the bat.

In December of her senior year, growing increasingly uneasy about not having any job prospects, Robertson joined a friend who was job-seeking at the MLB Winter Meetings in

Nashville, Tenn. A family friend had a few connections in California, so he set her up to meet with an assistant general manager of the San Francisco Giants, who told her MLB was looking to expand its social media presence.

After the meeting, Robertson searched the Internet and located the social media director of MLB. She sent him an email and the two met later that night. Her go-getter attitude must have made a good impression. "He told me if you're willing to move to New York after graduation, the job is yours," she says.

After discussion with friends and family, Robertson decided this was an opportunity she couldn't pass up. To gain experience in the business of baseball, she took an internship with the Lexington Legends her last semester as she anticipated the possibilities that lay ahead.

When spring came, Robertson gave an official interview and was offered a job starting June 1, less than a month after graduation. Today, she finds herself on a team managing social media for many baseball clubs and has gained even more responsibility in recent months. "Now I'm here and I love it, and I never would've expected any of it," she says.

It seems Robertson came onto the social media scene at just the right time. Four years ago, her job didn't even exist. Social media is increasingly more important in a technology-driven society, she explains. "If I have a problem

with a brand, I'll tweet at them, and I feel like my voice is being heard because they tweet me back," Robertson says.

It's that instant connectivity that makes social media so appealing to brands and consumers alike. "If you feel like you connect with the brand, you're going to want to start supporting them and buying their products," she says.

Since moving to the big city, Robertson hasn't forgotten her roots. She maintains her blog, though she admits she's had to rebrand it. "I am no longer in the south, and I'm not as big of a shopaholic since New York is so expensive," she laughs.

Robertson came up with the idea for *Covering the Bases*, a fashion blog that also teaches women a little about baseball. "My idea is that hopefully my readers will dress really cute to go to a game with their boyfriend, and they know what the (baseball) references are," she says.

Robertson owes a lot to her blog, as she notes it's a big part of what landed her job, and says she plans to continue it as long as she's having fun. But for now, her focus is on the majors. "I'm having so much fun in baseball that I can't ever see myself leaving," she says.

Robertson has a few words of advice for other young alums on how they can hit their own homeruns. "You just have to take that extra step and take a chance," she says. "Don't be scared. You're talking about your dream, and nothing should scare you away from it." ■

Information in Class Notes is compiled from previously published items in newspapers and other media outlets, as well as items submitted by individual alumni.

Kentucky Alumni magazine welcomes news of your recent accomplishments and transitions.

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We look forward
to hearing from you!

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**WILDCATS
FOREVER**

Before 1960

Louise McIntosh Slaughter '51 AS, '53 PH is a member of the U.S. House of Representatives, representing the Rochester, N.Y., area. She serves on the House Rules Committee and is the only microbiologist in Congress.

1960s

D. Michael Cole '62 BE, '65 LAW is a certified public accountant with Kerrick Stivers Coyle PLC in Elizabethtown. He was formerly a Hardin County Circuit Court Judge. Cole is the chairman of the Elizabethtown Educational Foundation and a member of the Hardin County Community Foundation and Elizabethtown Industrial Foundation.

Ed Whitfield '66 BE, '69 LAW is a U.S. Representative for western Kentucky. He was the first Republican to represent western Kentucky in Congress in 1994. Whitfield was formerly vice president for railroad affairs at CSX Corp. and general counsel to the Interstate Commerce Commission.

Elizabeth Fowler Swanson '66 AS is a special education attorney at Community Legal Services of Mid-Florida in Ocala. She was formerly employed by the Office of the Public Defender, Juvenile Division in Orange County; the Legal Aid Society of the Orange County Bar Association; and as a special education teacher.

Jill Sunday Bartoli '67 '68 AS is a retired teacher, having taught English, creative writing and drama at Cumberland Valley High School in Pennsylvania. She later taught

reading and early elementary education courses at Elizabethtown College.

Linda Atcher Stith '68 AS, '69 CI is the director of Friends of Kentucky Libraries Inc. in Louisville. She was a librarian with the Kentucky Department for Libraries and Archives.

Larry Ayres '69 AS is the owner of Ayres Family Orchard in Owenton. He is a previous employee of the Kentucky State Police Crime Lab in Frankfort.

Matthew Friedman '69 MED is a part-time adviser of the National Center for Post-traumatic Stress Disorder in White River Junction, Vt. For more than two decades, he served as the center's executive director.

Merrily Orsini '69 AS is the president/CEO of corecubed. She is a former chairwoman of the Private Duty Home-care Association of America and board member



of the National Association for Home Care Hospice, serving as chief strategic officer.

William O. Shaffer '69 AS is an orthopaedic surgeon who specializes in spine care. He is the medical director of the American Academy of Orthopaedic Surgeons in Washington, D.C., and was a doctor in the U.S. Navy.

1970s

John S. "Chip" Hutcheson III '70 AS is the president of the Kentucky Baptist Convention and publisher of The

Times Leader newspaper in Princeton and the Eagle Post in Oak Grove.

James E. Rogers Jr. '70 BE, '74 LAW is the board chairman of Duke Energy, the nation's largest electric utility, where he has also served as president and CEO. He is the vice chairman of the World Business Council for Sustainable Development and received the Alliance to Save Energy Lifetime Achievement Award.

R. Bruce Telfeyan '70 AS is the chairman of the American Meteorological Society Weather Analysis and Forecast Committee. He is an Air Force meteorologist, having served 42 years. Telfeyan is employed at the Air Force Weather Agency in Nebraska.

Brenda Brooks Scott '71 HS is a speech pathologist and works for Jefferson County Public Schools.

Frank Cheatham '72 AS is a former senior vice president for academic affairs and professor of math and computer science at Campbellsville University. He was the recipient of the college's Teaching Excellence and Campus Leadership Award and two-time winner of the Campbellsville/Taylor County Chamber of Commerce Educator of the Year Award.

Ila Hennig '72 ED is an adjunct Spanish language instructor at Ohio University. She was an international language teacher in nearby schools for more than 30 years before working for the university.

Byron Lee Hobgood '72
LAW is a partner at Franklin Gordon and Hobgood in Madisonville. He was the first public defender in Hopkins County and was Madisonville city attorney for 15 years.

Pete Korsching '72 '77 AS is a column writer at the Nevada Journal. He was formerly an employee at the University of Florida and Iowa State University.

Jane Beerbower Riffe '72
SW is a West Virginia University Extension specialist. She received the Early Career Achievement Award for Family Life Specialists. Riffe directed the WVU Extension Healthy Families/Healthy Children initiative and authored curriculum for WV Parenting Apart.

Jane Fleming Smith '72 AS, '74 CI is a former librarian, technical services coordinator and library director of Boone County Public Library.

Bruce Watkins '72 AFE is an owner-operator of Watkins Nursery in Owensboro. The nursery includes more than 20 greenhouses, as well as a tree and shrub growing farm.

Charles E. Hanrahan '73
AFE recently retired as a senior specialist in Agricultural Policy in the Resources, Science, and Industry Division of the Congressional Research Service in Massachusetts.

Wayde F. Walker '74 ED is a former Kentucky state government employee, having worked for 35 years in the Department for Social Services Division of Residential

Programs for juvenile delinquents. He served in a variety of positions, such as a coach, social worker and counselor.

Jo Wallace-Abbie '74 ED is a music teacher and orchestra instructor in Plano, Texas, at Plano West. She was a top 10 finalist for the Grammy Foundation Music Educator Award. She previously taught at Clark High School in Plano.

Sharon Peyton Clark '75 '82
ED is Kentucky insurance commissioner and secretary-treasurer of the National Association of Insurance Commissioners (NAIC). She also serves on several NAIC committees. Clark was formerly the director of the Kentucky Department of Insurance Consumer Protection and Education division.

Ronald J. Ebelhar '75 '76
EN is senior principal at Terracon in Cincinnati, Ohio, and vice chairman of the American Society for Testing and Materials International Board of Directors. He was previously vice president at Rust Environment Infrastructure.

Jay Bryant '76 BE is a retired Wisconsin mill worker and employee of the Internal Revenue Service. He established the Mary Bryant Scholarship fund with a donation of \$85,000 in the McCreary County School District.

Greg W. Caudill '76 MED is president and CEO of Farmers National Bank in Danville. He also serves on the Federal Home Loan Bank of Cincinnati Board of Directors. Additionally, Caudill

serves as vice chairman of the Boyle County Industrial Foundation and is a member of Bluegrass Tomorrow.

Gary A. O'Dell '76 AFE, '96 '03 AS is a professor of geography at Morehead State University and the state geographer of Kentucky. He has been a member of the National Speleological Society for more than 40 years and was previously employed by the Kentucky Department for Environmental Protection.

Mike Hancock '78 AFE, '82
ED is the Kentucky Transportation Cabinet secretary and president of the American Association of State Highway and Transportation Officials. He has 28 years of experience in law enforcement and is a graduate of the FBI National Academy.

James McNair '78 AS is an investigative reporter with the Kentucky Center for Investigative Reporting. He was formerly employed with the Miami Herald and the Cincinnati Enquirer.

Glenn Stith '78 AFE is the chairman of the Future Farmers of America Individual Giving Council. He was an employee of Monsanto Agriculture Co. for 35 years, holding the position of vice president of commercial operations.

Ken Titmus '78 FA is vice president of Warburton Music Products, based in Florida. He helps to design mouthpieces and other instrument accessories.

Jennifer L. Garr '79 AS is executive director of strategy

and planning at Ogilvy & Mather in Atlanta, Ga. She has been a part of executive management at some of the world's top global brand and marketing companies including Leo Burnett, JWT, Publicis and Interbrand. Garr is a past board member of the Junior League of Chicago and the Girl Scouts of Greater Chicago and Northwest Indiana. She currently serves on the National Strategy Council of the UK College of Arts & Sciences.

Mark Flener '79 LAW owns a private practice in Bowling Green specializing in bankruptcy law. He has served as a bankruptcy court trustee since 1988 for the U.S. Bankruptcy Court for the Western District of Kentucky.

Linda Wise McNay '79 BE is an independent fundraising consultant with Our Fundraising Search based in Atlanta, Ga. She provides services such as counseling and training for nonprofit boards and CEOs.

1980s

Verna Johnson Lowe '80 ED, '92 GS is a member of the Education Commission of the States and the dean of the College of Education at Eastern Kentucky University. She was formerly the dean of graduate and professional studies and the assistant to the president for institutional effectiveness and strategic planning at Asbury University.

Mark Bradford '81 LAW is the operator of Professional Moving Services in Bowling Green.

Joseph T. DiPiro '81 PHA is the dean of the Virginia Commonwealth University School of Pharmacy and editor of *The American Journal of Pharmaceutical Education*. He was the executive dean of the South Carolina College of Pharmacy and a past chairman of the American Association of Colleges of Pharmacy Council of Deans. DiPiro is also a former president of the American College of Clinical Pharmacy.

W. Rodney McMullen '81 '82 BE is the CEO of Kroger. He was the company's president and chief operating officer, having worked for the brand since 1978. He is a member of the board of directors of Cincinnati Financial Corp., dunnhumby Ltd. and dunnhumby USA. He also serves on the board of trustees of Xavier University, the Business Partnership Foundation and the UK Gatton College of Business and Economics.

Stan Pethel '81 FA is professor of music and former chairman of Fine Arts for Berry College in Georgia. He is the recipient of the American Society of Composers, Authors and Publishers Plus Award. Pethel has published 1,200 musical works.

Elizabeth Griffin McCoy '81 '83 BE is the president and CEO of Planters Bank in Hopkinsville. She was a regional president for US Bank and senior vice president of Bank One. McCoy is the chairwoman of the Kentucky Chamber of Commerce Board of Directors and board member of the Kentucky Bankers Association, Hop-

kinsville Industrial Foundation, Christian County Economic Development Council, Gatton College of Business Partnership Foundation and Murray State Board of Regents.

Carolyn Mitchell Sundy '81 HS, '85 ED is the vice president of diversity/inclusion and special programs at Southeast Kentucky Community and Technical College. She was chosen as the college's representative for inclusion into the Diversity Hall of Fame. Sundy also serves as adviser of the Black Student Union.

John Vincent '81 AS, '84 LAW is a partner in the law firm of Martin and Vincent in Ashland. He is a member of the Board of Governors of the Kentucky Bar Association for the 7th Supreme Court District. Vincent is a former executive editor of the *Kentucky Law Journal* and member of the Kentucky House of Representatives.

Tom C. Donnelly '82 AS is Athletic Director of the Year for all of Southwest Ohio, which is made up of nearly 200 schools. He is the athletic director at Walnut Hills High School in Cincinnati.

Curt Phifer '83 AS is the interim director of the Louisiana Scholars' College at Northwestern State University, where he is a biology professor and a previous president of the faculty senate.

Jane Pruemmer '83 PHA is a professor of pharmacy at the University of Cincinnati James L. Winkle College of Pharmacy and an oncology

clinical pharmacy specialist at the University of Cincinnati Medical Center. He is a recipient of the American Society of Health-System Pharmacists Research and Education Foundation 2013 Pharmacy Residency Excellence Preceptor Award.

John L. Dotson '84 BE is an attorney with Kentucky Elderlaw PLLC in Louisville. He assists seniors with Medicaid asset preservation planning, Medicaid applications, wills, health care surrogates and durable powers of attorney.

James R. Schrand '84 AS is circuit judge of Boone and Gallatin counties. He is also a presiding judge for the Northern Kentucky Regional Mental Health Court. Schrand was formerly an attorney at Jones Dietz & Schrand PLLC.

Audrey Tayse Haynes '85 SW is secretary of the Cabinet for Health and Family Services in Frankfort. She was the senior vice president and chief government affairs officer of the YMCA of the USA and executive director for the Kentucky Literacy Commission.

Ken Hurst '85 CI is branch manager at Cummins Crosspoint LLC in Evansville, Ind. He had been a member of the Cummins Inc. human resources employment engagement team and is a 26-year Army officer.

Greg Webb '85 EN is the technical manager of publication inks at MeadWestvaco in Richmond, Va. He won the National Associa-

tion of Printing Ink Manufacturers Technical Associate Member Service Award. Previously, Webb was employed at Flint Ink and National Printing Ink.

Tom Malasto '86 BE is the chief patient experience officer for Community Health Network in Fishers, Ind. He is a member of the American Heart Association Metropolitan Indianapolis Board of Directors.

Jim Pauley '86 EN is the senior vice president of external affairs and government relations for Schneider Electric, where he began as an application engineer in 1985. In July, he becomes president of the National Fire Protection Association (NFPA). He has also served as chairman on a variety of boards, such as the American National Standards Institute, NFPA Standards Council and the National Electrical Manufacturers Association High Performance Building Council.

Darrell Taulbee '86 AS, '94 GS is a scientist with the University of Kentucky Center for Applied Energy Research and president of the Institute for Briquetting and Agglomeration. He is a former vice president and board member of the institute and recipient of its Neal Rice Award.

C. Gregory Harper '87 EN is president of Gas Pipelines and Processing and director of Midcoast Holdings LLC in Texas. He also serves on multiple Enbridge Inc. boards. Harper was formerly employed by Southwestern Energy, where he was senior vice president.

Jess Sowards '87 DES is an employee of Currie Sowards Aguila Architects. He was presented the Gold Medal Award by the American Institute of Architects Palm Beach for his work.

L. Brad Sparks '87 BE, '98 MED is an internal medicine physician with Baptist Medical Associates in Louisville.

Michael A. Wiechart '89 BE is the president and chief executive officer of Capella Healthcare Inc. in Franklin, Tenn. He was formerly the senior vice president and chief operating officer of the company and also served as a division chief financial officer, division president and group president of LifePoint Hospitals.

1990s

Julie Mix McPeak '90 BE is the commissioner of the Tennessee Department of Commerce and Insurance in Nashville. She previously held several positions at the Kentucky Office of Insurance.

Cindy Dene Stowe '90 '91 '93 PH is dean of the Sullivan University College of Pharmacy in Louisville. She was previously a faculty member and administrator at the University of Arkansas for Medical Sciences College of Pharmacy.

William Cox Jr. '91 AS is a member of the Madisonville City Council and the former mayor of Madisonville. He is also a member of the Kentucky Bar Association and the Hopkins County Bar Association.

Steven Loy '91 ED, '94 LAW is an attorney with Stoll

Keenon Ogden in Louisville and an adviser for Lexmark International Inc.

R. Les Murray '91 MED is an employee of TriHealth Associations in Ob-Gyn in Cincinnati, Ohio. He completed his residency at Good Samaritan Hospital in Cincinnati.

Virgil Burnside '92 GS is interim vice president of labor and student life at Berea College, where he also serves as director of residential life collegium. He was formerly an admissions counselor, student development counselor and residence hall director for the college. Burnside has been a Berea city council member for 16 years.

David Gordley '92 BE is a member of the Children's Advocacy Center of Collier County Board of Directors in Florida. He is also Iberia Bank's market president for Collier County and serves on the leadership council of SCORE Naples.

James Smith '92 AS is co-owner of the Rohs Operator House, employee of Maysville Community and Technical College and president of the Chamber of Commerce Board of Directors in Cynthiana. He is a U.S. Army veteran, former minister and Kentucky Transportation Cabinet employee.

Adam Chaney '93 BE is a banker, entrepreneur and real estate developer in Boone County. He is involved with the Home Builders Association of Northern Kentucky, where he is a past president and was awarded Builder of the Year.

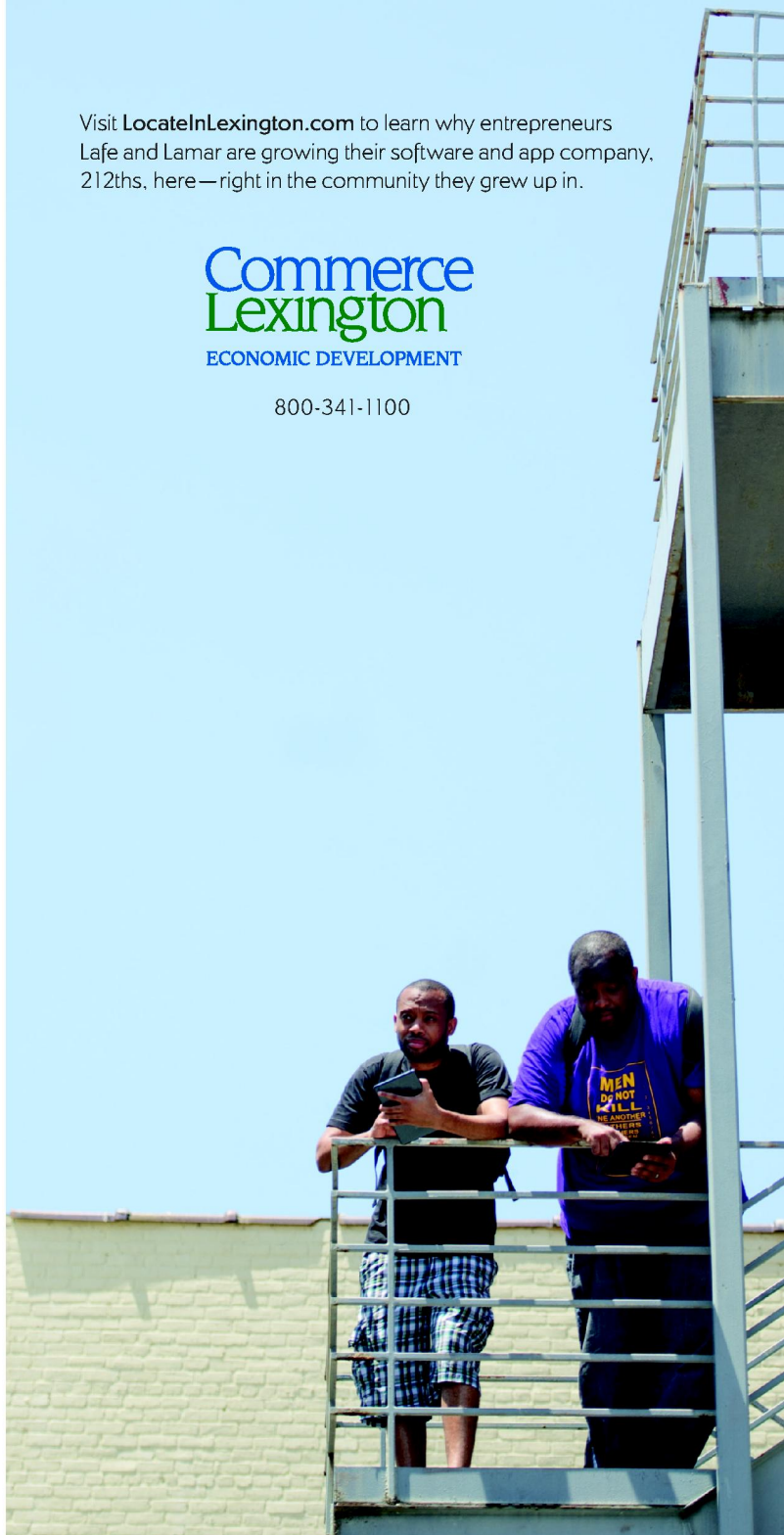
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Gregory Cole '93 AS is a Spanish professor at Newberry College in South Carolina. He was named Professor of the Year at the college in 2013.

Alan Cornett '93 AS is a special agent with the Internal Revenue Service criminal investigation unit and coordinator of the Financial Crimes Task Force in Columbia, S.C. He was presented the 2013 Strom Thurmond Award for Excellence in Law Enforcement. Cornett is also a certified public accountant and certified anti-money laundering specialist.

Allen Patrick Darnell '93 EN is the owner of Darnell Engineering Inc., a private engineering and surveying firm in Harrison County. He is a former employee of the U.S. Department of Agriculture Soil Conservation Service and Baldwin Engineering Inc. of Winchester. Darnell is a member of the Kentucky Association of Professional Surveyors, the Kentucky Society of Professional Engineers and the National Society of Professional Engineers.

Gail Mitchell Hoyt '93 BE is professor of economics and director of Undergraduate Studies at the UK Gatton College of Business and Economics. She received the Kenneth G. Elzinga Distinguished Teaching Award from the Southern Economic Association. Hoyt is the past president of the Society of Economic Educators.

Jeffrey Lomprey '93 GS is a partner with Foley & Lardner LLP in Milwaukee, Wis., and a member of the firm's chemical, biotechnology and pharmaceutical practice, as well as the life sciences industry team. He is a member the Wisconsin and American bar associations, the American Chemical Society and the American Intellectual Property Law Association.



Greg Scott Petit '93 BE is the owner of Petit Jewelry Designs in Charleston, W.Va. The shop creates custom creations for its customers.

Tiffany Chiles Smith '93 BE is the director of the Parking Authority of River City (PARC), Louisville. She has held various positions with PARC since her initial employment in 1995, from junior accountant to assistant director.

Jim Woolery '94 LAW is the chairman of Cadwalader Wickersham & Taft LLP of New York, N.Y. He is also co-chairman of the firm's corporate department. He was the former co-head of North American M&A investment banking at JPMorgan.

Darin S. Conkright '95 AS is a colonel in the U.S. Army. He served as an assignments officer in the PERSCOM's Special Management Division in Washington, D.C. Conkright is a graduate of the Army Command and General Staff College and has received the Legion of Merit, Defense Superior Service Medal, Bronze Star,

Defense Meritorious Service Medal and Meritorious Service Medal.

Kyle Adamson '96 AFE is the owner of Red Oak Design, an architectural and landscape lighting design and installation company in Lexington. He is the recipient of the Award of Merit from the Association of Outdoor Lighting Professionals. Adamson is a certified low voltage lighting technician and member of Local First Lexington and the Home Builders Association of Lexington.

Amy Dodson '96 AS is director of Pine River Library in Colorado. She has been employed in various other libraries across the country in Tennessee and California.

Matt Harman '96 AS is the owner of Harman Law LLC in Atlanta, Ga. He is a former partner of King & Spalding LLP and currently serves on the editorial board of the Georgia trial lawyers magazine, *Verdict*.



Kirsten Grant Lupinski '96 ED is an assistant professor at Albany State University in the Health, Physical Education and Recreation Department. She has worked in the health field for more than 15 years.

Edwin Holt Moore III '96 LAW is the city attorney for Lumberton, N.C. He previously owned a private practice in Wilmington.

Kurt Rademaker '97 AS is the recipient of the Tubigen

Research Prize in Early Prehistory and Quaternary Ecology. He is a professor of archaeology at the University of Maine.

Jonathan S. Nalli '98 HS is the chief executive officer of St. Vincent Health in Indianapolis, Ind. He was formerly the CEO of Porter Health System in Valparaiso and Chestnut Hill Health System in Philadelphia, Pa.

Joseph Verciglio '98 AS is a partner at BakerHostetler of Cleveland, Ohio. He counsels high net worth individuals and families in the areas of estate and trust planning. He is a former editor of the *Buffalo Law Review*.

Ian Jefferies '99 BE is senior transportation policy adviser to Senate Commerce, Science and Transportation Committee Chairman John D. Rockefeller IV. He is also the Association of American Railroads vice president of government affairs.

Jason Jensen '99 GS is the associate dean of academics at the University of North Dakota College of Business and Public Administration. His areas of expertise include public management and budgeting, health administration, social entrepreneurship and nonprofits.

Andrea Jones-Sojola '00 FA was a cast member in "The Sound of Music," which debuted on NBC in 2013. She also performed as the Strawberry Woman in the Tony award-winning Broadway production of "Porgy and Bess."

2000s

Natalie Miller '00 AS is a physician at Family Allergy and Asthma in Louisville. She completed her fellowship in allergy/immunology at Washington University in St. Louis, Mo.

John Paglia '00 GS is the founder and past director of the Pepperdine Private Capital Markets Project. He is also an associate professor of finance and associate dean at the Graziadio School of Business and Management in California.

Calvin Taylor '00 FA is a piano and organ player residing in Murfreesboro, Tenn., who has performed in Europe, China and North and South America. He has recorded a number of albums, including "A Garden of Praise" and "Resurrection Road."

Martin Zachary Zinser '00 BE is vice president of sales at Zinser Benefit Service Inc. in Louisville. He is certified by the National Association of Health Underwriters Professional Development Course on the Patient Protection and Affordable Care Act.

Jeremy Grizzle '01 FA is a teacher in the Russell Independent School District and president of the Arts Council of Northeastern Kentucky. He is also a musician and has an art studio at the Pendleton Art Center in Ashland.

Geoffery Surtees '01 LAW is an attorney with the American Center for Law and Justice based in Atlanta, Ga. He specializes in religious civil liberties.

D. Scott Wolf '01 EN is a safety and geometric design engineer for the Federal Highway Administration Resource Center based in Baltimore, Md. He was named the 2013 Young Engineer of the Year by the National Society of Professional Engineers. An active member of the American Society of Civil Engineers and National Society of Professional Engineers (NSPE), Wolf is also an NSPE Fellow, the incoming chairman for the NSPE Professional Engineers in Government Interest Group and the incoming Young Engineers director on the NSPE Board of Directors.

Matthew Barszcz '02 AS, '10 LAW is an attorney at Dinsmore & Shohl in Louisville. His practice focuses on labor and employment.

Ross Craycraft '02 BE is a national consultant for Colloquy, based in Florida. He had been an employee of Pearson Education as a consultant for higher education.

Johnathan Gay '02 LAW is a lawyer for the Kentucky Innovation Network at Morehead State University. He supports entrepreneurs in a 21-county area from Maysville to Pikeville.

Jeremy Jarvi '02 CI is the regional chief development officer with the American Red Cross. He had been employed with Greater Louisville Inc.

Barrett C. Milner '02 AS is the pastor of Lakeview Presbyterian Church in New Orleans, La. He was the associate pastor at Second Presbyterian Church.

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UK alumnus competes in World Marathon Majors

Jason Darnall '99 AS got into marathon running about four years ago. Since then, he has competed in a variety of marathons and has raised approximately \$10,000 for various charities via race sponsors.

After his second race, Quad City Marathon in 2011, Darnall learned that he qualified for the 2012 Boston Marathon. He finished the marathon in Boston with a time he says was disappointing due to high temperatures and cramps he began to experience, so he sat out to achieve a better time in other marathons across the country.

In October 2012, Darnall participated in the Chicago Marathon with his best time ever, at just under 3 hours, finishing 609th out of 37,500 runners. Again, he was qualified to run in Boston in 2013, but had already set his sights on the London Marathon after watching the Summer London Olympics in 2012.

"As fate would have it, that was a good choice because of the bombing," Darnall says. "After I got back from London,



I felt a need, like everyone else, to come back to Boston this year to show the world that we would not allow terrorists to stop this wonderful tradition."

Darnall says he also wanted to redeem himself from his undesirable finish in 2012, which he ended up doing with flying colors. He finished the 2014 Boston Marathon in 3:19:36, putting him in the top 18 percent of all runners.

"This year's Boston was magical," he says. "When I made the last left turn onto Boylston Street, the feeling I got was as close as I'll ever get to hitting a walk-off homerun in Game 7 of the World Series. And because of my shirt, I think I heard 'Go Kentucky' about a million times during the race. The crowds were amazing and I loved representing my beloved Wildcats!"

While he's seen a number of successes, Darnall isn't finished with his marathon goals just yet. He is currently in the process of finishing all six of the World Marathon Majors, which in addition to Boston, Chicago and London include New York City and Tokyo, which he competed in in 2013 and 2014, respectively, and the Berlin Marathon, which he plans to run in September. Darnall says he hopes to keep running in marathons as long as he is physically able. ■

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Bryan Sunderland '02 AS is the Kentucky Chamber of Commerce senior vice president for public affairs. His major focus areas are tax policy, economic development, health care policy, regulatory and small business issues. He previously served five years as the director of legislative operations for the Kentucky Legislative Research Commission.

Sara Beth Gregory '03 AS, '07 LAW is a Kentucky State Senator for the 16th District. She is the chairwoman of the Government Contract Review Committee, the Budget Review Subcommittee on Justice and the Enrollment Committee. Gregory also serves on the Agriculture Committee as vice chairwoman and as a member of the Appropriations and Revenue Committee, the Administrative Regulations Review Subcommittee and the Judiciary Committee.

Tom Stefaniak '03 '08 AFE is an assistant pulse crop breeder at North Dakota State University North Central Research Extension Center. He was previously a research associate at the University of South Carolina and a postdoctoral scholar at Texas A&M.

Amanda Fickey '04 AS is the coordinator of Appalachian Studies at Union College in Barbourville. She previously served as the arts and culture outreach coordinator at The Center for Rural Development in Somerset and was a research fellow at the University of Pikeville Central Appalachian Institute for Research and Development.

Aroop Kodali '04 EN is the director of strategic planning and market analysis for the Eaton Aerospace Group, based in Irvine, Calif. He was previously director of strategy and business development for Siemens transportation sector.

Lance Osborne '04 CI is a business development manager for NorthStar Studios in Nashville, Tenn., where he is launching and promoting VenueStage, NorthStar Studios proprietary online event broadcast platform. Osborne worked for Dave Ramsey's The Lampo Group Inc., coordinating major arena events across the country. While a student at UK, he served as director of concerts for the campus.

Mark Collier '05 CI is the owner and editor of Fort-ThomasMatters.com and the editor of the Fort Thomas Living magazine. He is also a partner with Collier Vending Inc. in the greater Cincinnati, Ohio, area.

Bryce Pfanenstiel '05 BE is co-owner of Forge, a Jacksonville, Fla., 3-D print shop that allows for customization of products by its customers.

Jared Grant '06 AFE is a regional manager at Woodforest National Bank in Louisville. He is a member of the Coalition for the Homeless Board of Directors.

Molly Hazelwood '06 FA is a euphonium player and middle school music teacher in the Lincoln Unified School District in California.

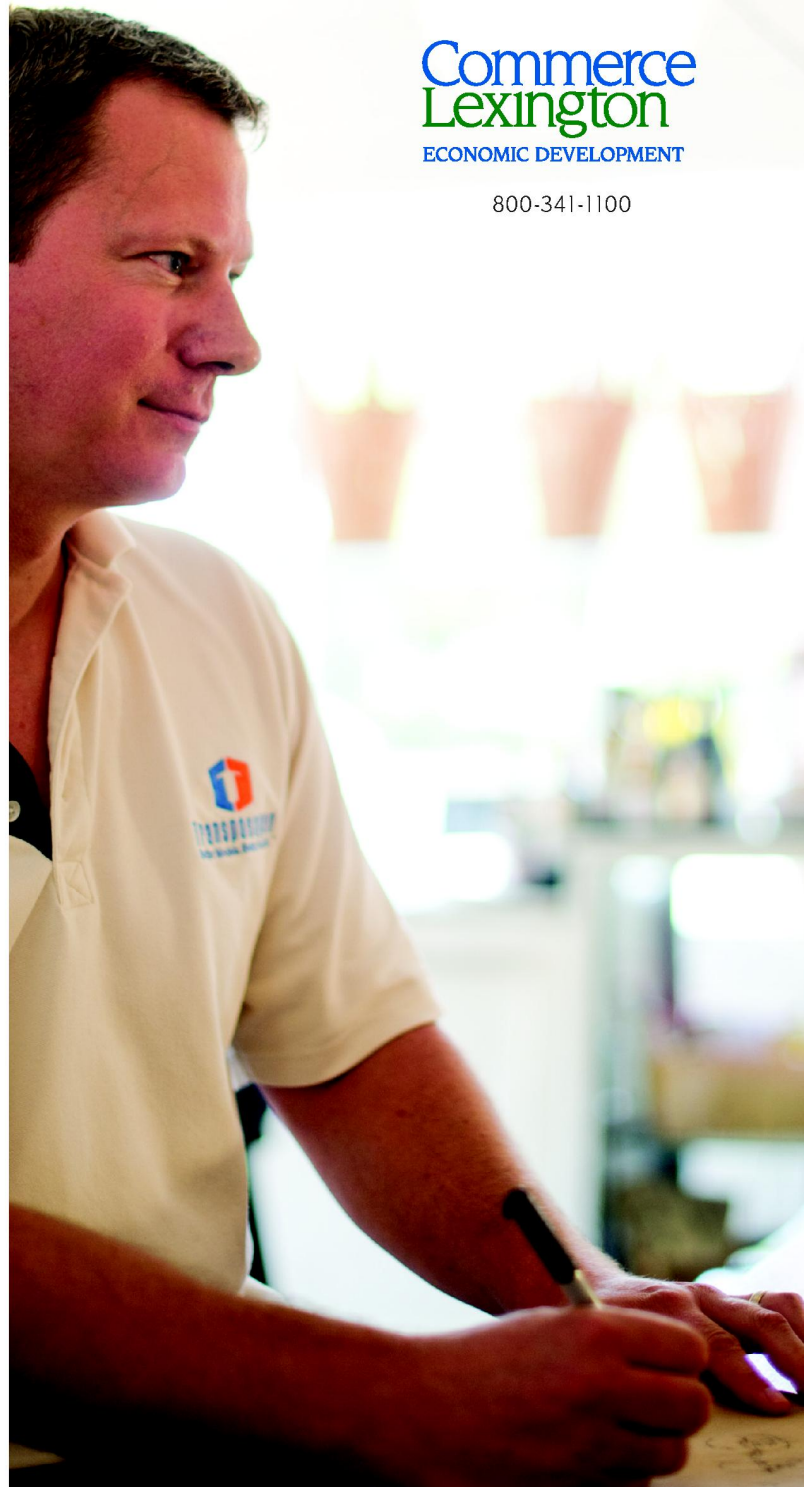
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Jesse Horn '06 AFE is a farmer in Owensboro. He is president of the local chapter of the Young Farmer Association and past member of the Kentucky state chapter's board of directors.

Alexis Mattingly '06 LAW is a partner with Huddleston Bolen LLP. She is a member of the West Virginia and Kentucky state bar associations. Her focus is on defense of transportation law, employment law, products liability, premises liability and insurance law.

Jason Sarver '06 AS, '09 AFE is the peanut specialist with the Mississippi State University Extension Service and Mississippi Agricultural and Forestry Experiment Station.

Rowan Zoeller '06 AFE is a chef at Local Root restaurant in Chicago, Ill. She had been employed with the West Virginia Department of Environmental Protection.

Brent Boden '07 AS is an employee of MetLife, serving as a financial services representative. He is also the treasurer of Legacy of Northern Kentucky, an organization for young professionals, and is a former co-chairman of its Business Engagement Committee.

Timothy J. Franxman '07 MED is a physician with Family Allergy and Asthma in Louisville, specializing in asthma treatment. He completed his fellowship in allergy/immunology at the University of Michigan.

Christina Waggoner Martin '06 AS, '11 ED is a history teacher at Pikeview High School in Princeton, W.Va.

Cara T. Pager '06 MED is the lead investigator on hepatitis C virus research at the University of Albany RNA Institute in New York, where she is an assistant professor. Pager has also worked at Stanford University.

Anna Bree Pearsall '06 SW, AS is the Kentucky field coordinator of the Kentucky Foundation for Women. She was formerly an outreach advocate for the Bluegrass Domestic Violence Program.

Frederick Joseph Tanning '07 EN is a project engineer with the New York City Bureau of Sustainability and a member of the Department of Environmental Protection Office of Green Infrastructure. He had been employed at a private consulting firm in Wellington, New Zealand.



Sarah Elizabeth Wilson '07 DES is assistant project engineer with the health care project team of Tarlton Corp., based in St. Louis, Mo. She previously served as a project coordinator with Bozian Group Architects LLC in St. Louis, and as assistant project coordinator at Bogen Inc. in New York, N.Y.

Abby Draper '08 CI is a writer for the Huffington Post and a public relations manager in Beverly Hills, Calif. She is a former senior account executive with IMRE.



Common job search misconceptions

Job boards and the Internet are the best places to find a job.

If it has been a while since you conducted a job search, don't be deceived. Networking and direct contact are still the best ways to find a job. Use a combination of in-person and social media networking through sites like LinkedIn. Successful candidates have several job search balls in the air. Each week, schedule informational interviews, networking coffees or volunteer activities to better tap the hidden job market.



Caroline Francis

The greatest qualified candidates get the job.

According to Kimberly Schultz, a UK alumnae and professional recruiter, "Education and experience matter, but they are definitely not the only things that matter. Cultural fit in a company is imperative. As a rule, I am more likely to be drawn to a candidate who I find to have character traits similar to other successful employees over someone who may look better on paper."

Changing careers is nearly impossible.

Today's workers will have many jobs in a variety of careers and industries. Changing careers can be a daunting task but one that many alumni successfully maneuver. Often additional education, certifications or training is required to gain entry into a new field. Update your skills. Confidently explain to an employer why you are changing careers.

The job search is extra challenging for candidates over 50.

When times are tight, it is not unusual to see companies letting go of more experienced candidates. Seasoned professionals should ramp up their technology skills and networking efforts and be open to all options. Focus on strengths, such as strong work ethic and an ability to bring in new clients. Explore consulting, freelance or encore careers.

Temporary jobs are a waste of time.

Companies are leaner today and have outsourced many of their human resource functions. Employers are resource conscious and often want to try out an employee before extending a permanent offer. Use temporary positions to test out a company, get in the door, network or to build your resume with new or updated skills.

Career Counseling: UK Alumni Association members are eligible for up to two complimentary appointments with an alumni career counselor per year. Call 1-888-9UK-CATS (852287) to schedule an appointment. Members can also take advantage of a complimentary resume critique. Visit www.ukalumni.net/career to learn more about Alumni Career Services.

Stephanie Gerakos Febles '08 EN is employed by CMTA Consulting Engineers in Lexington and is an American Society of Heating, Refrigerating, and Air-Conditioning Engineers Technology Award winner.

Derrick Chesser '09 BE graduated from Villanova University with a master's degree in human resource development. He is the employee development manager for Whyne Supply Company in Louisville.

Kelly Calder Mowen '09 AS, '13 LAW is an associate attorney with Nelson Mullins Riley & Scarborough LLP in West Virginia. She practices in the areas of commercial litigation, consumer financial services, insurance coverage and bad faith and employment litigation.

Amin Omidy '09 AFE is a construction/engineering planner with Gresham Smith and Partners based in Nashville, Tenn. He is also a registered landscape architect in Kentucky.

Kristen Svarczkopf '09 AS, '10 GS is the executive director of the International Book Project. Previously, she was a senior analyst at Interactive Process Technologies in Washington, D.C.

Chris Wraley '09 BE is sales coordinator for Metova in Franklin, Tenn. He previously worked as a teacher through the Teach For America program, was a campus representative for The Princeton Review, experience leader for Boost-erthon Enterprises and

community relations coordinator for the Second Harvest Food Bank of Middle Tennessee.

Nikki Brown Christian '10 MED is practicing medicine for Bellefonte Primary Care in Russell. She is a native of Greenup County.

Christopher Leopold '10 BE, '13 LAW is an associate attorney with O'Bryan Brown & Toner in Louisville. His focus is insurance defense, including medical malpractice and general civil liability.

Trevor Burtraw '11 BE works for Kona Ice in Louisville, where he is helping to start an area franchise.

Lauren Taylor Engle '11 BE has been selected for the Texas A&M Analytics master's program.

Christie Craig '12 AS is the marketing coordinator for nbclearn.com, a part of NBC News, where she is responsible for NBC Learn marketing initiatives. Craig was a writer and content specialist at WXIX in Cincinnati, Ohio, during the 2012 presidential election and covered the 2011 Kentucky's governor race as an intern at WLEX-18.

Maggie Scales '12 BE is a sales representative with the Dental Care Plus Group for the Louisville region. She was previously an account manager with Neace Lukens.



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Bradfordsville, Ky.

Marvin J. Rabin '39
Madison, Wis.

Sara Biggs Vogeler '40
Cincinnati, Ohio

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Paris, Ky., Life Member

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Louisville, Ky.

Noel D. McDonald '47
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Mayme Joseph Brown '50
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Hanson, Ky., Life Member

Charity A. Cowan '52
Richmond, Ky., Life Member

Billy G. Dunn '52
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Nick Marinaro '54
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Barbara Barnett Carter '56
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Betty Fawkes Hudson '56
Louisville, Ky.

William G. Wheeler '56
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Forest City, N.C.

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Frankfort, Ky.

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Jerry R. Anders '61
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Martha Lair McGregor '61
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Brooklyn, N.Y.

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Donald G. Cummins '81
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Dawn C. Clines '82
Cary, N.C.

Georgia B. Emond '82
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West Paducah, Ky.

Korey R. Nicholls
Eubank, Ky.

Barbara Storck Poe
Lexington, Ky., Fellow

Wimberly C. Royster

On Feb. 18, the University of Kentucky shared the loss of a transformative figure when Wimberly C. Royster '48 '52 AS, a professor emeritus of mathematics and former administrator at UK, passed away.

The Henderson County native served UK in many capacities, including as the first vice president for research and graduate studies, dean of the Graduate School, dean of the College of Arts & Sciences and as special assistant to the president of the university. He also served as director of the UK Advance Science and Technology Commercialization Center. In addition, Royster was vice president of the UK Research

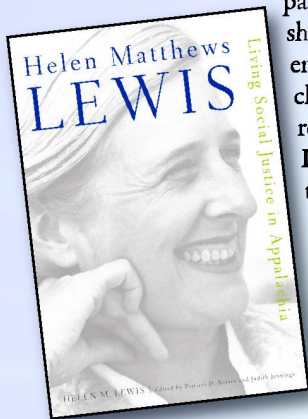
Foundation from 1973-1990. He also had been an assistant professor at Auburn University from 1952-56.

Royster was a Life Member of the UK Alumni Association and is a member of the UK Alumni Association Hall of Distinguished Alumni. In 2009, he was also inducted into the inaugural UK College of Arts & Sciences Faculty Hall of Fame for retired faculty. In 2001, he was awarded an honorary doctorate by UK.



Creative Juices

Judith Jennings '69 '70 '75 AS and Patricia D. Beaver are co-editors of "Helen Matthews Lewis: Living Social Justice in Appalachia," a book about a woman who shaped the field of Appalachian studies by emphasizing community participation and challenging traditional perceptions of the region and its people. **Helen Matthews Lewis '70 AS** linked scholarship with activism and encouraged deeper analysis of the region. The book is a collection of writings and memories that document the life and work of Lewis, beginning in 1943 with her job on the yearbook staff at Georgia State College for Women with Mary Flannery O'Connor. The achievements of her extensive career are highlighted, and the book examines her role as a teacher and activist at Clinch Valley College (now University of Virginia at Wise) and East Tennessee State University in the 1960s, as well as her work with Appalshop and the Highland Center. "Helen Matthews Lewis" also explores the history of progressive activism in Appalachia. The book provides unique insight into the development of regional studies and the life of a dynamic revolutionary, focusing on the personal narrative of one woman's activism and social justice.



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Judy Lester Brown '95 CI has written "Six Legs and a Leash: Stories of a Therapy Dog," about how she and Reggie, her giant schnoodle, take messages of encouragement and hope to hospital patients.

www.amazon.com

Robert Farley, assistant professor at the UK Patterson School of Diplomacy and International Commerce, is the author of "Grounded: The Case for Abolishing the United States Air Force."

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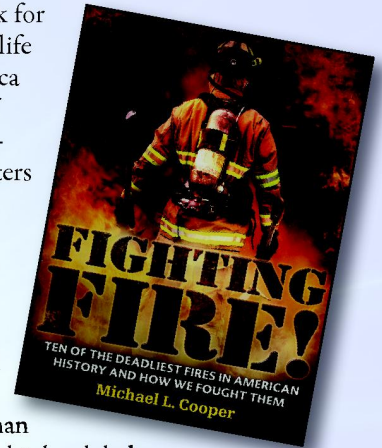
Rick C. Mason '05 ED is the author of his second book, "The Fitness Challenge: Reshaping Our Future," which offers methods to achieve a healthful lifestyle through a detailed training guide.

Big Picture Publishing
www.amazon.com

Edward W. Morris, associate professor in the UK College of Arts & Sciences, has written "Learning the Hard Way," about the rising gender gap in America's schools and patriarchal gender norms.

Rutgers University Press
rutgerspress.rutgers.edu

Michael L. Cooper, a UK alumnus, has written "Fighting Fire!," a book for children ages 10-14 that brings to life 10 of the deadliest infernos America has ever endured: the great fires of Boston, New York, Chicago, Baltimore and San Francisco; the disasters of the Triangle Shirtwaist Factory, the General Slocum and the Cocoanut Grove nightclub; the wild-fire of Witch Creek in San Diego County; and the catastrophe of 9/11. The book includes historical images, explores the history of firefighting and celebrates the human spirit. The blazes written about in this book led to new firefighting techniques, technologies, regulations or building codes, yet the struggle against fires continues to this day. According to the National Fire Protection Association, U.S. fire departments responded to almost 1.3 million fires in 2010. Those fires caused \$11.6 billion in damages and killed more than 3,000 people. From colonial times to the modern day, two things have remained constant in American history: the destructive power of fires and the bravery of those who fight them.



Henry Holt and Co.
www.mackids.com

James M. Raney '00 AS is the author of "Jim Morgan and the Pirates of the Black Skull," the second in an adventure series with pirate battles, sorcerers and sea monsters to appeal to today's young men.

www.amazon.com

Sarah Donta Razor '04 CI has written "Chevy Chase Inn: Tall Tales and Cold Ales from Lexington's Oldest Bar," a coffee-table book featuring more than 300 pictures of the bar's history.

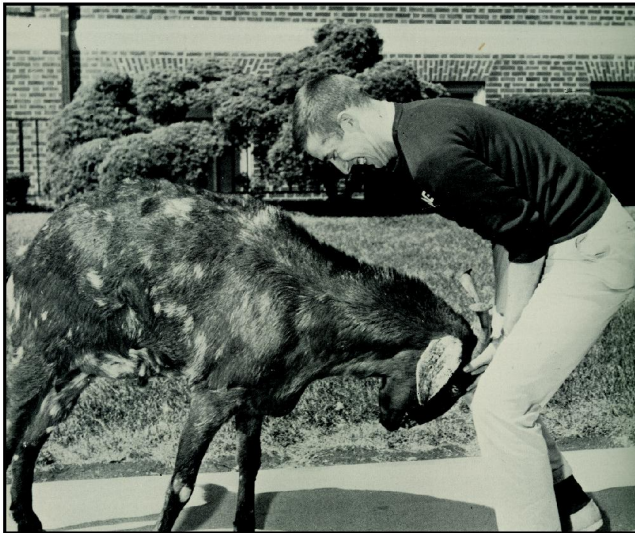
Smiley Pete Publishing
Smileypete.com



Photos: Kentuckian

14 years ago...

Krista Metzger, an accounting junior, and Christy Ishmael, a nursing junior, worked on a final poster for their Anthropology Food and Culture class in 2000.



Photos: Kentuckian

54 years ago...

UK students traveled to Washington for summer work in 1960 and met with U.S. Senator Thruston Morton of Kentucky, at left, who was also chairman of the Republican National Committee from 1959-1961 and received an honorary doctorate from UK in 1971.

50 years ago...

The Sigma Nu fraternity had a goat for a mascot in 1964 and found themselves being pushed around quite a bit, as the goat often got its own way.



Photos: ExploreUK



Photos: ExploreUK

88 years ago...

The University of Kentucky Woman's Club had a group photo taken in "Mrs. Peak's garden" in 1926. The photo lists last names of the women, such as Good, Anderson, Matthews, Gillis, Lafferty and Pence, indicating these are likely the wives of UK professors.

Our beautiful UK campus!



Photo: Afton Fairchild Spencer

The University of Kentucky campus is beautiful year-round, but particularly enchanting when spring flowers, such as these tulips framing the Patterson Office Tower, arrive and banish Jack Frost for good. ■



With your help, I can answer my calling.

Hinal Gandhi
Senior - Nursing

For almost 150 years, the University of Kentucky has been providing life-shaping education to generations of young men and women. To accomplish this task today, alumni support is needed as never before. Through simple gift and estate planning, you can change lives and make a difference. You can help students *answer a calling.*

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for a while.

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